

**BEST GUIDE FOR SKY & STREAMING**

**MORE CHANNELS THAN ANY OTHER TV MAG!**

19-25 OCTOBER 2024

# TV & Satellite Week



**NEW**

# The Franchise

Spooof comedy on the making of a superhero movie



**NEW**

**DI RAY**  
Parminder Nagra's cop is back



**NEW**

**NAUTILUS**  
20,000 Leagues Under the Sea spin-off



# HotList This week's 28

Saturday 19



LIVE!

## Premier League

**FOOTBALL** TNT Sports 1, Sky Sports Main Event & Sky Sports Premier League

As top-flight action returns following the international break, Tottenham host West Ham (k-o 12.30pm), while Bournemouth face an undefeated Arsenal (k-o 5.30pm).



NEW

## Florence + the Machine at the Proms

**MUSIC** BBC2, 8.20pm

Florence Welch (above) joins Jules Buckley and his orchestra at the Royal Albert Hall to perform her 2009 debut album, *Lungs*, with tracks including *Dog Days Are Over*.



NEW

## Churchill: Britain's Secret Apartheid

**DOCUMENTARY** C4, 8.20pm

Nadifa Mohamed (above) explores how Winston Churchill allowed the US Army to remain racially segregated in Britain during World War Two.



NEW

## Blackshore

**CRIME DRAMA** U&Drama, 9pm (box set, U)

Irish crime drama in which a detective (Lisa Dwan) is banished to her home town, where she finds herself on the case of a missing woman. *See feature, page 12*

Full listings start on p35

Sunday 20



PREMIERE

## Caddo Lake

**THRILLER** Sky Premiere, 12.50pm & 6.15pm

In this thriller produced by *The Sixth Sense* director M. Night Shyamalan, recluse Paris (Dylan O'Brien, above) encounters a troubled woman, Ellie (Eliza Scanlen), whose stepsister is missing...



LIVE!

## Premier League

**FOOTBALL** Sky Sports Main Event & Sky Sports Premier League

Bottom-of-the-table Wolves face an intimidating battle against Man City (k-o 2pm), then the odds are more even as Liverpool host Chelsea (k-o 4.30pm).



LIVE!

## F1: United States Grand Prix

**MOTORSPORT** Sky Sports Main Event & Sky Sports F1, race starts 8pm

Can Lando Norris (above) close the gap between himself and reigning world champ Max Verstappen? *See Sport Week, p28*



NEW

## DI Ray

**CRIME DRAMA** ITV1, 9pm (box set, ITVX)

Back at work after a two-month suspension, DI Ray (Parminder Nagra) investigates a drive-by shooting in which a nurse was caught in the crossfire.

Continues to Tuesday. *See feature, page 6*

Full listings start on p45

Monday 21



NEW

## Whitstable Pearl

**CRIME DRAMA** Acorn TV

As restaurateur turned PI Pearl (Kerry Godliman, above) returns for Season 3, the cracks are starting to appear in her relationship with Tom (Robert Webb). *See Your Watchlist, page 17*



NEW

## The Brokenwood Mysteries

**CRIME DRAMA** U&Drama, 8pm (box set, U)

The New Zealand drama returns for a 10th series. The detectives investigate when a palaeontologist is found dead at a dig site in the foothills of the town.



NEW

## Broadmoor

**DOCUMENTARY** Channel 5, 10pm

A four-part series, featuring testimony from former patients and staff, reveals the story behind the psychiatric hospital that was once home to inmates such as killer Peter Sutcliffe and gangster Ronnie Kray.



EDITOR'S CHOICE

NEW

## The Franchise

**COMEDY** Sky Comedy, 10pm, 10.40pm & 11.15pm

This satirical comedy about the pressures of working on a superhero film features a top cast including Jessica Hynes, Himesh Patel and Daniel Brühl. *See feature, p4*

Full listings start on p55

Tuesday 22



LIVE!

## Champions League

**FOOTBALL** Prime Video & TNT Sports 1, kick-offs 8pm

Arsenal were impressive in their 2-0 win over PSG in their last game, and tonight hope for similar dominance over Shakhtar Donetsk. Also, Aston Villa face Bologna.



NEW

## Lucy Beaumont: Live from the Royal Court Theatre

**COMEDY** Sky Comedy & Sky Showcase, 9pm

Stand-up show recorded in London. The comedian and *Meet the Richardsons* star (above) shares offbeat stories and riffs on womanhood.



NEW

## Dogs of War

**DOCUMENTARY** BBC4, 10pm

*Storyville* film following the extraordinary tale of Dave Tomkins (above), a small-time criminal from England who became one of the world's most-notorious mercenaries and international arms dealers.



PREMIERE

## Fremont

**DRAMA** Film4, 10.55pm

Donya (Anaita Wali Zada, above) is an Afghan refugee living in California who spends her days working at a fortune-cookie factory, desperate for human connection. Also starring *The Bear's* Jeremy Allen White.

Full listings start on p65



# best shows

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## Wednesday 23



**The Disappearance of Kimmy Diore**  
**CRIME DRAMA** Disney+  
 In this French drama, a six-year-old girl is kidnapped in broad daylight, and the detective on the case learns the child's mother had a heavy online presence.



**Champions League**  
**FOOTBALL** TNT Sports, kick-offs 8pm  
 Liverpool, with two wins out of two so far, travel to Germany to take on RB Leipzig. Meanwhile, Manchester City face Sparta Prague after their strong outing against Slovan Bratislava resulted in a 4-0 victory.



**DNA Journey**  
**FACTUAL** ITV1, 9pm  
 Friends Sarah Parish and James Nesbitt, who starred together in the Netflix drama *Stay Close*, conclude this run of the series. While looking into his family history, Nesbitt discovers a letter from his late father.



**Wynonna Earp: Vengeance**  
**FANTASY DRAMA** Sky Sci-Fi, 9pm  
 The descendant of legendary outlaw Wyatt Earp returns to fight more demonic foes in Purgatory in a new special of the fantasy drama. See feature, page 12

Full listings start on p75

## Thursday 24



**EDITOR'S CHOICE**  
**Doctor Odyssey**  
**DRAMA** Disney+  
 In what looks like *Grey's Anatomy* at sea, this drama follows the medical team on a luxury liner. Joshua Jackson (above) is the ship's doctor, while Don Johnson is the captain. See feature, page 11



**Territory**  
**DRAMA** Netflix  
 Described as 'Yellowstone in the outback', this drama sees a succession battle for the world's largest cattle station when the heir apparent dies. Starring Anna Torv (above). See *Your Watchlist*, page 16



**Europa League**  
**FOOTBALL** TNT Sports 1 & 2, k-os 8pm  
 Following a well-fought 3-3 draw against Porto in their last game, Manchester United take on Fenerbahçe, while Tottenham hope to continue their max-points streak at home to AZ Alkmaar.



**The Life and Deaths of Christopher Lee**  
**DOCUMENTARY** Sky Arts, 9pm  
 A look at the real-life and cinematic adventures of the late Christopher Lee (above), one of cinema's best-loved villains. See *Documentaries*, page 20

Full listings start on p85

## Friday 25



**Nautilus**  
**FANTASY DRAMA** Prime Video  
 Inspired by Jules Verne's *Twenty Thousand Leagues Under the Sea*, this series explores the origin story of Captain Nemo (Shazad Latif, above), an Indian prince robbed of his birthright. See feature, p8



**Before**  
**THRILLER** Apple TV+  
 Billy Crystal stars in this psychological thriller as child psychiatrist Eli, who encounters a young boy (played brilliantly by Jacobi Jupe) with a haunting connection to his past. See *Your Watchlist*, page 14



**The Remarkable Life of Ibelin**  
**DOCUMENTARY** Netflix  
 A look at how the world of online gaming enriched the life of a young Norwegian man with a degenerative disease. See *Documentaries*, page 21



**Road Diary: Bruce Springsteen & the E Street Band**  
**DOCUMENTARY** Disney+  
 The Boss and his band give us an insight into what goes into the creation of their live shows. See *Your Watchlist*, page 16

Full listings start on p95



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## Armando Iannucci's comedy spoof goes behind the scenes on a Marvel-style blockbuster

### NEW COMEDY

#### The Franchise

Monday, 10pm, 10.40pm & 11.15pm, Sky Comedy

A team of TV and film heavyweights have joined forces in Sky Comedy satire *The Franchise*, about the making of a big-budget Hollywood superhero movie.

Produced by *The Thick of It* creator Armando Iannucci and Oscar-winning director Sir Sam Mendes, the eight-part series spoofs cinema's biggest blockbuster franchises.

Launching with a salvo of three back-to-back episodes this week, the comedy follows the day-to-day problems of working on *Tecto: Eye of the Storm*, one of the smaller films in the fictitious franchise, which also includes the higher-priority movie *Centurios 2*.

As we head behind the scenes of the movie to meet its ego-driven stars and stressed-out crew members, we find life behind the camera is very different to the glitzy finished product.

'There's a perception that these superhero franchises are slick and very neatly road-mapped. But you don't have to dig too deep to find they're being made in a state of permanent chaos, with constant delays and plot changes,' says writer Jon Brown, who wanted to capture the vast operation behind sprawling behemoths such as the Marvel Cinematic Universe.

'I don't think that's a story that's ever been told. We wanted to look at the actual crews who are putting their emotional wellbeing on the line and then all they get is their name in tiny print at the end of the credit sequence.'

*Tecto: Eye of the Storm* tells the story of a superhero who can make earthquakes with the help of an invisible jackhammer, and is directed by pretentious auteur Eric (Daniel Brühl). But it's soon clear the only person who really cares about it being made is first assistant director Daniel (Himesh Patel), who grew up reading the comic-book source material.



**Peter**  
Richard E. Grant

The classically trained actor plays the movie's arch villain, Eye, and is only interested in the pay cheque.

**Pat**  
Darren Goldstein

Maximum Studio's second in command constantly reminds Daniel that other films in the franchise are more important.

**Dag**  
Lolly Adefope

The third assistant director is desperate to get a producer credit as quickly as she can after starting her career late.

# Heroes & Villains

'Daniel's in charge of everything that's going right or going wrong,' says Patel. 'He's trying to manage the wrenches being thrown into the filmmaking process by the studio, who seem determined to dismantle the movie. But behind the scenes, his life is falling apart – he's going through a divorce and he's failing to be a father because he's addicted to his job.'

With the help of his hapless new assistant Dag (Lolly Adefope),

it's up to Daniel to manage the film's leading man, Adam (Billy Magnussen), who plays Tecto, and his co-star Peter (Richard E. Grant), who both have their own insecurities and distractions.

'As the series goes on, Daniel's ambition starts to creep in a bit,' reveals Patel, 34. 'I found that very interesting, because at the start you're wondering why he keeps doing this thankless job. But he's got aims that I don't think he's even aware of himself at the start of the series.'





**Daniel**  
**Himes Patel**

The first assistant director deals with a series of disasters as he struggles to keep production on *Tecto: Eye of the Storm* running.

**Eric**  
**Daniel Brühl**

The film's director sees the project as a means to cement his friendship with industry titan Christopher Nolan.

**Anita**  
**Aya Cash**

The producer must address the studio's 'woman problem' by putting more superpowered females on screen.

**Adam**  
**Billy Magnussen**

The movie's leading man hopes his performance will also open doors in the world of fashion.

However, before he can move on with his career, Daniel is faced with a never-ending list of problems, which were all inspired by the experiences of crew members who had worked on real-life superhero franchises.

'It was amazing how many people came forward and how forthcoming they were,' says Brown, who previously worked on *Succession*. 'We spoke to people inside Marvel, DC and other franchises, too. I think it's such a peculiar experience and so much of their life gets absorbed in making these films, that talking about it



**Magnussen and Grant** co-stars Adam and Peter

was like therapy.'

In the opening episode, Daniel has to console an extra who's on the brink of a breakdown after spending hours in make-up to be transformed into an alien 'fish man' for the movie.

'Someone told me you can get extras in full prosthetics who start to feel incredibly claustrophobic,

because their face is completely covered in latex,' explains Brown.

'Apparently, they can have panic attacks and want to rip it all off, so it's basically the job of the first assistant director to talk them down, because if they pull it all off, you're going to lose half a day of filming. You couldn't make it up.'





# Force for good

**Parminder Nagra** returns as the embattled Birmingham cop

**NEW CRIME DRAMA**

**DI Ray**

Sunday-Tuesday, 9pm, ITV1 (box set, ITVX)

**Detective Inspector Rachita Ray** (Parminder Nagra) learnt the hard way that dreams rarely match reality in the first series of ITV1's *DI Ray*, when her longed-for promotion to the homicide squad exposed her to the injustices of institutional racism.

Assigned to lead a murder investigation into the death of a Muslim man, seemingly because of the colour of her skin, Ray succeeded in solving the case – but at the cost of discovering that her fiancé, DCI Martyn Hunter (*The Wives'* Jamie Bamber), was corrupt.

As the series returns for a second run this week, Ray is tasked with investigating a drive-by shooting outside a hospital – but the events of the first series have taken their toll on her.

**TRUST ISSUES**

'She was betrayed by her partner, and a guy that she had strong feelings for [Police Sergeant Tony Khatri] was shot in front of her,' says former *ER* star Nagra. 'We pick up soon after that, so she's in a place where she's not feeling her best. She's going back to work with the same people – but how do you trust anyone that's in the room?'

After getting off to a shaky start with boss DCI Kerry Henderson (*Game of Thrones'* Gemma Whelan) in the first series, Ray's handling of

the previous investigation has earned her Henderson's respect. However, she has yet to convince Superintendent Ross Beardsmore (*The Responder* star Ian Puleston-Davies) that she's the right fit for her role.

'The funny thing is, Ray and Henderson's relationship looks so tense, and they are kind of mean to each other – but off-screen, Gemma and I are always laughing,' says Nagra. 'It's the same thing with Ian; he's just the sweetest, kindest guy, but his character is such a sod!'

The series was created by actor and writer Maya Sondhi, best

known for playing PC Maneet Bindra in BBC1's *Line of Duty*, and when it came to developing the second series, Sondhi was keen to avoid some of the standard cop-drama clichés.

**'Ray got into this profession because she truly loves what she does'**

PARMINDER NAGRA

**DAMAGED**

'You see a lot of shows where the police officer has been through so much, but it's like it's wiped the next time you see them,' says Sondhi. 'We wanted to feed in a bit of the PTSD aspect: she's not OK, she's only had a tiny bit of time off. I think it was really important to see the human side of Ray, and that she's not coping so well.'

WORDS: REBECCA MAHONEY, STEVEN PERKINS. PHOTOS: ©2024 DISNEY & ITS RELATED ENTITIES. DISNEY+/JASON BELL/ITV



From left: Stars Steve Oram, Witney White, Parminder Nagra, Gemma Whelan, Sam Baker-Jones and Peter Bankolé



character – it's just because we have to keep the plot moving.”

While there's still no shortage of bureaucratic obstacles in

Sondhi's background as an actor also proved invaluable, as she could draw on her own experience when writing the scripts.

'I know what I don't need to write for the actors,' says Sondhi.

'You can overdo it with stage directions, and I think it's patronising if they know their character.'

'What I found tough is that sometimes you'd write lovely backstory stuff for an actor, and then it's taken out in the next draft. I've had to explain, "It's not because of you, we love you and your

Ray's way in the second series, she manages to remain a diligent and committed detective – which is one of the things that Nagra, 49, relishes about the part.

'Ray got into this profession because she truly loves what she does,' she says. 'She's always searching for the truth. I love that there are so many moments where Beardsmore is barking at her and she's replying, "Yes, Sir, OK, Sir" – and then she'll carry on doing what she needs to do!'

**Danny Dyer** is a moustachioed millionaire in steamy drama *Rivals*

# Hot fuzz



Lizzie Vereker (Katherine Parkinson)

**NEW DRAMA**

**Rivals**

From Friday 18 October, Disney+

Set in the dog-eat-dog world of 1980s independent television, glossy drama *Rivals* is dripping with ambition, feuds and obnoxious characters.

But standing out from the crowd of self-serving snobs is sweet-natured, self-made electronics magnate Freddie Jones, played by former *EastEnders* star Danny Dyer, who finds himself adrift in Rutshire's high society.

We chatted to Dyer, 47, about playing likeable rogue Freddie in the eight-part series, which has been adapted from Dame Jilly Cooper's 1988 novel...

vulgar characters, but Freddie is one of the likeable ones. He's a working-class fella who's found himself within this elite world. His wife Valerie [Lisa McGrillis] loves it, but Freddie doesn't fit in. Then he meets romance novelist Lizzie Vereker [Katherine Parkinson] and they become fascinated with each other.

**How involved was Jilly Cooper as an executive producer?**

She made a beeline for me at the read-through. She loves Freddie, so I think she had to approve of me, and her way of doing that was giving me a cuddle and telling me how handsome I was. She was on set with her little notebook, too, but she let us get on with it.



Freddie and wife Valerie

**How did your involvement in *Rivals* come about?** When I was offered the part, it was a no-brainer. I mean, Jilly Cooper? I knew it would be brilliant. Also, I've not had many opportunities to play a role where I look this different. I think it will change a few people's perceptions of me.

**How does Freddie fit into this world?** There are a lot of

**Did you enjoy revisiting the trends and styles of the 1980s?**

We had a ball shooting in big manor houses, all dressed up in 80s clobber. It's a decade like no other, especially with the look, and I think we've pulled it right out of the bag. I grew to love my moustache, and there's also a great scene where Freddie brings out a karaoke machine. I had to belt out Meat Loaf's *Bat Out of Hell* in front of the cast!



# DANGER in the deep

Shazad Latif and Georgia Flood star in a lavish retelling of Jules Verne's underwater adventure

**NEW FANTASY DRAMA**

**Nautilus**

From Friday 25 October, Prime Video

Jules Verne's classic science-fiction story *Twenty Thousand Leagues Under the Sea* gets a bold reimagining in Prime Video's new 10-part series *Nautilus*, which places Captain Nemo, played by *Star Trek: Discovery*'s Shazad Latif, at the centre of the tale.

The story begins in 1857 when Nemo is being held in a penal colony run by the ruthless East India Company. Presented with an opportunity to seize command of the *Nautilus* submarine that he helped to build, he uses it to make a daring escape with several of his fellow prisoners. But his journey to freedom sets him on a collision course with Humility Lucas (*Apples Never Fall*'s Georgia Flood), who's being transported to Bombay to be married.

*TV & Satellite Week* caught up with Latif, 36, and Flood, 31, to find out more about the series...

**How would you describe Nemo and Humility?**

**Latif** Nemo is an Indian prince who has been robbed of his birthright. When we meet him, he is escaping in a big submarine, and he comes face to face with Humility, who's on a little boat – and they hate each other from the start!

**Flood** Humility is a feminist ahead of her time – she's young, and she's a genius, but she learns that she's fallible. She's a very complex, layered and interesting character.



**Captain Nemo**  
(Shazad Latif)



**Why do you think they're so antagonistic to each other at first?**

**Latif** There are a lot of different reasons. There's probably a subconscious attraction that they don't want to get into, and they're also both very intelligent people, so there's a competitiveness with their intelligence. They're both quite arrogant, in a way, and always trying to be right.

**Flood** But they have a common goal of freedom. Obviously, Humility's situation is completely different, but they both recognise each other's oppression, and then they realise that maybe they can help each other out.

**There have been several previous adaptations of Jules Verne's novel. What makes this one stand out?**

**Latif** I loved the 1955 movie with James Mason, but it was nice to finally make this story in the way the book was originally written. You're getting to meet Nemo, who, in the other movies, is quite elusive, and we explore what happened to this guy.

**Nemo**  
**Shazad Latif**

The enslaved Indian prince designs the engine for the *Nautilus* and assumes control of the vessel.

**Suyin**  
**Ling Cooper Tang**

The prisoner makes a spur-of-the-moment decision to join the *Nautilus*, and is eager to prove her worth.

**Boniface**  
**Pacharo Mzembe**

One of Nemo's most-trusted companions, and often the voice of reason aboard the ship.

**Flood** Humility is based on a couple of characters in the book, mainly the narrator, and I like the portrayal of her wanting to pursue her career. She's defying the classic tropes, she's not an ingénue, she's going after her goals and is seemingly fearless. She has a lot of qualities that I like, and I thought she would be very fun to play.

**What was the *Nautilus* set like to work on?**

**Latif** We filmed for about 190 days, so it was pretty intense, but it was an amazing place to work.

We got to learn how to breathe underwater properly, and the sets were unreal. We didn't get much daylight, to be honest, so it felt like we were on a real submarine.

**Flood** At 8am, I'd be in a corset being flung through a forest, and then by 4pm I'd be in a dive suit doing underwater acting – it was so many things in one day because we had so much to shoot. When I was given the role, I thought, 'I can do this, I can be swung and flipped about.' But when you're actually doing it and you've got the bruises, you're like, 'All right, I'm not Tom Cruise!'





**Benoit**

**Thierry Frémont**  
The main designer of the *Nautilus* removes it from the East India Company's control after realising they plan to use it as a weapon.

**Blaster**  
**Kayden Price**

A shy young servant travelling with Humility who gradually comes out of his shell as they join the ship's crew.

**Loti**  
**Céline Menville**

Hired by Humility's mother to ensure her daughter's safe passage to Bombay, she joins *Nautilus* extremely reluctantly.

**Humility**  
**Georgia Flood**

The spirited young woman seizes the opportunity to escape an arranged marriage that she does not want.

**Kai**  
**Tyrone Ngatai**

The fellow escapee, who assumes responsibility for the ship's inventory, is not a man to be messed with.

**STORY OF THE WEEK**

**Soap Diary**

This week's soaps at a glance

**Ravi comforts a distraught Avani**



**EASTENDERS**

**Ravi turns on Teddy when daughter Avani is attacked**

» **Ravi's furious** to learn that daughter Avani has been texting a boy, but when his kids' mum Priya reveals that Avani has told her in confidence she's dating Teddy Mitchell's son Barney, he backs off – the lad seems harmless enough, and spends most of his time buried in a book.

Avani, however, is actually seeing an older lad, Mason. As she later meets him in secret, things turn sour when she refuses to sleep with him. Not only does he demand she leave, but in the melee, she ends up with a busted lip. As an upset Avani returns to the Square, Ravi wrongly believes Barney is responsible for her injury, and

decides to teach him a lesson. This, unsurprisingly, doesn't go down well with Teddy, who comes up with a shock revenge plan. Suddenly, it's war between the two families, but as the Panesars plot their next move, Suki intervenes and insists she doesn't want any more of her relatives in prison. She and Nish then meet up with Teddy, hoping to smooth the waters. Will Teddy be prepared to call a truce?



**Teddy is out for revenge**

» **PLUS** Penny and Harry blackmail Jack, Alfie returns from Birmingham and discovers that Tommy attacked Kat, and Tommy is involved in a violent altercation with Freddie.

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**ALSO IN THE SOAPS THIS WEEK...**

**CORONATION STREET**



» Gail (above) is struck down with breathlessness, Bethany's terrified by an intruder, Kit is suspicious of Dee-Dee, Leanne and Toyah move out of Victoria Court, Kit flirts with Daisy, and Bobby thinks Max and Lauren are hiding something.

**EMMERDALE**




» Belle's mental health spirals (above), secrets are revealed at the reading of Ruby's mum's will, Moira gets a new date for her brain surgery, Nicola notices that Carl seems afraid of Tom, and John tries to talk Billy out of fighting.



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Stars Don Johnson, Joshua Jackson, Phillipa Soo and Sean Teale

Joshua Jackson is a cruise-ship doctor in a glossy medical drama



# CABIN FEVER

## NEW DRAMA

### Doctor Odyssey

From Thu 24 October, Disney+ (first two eps from 24 Oct, then weekly)

All aboard for Disney+'s feel-good cruise-ship drama *Doctor Odyssey*...

Created by prolific producer Ryan Murphy (*American Horror Story*), the 18-episode procedural sees *Dr Death* actor Joshua Jackson play Dr Max Bankman, who's hired by Captain Robert Massey (*Miami Vice* star Don Johnson) to be the new medic on luxury cruise liner *The Odyssey*, which is packed with honeymooners and rich retirees.

It's all hands on deck in the fast-

paced opening episode as Max and his nursing team, Avery (Phillipa Soo) and Tristan (Sean Teale), treat a shipmate with iodine poisoning from eating too much shrimp cocktail, save a drunk passenger who has fallen overboard, and even deal with a very sensitive fracture case...

### LOVE TRIANGLE

'Every episode has a lot happening in it and that's part of the fun - the show is meant to have that pace,' says

Jackson, 46, who found fame in *Dawson's Creek* and recently starred in the *Fatal Attraction* remake.

'Also, having played nothing but heavy and complicated men for the past 10 years, I really like that Max is uncomplicated. He's a guy who cares, and because he's a doctor, he's there to fix whatever is wrong.'

As well as all the wild on-board emergencies and the occasional offshore medical issue, each episode features a variety of top guest

stars, including country singer Shania Twain as a widow.

Meanwhile, a rather complicated love triangle soon develops between Max, Avery and Tristan, promising plenty of juicy drama ahead

'I mean, have you ever seen a Ryan Murphy show?!' laughs Jackson. 'There'll be triangles, rectangles, octagons. There will be romance. Every shape and flavour that you can possibly imagine will be explored.'

'The boat, the clothes and the people all look incredible. And Don Johnson is such a joy. What an unbelievable gift to have him on set and just be able to listen to his stories.'



Avery and Max

## You like...

### Fallout on Prime Video

Set in a post-apocalyptic world populated by mutant ghouls, robots and giant cockroaches, this witty 2024 sci-fi drama series sees Lucy (Ella Purnell, right) leave an underground bunker to search for her kidnapped father, Hank (Kyle MacLachlan). Season 2 is currently in production.



## Now try this...

### The Electric State on Netflix

Based on a graphic novel, this upcoming sci-fi comedy movie is set in an alternate version of the 1990s in which teenager Michelle (Millie Bobby Brown) sets out with smuggler Keats (Chris Pratt) to discover more about her brother's disappearance. Ke Huy Quan co-stars.





# Look Who's Back...

A familiar face making a new appearance this week

## Steven Frayne

### Portrait Artist of the Year

Wednesday, 8pm, Sky Arts, Sky Mix & Sky Showcase



2016

**Born in Bradford** in 1982, illusionist Steven Frayne was dubbed *Dynamo* when he impressed the audience at a stage performance in New York. After cutting his teeth on

episodes of *Richard & Judy* in the 2000s, his first TV series, *Dynamo: Magician Impossible* (2011-14), saw him performing street magic and seeming to walk on the Thames. In 2016, he performed live on stage in *Dynamo: Live at The O2* (inset), while he was last seen in 2023 in Sky Max special *Dynamo is Dead*, when he was buried alive in a coffin (and announced he was returning to his birth name).

### HIS NEW APPEARANCE

In this week's episode of *Portrait Artist of the Year*, the likeable showman, 41, joins host Stephen Mangan at London's Battersea Arts Centre to pose for his portrait. The contestants will also be trying to capture a likeness of TV historian Dan Snow and *Bad Education* star and *Strictly* finalist Layton Williams.



Steven Frayne

WORDS: RICHARD MCCLURE. ELAINE REILLY PHOTOS: BEC, SKY, U&DRAMA

Fia and Cian with colleague Myreen



# Sins OF THE father

A truth-seeking detective confronts her family's dark legacy

### NEW CRIME DRAMA

## Blackshore

Saturday, 9pm, U&Drama (box set, U)

**When it comes** to tried-and-trusted TV storylines, there's nothing more formulaic than the troubled detective who confronts a dark past as they return to their home town to investigate a crime. However, there's far more to intriguing, twisty six-part crime thriller *Blackshore* than that...

When no-nonsense Dublin detective Fia Lucey (Lisa Dwan) is accused of using undue force in her policing, she is sent to oversee a missing-persons case in her rural home town, a sleepy

backwater where she must also reckon with a family tragedy that still haunts the community.

It's revealed in flashbacks that Fia's father, Jack, killed her mother and brother in a murder-suicide at their home almost 20 years ago, after he was linked to the disappearance of a local teenager, Chloe.

### FACING DEMONS

'This is Fia's first time returning to the town since she fled to join the Guards [Irish police force] after her family was killed,' says Dwan. 'Obviously she bears scars from that, but when she's sent there to cool her jets, she feels she has to answer unanswered questions.'

Although Fia receives a warm



Grieving mum Marjorie

welcome from her remaining relatives – retired police-officer uncle Donal, aunt Sandra, and their journalist daughter, Emma – there's plenty of hostility from the close-knit community, including Chloe's fervently religious, grieving mother Marjorie (Ingrid Craigie).

Paired with DI Cian Furlong (Rory Keenan), Fia feels she

### NEW FANTASY DRAMA

## Wynonna Earp: Vengeance

Wednesday, 9pm, Sky Sci-Fi

**Cult Canadian series** *Wynonna Earp* came to an end in 2021 after four seasons, but Melanie Scrofano is back this week to reprise her role as the gun-toting demon slayer in a feature-length sequel to the supernatural western adventure.

We last saw Wynonna – the great-great-granddaughter of legendary lawman Wyatt Earp – riding off into the sunset on her Harley-Davidson with lover Doc Holliday (Tim Rozon), with Wynonna hoping to be reunited with daughter Alice, who had been sent away to keep her safe.

Tim Rozon and Melanie Scrofano



# Quick on the draw

Gunslinger Wynonna Earp is back to slay more demons





Lisa Dwan as  
Fia Lucey

has something to prove when she's assigned to the case of missing hotelier Roisin Hurley (Clara Fitzgerald). As Roisin's disappearance quickly becomes a murder inquiry, the suspects include businessman Bill McGuire (Stanley Townsend), who owned a half-share in Roisin's hotel, and Fia must solve the case by immersing herself in the town's ugly underbelly of drugs, violence and abuse.

'There's a tough history in Blackshore and a sense that underneath every character is a whole story,' says Dwan, 46. 'Ultimately, Fia must investigate the ghosts of her past to find the truth, no matter what the cost – and it does cost her dearly.'

As we catch up with Wynonna and Doc, they are still without Alice and travelling across the US, swindling casinos and slaying demons with her Peacemaker handgun. Meanwhile, Wynonna's sister, Waverly (Dominique Provost-Chalkley) is adjusting to married life in the town of Purgatory with her sheriff wife, Nicole (Katherine Barrell).

But when a gruesome murder rocks the town, Waverly summons Wynonna back to Purgatory, where she must battle her greatest foe yet – a psychotic villainess (Karen Knox) with a link to her past, who is hell-bent on revenge against Wynonna and everyone she loves.

'For Wynonna, it's the scariest

villain to date,' reveals Scrofano, 42. 'This taps into where she is at this phase in her life.'

However, there was one slight problem when it came to kitting out the character in her famous leather jacket. After the series came to an end three years ago, all of the show's props and costumes were bought by fans over the internet.

'We had two auctions where we got rid of everything,' laughs showrunner Emily Andras. 'Luckily, as soon as the fans found out we were making the sequel, they were like, "Do you guys need us to FedEx stuff back?" So we got the leather jacket, and the woman who bought Wynonna's truck even offered to drive it back to Canada from North Dakota!'



Karen Knox as  
villainess Mina

# What else can I watch?

We search the TV schedules to uncover the shows you might have missed...



## Later... with Jools Holland

Saturday, 9.50pm, BBC2

**Jools Holland** returns for more music and chat in a new series, filmed at London's Alexandra Palace Theatre. This week, former Little Mix star Jade makes her TV solo debut, while returning artists include indie rockers Blossoms, jazz artist Nubya Garcia and singer/songwriter Laura Marling. Legendary Queen drummer Roger Taylor also drops in to perform a classic John Lennon track with Holland.



## Lucy Beaumont: Live from the Royal Court Theatre

Tuesday, 9pm, Sky Comedy & Sky Showcase

**Meet the Richardsons** star and *Hullraisers* writer Lucy Beaumont (left) performs her first TV stand-up special with a routine that features anecdotes on ageing, friendships and the north/south divide. *Motherhood* is also a rich source for her humour, including her daughter developing a precocious liking for olives and the pros and cons of breastfeeding.



## The Brokenwood Mysteries

Monday, 8pm, U&Drama (box set, U)

The death of an expert palaeontologist kicks off the 10th series of the New Zealand detective series as cops Kristin Sims (Fern Sutherland), Mike Shepherd (Neill Rea) and Daniel Chalmers (Jarod Rawiri) continue to solve bizarre murders in the rural community. Later in the run, a corpse turns up at a Day of the Dead parade.



## Mortimer & Whitehouse: Gone Fishing

Sunday, 9pm, BBC2

This week, the pals travel to Blakeney Point in Norfolk for a sea-fishing adventure in some of the most challenging conditions they have ever faced. The next day, they pack a picnic lunch, including some special treats for Ted the dog, and enjoy the calmer waters of the River Glaven, a chalk stream where the deep pools make for great fishing opportunities.



# ▶ WATCHLIST

▶ YOUR

NETFLIX

prime

BBC  
iPLAYER

Disney+

4

sky  
box sets

NOW

Apple tv+

Crystal as child  
psychiatrist Eli



# Darkness within

**Billy Crystal** stars in a terrifying psychological thriller about a troubled young boy



**Apple TV+ Before**

**NEW** Available: **Friday 25 October**  
Genre: **Thriller** Season: **1** Episodes: **10**  
(first two eps from 25 October, then weekly)

Actor **Billy Crystal** has become one of Hollywood's most-popular stars thanks to a range of light-hearted roles in everything from *When Harry Met Sally*, *City Slickers* and *Analyze This* to Pixar's *Monsters, Inc.*, in which he voiced lovable Mike.

His latest screen appearance, however, is a very different kettle of fish. In Apple TV+'s 10-part thriller *Before*, the 76-year-old plays highly-regarded child psychiatrist Eli Adler, who is plagued by insomnia and violent nightmares in the wake of his illustrator wife Lynn (Judith Light) taking her own life six months earlier.

Eli is considering retirement, but his plans are put on hold after an unnerving encounter with eight-year-old Noah, who appears on his doorstep and scratches symbols on his front door until his fingers bleed, before running off...

In a twist of fate, Eli is assigned to the youngster's case and learns that Noah was abandoned as a baby, has had several foster families, and is in danger of being sent to a state-run hospital.

**INTERTWINED**

'Eli is starting to fall apart when Noah walks into his life,' explains Crystal. 'Not only is Noah mute a lot of the time, but he's also terrified, violent and has terrible visions.'

Noah appears to have an eerie connection to Eli's past, and the therapist becomes obsessed with uncovering a rational explanation for the boy's seemingly supernatural behaviour – including Noah's inexplicable grasp of 17th-century Dutch and his disturbing drawings of a mysterious farmhouse.

'In every, episode there's another piece of the puzzle that moves us forward,' adds Crystal. 'I can't say much more, but trust me, the farmhouse reveal is worth the wait!'

The supporting cast includes Robert Townsend as Eli's best friend Jackson, Ava Lalezarzadeh as his street-smart colleague Cleo, Rosie Perez as Noah's foster mum Denise, Maria Dizzia as Eli's daughter, Barbara, and Hope Davis as Dr Jane, a respected chief of paediatric neurology.

Meanwhile, Noah is played by British actor Jacobi Jupe – the younger brother of *The Undoing* star Noah Jupe – who beat 700 other hopefuls to win the role of the disturbed youngster.

'The series will keep audiences on the edge of their seats,' predicts Crystal. 'There are episodes where I'm covered in blood and seeing horrible images. When I was shooting those scenes, I just kept laughing, thinking, "Look at what I'm getting to do!" It's certainly a long way from, "I'll have what she's having!"'

WORDS: ELAINE REILLY; CAREN CLARK; JUDY EWENS. PHOTOS: APPLE TV+, GETTY, NETFLIX

**+ What we're watching...**

The shows being enjoyed by the TVSW team



**Apple TV+ Wolfs**

Genre: **Action comedy**

Episodes: **One-off**

Brad Pitt and George Clooney bring their star wattage, effortless charm and witty banter to an enjoyable action comedy as rival underworld fixers. Each man works alone, cleaning up other people's messy situations, so neither is happy when they are both hired to help out a New York district attorney (Amy Ryan) after her one-night stand (Austin Abrams) dies in her hotel room. Discovering that the young man was transporting a backpack full of drugs and that he's not dead after all makes for an eventful night.

**Netflix Nobody Wants This**

Genre: **Romantic comedy** Season: **1** Episodes: **10**

*The Good Place*'s Kristen Bell as a non-Jewish sex podcaster and *The O.C.*'s Adam Brody as a single progressive rabbi are perfectly cast in a romcom that is funny and heart-warming.



**Netflix Jailbreak: Love on the Run**

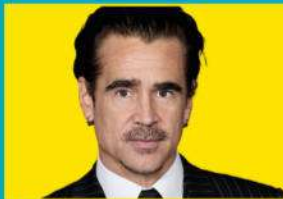
Genre: **Documentary** Episodes: **One-off**

The shocking true story of long-serving Alabama corrections officer Vicky White (right), who fell in love with a violent prisoner and then helped him escape.



**+ Now in production...**

Three upcoming shows to look out for soon



**Apple TV+ Sugar**

Colin Farrell (above) will return as private-detective-with-a-secret John Sugar for a second season of Apple TV+'s crime drama, in which the gumshoe investigates another missing-person case in LA while also hunting for clues about his sister, who has also disappeared.



**Prime Video Jack in Time for Christmas**

In Prime Video's semi-scripted comedy, airing this December, Jack Whitehall (above) attempts to get home to the UK for Christmas using a variety of means, from trains to bobsleighs, and with help from Michael Bubl  and Rebel Wilson.

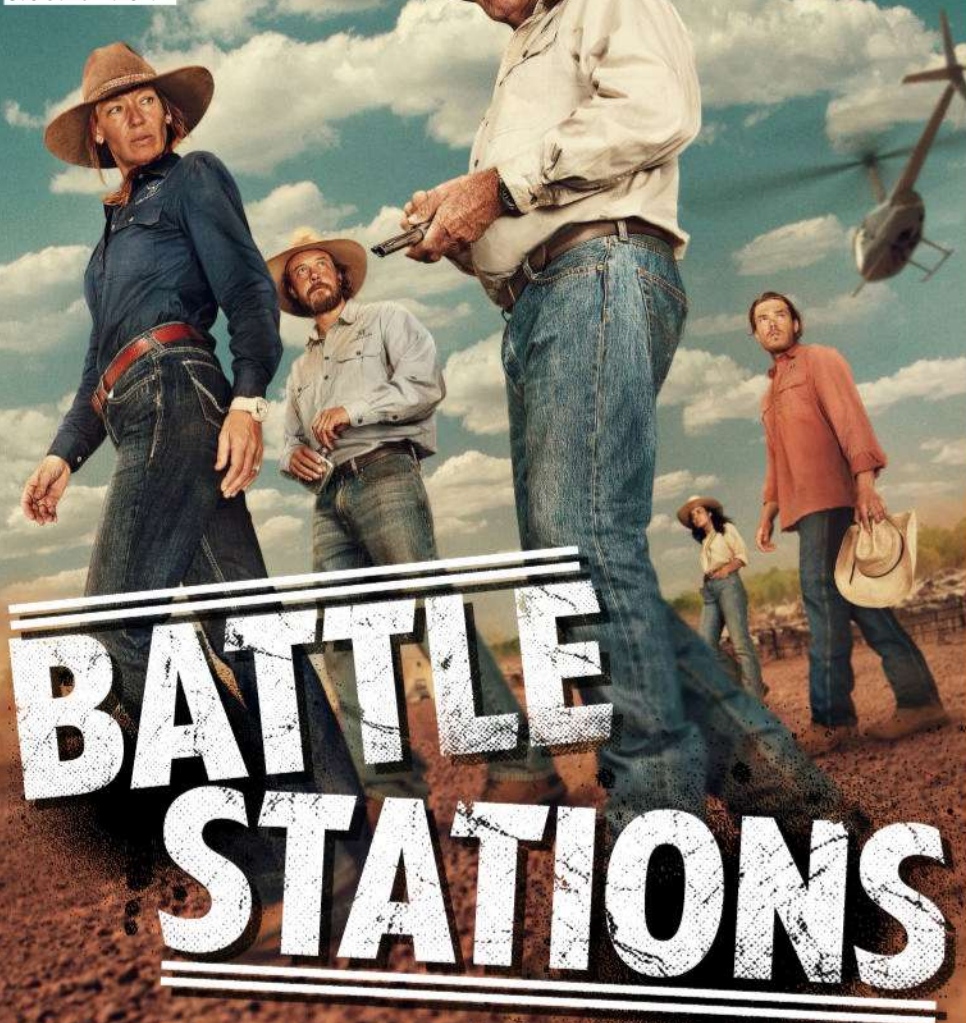


**Netflix The Beast in Me**

Netflix's thriller will see Matthew Rhys (above) play a ruthless real-estate entrepreneur who came under suspicion when his wife vanished, but now moves in next to a bereaved author (Claire Danes), who wants to uncover the truth.



From left: Emily, Graham, Colin, Susie and Marshall



**Anna Torv** stars in Netflix's answer to *Yellowstone*

**NETFLIX Territory**

**NEW** Available: **Thursday 24 October**  
Genre: **Drama** Season: **1** Episodes: **6**

The latest instalment of *Yellowstone* lands on our screens in a few weeks, but if you can't wait until then, why not try this action-packed Australian drama that's already being compared to Kevin Costner's hit western series.

In six-parter *Territory*, a fractious family battles for power and succession when a billion-dollar cattle station is left without an heir in Australia's Northern Territory.

Following his favourite son's death, cruel patriarch and rancher Colin Lawson (Robert Taylor) struggles to name a successor for his beloved Marianne Station, the largest cattle station in the world.

**FAMILY FALLOUT**

Colin considers his other son, Graham (Michael Dorman), to be a hopeless alcoholic, and also has a low opinion of his hard-working daughter-in-law, Emily (Anna Torv), who he brands a gold-digging cattle thief. Plus, there are his grandkids: runaway

Marshall (Sam Corlett) and college dropout Susie (Philippa Northeast).

But when wealthy miners, Indigenous elders and rival cattle barons all circle like vultures, the dynasty begins to crumble as the Lawsons turn on each other to control the kingdom.

'It's a big-scale, high-stakes action drama set in a part of Australia you don't often see on screen,' says creator Ben Davies, who's spent years filming documentaries about cattle-station workers. 'I learnt about the culture and the dynasties in the "Top End" of the country, and played with the heritage, legacy and various rivalries to create these characters.'

While filming took place in some of the most-remote locations Down Under, the cast and crew also fully immersed themselves within a real cattle station.

'We filmed in Tipperary Station, which allowed our cast and creative teams to experience living on an active cattle station, and it was both a challenge and a privilege,' says producer Paul Ranford. 'To watch and learn from the residents, ringers and staff was an important part of building the show. It was two industries, agriculture and the arts, working side by side.'



**Glory days**

Behind the scenes on **Bruce Springsteen's** latest world tour

**Disney+** **Road Diary: Bruce Springsteen & the E Street Band**

**NEW** Available: **Friday 25 October**  
Genre: **Documentary**

Since they got together in 1972, Bruce Springsteen and his E Street Band have built a reputation for staging exhilarating, and very long, live performances that have thrilled their fans.

Now, a feature-length rockumentary from long-time Springsteen collaborator Thom Zimny offers an intriguing look behind the scenes as 'The Boss', now 75, and his band rehearse for and embark on their first tour in six years.

As well as seeing the formidable logistics that go into a modern-day Springsteen tour, the film winds the clock back to the band's early days, and filmmaker Zimny was keen to capture the special connection Springsteen has with his audience.

'There's a great thing that happens emotionally inside,' says Zimny. 'So one of the things I did in making the film was to focus on the faces in the crowd, having this moment of transformation, where they are deeply connected.'

Another memorable aspect of the shows is fans holding up song requests on cards that Springsteen plucks out of the audience, and then instructs the band to play off the cuff.

'That was important to get across, because *Road Diary* is about a guy building a set list and telling a very detailed story,' says Zimny. 'But there's a whole other side of Bruce that throws the process into a bit of chaos!'

WORDS: CAREN CLARK, IAN MACEWAN, REBECCA MAHONEY, ELAINE REILLY. PHOTOS: ACORN TV, BBC. ©2024 DISNEY & ITS RELATED ENTITIES, CHANNEL 5, ITV, NETFLIX, SKY



# Pearl of wisdom

Kerry Godliman is back as the sharp seaside sleuth...

AcornTV **Whitstable**

**Pearl**

**NEW** Available: **Monday 21 October**

Genre: **Crime drama**

Season: **3** Episodes: **6 (released weekly)**

**An instant hit** when it launched in 2021, Acorn TV's coastal crime drama *Whitstable Pearl* endeared itself to audiences thanks to its curious cases, scenic backdrops in North Kent, and comedy actor Kerry Godliman's warm-hearted portrayal of restaurateur turned private eye Pearl Nolan.

This week, the series returns with six new episodes, featuring a kidnapping at a psychic fair and the murder of a food critic. There's also a treasure trove of guest stars and a love triangle between Pearl, laid-back teacher Tom Grant (Robert Webb) and broody DCI Mike McGuire (Howard Charles).

Here, in an exclusive interview with *TV&Satellite Week*, Godliman, 50, explains why the series continues to go from strength to strength...

**How does it feel to be back?** Lovely! This is the most I've ever done of any series and there's something really comforting about revisiting it.

**Where does it pick up?** Pearl's in a good place. She and Tom are happy, her son Charlie is exploring Canada, the restaurant is thriving, and her detective

agency is booming. Her mum Dolly [Frances Barber] is also in a good place and Mike appears to be a changed man [after a three-month sabbatical].

**So, does this harmony last?** Who wants to watch a drama where everyone's happy? Tom adores Pearl, but feels she's out of his league, so that insecurity niggles away. Also, it becomes clear that all is not good with Charlie, and Mike quickly reverts to his nature.

**Does this mean more 'will they, won't they?' tension?** Yes, there's a little love triangle bubbling away. Pearl fancies Mike and loves flirting, arguing and solving crimes with him. That frisson of possibility is the steam that motors the show's engine.

**What else keeps it interesting for you?** I really like Pearl's journey and the way she's growing and evolving. In Series 1, she was a fledgling detective; now, in Series 3, she's confident and established. The cases can be dark, but they're not relentlessly grim. There's a warmth to the show that you can really connect with.



## EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up



**SHOWTRIAL**

When arrogant cop Justin (Michael Socha) is accused of causing the hit-and-run death of a climate-change activist in the second series of BBC1's drama, he engages troubled solicitor Sam (Adeel Akhtar) for his defence. But evidence stacks up against him...



**5** **The Hardacres**

In Channel 5's period drama, dock workers Mary (Claire Cooper) and Sam (Liam McMahon) set up their own successful fish stall after Sam loses his job following an accident. Then, a shrewd investment leaves them with untold riches...



**sky** **NOW** **Virgin** **Sweetpea**

Sky's thriller sees Ella Purnell play overlooked and apparently mild-mannered Rhiannon. In the wake of losing her father, she unleashes a murderous streak and, after killing a drunk, sets her sights on former school bully Julia (Nicôle Lecky)...



**itvX** **DNA Journey**

Philip Glenister teams up with his *Life on Mars* co-star John Simm to explore their ancestry in the return of ITV1's genealogy show. Simm is rocked by the discovery that his late dad was not his biological father, and he meets his new-found half-sister.



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Mrs Edith Moine, Edinburgh

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# + Pick of the new releases

The best new shows to enjoy this week on streaming services...

**Secrets**

**Monday 21 October**

Danish drama about siblings Mads and Eva. Mads (Pilou Asbæk) escapes his mundane life and family duties by taking drugs and partying, while Eva (Iben Hjejle) is trying to save both her marriage and her architectural firm.

**Whitstable Pearl**

**Monday 21 October**

Kerry Godliman reprises her role as restaurateur and private detective Pearl Nolan in the third season of the Kent-set crime drama. A re-energised DCI Mike McGuire (Howard Charles) returns to Whitstable, where he and Pearl continue to solve cases. See feature, page 17.

**The Disappearance of Kimmy Diore**

**Wednesday 23 October**

French crime drama. After six-year-old Kimmy is kidnapped in broad daylight, detective Sara Roussel must investigate the unfamiliar world of social media and get close to Kimmy's mother.

**The Comeback: 2004 Boston Red Sox**

**Wednesday 23 October**

Docuseries about baseball team the Boston Red Sox winning their first World Series title in 86 years. Includes interviews with the team's star players.

**This Is the Zodiac Speaking**

**Wednesday 23 October**

True-crime docuseries about the Zodiac Killer, who murdered at least five people – and possibly more than 20 – in the San Francisco Bay Area during

1968 and 1969. Their real identity remains unknown but one family believes the serial killer may have been closer to home than they realised.

**Doctor Odyssey**

**Thursday 24 October**

Joshua Jackson plays a doctor on a luxury cruise liner whose team deals with medical crises miles from land in the latest drama series from 9-1-1 producer Ryan Murphy. Don Johnson is the ship's captain. See feature, page 11.

**Territory**

**Thursday 24 October**

Australian drama. When the world's largest cattle station is left without a clear successor, generational clashes threaten to tear the Lawson family apart. Anna Torv and Robert Taylor head the cast. See feature, page 16.



Beauty in Black

**Beauty in Black**

**Thursday 24 October**

Tyler Perry drama. While Kimmie (Taylor Polidore Williams) is struggling to make a living as an exotic dancer, Mallory (Crystle Stewart) is part of a successful haircare dynasty. The pair are soon entangled in each other's lives.

**The Pasta Queen**

**Thursday 24 October**

Culinary travel show featuring chef and social-media star Nadia Caterina Munno. She travels through Italy and then, using the ingredients from the regions she visits, makes authentic Italian dishes in her kitchen.

**Canary Black**

**Thursday 24 October**

Action thriller starring Kate Beckinsale



**Family Pack**

**Wednesday 23 October**

French fantasy film. When an old card game comes to life, a family is thrown back in time to a medieval village, where they must unmask werewolves to secure their return home. With Jean Reno.

as CIA agent Avery Graves, who is blackmailed by terrorists into betraying her country to save her kidnapped husband. With Saffron Burrows, Ben Miles, Rupert Friend and the late Ray Stevenson in his last film role.

**Like a Dragon: Yakuza**

**Friday 25 October**

Japanese crime drama based on the video-game series. It follows former yakuza (gangster) Kazuma Kiryu, who is drawn into a vast conspiracy.

**Road Diary: Bruce Springsteen & The E Street Band**

**Friday 25 October**

A behind-the-scenes look at Bruce Springsteen and The E Street Band's 2023-2024 tour, beginning with their preparation process and following them from their earliest rehearsals to playing in front of thousands of fans in different continents. See feature, page 16.

**Before**

**Friday 25 October**

Psychological thriller starring Billy Crystal. A child psychiatrist loses his wife and encounters a troubled young boy, who has a haunting connection to his past. With Julia's Judith Light and Britannia's Jacobi Jupe. See feature, page 14.

**Nautilus**

**Friday 25 October**

Adventure series telling the origin story of Jules Verne's legendary Captain Nemo (Shazad Latif), an Indian prince who escapes a penal colony in a prototype submarine with a group of fellow prisoners. See feature, page 8.

**The Remarkable Life of Ibelin**

**Friday 25 October**

Documentary. When Norwegian gamer Mats Steen died of a degenerative muscular disease at the age of 25 in 2014, his parents mourned what they thought had been a lonely life. Then they started receiving messages from his online friends around the world. See feature, page 21.

**Don't Move**

**Friday 25 October**

Horror thriller. A grieving woman hoping to find solace in an isolated forest encounters a killer who injects her with a paralytic agent. As her body shuts down, her fight for survival begins.

**Hellbound**

**Friday 25 October**

Season 2 of the South Korean fantasy horror. Unearthly beings deliver bloody condemnations, sending individuals to hell and giving rise to a religious group founded on the idea of divine justice.

**Star Trek: Lower Decks**

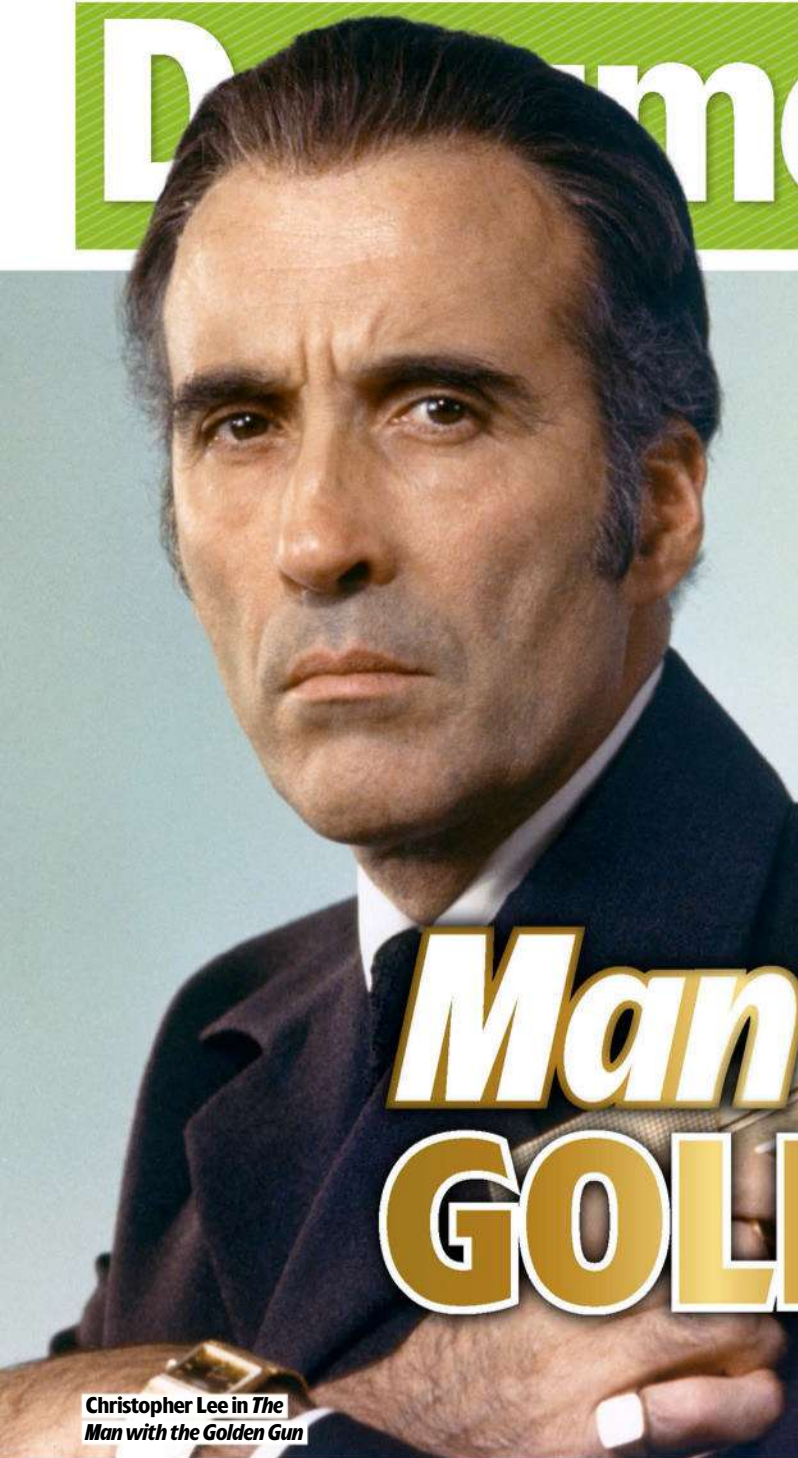
**Thursday 24 October**

The fifth season of the adult animation spin-off, set in the 24th century and following the adventures of the low-ranking officers with menial jobs on the starship *Cerritos*, one of Starfleet's least important spacecrafts.





# D Documentaries



## NEW PROFILE

### The Life and Deaths of Christopher Lee

Thursday, 9pm, Sky Arts

He was a commanding screen actor who specialised in playing villains. But behind the mask, Sir Christopher Lee was a surprisingly sensitive and insecure soul.

Now, the extraordinary story of the Hollywood star's life and career is being retold in a humorous and touching film, in which comedian Peter Serafinowicz provides the instantly recognisable voice for a Christopher Lee puppet that acts as narrator.

We learn about Lee's well-to-do Italian heritage as well as his secret life as a Nazi-hunting spy after World War Two before he turned to acting, finding worldwide fame with the title role in the 1958 film *Dracula*, despite only being on screen for eight minutes.

## SCREEN PRESENCE

He went on to land acclaimed roles in Bond film *The Man with the Golden Gun*, two Star Wars movies, *The Wicker Man* and the Lord of the Rings franchise, but Lee struggled with insecurities and rejection, and was often jealous of other actors' successes.

At 6ft 5in, he was told he was too tall and too 'foreign looking' to be a leading man, and he agonised over

# Man with the GOLDEN LIFE

A touching profile of James Bond and *Dracula* star **Christopher Lee**

Christopher Lee in *The Man with the Golden Gun*



## Crimes That Shook Britain

Monday, 9pm, Crime + Investigation

This week, Dermot Murnaghan looks into the murder of 51-year-old Lee Pomeroy (above), who was stabbed to death by Darren Pencille, a 35-year-old with a history of violence, mental illness and drug abuse, on a Guildford-to-London train in January 2019 after an argument between the strangers.

## Will You Marry Me?

Wednesday, 10pm, E4 (box set, Channel 4)

London-based expert team The Proposers, headed up by founder Daisy Amodio, help nine loved-up clients to surprise their partners with the ultimate marriage proposal. Thrill seeker Theo wants a sky-diving proposal for his girlfriend Livia, and legal secretary Laura wants to surprise boyfriend Jack with a French-themed proposal.



## DNA Journey

Wednesday, 9pm, ITV1

Stay Close co-stars and friends Sarah Parish and James Nesbitt explore their family trees in the last in the current series. Parish hears how an ancestor helped to make education available to every child in Scotland, while, in France, Nesbitt learns more about his grandfather William, who was injured at the Somme in 1916.





In iconic horror  
*The Wicker Man*



As wizard  
Saruman



Lee as Count  
Dracula

being typecast as a screen villain. 'You don't really expect it of Christopher Lee, because he was such a monolithic, imposing and slightly pompous figure but he did have his insecurities,' reveals his biographer and friend Jonathan Rigby, 61, who appears in the documentary.

'He also had strange obsessions. He didn't like Sir Michael Caine because of a jealousy thing. And he was spitting blood when Sean Connery accepted a knighthood several years before he got one!'

Directors John Landis and Peter Jackson, as well as Lee's niece, *Succession* and *Downton Abbey* actor Dame Harriet Walter, also share their memories of Lee in the feature-length documentary.

There are surprising stories from behind the scenes on the Lord of the Rings trilogy. It's revealed how Lee was turned

down for the part of Gandalf in favour of Sir Ian McKellen, and took on the role of evil wizard Saruman instead. But he was devastated when all his scenes were cut from the third film during the edit.

**HIDDEN DEPTHS**

However, Rigby says that Lee managed to maintain a sense of humour right up until his death in 2015, aged 93.

'He liked to control his image, so he very rarely allowed that humour to show,' says Rigby. 'But he was an extraordinarily funny man to be with. Going to visit him at his home in [London's] Cadogan Square, you might be shown his collection of film costumes, his Special Forces insignia, or his complete set of Ian Fleming first editions. He was always bursting with childlike enthusiasm.'



Steen and his  
avatar Ibelin

Disabled  
gamer **Mats Steen's**  
extraordinary  
online world

# Game changer

**NEW FACTUAL**

**The Remarkable Life of Ibelin**

From Friday 25 October, Netflix

**Norwegian gamer Mats Steen** was just 25 when he died from Duchenne muscular dystrophy, a degenerative, muscle-wasting disease that severely affected his life to the point where he could only move his fingers.

By the time of his death in 2014, he'd lost touch with his friends and would spend 12 hours a day playing computer game *World of Warcraft* using a specially adapted keyboard.

At first, his parents, Robert and Trude, mourned not only the loss of their son, but also what they thought had been an isolated and lonely life.

'His world seemed so limited,' says Robert. 'Our deepest sorrow lay in the fact that he'd never experienced friendships or love, or that he'd never make a difference in other people's lives.'

However, before Steen passed away, he left his parents his computer password.

And when they posted about his death online, they were stunned to receive hundreds of messages of condolence from a vast digital community, with many saying how much of an impact Steen had had on their lives.

'We didn't know if anyone would see the post,' recalls Trude in the film. 'But suddenly we got email after email. We were so confused. We thought: "Who are these people?"'

**FINDING FREEDOM**

It was then they discovered that, even though his body was like a prison, Steen had been leading another life via his *World of Warcraft* avatar, Ibelin, who drank beer, made friends, flirted and even fell in love.

'We began to understand that there are people behind these avatars,' says Trude. 'These are actually human beings who role-play and have a good time.'

This extraordinary film features extracts from Steen's moving online blog and home-video footage of his restricted daily life, and hears from the friends he met online, some of whom even came to his funeral.

It also re-creates his *World of Warcraft* life using animated sequences, to reveal a young man freed from the physical limitations that he experienced in reality.

'It's been emotional,' says Robert about the process of making the film. 'But understanding the value and the richness of Mats' life has been more than worth the emotional challenge that it took.'



**Storyville: Dogs of War**  
Tuesday, 10pm, BBC4

**The remarkable story** of London safe-cracker Dave Tomkins (above), who looks back on his rise from small-time criminal to becoming an international mercenary and arms dealer who was involved in one of Africa's bloodiest civil wars, and was accused of masterminding a plot to assassinate Colombian drug baron Pablo Escobar.



**The Great Erection Deception: The Stiff Nights Story**

**Monday, 10.45pm (times vary), ITV1**  
**Zoë Wanamaker** narrates the story of US entrepreneurs Erb Avore and Kelly Harvey, who made millions selling a natural alternative to Viagra, but the pills were found to have been laced with a substance with dangerous side effects...  
● **Previously shown on ITVX in 2023**



Parents Trude  
and Robert



# Films Our Pick of



PREMIERE  
OF THE  
WEEK

# GHOSTBUSTERS Frozen Empire



The new gang and the original crew team up to save New York yet again

## FANTASY COMEDY

Friday, 12.20pm & 8pm,  
Sky Premiere

★★★

**Ghostbusters: Afterlife introduced** a new ghoulish-capturing gang to the franchise and now comes the inevitable reboot sequel. *Frozen Empire* shifts the action from Oklahoma to the saga's spiritual home, New York, picking up with the family

of Harold Ramis' dearly departed Egon Spengler.

Callie (Carrie Coon), kids Phoebe (Mckenna Grace) and Trevor (Finn Wolfhard) and their ex-science teacher Gary (Paul Rudd) are now all living in the firehouse where it all started. Driving that famous converted white hearse, they're keeping the Big Apple free of ghosts.

But a deadly issue emerges

when Aykroyd's Ray Stantz – who's still running his occult shop – is sold a mysterious brass orb. Turns out the orb contains an evil spirit that can seemingly turn things to ice and is just desperate to escape and run amok. Soon Stantz and the Spengler family are joined by old chums Winston (Ernie Hudson) and Peter Venkman (Bill Murray), as Manhattan faces

another meltdown.

Pleasing as it is to see so many familiar faces back in action, *Frozen Empire's* line-up of new and old characters does become a little unwieldy. On the plus side, the script is sharp and the main spectral antagonist is very creepy. There are some solid action sequences, too, making this a watchable, if not essential, series entry. 2023, 12, 115MIN

STAR RATINGS ★★★★★ Excellent ★★★★★ Very good ★★★ Good ★★ Average ★ Poor



# the Week's Best Films

## DOCUMENTARY

### The Last of the Sea Women

On all week, AppleTV+

★★★★

**Eye-opening and** stirring, this fascinating documentary set on Jeju Island in South Korea shines a light on a remarkable, centuries-old tradition. Their heritage recognised by UNESCO, the Sea Women of the title are haenyeo, who dive without oxygen tanks to harvest seafood from the ocean. They used to number tens of thousands; today only around 4,000 pursue the work and most of them are more than 60 (we even encounter one sprightly 90-year-old). The presence of thirtysomething divers Jin and Woo, who have won minor celebrity for their fun TikTok and YouTube posts, offers hope, but the women's way of life faces threats from climate change, plastic pollution and, most urgently, from Japan's plan to release Fukushima's radioactive wastewater into the ocean. 2024, PG, 87MIN



Take a deep breath...

Road warriors:  
Margaret and  
Geraldine



## CRIME COMEDY

### Drive-Away Dolls

Saturday, 10am & 10pm,  
Sky Premiere

★★★

**A freewheeling road** movie from Ethan Coen (without brother Joel) about two queer chums being pursued by hoods from Pennsylvania to Florida, this is unmistakably a Coen(s) film, albeit one that feels like a pastiche of their previous pictures. Loquacious Texan Margaret Qualley and her prim friend Geraldine Viswanathan take a road trip from Philadelphia to Tallahassee in a rental car that just happens to have a suitcase secreted in its trunk. And its contents are prized enough for Colman Domingo's sharp-suited mobster to send his goons to retrieve it. The film's a homage to the likes of John Waters and early Almodóvar, so throw in a McGuffin straight out of *Pulp Fiction* and this is a comedy steeped in déjà vu. Qualley and Viswanathan make a likeable duo, though, in a film that boasts cameos from Matt Damon, Pedro Pascal and Miley Cyrus. 2023, 15, 84MIN

## CHILLER

### House of Spoils

On now, on demand, Prime Video

★★★

**Determined to make** it on her own, chef Ariana DeBose partners up with money man Arian Moayed to start a fine dining restaurant at a deserted mansion in the middle of nowhere. Knowing this is a chiller of sorts, the requisite ghostly past

inhabitants make an appearance, but this is as much about a woman finding her path through the power of nature – both beautiful and beastly. It's an odd film from directors Bridget Savage Cole and Danielle Krudy that doesn't quite fit into any genre comfortably, but with DeBose a commanding lead, we're more than happy to tag along for the ride. 2024, 15, 101MIN



Plating up  
trouble: Ariana

Party crashers:  
Brittany and pals



## SCI-FI BLACK COMEDY

### It's What's Inside

On now, on demand, Netflix

★★★★

**Hold onto your hats** for this unbelievably twisty sci-fi comedy thriller, because it's one wild ride. A group of eight college friends (including Brittany O'Grady and James Morosini) meet up after almost a decade for a pre-wedding

bash at to-be-groom Devon Terrell's country pile, only for things to escalate insanely when boffin David Thompson has them play a game with an incredible new piece of tech. To say more would spoil the party, but writer-director Greg Jardin's crazy plot is matched by highly inventive visuals and a soundscape to match. So buckle up... 2024, 15, 103MIN



# FilmFinder

The best of the week at a glance

## Action



**Daylight**  
*Saturday, 9pm, Legend* ★★★  
 Taxi driver and disgraced rescue expert Sylvester Stallone is the ideal man to save the day when an explosion blocks a New York tunnel at both ends. Tense and exciting hokum. 1996, 12, 114MIN



**The Three Musketeers: D'Artagnan**  
*Sunday, 1.40pm & 12.20am, Sky Action* ★★★★★  
 With astonishing single-take fight scenes, this sumptuous take on the classic is a cut above. Subtitled. 2023, 15, 121MIN



**Shooter**  
*Monday, 9.35am & 5.35am, Sky Hits* ★★★★★  
 Mark Wahlberg is fighting-fit as an ex-Marine sharpshooter on the run after he's framed for a political assassination. A classy, edgy thrill ride. 2007, 15, 126MIN



**Entrapment**  
*Thursday, 9pm, Legend* ★★★  
 Cat burglar Sean Connery is seduced by insurance investigator Catherine Zeta-Jones into a daring robbery in Kuala Lumpur on the eve of the millennium. A slick, twisty slice of fun. 1999, 12, 112MIN

## Animation



**Chicken Run: Dawn of the Nugget**  
*On demand, Netflix* ★★★★★  
 This sequel to 2000's *Chicken Run* is a quirky, hilarious delight as Ginger, Rocky and co discover Mrs Tweedy is hatching an evil new plan. 2023, PG, 97MIN



**Riverdance: The Animated Adventure**  
*Saturday, 7.50am & 9pm, Sky Animation* ★★★★★  
 This charming and cute yarn, set in the mythical world of an extinct Irish elk, sees the theatrical hit reborn. 2021, U, 90MIN



**Migration**  
*Monday, 7pm, Sky Animation* ★★★★★  
 A bright and breezy cartoon (voiced by the likes of Kumail Nanjiana, Awkwafina and David Mitchell) in which a fearful mallard dad and his adventurous family head to sunny Jamaica. 2023, U, 91MIN



**Rabbit Academy**  
*Tue, 11.30pm, Sky Animation* ★★★★★  
 A city rabbit training to become a magical Easter bunny tries to save the tradition from a rival and a bunch of egg-destroying foxes in this heart-warming animation. 2022, U, 76MIN

## Drama



**Detroit**  
*Tue, 8pm, Sky Black Talent* ★★★★★  
 Mixing archive footage and searing reconstructions, this incendiary drama immerses us in the 1967 Detroit riots. John Boyega and Will Poulter stand out among a superb cast. 2017, 15, 143MIN



**A Thousand and One**  
*Thu, 3.35pm, Sky Black Talent* ★★★★★  
 Teyana Taylor is sensational as a free-spirited hairdresser in 1990s New York who, after a period of incarceration, is determined to protect her son from the foster care system. 2023, 15, 117MIN

## EDITOR'S CHOICE



**The Silent Twins**  
*On demand, Netflix* ★★★★★  
 Letitia Wright and Tamara Lawrance are superb as real-life twins June and Jennifer Gibbons in this beautifully crafted drama. The only West Indian kids in 1970s Haverfordwest, the girls suddenly will only communicate with each other. They retreat into fantasy (realised with top-notch animation) and end up at Broadmoor. There Jodhi May's journalist Marjorie Wallace (on whose book this is based) tries to help. On all week. 2022, 18, 113MIN

## Sci-Fi



**I, Robot**  
*Saturday, 6.40pm, Film4* ★★★★★  
 Inspired by the *Robot* stories of Isaac Asimov, this action-packed thriller gives Will Smith a great role as a robot-hating police detective investigating whether one killed a scientist. 2004, 12, 115MIN



**Enemy Mine**  
*Sunday, 4.40pm, Film4* ★★★  
 Though too erratically paced, this is an enjoyable, striking-looking outer-space combination of *Hell in the Pacific* and *Robinson Crusoe*. Dennis Quaid and Louis Gossett Jr star. 1985, 15, 108MIN



**Arrival**  
*Monday, 7.35am & 3.55pm, Sky Hits* ★★★★★  
 Alien spacecraft are dotted about Earth and Amy Adams and Jeremy Renner try to find out what the visitors want in this terrific, intelligent sci-fi. 2016, 12, 116MIN



**Gravity**  
*Thursday, 2.50pm & 10.10pm, Sky Ultimate Sci-Fi* ★★★★★  
 Astronauts Sandra Bullock and George Clooney become stranded in space in Alfonso Cuarón's groundbreaking sci-fi that won seven Oscars. 2013, 12, 91MIN



# Weekend movies

## Saturday 19 October

DRAMA

### Babylon

On demand, Netflix

★★★★

Sex ●●● Violence ●●● Language ●●●

**Over three lurid**, frenetic hours, writer-director Damien Chazelle's film follows starlet Margot Robbie, trumpeter Jovan Adepo, dreamer Diego Calva and silent movie star Brad Pitt whose days are numbered in 1920s Hollywood. Parties, premieres and mishap-ridden shoots vividly conjure up Tinseltown's golden era and reveal the depths to which those seduced by it will descend, culminating in an extraordinary psychedelic montage on the moving image's evolution. From 18 October. 2022, 18, 189MIN



Getting carried away: Margot

CLASSIC

### All About Eve

3.10pm, BBC2

★★★★★

Sex ●●● Violence ●●● Language ●●●

George Sanders' razor-sharp turn as a cynical drama critic won one of this classic's six Oscars (it was nominated for a record 14). Bette Davis also has a scintillating role (and delivers the legendary line 'Fasten your seat belts, it's going to be a bumpy night!') as a stage actress who sees venomous young Anne Baxter clawing past her on her way to fame. Still the wittiest celebration of the back-biting behind the big smiles of showbiz. 1950, U, 138MIN

HORROR

### Smile

9.20pm, C4

★★★★★

Sex ●●● Violence ●●● Language ●●●

Psychiatrist Sosie Bacon witnesses a patient commit violent suicide, all the while maintaining a horrifying smile. She then becomes convinced that something is out to kill her, with only a hideous smirk to identify it. Kyle Gallner is a detective who tries to help her get to the bottom of it all. A script with humour and bite mixed with top-drawer acting and some genuinely frightening scares, this is a seat-squirming delight. 2022, 18, 115MIN

MYSTERY

### The Empty Man

11.10pm, Film4

★★★

Sex ●●● Violence ●●● Language ●●●

This mysterious chiller begins with a strange 20-odd minute prologue before we get to the meat of the tale, in which ex-cop James Badge Dale searches for his neighbour's missing teen daughter. But his journey takes a multitude of bizarre turns... Despite a hefty run time, the film is always engaging, helped enormously by a magnetic Dale, and while the final act may leave some scratching their heads, it seems destined for cult status. 2020, 18, 137MIN

COMEDY DRAMA

### Do the Right Thing

12.35am, BBC2

★★★★★

Sex ●●● Violence ●●● Language ●●●

Director Spike Lee's superb drama shows how festering racial unrest can escalate into a full-scale riot. Set in and around a New York pizza parlour run by Danny Aiello, it introduces a vast array of people from an area already sweltering in a heatwave and about to explode into violence. The bitter humour cuts through the political rhetoric to get to the heart of the matter. 1989, 18, 120MIN

Full listings start on p35

## Sunday 20 October

SCI-FI ACTION

### The Tomorrow War

10.15pm, ITV1

★★★

Sex ●●● Violence ●●● Language ●●●

**Soldiers arrive from** the future to reveal that in 11 months humanity will be wiped out by savage aliens – and they're here to draft recruits. One such newbie is Chris Pratt's teacher, who is propelled into the future to fulfil his seven-day tour-of-duty. The idea of suburban dads and soccer moms taking up arms to fight ETs is a lot of fun, but the film is let down by its clunky dialogue, an odd absence of humour given Pratt's presence and a lack of genuine emotional heft. Also on Thursday. 2021, 12, 140MIN



Looking ahead: Chris

PREMIERE

COMEDY MUSICAL

### Mean Girls

4.05pm & 5am, Sky Cinema Comedy

★★★★

Sex ●●● Violence ●●● Language ●●●

Returning to her canny 2004 film (via Broadway), writer Tina Fey offers tweaks more than a rethink. Angourie Rice's brainy newcomer at school struggles to position herself between outsiders Auli'i Cravalho and Jaquel Spivey and Reneé Rapp's Plastics. The cookie-cutter songs make for a saggy second half, but Rice and Rapp contrast nicely and the adults (including Jon Hamm and Fey herself) have fun. 2023, 12, 112MIN

THRILLER

### Unfaithful

9pm, Legend

★★★★★

Sex ●●● Violence ●●● Language ●●●

Comfortably and apparently happily married to Richard Gere for 11 years, Diane Lane bumps into artist Olivier Martinez one day and embarks on a steamy affair – with fateful results. Marvellously well-observed and smoulderingly intense, this glossy, intelligent thriller, based on Claude Chabrol's 1968 film, *La Femme Infidèle*, has a brilliant payoff and Gere and the Oscar-nominated Lane give knockout performances. 2002, 15, 123MIN

HORROR

### The Crazies

10pm, Sky Halloween

★★★★★

Sex ●●● Violence ●●● Language ●●●

In this edgy and polished remake of George A Romero's 1973 cult chiller, people suddenly start going into mindless, murderous rampages in a small town. Sheriff Timothy Olyphant tries to work out what's happening but, when martial law is declared and the army steps in, he and a band of heavily armed survivors fight back. The script manages the dialogue, shocks and scares persuasively and it's finely acted by Olyphant, Radha Mitchell and Joe Anderson. 2010, 15, 101MIN

HORROR COMEDY

### Housebound

11.35pm, BBC2

★★★★★

Sex ●●● Violence ●●● Language ●●●

Scowling twentysomething Morgana O'Reilly is electronically tagged after robbing an ATM. She's confined to her detested childhood home along with her garrulous mum (Rita Ye Wiata), who is convinced the place is haunted... Adeptly balancing the laughs and shocks, this funny, offbeat and heart-in-mouth suspenseful New Zealand film's a winner. 2014, 18, 107MIN

Full listings start on p45

## PAY-PER-VIEW PREMIERES

The pick of the week's films on Sky, Virgin and other platforms



Digging in: Matt

HORROR

### Starve Acre

From Monday

★★★★★

Sex ●●● Violence ●●● Language ●●●

In 1970s Yorkshire, nature seems inexplicably and implacably opposed to the arrival of Matt Smith's archaeologist (who has inherited the titular farmhouse from his estranged father), his wife Morfydd Clark and their troubled son (Arthur Shaw). Their hopes that the fresh start will be beneficial to their introspective, asthmatic lad are quickly dashed as violence and tragedy drive a wedge between the couple. Meanwhile, an ancient oak tree with pagan significance and a skeletal hare that's resurrected fill the viewer with fearful foreboding in a chilling and unnerving spine-tingler. 2023, 15, 98MIN



Warning signs: Blake

DRAMA

### It Ends with Us

From Wednesday

★★★★

Sex ●●● Violence ●●● Language ●●●

A story involving domestic violence and coercive control comes with an incongruously glossy sheen in this take on Colleen Hoover's bestseller. Blake Lively plays Lily, who falls for neurosurgeon Ryle (Justin Baldoni, also directing) despite warning signs of his volatile streak. When it comes to the assaults its protagonist endures, Christy Hall's screenplay is admirably astute, carrying a ring of emotional truth. Yet Baldoni's lush melodrama has a surface superficiality that seems too content to wallow in fantasy. 2024, 15, 125MIN



# Weekday movies

## Monday 21 October

ROMCOM

### Crazy Rich Asians

10.35am & 8pm, Sky Cinema Comedy

★★★★

Sex ●●● Violence ●●● Language ●●●

**This breezy romcom** stars Constance Wu as a New Yorker in for a shock when she discovers her long-time boyfriend (Henry Golding) comes from a fabulously rich family – and that he is the highly eligible bachelor heir to their enormous fortune. But will she fit in with his impossibly swanky moneyed set? And, most importantly, will his intimidating mother (Michelle Yeoh) deem her worthy of her son? Based on Kevin Kwan's best-selling 2013 novel, this film is old-fashioned, but always endearing. 2018, 12, 121MIN

Sparks fly: Henry and Constance



CLASSIC THRILLER

### Rear Window

11.55am & 12.15am, Sky Thriller

★★★★★

Sex ●●● Violence ●●● Language ●●●

One of Alfred Hitchcock's best thrillers stars James Stewart as a photographer housebound with a broken leg. Spying on his neighbours, he's convinced one (Raymond Burr) has murdered his wife. Besides the mounting, nail-biting suspense, there are prime performances from Stewart, Grace Kelly and Thelma Ritter. Hitch's cameo is about half an hour in, winding the clock in the songwriter's apartment. 1954, PG, 112MIN

DRAMA

### Philadelphia

3.30pm, Sky Drama

★★★★★

Sex ●●● Violence ●●● Language ●●●

Oscar-winning Tom Hanks stars as a gay lawyer who believes that he has been sacked by his plush Philadelphia law firm because he has AIDS. His long fight for justice starts with him hiring homophobic wheeler-dealer attorney Denzel Washington to sue them. Director Jonathan Demme's persuasive, superbly acted film deals with its issues in a restrained manner, though the sentimentality is poured on a little thickly. 1993, 12, 122MIN

SUPERHERO

### Venom

9pm, Film4

★★★★

Sex ●●● Violence ●●● Language ●●●

As shabby investigative journalist Eddie Brock, Tom Hardy accidentally bonds with an alien life form at bad guy Riz Ahmed's lab, which gives him superpowers and turns him into Venom, an antihero with big teeth and a taste for human brains. The film looks murky and is muddled, but there are lots of darkly funny laughs and exciting action – and Hardy is great fun. The sequel, *Let There Be Carnage*, is on Tuesday on Film4 at 9pm. 2018, 15, 112MIN

HORROR

### In the Earth

1.15am, Film4

★★★

Sex ●●● Violence ●●● Language ●●●

Ben Wheatley's folk horror (shot over a socially distanced summer) follows Joel Fry and Ellora Torchia on a fraught trek through hostile woods, where they encounter abandoned tents, shoe thieves and a sinister Reece Shearsmith. With the unsettling atmosphere amped up by a superb synth score, it's a pity that Wheatley's relative restraint slips for a final-act freakout. 2021, 15, 108MIN

Full listings start on p55

## Tuesday 22 October

ACTION

### John Wick: Chapter 4

On demand, Netflix

★★★★

Sex ●●● Violence ●●● Language ●●●

**Keanu Reeves' reluctant** assassin John Wick just wants to find peace once and for all, but in this fourth film it's all-out war as the bounty on his head climbs, again and again. But a globetrotting fight for survival offers him the glimmer of a chance to break free... Reeves is as cool as ever, but the baddies – Donnie Yen, Bill Skarsgård, Scott Adkins, Rina Sawayama and Shamier Anderson – give him a run for his money. The stunts and set pieces will leave you agog and at its best this *Wick* shines oh-so-brightly. 2023, 15, 169MIN

Peace of the action: Keanu



DRAMA

### Fremont

10.55pm, Film4

★★★★

Sex ●●● Violence ●●● Language ●●●

**PREMIERE** An Afghan refugee (impressively played by real-life refugee Anaita Wali Zada in her debut) struggles to find her feet in California. A former translator for the US military, she works in a San Francisco fortune cookie factory and, contending with loneliness, insomnia and possibly PTSD, she reaches out by sending a special message in a cookie. Jeremy Allen White also stars in this engaging, strikingly shot and quietly deadpan film. 2023, 12, 92MIN

MYSTERY

### Personal Shopper

11.35pm,

GREAT! movies

★★★★

Sex ●●● Violence ●●● Language ●●●

A strange mystery thriller with Kristen Stewart as a personal shopper to a globetrotting socialite, flitting between high-fashion boutiques and ateliers in Paris and London. She is also a grief-stricken medium trying to make contact with her recently deceased twin brother. The narrative is slow-paced and odd, but the mix of ghost story, psychological drama and chiller is genuinely spooky and unsettling. 2016, 15, 105MIN

DRAMA

### Locke

12.45am, Film4

★★★★

Sex ●●● Violence ●●● Language ●●●

You wouldn't think a film in which a man simply drives from Birmingham to London could possibly be gripping, but Tom Hardy proves spellbinding as building-site manager Ivan Locke in this unusual drama that unfolds in real time. As he talks to unseen colleagues and loved ones on his phone (including Olivia Colman, Ruth Wilson and Andrew Scott), it becomes apparent that his life is slowly unravelling. 2013, 15, 85MIN

SUPERHERO

### Logan

2.05am, C4

★★★★

Sex ●●● Violence ●●● Language ●●●

Hugh Jackman's back as Logan, aka Wolverine, in a grim, gritty and sombre movie set in 2029 where mutants are in decline. A bruised and battered Logan, along with Stephen Merchant's Caliban, care for Patrick Stewart's Professor X, whose terrible psychic seizures are leaving tremendous collateral damage. Then up pops Dafne Keen's razor-clawed youngster in need of help... 2017, 15, 137MIN

Full listings start on p65

## Wednesday

BIOPIC

### Straits

6.20pm & 5.25am,

Sky Cinema Comedy

★★★★

Sex ●●● Violence ●●● Language ●●●

**A cute Border** terrier, Reggie (voiced by Will Ferrell), is dumped in the city by deadbeat owner Will Forte, where he meets Boston terrier Bug (Jamie Foxx), Australian shepherd Maggie (Isla Fisher) and



Paw patrol: Bug and Reggie

CLASSIC CAPER

### The Sting

1.30pm, Legend

★★★★★

Sex ●●● Violence ●●● Language ●●●

Having established such an easygoing on-screen chemistry in *Butch Cassidy and the Sundance Kid*, it was inevitable that Paul Newman and Robert Redford would be cast opposite each other again. The result is a delightful caper movie that sees them playing conmen in 1930s Chicago out for revenge against ruthless mobster Robert Shaw. The film set the box office alight and also picked up seven Oscars, including Best Film. 1973, PG, 129MIN

DRAMA

### Call Jane

9pm, Film4

★★★★

Sex ●●● Violence ●●● Language ●●●

In 1968 Chicago, Elizabeth Banks' posh, frightened housewife Joy tries to illegally end a life-threatening pregnancy and stumbles upon The Janes, female activists providing safe, secret terminations. This timely drama adroitly switches to police-dodging, underground-activist adventure as Banks, showing off surprising dramatic chops, fuels the plot with a tug-of-war between her family and her activism. 2022, 12, 121MIN



23 October

soft-hearted Great Dane Hunter (Randall Park). Reggie's new best buds convince him being a stray is where it's at, but Reggie now wants to make Forte pay – in the most eye-watering way possible... This expletive-riddled comedy revels in bad taste but is also genuinely touching – and absolutely hilarious. 2023, 15, 93MIN



**HORROR**  
**Five Nights at Freddy's**  
10pm, Sky Hits ★★

Sex ●●● Violence ●●● Language ●●●  
'This is going to be so much fun!' cackles a baddie in this big-screen take on the popular videogame. Alas, this ploddingly predictable puppet show rarely delivers on that promise. Josh Hutcherson is the security guard who discovers that the eponymous restaurant's quartet of bestial mascots has the power to come alive. Sadly, they're about as scary as Barney the dinosaur. 2023, 15, 109MIN

**COMEDY HORROR**  
**Bad Hair**  
2.10am, C4 ★★

Sex ●●● Violence ●●● Language ●●●  
This horror comedy, in which a 1989 music TV worker (Elle Lorraine) gets a weave with a murderous life of its own, has more than just killer follicles on its mind as it examines black culture during hip-hop's rise into the mainstream. Braiding OTT, tongue-in-cheek visuals and serious themes may not appeal to everyone, but it's engaging with hair-raising moments. 2020, 15, 102MIN

Full listings start on p75

Thursday 24 October

COMEDY DRAMA

**Instant Family**

6.45pm, Film4

★★★★

Sex ●●● Violence ●●● Language ●●●

**Delivering a winning** mixture of heartfelt emotion and exasperating humour, Mark Wahlberg and Rose Byrne play a couple who agree to foster three siblings (Isabela Moner, Gustavo Quiroz and Julianna Gamiz). Though Wahlberg and Byrne are completely out of their depth, their determined efforts to cope prove both funny and touchingly feel-good. And the fact that the film is inspired by real events from the life of writer-director Sean Anders only makes it more touching. 2018, 12, 118MIN



They're all in it together

**ROMCOM**  
**Hitch**

6.30pm, GREAT! movies ★★★

Sex ●●● Violence ●●● Language ●●●

Here's a jolly romcom with Will Smith as a 'date doctor' who tutors hapless clients (including Kevin James) on how to win the partner of their dreams, but is much less effective at sorting out his own romance with a cynical Eva Mendes. There are some embarrassing moments, but Smith and Mendes have charm – and the kissing lesson is wildly funny. It's no masterpiece, but a pleasant diversion thanks to the charm of the stars. 2005, 12, 118MIN

**BIOPIC**  
**Bohemian Rhapsody**

11.05pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

An Oscar-winning Rami Malek looks and moves the part as Freddie Mercury, the legendary frontman of rock gods Queen, in this rousing biopic chronicling the years leading up to the band's epochal 1985 Live Aid performance at Wembley. Unashamedly corny in places, and not a little clunky in others, the movie gets things absolutely right where it matters most – capturing the electrifying excitement of the band's music. 2018, 12, 134MIN

Full listings start on p85

**DRAMA**  
**All Is True**

11.05pm, BBC2 ★★★

Sex ●●● Violence ●●● Language ●●●

Ben Elton made fun of a social-climbing William Shakespeare in his sitcom *Upstart Crow*, but he is playing things more or less straight with this intimate look at the Bard in retirement. Kenneth Branagh directs and takes on the role of Shakespeare, back in Stratford-Upon-Avon with his wife Anne Hathaway (Judi Dench). The film is a little po-faced, but springs to life when a twinkling Ian McKellen turns up as the Earl of Southampton. 2018, 12, 101MIN

**DRAMA**  
**C'mon C'mon**

12.25am, C4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

With Joaquin Phoenix, a monochromatic palette and an intergenerational story, this film is a gem. Documentarian Phoenix's film project centres on gifted youths, so it's perfect timing when his sister (Gaby Hoffmann) asks him to care for her precocious and perceptive son (Woody Norman) for a few weeks. A delightful film of enormous heart and intellect. 2021, 15, 109MIN

Full listings start on p85

Friday 25 October

COMEDY DRAMA

**Zola**

1am, C4

★★★★

Sex ●●● Violence ●●● Language ●●●

**Based on a** rollicking 2015 Twitter thread that gripped the US, this is an ultra-playful, raunchy saga. The action-packed road trip delights in keeping you guessing as canny waitress Zola (Taylour Paige) is enticed into a lapdancing jaunt to Florida with flaky new friend Stefani (Riley Keough). Also along for the ride is Stefani's short-fused 'roommate' (the fun and very frightening Colman Domingo). Zola's ingenuity must keep her alive in what becomes a blackly comic whirlwind of sex work and turf wars. 2020, 18, 86MIN



Facing off: Riley and Taylour

**CLASSIC**  
**Modern Times**

2pm, Sky Arts ★★★★★

Sex ●●● Violence ●●● Language ●●●

Charlie Chaplin skates and sways through a heartless modern world of factory machinery and deserted department store luxury. Probably because its theme of the individual taking on the system outweighs Chaplin's standard insistence on being lovable, this is still genuinely funny. And, much like his character fighting modern times, Chaplin the masterful film-maker proved victorious over sound with this mostly silent classic. 1936, U, 87MIN

**HORROR**  
**Firestarter**

9pm, Film4 ★★

Sex ●●● Violence ●●● Language ●●●

A solid version of Stephen King's 1980 novel about a girl (Ryan Kiera Armstrong) gifted/cursed with pyrokinesis, who flees with her dad (Zac Efron) when a secret government agency seeks to harvest her powers. This version leans harder into the father-daughter dynamic than the previous 1984 Drew Barrymore adaptation and also boasts a nifty score by Cody Carpenter and his famous film director dad John. 2022, 15, 95MIN

**HORROR**  
**X**

10.55pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

It's 1979 and a group of friends have retreated to a Texas farm to make a porn film. Trouble is, the old owners don't know the youngsters' intentions, but when they do, bloody carnage ensues... Ti West's retro horror relishes the look and feel of its era's chillers, but he puts his own devilish spin on proceedings, helped by a more than game cast headed by a wonderfully off-kilter Mia Goth (as both one of the porn party and the farm owner). 2022, 18, 105MIN

**SCI-FI HORROR**  
**The Thing**

1.05am, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

This John Carpenter remake of the 1951 sci-fi classic *The Thing... from Another World* packs a ghastly punch as scientists at an Antarctic station fall prey to an alien capable of mimicking any living thing. However, it's the festering suspicion between Kurt Russell, Wilford Brimley, Richard Dysart and Richard Masur that gives the film its power. 1982, 18, 108MIN

Full listings start on p95



# Sport week

to the best of the action



Norris leads rival Verstappen

# United States Grand Prix

Lando Norris has Max Verstappen in his sights with six races to go

## LIVE MOTORSPORT

Sunday, race starts 8pm, Sky Sports F1 & Sky Sports Main Event

**Just when we** thought the F1 season was turning into a procession for three-time defending champion Max Verstappen, the world-title race looks set for a few more twists and turns before the chequered flag at Abu Dhabi in December.

As F1 roars back at Austin, Texas, on Sunday following a four-week break, the Red Bull driver has seen his lead in the standings cut to 52 points by McLaren's Lando Norris, who has chipped away at his rival's advantage in each of the

four races since F1 returned from its summer hiatus.

### EXCITING FINISH

With six Grands Prix (including an extra point for the fastest lap) and three sprints to go, a maximum of 180 points is up for grabs, meaning Norris needs to close the gap on the champion by an average of 8.7 points each race – more than the gap between the points for first and second place – in order to win the title in Abu Dhabi.

Last year, Verstappen claimed victory at Austin, with Norris promoted to second place when Mercedes' Sir Lewis Hamilton

was disqualified. But this year has proved far less dominant for the Dutchman, who has not won a race in any of the last eight outings, and British driver Norris has him in his cross hairs.

'I still have a lot of points to catch up, and it's not going to be easy. Red Bull and Max are the most dominant pairing we've ever seen in F1,' says Norris, 24, whose win in Singapore last time out was his third of the season, following triumphs in Miami, Florida, and Zandvoort in the Netherlands.

'We are doing a better job as a team right now because our car is quicker. And I'm working my butt

off to try to make sure we catch up. If I keep doing what I did in Singapore, then it's definitely possible – but we need to do it at every race until the end of the year.'

### FRESH FACE

Meanwhile, Verstappen will be joined by new teammate Liam Lawson for Austin following Red Bull's decision to drop Daniel Ricciardo. The New Zealander previously came in for five races last season when Ricciardo suffered a broken wrist, and the 22-year-old will be looking to stake a claim for a permanent position with Red Bull next season.





## DRIVER STANDINGS

- MAX VERSTAPPEN**  
Red Bull, 331pts
- LANDO NORRIS**  
McLaren, 279pts
- CHARLES LECLERC**  
Ferrari, 245pts
- OSCAR PIASTRI**  
McLaren, 237pts
- CARLOS SAINZ JR**  
Ferrari, 190pts
- SIR LEWIS HAMILTON**  
Mercedes, 174pts



### LIVE HORSE RACING

## British Champions Day

Saturday, from 1pm, ITV1

The Ascot showpiece always finishes the flat-racing season in style, and Saturday's six-race grand finale should be no exception with more than £4 million prize money on offer. The card begins with the Long Distance Cup (1.20pm), in which star attraction Kyprios takes on 2023 winner Trawlerman, before trainer Roger Varian will be backing his four-year-old grey Charyn to get the better of last year's winner, Big Rock, in the Queen Elizabeth II Stakes (3.15pm). The biggest race of the afternoon, the Champion Stakes (3.55pm), is set to feature one of the stars of the season, Economics, who was ridden by Tom Marquand to victory in the Irish equivalent in Leopardstown last month.



Silvestre de Sousa riding Charyn

Economics, ridden by Tom Marquand (right)



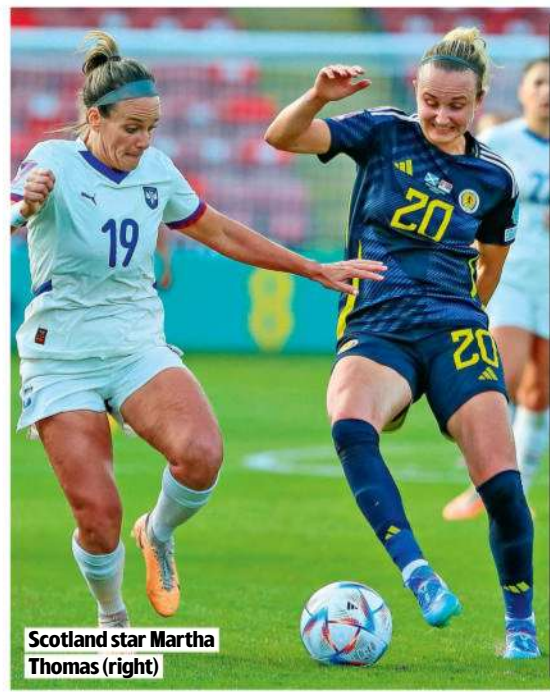
Australia were 2023 champions

### LIVE CRICKET

## Women's T20 World Cup Final

Sunday, play starts 3pm, Sky Sports Cricket

It will be a major surprise if Australia aren't lining up at the Dubai International Cricket Stadium for Sunday's World Cup final. The defending champions are the game's dominant side and have a team full of match-winners, including all-rounder Ashleigh Gardner. Meanwhile, Pakistan and England's men meet in Rawalpindi for the third and final Test of the series (from Thu, play starts 6am, Sky Sports Cricket & Sky Sports Main Event).

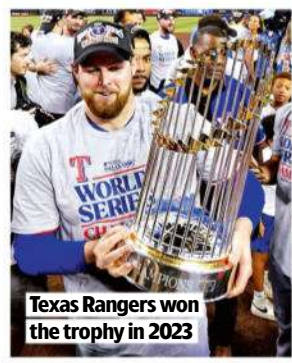


Scotland star Martha Thomas (right)

### LIVE FOOTBALL

## Women's Euro 2025 play-offs

Fri, BBC2 (Wales only) & BBC iPlayer  
England have sealed a place in next year's finals in Switzerland – but seven places are still to be decided. This week, the other home nations all play away in the first legs of their first-round play-offs. Wales go to Slovakia (4.30pm, BBC2 in Wales & BBC iPlayer), Northern Ireland visit Croatia (6pm, BBC iPlayer), while Spurs striker Martha Thomas will want to help Scotland return from Hungary (5.15pm, BBC iPlayer) with an advantage ahead of next week's second legs. Elsewhere, the Lionesses play a friendly at Wembley against Germany (Friday, 7.30pm, ITV1).



Texas Rangers won the trophy in 2023

### LIVE BASEBALL

## World Series

Friday, TNT Sports 1

Friday sees the first game in this year's best-of-seven World Series. Last year, the Texas Rangers became champions for the first time in the franchise's history after besting the Arizona Diamondbacks by four games to one. The Rangers

failed to make the play-offs this season, while teams such as the LA Dodgers, Detroit Tigers, New York Mets and New York Yankees were all still in the running as we went to press.

## Sport A-Z and football planner >>>



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# Sport week A-Z GUIDE

## AMERICAN FOOTBALL

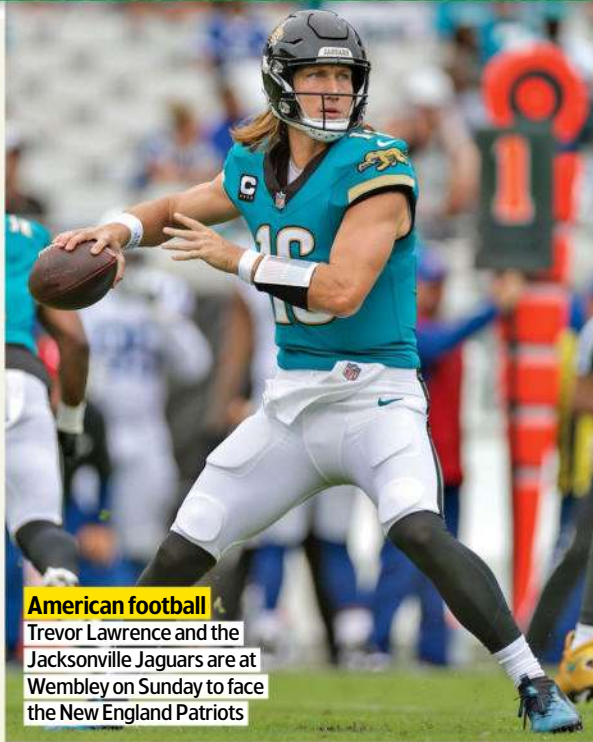
- LIVE** Louisville Cardinals v Miami Hurricanes  
Sat 5pm Sky Sports NFL
- LIVE** Tennessee Volunteers v Alabama Crimson Tide  
Sat 8.30pm Sky Sports NFL
- LIVE** Texas Longhorns v Georgia Bulldogs  
Sat 12.30am Sky Sports NFL & 1am Sky Sports Main Event
- LIVE** New England Patriots v Jacksonville Jaguars  
Sun 2pm ITV1  
The NFL game at Wembley Stadium.
- LIVE** NFL  
Sun 5.30pm & 9pm Sky Sports NFL, 10pm Sky Sports Main Event
- LIVE** Pittsburgh Steelers v New York Jets  
Sun 1.10am Sky Sports Main Event & Sky Sports NFL
- LIVE** Tampa Bay Buccaneers v Baltimore Ravens  
Mon 1am Channel 5, Sky Sports Main Event & Sky Sports NFL  
The NFL week-seven match at Raymond James Stadium.
- LIVE** Arizona Cardinals v Los Angeles Chargers  
Mon 1.45am Sky Sports Mix
- LIVE** Los Angeles Rams v Minnesota Vikings  
Thu 12m't Sky Sports Main Event & Sky Sports NFL

## ATHLETICS

- LIVE** Golden Trail World Series  
Sat & Sun 10.30am Euro1
- LIVE** Amsterdam Marathon  
Sun 7.45am Euro1

## AUSTRALIAN RULES

- LIVE** Melbourne Demons Women v Richmond Tigers Women  
Sat 7am TNT Sports 1
- LIVE** West Coast Eagles Women v Fremantle Dockers Women  
Sat 9am TNT Sports 4
- LIVE** Geelong Cats Women v Brisbane Lions Women  
Sat 3am TNT Sports 3
- LIVE** Essendon Bombers Women v North Melbourne Tasmanian Kangaroos Women  
Sat 5am TNT Sports 3
- LIVE** Collingwood Magpies Women v Adelaide Crows Women  
Sun 7am TNT Sports 3



**American football**  
Trevor Lawrence and the Jacksonville Jaguars are at Wembley on Sunday to face the New England Patriots

- LIVE** Hawthorn Hawks Women v Melbourne Demons Women  
Thu 9.30am TNT Sports 3
- LIVE** Adelaide Crows Women v North Melbourne Tasmanian Kangaroos Women  
Fri 9.30am TNT Sports 3
- LIVE** GWS Giants Women v Fremantle Dockers Women  
Fri 4am TNT Sports 3

## BADMINTON

- LIVE** Denmark Open  
Sat 2.15pm TNT Sports 3

## BASEBALL

- LIVE** MLB Play-offs  
Sat & Sun 12.30am, Mon 9pm TNT Sports 1, Mon & Tue 12.30am TNT Sports 2
- LIVE** MLB World Series  
Fri 12.30am TNT Sports 1  
Coverage of game one of the best-of-seven series. See p29.

## BASKETBALL

- LIVE** WNBA Finals Game Five  
Sun 1am TNT Sports 2
- LIVE** Boston Celtics v New York Knicks  
Tue 12.30am TNT Sports 1
- LIVE** Los Angeles Lakers v Minnesota Timberwolves  
Tue 3am TNT Sports 1
- LIVE** Philadelphia 76ers v Milwaukee Bucks  
Wed 12.30am TNT Sports 1
- LIVE** Dallas Mavericks v San Antonio Spurs  
Thu 12.30am TNT Sports 3
- LIVE** Denver Nuggets v Oklahoma City Thunder  
Thu 3am TNT Sports 3

- LIVE** New York Knicks v Indiana Pacers  
Fri 12.30am TNT Sports 4
- LIVE** Los Angeles Lakers v Phoenix Suns  
Fri 3am TNT Sports 4

## BOXING

- LIVE** Adam Azim v Ohara Davies  
Sat 7pm Sky Sports+ & 8pm Sky Sports Main Event  
The super-lightweight bout at Copper Box Arena, London.

## COMBAT SPORTS

- LIVE** UFC Fight Night Prelims  
Sat 7pm TNT Sports 1
- LIVE** Michel Pereira v Anthony Hernandez  
Sat 9pm TNT Sports 1  
The middleweight bout at UFC Apex.

## CRICKET

- LIVE** Pakistan v England  
Sat 6am Sky Sports Main Event & Sky Sports Cricket  
Day five of the second Test from Multan Cricket Stadium.
- LIVE** India v New Zealand  
Sat 4.45am TNT Sports 1  
Day five of the first Test.
- LIVE** Sri Lanka v West Indies  
Sun 9.45am TNT Sports 4  
The first ODI from Pallekele International Cricket Stadium.
- LIVE** Women's T20 World Cup  
Sun 2.30pm Sky Sports Cricket  
The final from Dubai International Cricket Stadium. See page 29.
- LIVE** Sri Lanka v West Indies  
Wed 9.45am TNT Sports 2  
The second ODI.
- LIVE** India v New Zealand  
Wed-Fri 4.45am TNT Sports 1  
Days one to three of the second Test.
- LIVE** Pakistan v England  
Thu 5.30am & Fri 6am Sky Sports Main Event; Thu 5.30am & Fri 5.50am Sky Sports Cricket  
Days one and two of the third Test from Rawalpindi Cricket Stadium.

- LIVE** India v New Zealand  
Thu 8.45am TNT Sports 2  
Coverage of the first ODI.

## CYCLING

- LIVE** Cyclo-Cross  
Sat 1pm & 1.55pm Euro1  
Coverage from Essen, Belgium.
- LIVE** Track World Championships  
Sat 5.25pm BBC2, 5.30pm Euro2 & 7.20pm BBC3; Sun 2.25pm BBC2  
At Ballerup Super Arena, Denmark.

## DARTS

- LIVE** European Championship  
Thu & Fri 6pm ITV4  
Days one and two from Dortmund.

## GOLF

- LIVE** BMW Ladies Championship  
Sat & Sun 6am Sky Sports Golf; Sun 6am Sky Sports Main Event  
Coverage of days three and four from Seowon Valley Country Club.
- LIVE** Estrella Damm NA Andalusia Masters  
Sat 12.30pm & Sun 10am Sky Sports Golf; Sat 3pm Sky Sports Main Event  
Coverage of days three and four from Real Club de Golf Sotogrande.
- LIVE** Shriners Children's Open  
Sat & Sun 10pm Sky Sports Golf  
The third and fourth days at TPC Summerlin, Las Vegas.
- LIVE** Zozo Championship  
Wed-Fri 4am Sky Sports Golf  
Days one to three from Inzai.
- LIVE** Genesis Championship  
Wed & Thu 4am, Fri 3.30am Sky Sports+; Thu & Fri 8am Sky Sports Golf  
Coverage of days one and two at Jack Nicklaus Golf Club Korea.

## HORSE RACING

- LIVE** Ascot  
Sat 1pm ITV1  
British Champions Day. See p29.
- LIVE** Cheltenham  
Fri 1.30pm ITV1  
Day one of the showcase meeting.

## ICE HOCKEY

- LIVE** Florida Panthers v Vegas Golden Knights  
Sat 11pm Premier Sports 1
- LIVE** Utah Hockey Club v Boston Bruins  
Sat 2am Premier Sports 2
- LIVE** San Jose Sharks v Colorado Avalanche  
Sun 1am Premier Sports 1
- LIVE** Anaheim Ducks v Los Angeles Kings  
Sun 1am Premier Sports 2
- LIVE** Toronto Maple Leafs v Tampa Bay Lightning  
Mon 12.30am Premier Sports 1
- LIVE** Philadelphia Flyers v Washington Capitals  
Tue 11pm Premier Sports 1
- LIVE** Montreal Canadiens v New York Rangers  
Tue 12.15am Premier Sports 2
- LIVE** Edmonton Oilers v Carolina Hurricanes  
Tue 2am Premier Sports 1
- LIVE** Vegas Golden Knights v Los Angeles Kings  
Wed 4am Premier Sports 2

- LIVE** Brynas v HV71  
Thu 6pm Premier Sports 1
- LIVE** Toronto Maple Leafs v St Louis Blues  
Thu 12m't Premier Sports 1
- LIVE** Utah Hockey Club v Colorado Avalanche  
Thu 2am Premier Sports 2
- LIVE** Vegas Golden Knights v Ottawa Senators  
Fri 11pm Premier Sports 1
- LIVE** Edmonton Oilers v Pittsburgh Penguins  
Fri 2am Premier Sports 2

## MOTORCYCLING

- LIVE** World Superbikes  
Sat & Sun 9.30am & 11.30am Euro2
- LIVE** Women's Circuit Racing World Championship  
Sat & Sun 10.30am Euro2
- LIVE** MotoGP  
Sat 11.30pm TNT Sports 2
- LIVE** The Grand Prix of Australia Moto3 race  
Sat 12m't TNT Sports 2
- LIVE** The Grand Prix of Australia Moto2 race  
Sat 2am TNT Sports 2
- LIVE** The Grand Prix of Australia MotoGP race  
Sat 3.15am TNT Sports 2  
Coverage from Phillip Island Circuit.
- LIVE** MotoGP  
Thu 3am, Fri 7.15am & 2.30am TNT Sports 2
- LIVE** Grand Prix of Thailand MotoGP qualifying session  
Fri 4am TNT Sports 2

## MOTORSPORT

- LIVE** World Rally Championship  
Sat 6.45am & 8am, Sun 8am & 9.30am TNT Sports 2; Sat 1.15pm TNT Sports 3; Sun 11am SAC
- LIVE** Ferrari Challenge  
Sat 2.55pm, Sun 8.10am, 9.20am & 10.30am Sky Sports F1
- LIVE** Formula 1  
Sat 6pm Sky Sports F1  
United States Grand Prix sprint race.
- LIVE** Formula 1  
Sat 10pm Sky Sports F1 & 10.30pm Sky Sports Main Event  
United States Grand Prix qualifying.
- LIVE** Formula 1  
Sun 6.30pm Sky Sports F1 & 7.15pm Sky Sports Main Event  
The United States Grand Prix at Circuit of the Americas. See p28.
- LIVE** NASCAR  
Sun 7pm Premier Sports 2
- LIVE** Formula 1  
Fri 7pm & 10.45pm Sky Sports F1, 10.45pm Sky Sports Main Event  
Mexico City Grand Prix practices.

## POOL

- LIVE** Ultimate Pool  
Mon 6.30pm TNT Sports 2

## RUGBY LEAGUE

- LIVE** Tonga v Samoa  
Sat 7am Sky Sports Mix
- LIVE** Fiji v Papua New Guinea  
Sat 9.10am Sky Sports Mix

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# Football planner

## RUGBY UNION

- LIVE NPC play-off semi-final**  
Sat 7am Sky Sports+
- LIVE Bristol Bears v Saracens**  
Sat 11.30am TNT Sports 2  
(kick-off 12noon)  
Premiership Women's Rugby match.
- LIVE Zebre v Lions**  
Sat 12.25pm Premier Sports 1
- LIVE Bristol Bears v Saracens**  
Sat 2.15pm TNT Sports 2  
(kick-off 3.05pm) Premiership game.
- LIVE Sharks v Glasgow Warriors**  
Sat 2.30pm Premier Sports 1  
(kick-off 2.45pm)
- LIVE Stormers v Munster**  
Sat 4.45pm Premier Sports 1  
(kick-off 5pm)
- LIVE Edinburgh v Cardiff**  
Sat 5pm Premier Sports 2  
(kick-off 5.15pm)
- LIVE Harlequins v Bath**  
Sat 5.15pm TNT Sports 2  
(kick-off 5.30pm) Premiership game.
- LIVE Dragons v Benetton**  
Sat 7.15pm S4C (k-o 7.35pm)
- LIVE Connacht v Leinster**  
Sat 7.15pm Premier Sports 1  
(kick-off 7.35pm)
- LIVE Leicester Tigers v Gloucester**  
Sun 2.30pm TNT Sports 1 & ITV4  
(kick-off 3pm) Premiership match.
- LIVE Bristol Bears v Northampton Saints**  
Fri 7pm TNT Sports 1  
(kick-off 7.45pm) Premiership tie.
- LIVE Scarlets v Zebre**  
Fri 7pm Premier Sports 1 & BBC2 (Wales only) (k-o 7.35pm)
- LIVE Benetton v Bulls**  
Fri 7.30pm Premier Sports 2

## SAILING

- LIVE America's Cup**  
Sat 1pm TNT Sports 4; Sun 1pm TNT Sports 2; Mon 1pm TNT Sports 1

## SNOOKER

- LIVE Northern Ireland Open**  
Sun-Thu 1pm & 7pm,  
Fri 11.45am & 6.45pm Euro1

## TENNIS

- LIVE WTA and ATP Tours**  
Sat 6am & 3pm, Sun-Tue 3am,  
Thu & Fri 9am Sky Sports+; Sat  
6am & 10am, Sun 12noon & 3am,  
Mon-Wed 3am, Thu 4am Sky  
Sports Tennis; Sun 4.30am, Mon  
5am, Tue & Wed 3am, Thu & Fri  
1.30pm Sky Sports Main Event
- LIVE WTA Japan Open**  
Sat 3am Sky Sports+ & Sky Sports Tennis
- LIVE WTA Ningbo Open**  
Sun 10am Sky Sports+ & Sky Sports Tennis
- LIVE ATP Almaty Open**  
Sun 11am Sky Sports+ & 12noon Sky Sports Tennis
- LIVE ATP Stockholm Open**  
Sun 2pm Sky Sports+ & Sky Sports Tennis
- LIVE ATP European Open**  
Sun 3.30pm Sky Sports+ & 4pm Sky Sports Tennis
- LIVE WTA Pan Pacific Open Tokyo**  
Fri 4am Sky Sports Tennis

## Saturday 19

- LIVE Oxford United v West Bromwich Albion**  
11am Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm)
- LIVE Tottenham Hotspur v West Ham United**  
11am TNT Sports 1  
(kick-off 12.30pm)  
The Premier League match.
- LIVE Athletic Bilbao v Espanyol**  
12noon Premier Sports 2  
(kick-off 1pm)
- LIVE Cardiff City v Plymouth Argyle**  
12.25pm Sky Sports+  
(kick-off 12.30pm)
- LIVE Bournemouth v Arsenal**  
5pm Sky Sports Main Event & Sky Sports Premier League  
(kick-off 5.30pm)  
Coverage of the Premier League match from Vitality Stadium.
- LIVE Stenhousemuir v Alloa Athletic**  
5.20pm BBC Alba
- LIVE Bayern Munich v Stuttgart**  
5.20pm Sky Sports Football  
(kick-off 5.30pm)
- LIVE Kansas City Current v San Diego Wave FC**  
6pm TNT Sports 4 (kick-off 6pm)
- LIVE Celta Vigo v Real Madrid**  
7.30pm Premier Sports 2  
(kick-off 8pm)

## Sunday 20

- LIVE Kilmarnock v Rangers**  
11am Sky Sports Main Event & Sky Sports Football (kick-off 12noon)  
The Scottish Premiership match.
- LIVE Empoli v Napoli**  
11.15am TNT Sports 3  
(kick-off 11.30am)
- LIVE Manchester City v Aston Villa**  
12noon BBC2 (kick-off 12.15pm)  
The WSL match at Joie Stadium.
- LIVE Mallorca v Rayo Vallecano**  
12noon Premier Sports 1  
(kick-off 1pm)
- LIVE Wolverhampton Wanderers v Manchester City**  
1pm Sky Sports Premier League & 2pm Sky Sports Main Event (kick-off 2pm)  
Premier League match at Molineux.
- LIVE Hull City v Sunderland**  
2.30pm Sky Sports Football  
(kick-off 3pm)
- LIVE Atlético Madrid v Leganes**  
3pm Premier Sports 1  
(kick-off 3.15pm)
- LIVE Hibernian v Rangers**  
4pm BBC Alba (kick-off 4.10pm)  
The SWPL match at Meadowbank.
- LIVE Liverpool v Chelsea**  
4pm Sky Sports Main Event & Sky Sports Premier League  
(kick-off 4.30pm)  
Premier League match at Anfield.
- LIVE Villarreal v Getafe**  
5.15pm Premier Sports 1  
(kick-off 5.30pm)



**LIVE PREMIER LEAGUE**

## Bournemouth v Arsenal

Saturday, kick-off 5.30pm,  
Sky Sports Main Event & Sky Sports Premier League

The hard-working Kai Havertz has helped Arsenal remain undefeated, just a point behind Liverpool. The Gunners also host Shakhtar Donetsk in the Champions League on Tuesday (8pm, Prime Video).



**LIVE PREMIER LEAGUE**

## Wolves v Manchester City

Sunday, kick-off 2pm,  
Sky Sports Main Event & Sky Sports Premier League

If Erling Haaland can help City go 31 league games unbeaten on the bounce, it would be the club's longest ever run. On Wednesday, they host Sparta Prague in the Champions League (8pm, TNT Sports 2).



**LIVE PREMIER LEAGUE**

## Liverpool v Chelsea

Sunday, kick-off 4.30pm,  
Sky Sports Main Event & Sky Sports Premier League

Enzo Maresca has made a positive start as Chelsea boss, but faces a big test at table-topping Liverpool. In Europe, the Reds travel to RB Leipzig (Wed, 8pm, TNT Sports 1) while the Blues visit Panathinaikos (Thu, 5.45pm, TNT Sports 1).

## LIVE Chelsea v Tottenham Hotspur

6.30pm Sky Sports Football & Sky Showcase, 7.30pm Sky Sports Premier League (kick-off 6.45pm)  
The WSL match at Kingsmeadow.

**LIVE AS Roma v Inter Milan**  
7.30pm TNT Sports 1  
(kick-off 7.45pm)

**LIVE Barcelona v Sevilla**  
7.30pm Premier Sports 1 & ITV4 (kick-off 8pm)

**LIVE Angel City FC v Utah Royals FC**  
12.30am TNT Sports 3  
(kick-off 12.30am)

## Monday 21

**LIVE Bayer Leverkusen Women v Bayern Munich Women**  
5.30pm TNT Sports 1

**LIVE Nottingham Forest v Crystal Palace**  
6.30pm Sky Sports Main Event & Sky Sports Premier League  
(kick-off 8pm)  
The Premier League match.

**LIVE Albacete v Burgos**  
7.25pm Premier Sports 2

**LIVE Valencia v Las Palmas**  
7.30pm Premier Sports 1  
(kick-off 8pm)

## Tuesday 22

**LIVE Aston Villa U19 v Bologna U19**  
1pm TNT Sports 1 (kick-off 1pm)

**LIVE Monaco v Red Star Belgrade**  
5.30pm TNT Sports 4  
(kick-off 5.45pm)  
The Champions League fixture.

**LIVE AC Milan v Club Brugge**  
5.30pm TNT Sports 2  
(kick-off 5.45pm)  
The Champions League match.

**LIVE Real Oviedo v Mirandes**  
5.55pm Premier Sports 2  
(kick-off 6pm)

**LIVE Aston Villa v Bologna**  
7pm TNT Sports 1 (kick-off 8pm)  
The Champions League game in the league phase from Villa Park.

**LIVE Queens Park Rangers v Coventry City**  
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)

**LIVE Leeds United v Watford**  
7.35pm Sky Sports+ (k-o 7.45pm)

**LIVE Juventus v Stuttgart**  
7.45pm TNT Sports 4  
(kick-off 8pm)  
The Champions League match.

**LIVE Real Madrid v Borussia Dortmund**  
7.45pm TNT Sports 2  
(kick-off 8pm)  
The Champions League fixture.

**LIVE Arsenal v Shakhtar Donetsk**  
Prime Video (kick-off 8pm)  
Champions League action.

## Wednesday 23

**LIVE Galatasaray v Elfsborg**  
3.30pm TNT Sports 1  
(kick-off 3.30pm)  
The Europa League fixture.

**LIVE SC Braga v Bodo/Glimt**  
3.30pm TNT Sports 3  
(kick-off 3.30pm)  
Europa League encounter.

**LIVE Atalanta v Celtic**  
5pm TNT Sports 4  
(kick-off 5.45pm)  
The Champions League game.

**LIVE Brest v Bayer Leverkusen**  
5.30pm TNT Sports 3  
(kick-off 5.45pm)  
The Champions League match.

**LIVE Eldense v Zaragoza**  
5.55pm Premier Sports 2

**LIVE Middlesbrough v Sheffield United**  
7pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)

**LIVE RB Leipzig v Liverpool**  
7pm TNT Sports 1 (kick-off 8pm)  
The Champions League match in the league phase at Red Bull Arena.

**LIVE Manchester City v Sparta Prague**  
7pm TNT Sports 2 (kick-off 8pm)  
The Champions League game in the league phase at Etihad Stadium.

**LIVE Luton Town v Sunderland**  
7.35pm Sky Sports+ (k-o 7.45pm)

**LIVE Racing Santander v Cordoba**  
7.55pm Premier Sports 2

**LIVE Barcelona v Bayern Munich**  
8.15pm TNT Sports 4  
(kick-off 8pm)  
The Champions League match.

## Thursday 24

**LIVE Larne v Shamrock Rovers**  
5pm TNT Sports 4  
(kick-off 5.45pm)

**LIVE Panathinaikos v Chelsea**  
5pm TNT Sports 1  
(kick-off 5.45pm)  
The Conference League game.

**LIVE Hearts v Omonia**  
5pm TNT Sports 3 (kick-off 5.45pm)

**LIVE Fenerbahce v Manchester United**  
7pm TNT Sports 2 (kick-off 8pm)  
The Europa League match.

**LIVE New Saints v Astana**  
7.45pm TNT Sports 4 (k-o 8pm)

**LIVE Tottenham Hotspur v AZ Alkmaar**  
7.45pm TNT Sports 1 (k-o 8pm)  
The Europa League match.

**LIVE Rangers v FCSS**  
7.45pm TNT Sports 3 (k-o 8pm)

## Friday 25

**LIVE Slovakia v Wales**  
4.15pm BBC2 (Wales only) & BBC iPlayer (kick-off 4.30pm)  
The Women's Euro 2025 play-off semi-final first-leg. See p29.

**LIVE Hungary v Scotland**  
5.15pm BBC iPlayer  
(kick-off 5.15pm)  
The Women's Euro 2025 play-off semi-final first-leg. See p29.

**LIVE Croatia v Northern Ireland**  
6pm BBC iPlayer (kick-off 6pm)  
The Women's Euro 2025 play-off semi-final first-leg. See p29.

**LIVE England v Germany**  
7pm ITV1 (kick-off 7.30pm)  
Women's friendly at Wembley.

**LIVE Leicester City v Nottingham Forest**  
7pm Sky Sports Main Event & Sky Sports Premier League  
(kick-off 8pm) Premier League.

**LIVE FSV Mainz 05 v Borussia Monchengladbach**  
7.20pm Sky Sports Mix

**LIVE Threave Rovers v Stranraer**  
7.30pm BBC Scotland

**LIVE Portsmouth v Sheffield Wednesday**  
7.30pm Sky Sports Football  
(kick-off 8pm) Championship.



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# Saturday

19 October

## Evening Planner

Saturday

**Football**

**LIVE!** 

**Premier League**  
TNT Sports & Sky Sports  
Top-flight action returns after the international break with Tottenham vs West Ham and Bournemouth v Arsenal.

**Music**

**NEW** 

**Florence + The Machine at the Proms**  
BBC2, 8.20pm  
Florence Welch performs tracks from her 2009 debut album, *Lungs*.

**Documentary**

**NEW** 

**Churchill: Britain's Secret Apartheid**  
C4, 8.20pm  
Nadifa Mohamed looks back at a long forgotten part of World War II history.

**Crime Drama**

**NEW** 

**Blackshore**  
Us&Drama, 9pm (box set, U)  
A Dublin detective (Lisa Dwan) is banished to her hometown and put to work on the case of a missing woman.

	7.00 PM	7.30 PM	8.00 PM	8.30 PM	9.00 PM	9.30 PM	10.00 PM	10.30 PM
<b>FAVOURITES</b>	101 BBC1	6.25 Strictly Come Dancing	8.20 Michael McIntyre's The Wheel	9.20 Apples Never Fall	10.05 News	10.25 Match of the Day		
	102 BBC2	7.20 Solar System	8.20 Florence + the Machine at the Proms	9.50 Later... with Jools Holland	10.35 Alicia Keys...			
	103 ITV1	7.15 Celebrity Catchphrase	8.20 The Voice UK		10.20 News	10.40 Killing...		
	104 CHANNEL 4	7.15 Abandoned Railways from Above	8.20 Churchill: Britain's Secret Apartheid	9.20 Film: Smile				
	105 CHANNEL 5	7.20 Royals in Wartime	8.20 Blenheim Palace: Behind the Grandeur	9.20 Kate: In Her Own Words				
	106 SKY SHOWCASE	7.20 Hitler's British Island	8.20 Clash of Ancient Warriors	9.20 Film: The Mummy				
<b>ENTERTAINMENT</b>	115 BBC3	7.00 David... 7.20 Cycling: Track World Championships - Live: Coverage of day four	9.00 Top Gear	10.10 Two Pints of Lager and a...				
	116 BBC4	7.00 The Wonder of... 7.30 The Cult of - All Creatures...	8.20 All Creatures Great and Small	10.00 Film: The Beasts				
	118 ITV2	7.05 Film: Addams Family Values	9.00 Film: Spy					
	136 MORE4	6.55 Four in a Bed	8.00 999: On the Front Line	9.00 24 Hours in A&E				
	135 E4	7.00 The Big Bang Theory	9.00 Celebrity Gogglebox	10.00 Gogglebox				
	107 SKY WITNESS	7.00 Nothing to Declare	9.00 FBI	10.00 Law & Order: Special Victims Unit				
	108 SKY ATLANTIC	6.45 Billions	7.55 Game of Thrones					
	110 GOLD	7.00 Only Fools and Horses	9.10 Absolutely Fabulous: Inside Out					
	111 U&DAVE	6.40 Mortimer & Whitehouse: Gone...	8.00 Border Force: America's Gatekeepers	9.00 Not Going Out				
	119 ITV3	7.00 Midsomer Murders	9.00 Professor T					
	120 ITV4	7.05 Film: Police Academy 5: Assignment Miami Beach	9.00 English Football League Highlights	10.30 Film: High...				
	112 COMEDY CENTRAL	7.00 Friends	9.00 Film: White Chicks					
139 SKY SCI-FI	7.00 Stargate Universe	9.00 The Ark						
113 SKY MAX	7.00 Hawaii Five-0	8.00 Freddie Down Under	9.00 A League of Their Own US Road Trip	10.00 Never Mind the Buzzcocks				
109 ALIBI	7.00 Death in Paradise	8.00 Shakespeare & Hathaway	9.00 Death in Paradise	10.00 Father Brown				
130 SKY ARTS	5.55 Freddie Mercury... 7.45 Discovering: Queen	8.45 Queen - Live at Wembley Stadium	10.00 Film: Freddie Mercury: The Untold...					
132 U&W	7.00 Miranda	9.00 Gavin & Stacey						
<b>DOCUMENTARY</b>	125 DISCOVERY	6.00 Gold Rush... 7.30 Deadliest Catch	8.30 Hoffman Family Gold	9.30 Hustlers Gamblers Crooks	10.30 Expedition...			
	162 ANIMAL PLANET	7.00 How Do Animals Do That?	8.00 Swimming with Monsters	9.00 Rugged Justice	10.00 Alaska: The Last Frontier			
	129 NAT GEO	7.00 Air Crash Investigation			10.00 The 2000s' Biggest Tragedies			
	123 SKY HISTORY	7.00 Bomber: Terror of WWII		9.00 Hitler's Handmaidens				
	155 U&YESTERDAY	7.00 Great Canal Journeys	8.00 Great American Railroad Journeys	10.00 One Foot in the Grave				
121 SKY DOCS	7.15 I Am Johnny Cash	9.00 Wise Guy: David Chase and The Sopranos						
<b>FILMS - Sky Cinema</b>	301 PREMIERE	5.30 The Color Purple	8.00 The Radleys	10.00 Drive-Away Dolls				
	302 ULTIMATE SCI-FI	6.00 The Adjustment Bureau	8.00 Interstellar					
	303 HITS	6.00 The Equalizer 3	8.00 Oppenheimer					
	304 GREATS	6.00 Eternal Sunshine of the Spotless Mind	8.00 Blade Runner	10.00 RoboCop 2				
	305 ANIMATION	7.15 Paws of Fury: The Legend of Hank	9.00 Riverdance: The Animated Adventure	10.35 A Stork's...				
	306 FAMILY	6.20 Robin and the Hoods	8.05 The Flintstones	9.40 The Flintstones in Viva Rock Vegas				
	307 ACTION	6.00 The Bourne Ultimatum	8.00 Mission: Impossible	9.55 Mission: Impossible II				
	308 COMEDY	6.20 Sixteen Candles	8.00 The Boat That Rocked	10.20 Jackass Number Two				
	309 THRILLER	6.00 Ocean's Eleven	8.00 Ocean's Twelve	10.15 Promising Young Woman				
	310 DRAMA	5.20 Cold Mountain	8.00 Jarhead	10.10 Save the Cinema				
311 HALLOWEEN	6.00 The Radleys	8.00 It	10.25 Ouija					
313 FILM4	6.40 I, Robot	9.00 Bloodshot						
<b>SPORT</b>	401 MAIN EVENT	5.00 SNF - Live: Bournemouth v Arsenal	8.00 Fight Night - Live: Adam Azim v Ohara Davies	10.30 F1 - Live				
	402 PREMIER LEAGUE	5.00 SNF - Live: Bournemouth v Arsenal (Kick-off 5.30)	8.30 Game of the Day	10.30 PL Highlights				
	403 FOOTBALL	5.20 Bundesliga... 7.30 EFL	9.30 EFL Highlights					
	404 CRICKET	6.30 Test Cricket	7.45 ICC Women's World Cup... 8.30 Test Cricket	9.30 Best of the... 10.00 Test Cricket				
	410 TNT SPORTS 1	7.00 UFC - Live: Coverage of the preliminary bouts from UFC Fight Night	9.00 UFC - Live: Michel Pereira v Anthony Hernandez					
	411 TNT SPORTS 2	5.15 Gallagher Premiership... 7.45 MotoGP	8.30 WNBA	9.30 The Jake Dixon Diaries				

† Denotes programmes starting before 7.00pm † Regions vary





## BBC1

101 101 1 101 101

- 6.00 AM **Breakfast** (S)
- 10.00 **Saturday Kitchen** *New edition*  
With Nick Grimshaw. (S)
- 11.30 **Nadiya's Cook Once, Eat Twice**  
5/6. Recipes include lamb sloppy joes with mince sauce. (S)(R)(AD)
- 12.00 NOON **Football Focus** (S)
- 1.00 PM **BBC News** (S)
- 1.15 **Bargain Hunt** (S)(R)
- 2.00 **Money for Nothing** (S)(R)
- 3.00 **Escape to the Country** (S)(R)
- 4.00 **Garden Rescue** The team create a stylish garden in Shrewsbury. (S)(R)
- 4.30 **Final Score** Results round-up. (S)
- 5.20 **BBC News** (S)
- 5.30 **Local News** (S)
- 5.40 **Alan Carr's Picture Slam**  
*New edition* 4/10. Contestants from Glasgow, London and Liverpool attempt to identify a board full of images. (S)



8.20 **Michael McIntyre's The Wheel**

## BBC2

102 102 2 102 102

- 6.00 AM **Children's Programmes**
- 8.40 **Gardeners' World** (S)(R)
- 9.40 **FILM In Which We Serve** Vintage drama with Noël Coward. (S)(AD) (1942, b/w, U, 110min) ★★★★★
- 11.30 **Elephant Diaries** (S)(R)
- 12.00 NOON **Rick Stein's Food Stories** Lincolnshire and Suffolk. (S)(R)(AD)
- 1.00 PM **Bette Davis: Talking Pictures** The milestones and highlights of the actor's life and career. (S)(R)
- 1.30 **FILM Dark Victory** Melodrama starring Bette Davis. (S) (1939, b/w, PG, 100min) ★★★
- 3.10 **FILM All About Eve** Comedy drama starring Bette Davis. (S) (1950, b/w, U, 135min) ★★★★★
- 5.25 **LIVE Cycling: Track World Championships** Jill Douglas presents coverage of day four from Denmark. *Continues on BBC3.* (S)



9.50 **Later... with Jools Holland**

## ITV1

103 103 803 103 3 103 103 103

- 6.00 AM **For the Love of Britain** (S)(R)
- 6.30 **Love Your Garden** Transforming a garden in Suffolk. (S)(R)(AD)
- 7.30 **Love Your Weekend with Alan Titchmarsh** With Selina Scott, Pixie Lott and Tom Parker-Bowles. (S)(R)
- 9.25 **ITV News** (S)
- 9.30 **James Martin's Saturday Morning** *New edition* With Ed Byrne. (S)
- 11.40 **John and Lisa's Weekend Kitchen** *New edition* John Torode and Lisa Faulkner demonstrate four indulgent dishes. (S)
- 12.45 PM **ITV News** (S)
- 1.00 **LIVE Racing** Coverage of British Champions Day at Ascot, including the Champions Stakes and the Queen Elizabeth II Stakes. (S)
- 5.00 **Ninja Warrior UK** 2/8. A special celebrity edition of the obstacle-course challenge. (S)(R)(AD)



8.20 **The Voice UK**

## CHANNEL 4

104 104/108 804 108 4 104 104/106

- 6.00 AM **Cheers** 24-26/26. (10) (S)(R)
- 7.15 **Frasier** 14-18/24. (S8) (S)(R)(AD)
- 9.35 **F1: United States Grand Prix Sprint Qualifying Highlights** Action from the battle for grid positions ahead of tomorrow's race in Austin, Texas. (S)
- 10.05 **The Simpsons** (S)(R)(AD)
- 1.00 PM **Couples Come Dine with Me** From South Yorkshire. (S)(R)
- 2.00 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
- 4.40 **News** (S)
- 5.10 **FILM Men in Black: International** Fantasy comedy sequel starring Chris Hemsworth and Tessa Thompson. The intergalactic law enforcers tackle their biggest threat - a mole in the Men in Black organisation. With Rafe Spall. (S)(AD) (2019, 12, 125min) ★★★



9.20 **Smile**

6 PM

- 6.25 **Strictly Come Dancing** *New edition* The couples show off another routine in a bid to impress judges Shirley Ballas, Craig Revel Horwood, Motsi Mabuse and Anton Du Beke, as well as the viewers, in the hope of avoiding the fate of last week's eliminated couple. With this in mind they'll be hoping to stay as far away from the bottom of the leaderboard as possible, and hopefully clinch a place in next week's Halloween special. (S)(AD)  
■ *Strictly Come Dancing: The Results* is tomorrow at 7.20pm

7 PM

- 8.20 **Michael McIntyre's The Wheel** *New edition* 2/10. Sabre, David Walliams, Angela Scanlon, Dion Dublin, Clara Amfo, Sara Davies and Dermot O'Leary try to help the contestants. (S)

8 PM

- 9.20 **Apples Never Fall** *New episode* *Troy*: 5/7. Troy makes a risky decision while trying to evade the police, who know he has critical information about his mother's disappearance. (S1) (S)(AD)  
■ Entire series on BBC iPlayer

9 PM

- 10.05 **BBC News** (S)
- 10.25 **Match of the Day** Gary Lineker presents highlights of the latest Premier League matches, including Bournemouth v Arsenal. (S)  
■ *Match of the Day 2* is on tomorrow at 10.30pm

10 PM

- 11.50 **FILM The Blair Witch Project** Chiller starring Heather Donahue. Three students encounter supernatural forces while filming a documentary about a Maryland witch. (S) (1999, 15, 80min) ★★★★★
- 1.10 AM **Weather for the Week Ahead**
- 1.15 to 6.00 AM **BBC News** (S)

- LIVE Cycling: Track World Championships** (started at 5.25pm)

- 7.20 **Solar System** 2/5. Professor Brian Cox explores the solar system's hidden realms, between and beyond the planets, where countless worlds lie hiding in the darkness. (S)(R)(AD)

- 8.20 **NEW Florence + The Machine at the Proms** Clara Amfo presents a concert in which Florence Welch is joined at the Royal Albert Hall by Jules Buckley and his Orchestra and London Contemporary Voices for a reimagining of her debut album *Lungs* to celebrate its 15th anniversary. (S)

- 9.50 **NEW SERIES Later... with Jools Holland** 1/6. Jools returns to Alexandra Palace Theatre, featuring Jade Blossoms, Nubya Garcia, Laura Marling and Gurrriers, and a chat with Queen's Roger Taylor. (S)

- 10.35 **Alicia Keys at the BBC** A selection of the Grammy-winning American singer-songwriter's performances on BBC music programmes. (S)(R)

- 11.35 **Mary J Blige at the BBC** A compilation of archive performances by the singer. (S)(R)
- 12.35 AM **FILM Do the Right Thing** Spike Lee's controversial comedy drama starring Danny Aiello. (S) (1989, 15, 110min) ★★★★★
- 2.25 **Sign Zone: Showtrial** (S)(R)(AD)
- 3.25 **Sign Zone: Mr Loverman** (S)(R)
- 4.25 **Sign Zone: Alma's Not Normal** (S)
- 4.55 to 6.35 AM **Previews** (S)

- 6.00 **ITV News** (S)
- 6.15 **Local News** (S)
- 6.20 **The Chase Celebrity Special** Mark Chapman, Gillian Joseph, Ryan Sidebottom and Fred MacAulay answer general knowledge questions to take on a Chaser and secure a charity prize. (S)(R)(AD)

- 7.15 **Celebrity Catchphrase** *Series finale* 10/10. Stephen Mulhern hosts another charity edition of the game show, with Giles Brandreth, Cliff Parisi and Perri Shakes-Drayton trying to win £50,000 for their chosen good causes. (S)(AD)

- 8.20 **The Voice UK** *New edition* 8/9. Emma Willis presents the semi-final of the singing contest, with the remaining acts competing for a place in the final. Coaches Tom Jones, will.i.am, LeAnn Rimes, and Tom Fletcher and Danny Jones can pick only one from each of their teams to progress to the climax of the competition. (S)

- 10.20 **ITV News** (S)
- 10.40 **The Killing Kind** *Series finale* 6/6. Ingrid re-examines the original Webster legal case she worked on, sparking disastrous events that force her to confront her turbulent history and fight to right wrongs. (S1) (S)(AD)  
■ Entire series on ITVX

- 11.35 **English Football League Highlights** Action from the latest EFL fixtures, including Sheffield Wednesday v Burnley and Cardiff City v Plymouth Argyle. (S)(R)
- 12.50 AM **Teleshopping**
- 3.00 **Endeavour** *Raga*. (S)(SL)(R)(AD)
- 4.45 to 6.00 AM **Unwind with ITV** (S)

- FILM Men in Black: International** (film started at 5.10pm)  
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

- 7.15 **Abandoned Railways from Above** *New edition* 5/6. This edition follows a line in Yorkshire that was closely intertwined with the fortunes of the Railway King, George Hudson. (S)(AD)

- 8.20 **NEW Churchill: Britain's Secret Apartheid** Nadifa Mohamed explores a controversial, largely forgotten part of World War Two history, looking at what happened when the British government, led by Winston Churchill, allowed the racially segregated US Army to bring its own apartheid-style military to Britain. (S)(AD)

- 9.20 **FILM Smile** Horror starring Sosie Bacon. After witnessing a traumatic incident involving a patient, a psychiatrist becomes convinced she is being threatened by an uncanny entity. With Jessie T Usher and Kyle Gallner. (S)(AD) (2022, 18, 135min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

- 11.35 **FILM Man on Fire** Thriller starring Denzel Washington. An ex-secret agent becomes a girl's bodyguard and will stop at nothing to find her after she is kidnapped. (S)(AD) (2004, 18, 150min) ★★★★★
- 2.05 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
- 2.55 **Everyone Else Burns** (S)(SL)(R)
- 3.50 **Frasier** 6&7/24. (S2) (S)(R)(AD)
- 4.45 to 5.55 AM **Hollyoaks Omnibus** (R)



**CHANNEL 5**

105 105 805 105 5 105 105 105

- 5.40 AM Milkshake!
- 8.50 **SpongeBob SquarePants** (S)(R)
- 9.00 **Entertainment News** (S)
- 9.10 **Bargain-Loving Brits in the Sun** Triple bill of editions. (S)(R)
- 12.00 NOON **Inside the Tower of London** Double bill. (S)(R)
- 2.00 PM **The Black Death** Historian Dan Snow and archaeologist Raksha Dave investigate how the plague devastated Britain 700 years ago, killing around three million people across the country. (S)(R)
- 4.00 **Our Yorkshire Farm** Clive decides to introduce a sheepdog puppy to the flock for the first time. (S)(R)
- 5.00 After months of working on the farm, the children prepare to go back to school. (S)(R)



9.20 **Kate: In Her Own Words**

- 6.00 **News** (S)
- 6.05 **The Terracotta Army with Dan Snow** The historian travels to China to investigate one of the greatest archaeological treasures ever discovered - thousands of life-sized sculpted soldiers buried for 2,000 years. (S)(R)
- 7.20 **Royals in Wartime** 2/2. How the House of Windsor risked life and limb to help the nation through World War Two. (S)(R)
- 8.20 **Blenheim Palace: Behind the Grandeur** **New edition** 2/4. It is lambing season and head shepherd Shaun is monitoring the 1,500 due to be born, but on a round at 4am he has to intervene in a difficult birth. (S)
- 9.20 **NEW Kate: In Her Own Words** A profile of Catherine, Princess of Wales, uncovering how she went from an outsider to becoming one of the most prominent members of the Royal Family. (S)
- 10.50 **When Saturday Night TV Goes Horribly Wrong** A compilation of mishaps, featuring clips from *Doctor Who* and *Take Me Out*. (S)(R)
- 12.45 AM **Entertainment News** (S)
- 1.00 **PlayOJO Live Casino Show** (S)
- 3.00 **Ben Fogle: New Lives in the Wild** From Pembrokeshire. (S)(R)
- 3.50 **The Wonderful World of Chocolate** (S)(SL)(R)
- 4.40 **House Doctor** (S)(SL)(R)
- 5.05 **Divine Designs** (S)(SL)(R)
- 5.30 to 5.40 AM **Entertainment News** (S)

+1 hour 205 305 38 128

**SKY SHOWCASE**

106 106 806 109 340 355

- 6.00 AM **Clifford** (S)(R)(AD)
- 6.30 **Silly Pets** (S)(R)(AD)
- 6.45 **Trolls: Trollstopia** (S)(R)(AD)
- 7.35 **LEGO Friends** (S)(R)
- 8.00 **F1: United States Grand Prix Sprint Qualifying Highlights** Action from round 19 at Circuit of the Americas in Austin, Texas.
- 9.00 **Super Shark Highway** (S)(R)
- 12.00 NOON **The Simpsons** (S)(R)
- 2.00 PM **Portrait Artist of the Year** With Cush Jumbo, Baaba Maal and Carly Paoli. (R)
- 3.00 **Gillette Labs Soccer Saturday** Up-to-the-minute scores. (S)
- 5.00 **The Simpsons Double, Double, Boy in Trouble**: Bart trades lives with a wealthy lookalike. (S)(R)
- 5.30 **Dangerous Curves**: Homer and Marge reminisce about their marriage. (S)(R)



9.20 **The Mummy**

- 6.00 **The Simpsons** *Homer and Lisa Exchange Cross Words*: Lisa discovers a talent for crosswords. (S)(R)
- 6.25 **MyPods and Boomsticks**: Homer is suspicious of Bart's new friend. (S)(R)
- 6.50 **The Burns and the Bees**: Mr Burns wins a basketball team. (S)(R)
- 7.20 **Hitler's British Island** 1/2. The story of how the Channel Island of Alderney became a pre-occupation of Nazi leader Adolf Hitler and was transformed into one of the most heavily fortified places on Earth. (S)(R)
- 8.20 **Clash of Ancient Warriors** 4/10. Focusing on the Battle of Gergovia, fought in 52BC. Following years of warfare in Gaul, Julius Caesar and his legions laid siege to Gergovia - but faced a coalition of Gallic tribes. (S)(R)
- 9.20 **FILM The Mummy** Action adventure starring Brendan Fraser and Rachel Weisz. In 1920s Egypt, a dashing American, an English librarian and her wastrel brother unwittingly revive an evil high priest. With John Hannah. (S) (1999, 15, 124min) ★★★★★ SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
- 11.40 **Never Mind the Buzzcocks** With Abi Harding, Glen Matlock, Joel Dommett and stand-in captain Courtney Love. (S)(R)
- 12.40 AM **Brassic** 4/7. Vinnie and the gang try to rescue Gideon from a naked cult. (S6) (S)(R)
- 1.40 **The Office (US)** (S1) (S)(R)
- 3.00 **Hawaii Five-0** (S10) (S)(R)
- 4.00 to 6.00 AM **Nothing to Declare** (S)(R)(AD)

+1 hour 206

**LOCAL VARIATIONS**

**BBC1**

**SCOTLAND**  
Sky 964, Virgin 862, Freesat 964  
4.30-5.20pm SportsScene Results 11.50 SportsScene: Premiership Highlights (S) (R) 1.05am **FILM** The Blair Witch Project (S) (1999, 15, 80min) ★★★★★ 2.25 Weather for the Week Ahead (S) 2.30-6.00am BBC News (S)

**N. IRELAND**  
Sky 966, Virgin 863, Freesat 966  
No variations

**WALES**  
Sky 965, Virgin 864, Freesat 965  
3.00pm Garden Rescue (S)(R) 3.30 Our Lives: The Lakes: Our Life on the Edge **New edition** (S) 4.00-4.30pm Weatherman Walking (S)(R)

**BBC2**

**N. IRELAND**  
Sky 969, Freesat 969  
7.20pm Paula McIntyre's Hamely Kitchen USA (S)(R) 7.50-8.20pm House of the Year (S)(R)

**WALES**  
Sky 968, Freesat 968  
7.20-8.20pm Secrets of the Jurassic Dinosaurs (R)

**ITV1**

No variations

**S4C**

Sky 134, Virgin 164, Freesat 120  
6.00am Cyw 8.00 Stwnsh Sadwrn 10.00 Prosiect Pum Mil (AD) 11.00 Cymry ar Gynfas 11.30 Ffasiwn Drefn (AD) 12.00noon Bwrdd i Dri (AD) 12.30pm Y Fets (AD) 1.30 laith ar Daith 2.30 Canu gyda Fy Arwr 3.30 Cymru Wylt Gudd 4.30 Colleen Ramsey: Bywyd a Bwyd 5.00 Y Pysgotwyr 6.00 Triathlon Cymru: Triathlon Llandudno 7.00 Newyddion a Chwaraeon 7.15 **LIVE** Clwb Rygbi 9.45 Hanner Marathon Caerdydd 10.45 Yn y Lwp 11.15-11.50pm Tanwen ac Ollie (AD)

**BBC3**

115/117/121 107/113 23 107 107

BBC3 programmes start at 7.00pm



- 7.00 PM **NEW David Harbour: The Story So Far** An interview with the actor.
- 7.20 **LIVE Cycling: Track World Championships** Jill Douglas presents further coverage of day four of the annual event at Ballerup Super Arena in Denmark.
- 9.00 **Top Gear** An epic road trip along America's east coast.
- 10.10 **Two Pints of Lager and a Packet of Crisps** 7/8. Gaz and Janet's mutual attraction starts to resurface. 10.40 8/8. Janet and Gaz reveal their illicit relationship to a furious Donna. (S7) 11.10 1/8. Janet twists Gaz's arm into having a romantic night in. (S8)
- 11.40 **Charlie Cooper's Myth Country** Searching for King Arthur's treasure.
- 12.10 AM **Paranormal: The Girl, the Ghost and the Gravestone** Double bill. 1.10 **Lazy Susan** 1.25 **BBC New Comedy Awards** 1.55 to 3.55 AM **Two Pints of Lager and a Packet of...**

**MORE4**

136/137 831 147 18 124

- 8.55 AM **Food Unwrapped**
- 9.30 **A Place in the Sun**
- 12.30 PM **Location, Location, Location** Property series.
- 1.35 **Great British Home Restoration** **New edition** Retired forester Terry takes on an 1880s shepherd hut.
- 2.35 **Come Dine with Me**
- 5.15 **Four in a Bed** The contest starts at The Shoes, Durham.
- 5.50 A visit to the Biggin Hall Hotel, Derbyshire.
- 6.20 From Forest Garden Showelstrove in East Sussex.
- 6.55 **Four in a Bed** A visit to Derby Manor Hotel and Restaurant in Bournemouth.
- 7.25 The owners discover what they have been paid.
- 8.00 **999: On the Front Line** A young woman is found intoxicated by the side of the road, and an amateur boxer has vomited in his sleep and is difficult to rouse after losing a fight.
- 9.00 **24 Hours in A&E** A retired builder is treated after falling from his daughter's roof. 10.00 A 13-year-old boy arrives by helicopter after suffering a collision during a game of baseball.
- 11.05 **Emergency Helicopter Medics** Documentary.
- 12.10 AM **999: On the Front Line** As 8.00pm. 1.15 **24 Hours in A&E** to 3.55 AM **Food Unwrapped**

+1 hour 236/237 347 125

**BBC4**

116 107/108 9/24 106 108

BBC4 programmes start at 7.00pm



- 7.00 PM **The Wonder of Animals** The penguin.
- 7.30 **The Cult of... All Creatures Great and Small** The appeal of *All Creatures Great and Small*.
- 8.00 **NEW Christopher Timothy and Peter Davison Remember... All Creatures Great and Small**
- 8.20 **All Creatures Great and Small** First episode of the drama. James Herriot visits Yorkshire seeking work. 9.10 James discovers the downside of life as a vet.
- 10.00 **FILM PREMIERE** **The Beasts** Thriller starring Marina Foïs and Denis Ménochet. Subtitled. (2022, 15, 137min) ★★★★★
- 12.10 AM **The Lively Arts: James Herriot - The Vet Who Writes Books**
- 1.00 **The Cult of... All Creatures Great and Small**
- 1.30 **Porridge**
- 2.00 **Hancock's Half Hour**
- 2.30 **The Wonder of Animals**
- 3.00 to 4.00 AM **Nature and Us: A History Through Art**

**E4**

135/136 830 106 13 122

- 6.00 AM **Lego Masters Australia**
- 7.35 **Made in Bondi**
- 9.40 **Modern Family** (S8)
- 12.10 PM **FILM Spies in Disguise** Animated adventure with the voice of Will Smith. (2019, PG, 98min) ★★★★★
- 2.10 **FILM Kung Fu Panda 2** Animated adventure sequel with the voice of Jack Black. (2011, PG, 90min) ★★★★★
- 4.00 **The Big Bang Theory** Six episodes, including at: 6.30 7/24. Wil Wheaton and Adam Nimoy guest star. (S9)
- 7.00 **The Big Bang Theory** 8/24. Howard and Raj try to find Sheldon a girlfriend. 7.30 9/24. Sheldon and Amy spend Thanksgiving together as friends. 8.00 10/24. Amy and Dave arrange another date. 8.30 11/24. Sheldon and Amy spend their first night together. (S9)
- 9.00 **Celebrity Gogglebox** Famous faces appraise *Stranger Things*, *Million Pound Pawn*, *The Savoy* and *Romeo and Juliet*.
- 10.00 **Gogglebox** Shows including *Bridgerton*, *The Piano*, *Inside No 9*, *My Strange Addiction: Still Addicted?* and *Britain's Got Talent* are appraised.
- 11.05 **Gogglebox**
- 12.10 AM **First Dates**
- 2.20 **Gogglebox**
- 4.10 to 6.00 AM **Ramsay's Kitchen Nightmares USA**

+1 hour 235/236 306 30 123



## Sky Witness

107 807 110 341 356

- 6.00 AM **Motorway Patrol**
- 9.00 **Stop, Search, Seize**
- 10.00 **Border Patrol** Four editions.
- 12.00 NOON **Sun, Sea and A&E**  
Hospital staff race to save an unconscious boy who was pulled from a swimming pool.
- 1.00 PM **Bondi Rescue** Triple bill following the day-to-day work of lifeguards patrolling Bondi Beach in Australia.
- 2.30 **Nothing to Declare** Nine editions of the documentary series following the work of customs officers in Australia.



9.00 **FBI**

## Sky Atlantic

108/109 808 342 357

- 6.00 AM **Richard E Grant's Hotel Secrets** A visit to Venice.
- 7.00 **Fish Town** Double bill.
- 9.00 **True Blood** (S1&2)
- 2.15 PM **Billions** 7/12. Axe rallies a war room in the Hamptons.
- 3.25 8/12. Chuck digs up dirt on a political rival.
- 4.35 9/12. Lara plans a lavish birthday celebration for Axe.
- 5.45 10/12. Axe deals with a disturbance involving Lara.
- 6.45 11/12. Chuck and his father have much riding on Ice Juice's new IPO. (S2)



7.55 **Game of Thrones**

## Sky Max

113/114 813 111 346 351

- 6.00 AM **Supergirl** 13-17/23. (S3)
- 11.00 **Merlin** Four episodes of the fantasy drama, including at: 2.00 PM 2/13. A battle breaks out at the citadel. (S3)
- 3.00 **Hawaii Five-0** 1/22. A new ally helps McGarrett and the team.
- 4.00 2/22. Tani and Junior get trapped by a collapsed tunnel.
- 5.00 3/22. A plane that mysteriously crashed into the Pacific in the 1980s is found.
- 6.00 4/22. McGarrett and the team enlist imprisoned hacker Aaron Wright. (S10)



9.00 **A League of Their Own**

## ITV2

118 816 115 6 113

- 6.00 AM **CITV**
- 9.00 **Totally Bonkers Guinness World Records** Double bill.
- 9.45 **Secret Crush**
- 10.45 **Dress to Impress**
- 1.45 PM **Celebrity Catchphrase**
- 2.45 **FILM Casper** Fantasy comedy starring Christina Ricci and Bill Pullman about a young girl's friendship with a ghost. (1995, PG, 96min) ★★★★★
- 4.50 **FILM Marley & Me** Family comedy drama starring Owen Wilson and Jennifer Aniston. (2008, PG, 115min) ★★★



4.50 **Marley and Me**

## ITV3

119 117 10 115

- 6.00 AM **Bless This House**
- 6.30 **Inspector Morse**
- 8.45 **FILM That Riviera Touch** Comedy starring Eric Morecambe and Ernie Wise. (1966, PG, 98min) ★★
- 10.45 **Agatha Christie's Poirot**
- 5.50 PM **Agatha Christie's Poirot: The Million Dollar Bond Robbery:** The sleuth accompanies a precious cargo to New York.
- 5.00 **Midsomer Murders** *Death of a Stranger:* A fox-hunt turns sour when a tramp is found dead in the woods.



9.00 **Professor T**

7 PM

- 7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

- 8.00 **Nothing to Declare** Double bill of the series accessing the world of national security at Australia's biggest airports.

9 PM

- 9.00 **FBI Most Wanted:** 18/22. OA and Maggie track down a murderer on America's top 10 most wanted list. (S1)

10 PM

- 10.00 **Law & Order: Special Victims Unit** *Children of Wolves:* 9/13. A teenager is found unconscious in the park. (S25)

- 11.00 **Law & Order: Organized Crime** 9/13. Stabler investigates a heroin pipeline making its way to the US. (S4)
- 12.00 MT **Blue Bloods** 7/18. (S14)
- 1.00 AM **The Cleaning Lady** (S3)
- 2.00 to 6.00 AM **Nothing to Declare**

+1 hour 207 310

- 7.55 **Game of Thrones** *What Is Dead May Never Die:* 3/10. Tyrion plots to identify Cersei's spy on the small council, and Maester Luwin helps Bran make sense of his dreams.

- 9.00 **Game of Thrones** *Garden of Bones:* 4/10. Catelyn urges the Baratheon brothers to unite against the Lannisters.

- 10.05 **Game of Thrones** *The Ghost of Harrenhal:* 5/10. Arya receives a favour from the man she freed from Harrenhal. (S2)

- 11.10 **Game of Thrones** 6/10. Qhorin gives Jon a chance.
- 12.15 AM 7/10. Daenerys receives a useful invitation.
- 1.20 8/10. Robb Stark finds he has been betrayed (S2)
- 2.30 **Euphoria** 2/8. (S2)
- 3.45 to 6.00 AM **Urban Secrets**

+1 hour 208/209

- 7.00 **Hawaii Five-0** *Don't Blame Ghosts and Spirits for One's Troubles:* 5/22. A burglary turns deadly on Halloween. (S10)

- 8.00 **Freddie Down Under** 6/6. Andrew Flintoff terrifies Rob Penn with a jellyfish on the last leg of their barbecue adventure.

- 9.00 **A League of Their Own** *US Road Trip* 2/4. The guys take part in a baseball challenge at the LA Angels' stadium.

- 10.00 **Never Mind the Buzzcocks** With Joel Dommett, Abi Harding, Glen Matlock and stand-in captain Courtney Love.

- 11.00 **Brassic** 4/7. The gang try to rescue Gideon from a cult. (S6)
- 12.00 M/T **Mr Bigstuff** 1&2/6. (S1)
- 1.00 AM **Banshee** 8/10. (S3)
- 2.00 **SEAL Team** *New episode* 4/10. The team target a factory in Myanmar with links to fentanyl production. (S7)
- 3.00 **Warrior** 4/10. (S2)
- 4.00 to 6.00 AM **Sun, Sea and A&E**

- 7.05 **FILM Addams Family Values** Ghoulish black comedy sequel starring Anjelica Huston and Raul Julia. The Addams' homicidal new nanny sets her sights on Uncle Fester. With Joan Cusack. (1993, PG, 92min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00 **FILM Spy** Comedy adventure with Melissa McCarthy and Jason Statham. A deskbound CIA agent goes into action for the first time to battle an arms dealer and avert a global disaster. (2015, 15, 115min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.20 **Family Guy** 7&3/20. (S18)
- 12.20 AM **American Dad!** 16/22. Stan and Hayley are in prison.
- 12.45 12/22. Hayley becomes a cab driver. (S12)
- 1.10 **CelebAbility**
- 1.50 **All American** 10/20. (S4)
- 2.35 to 3.00 AM **Unwind with ITV**

+1 hour 218 315 29 114

- 7.00 **Midsomer Murders** *Blue Herrings:* A nursing-home resident who is found dead is believed to have had a heart attack - but Barnaby soon comes to suspect members of staff may have conspired to murder.

- 9.00 **Professor T** *The Conference:* 5/6. The professor's biggest rival is murdered at a criminology conference.

- 10.00 **Professor T** *Attachment Issues:* 6/6. A woman is found dead at a crash, but it wasn't the accident that killed her. (S3)

- 11.00 **Agatha Christie's Poirot** *The Adventure of the Italian Nobleman:* A gangland murder leads the sleuth and Captain Hastings into the underworld of London's Little Italy.
- 12.00 M/T **Agatha Christie's Poirot** to 2.30 AM **Unwind with ITV**

+1 hour 219 317 116

## BBC Scotland

SCOT 115 108 9 106 106  
REST OF UK 180 162 110

- 12.00 NOON **This Is BBC Scotland**
- 7.00 PM **The Seven**
- 7.15 **Sportscene: Premiership Highlights**  
The latest top-flight action, featuring Celtic v Aberdeen and Dundee United v Hibernian.
- 8.30 **Designing the Hebrides**  
The team transform a hotel in Tobermory.
- 9.00 **Inside Central Station**  
The Argyll Line closure comes to an end as the engineering works are completed.
- 10.00 **Two Doors Down**  
6/6. Michelle and Alan's neighbours arrive for a housewarming party at the couple's freshly decorated home. (S4)
- 10.30 **Stevens & McCarthy** 2/4. A manspreader learns a lesson. (S3)
- 11.00 PM to 12.00 M/T **Inside Barlinnie** The problems of drugs at the prison.

## Sky Comedy

114/115 814 112 347 362

- 8.00 AM **Young Rock** (S3&1)
- 10.30 **Eastbound & Down**
- 1.35 PM **Pen 15** (S2)
- 3.20 **Pen 15: Animated Special** 8/15. (S2)
- 4.00 **Will & Grace** (S6)
- 6.30 **The Office (US)** 3/6. Dwight takes on a new responsibility.
- 7.00 4/6. Michael arranges a birthday party for Meredith.
- 7.30 5/6. Michael challenges the warehouse staff to a basketball match.
- 8.00 6/6. A beautiful woman selling purses attracts the attention of the male staff. (S1)
- 8.30 1/22. The staff members endure an awards banquet. (S2)
- 9.00 **Entourage** (S3)
- 10.15 **Saturday Night Live**  
With guest Stevie Nicks.
- 11.45 **Divorce** 1&2/8. (S2)
- 1.15 AM **Sex and the City**
- 2.00 **Curb Your Enthusiasm**
- 3.30 to 5.00 AM **Girls**

## Sky Arts

130/131 826 123 36 143 365

- 6.00 AM **Spring Storms**
- 8.45 **Tales of the Unexpected**
- 11.00 **Alfred Hitchcock Hour**
- 1.00 PM **FILM The Thomas Crown Affair** Thriller. (1968, PG) ★★★
- 2.50 **Portrait Artist of the Year** With Cush Jumbo.
- 3.50 **California Dreamin': The Songs of the Mamas and the Papas**
- 5.05 **The Rolling Stones: Live at the Marquee**
- 5.55 **Freddie Mercury: The Tribute Concert**
- 7.45 **Discovering: Queen**
- 8.45 **Queen: Live at Wembley Stadium**
- 10.00 **Freddie Mercury: The Untold Story**
- 11.15 **NEW Learning to Live Together: The Return of Mad Dogs & Englishmen**
- 1.30 AM **Eric Clapton: Live in California** From 2001.
- 2.45 **Sting: A Winter's Night**
- 4.00 **Classic Albums**
- 5.00 to 6.00 AM **The Music Videos That Shaped the 80s**

## Sky Mix

151 135 11 141

- 6.00 AM **Nothing to Declare**
- 8.00 **Madagascar: A Little Wild** Animation.
- 8.20 **Mooninvalley**
- 8.45 **Critters TV**
- 9.00 **Nothing to Declare**
- 11.00 **Highway Cops**
- 11.30 **Monkey Life**
- 2.00 PM **World's Most Toxic Animals** Documentary.
- 3.00 **Animal Empires**
- 4.00 **Island of the Monsoon**
- 5.00 **Deep in the Heart**
- 6.00 **Uptown Otters**
- 7.00 **Secrets of the Enchanted Forests**  
Exploring some of the planet's driest terrains.
- 8.00 **Caught on Dashcam**
- 9.00 **Britcam: Emergency on Our Streets**
- 10.00 **Sex and the City** (S3)
- 12.30 AM **Caught on Dashcam**
- 1.30 **Brit Cops: Rapid Response** Documentary.
- 2.00 **Border Security: America's Front Line** to 6.00 AM **Highway Patrol**

## ITV Be

131/132 119 28 119

- 7.00 AM **Unwind**
- 7.20 **Kelsey Parker: Life After Tom**
- 8.25 **The Real Housewives of Beverly Hills**
- 11.10 **Big Bake: Halloween**
- 1.05 PM **The Real Housewives of Atlanta**
- 3.00 **The Only Way Is Essex**
- 4.00 **Billie and Greg: The Family Diaries**
- 5.00 **Abbey Clancy: Celebrity Homes**
- 6.00 **M&S: Dress the Nation**
- 7.00 **Jimmy's Taste of Florida** A culinary tour of the Sunshine State.
- 8.00 **Jason Atherton's Dubai Dishes** The chef heads into the Hajar Mountains.
- 9.00 **Botched** A DJ wants heel implants to be taller.
- 10.00 **Botched by Nature** A man whose nasal syndrome has him wary.
- 11.00 **Dr. 90210**
- 11.55 PM to 1.00 AM **Kavos Weekender**

+1 hour 319

## GREAT! tv

157 170 50

- 8.00 AM **Highway to Heaven**
- 1.00 PM **Highway to Heaven**
- 4.00 **The New Avengers** (S2)
- 6.00 **The Avengers** *The Fear Merchants:* 2/24. The duo investigate a spate of murders.
- 7.00 **Escape in Time:** 3/25. A scientist invents a time machine.
- 8.00 **The Bird Who Knew Too Much:** 5/24. Two spies obtain information about a secret missile base. (S5)
- 9.00 **Murder 101: If Wishes Were Horses** Mystery drama starring Dick and Barry Van Dyke.
- 10.50 **Garage Sale Mysteries: Murder in D Minor** Drama with Lori Loughlin.
- 12.45 AM **Castle** 4&5/23. (S7)
- 3.00 **Randall and Hopkirk (Deceased)** 5/26. (S1)
- 4.00 **Highway to Heaven**
- 4.50 to 5.00 AM **GREAT! Movie News Extra**

+1 hour 257 62



## ITV4

120 118 26 117

- 6.00 AM Mr Bean
- 7.10 Minder on the Orient Express
- 9.30 Racing: The Opening Show  
Oil Bell and the team are at Ascot ahead of Champions Day.
- 10.30 Match Time Revisited
- 11.35 British Touring Cars
- 11.50 Lost Car Rescue
- 1.40 PM The Car Years
- 2.45 The Casebook of Sherlock Holmes Murder mystery.
- 5.00 **FILM Clash of the Titans**  
Adventure starring Liam Neeson and Sam Worthington. (2010, 12, 106min) ★★



5.00 Clash of the Titans

- 7.05 **FILM Police Academy 5: Assignment Miami Beach** Comic adventure sequel starring Bubba Smith and David Graf. The Police Academy cops wreak havoc on vacation. (1988, PG, 90min) ★  
SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00 **English Football League Highlights** Action from Sheffield Wednesday v Burnley and Cardiff City v Plymouth Argyle.

- 10.30 **FILM High Plains Drifter**  
Western directed by and starring Clint Eastwood. A gunslinger is hired to protect a remote town. (1972, 18, 105min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.35 AM **FILM Death Wish 4: The Crackdown** Action thriller sequel starring Charles Bronson. (1987, 18, 96min) ★
- 2.25 **The Protectors**
- 2.55 to 3.00 AM Unwind with ITV

+1 hour 220 318 118

## Sky Sci-Fi

139/140 836 122 348 363

- 6.00 AM Most Haunted
- 8.00 Teleshopping
- 11.00 **Star Trek: Enterprise**  
Five episodes, including at: 3.00 PM 16/22. The crew try to rescue Dr Phlox. (S4)
- 4.00 **Stargate Atlantis** 19/20. The team defend themselves against Wraith warships. 5.00 20/20. The Wraith close in and the future of the city looks bleak. (S1)
- 6.00 **Stargate Universe** 1/20. First episode of the sci-fi drama starring Robert Carlyle. (S1)



7.00 Stargate Universe

- 7.00 **Stargate Universe Air - Part Two:** 2/20. The members of the group realise that they must work together.

- 8.00 **Stargate Universe Air - Part Three:** 3/20. *The Destiny's* air supply begins to dwindle. (S1)

- 9.00 **The Ark Museum of Death:** 5/12. Garnet, Eva and Brice uncover long-hidden secrets that could endanger everything.

- 10.00 **The Ark Pretty Big Deal:** 6/12. A distress call leads the crew to a desolate planet. (S2)

- 11.00 **FILM Devil's Triangle**  
Action adventure starring Diana Prince. Marine biologists discover the lost city of Atlantis in the Bermuda Triangle and soon realise the inhabitants have evil intentions. (2021, PG, 90min) ★★
- 1.00 AM Wynonna Earp (S1)
- 4.00 to 6.00 AM Most Haunted

+1 hour 209/210 314

## Alibi

109/110 809 114 343 358

- 7.10 AM Murdoch Mysteries (S9)
- 10.00 Hudson & Rex 5-8/16. (S3)
- 2.00 **PM Father Brown**  
Four episodes, including at: 4.00 *The Winds of Change:* The priest discovers a killer is using Kempleford's model village to plan their attacks. 5.00 *The Company of Men:* Lady Felicia's impromptu visit coincides with Father Brown helping out a friend at an exclusive gentlemen's club.
- 6.00 **Death in Paradise** 3/8. A TV presenter's body is found. (S8)



8.00 Shakespeare & Hathaway

- 7.00 **Death in Paradise Murder on the High Seas:** 3/8. Neville and the team investigate the murder of an estate agent. (S12)

- 8.00 **Shakespeare & Hathaway: Private Investigators** 10/10. Frank and Lu must unmask a 'Voice in the Dark'. (S4)

- 9.00 **Death in Paradise Frappe Death Day:** 4/8. The team investigate the fatal shooting of a coffee plantation owner. (S8)

- 10.00 **Father Brown The Enigma of Antigonish:** An ex-health spa employee is found murdered.

- 11.00 **Father Brown The Red Death:** Lady Felicia's lavish New Year ball is ruined when a VIP guest is murdered. 12.00 MT *The Winds of Change:* As shown at 4.00pm.
- 1.00 to 4.00 AM Murdoch Mysteries

+1 hour 210/211 324

## GOLD

110/111 810 124 344 359

- 7.20 AM The Fosters
- 8.20 The Green Green Grass
- 9.00 Hi-de-Hi!
- 9.40 Still Open All Hours
- 10.20 **Only Fools and Horses**
- 12.40 **PM Only Fools and Horses**  
Five episodes, including at: 2.55 Christmas special from 1993. Del Boy visits the dentist. 4.40 Del Boy brings Trotters Independent Traders into the hi-tech world of satellite communications. 5.55 An audition gives Raquel the chance of a lifetime.



9.10 Absolutely Fabulous...

- 7.00 **Only Fools and Horses**  
Del becomes a showbiz entrepreneur after discovering a sensational Tom Jones-style singer.

- 8.05 **Only Fools and Horses**  
Del is invited to a school reunion organised by old adversary Roy Slater, who has recently been released from prison.

- 9.10 **Absolutely Fabulous: Inside Out**  
A celebration of one of Britain's most-loved comic creations as Jennifer Saunders, Joanna Lumley, Julia Sawalha and Jane Horrocks reunite to share anecdotes and backstage secrets.

- 11.10 **The Outlaws**  
Gabby and Greg go cap-in-hand to a possible financier for the festival - her own father. 12.25 AM Christian reveals the secrets of his past.
- 1.45 **Only Fools and Horses**
- 3.30 to 4.00 AM The Fosters

+1 hour 210/211 324

## U&Dave

111/112 811 127 19 157

- 7.10 AM Big Zuu's Big Eats
- 8.00 Storage Hunters UK
- 9.00 Railroad Australia
- 11.00 Red Bull Soapbox Race
- 1.00 PM Guy Martin's Great Escape Documentary.
- 3.00 **Trawlermen: Hunting the Catch** Documentary.
- 4.00 **Robson's Extreme Fishing Challenge** From Mauritius.
- 5.00 **Simon Reeve's South America**  
Simon sets off on a journey through the continent.
- 6.00 **Mortimer & Whitehouse: Gone Fishing**  
Double bill.



7.20 Mortimer & Whitehouse

- 7.20 **Mortimer & Whitehouse: Gone Fishing**  
Paul and Bob fish for zander on the River Severn.

- 8.00 **Border Force: America's Gatekeepers**  
Officers investigate a collector travelling with parts of a space rocket.

- 9.00 **Not Going Out**  
Lee accidentally sends a rude text to Anna. 9.40 Lee and Lucy are asked to cover for Anna so she can go for secret Italian lessons. 10.20 Lee enters hospital for routine surgery on his gallbladder.

- 11.00 **Live at the Apollo**  
With Kiri Pritchard-McLean, Catherine Bohart and Babatunde Aléshe.
- 12.00 **MT Have I Got a Bit More News for You**  
Double bill.
- 2.00 AM **Live at the Apollo**
- 3.00 **Not Going Out**
- 3.30 to 4.00 AM **Schitt's Creek**

+1 hour 211/212 327 74

## 4seven

137/138 143 49 127

- 9.00 AM Ramsay's Kitchen Nightmares USA
- 11.00 Find It, Fix It, Flog It
- 2.00 PM A Place in the Sun
- 6.00 **A Place in the Sun: What Happened Next?**  
Catching up with past house-hunters.
- 8.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**  
Kirstie and Phil look back on some memorable moves.
- 9.00 **Grand Designs**  
Couple Ara and Tony build a home focused on health and wellbeing.
- 10.00 **First Dates**  
Grandmother Karen sets out to give a retired teacher's dating game a boost.
- 11.05 **24 Hours in A&E**
- 12.05 AM **Gogglebox**
- 1.10 **The Great British Bake Off**  
The bakers make biscuits and mousse cakes in Caramel Week.
- 2.30 **The Great British Bake Off: An Extra Slice**
- 3.35 to 4.40 AM Taskmaster

+1 hr 241/269 320/362 130

## 5USA

141/169 120/162 21 129

- 9.10 AM Law & Order (S16)
- 12.10 PM Blue Bloods (S2)
- 4.00 **NCIS**  
Five episodes of the drama, including at: 7.00 *Judgement Day - Part One:* 18/19. A former agent is found dead. 8.00 *Judgement Day - Part Two:* 19/19. Gibbs investigates the death of a team member. (S5)
- 9.00 **Criminal Minds**  
*The Gathering:* 17/24. Members of an online writing forum are killed. 10.00 *Restoration:* 18/24. A case leads Morgan to the man who abused him as a child. 11.00 *Pay It Forward:* 19/24. A skull is found in a time capsule. (S8)
- 11.55 **Law & Order: Special Victims Unit** (S6)
- 12.50 AM **Blindspot** (S1)
- 3.25 **Criminals: Caught on Camera**  
Documentary. to 4.00 AM Entertainment News

+1 hour 228/229 326 140

## 5STAR

128/129 126 32 131

- 8.00 AM Car Pound Cops
- 8.30 **The Dog Hospital**  
with Graeme Hall
- 9.25 **Dogs Behaving (Very) Badly**
- 2.20 PM **When Motorhoming Goes Horribly Wrong**
- 3.50 **FILM The Fugitive**  
Action thriller starring Harrison Ford. (1993, 15, 128min) ★★★★★
- 6.30 **FILM The Perfect Storm**  
Fact-based action drama starring George Clooney. (2000, 12, 129min) ★★★★★
- 9.00 **FILM Bridget Jones's Diary**  
Comedy starring Renée Zellweger. (2001, 15, 96min) ★★★★★
- 11.00 **FILM Final Destination 2**  
Horror thriller sequel. (2003, 15, 90min) ★★
- 12.55 AM **Adults Only: Mums Who Do Porn**
- 1.50 **Police Interceptors**
- 3.35 to 4.00 AM Car Pound Cops

+1 hour 228/229 326 140

## 5Action

150 130 33 132

- 9.00 AM Car Pound Cops
- 9.30 **Police Interceptors**
- 10.30 **FILM Star Trek The Motion Picture Fantasy.** (1979, U, 132min) ★★★★★
- 1.05 **PM FILM Star Trek II: The Wrath of Khan**  
Fantasy adventure. (1982, 12, 113min) ★★★★★
- 3.20 **FILM 55 Days at Peking**  
Historical drama starring Charlton Heston. (1962, U, 154min) ★★★★★
- 6.30 **FILM The Searchers**  
Classic John Ford Western starring John Wayne. (1956, U, 114min) ★★★★★
- 9.00 **FILM Fire Down Below**  
Action thriller starring Marg Helgenberger. (1997, 18, 101min) ★
- 11.05 **FILM Kickboxer: Retaliation**  
Action drama with Alain Moussi. (2018, 15, 110min) ★★
- 1.25 AM **Trucking Hell**
- 3.25 **Car Pound Cops**
- 3.55 to 4.00 AM Entertainment News

+1 hour 232/233 325

## U&W

132/133 827 125 25 156

- 6.10 AM The Bill
- 11.00 Tipping Point
- 3.00 PM **My Family Six**  
episodes, including at: 5.40 Michael's friend has a crush on Susan. 6.20 Ben and Susan flat-sit for friends.
- 7.00 **Miranda**  
The shop owner is trapped in her flat caring for her mother. 7.40 Miranda realises she is more attracted to Gary than ever. 8.20 Miranda packs her bags to go travelling.
- 9.00 **Gavin & Stacey**  
The gang reunite for Neil's christening. 9.40 Pam and Mick host a beer and curry night. 10.20 The Essex boys plan a night out and a sleepover at Bryn's.
- 11.00 **Chewing Gum**
- 12.00 MT **Wife Swap USA**
- 1.50 AM **The Undateables**
- 2.35 to 3.00 AM **Date Night**

+1 hour 243 316 60

7 PM

8 PM

9 PM

10 PM



## Really

142 128 17 145

- 6.00 AM **Fantasy Homes by the Sea** In East Sussex.
- 7.00 **Teleshopping**
- 8.00 **Fantasy Homes by the Sea** Double bill.
- 10.00 **The Yorkshire Auction House** Triple bill.
- 1.00 PM **A Place in the Sun**
- 8.00 **The Bad Skin Clinic**
- 9.00 **Paranormal Revenge**  
New editions A boy disturbs some bones buried under his house.  
10.00 An entity seeking revenge torments a hypnotherapist.
- 11.00 **The Dead Files**  
New edition Steve and Amy investigate claims of malicious entities attacking a woman.
- 12.00 **MT Help! My House Is Haunted** A footprint appears in wet paint.
- 1.00 AM **Unexplained: Caught on Camera**
- 2.00 **Teleshopping**
- 4.00 to 6.00 AM **Dr Jeff: Rocky Mountain Vet**

## Challenge

145 139 48 142

- 7.00 AM **The Chase**
- 9.00 **Bruce's Price Is Right**
- 10.00 **Dale's Supermarket Sweep** Double bill.
- 11.00 **All Star Family Fortunes**
- 1.00 PM **Cash Trapped**
- 3.00 **The Chase Celebrity Special** With Claire Richards, Rowland Rivron, James Haskell and Antony Costa.
- 4.00 **With Adrian Chiles, Gemma Merna, Rosie Marcel and Jon Snow.**
- 5.00 **With Kym Marsh, Louie Spence, Tracey Cox and Greg Rusedski.**
- 6.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
- 9.00 **The Family Chase** The Gandhis from London take part in the quiz.
- 10.00 **The Chase** Quiz show.
- 11.00 **Bullseye** Ten editions of the darts-based quiz.
- 4.00 AM **The Chase Celebrity Special**
- 5.00 to 6.00 AM **The Chase**

## GREAT! action

323 426 42

- 8.00 AM **Police Ten 7**
- 9.00 **Air Rescue**
- 9.30 **The War in the Air**
- 10.40 **FILM Hanover Street**  
War-time drama. (1979, PG, 108min) ★★
- 1.10 PM **FILM Walk the Proud Land** Western. (1956, U, 88min) ★★★
- 3.05 **FILM Ride Clear of Diablo** Western. (1954, U, 80min) ★★
- 5.00 **FILM Tumbleweed** Western. (1953, U) ★★
- 6.50 **FILM Destry** Western. (1954, PG, 96min) ★★
- 9.00 **FILM Hellfighters** Adventure. (1969, PG, 120min) ★★
- 11.30 **FILM Dragon Eyes** Martial arts drama. (2012, 18, 87min) ★★
- 1.30 AM **FILM Miami Magma** Sci-fi disaster movie. (2011, 15, 97min) ★★
- 3.25 **Cops Uncut**
- 3.55 to 5.00 AM **The Blitz on London**

+1 hour 324

## GREAT! movies

321 425 34

- 9.10 AM **Perception**
- 10.10 **FILM Betrayed by Lies** Drama with Amy Nuttall. (2018, PG, 86min) ★★
- 12.05 PM **FILM Out of Control** Crime thriller. (2009, PG, 85min) ★★
- 2.00 **FILM Vertical Limit** Adventure. (2000, 12, 124min) ★★
- 4.20 **FILM Shanghai Noon** Western comedy. (2000, 12, 109min) ★★
- 6.40 **FILM Shanghai Knights** Comedy sequel. (2003, 12, 109min) ★★
- 9.00 **FILM Air Force One** Action drama. (1997, 15, 124min) ★★
- 11.35 **FILM Priest** Fantasy. (2011, 15, 87min) ★★
- 1.30 AM **FILM Killer in Law** Thriller with Kelly Sullivan. (2019, PG, 85min) ★★
- 3.30 **Wild West Chronicles**
- 4.00 to 6.00 AM **FILM Fatal Acquittal** Thriller. (2014, PG, 90min) ★★

+1 hour 322

## GREAT! christmas

319 424 52

- 8.00 AM **FILM The National Tree** (2009, PG) ★★
- 10.00 **FILM Love for Christmas** Comedy. (2012, PG, 88min) ★★
- 12.00 NOON **FILM 12 Dog Days Till Christmas** Drama. (2014, PG, 90min) ★★
- 2.00 PM **FILM A Very Corgi Christmas** Comedy. (2019, PG, 90min) ★
- 4.00 **FILM 12 Pups of Christmas** Drama. (2019, PG, 90min) ★★
- 6.00 **FILM A Dogwalker's Christmas Tale** Drama. (2015, 86min) ★★
- 8.00 **FILM A Christmas Tail** Drama. (2012, U) ★★
- 10.00 **FILM Cupid for Christmas** Fantasy. (2021, PG, 90min) ★★
- 12.00 MT **FILM Battle of the Bulbs** (2010, U) ★★
- 2.00 AM **Highway to Heaven**
- 3.00 to 5.00 AM **FILM Christmas Festival of Ice** (2017, PG) ★★

+1 hour 320 63

## Rewind TV

182 95

- 6.55 AM **FILM The Amazing Mr X** Chiller. (1948, PG, 79min) ★★★
- 8.25 **That's My Dog**
- 8.55 **Monkey Nuts: The 13 Lost Episodes**
- 9.30 **Monkey 5/26** (S1)
- 10.30 **Watching** (S3&4)
- 1.00 PM **The Cuckoo Waltz**
- 3.30 **A Fine Romance**
- 6.00 **FILM Drake's Venture** Period drama. (1980, PG, 101min) ★★
- 8.00 **Bust 5/6** (S1)
- 9.00 **The Mrs Merton Show** With Germaine Greer and Michael Parkinson.
- 9.35 **Thriller 4/10** (S1)
- 11.05 **FILM The Little Shop of Horrors** Comedy. (1961, b/w, PG, 69min) ★★
- 12.30 AM **FILM The Werewolf of Washington** Comedy. (1973, 15, 90min) ★★
- 2.20 **FILM The Giant Spider Invasion** Sci-fi horror. (1975, 15, 84min) ★★
- 3.50 to 4.50 AM **That's My Dog**

## DMAX

159 169 39 147

- 6.00 AM **Deadliest Catch**
- 9.00 **Outback Crystal Hunters** Double bill.
- 11.00 **Outback Opal Hunters**
- 1.00 PM **Aussie Gold Hunters**
- 4.00 **Alaska: Homestead Rescue** Documentary.
- 6.00 **Gold Divers**
- 7.00 **Mysteries of the Deep**
- 8.00 **Mysterious Creatures With Forrest Galante**
- 9.00 **My Strange Addiction: Still Addicted?** Brittany's addiction to eating car seat foam forces her family to intervene.
- 10.00 **Body Bizarre** A woman suffers from a disorder that means her skin falls off.
- 11.00 **Monsters Inside Me**
- 12.00 **MT Naked and Afraid**
- 1.00 AM **Ed Stafford: First Man Out**
- 2.00 **Teleshopping**
- 4.00 **Treehouse Masters**
- 5.00 to 6.00 AM **Baggage Battles**

+1 hour 259 369 153

## Food Network

140/141 190 43 148

- 6.00 AM **Girl Meets Farm**
- 8.00 **The Pioneer Woman**
- 11.00 **Tom Kerridge Secrets of the Pub Kitchen**
- 11.30 **Tom Kerridge More Sunday Lunch**
- 12.00 NOON **James Martin: Sweet Five editions.**
- 2.30 PM **James Martin's Christmas Feasts**
- 3.00 **Rachel Allen: Bake!**
- 4.00 **Gok Wan's Easy Asian**
- 8.00 **Tom Kerridge Secrets of the Pub Kitchen**
- 8.30 **Tom Kerridge More Sunday Lunch**
- 9.00 **Secret Eats with Adam Richman** Adam samples Icelandic cuisine.  
9.30 Adam seeks secret eats in Illulissat and Oqaatsut, Greenland.  
10.00 Adam seeks secret eats during the Sturgis Motorcycle Rally.
- 10.30 **Man v Food**
- 2.00 to 3.00 AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

## Legend

148 149 41 137

- 7.00 AM **The Twilight Zone**
- 8.00 **FILM Trapped in Space** Sci-fi suspense drama. (1994, 15, 84min) ★★
- 10.00 **MacGyver** (S2)
- 3.00 PM **FILM Airport 77** Action disaster movie. (1977, PG, 113min) ★★
- 5.10 **FILM Against a Crooked Sky** Western. (1976, PG, 85min) ★★
- 7.00 **FILM First Man into Space** Sci-fi chiller. (1959, PG, 77min) ★★
- 8.30 **The Twilight Zone** (S3)
- 9.00 **FILM Daylight** Disaster movie starring Sylvester Stallone. (1996, 12, 114min) ★★
- 11.15 **FILM Escape Plan 3** Action thriller sequel. (2019, 15, 97min) ★
- 1.15 AM **FILM We Still Kill the Old Way** Drama. (2014, 18, 94min) ★★
- 3.10 to 5.00 AM **FILM Tales that Witness Madness** Horror with Joan Collins. (1973, 18, 90min) ★

+1 hour 318 371 139

## Legend Xtra

317 171 69 138

- 6.00 AM **FILM The Day the Earth Stopped** Thriller. (2008, 15, 90min) ★★
- 8.00 **FILM Mega Shark vs Kolossus** Fantasy thriller. (2015, 12, 90min) ★
- 10.00 **FILM Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
- 12.00 NOON **FILM Termination Point** Time-travel thriller. (2007, 15, 89min) ★★
- 2.00 PM **FILM A Study in Terror** Mystery thriller starring John Neville. (1965, 15, 91 min) ★★
- 4.00 **Andromeda** (S2&3)
- 9.00 **FILM American Siege** Thriller starring Bruce Willis and Rob Gough. (2021, 15, 91min) ★★
- 10.50 **FILM The Inglorious Bastards** World War Two thriller with Bo Svenson. (1978, 15, 99min) ★★
- 1.00 to 3.00 AM **FILM American Siege** (2021)

+1 hour 313 371 139

## Blaze

164 174 64 161

- 6.00 AM **Container Wars**
- 8.00 **Storm Stories**
- 9.00 **Mysteries from Above**
- 11.00 **Monsterquest**
- 12.00 NOON **I Saw It: Bigfoot and Beyond**
- 2.00 PM **Egypt's Unexplained Files**
- 4.00 **Ancient Aliens**
- 7.00 **Ancient Aliens** Ancient relics left hidden by extraterrestrials.  
8.00 The top 10 mysteries of the deep.
- 9.00 **The Proof Is Out There** A video that offers more evidence that UFOs really exist.
- 10.00 **The UnXplained with William Shatner** A look at some sacred rituals.
- 11.00 **Monsterquest**
- 12.00 **MT My Paranormal Nightmare**
- 1.00 AM **Haunted Hospitals**
- 2.00 **Believers: Extreme Hauntings** Documentary.
- 3.00 to 6.00 AM **Hardcore Pawn**

+1 hour 313 371 139

## SSELECT

153 138 46 133

- 9.00 AM **Paul Martin's Antiques Showdown**
- 12.00 NOON **Murder, She Wrote** Five episodes of the mystery, including at 4.00 PM **Deadpan: Jessica** investigates the death of a theatre critic.
- 5.00 **FILM Carry On Sergeant** The first *Carry On* comedy. (1958, b/w, U, 83min) ★★
- 6.45 **FILM Carry On Nurse** Comedy starring Kenneth Connor. (1959, b/w, PG, 85min) ★★
- 8.35 **Carry On: Secrets & Scandals** Behind-the-scenes stories.
- 10.05 **The Absolutely Fabulous June Whitfield** A profile of the comedy actor.
- 11.40 **1968: Most Shocking Moments** Scandals in TV, film, music and politics.
- 1.45 AM **Ben Fogle: New Lives in the Wild**
- 3.35 to 4.00 AM **Eggheads**

## HGTV

158 191 44 149

- 7.00 AM **A Place in the Sun: Home or Away**
- 8.00 **A Place in the Sun**
- 11.00 **My Lottery Dream Home** Eight editions.
- 3.00 PM **Escape to the Country** Four editions.
- 7.00 **Escape to the Country** A search for a property in rural Bedfordshire.  
8.00 A couple search for a home in Norfolk.  
9.00 Searching for a home in East Sussex on a budget of £750,000.  
10.00 Three generations of a family search for a home in rural Devon.  
11.00 A recently retired couple relocate to the Cornwall countryside.  
12.00 MT A returning ex-pat couple seek a property in West Sussex on a £950,000 budget.
- 1.00 AM **Divided by Design**
- 2.00 to 4.00 AM **Escape to the Country**

+1 hour 258/262 391

## TLC

133/134 828 165

- 7.00 AM **Curvy Brides Boutique** Double bill.
- 8.00 **Say Yes to the Dress: UK** Four editions.
- 10.00 **Outdaughtered: Busby Quints** Double bill.
- 12.00 NOON **Extreme Cheapskates**
- 1.00 PM **My 600lb Life**
- 5.00 **Too Large**
- 6.00 **Say Yes to the Dress: Atlanta** Double bill.
- 7.00 **Doubling Down with the Derricos**
- 8.00 **Unexpected: Teenage & Pregnant Dream Build**
- 9.00 **Dr Pimple Popper**
- 11.00 **Sex Sent Me to the ER**
- 12.00 **MT Body Bizarre**
- 1.00 AM **Extreme Couponing**
- 2.00 **Dr Pimple Popper**
- 3.00 **Sex Sent Me to the ER**
- 4.00 **Unexpected: Teenage & Pregnant to 6.00 AM Curvy Brides Boutique**

+1 hour 233/234 365

## Comedy Central

112/113 812 132 345 360

- 8.00 AM **Last Man Standing**
- 9.00 **Friends** (S7&8)
- 3.00 PM **FILM This Means War** Romantic action comedy starring Reese Witherspoon, Chris Pine and Tom Hardy. (2012, 12, 103min) ★★
- 5.00 **Friends** (S8)
- 9.00 **FILM White Chicks** Comedy starring Shawn and Marlon Wayans. Two black FBI agents dress up as white heiress sisters in order to catch a serial kidnapper. (2004, 15, 109min) ★
- 11.15 **FILM Walk Hard: The Dewey Cox Story** Spoof musical biopic starring John C. Reilly. (2007, 15, 92min) ★★
- 1.00 AM **Impractical Jokers**
- 1.30 **Key & Peele**
- 2.00 **Lee Evans Live at Wembley** Stand-up.
- 3.50 **Ugly Americans** (S2)
- 4.15 to 5.00 AM **Guessable?**

+1 hour 212/213 332

## Comedy Cen. Extra

127/128 154

- 6.00 AM **Home Improvement**
- 7.00 **Teleshopping**
- 9.00 **Michael McIntyre's Big Show** As 8.00pm.
- 10.00 **New Girl** (S3&4)
- 3.00 PM **Friends** (S8)
- 5.00 **Last Man Standing**
- 8.00 **Michael McIntyre's Big Show** With Rob Beckett, Romeo of the Cirque du Soleil, Years and Years and Bruno Tonioli.
- 9.00 **Friends** 9/24. Brad Pitt guest stars in a Thanksgiving special.  
9.30 10/24. Monica buys a pair of boots.  
10.00 11/24. Rachel propositions Joey.  
10.30 12/24. Rachel and Joey hit the town. (S8)
- 11.00 **Friends** 13-18/24. (S8)
- 2.00 AM **New Girl** (S3&4)
- 3.00 **Out of Order**
- 3.45 **Jimmy Carr: Stand Up**
- 4.30 **Rhod Gilbert's Growing Pains** With Prue Leith.
- 5.15 to 6.00 AM **Impractical Jokers**

+1 hour 313 371 139

## Sky Replay

152 156

- 7.00 AM **Celebrity Four Weddings**
- 8.00 **Four Weddings**
- 9.00 **Border Security: America's Front Line**
- 12.00 NOON **Magnum P.I.**
- 2.00 PM **Departure** (S2)
- 5.00 **Brit Cops: Frontline Crime UK** Double bill.
- 7.00 **Merlin Excalibur: 9/13** Arthur's uncle returns.  
8.00 **The Moment of Truth: 10/13**. Bandits attack the village where Merlin's mother lives.  
9.00 **The Labyrinth of Gredref: 11/13**. A curse descends on Camelot.  
10.00 **To Kill the King: 12/13**. Tom faces trial.  
11.00 **Le Morte d'Arthur: 13/13**. Arthur is mortally wounded. (S1)
- 12.00 **MT The Russell Howard Hour**
- 2.00 AM **A League of Their Own** With Laura Kenny.
- 3.00 to 6.00 AM **Four Weddings**

+1 hour 313 371 139

## MTV

126/127 824 134

- 6.00 AM **Daria** 2/13. (S3)
- 6.25 **Teen Mom 2**
- 7.10 **Teen Mom: Young & Pregnant UK**
- 9.00 **Dallas Cowboys Cheerleaders**
- 1.00 PM **Catfish: The TV Show** Eight editions of the series, including at 6.00 DeJay and Malik are being played by the same guy.  
7.00 Jaylin is prepared to sacrifice his career to be with a woman he has never spoken to before.  
8.00 Eli fell so hard for Boulevard that he moved from Alaska to Chicago to be with her but she was nowhere to be found.
- 9.00 **Skin A&E**
- 10.00 **Ink Master**
- 11.45 **Most Embarrassing Sex Stories**
- 1.20 AM **True Love or True Lies?** Reality series.
- 2.10 **Catfish: The TV Show**
- 3.40 to 4.00 AM **Teen Cribz**

★★★★ Excellent ★★★★★ Very Good ★★★ Good ★★ Average ★ Poor



## Discovery

125/126 823 177 320 325

- 6.00 AM **How It's Made**
- 12.00 NOON **Deadliest Catch**  
Five editions, including at:  
3.00 PM Josh and Casey place a bet on a hard-to-find quota.  
4.00 Mandy returns to Sig's wheelhouse as heavy ice builds on the *Northwestern*.  
5.00 One false move in the False Pass causes Jake and the *Saga* to hit rock bottom.
- 6.00 **Gold Rush: Mine Rescue with Freddy & Juan** An Oregon miner calls Freddy and Juan to help save his mine so he can pass it on to his son.



6.00 **Gold Rush: Mine Rescue**

### 7.30 Deadliest Catch

John risks capsizing with a slack tank, Jake hauls in the highest seas of his career, and Sig rushes to get Clark home.

### 8.30 Hoffman Family Gold

In a desperate search for unfrozen ground, Andy creates a novel solution – digging up the road.

### 9.30 Hustlers Gamblers Crooks

A man wagers his life savings on a single spin of the roulette wheel. Plus, a pool hustler's life is on the line after being set up and robbed.

### 10.30 Expedition Bigfoot

Bryce talks with a witness who had an experience with a family of Bigfoot.

### 11.30 Expedition X

### 12.30 AM Inside the Heist

### 1.30 Border Control Sweden

### 2.30 Expedition to the Edge

### 4.30 to 5.00 AM America: Facts vs Fiction

+1 hour 225/226 377

## Animal Planet

162/175 178

- 8.00 AM **Insane Pools: Off the Deep End** A dream pool.
- 9.00 **Amanda to the Rescue**
- 10.00 **Saved by the Barn**
- 11.00 **Dr Jeff: Rocky Mountain Vet**
- 12.00 NOON **Insane Pools: Off the Deep End** A waterpark.
- 1.00 PM **Amanda to the Rescue**
- 2.00 **Sharks of the Badlands**
- 3.00 **Shark Vortex**
- 4.00 **Dr Jeff: Rocky Mountain Vet**
- 6.00 **Insane Pools: Off the Deep End** A Florida couple request the ultimate space of tranquility and relaxation.



8.00 **Swimming with Monsters**

### 7.00 How Do Animals Do That? Why moths are attracted to flames.

7.30 Why spiders don't get stuck in their webs.

### 8.00 Swimming with Monsters with Steve Backshall

The naturalist swims with the voracious Humboldt squid.

### 9.00 Rugged Justice

The WDFW police officers arrest a man with multiple warrants.

### 10.00 Alaska: The Last Frontier

The fall cattle round up takes a turn when a horse gets tangled in electric wire.

### 11.00 Insane Pools: Off the Deep End

A waterfront paradise. An infection threatens to rob a college student of her eyeball.

### 12.00 MT Monsters Inside Me

1.00 AM **Alaska: The Last Frontier**

2.00 **Dr Jeff: Rocky Mountain Vet**

4.00 to 5.00 AM **Insane Pools: Off the Deep End**

+1 hour 262/275 378

## Nat Geographic

129/130 825 183

- 8.00 AM **Food Factory USA**
- 9.00 **Expedition Amazon**
- 10.00 **Car S.O.S** Triple bill.
- 1.00 PM **World War II: Secrets from Above** Double bill.
- 3.00 **Eyewitness WWII: Invasion Italy 1/2**. The story of World War Two's Italian campaign.
- 4.00 2/2. The Italian campaign told through the accounts of those who fought in it.
- 5.00 **Hitler Youth** The story of the Nazi youth organisation.
- 6.00 The expansion of the organisation before the war.



11.00 **Plane Crash Recreated**

### 7.00 Air Crash Investigation

How a Nigeria Airways flight crashed at Saudi Arabia's King Abdulaziz International Airport.

### 8.00 Air Crash Investigation

The crash of SilkAir flight 185 in 1997, which plunged 35,000ft while flying over Indonesia.

### 9.00 Air Crash Investigation

A reconstruction of the 1996 collision between a Kazakhstan Airlines jet and a Saudi Airways plane.

### 10.00 The 2000s' Biggest Tragedies

A look at one of the most tumultuous and tragic decades in over a century.

### 11.00 Plane Crash Recreated

12.00 **MT Ice Road Rescue**

1.00 AM **Inside Sydney Airport**

2.00 **Money Meltdown**

2.55 **Food Factory** Double bill.

3.45 **Lords of War**

4.35 to 5.00 AM **When Sharks Attack**

+1 hour 229/230 383

## Sky History

123/124 821 131 353 368

- 6.00 AM **Storage Wars**
- 6.00 **Pawn Stars** Double bill.
- 8.00 **Auction Kings**
- 12.00 NOON **UFO Town**
- 1.00 PM **Titanic: A Dead Reckoning** Examining whether the sinking of the *Titanic* was also the scene of a crime.
- 2.00 **Storage Wars** Six editions.
- 5.00 **Hitler's British Island 1/2**. Nazi control of the Channel Island of Alderney.
- 6.00 **Clash of Ancient Warriors** A look into the Battle of Gergovia, fought in 52BC.



9.00 **Hitler's Handmaidens**

### 7.00 Bomber: Terror of WWII

A look at how bomber aircraft dominated the skies during World War Two.

### 8.00 Bomber: Terror of WWII

The German attack on Warsaw in September 1939.

### 9.00 Hitler's Handmaidens

An examination of the 'Nazi Woman' through a contemporary lens.

### 10.00 Hitler's Handmaidens

How women were active and violent participants and perpetrators in World War Two.

### 11.00 Curse of Skinwalker Ranch

When a former US Navy pilot and UAP whistleblower visits the ranch, an incredible event takes place that leaves the entire team in disbelief.

### 12.00 MT Forged in Fire

2.00 AM **Storage Wars**

5.00 to 6.00 AM **Auction Kings**

+1 hour 223/224 331

## U&Yesterday

155 846 129 27 159

- 6.10 AM **How to Build a Motor Car**
- 8.00 **Adolf Hitler's War**
- 11.00 **Find It, Fix It, Flog It**
- 2.00 PM **Ireland with Simon Reeve**
- 3.00 **Cornwall with Simon Reeve**
- 4.00 **Robson Green's Weekend Escapes** Robson and Tom Britney explore Durham.  
4.30 With Steph McGovern.
- 5.00 **Great Canal Journeys** Timothy West and Prunella Scales explore India.  
6.00 Tim and Prunella strike out for the Brahmaputra river in the far north of India.



5.00 **Great Canal Journeys**

### 7.00 Great Canal Journeys

Timothy West and Prunella Scales explore the Norfolk Broads.

### 8.00 Great American Railroad Journeys

Michael Portillo examines the history of the American rail network.

### 9.00 Great American Railroad Journeys

Michael heads east from Manhattan to Brooklyn.

### 10.00 One Foot in the Grave

Victor helps a Dutch girl to get back on her feet.  
10.40 Victor receives an unlikely job offer.

### 11.20 One Foot in the Grave

A hole appears at the bottom of the garden.

### 12.00 MT Bangers & Cash

Dave travels to Leicestershire to pick up a 1980 Ford Granada Ghia and a 1981 Ford Cortina.

1.00 to 3.00 AM **How to Build a Motor Car**

+1 hour 255 329

## Quest

144 834 137 12 150 144

- 6.00 AM **Wings of War**
- 7.00 **British Superbikes**
- 8.00 **Wheeler Dealers**
- 2.00 PM **Fifth Gear Recharged**
- 3.00 **Fifth Gear**
- 4.00 **Salvage Hunters**
- 9.00 **The Repair Shop** The experts try to restore a much-loved teddy bear, an unusual instrument and a tea caddy.
- 10.00 **Shed and Buried** Henry and Fuzz meet a diehard biker with a shed full of rare Czech and Japanese bikes.  
10.30 Henry and Fuzz explore a haven of classic and rare bikes.
- 11.00 **Aussie Gold Hunters**
- 12.00 **MT Gem Hunters Down Under**
- 1.00 AM **Border Control: Spain** Four editions.
- 3.00 to 5.00 AM **How It's Made**

+1 hr 244 337 70 151

## Quest Red

149 168 40 146

- 6.00 AM **Say Yes to the Dress: UK** Double bill.
- 7.00 **Say Yes to the Dress: Lancashire**
- 8.00 **Say Yes to the Dress**
- 12.00 NOON **Forensic Detectives** Triple bill.
- 3.00 PM **Betrayed**
- 8.00 **Murder Comes to Town** The case of a missing saloon proprietor.
- 9.00 **Murder on CCTV** **New edition** The body of Laura Pietscher is found in a dumpster in Tampa.
- 10.00 **How (Not) to Get Rid of a Body** **New edition** The disappearance of a 17-year-old girl leads the police on an investigation spanning two decades.
- 11.00 **Faking It: Tears of a Crime** John Sharpe.
- 12.00 **MT Nightmare Next Door** Double bill.
- 2.00 AM **Murder Comes to Town** Narleen Compton.
- 3.00 to 4.00 AM **FBI Files**

+1 hour 249 152

## True Crime

146 148 67 135

- 9.00 AM **Judge Judy**
- 1.00 PM **Judge Judy**
- 5.00 **Close Calls: On Camera**
- 7.00 **A Stranger in My Home** A man goes missing – and his home reveals a bloody secret.
- 8.00 An art dealer's disappearance leads to a vicious nest of thieves and murderers.
- 9.00 **Ice Cold Killers** After a house fire, firefighters find the bodies of a woman and two children.
- 10.00 **Teenager Tara** Munsey vanishes on a cold night in Alaska.
- 11.00 A police officer is shot and killed on midnight patrol.
- 12.00 **MT** After a night at karaoke, a nurse vanishes into the Wisconsin winter.
- 1.00 AM **Ice Cold Killers**
- 3.00 **Medical Detectives**
- 4.00 to 6.00 AM **Judge Judy**

+1 hour 246 348 136

## True Crime Xtra

147 172 68 134

- 9.00 AM **48 Hours**
- 2.00 PM **Medical Detectives** The disappearance of a six-year-old girl.  
2.30 Technology helps unravel a murder case.  
3.00 Exploring how investigators used a print to identify a killer.  
3.30 A man's motives for killing an intruder who allegedly murdered his wife are questioned.  
4.00 The disappearance of a mail-order bride.  
4.30 A man gets accused of shooting his estranged wife.
- 5.00 **Written in Blood** Sophie Hannah takes Simon Toyne to Nottingham to explore the 1983 murder of Collette Aram.
- 6.00 **Judge Judy** Real-life small-claims cases.
- 2.00 AM **Psychic Private Eyes**
- 4.00 **Something's Killing Me**
- 4.45 to 6.00 AM **Medical Detectives**

+1 hour 222/223 321

## Sky Crime

122/123 820 121 349 364

- 6.00 AM **Caught on Dashcam**
- 7.00 **Highway Patrol**
- 8.00 **Snapped** Documentary.
- 9.00 **Killer in My Village**
- 11.00 **Murders That Shocked the Nation** Double bill.
- 1.00 PM **Forensics: Catching the Killer**
- 2.00 **The Killer Within**
- 3.00 **An Unexpected Killer**
- 4.00 **Britain's Most Evil Killers** Double bill.
- 6.00 **World's Most Evil Killers**
- 7.00 **Killer in My Village**
- 9.00 **Britain's Most Evil Killers** The murder of 16-year-old Mhairi Julian.
- 10.00 **Dating Death 1-3/3**. The story of serial killer Rodney Alcala.
- 1.00 AM **The Killer Within**
- 2.00 **Love You to Death**
- 3.00 **An Unexpected Killer**
- 4.00 **Brit Cops: Law & Disorder** Documentary.
- 5.00 to 6.00 AM **Motorway Patrol**

+1 hour 222/223 321

## PBS America

173 187 84 155

- 8.00 AM **Beautiful Serengeti**
- 8.30 **Mafia's Greatest Hits**
- 9.35 **Forts of Verdun**
- 10.50 **Verdun: The Battle of the Great War**
- 11.55 **75 Years of Nato: New Challenges and Chances**
- 1.00 PM **Broken Arrows: The Lost Bombs of the Cold War**
- 3.15 **A Cold War of Spies**
- 7.30 **Forts of Verdun** A journey inside the walls of the 38 forts that were at stake in the Battle of Verdun.
- 8.40 **Verdun: The Battle of the Great War** An in-depth look at what became the bloodiest battle of World War One.
- 9.50 **75 Years of Nato: New Challenges and Chances** A deep dive into the military alliance.
- 10.55 **Mafia's Greatest Hits**
- 12.00 **MT Forts of Verdun**
- 1.15 to 2.00 AM **Beautiful Serengeti**



## Sky Documentaries

121/122 819 188 352 367

- 6.00 AM **Discovering: Jean Simmons**
- 7.00 **Discovering: Susan Sarandon**
- 8.00 **The Directors**
- 9.00 **Say Hey, Willie Mays!**
- 11.00 **Laurel and Hardy: Their Lives and Magic**
- 1.00 PM **Red Elvis: The Cold War Cowboy** Documentary.
- 2.50 **My Icon: Shaun Gayle**
- 3.00 **Jealous Guy: The Assassination of John Lennon**
- 4.50 **My Icon: Natasha Jonas**
- 5.00 **Rise of the Superheroes** The domination of cinema by comic book franchises.
- 7.15 **I Am Johnny Cash** A profile of the country singer-songwriter.
- 9.00 **Wise Guy: David Chase and The Sopranos 1&2/2** Exploring the origins and development of the drama, as well as looking at the life and career of its creator and writer David Chase.
- 12.00 **MT The Scheme** The story of how the FBI tried to bring down a young basketball scout.
- 2.15 **AM The Forever Prisoner**
- 4.30 **PL Legends: Michael Owen**
- 5.00 to 6.00 AM **The Directors**

## Crime+Investigation

156 837 133

- 6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
- 9.00 **Court Cam** Six editions.
- 12.00 **NOON Accident, Suicide or Murder?** Four editions.
- 4.00 PM **Homicide Hunter**
- 7.00 **The Real Murders of Orange County** Detectives get caught up in a game of cat and mouse when a young couple is brutally attacked in an upscale Placentia neighbourhood.
- 8.00 **Tell Me How I Died** Detectives investigate when a mother of three dies suspiciously.
- 9.00 **#Dead2Me** How Caroline Mawhood murdered her partner Simon Gilchrist.
- 10.00 **Crimes That Shook Britain** The murder of transgender teenager Brianna Ghey.
- 11.00 **Missing Presumed Dead**
- 12.00 **MT Family Massacre**
- 1.00 AM **Court Cam** Four editions.
- 3.00 **Criminal Confessions**
- 4.00 to 6.00 AM **On the Case with Paula Zahn**

+1 hour 256 333

## U&Eden

166 176 57 160

- 9.00 AM **Wild Colombia with Nigel Marven** Four editions.
- 1.00 PM **Frozen Planet**
- 3.00 **Wild Colombia with Nigel Marven** A journey exploring Colombia's wild side.
- 4.00 A search for anacondas in the Amazon forest.
- 5.00 A visit to Santa Maria.
- 6.00 **Colombia's Pacific coast.**
- 7.00 **Frozen Planet** The host explores the polar regions.
- 8.00 A polar bear hunts with her cubs in the Arctic.
- 9.00 **Expedition with Steve Backshall** Steve heads to Greenland in the Arctic.
- 10.00 Steve leads a team of experts into Yucatan, Mexico.
- 11.00 The naturalist leads a team into Greenland.
- 12.00 **MT Anthony Bourdain: Parts Unknown** Double bill.
- 2.00 AM **Wild Colombia with Nigel Marven** Four editions.
- 5.30 to 6.00 AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

## Sky Nature

124/125 822 189 354 369

- 6.00 AM **Hope for Wildlife**
- 9.00 **Super Shark Highway** Double bill of the documentary series.
- 11.00 **Series finale** Following the southern team as they test new migration tech.
- 12.00 **NOON Loons: A Cry from the Mist** The common loon.
- 1.00 PM **The Hungry Games: Alaska Big Bear Challenge**
- 2.00 **Land of Gremlins**
- 5.00 **David Attenborough's Conquest of the Skies**
- 8.00 **Jaguar Journals** The Queen of the Pantanal teaches her cub Simba how to climb trees.
- 9.00 **Shark Squad** The mako shark – the fastest fish in the sea.
- 10.00 **Secret Life of the Wombat** A profile of the animal that shares a common ancestor with the koala.
- 11.00 A look into the wombats' mating season.
- 12.00 **MT Jaguar Journals**
- 1.00 AM **Shark Squad** As 9.00pm.
- 2.00 **Land of the Far North**
- 4.00 to 6.00 AM **Great Parks of Africa**

## WILD

165 841 182

- 8.00 AM **Fish Tank Kings**
- 9.00 **Secrets of the Zoo**
- 11.00 **Natural Treasures**
- 12.00 **NOON Yukon Vet**
- 2.00 PM **Crocodiles Revealed**
- 3.00 **World's Biggest Bull Sharks**
- 4.00 **World's Deadliest Jellyfish**
- 5.00 **Snakes in the City**
- 7.00 **Giants of the Deep Blue** Underwater footage revealing the secret lives of whales.
- 8.00 **The Incredible Dr Pol** **New editions** Dr Lisa helps a horse and Nicole performs an emergency C-section on a cat.
- 9.00 On Mother's Day, the vets treat new mums including a cow with a young calf. Plus, a pair of dogs need help after an encounter with a porcupine.
- 10.00 **Africa's Deadliest** Exploring the African bushveld – a battleground where creatures must fight for their right to rule.
- 11.00 **Snakes in the City** Simon and Sioux interrupt two Boomslangs.
- 12.00 **MT Swamp Men**
- 2.00 AM **Secrets of the Zoo**
- 4.00 to 5.00 AM **Yukon Vet**

+1 hour 254 366

## ID

154 166

- 6.00 AM **I Almost Got Away with It**
- 7.00 **Teleshopping**
- 8.00 **The Lies That Bind**
- 10.00 **Dead Silent** Double bill.
- 12.00 **NOON True Conviction**
- 2.00 PM **Faking It: Tears of a Crime**
- 4.00 **Breaking Homicide**
- 6.00 **Diabolical: Deadly Love** The drowning of a 33-year-old in the middle of a crowded lake.
- 7.00 In 2015, a hunter comes across a woman in the woods who has been murdered.
- 8.00 **American Monster**
- 9.00 **Evil Lives Here: Shadows of Death** In 2019, when a beloved father vanishes, his home appears spotless.
- 10.00 **People Magazine Investigates** The story of a US family's dream that went up in flames.
- 11.00 **Devil in the Web**
- 12.00 **MT Evil Talks: Chilling Confessions** Double bill.
- 2.00 AM **Disappeared**
- 4.00 to 6.00 AM **I Almost Got Away with It**

+1 hour 254 366

## Sky History 2

163/168 840 186

- 6.00 AM **Ancient Aliens**
- 9.00 **Instruments of Death**
- 10.00 **History of Weapons**
- 11.00 **Ancient Aliens** Triple bill.
- 2.00 PM **Ancient Aliens: The Ultimate Evidence**
- 3.00 **Digging for Britain**
- 5.00 **What on Earth?**
- 7.00 **WWII Battles in Colour** The Battle of Kursk, an engagement between German and Soviet forces on the Eastern Front near Kursk.
- 8.00 **Kolossus** Commodus, the son of Marcus Aurelius, risks his life in the arena.
- 9.00 **Dark Marvels: Killing Machines** An exploration into the dark art of spy-craft.
- 10.00 **Royal Autopsy** Alice Roberts and Brett Lockyer examine the cause of death of George IV.
- 11.00 **Scary Tales of New York**
- 12.10 AM **Ancient Aliens: The Ultimate Evidence**
- 1.05 **Ancient Aliens**
- 3.00 **Hitler: Uncovering His Fatal Obsession**
- 5.00 to 6.00 AM **Ancient Aliens**

## Discovery History

174 181

- 6.00 AM **Shed and Buried**
- 9.00 **Combat Dealers: Reloaded**
- 12.00 **NOON Salvage Hunters: The Restorers** Triple bill.
- 3.00 PM **Shed and Buried**
- 6.00 **Combat Dealers** Bruce Crompton blows up a van with World War Two rifle grenades.
- 7.00 Bruce buys and sells various German hardware.
- 8.00 **Shed and Buried** Henry Cole and Sam Lovegrove examine Japanese bikes in Hampshire.
- 8.30 **Rare Minis, 1970s Rollers** and a rally car in Oxfordshire.
- 9.00 Henry and Sam search for vehicles in Cornwall.
- 9.30 Henry and Sam head to Oxfordshire.
- 10.00 **Salvage Hunters: The Restorers** A 19th-century Louis Vuitton trunk is restored.
- 11.00 Drew asks Steve to save a faded but valuable antique chest of drawers.
- 12.00 **MT Salvage Hunters: The Restorers** Triple bill.
- 3.00 to 5.00 AM **Salvage Hunters**

+1 hour 274 381

## Discovery Turbo

161/172 180

- 6.00 AM **Scrap Kings**
- 9.00 **How Do They Do It?**
- 12.00 **NOON World's Greatest Motorcycle Rides**
- 4.00 PM **Twist the Throttle**
- 5.00 **Kindig Customs** A returning client asks the team to work on a 1927 Shadow Rod.
- 6.00 A 1955 Lincoln Continental offers the shop a new challenge.
- 7.00 The team continues work on the Continental project, and with its custom colour, huge V2 engine, and a high-profile sponsor, it looks set to become of Kindig's biggest successes.
- 8.00 **Scrap Kings** On the Channel Islands, the team demolish an old cable car station.
- 9.00 In Rutland, during the demolition of a hallway house, the team find a valuable asset.
- 10.00 Asbestos is found in a half-demolished office block.
- 11.00 **How Do They Do It? Turbo**
- 1.00 AM **Last Outpost**
- 2.00 to 5.00 AM **Misfit Garage**

+1 hour 261/272

## Sky Cinema Premiere

301 401 501 515

- 6.15 AM **Zombie Town** Comedy horror. (2023, 12, 92min) ★★
- 8.05 **Freud's Last Session** Drama. (2023, 12, 108min) ★★
- 10.00 **PREMIERE Drive-Away Dolls**
- 11.50 **The Radleys** As 8.00pm.
- 1.45 PM **One Life** Historical drama starring Anthony Hopkins. (2023, 12, 110min) ★★★★★
- 3.40 **Bob Marley: One Love** (2023)
- 5.30 **The Color Purple** Musical drama starring Taraji P Henson. (2023, 12, 141min) ★★★★★



**PREMIERE**  
10.00 **Drive-Away Dolls**

- 8.00 **The Radleys** Horror comedy co-written by Jo Brand, starring Kelly Macdonald, Damian Lewis and Sophia Di Martino. A seemingly ordinary family hide a dark secret. (2024, 15, 115min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.00 **PREMIERE Drive-Away Dolls** Action comedy with Margaret Qualley and Geraldine Viswanathan. Two women cross paths with a group of inept criminals while on a road trip. (2024, 15, 84min) ★★★★★ See review, page 23. SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.35 **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★★★
- 1.25 AM **Restore Point** Thriller. (2023, 15, 115min) ★★★★★
- 3.30 **Black Dog** Drama. (2023, 15, 96min) ★★★★★
- 5.10 to 7.00 AM **Freud's Last Session** As 8.05am.

## Sky Cinema Drama

310 410 510 524

- 6.50 AM **Dance First** As 1.50am.
- 8.45 **You Can Live Forever** (2022)
- 10.30 **Ghost** Romantic fantasy thriller. (1990, 12, 127min) ★★★★★
- 12.45 **PM Catch Me If You Can** Steven Spielberg's adventure. (2002, 12, 141min) ★★★★★
- 3.10 **Jarhead** As shown at 8.00pm.
- 5.20 **Cold Mountain** Anthony Minghella's romantic drama. (2003, 15, 152min) ★★★★★
- 8.00 **Jarhead** Drama starring Jake Gyllenhaal. During the first Gulf War, a platoon of American Marines try to come to terms with stress and boredom while waiting to see action in Iraq. (2005, 15, 123min) ★★★★★
- 10.10 **Save the Cinema** Comedy drama telling the true story of Liz Evans from Carmarthen, who started a campaign in the 1990s to save the town's Lyric Cinema. Stars Samantha Morton. (2021, 12, 109min) ★★★★★
- 12.05 AM **Allelujah** Comedy drama starring Jennifer Saunders. (2022, 12, 99min) ★★★★★
- 1.50 **Dance First** Biographical drama. (2023, 12, 100min) ★★★★★
- 3.40 **You Can Live Forever** Drama. (2022, 15, 96min) ★★★★★
- 5.25 to 8.05 AM **Cold Mountain**

## Sky Cinema Hits

303 403 503 517

- 7.20 AM **The Cinema List: Black British Actors**
- 7.40 **Back to the Future Part II**
- 9.40 **Star Trek The Motion Picture**
- 11.55 **War of the Worlds** Thriller. (2005, 12, 116min) ★★★★★
- 1.55 PM **Suicide Squad** Fantasy. (2016, 15, 123min) ★★★★★
- 4.00 **Back to the Future Part II** Comedy adventure sequel. (1989, PG, 107min) ★★★★★
- 6.00 **The Equalizer 3** Thriller sequel. (2023, 15, 109min) ★★★★★



6.00 **The Equalizer 3**

- 8.00 **Oppenheimer** Writer-director Christopher Nolan's epic biopic starring Cillian Murphy. J Robert Oppenheimer leads the Manhattan Project to develop an atomic weapon before Hitler and end World War Two. With Robert Downey Jr and Emily Blunt. (2023, 15, 180min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.00 **White Chicks** Comedy starring Shawn and Marlon Wayans. (2004, 15, 109min) ★
- 1.00 AM **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise, Emily Blunt and Bill Paxton. (2014, 12, 113min) ★★★★★
- 3.05 **Star Trek The Motion Picture** Sci-fi adventure with William Shatner and Leonard Nimoy. (1979, U, 132min) ★★★★★
- 5.25 to 7.30 AM **War of the Worlds** As shown at 11.55am.

## Sky Cinema Halloween

311 411 511 525

- 6.50 AM **Resident Evil: Apocalypse**
- 8.30 **Insidious: The Red Door** Horror sequel starring Patrick Wilson. (2023, 15, 107min) ★★
- 10.25 **The Nun** Horror with Demián Bichir. (2018, 15, 96min) ★★★★★
- 12.10 PM **The Ring Two** Horror chiller sequel. (2004, 15, 110min) ★★★★★
- 2.10 **Ouija** As shown at 10.25pm.
- 3.55 **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★★★
- 6.00 **The Radleys** Horror starring Kelly Macdonald. A seemingly ordinary family hide a dark secret. (2024, 15, 115min) ★★★★★
- 8.00 **It** Horror thriller starring Bill Skarsgård A group of bullied New England kids band together to destroy a demonic clown. (2017, 15, 135min) ★★★★★
- 10.25 **Ouija** Horror chiller with Olivia Cooke, Ana Coto and Daren Kagasoff. (2014, 15, 87min) ★★
- 12.00 **MT The Birds** Hitchcock horror. (1963, 15, 118min) ★★★★★
- 2.05 AM **Resident Evil: Apocalypse** Sci-fi horror thriller sequel. (2004, 15, 94min) ★★★★★
- 3.45 **Resident Evil** Sci-fi horror. (2002, 15, 100min) ★★★★★
- 5.40 to 7.35 AM **Resident Evil: The Final Chapter** Action horror sequel. (2016, 15, 107min) ★★★★★



## Sky Cinema Family

- 306 406 506 520**
- 7.10** AM **Wickensburg** Adventure. (2022, PG, 90min) ★★★
  - 8.55** **Goosebumps** (2015) ★★★
  - 10.45** **Twins** (1988, PG) ★★★
  - 12.40** PM **Big Fat Liar** As 11.15pm.
  - 2.15** **Angus, Thongs and Perfect Snogging** Teen comedy. (2008, 12, 100min) ★★★★★
  - 4.00** **Dungeons & Dragons: Honour Among Thieves** Adventure. (2023, 12, 134min) ★★★★★
  - 6.20** **Robin and the Hoods** Comedy. (2024, PG, 100min) ★★



**6.20** **Robin and the Hoods**

- 8.05** **The Flintstones** Comedy based on the cartoon series set in the Stone Age town of Bedrock, starring John Goodman, Rick Moranis, Elizabeth Perkins and Rosie O'Donnell. (1994, U, 93min) ★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.40** **The Flintstones in Viva Rock Vegas** Comedy prequel starring Mark Addy. Fred Flintstone and Barney Rubble take their girlfriends on a weekend to Rock Vegas. (2000, PG, 91min) ★★  
SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.15** **Big Fat Liar** Teen comedy starring Frankie Muniz. (2002, PG, 88min) ★★★
- 12.50** AM **Pups United** Adventure. (2015, U, 89min) ★★★
- 2.25** **A Tiger's Journey** Drama. (2023, PG, 94min) ★★★
- 4.05** **Daddy Day Camp** Comedy sequel. (2007, PG, 88min) ★★
- to 7.15** AM **Paolie** Comedy. (1998, U, 92min) ★★★

## Sky Cinema Ultimate Sci-Fi

- 302 402 502 516**
- 6.00** AM **E.T. The Extra Terrestrial**
  - 8.00** **Ghostbusters** As 4.50am.
  - 9.50** **Galaxy Quest** Sci-fi comedy. (1999, PG, 102min) ★★★★★
  - 11.50** **65** As shown at 3.05am.
  - 1.35** PM **Back to the Future** Time-travel comedy fantasy. (1985, PG, 115min) ★★★★★
  - 3.35** **Godzilla** Hollywood remake of the Japanese monster movie. (1998, PG, 139min) ★★★
  - 6.00** **The Adjustment Bureau** Romantic sci-fi thriller starring Matt Damon and Emily Blunt. (2011, 12, 105min) ★★★★★
  - 8.00** **Interstellar** Sci-fi drama starring Matthew McConaughey. (2014, 12, 166min) ★★★★★
  - 10.50** **The Matrix** Action thriller with Keanu Reeves. A computer hacker learns that he is destined to save humanity from enslavement by a network of artificially intelligent computers. (1999, 15, 136min) ★★★★★
  - 1.10** AM **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy. (1982, U, 114min) ★★★★★
  - 3.05** **65** Sci-fi action adventure. (2023, 12, 93min) ★★
  - 4.50** **to 6.45** AM **Ghostbusters** Supernatural comedy. (1984, 12, 105min) ★★★★★

## Sky Cinema Action

- 307 407 507 521**
- 6.20** AM **The Bricklayer** (2023)
  - 8.15** **Gods of Egypt** As 1.55am.
  - 10.25** **Kung Fu Hustle** As 4.05am.
  - 12.10** PM **Godzilla** Thriller remake. (2014, 12, 118min) ★★★★★
  - 2.15** **The Meg** Action thriller. (2018, 12, 113min) ★★★★★
  - 4.10** **The Bourne Supremacy** Espionage thriller sequel. (2004, 12, 108min) ★★★★★
  - 6.00** **The Bourne Ultimatum** Espionage thriller sequel. (2007, 12, 115min) ★★★★★



**8.00** **Mission: Impossible**

- 8.00** **Mission: Impossible** Thriller starring Tom Cruise, Jon Voight and Emmanuelle Béart. An undercover agent devises a risky plan to expose the traitor who betrayed him and his colleagues. (1996, PG, 110min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.55** **Mission: Impossible II** Thriller sequel starring Tom Cruise. Ethan Hunt teams up with a cat burglar to track down a villain who has a deadly virus at his disposal. (2000, 15, 124min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.00** M'T **The Bricklayer** Spy thriller starring Aaron Eckhart. (2023, 15, 110min) ★★
- 1.55** AM **Gods of Egypt** Fantasy. (2016, 12, 127min) ★★★★★
- 4.05** **Kung Fu Hustle** Action comedy. (2004, 15, 99min) ★★★★★
- 5.50** **to 7.30** AM **Jackie Chan's Armour of God** Thriller. (1986, 15, 95min) ★★★

## Sky Cinema Greats

- 304 404 504 518**
- 7.10** AM **Lawrence of Arabia** Biopic. (1962, PG, 221min) ★★★★★
  - 10.45** **My Fair Lady** As 3.50am.
  - 1.40** PM **A Beautiful Mind** Biopic. (2001, 12, 136min) ★★★★★
  - 4.00** **Funny Face** Romantic musical. (1956, U, 103min) ★★★★★
  - 6.00** **Eternal Sunshine of the Spotless Mind** Offbeat comedy starring Jim Carrey. (2004, 15, 108min) ★★★★★
  - 8.00** **Blade Runner** Ridley Scott's thriller starring Harrison Ford as the bounty hunter in pursuit of five highly dangerous 'replicants'. With Rutger Hauer. (1982, 15, 130min) ★★★★★
  - 10.00** **RoboCop 2** Sci-fi action thriller sequel starring Peter Weller as the indestructible robotic law enforcer, here tackling corporate corruption and a designer drug dealer on the streets of future Detroit. With Nancy Allen. (1990, 18, 114min) ★
  - 12.00** M'T **RoboCop 3** Sci-fi thriller sequel. (1992, 15, 104min) ★★
  - 1.55** AM **King of New York** Abel Ferrara's gangster thriller. (1989, 18, 104min) ★★★★★
  - 3.50** **to 6.50** AM **My Fair Lady** Musical with Audrey Hepburn. (1964, U, 175min) ★★★★★

## Sky Cinema Comedy

- 308 408 508 522**
- 6.30** AM **The Brits Are Coming**
  - 8.10** **David Brent: Life on the Road**
  - 9.50** **Seriously Red** As 11.55pm.
  - 11.35** **Fletch Lives** As 1.40am.
  - 1.15** PM **HouseSitter** Comedy. (1992, PG, 102min) ★★★★★
  - 3.00** **The Brits Are Coming** Crime caper. (2018, 15, 90min) ★
  - 4.40** **David Brent: Life on the Road** Mockumentary comedy. (2016, 15, 96min) ★★
  - 6.20** **Sixteen Candles** Comedy drama. (1984, 12, 89min) ★★



**6.20** **Sixteen Candles**

- 8.00** **The Boat That Rocked** Richard Curtis's period comedy inspired by 1960s pirate radio, starring Bill Nighy, Philip Seymour Hoffman and Rhys Ifans. A teenager learns life lessons from the crew of DJs on board a pirate radio station in the North Sea. (2009, 15, 135min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.20** **Jackass Number Two** Slapstick comedy sequel starring Johnny Knoxville. The gang of crazy friends take on yet another series of insane and dangerous challenges. (2006, 18, 92min) ★★  
SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.55** **Seriously Red** Comedy. (2022, 15, 104min) ★★★★★
- 1.40** AM **Fletch Lives** Comedy sequel. (1989, PG, 95min) ★
- 3.20** **Jackass 2.5** Slapstick comedy sequel. (2007, 18, 64min) ★
- 4.35** **to 6.15** AM **Sixteen Candles**

## Sky Cinema Animation

- 305 412 500 514**
- 6.15** AM **Birds of a Feather** (2019)
  - 7.50** **Riverdance: The Animated Adventure** As 9.00pm.
  - 9.25** **Happy Feet** Animated musical. (2006, U, 108min) ★★★★★
  - 11.20** **The Wild Thornberrys Movie** Animated family adventure. (2002, U, 85min) ★★★★★
  - 12.50** PM **Captain Underpants** Animated family adventure. (2017, U, 89min) ★★★★★
  - 2.25** **Storks** Animated adventure. (2016, U, 87min) ★★★★★
  - 4.00** **Home** Animated adventure. (2014, U, 94min) ★★★★★
  - 5.40** **Mummies** Animated comedy. (2023, U, 88min) ★★★★★
  - 7.15** **Paws of Fury: The Legend of Hank** Animated family comedy. (2022, PG, 98min) ★★
  - 9.00** **Riverdance: The Animated Adventure** Family animation. (2021, U, 90min) ★★
  - 10.35** **A Stork's Journey** Animated adventure. (2017, U, 85min) ★★
  - 12.05** AM **The Snow Queen** Animated fantasy. (2013, U, 74min) ★★
  - 1.30** **Birds of a Feather** Animated comedy. (2019, U, 90min) ★★
  - 3.05** **Astro Kid** Animated adventure. (2019, PG, 89min) ★★★★★
  - 4.40** **to 6.25** AM **Paws of Fury: The Legend of Hank** As 7.15pm.

## Sky Cinema Thriller

- 309 409 509 523**
- 6.30** AM **Mona Lisa and the Blood Moon** (2021, 15) ★★★★★
  - 8.30** **Dead Shot** As 4.20pm.
  - 10.15** **Green Zone** Action thriller. (2010, 15, 110min) ★★★★★
  - 12.25** PM **The Good Neighbour** Thriller. (2022, 15, 97min) ★★★★★
  - 2.20** **Extremely Wicked, Shockingly Evil and Vile** Biopic. (2019, 15) ★★★★★
  - 4.20** **Dead Shot** (2023, 15) ★★★★★
  - 6.00** **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★★



**4.20** **Dead Shot**

- 8.00** **Ocean's Twelve** Caper thriller sequel starring George Clooney. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal when they try to steal \$160million in Europe. With Brad Pitt. (2004, 12, 125min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.15** **Promising Young Woman** Crime thriller starring Carey Mulligan. A medical-school dropout traumatised by a tragic event seeks vengeance against those who crossed her path. (2020, 15, 113min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.20** AM **False Positive** Horror. (2021, 15, 92min) ★★
- 2.05** **Into the Deep** Thriller. (2022, 15, 90min) ★★
- 3.50** **to 6.10** AM **K-19: The Widowmaker** Thriller. (2002, 12, 138min) ★★

## Christmas 24

- 312 419**
- 7.00** AM **Haul Out the Holly** Festive comedy. (2022, PG, 90min) ★★
  - 9.00** **The Secret Gift of Christmas** Drama. (2023, PG, 90min) ★★
  - 11.00** **Hanukkah on Rye** Romantic comedy. (2022, PG, 90min) ★★
  - 1.00** PM **Deliver by Christmas** Comedy. (2020, PG, 84min) ★★
  - 3.00** **PREMIERE A Cowboy Christmas Romance** Festive drama. (2023, PG, 85min) ★★
  - 5.00** **#Xmas** Comedy starring Clare Bowen. (2022, PG, 90min) ★★
  - 7.00** **The Mistletoe Secret** Romantic drama starring Kellie Pickler and Tyler Hynes. The host of a travel blog and his ghost writer both fall for a woman vying for her home town to be featured. (2019, PG, 83min) ★★
  - 9.00** **It's Christmas, Eve** Drama starring LeAnn Rimes and Tyler Hynes. (2018, PG, 84min) ★★
  - 11.00** **The Santa Summit** Romantic drama. (2023, PG, 90min) ★★
  - 1.00** AM **Ghosts of Christmas Always** Fantasy comedy. (2022, PG, 90min) ★★
  - 3.00** **to 5.00** AM **Room at the Christmas Inn** Festive romantic drama. (2021, PG, 90min) ★★

**Movies 24+ 315 420**

## Film4

- 313 855 428 14 300**
- Films start at 11.00am**
  - 11.00** AM **Jingle All the Way** Comedy with Arnold Schwarzenegger. (1996, PG, 89min) ★★★★★
  - 12.45** PM **Tooth Fairy** Fantasy comedy with Dwayne Johnson. (2010, PG, 101min) ★★★★★
  - 2.50** **Titanic** Epic drama with Kate Winslet and Leonardo DiCaprio. (1997, 12, 195min) ★★★★★
  - 6.40** **I, Robot** Sci-fi thriller with Will Smith and Bridget Moynahan. (2004, 12, 115min) ★★★★★



**11.10** **The Empty Man**

- 8.00** **I, Robot** (film started at 6.40pm)  
SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.00** **Bloodshot** Sci-fi thriller starring Vin Diesel, Eiza Gonzalez and Guy Pearce. A resurrected Marine with augmented abilities tries to solve a conspiracy that robbed him of the woman he loved. (2020, 12, 109min) ★★  
SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.10** **The Empty Man** Mystery horror starring James Badge Dale. An ex-cop trailing a missing girl comes across a group attempting to summon a terrifying supernatural entity. (2020, 18, 140min) ★★★★★
- 1.50** **to 3.45** AM **A Field in England** Surreal period horror starring Reece Shearsmith. (2013, b/w, 15, 90min) ★★★★★

## Talking Pictures

- 328 445 82 306**
- 6.00** AM **Impact** Crime thriller. (1963, b/w, U, 62min) ★★
  - 7.15** **The Larkins** 1/6. (S1)
  - 7.55** **The Beverly Hillsbillies** (S1)
  - 8.30** **Black Saddle** 17/20. (S1)
  - 9.00** **Batman** 21/34. (S1)
  - 9.30** **Space Patrol** 11/39. (S1)
  - 10.00** **The Dog and the Diamonds** Adventure. (1953, b/w, U) ★★
  - 11.00** **The Adventures of Robin Hood**
  - 11.30** **The Buccaneers** 35/39. (S1)
  - 12.00** **NOON One Step Beyond** (S2)
  - 12.35** PM **Evil Brain from Outer Space** Adventure. (1964, PG) ★★
  - 2.10** **Berth 24** Short film.
  - 3.00** **Captain Scarlet and the Mysterons** 21/32. (S1)
  - 3.35** **The Man in the Iron Mask** Swashbuckling adventure. (1976, PG, 101min) ★★★★★
  - 5.40** **Sherlock Holmes in Dressed to Kill** Murder mystery. (1946, b/w, U, 70min) ★★
  - 7.00** **Z Cars** 15/28. (S9)
  - 8.00** **Reckless** 2/6. (S1)
  - 9.05** **Cause Célèbre** (1987, 12) ★★
  - 11.25** **Edgar Wallace Mystery Theatre**
  - 12.40** AM **Confessions from a Holiday Camp** Comedy. (1977, 18) ★
  - 2.30** **Confessions of a Driving Instructor** Comedy. (1976, 18) ★
  - 4.15** **Lena Rivers** (1932, b/w, 12) ★★
  - 5.30** **to 6.00** AM **Law & Mr Jones**



## Sky Sports Main Event

- 401 511 501 419 439**
- 6.00 AM LIVE Test Cricket Pakistan v England.** Coverage of the fifth and final day of the second Test in the three-match series, staged at Multan Cricket Stadium.
  - 11.00 LIVE EFL Oxford United v West Bromwich Albion.** The Championship match at Kassam Stadium. Kick-off is at 12.30pm.
  - 3.00 PM LIVE DP World Tour Golf** Day three of the Estrella Damm NA Andalucía Masters from Real Club de Golf Sotogrande in Spain.
  - 5.00 LIVE SNF Bournemouth v Arsenal.** Coverage of the Premier League match from the Vitality Stadium. Kick-off 5.30pm.
  - 8.00 LIVE Fight Night Adam Azim v Ohara Davies.** Coverage of the super-lightweight bout at Copper Box Arena in London.
  - 10.30 LIVE Formula 1** Coverage of the United States Grand Prix qualifying session staged at Circuit of the Americas in Austin, Texas. Start-time is at 11.00pm.
  - 1.00 AM LIVE NCAA College Football Texas Longhorns v Georgia Bulldogs.** From Austin, Texas. Kick-off is at 12.30am.
  - 3.30 to 6.00 AM Sky Sports News**

## Sky Sports Premier League

- 402 512 502 420 440**
- 6.00 AM PL Greatest Games**
  - 7.00 Premier League Years**
  - 9.00 The Big Interview**
  - 9.30 Fantasy Show**
  - 10.00 Saturday Social**
  - 11.00 Premier League Stories**
  - 11.30 Fantasy Show**
  - 12.00 NOON Gillette Soccer Saturday: Build-Up**
  - 3.00 PM Gillette Soccer Saturday**
  - 5.00 LIVE SNF Bournemouth v Arsenal.** Coverage of the Premier League match from the Vitality Stadium. The hosts won their last home game 3-1 against South Coast rivals Southampton, and the visitors last top-flight game was also against Southampton at the start of the month, when the game finished 3-1 at the Emirates. Kick-off is at 5.30pm.
  - 8.30 Game of the Day**
  - 10.30 Premier League Highlights** Action from Fulham v Aston Villa.
  - 11.00 Premier League Highlights**
  - 12.00 M/T SNF Bournemouth v Arsenal.**
  - 12.30 AM Premier League Highlights**
  - 3.00 PL Greatest Games**
  - 4.00 Premier League Best Goals**
  - 5.30 to 6.00 AM Premier League 100 Club**

## Sky Sports Football

- 403 513 503 421 441**
- 6.00 AM EFL Highlights**
  - 6.30 Championship Retro**
  - 8.30 EFL Greatest Games**
  - 9.30 EFL Highlights**
  - 10.00 Saturday Social**
  - 11.00 LIVE EFL Oxford United v West Bromwich Albion.** Coverage of the Championship match, staged at Kassam Stadium. This is the first meeting between the two sides in just over 10 years, when they met in the second round of the League Cup. The game ended 1-1 after extra-time before the visitors won 7-6 on penalties to advance to the third round. Kick-off 12.30pm.
  - 3.00 PM Gillette Soccer Saturday: Reaction** Post-match reaction.
  - 5.20 LIVE Bundesliga Bayern Munich v Stuttgart.** Coverage of the German top-flight match at Allianz Arena. Kick-off 5.30pm.
  - 7.30 EFL A chance to see Oxford United v West Bromwich Albion.**
  - 9.30 EFL Highlights** Newport County v Chesterfield in League Two.
  - 9.45 Leeds United v Sheffield United** in the Championship.
  - 10.00 PM to 6.00 AM EFL Highlights**

## Sky Sports Cricket

- 404 514 504 422 442**
- 5.50 AM LIVE Test Cricket Pakistan v England.** Coverage of the fifth and final day of the second Test in the three-match series from Multan Cricket Stadium. In this Test two years ago, England won the match by 26 runs to take an unassailable 2-0 lead in the series.
  - 1.30 PM Ace in the Making**
  - 2.45 ICC Women's World Cup 2017**
  - 3.00 Women's ICC World T20**
  - 4.00 Test Cricket** Pakistan v England.
  - 5.00 ICC Women's World Cup 2017**
  - 5.30 Women's ICC World T20**
  - 6.30 Test Cricket** Pakistan v England.
  - 7.30 ICC Women's World Cup 2017**
  - 7.45 ICC Women's World Cup 2017**
  - 8.30 Test Cricket** Pakistan v England.
  - 9.30 Best of the Women's World T20**
  - 10.00 Test Cricket** Pakistan v England.
  - 11.00 Ace in the Making**
  - 12.15 AM Women's ICC World T20**
  - 1.15 Test Cricket** Pakistan v England.
  - 2.15 Best of the Women's World T20**
  - 3.15 ICC Women's World Cup 2017**
  - 3.30 ICC Women's World Cup 2017**
  - 3.45 Best of the Women's World T20**
  - 4.15 Pushing Boundaries: To the Hundred and Beyond**
  - 5.30 to 6.00 AM Best of the Women's World T20**

## Sky Sports Golf

- 405 515 505 423 443**
- 6.00 AM LIVE LPGA Tour Golf** Coverage of the third day of the BMW Ladies Championship.
  - 8.00 PGA Tour Champions Learning Centre** Golf tips and life lessons.
  - 8.30 DP World Tour Golf**
  - 9.00 PGA Tour Champions**
  - 10.00 Under the Midnight Sun**
  - 10.30 LPGA Tour Golf**
  - 12.30 PM LIVE DP World Tour Golf** Day three of the Estrella Damm NA Andalucía Masters in Spain.
  - 5.00 LPGA Tour Golf**
  - 7.00 Under the Midnight Sun**
  - 7.30 Playing Lessons** Aaron Wise.
  - 8.00 LPGA Tour Golf**
  - 10.00 LIVE PGA Tour Golf** Day three of the Shriners Children's Open.
  - 1.00 AM US Open Official Films**
  - 2.00 Nick Dougherty's Tee Time Tips**
  - 3.00 DP World Tour Golf**
  - 4.00 US Open Official Films**
  - 5.00 to 6.00 AM Nick Dougherty's Tee Time Tips**

## Sky Sports Tennis

- 407 537 520 425 445**
- 6.00 AM LIVE WTA & ATP Tennis** Coverage from the Tours.
  - 7.00 Tennis** Recent highlights.
  - 10.00 LIVE WTA & ATP Tennis** Further coverage from the Tours.
  - 9.30 PM WTA Tennis** Wuhan Open.
  - 10.30 ATP Tennis** Shanghai Masters.
  - 11.30 WTA Tennis** Wuhan Open.
  - 12.00 M/T ATP Tennis** Highlights.
  - 2.00 AM Bitesize Tennis**
  - 2.15 US Open Classic Matches**
  - 2.30 Bitesize Tennis** BOSS Open.
  - 2.45 US Open Tennis**
  - 3.00 LIVE WTA Tennis** Coverage of the Japan Open final in Osaka.
  - 5.00 to 6.00 AM WTA Tennis**

## Sky Sports Mix

- 416 873 510 429 449**
- 6.00 AM Super League Highlights**
  - 7.00 LIVE Pacific Championship Rugby** League Tonga v Samoa.
  - 9.00 My Icon** Michael Campbell.
  - 9.10 LIVE Pacific Championship Rugby** League Fiji v Papua New Guinea. Kick-off 9.10am.
  - 11.10 Super League Highlights**
  - 12.00 NOON NFL Highlights**
  - 2.00 PM Tennis** ABN AMRO Open.
  - 4.00 LPGA Tour Golf**
  - 7.00 NFL Highlights**
  - 9.00 Tennis** ABN AMRO Open final.
  - 11.00 Fight Night International**
  - 12.00 M/T Tennis** WTA Wuhan Open.
  - 2.00 AM Nick Dougherty's Tee Time Tips** Expert golfing advice.
  - 3.00 DP World Tour Golf**
  - 4.00 to 6.00 AM Fight Night**

## TNT Sports 1

- 410 870 527 408 430**
- 7.00 AM LIVE AFLW Melbourne Demons v Richmond Tigers.** Coverage of the match from Casey Fields. Bounce-up 7.05am.
  - 9.00 WWE Friday Night SmackDown** Wrestling action.
  - 10.30 In My Blood** Double bill.
  - 11.00 LIVE Premier League Tottenham Hotspur v West Ham United.** The top-flight match from Tottenham Hotspur Stadium. Kick-off is at 12.30pm.
  - 3.00 PM Xtra Time**
  - 3.15 MotoGP** Grand Prix of Australia.
  - 3.45 Fight Night Live**
  - 5.45 Carl Frampton Meets**
  - 6.00 Champions League Magazine**
  - 6.30 MLB: Off the Bat**
  - 7.00 LIVE UFC** The preliminary bouts.
  - 9.00 LIVE UFC Michel Pereira v Anthony Hernandez.** Coverage of the middleweight bout from UFC Apex in Las Vegas, Nevada.
  - 12.00 M/T World Rally Championship**
  - 12.30 AM LIVE MLB** Coverage of a match in the play-offs.
  - 3.45 Test Cricket Highlights**
  - 4.45 to 6.00 AM LIVE Test Cricket India v New Zealand.** Coverage of the fifth and final day of the first Test at M. Chinnaswamy Stadium.

## TNT Sports 2

- 411 871 528 409 431**
- 6.00 AM TNT Sports Reload**
  - 6.15 World Rally Championship**
  - 6.45 LIVE World Rally Championship** The Central European Rally special stage 9.
  - 7.45 Badminton Weekly**
  - 8.00 LIVE World Rally Championship** Further coverage of the Central European Rally.
  - 10.30 Premiership Rugby Union**
  - 11.30 LIVE Allianz Premiership Women's Rugby** Bristol Bears v Saracens. From Ashton Gate. Kick-off is at 12.00noon.
  - 2.15 PM LIVE Premiership Rugby** Union Bristol Bears v Saracens. Kick-off 3.05pm.
  - 5.15 LIVE Premiership Rugby** Union Harlequins v Bath. At Twickenham Stoop. K-o 5.30pm.
  - 7.45 MotoGP** Grand Prix of Australia.
  - 8.15 TNT Sports Cricket Reload**
  - 8.30 WNBA** Game four of the finals.
  - 9.30 The Jake Dixon Diaries**
  - 11.00 MotoGP** Grand Prix of Australia.
  - 11.30 LIVE MotoGP** Coverage from the Grand Prix of Australia.
  - 3.15 LIVE MotoGP** Coverage of the Grand Prix of Australia race.
  - 5.00 to 6.00 AM MotoGP Chequered Flag**

## TNT Sports 3

- 417 874 529 410 432**
- 6.00 AM LIVE Test Cricket India v New Zealand.** Coverage of the fourth day of the first Test in the three-match series in Bangalore.
  - 1.00 PM TNT Sports Reload**
  - 1.15 LIVE World Rally Championship** The Central European Rally special stage 12.
  - 2.15 LIVE Badminton** The Denmark Open semi-finals at Jyske Bank Arena in Odense, Denmark.
  - 6.30 WNBA** Game four of the finals.
  - 7.30 TNT Sports Cricket Reload**
  - 8.00 Test Cricket Highlights**
  - 9.00 WWE Friday Night SmackDown** Wrestling action.
  - 10.30 America's Cup** In Barcelona.
  - 11.00 Allianz Premiership Women's Rugby** Bristol Bears v Saracens.
  - 12.00 M/T Premiership Rugby Union**
  - 2.00 AM NWSL** Recent highlights.
  - 3.00 LIVE AFLW** Geelong Cats v Brisbane Lions. Coverage of the match from GMHBA Stadium in Geelong. Bounce-up 3.05am.
  - 5.00 to 7.00 AM LIVE AFLW** Essendon Bombers v North Melbourne Tasmanian Kangaroos. Coverage of the match staged at Windy Hill in Melbourne. Bounce-up 5.05am.

## Sky Sports NFL

- 408 517 507 426 446**
- 6.00 AM NFL Highlights**
  - 9.00 49 Hours** As 8.00pm.
  - 9.15 NFL Bitesize Highlights**
  - 10.00 NFL Highlights**
  - 2.00 PM College GameDay**
  - 5.00 LIVE NCAA College Football** Louisville Cardinals v Miami Hurricanes. Coverage of the college match from L&N Stadium in Louisville. Kick-off 5.00pm.
  - 8.00 49 Hours** A look at the 49 hours before the San Francisco 49ers take to the field for NFL action.
  - 8.15 NFL Highlights**
  - 8.30 LIVE NCAA College Football** Tennessee Volunteers v Alabama Crimson Tide. Coverage of the college match at Neyland Stadium in Knoxville, Tennessee. Kick-off 8.30pm.
  - 11.30 49 Hours** As 8.00pm.
  - 11.45 Jaguars Weekly** UK
  - 12.15 AM NFL Highlights** Cincinnati Bengals v Baltimore Ravens.
  - 12.30 LIVE NCAA College Football** Texas Longhorns v Georgia Bulldogs. Coverage of the college match from Darrell K Royal-Texas Memorial Stadium in Austin, Texas. Kick-off 12.30am.
  - 3.30 to 6.00 AM NFL Highlights**

## TNT Sports 4

- 421 876 530 411 434**
- 6.00 AM America's Cup**
  - 6.30 MLB: Off the Bat**
  - 7.00 Premiership Rugby Union**
  - 8.00 Premier League Preview**
  - 8.30 The Fantasy Show**
  - 9.00 LIVE AFLW** West Coast Eagles v Fremantle Dockers.
  - 11.00 UEFA Europa League**
  - 12.00 NOON MotoGP**
  - 12.30 PM America's Cup**
  - 1.00 LIVE America's Cup** The Match Race final from Barcelona.
  - 3.00 WWE Monday Night Raw**
  - 5.30 MotoGP** Grand Prix of Australia.
  - 6.00 LIVE NWSL** Kansas City Current v San Diego Wave FC. In Kansas City. Kick-off 6.00pm.
  - 8.15 TNT Sports Reload**
  - 8.30 MLB** Action from the play-offs.
  - 10.30 Fight Night Live**
  - 12.30 AM UEFA Champions League**
  - 1.00 WNBA** Game four of the finals.
  - 2.00 Fight Night Live**
  - 4.00 World Rally Championship**
  - 4.30 to 6.00 AM Ultimate Pool**

## Eurosport 1

- 413 870 521 412 435**
- 6.00 AM Freestyle Skiing**
  - 7.00 Cycling: Track World Championships** From Denmark.
  - 8.00 Snooker** Northern Ireland Open.
  - 10.00 Triathlon T100 World Tour**
  - 10.30 LIVE Golden Trail World Series** The first day of the final.
  - 1.15 PM Sailing: America's Cup**
  - 1.45 Cycling: Omloop Het Nieuwsblad** From Belgium.
  - 1.55 LIVE Cyclo-Cross** Coverage of the men's race in the Exact Cross meeting from Essen, Belgium.
  - 3.15 Cyclo-Cross** From Belgium.
  - 4.00 LIVE Triathlon: T100 World Tour** Coverage of the women's race from Lake Las Vegas.
  - 8.30 World Superbikes**
  - 9.30 E-Mountain Bike** Cross-Country World Cup
  - 10.00 LIVE Triathlon: T100 World Tour** Coverage of the men's race.
  - 2.00 AM Snooker: English Open**
  - 4.00 Golden Trail World Series**
  - 5.00 to 6.00 AM World Superbikes**

## Eurosport 2

- 414 871 522 413 436**
- 7.00 AM Freestyle Skiing**
  - 8.00 British Superbikes**
  - 9.30 LIVE World Superbikes** Coverage from Circuito Jerez.
  - 10.30 LIVE Women's Circuit Racing** World Championship in Spain.
  - 11.30 LIVE World Superbikes** Coverage from Circuito Jerez.
  - 3.15 PM World Superbikes**
  - 4.00 Powerboat Racing** World Championship
  - 4.30 Golden Trail World Series**
  - 5.30 LIVE Cycling: Track World Championships** From Denmark.
  - 9.00 E-Mountain Bike** Cross-Country
  - 9.30 Sailing: America's Cup**
  - 10.00 Cyclo-Cross** From Belgium.
  - 11.30 Cycling: Track World Championships** From Denmark.
  - 12.30 AM Mountain Bike: Roc d'Azur**
  - 1.00 World Superbikes**
  - 2.00 Golden Trail World Series**
  - 3.00 World Superbikes**
  - 4.00 Cycling: Track World C'ships**
  - 5.00 to 7.00 AM Snooker**

## Sky Sports+

- 412 518 508 427 447**
- 6.00 AM LIVE WTA & ATP Tennis** The latest action from the Tours, including the ATP European Open, ATP Stockholm Open, WTA Ningbo Open and WTA Japan Open.
  - 7.00 LIVE NPC Rugby** Coverage of a play-off semi-final from New Zealand's provincial competition.
  - 9.00 Good Morning Sports Fans**
  - 10.00 Soccer Saturday Pre-Match**
  - 10.30 Fantasy Football Pre-Match**
  - 11.00 EFL Build-Up**
  - 12.25 PM LIVE EFL Cardiff City v Plymouth Argyle.** The Championship match at Cardiff City Stadium. Kick-off 12.30pm.
  - 3.00 LIVE WTA & ATP Tennis** Further coverage from the Tours.
  - 7.00 LIVE Fight Night Adam Azim v Ohara Davies.** Coverage of the super-lightweight bout in London.
  - 11.00 Sky Sports News**
  - 3.00 AM LIVE WTA Tennis** Coverage of the Japan Open final in Osaka.
  - 5.00 to 6.00 AM Sky Sports News**

## Sky Sports F1

- 406 516 506 424 444**
- 6.00 AM F1 Feature**
  - 6.30 Formula 1** The US Grand Prix.
  - 7.55 Mission 44 in Austin**
  - 8.00 Formula 1** From Austin, Texas.
  - 9.00 F1 Feature**
  - 9.30 Formula 1** The US Grand Prix.
  - 10.55 F1 Features**
  - 11.30 Formula 1** From Austin, Texas.
  - 12.30 PM F1 Feature**
  - 1.30 Formula 1** The US Grand Prix.
  - 2.30 F1 Features**
  - 2.55 LIVE Ferrari Challenge** The Ferrari World Finals from Imola.
  - 3.55 F1 Features**
  - 5.00 Formula 1** The US Grand Prix.
  - 6.00 LIVE Formula 1** The United States Grand Prix sprint race.
  - 8.30 F1 Features**
  - 10.00 LIVE Formula 1** The US Grand Prix qualifying session.
  - 1.00 AM Ted's Notebook**
  - 1.30 Formula 1** From Austin, Texas.
  - 3.30 F1 Features**
  - 5.00 to 6.00 AM The Home of F1**



**Thriller**



**PREMIERE**

**Caddo Lake**  
*Sky Premiere, 12.50pm & 6.15pm*  
 Thriller starring Dylan O'Brien and Eliza Scanlan. Past mysteries resurface when an eight-year-old girl goes missing.

**Football**



**LIVE!**

**Premier League**  
*Sky Sports Main Event & Sky Sports Premier League*  
 Coverage of Wolves v Manchester City (2pm) and Liverpool v Chelsea (4.30pm).

**Motorsport**



**LIVE!**

**F1: US Grand Prix**  
*Sky Sports Main Event & Sky Sports F1, race starts 8pm*  
 Red Bull's Max Verstappen will be keen to return to winning ways in Austin, Texas.

**Crime Drama**



**NEW**

**DI Ray**  
*ITV1, 9pm (box set, ITVX)*  
 Back at work after her two-month suspension, DI Ray (Parminder Nagra) investigates a drive-by shooting.

**SKY EVENING TIME 7.00PM 7.30PM 8.00PM 8.30PM 9.00PM 9.30PM 10.00PM 10.30PM**

Channel	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
<b>FAVOURITES</b>	101 BBC1	7.20 Strictly Come Dancing...	8.00 Antiques Roadshow		9.00 Showtrial		10.00 News	10.30 Match of the...
	102 BBC2	6.30 BBC Young Musician	8.00 Scotland: The New Wild		9.00 Mortimer &...	9.30 Myth Country	10.00 Hauntings	
	103 ITV1	7.00 Tipping Point: Lucky Stars	8.00 Who Wants to Be a Millionaire?		9.00 DI Ray		10.15 Film: The Tomorrow War	
	104 CHANNEL 4	7.00 Dispatches Special	8.00 The Dog House		9.00 Love Cheats		10.00 Gogglebox	
	105 CHANNEL 5	7.00 TK Maxx: How to Bag the Best Bargain	8.00 Rich Holiday, Poor Holiday		9.00 Rich House, Poor House		10.00 Grace Kelly: Where Did All the Money...	
	106 SKY SHOWCASE	6.30 Football: WSL - Live: Chelsea v Tottenham Hotspur (Kick-off 6.45)			9.00 SEAL Team		10.00 The Walking Dead: Daryl Dixon...	
<b>ENTERTAINMENT</b>	115 BBC3	7.00 EastEnders	8.00 Waterloo Road		9.00 Film: If Beale Street Could Talk			
	116 BBC4	7.00 The Complete... 7.30 Concerto at...	8.00 Joan Bakewell at the...	8.40 Nelson Mandela in His Own... 9.30 Marcel...	9.55 Joan Bakewell... 10.25 The Accidental...			
	118 ITV2	6.55 Film: Dolittle			9.00 Big Brother		10.00 Big Brother: Late & Live	
	136 MORE4	6.55 Come Dine with Me	8.00 24 Hours in A&E		9.00 The Emergency Ward		10.00 24 Hours in Police Custody	
	135 E4	6.35 Film: Sahara			9.00 Film: Mission: Impossible - Fallout			
	107 SKY WITNESS	7.00 Nothing to Declare	8.00 Border Security: Canada's Front Line		9.00 Blue Bloods		10.00 The Cleaning Lady	
	108 SKY ATLANTIC	6.55 Billions	7.55 The Wire		9.00 Sweetpea		10.00 The Penguin	
	110 GOLD	6.10 Only Fools and Horses	8.05 Dad's Army 8.40 Only Fools and Horses				10.00 Ghosts	
	111 U&DAVE	7.00 Border Force: America's Gatekeepers	8.00 World's Most Dangerous Roads		9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	6.00 Agatha Christie's Poirot	8.00 The Larkins				10.00 Foyle's War	
	120 ITV4	5.50 Film: Police... 7.30 LaLiga - Live: Barcelona v Sevilla (Kick-off 8.00)					10.20 Film: Rocky III	
	112 COMEDY CENTRAL	6.15 Film: Paul Blart: Mall Cop	8.00 Film: Groundhog Day				10.05 Film: The Change-Up	
	139 SKY SCI-FI	7.00 Stargate SG-1					10.00 Film: Hellraiser	
113 SKY MAX	7.00 Film: RoboCop			9.00 SEAL Team		10.00 Brassic		
109 ALIBI	7.00 Hudson & Rex			9.00 Death in Paradise		10.00 CSI: Vegas		
130 SKY ARTS	7.00 Discovering: Ben Kingsley	8.00 Film: The Thomas Crown Affair				9.55 The Warhol Effect		
132 U&W	7.00 Inside the Operating Theatre			9.00 Emergency: First Time Medics				
<b>DOCUMENTARY</b>	125 DISCOVERY	7.00 Alaska: Homestead Rescue			9.00 Alaska: The Last Frontier		10.00 Kindig Customs	
	162 ANIMAL PLANET	7.00 Amanda to the Rescue	8.00 Crikey! It's the Irwins				10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Nazi Sunken Sub	8.00 Lost Treasures of Egypt		9.00 Titanic: Case Closed			
	123 SKY HISTORY	7.00 Ancient Impossible			9.00 American Godfathers: The Five Families			
	155 U&YESTERDAY	7.00 Canal Boat Diaries	8.00 'Allo 'Allo!				10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Nothing Compares			9.00 Chimp Crazy		10.00 Fatboy Slim: Right Here, Right Now	
<b>FILMS - Sky Cinema</b>	301 PREMIERE	6.15 Caddo Lake	8.00 The Radleys				10.00 One Life	
	302 ULTIMATE SCI-FI	5.00 Interstellar	8.00 The Matrix				10.20 Inception	
	303 HITS	6.00 Oppenheimer			9.00 No Country for Old Men			
	304 GREATS	7.15 Mad Max			9.00 Midnight Run			
	305 ANIMATION	7.10 The Secret Life of Pets	8.45 Monster Family				10.25 Monster Family 2	
	306 FAMILY	6.55 The NeverEnding Story	8.35 Hotel for Dogs				10.20 A Tiger's Journey	
	307 ACTION	5.45 The Bourne Legacy	8.00 Mission: Impossible II				10.10 Mission: Impossible III	
	308 COMEDY	6.00 I Now Pronounce You Chuck & Larry	8.00 Ride Along			9.45 Ride Along 2		
	309 THRILLER	5.50 Ocean's Twelve	8.00 Ocean's Thirteen				10.15 A Sacrifice	
	310 DRAMA	6.20 Lady Bird	8.00 Meet Joe Black					
311 HALLOWEEN	5.40 It	8.00 The Exorcist: Believer				10.00 The Crazies		
313 FILM4	6.45 Instant Family			9.00 Bohemian Rhapsody				
<b>SPORT</b>	401 MAIN EVENT	7.15 F1: United States Grand Prix - Live: Coverage from Circuit of The Americas in Austin, Texas (Start-time 8.00)					10.00 NFL - Live: A week seven match	
	402 PREMIER LEAGUE	4.00 Super... 7.30 Football: WSL - Live: Chelsea v Tottenham Hotspur (Kick-off 6.45)			9.15 Tony Collins: Football's...		10.00 Premier League Highlights	
	403 FOOTBALL	6.30 Football: WSL - Live: Chelsea v Tottenham Hotspur (Kick-off 6.45)			9.30 EFL Highlights			
	404 CRICKET	7.00 Ace - in the Making	8.15 Test Cricket		9.15 ICC Women's World Cup...		10.00 Women's ICC World T20 Cricket	
	410 TNT SPORTS 1	6.45 Sign Up... 7.30 Serie A - Live: AS Roma v Inter Milan (Kick-off 7.45)					10.00 UEFA Europa League & Conference...	
411 TNT SPORTS 2	6.30 Serie A	7.30 MotoGP						





Sunday

## BBC1

- 101 101 1 101 101
- 6.00 AM **Breakfast** (S)
  - 7.35 **Match of the Day** (S)(R)
  - 9.00 **Sunday with Laura Kuenssberg**
  - 10.00 **Politics England** (S)
  - 10.30 **Sunday Morning Live** *New edition*
  - 11.30 **Scotland's Sacred Islands with Ben Fogle** (S)(R)
  - 12.30 PM **Bargain Hunt** (S)(R)
  - 1.00 **BBC News** (S)
  - 1.15 **Songs of Praise** *New edition* (S)
  - 1.50 **Points of View** *New edition* (S)
  - 2.05 **Money for Nothing** (S)(R)
  - 2.50 **Escape to the Country** (S)(R)(AD)
  - 3.35 **FILM The Secret Life of Pets 2** Animated sequel featuring the voice of Patton Oswalt. (S)(AD) (2019, U, 80min) ★★★
  - 4.55 **Spy in the Ocean** 2/4. Underwater cameras capture displays of emotion from sea creatures. (S)(R)
  - 5.55 **BBC News** (S)



9.00 **Showtrial**

- 6.10 **Local News** (S)
- 6.20 **Countryfile** *New edition* Joe Crowley visits an Essex potato farm at the height of the harvest, following the crop from the field to the onsite factory production line that is making crisps. (S)
- 7.20 **Strictly Come Dancing: The Results** *New edition* The two lowest-scoring couples compete. (S)  
■ *Strictly: It Takes Two* is on tomorrow at 6.30pm on BBC2
- 8.00 **Antiques Roadshow** *New edition* Fiona Bruce and the team return to Cromford Mills in Derbyshire, where items include a collection of rare football shirts and a brooch found in a sock drawer. (S)
- 9.00 **Showtrial** *New episode* *Decoys*: 3/5. Struggling with his insomnia and an absence of medication, Sam reaches breaking point as the trial approaches. (S2) (S)(AD)  
■ Entire series on BBC iPlayer
- 10.00 **BBC News** (S)
- 10.25 **Local News** (S)
- 10.30 **Match of the Day 2** Mark Chapman presents the latest Premier League action, featuring Liverpool v Chelsea and Wolverhampton Wanderers v Manchester City. (S)
- 11.35 **The Women's Football Show** Highlights of the weekend's games in the Super League, including Manchester City v Aston Villa and West Ham United v Arsenal. (S)
- 12.20 AM **The Graham Norton Show** With Bruce Springsteen, Amy Adams, Vanessa Williams, Bill Bailey and St Vincent. (S)(R)
- 1.10 **Weather for the Week Ahead** (S)
- 1.15 to 6.00 AM **BBC News** (S)

## BBC2

- 102 102 2 102 102
- 6.35 AM **Countryfile** (S)(R)
  - 7.35 **Breakfast** (S)
  - 9.00 **Landward** *New edition* (S)
  - 9.30 **NEW SERIES Weatherman** Walking 1/8. From Anglesey. (S)
  - 10.00 **Saturday Kitchen Best Bites** *New edition* Series highlights. (S)
  - 11.30 **Indian Food Made Easy** (S)(R)
  - 12.00 **NOON LIVE Match of the Day: Women's Super League** Manchester City v Aston Villa: Coverage of the top-flight match at Joie Stadium. Kick-off is at 12.15. (S)
  - 2.25 PM **LIVE Cycling: Track World Championships** Coverage of the fifth and final day from Ballerup Super Arena in Denmark. (S)
  - 5.00 **Flog It!** The best finds. (S)(R)
  - 5.30 **Amazing Hotels: Life Beyond the Lobby** Monica and Rob work at the Gangtey Lodge, Bhutan. (S)(R)(AD)



9.00 **Mortimer & Whitehouse**

- 6.30 **NEW BBC Young Musician** Jess Gillam presents highlights of the Grand Final as three soloists compete at Bristol Beacon to win the most prestigious prize for young classical musicians in Britain. Each finalist performs a concerto with the BBC National Orchestra of Wales, conducted by Ben Gernon, before the expert jury decide who will be crowned as the new BBC Young Musician. (S)
- 8.00 **Scotland: The New Wild** *New edition* 2/3. The Lowlands are an intensely managed place, dominated by cities, woods and farmland. Nature has often been pushed to the fringes, but signs of change are emerging. (S)(AD)
- 9.00 **Mortimer & Whitehouse: Gone Fishing** *New edition* 5/8. The duo go sea fishing off the north Norfolk coast. (S)(AD)
- 9.30 **Charlie Cooper's Myth Country** A search for King Arthur's treasure. (S)(R)(AD)
- 10.00 **Hauntings** *New edition* 3/4. Stories about the ghost of 17th-century Edinburgh executioner George Mackenzie. (S)(AD)  
10.45 **Series finale** 4/4. Mysterious deaths at a lake in the US state of Georgia. (S)(AD)  
■ Entire series on BBC iPlayer
- 11.35 **FILM PREMIERE Housebound** Horror comedy starring Morgana O'Reilly and Rima Te Wiata. (S) (2014, 18, 105min) ★★★★★
- 1.20 AM **Sign Zone: Question Time** From Rotherham. (S)(R)
- 2.20 **Sign Zone: Life and Death in Gaza** Documentary. (S)(R)(AD)
- 3.50 **Sign Zone: Industry** (S)(R)(AD)
- 4.50 to 6.15 AM **Previews** (S)

## ITV1

- 103 103 803 103 3 103 103 103
- 6.00 AM **John and Lisa's Weekend Kitchen** Indulgent dishes. (S)(R)
  - 7.00 **M&S: Dress the Nation** (S)(R)(AD)
  - 8.00 **Ainsley's Good Mood Food** Recipes featuring grains. (S)(R)(AD)
  - 8.25 **Ainsley's Taste of Malta** In central Malta, Ainsley explores the ancient city of Mdina. (S)(R)(AD)
  - 9.25 **ITV News** (S)
  - 9.30 **Love Your Weekend with Alan Titchmarsh** *New edition* With Brian Conley and Thelma Barlow. (S)
  - 11.40 **ITV News** (S)
  - 11.55 **The Voice UK** 8/9. Emma Willis presents the semi-final of the singing competition. (S)(R)
  - 2.00 PM **LIVE NFL** New England Patriots v Jacksonville Jaguars: Coverage of the match in week seven between the AFC teams, held at Wembley Stadium. Kick-off is at 2.30. (S)



10.15 **The Tomorrow War**

- 6.00 **For the Love of Dogs with Alison Hammond** 5/6. A police van full of dogs arrives at Battersea Dogs and Cats Home. (S)(R)(AD)
- 6.30 **ITV News** (S)
- 6.45 **Local News** (S)
- 7.00 **Tipping Point: Lucky Stars** *New edition* Gok Wan, Keith Duffy and Lesley Garrett answer questions to win turns on an arcade-style machine in the hope of winning £20,000 for charity. Ben Shephard hosts. (S)
- 8.00 **Who Wants to Be a Millionaire?** *New edition* Fifteen questions are all that stand between contestants and a life-changing jackpot as Jeremy Clarkson hosts the big-money quiz. (S)
- 9.00 **NEW SERIES DI Ray** *Wrong Place*: 1/6. The drive-by shooting of the head of a crime syndicate threatens to erupt into a full-blown gang war. See *feature*, page 6. (S2) (S)(AD)  
■ Continues tomorrow
- 10.00 **ITV News** (S)
- 10.15 **FILM PREMIERE The Tomorrow War** Sci-fi adventure starring Chris Pratt and Yvonne Strahovski. A family man is one of the people conscripted to travel into the future to fight a war against a deadly alien species. (S)(AD) (2021, 12, 165min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
- 1.00 AM **Teleshopping**
- 3.00 **Motorsport UK** Action from Knockhill, including the ROKiT F4 British Championship. (S)(R)
- 3.50 **Unwind with ITV** (S)
- 5.05 to 6.00 AM **Love Your Friday with Alan Titchmarsh** (S)(SL)(R)

+1 hour 203 303 35 112

## CHANNEL 4

- 104 104/108 804 108 4 104 104/106
- 5.55 AM **Frasier** (S8) (S)(R)(AD)
  - 6.45 **The Simpsons** (S)(R)(AD)
  - 8.00 **F1: United States Grand Prix Qualifying Highlights** Action from the sprint race and qualifying. (S)
  - 9.30 **Sunday Brunch** *New edition* With Tom and Danny from McFly, David Baddiel, Lisa McGrillis, Nikesh Patel and Jake Quickenden. (S)
  - 12.30 PM **The Simpsons** (S)(R)(AD)
  - 2.30 **FILM Hotel Transylvania 3: Summer Vacation** Animated sequel with the voice of Adam Sandler. (S) (2018, U, 110min) ★★
  - 4.20 **News** (S)
  - 4.50 **Kirstie and Phil's Love It or List It: Brilliant Builds** Kirstie Allsopp and Phil Spencer look back at cluttered homes. (S)(R)(AD)
  - 5.50 **The Great British Bake Off** 4/10. Caramel Week. (S)(R)(AD)



9.00 **Love Cheats**

- The Great British Bake Off** (started at 5.50pm)
- 7.00 **NEW Dispatches Special** *A Dispatches special investigation.* (S)(AD)
- 8.00 **The Dog House** India needs a special pup to stand by her side when her Tourette's draws stares from strangers, while it's love at first sight for Lottie and cockpoo puppy Annie. (S)(R)(AD)
- 9.00 **NEW SERIES Love Cheats** 1/4. Stories of romance fraud, beginning with the experiences of a woman swept off her feet by a charmer who showered her with luxury gifts. (S)(AD)  
■ Continues tomorrow
- 10.00 **Gogglebox** The armchair critics settle down to a selection of recent TV shows, with cameras capturing their instant reactions – the good, the bad and the bewildered. (S)(R)(AD)
- 11.00 **Gogglebox** (S)(R)(AD)
- 12.00 **M/T Ramsay's Kitchen Nightmares USA** (S)(R)
- 12.50 AM **F1: United States Grand Prix Highlights** Action from round 19. (S)
- 2.05 **NEW Iris Prize Best British Shorts** *Into the Unknown.* (S)(AD)
- 3.30 **The Simpsons** (S)(R)(AD)
- 4.20 **Frasier** 8-10/24. (S2) (S)(R)(AD)
- 5.35 **Find It, Fix It, Flog It** (S)(R)
- 5.45 to 6.25 AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121

6 PM

7 PM

8 PM

9 PM

10 PM



## CHANNEL 5

105 105 805 105 5 105 105 105

- 5.40 AM Milkshake!
- 8.50 **SpongeBob SquarePants** (S)(R)
- 9.05 **Entertainment News** (S)
- 9.10 **NFL: End Zone** (S)
- 9.35 **Cruising with Jane McDonald**  
Jane's cruise of Miami. (S)(R)
- 9.50 **Michael Portillo's Pyrenees Adventure** Double bill. (S)(R)
- 11.45 **Dorset: Country and Coast**  
Double bill of editions. (S)(R)
- 1.45 PM **FILM A Very Merry Christmas** Festive drama starring Nikki DeLoach. (S) (2022, PG, 105min) ★★
- 3.30 **FILM Open for Christmas**  
Drama starring Alison Sweeney. (S) (2021, PG, 110min) ★★
- 5.20 **News** (S)
- 5.25 **Jason Manford's Funniest Ads**  
Memorable commercials from around the world. (S)(R)



9.00 **Rich House, Poor House**

**Jason Manford's Funniest Ads**  
(started at 5.25pm)

- 7.00 **NEW TK Maxx: How to Bag the Best Bargain**  
Experts and retail insiders shed light on the tricks of finding real bargains in the stores and reveal the secret codes on product labels. (S)
- 8.00 **Rich Holiday, Poor Holiday**  
Three wealthy friends from London swap vacations with three less well-off women from Essex who like to let their hair down once a year on a package holiday. (S)(R)
- 9.00 **NEW SERIES Rich House, Poor House**  
Property millionaires Katy and Dan swap their million-pound country house for tree surgeon Luke and carer Katy's two-bedroom flat. (S)
- 10.00 **Grace Kelly: Where Did All the Money Go?**  
Exploring the finances of the actor and princess. (S)(R)
- 10.50 **Most Shocking Celebrity Moments**  
Infamous incidents from the 1990s. (S)(R)
- 12.50 AM **Entertainment News** (S)
- 1.00 **PlayOJO Live Casino Show** (S)
- 3.00 **Ben Fogle: New Lives in the Wild** From Oxfordshire. (S)(R)
- 3.50 **The Wonderful World of Chocolate** (S)(SL)(R)
- 4.40 **House Doctor** (S)(SL)(R)
- 5.05 **Divine Designs** (S)(SL)(R)
- 5.30 to 5.35 AM **Entertainment News** (S)

+1 hour 205 305 38 128

## SKY SHOWCASE

106 106 806 109 340 355

- 6.00 AM **Clifford** (S)(R)(AD)
- 6.30 **Silly Pets** (S)(R)(AD)
- 6.50 **Trolls: Trollstopia** (S)(R)(AD)
- 7.40 **F1: United States Grand Prix Qualifying Highlights**  
Action from Austin, Texas. (R)
- 9.40 **The Office (US)** (S2) (S)(R)
- 11.30 **FILM Monster Family**  
Animated comedy with the voices of Emily Watson, Jason Isaacs and Nick Frost. (S)(AD) (2017, PG, 96min) ★★
- 1.30 PM **The Simpsons** (S)(R)
- 2.30 **F1: United States Grand Prix Sprint Race Highlights**  
Round 19 in Austin, Texas. (R)
- 3.30 **The Simpsons** Five episodes of the comedy, including at: 5.30 **Wedding for Disaster:** Homer and Marge get married for a second time. (S)(R)



9.00 **SEAL Team**

- 6.00 **The Simpsons**  
*Eny Teeny Maya Moe:* Lonely Moe joins an online dating agency. (S)(R)
- 6.30 **LIVE Football: WSL**  
Chelsea v Tottenham Hotspur: Coverage of the top-flight match from Kingsmeadow. The visitors lost all three matches that they faced against Chelsea last season, losing 1-0 and 2-1 in the league, as well as a 3-1 defeat in the quarter-finals of the Women's League Cup. Kick-off is at 6.45.
- 9.00 **SEAL Team**  
**New episode Heroes and Criminals:** 4/10. Team Bravo target a factory in Myanmar that the DEA has tied to China and fentanyl production. (S7) (S)(R)
- 10.00 **The Walking Dead: Daryl Dixon – The Book of Carol**  
*L'Invisible:* 3/6. Carol searches for intel, Daryl and Isabelle rush to rescue one of their group, and Pouvoir regathers its forces. (S2) (R)
- 11.00 **Football's Funniest Moments**  
Comical incidents. (S)(R)(AD)
- 11.30 **F1: United States Grand Prix Highlights** From Austin, Texas.
- 12.30 AM **Saturday Night Live**  
Michael Keaton hosts, with music by Billie Eilish. (R)
- 2.00 **Rob & Romesh vs UFC** (S)(R)
- 3.00 **Road Wars** (S)(R)
- 4.00 to 6.00 AM **Nothing to Declare** (S)(R)(AD)

+1 hour 206

## LOCAL VARIATIONS

### BBC1

#### SCOTLAND

Sky 964, Virgin 862, Freesat 964  
10.00-10.30am **The Sunday Show** (S) 11.35pm SportsScene: Premiership Highlights (S)(R) 12.20am **The Women's Football Show** (S) 1.05 **The Graham Norton Show** (S)(R) 1.55 **Weather for the Week Ahead** (S) 2.00-6.00am **BBC News** (S)

#### N. IRELAND

Sky 966, Virgin 863, Freesat 966  
No variations

#### WALES

Sky 965, Virgin 864, Freesat 965  
4.55pm **The Hairy Bikers' Asian Adventure** (S)(R)  
5.25-5.55pm **Weatherman Walking** (S)(R)

### BBC2

#### N. IRELAND

Sky 969, Freesat 969  
9.30pm **Brave New World: USA** (S)(R) 10.00 **Charlie Cooper's Myth Country Series finale** (S)(AD) 10.30 **Sunday Politics Northern Ireland** (S)(R) 11.00 **Hauntings New edition** (S)(AD) 11.50 **Hauntings Series finale** (S)(AD) 12.35am **Mock the Week** (S)(R) 1.05-1.20am **The Chronicles of Mournie** (S)(R)

#### WALES

Sky 968, Freesat 968  
8.00-9.00pm **Rick Stein's Food Stories** (S)(R) 9.30-10.00pm **Rewind: 60 Years of Welsh Pop** (S)(R)

### ITV1

No variations

### S4C

Sky 134, Virgin 164, Freesat 120  
6.00am **Cyw** 8.50 **Penblwyddi Cyw** 9.00 **Y Fets** (AD) 10.00 **Wil ac Aeron:** Taith yr Alban 10.30 **Dechrau Canu** Dechrau Canmol 11.00 **LIVE Ralio+** 12.30pm **Pobol y Cwm:** Y Cymeriadau 1.05 **Triathlon Cymru:** Triathlon Llandudno 2.05 **Clwb Rygbi** 3.50 **Clwb Rygbi** 5.35 **Pobol y Cwm Omnibws** (AD) 7.15 **Newyddion** (AD) 7.30 **Dechrau Canu** Dechrau Canmol **New edition** 8.00 **laith ar Daith** **New edition** 9.00 **Cleddau** **New episode** (AD) 10.00 **Goglebocs Cymru** 11.00-11.35pm **Sgwrs Dan y Lloer**

**TV&Satellite**  
Best for Sky and Virgin

## BBC3

115/117/121 107/113 23 107 107

BBC3 programmes start at 7.00pm



- 7.00 PM **EastEnders** Chelsea prepares to hand herself in. 7.30 **Avani** is in big trouble.
- 8.00 **Waterloo Road** 6/8. Steve and Billy are forced to face the consequences of their actions. (S14)
- 9.00 **FILM If Beale Street Could Talk** Drama starring KiKi Layne and Stephan James. A couple's plans of starting a family are derailed when the fiancé is arrested for a crime he did not commit. (2018, 15, 119min) ★★ ★★
- 10.50 **RuPaul's Drag Race UK** 4/10. The queens serve up a spooktacular Halloween monster banger. With guests Mabel and Alexandra Burke.
- 12.00 **MT Ginger's House**
- 12.10 AM **Charlotte in Sunderland** Double bill.
- 1.10 **Paranormal: The Girl, the Ghost and the Gravestone** Double bill.
- 2.10 **Dubai Hustle**
- 2.40 **Lazy Susan**
- 2.55 to 3.55 AM **Paranormal: The Girl, the Ghost and the Gravestone**

## MORE4

136/137 831 147 18 124

- 8.55 AM **Ugly House** to **Lovely House** with **George Clarke**
- 10.00 **George Clarke's Amazing Spaces: The Best Builds**
- 11.00 **George Clarke's Old House, New Home**
- 12.05 PM **Come Dine with Me**
- 2.40 **Four in a Bed**
- 5.20 **Come Dine with Me**  
Cleaning company owner Kelly Anne hosts the first dinner party in south Wales. 5.50 **Bar manager and former child actor Ryan hosts the second dinner party.**
- 6.20 **Come Dine with Me** Radio presenter Rachel prepares an Indian-themed menu. 6.55 **Accountant Runa plans to serve up a Bangladeshi-inspired menu.** 7.25 **Energy consultant David hosts the final night.**
- 8.00 **24 Hours in A&E** A man arrives after collapsing in the street whilst walking his dog.
- 9.00 **The Emergency Ward Series finale** 10/10. A doctor is impressed by the pain tolerance of a mechanic.
- 10.00 **24 Hours in Police Custody** Ten armed raids are launched at dawn.
- 11.05 **Emergency Helicopter Medics** Documentary.
- 12.10 AM **The Emergency Ward**
- 1.15 **24 Hours in Police Custody** As 10.00pm.
- 2.20 **24 Hours in A&E**
- 3.25 to 3.55 AM **Food Unwrapped**

+1 hour 236/237 347 125

## BBC4

116 107/108 9/24 106 108

BBC4 programmes start at 7.00pm



- 7.00 PM **Complete Victor Borge**
- 7.30 **Concerto at the BBC Proms** From 2005.
- 8.00 **NEW Joan Bakewell at the BBC** Documentary.
- 8.30 **NEW Joan Bakewell Remembers...**  
**Nelson Mandela in Heart of the Matter**
- 8.40 **Nelson Mandela in His Own Words: Heart of the Matter**
- 9.20 **NEW Joan Bakewell Remembers...**  
**Marcel Duchamp in Late Night Line-Up**
- 9.30 **Marcel Duchamp: Late Night Line-Up**
- 9.55 **Joan Bakewell: Flowering in Autumn**
- 10.25 **The Accidental Hero: Oskar Schindler – Heart of the Matter**
- 11.00 **NEW Young Musician: Grand Final Full Concert**
- 1.30 AM **Complete Victor Borge**
- 2.00 **Face the Music**
- 2.35 **Nelson Mandela in His...**
- 3.15 to 3.45 AM **The Accidental Hero: Oskar Schindler...**

## E4

135/136 830 106 13 122

- 6.00 AM **Hollyoaks Omnibus**
- 7.15 **Rude(ish) Tube Shorts**
- 7.25 **Married at First Sight UK**
- 11.50 **The Great British Bake Off** 4/10. Caramel Week.
- 1.05 PM **FILM Peter Rabbit**  
Family comedy featuring the voice of James Corden. (2018, PG, 95min) ★★ ★★
- 2.55 **The Big Bang Theory**
- 4.20 **Young Sheldon**
- 5.15 **Lego Masters Australia**  
**New edition** The teams must lift their creations up a six-metre vertical wire.
- 6.35 **FILM Sahara** Action adventure starring Matthew McConaughey as a swashbuckling explorer on a treasure hunt in West Africa for a Confederate battleship that no one else believes exists. With Steve Zahn and Penélope Cruz. (2005, 12, 124min) ★★ ★★
- 9.00 **FILM Mission: Impossible – Fallout** Thriller sequel starring Tom Cruise and Henry Cavill. Ethan Hunt, the IMF team and a CIA assassin try to prevent a disaster caused by a group of terrorists. With Simon Pegg. (2018, 12, 147min) ★★ ★★
- 11.55 **Gogglebox**
- 1.00 AM **First Dates**
- 2.00 **First Dates: The Proposal**
- 3.05 **Gogglebox**
- 4.00 **Black-ish**
- 4.25 to 6.00 AM **Hollyoaks Omnibus**

+1 hour 235/236 306 30 123



### Sky Witness

107 807 110 341 356

6.00 AM Sun, Sea and A&E  
7.00 **The Force: Manchester**  
8.00 **Border Patrol**  
10.00 **UK Border Force**  
11.00 **The Real A&E** A mother-of-three suffers an extreme reaction to antibiotics.  
11.30 Staff examine a man with a finger injury.  
12.00 NOON **911 Crisis Centre**  
1.00 PM **Bondi Rescue** Double bill following lifeguards patrolling Bondi Beach in Australia.  
2.00 **Nothing to Declare** Ten editions of the documentary.



8.00 **Border Security**

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.  
8.00 **Border Security: Canada's Front Line** A student learns a lesson.  
8.30 A baggage search takes a strange turn.  
9.00 **Blue Bloods On the Ropes: 7/18.** Danny and Baez investigate a series of mysterious deaths at a hospital. (S14)  
10.00 **The Cleaning Lady Smoke and Mirrors: 10/12.** Thony attempts to get her family's life back to normal. (S3)  
11.00 **Fire Country** 6/22. (S1)  
12.00 **MT FBI: International** (S1)  
1.00 AM **New Amsterdam** (S5)  
2.00 **The Cleaning Lady New episode** 11/12. Thony and Fiona work with the FBI. (S3)  
3.00 to 6.00 AM **Nothing to Declare**

+1 hour 207 310

### Sky Atlantic

108/109 808 342 357

6.00 AM **Fish Town** Four editions.  
9.40 **True Blood** 3-7/12. (S2)  
2.45 PM **Billions** 12/12. The power struggle between Axelrod and Rhoades continues. (S2)  
3.55 1/12. Chuck receives a mandate from a new boss.  
4.55 2/12. Chuck tries to cash in a favour owed to him.  
5.55 3/12. Chuck faces a dilemma when he is given a perverse directive.  
6.55 4/12. Wags pursues an intensely personal real estate acquisition. (S3)



7.55 **The Wire**

7.55 **The Wire Backwash:** 7/12. Proposition Joe discusses a deal with Stringer, and Rawls tries to persuade Daniels to take on the case of the Jane Doe homicides. (S2)  
9.00 **Sweetpea This Sort of Thing Needs Some Feminine Energy:** 2/6. Rhiannon's victim is discovered. (S1)  
10.00 **The Penguin Cent'anni:** 4/8. Sofia makes plans as she confronts the events that turned her into the Hangman. (S1)  
11.10 **American Rust** 5/9. (S1)  
12.15 AM **In Treatment** (S1)  
12.55 **Watchmen** 4/9.  
2.00 **The Penguin New episode** 5/8. Sofia strives to build a new legacy for herself. (S1)  
3.05 **Big Little Lies** 7/7. (S2)  
4.05 to 6.00 AM **Urban Secrets**

+1 hour 208/209

### Sky Max

113/114 813 111 346 351

6.00 AM **MacGyver** (S1)  
9.00 **Merlin** 3-6/13. (S3)  
1.00 PM **The Walking Dead** 13/16. Alpha unleashes a group of her own.  
2.00 14/16. Shocking secrets from the past are revealed.  
3.00 15/16. All four communities come together.  
4.00 16/16. The communities brave a ferocious blizzard. (S9)  
5.00 1/22. The group in Oceanside continue to train.  
6.00 2/22. The origins of Alpha and Beta are revealed. (S10)



9.00 **Merlin**

7.00 **FILM RoboCop** Paul Verhoeven's futuristic comic-book thriller starring Peter Weller and Nancy Allen. A murdered cop is transformed into an indestructible cyborg policeman. (1987, 18, 103min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●  
9.00 **SEAL Team New episode Heroes and Criminals:** 4/10. The team target a factory with links to fentanyl production. (S7)  
10.00 **Brassic Naked Cult:** 4/7. Vinnie and the gang try to rescue Gideon from a naked cult. (S6)  
11.00 **The Walking Dead: Daryl Dixon - The Book of Carol** 3/6. Carol searches for intel, while Daryl and Isabelle rush to rescue one of their group. (S2)  
12.05 AM **The Force: Manchester**  
2.00 **Road Wars**  
3.00 **Hawaii Five-0** 5/22. (S10)  
4.00 to 6.00 AM **Sun, Sea and A&E**

+1 hour 218 315 29 114

### ITV2

118 816 115 6 113

6.00 AM **CITV**  
9.00 **Totally Bonkers Guinness World Records**  
9.25 **Secret Crush** Double bill.  
11.30 **Dress to Impress**  
1.30 PM **Family Fortunes**  
2.30 **Celebrity Catchphrase**  
3.30 **FILM Corpse Bride** Animated fantasy featuring the voice of Johnny Depp. (2005, PG, 74min) ★★★  
5.05 **FILM Johnny English Strikes Again** Spy comedy sequel starring Rowan Atkinson. (2018, PG, 89min) ★★★



6.55 **Dolittle**

6.55 **FILM Dolittle** Fantasy adventure starring Robert Downey Jr. Eccentric physician Dr John Dolittle is drawn into a mission to save Queen Victoria's life. With Michael Sheen. (2020, PG, 101min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●  
9.00 **Big Brother New edition** A chance to catch up with everything that has happened in the house.  
10.00 **Big Brother: Late & Live New edition** AJ Odudu and Will Best present the companion show in front of a studio audience.  
11.05 **Family Guy** 7/15. Lois takes Meg on a tropical holiday. (S22)  
11.35 6/23. Lois prepares a Thanksgiving meal. (S10)  
12.00 MT 4/20. (S18)  
12.25 AM **American Dad!** (S18&12)  
1.15 **All American** 11/20. (S4)  
2.05 to 3.00 AM **Unwind with ITV**

+1 hour 218 315 29 114

### ITV3

119 117 10 115

6.00 AM **Bless This House**  
6.30 **Inspector Morse**  
10.55 **FILM The Magnificent Two** Comedy starring Ernie Wise and Eric Morecambe. (1967, PG, 96min) ★★  
12.55 PM **Agatha Christie's Poirot**  
5.00 **Agatha Christie's Poirot** *The Double Clue:* Poirot falls for the chief suspect in a series of jewel thefts.  
6.00 **Sad Cypress:** Poirot tries to prove the innocence of the chief suspect in the deaths of her aunt and her rival in love.



8.00 **The Larkins**

8.00 **Agatha Christie's Poirot** (started at 6.00pm)  
8.00 **The Larkins In Which Ma's Sister Bertha Comes to Visit:** 5/6. Ma's sister Bertha, who despises the countryside, pays a visit.  
9.00 **The Larkins In Which the Larkins are Determined to Convince Mariette to Stay:** 6/6. The family try to stop Mariette leaving. (S1)  
10.00 **Foyle's War Trespass:** The son of a high-profile Jewish businessman is attacked in the grounds of a university, leaving Foyle to consider the possibility that the attack was racially motivated.  
12.00 **MT Agatha Christie's Poirot Cards on the Table:** A bridge player is stabbed through the heart. With Zoë Wanamaker.  
2.00 to 3.00 AM **Bless This House**

+1 hour 219 317 116

### BBC Scotland

SCOT 115 108 9 106 106  
REST OF UK 180 162 110

12.00 NOON **This Is BBC Scotland**  
7.00 PM **The Seven**  
7.15 **Sportscene:** **Premiership Highlights** Extended action from Kilmarnock v Rangers.  
8.00 **Paramedics on Scene** 10/10. Peter and Gary respond to a man who is having difficulty breathing.  
9.00 **Still Game** 4/6. The crew from TV show *Blighty's Hardest Pubs* visits the Clansman. (S5)  
9.30 **Breaking the News** With Laura Lexx, Jim Smith, Rosco McClelland and Elaine Malcolmson.  
10.00 **NEW Storyville: Dogs of War** How Dave Tomkin, originally a safe-cracker, rose from small-time criminal to international mercenary.  
11.30 PM to 12.00 MT **The Sunday Show** The main issues from the world of politics.

### Sky Comedy

114/115 814 112 347 362

8.00 AM **Young Rock** (S1)  
10.30 **Eastbound & Down**  
1.30 PM **Pen15** (S2)  
4.00 **Will & Grace** (S6)  
6.30 **The Office (US)** 2/22. The team have a lesson in sexual harassment.  
7.00 3/22. Jim and Pam arrange an 'Office Olympics'.  
7.30 4/22. A fire forces the staff out of the office.  
8.00 5/22. Michael is ordered by head office to fire one employee.  
8.30 6/22. Michael is embarrassed when Dwight punches him. (S2)  
9.00 **Saturday Night Live New edition** Michael Keaton hosts, with music by Billie Eilish.  
10.30 **Divorce** 3&4/8. (S2)  
11.50 **Sex and the City** (S1)  
12.30 AM **Saturday Night Live**  
2.00 **NEW SERIES The Franchise** 1-3/8. Comedy. See feature, page 4. (S1)  
4.15 to 5.00 AM **Hello Ladies**

### Sky Arts

130/131 826 123 36 143 365

6.00 AM **Pavarotti in Central Park** From New York.  
8.20 **Tales of the Unexpected**  
11.00 **Alfred Hitchcock Hour**  
12.00 NOON **Portrait Artist of the Year**  
1.00 PM **Comedy Legends**  
2.00 **The Art of Film**  
3.00 **The Art Mysteries**  
3.30 **The Lost Leonardo**  
5.20 **Laurel and Hardy: Their Lives and Magic**  
7.00 **Discovering: Ben Kingsley**  
8.00 **FILM The Thomas Crown Affair** Thriller. (1968, PG) ★★★  
9.55 **The Warhol Effect**  
11.55 **FILM The Reptile Horror.** (1966, 15, 86min) ★★★  
1.40 AM **The Strange Case of Dr Jekyll and Mr Hyde**  
3.25 **The Great Songwriters**  
4.25 **Isle of Wight Festival Greatest Hits**  
4.50 **Music Videos That Defined the 2000s**  
5.50 to 6.00 AM **Arts Uncovered**

### Sky Mix

151 135 11 141

6.00 AM **Border Patrol**  
8.00 **Madagascar: A Little Wild** Animation.  
8.20 **Mooninvalley**  
8.45 **Critters TV**  
9.00 **Monkey Life**  
11.30 **999 Frontline**  
12.00 NOON **Road Wars**  
1.00 PM **Caught Red Handed**  
3.00 **Border Security: America's Front Line**  
5.00 **Highway Cops**  
6.00 **Caught Red Handed**  
8.00 **Nothing to Declare**  
9.00 **Britain's Most Evil Killers** The search for David Bieber.  
10.00 The case of double killer Ian Stewart.  
11.00 **Snapped** Detectives hope advances in technology will help them solve a cold case.  
12.00 MT **Caught on Dashcam**  
1.00 AM **Brit Cops: Law & Disorder** Documentary.  
2.00 **Motorway Patrol**  
4.00 to 6.00 AM **Border Patrol**

### ITV Be

131/132 119 28 119

7.00 AM **Unwind**  
7.10 **Abbey Clancy: Celebrity Homes**  
8.15 **The Real Housewives of Beverly Hills**  
10.10 **Drama Queens**  
11.10 **The Real Housewives of Beverly Hills**  
1.00 PM **Real Housewives of Beverly Hills**  
3.50 **The Only Way Is Essex**  
4.50 **Billie and Greg: The Family Diaries**  
5.55 **Dermot O'Leary's Taste of Ireland**  
7.00 **Ainsley's Taste of Malta** The idyllic island of Gozo.  
8.00 **Fletcher's Family Farm**  
9.00 **The Only Way Is Essex New edition** Diags has doubts about Jodie moving to Essex.  
10.00 **Botched** Medical series.  
11.00 **The Real Housewives of Orange County**  
12.00 MT to 1.00 AM **The Real Housewives of Melbourne**

+1 hour 319

### GREAT! tv

157 170 50

8.00 AM **Highway to Heaven**  
11.00 **Murder, She Wrote**  
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: 6.00 *Thicker Than Water:* Metzger's brother is accused of murder.  
7.00 *Lines of Excellence:* Jessica investigates when a case of illegal hacking leads to murder.  
8.00 *Judge Not:* Jessica investigates a 20-year-old mystery.  
9.00 **Murder 101: Locked Room Mystery** Mystery drama starring Dick and Barry Van Dyke.  
10.55 **Garage Sale Mysteries: Picture a Murder** Drama starring Lori Loughlin.  
12.50 AM **Castle** (S7)  
3.00 **Randall and Hopkirk (Deceased)** 6/26. (S1)  
4.00 **Highway to Heaven**  
4.50 to 5.00 AM **GREAT! Movie News Extra**

+1 hour 257 62



## ITV4

120 118 26 117

- 6.00 AM Highlights
- 8.00 Motorsport UK
- 9.00 English Football League
- 10.30 World of Sport
- 10.45 World Superbike Highlights
- 11.45 The Car Years
- 12.15 PM Sherlock Holmes: The Last Vampyre
- 2.30 LIVE Premiership Rugby Union Leicester Tigers v Gloucester: Kick-off is at 3.00.
- 5.15 River Monsters
- 5.50 FILM **Police Academy 6: City Under Siege** Comedy sequel. (1989, PG, 83min) ★



10.20 Rocky III

- 7.30 LIVE LaLiga Barcelona v Sevilla: Semra Hunter presents coverage of the Spanish top-flight match at Estadi Olímpic Lluís Companys. Commentary comes from Sam Matterface and Terry Gibson, and studio analysis by Vicky Losada and Guillem Balague. Kick-off is at 8.00.

- 10.20 FILM **Rocky III** Boxing drama sequel starring Sylvester Stallone. Rocky struggles with success. With Talia Shire. (1982, PG, 99min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.25 AM FILM **Renegades** Thriller starring Keifer Sutherland. (1989, 18, 102min) ★★★
- 2.15 The Protectors
- 2.40 to 3.00 AM Unwind with ITV

+1 hour 220 318 118

## Sky Sci-Fi

139/140 836 122 348 363

- 6.00 AM Most Haunted
- 8.00 Teleshopping
- 11.00 Star Trek: Deep Space Nine Five episodes, including at: 2.00 PM 12/26. Sisko is trapped in Earth's past. 3.00 13/26. Tragedy threatens a truce. (S3)
- 4.00 Stargate SG-1 13/22. Daniel investigates an ancient curse. 5.00 14/22. The team go on a mission to disrupt an alliance. 6.00 15/22. General Hammond makes a shock announcement. (S4)



10.00 Hellraiser

- 7.00 Stargate SG-1 2010: 16/22. Carter uncovers the shocking truth behind an alien race that gave Earth a cure for cancer.
- 8.00 Stargate SG-1 Absolute Power: 17/22. Shifu returns and teaches Daniel how to defend Earth from the Goa'uld.
- 9.00 Stargate SG-1 The Light: 18/22. The team are transfixed by a beautiful device encountered on another planet. (S4)
- 10.00 FILM **Hellraiser** Horror fantasy from cult British author Clive Barker. (1987, 18, 92min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.00 MT **Westworld** 3/8. Charlotte grapples with reality, while Dolores and Caleb begin to form a key partnership. 1.10 4/8. Bernard and Ashley infiltrate a charity event, and The Man in Black prepares to re-enter society. (S3)
- 2.20 Wynonna Earp 8&9/13. (S1)
- 4.10 to 6.00 AM Most Haunted

+1 hr 241/269 320/362 130

## Alibi

109/110 809 114 343 358

- 7.10 AM Murdoch Mysteries (S9)
- 10.00 Father Brown Four episodes.
- 2.00 PM Inspector George Gently
- 4.00 Death in Paradise 4/8. A plantation owner is shot. With Anna Chancellor (S8)
- 5.00 Shakespeare & Hathaway: Private Investigators 10/9. Frank and Lu must unmask a 'Voice in the Dark' threatening to destroy Wintermas. (S4)
- 6.00 Father Brown The Pride of the Prydes: The grand opening of Pryde Castle ends in disaster when a guide is hit by an arrow.



9.00 Death in Paradise

- 7.00 Hudson & Rex Old Dog New Tricks: 15/16. Sarah's former professor is seemingly framed for murder.
- 8.00 Hudson & Rex In a Family Way: 16/16. After a woman is found dead in the snow, Charlie and Rex have a pool of suspects. (S2)
- 9.00 Death in Paradise Dishing Up Murder: 6/8. A famous chef is stabbed to death. Guest stars Tara Fitzgerald. (S5)
- 10.00 CSI: Vegas Rat Packed: 3/10. The bodies of Frank Sinatra and Joey Bishop impersonators are discovered. (S3)
- 11.00 Father Brown The Devil You Know: Mallory is forced to turn to the priest for help when a member of the police force is murdered at a bowls match.
- 12.00 MT Hudson & Rex (S2)
- 1.00 to 4.00 AM Murdoch Mysteries

+1 hour 209/210 314

## GOLD

110/111 810 124 344 359

- 7.30 AM Only Fools and Horses
- 12.50 PM Only Fools and Horses Five episodes, including at: 3.55 Uncle Albert falls victim to muggers, so Del Boy takes the law into his own hands. 5.00 Rodney and Albert begin to worry the flat will get overcrowded as the birth of Del Boy Jr approaches. 6.10 Christmas special from 1989. The Trotter brothers go on a lads' day out to Margate and they end up stranded in the seaside town overnight.



10.00 Ghosts

- Only Fools and Horses (started at 6.10pm).
- 8.05 Dad's Army Mainwaring's platoon try to capture a German aircraft crew.
- 8.40 Only Fools and Horses Christmas special from 1987. Del Boy sets out to find his dear departed mother's treasure trove. Guest stars Joan Sims.
- 10.00 Ghosts Mike makes a discovery among some old relics in the garden. 10.40 Mike spends a night alone in the house.
- 11.20 Ghosts Heavy snow disrupts plans for the wedding, so Alison and Mike rally round to ensure the big day goes ahead.
- 12.00 MT Billy Connolly Does...
- 1.00 AM Ghosts Triple bill.
- 2.45 to 4.00 AM Billy Connolly Does...

+1 hour 210/211 324

## U&Dave

111/112 811 127 19 157

- 7.10 AM Big Zuu's Big Eats
- 8.00 Storage Hunters UK
- 9.00 Abandoned Engineering
- 11.00 Top Gear Double bill.
- 1.00 PM Storage Hunters UK
- 3.00 Gino's Italian Escape: Islands in the Sun Gino climbs the craters of Mount Etna.
- 3.30 Gino's Italian Escape: Hidden Italy Triple bill.
- 5.00 Cornwall with Simon Reeve 1/2. The explorer travels through the county. 6.00 2/2. The environmental challenges facing the county.



7.00 Border Force

- 7.00 Border Force: America's Gatekeepers New edition A cache of weapons bound for Mexico is intercepted.
- 8.00 World's Most Dangerous Roads Comedians Rhod Gilbert and Angela Barnes cross Italy's most treacherous Alpine roads.
- 9.00 Have I Got a Bit More News for You Martin Clunes hosts the satirical quiz, with guests Kirsty Wark and Jon Richardson.
- 10.00 QI XL Guests Sally Phillips, Ross Noble and Nish Kumar join regular panellist Alan Davies and host Sandi Toksvig.
- 11.00 Mock the Week With Angela Barnes and Ed Gamble.
- 11.40 Live at the Apollo With Geoff Norcott, Michelle De Swarte and Sean McLoughlin.
- 12.40 AM Red Dwarf Double bill.
- 2.00 QI XL With Matt Lucas.
- 2.50 to 4.00 AM Schitt's Creek

+1 hour 211/212 327 74

## 4seven

137/138 143 49 127

- 9.00 AM Find It, Fix It, Flog It
- 12.00 NOON Four in a Bed
- 2.30 PM A Place in the Sun
- 5.00 A Place in the Sun: What Happened Next?
- 7.00 A Place in the Sun: What Happened Next? Catching up with house-hunters who bought their properties abroad.
- 8.00 Grand Designs A couple build a home focused on health and wellbeing.
- 9.00 Celebrity Gogglebox Famous faces appraise the week's television.
- 10.00 8 Out of 10 Cats Does Countdown Rob Brydon and Katherine Parkinson take on Jon Richardson and Babatunde Aléshe.
- 11.05 Taskmaster
- 12.05 AM Friday Night Dinner: 10 Years and a Lovely Bit of Squirrel
- 1.40 Gogglebox
- 2.45 First Dates
- 3.45 to 4.50 AM The Dog House

+1 hr 241/269 320/362 130

## 5USA

141/169 120/162 21 129

- 9.00 AM Entertainment News
- 9.10 Law & Order (S16)
- 11.10 Blue Bloods (S2)
- 1.05 PM Blue Bloods (S2)
- 3.05 NCIS Six episodes of the drama, including at: 8.00 1mm: 6/16. Bishop and Torres engage in a shootout in a former sheriff's residence. (S18)
- 9.00 NCIS: Hawai'i Monster: 16/22. Kai goes undercover as a chef in a local restaurant. (S1)
- 10.00 Law & Order: Special Victims Unit Conscience: 6/23. A boy is killed by a psychiatrist. 11.00 Charisma: 7/23. A cult leader seduces a 12-year-old girl. 12.00 MT Doubt: 8/23. A professor is accused of rape. (S6)
- 12.55 AM Blindspot (S1&2)
- 3.35 to 4.00 AM Criminals: Caught on Camera

+1 hr 241/269 320/362 130

## 5STAR

128/129 126 32 131

- 8.00 AM Nightmare Tenants, Slum Landlords
- 1.00 PM Traffic Cops
- 5.00 Police Interceptors Officers give chase when a handcuffed suspect makes a break. 6.00 Lisa and Jim drive through muddy fields in pursuit of a 4x4. 7.00 A dangerous driver leads the team on a white-knuckle ride. 8.00 Officers hunt for two suspects allegedly armed with a gun.
- 9.00 Belmarsh: Serial Killers & High Security Focusing on London's high security prison.
- 10.00 HMP Wakefield: Evil Behind Bars
- 11.20 999: Criminals Caught on Camera
- 12.15 AM Adults Only: Cam Girls Get Rich
- 1.15 I Escaped a Murderer to 4.00 AM
- 2.15 Police Interceptors

+1 hour 228/229 326 140

## 5Action

150 130 33 132

- 9.00 AM Entertainment News
- 9.10 Car Pound Cops
- 9.45 Trucking Hell
- 11.45 Trucking Heavy
- 12.45 PM FILM The Duel at Silver Creek Western. (1952, U, 90min) ★★
- 2.25 FILM The Man from the Alamo Western. (1953, U, 90min) ★★★
- 4.05 FILM The War Wagon Western starring John Wayne and Kirk Douglas. (1967, U, 96min) ★★★
- 6.45 FILM Star Trek III - The Search for Spock Sci-fi adventure sequel. (1984, PG, 105min) ★★
- 9.00 FILM Papillon Drama starring Steve McQueen and Victor Jory. (1973, 15, 150min) ★★
- 12.00 MT FILM King of Thieves Crime drama starring Michael Caine. (2018, 15, 103min) ★★
- 2.15 AM Trucking Hell
- 3.15 Car Pound Cops to 4.00 AM
- 4.45 Entertainment News

+1 hour 232/233 325

## U&W

132/133 827 125 25 156

- 6.10 AM Tipping Point
- 11.00 My Family Triple bill.
- 1.00 PM Miranda Triple bill.
- 3.00 Outnumbered Six episodes of the sitcom.
- 7.00 Inside the Operating Theatre A three-year-old boy needs an operation on his tongue. 8.00 A patient has keyhole surgery to repair his hernia.
- 9.00 Emergency: First Time Medics Adrian learns how to set a broken ankle, and Claire deals with a woman with agonising chest pain. 10.00 Claire helps a cancer patient who is bleeding heavily, and Ese grapples with a case of possible poisoning.
- 11.00 One Born: What Happened Next?
- 1.00 AM One Born Every Minute Documentary.
- 2.00 to 3.00 AM The Undateables

+1 hour 243 316 60



## Really

- 142 128 17 145**
- 6.00 AM **Fantasy Homes by the Sea** From Portugal.
  - 7.00 **Teleshopping**
  - 8.00 **Fantasy Homes by the Sea** Double bill.
  - 10.00 **The Bad Skin Clinic**
  - 11.00 **Dr Pimple Popper**
  - 1.00 PM **A Place in the Sun**
  - 7.00 **Cornwall Air 999**  
Paramedics help a farm worker who has been crushed by a bale of hay.
  - 8.00 The team race to help a man set on fire by a deep fat fryer.
  - 9.00 **Britain's Deadliest Kids**  
The case of 15-year-old Michael Moss.
  - 10.00 The murder of Sophie Lancaster.
  - 11.00 **The Bad Skin Clinic**
  - 12.00 **MT Help! My House Is Haunted** The team visit an isolated farmhouse.
  - 1.00 AM **Unexplained: Caught on Camera**
  - 2.00 **Teleshopping**
  - 4.00 to 6.00 AM **Dr Jeff: Rocky Mountain Vet**

## Challenge

- 145 139 48 142**
- 7.00 **AM Cheap Challenge** Triple bill.
  - 10.00 **The Crystal Maze**
  - 11.00 **Play Your Cards Right**
  - NOON **Dickinson's Real Deal** From Blackpool.
  - 1.00 PM **Lily Savage's Blankety Blank**
  - 3.00 **Through the Keyhole**
  - 4.00 **Cash Trapped**
  - 5.00 **The Chase Celebrity Special** Christian O'Connell, Dave Johns, Carrie Grant and Naomi Wilkinson take part.
  - 6.00 With Joey Essex, Mark Billingham, Aldo Zilli and Lucy Pargeter.
  - 7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
  - 9.00 **The Family Chase** The O'Hares from Liverpool take part in the general knowledge quiz show.
  - 10.00 **The Chase** Six editions.
  - 4.00 AM **The Chase Celebrity Special**
  - 5.00 to 6.00 AM **The Chase**

## GREAT! action

- 323 426 42**
- 8.00 AM **Police Ten 7**
  - 9.00 **Air Rescue** Double bill.
  - 10.00 **FILM Cromwell** Drama. (1970, PG, 141min) ★★
  - 1.00 PM **FILM No Name on the Bullet** Western. (1959, U, 77min) ★★
  - 2.40 **FILM Return to Warbow** Western. (1958, PG, 67min) ★★
  - 4.05 **FILM Angel and the Badman** Offbeat John Wayne Western. (1947, b/w, U, 100min) ★★
  - 6.20 **FILM McLintock!** Comedy Western. (1963, U, 127min) ★★
  - 9.00 **FILM Joe Kidd** Western. (1973, 15, 88min) ★★
  - 10.55 **FILM Son of a Gun** Crime drama. (2013, 15, 108min) ★★
  - 1.15 AM **FILM Deadly Voltage** Adventure. (2015, PG, 84min) ★★
  - 3.05 **Cops Uncut**
  - 4.05 to 5.00 AM **Battle of Kursk**
- +1 hour **324**

## GREAT! movies

- 321 425 34**
- 9.00 AM **Perception**
  - 10.00 **FILM Jane Doe: How to Fire Your Boss** Mystery. (2007, PG, 83min) ★★
  - 11.50 **FILM Past Sins** Thriller. (2006, 12, 88min) ★★
  - 1.40 PM **FILM Robin Hood: Prince of Thieves** Fantasy adventure. (1991, PG, 138min) ★★
  - 4.35 **FILM Hitch** Comedy. (2005, 12, 118min) ★★
  - 7.00 **FILM Charlie's Angels** Comedy thriller. (2000, 15, 97min) ★★
  - 9.00 **FILM The Cold Light of Day** Action thriller. (2012, 12, 89min) ★★
  - 11.00 **FILM Night Hunter** Thriller with Henry Cavill. (2018, 15, 88min) ★★
  - 1.10 AM **FILM Enemy Within** Suspense thriller. (2007, 15, 96min) ★★
  - 3.20 **Wild West Chronicles**
  - 4.00 to 6.00 AM **FILM The Ex Next Door** Thriller. (2019, PG, 90min) ★★
- +1 hour **322**

## GREAT! christmas

- 319 424 52**
- 8.00 AM **FILM My Christmas Fiancé** Festive drama. (2022, PG, 90min) ★★
  - 10.00 **FILM Runaway Christmas Bride** Drama. (2017, PG, 90min) ★★
  - NOON **FILM Hope at Christmas** Festive drama. (2018, PG, 90min) ★★
  - 2.00 PM **FILM Christmas Joy** Drama. (2018, U) ★★
  - 4.00 **FILM A Christmas Tail** Drama. (2012, U) ★★
  - 6.00 **FILM A Gingerbread Romance** Festive drama. (2018, PG, 90min) ★★
  - 8.00 **FILM The Sweetest Christmas** Festive drama. (2017, PG, 90min) ★★
  - 10.00 **FILM Merry Kissmas** Drama. (2015, PG) ★★
  - 12.00 **MT FILM Christmas Confessions** Drama. (2015, PG, 98min) ★★
  - 2.00 AM **Highway to Heaven**
  - 3.00 to 5.00 AM **FILM The Christmas Getaway** Drama. (2017, PG) ★★
- +1 hour **320 63**

## Rewind TV

- 182 95**
- 6.15 AM **FILM Creature from Black Lake** Mystery. (1976, PG, 90min) ★
  - 8.00 **That's My Dog**
  - 9.00 **Return of the Saint**
  - 11.00 **Jason King** (S1)
  - 2.00 PM **FILM Kansas City Confidential** Action crime drama. (1954, b/w, 12, 98min) ★★
  - 4.00 **Dick Turpin** (S2&3)
  - 6.30 **Surgical Spirit** (S3&4)
  - 9.00 **Hancock** 4/13. (S1)
  - 9.30 **The Optimist** (S1)
  - 10.00 **FILM The Swiss Conspiracy** Thriller starring David Janssen and Elke Sommer. (1975, 15, 88min) ★★
  - 11.45 **FILM The Glass House** Drama with Alan Alda. (1972, 15, 87min) ★★
  - 1.30 AM **FILM The Hitch-Hiker** Thriller with Edmond O'Brien. (1953, b/w, 12, 75min) ★★
  - 2.55 **That's My Dog**
  - 3.55 **The Optimist** (S1)
  - 4.25 to 4.55 AM **Hancock**

## DMAX

- 159 169 39 147**
- 6.00 AM **Baggage Battles**
  - 9.00 **Fast N' Loud**
  - 11.00 **Vintage Voltage**
  - 1.00 PM **Wheeler Dealers**
  - 6.00 **Hoffman Family Gold**
  - 7.00 **Alaska Monsters**  
Searching for a gigantic bear-like creature.
  - 8.00 **Expedition Bigfoot**  
The expedition takes a turn when a team member goes missing.
  - 9.00 **Unexplained and Unexplored** Unravelling the Mayan empire's fate.
  - 10.00 **Expedition X** Phil and Jess investigate objects flying around Mexico's tallest active volcano.
  - 11.00 **Mysteries of the Deep**
  - 12.00 **MT Naked and Afraid**
  - 1.00 AM **Ed Stafford: First Man Out**
  - 2.00 **Teleshopping**
  - 4.00 **Treehouse Masters**
  - 5.00 to 6.00 AM **Baggage Battles**
- +1 hour **259 369 153**

## Food Network

- 140/141 190 43 148**
- 6.00 AM **Girl Meets Farm**
  - 8.00 **Rachel Allen's Easy Meals** Six editions.
  - 11.00 **Roux Back Down the River** As 8.00pm.
  - 12.00 **NOON James Martin's Favourite Feasts**
  - 2.30 PM **James Martin's Brittany** The chef retraces the journey he made as a student.
  - 3.00 **Great British Bake Off**
  - 8.00 **Roux Back Down the River** Canoeing gives Michel a different view as he visits a watermill.
  - 9.00 **Mary Berry: Love to Cook** Mary demonstrates four recipes perfect if cooking for a crowd.
  - 9.30 **Nadiya's Fast Flavours** Nadiya Hussain rustles up a custard tart with a creme brulee twist.
  - 10.00 **Guy's Grocery Games**
  - 12.00 **MT Man v Food**
  - 2.00 to 3.00 AM **Diners, Drive-Ins and Dives**
- +1 hour **240/241 154**

## Legend

- 148 149 41 137**
- 7.00 AM **The Twilight Zone**
  - 8.00 **FILM George and the Dragon** Fantasy. (2004, PG, 93min) ★★
  - 10.00 **The A-Team** (S3)
  - 3.00 PM **FILM Tremors 2: Aftershocks** Horror comedy sequel. (1995, 12, 95min) ★★
  - 4.55 **FILM Lost City Raiders** Sci-fi action adventure. (2008, 12, 90min) ★★
  - 6.55 **FILM The Shape of Things to Come** Thriller starring Jack Palance. (1979, 15, 94min) ★★
  - 9.00 **FILM Unfaithful** Thriller with Diane Lane. (2002, 15, 123min) ★★
  - 11.30 **FILM Hammer of the Gods** Action adventure starring Charlie Bewley. (2013, 18, 94min) ★
  - 1.25 AM **FILM The Wretched** Horror with Piper Curda. (2019, 15, 95min) ★★
  - 3.20 to 5.00 AM **FILM The Butterfly Room** Thriller. (2012, 15, 87min) ★★

## Legend Xtra

- 317 171 69 138**
- 6.00 AM **FILM Independence Daysaster** Sci-fi thriller. (2013, PG, 90min) ★
  - 8.00 **FILM Biggles: Adventure in Time** Time-travel adventure. (1986, PG, 108min) ★★
  - 10.00 **FILM Moby Dick** Thriller starring Barry Bostwick and Renee O'Connor. (2010, 12, 87min) ★★
  - 12.00 **NOON Knight Wave**
  - 4.00 PM **Knight Rider** (S2)
  - 9.00 **FILM The Abominable Snowman** Hammer Studios chiller starring Peter Cushing. (1957, b/w, 12, 91min) ★★
  - 10.45 **FILM The Curse of Frankenstein** Horror starring Peter Cushing and Christopher Lee. (1957, 12, 83min) ★★
  - 12.30 to 3.00 AM **FILM Bone Tomahawk** Western starring Kurt Russell and Patrick Wilson. (2015, 18, 132min) ★★
- +1 hour **318 371 139**

## Blaze

- 164 174 64 161**
- 6.00 AM **Hardcore Pawn**
  - 8.00 **UFO Hunters**
  - 11.00 **Ancient Aliens**
  - 12.00 **NOON UFOs: The Lost Evidence** Six editions.
  - 6.00 PM **River Hunters Special: Battle of Towton** Documentary.
  - 7.00 **World's Greatest Treasure Mysteries** The war treasure of British Army General Charles Cornwallis.
  - 8.00 **The Curse of Oak Island** The team uncover evidence of a sunken ship in the swamp.
  - 9.00 **Royal Autopsy** The dying days of King Charles II.
  - 10.00 **Medieval Murder Mysteries** The controversy surrounding the death of Edward II.
  - 11.00 **What on Earth?**
  - 1.00 AM **Adventure Gold Diggers** Documentary.
  - 2.00 **UFO Hunters**
  - 5.00 to 6.00 AM **Flipping Bangers**

## SSELECT

- 153 138 46 133**
- 9.00 AM **Eggheads**
  - 9.25 **Paul Martin's Antiques Showdown**
  - 10.25 **Columbo** Five episodes of the drama, including at 4.35 PM *Old Fashioned Murder*: The owner of a family-run museum has her brother killed, but the shabby sleuth is soon on the case.
  - 6.15 **FILM Carry On Teacher** Vintage comedy starring Ted Ray and Kenneth Connor. (1959, b/w, U, 86min) ★★
  - 8.00 **Sid James: Comedy Icon** A profile of the comedy actor.
  - 9.30 **The Amazing Hattie Jacques: Larger than Life** A profile of the comedy actor.
  - 11.00 **When 60s TV Goes Horribly Wrong**
  - 1.00 AM **Ben Fogle: New Lives in the Wild**
  - 3.50 to 4.00 AM **Entertainment News**

## HGTV

- 158 191 44 149**
- 7.00 AM **My Lottery Dream Home** Six editions.
  - 10.00 **Escape to the Country**
  - 1.00 PM **Escape to the Country** Double bill.
  - 3.00 **A Place in the Sun**
  - 8.00 **Derelict Rescue**  
A rookie renovator plans to transform a tiny barn in mid-Wales.
  - 9.00 **A Place in the Sun**  
Helping a couple who are looking to retire to Orihuela, eastern Spain.
  - 10.00 A couple from Edinburgh search for a property in Menorca.
  - 11.00 A London couple look for a holiday home in the Balearic Islands on a £300,000 budget.
  - 12.00 **MT Danni Menzies** helps two sisters to realise their dream of buying a property in Cannes.
  - 1.00 to 4.00 AM **Bargain Mansions**
- +1 hour **258/262 391**

## TLC

- 133/134 828 165**
- 7.00 AM **Curvy Brides Boutique** Double bill.
  - 8.00 **Say Yes to the Dress: UK** Four editions.
  - 10.00 **Outdaughtered: Busby Quints** Double bill.
  - 12.00 **NOON Extreme Cheapskates**
  - 1.00 PM **My 600lb Life**
  - 5.00 **Too Large**
  - 6.00 **Sister Wives**
  - 7.00 **Good Bones**
  - 8.00 **Dr Pimple Popper** Four editions, including at:
    - 10.00 Corey has been labelled a devil worshipper because of his forehead growth.
    - 11.00 Monica returns in the hopes that Dr Lee can remove more of her face growths.
  - 12.00 **MT Body Bizarre**
  - 1.00 AM **Extreme Couponing**
  - 2.00 **Dr Pimple Popper**
  - 5.00 to 6.00 AM **Curvy Brides Boutique**
- +1 hour **233/234 365**

## Comedy Central

- 112/113 812 132 345 360**
- 8.00 AM **Last Man Standing**
  - 9.00 **Friends** (S8)
  - 1.00 PM **Friends** (S8)
  - 6.15 **FILM Paul Blart: Mall Cop** Comedy starring Kevin James and Jayma Mays. An overweight security guard becomes an unlikely hero. (2009, PG, 91min) ★
  - 8.00 **FILM Groundhog Day** Fantasy comedy starring Bill Murray and Andie MacDowell. (1993, PG, 103min) ★★
  - 10.05 **FILM The Change-Up** Comedy starring Ryan Reynolds, Jason Bateman and Leslie Mann. (2011, 15, 112min) ★★
  - 12.20 AM **Lee Evans: Live in Scotland** Stand-up.
  - 1.50 **Michael McIntyre: Live & Laughing**
  - 2.50 **Key & Peele**
  - 3.15 **South Park** (S5)
  - 4.05 **Beavis and Butt-Head**
  - 4.15 to 5.00 AM **Guessable?**
- +1 hour **212/213 332**

## Comedy Cen. Extra

- 127/128 154**
- 6.00 AM **Home Improvement**
  - 7.00 **Teleshopping**
  - 9.00 **Criminally Funny**
  - 4.00 PM **Last Man Standing**
  - 7.00 **Friends** 19/24.  
Joey is interviewed by a TV magazine.
  - 7.30 20/24. Rachel reluctantly agrees to her mother moving in.
  - 8.00 21/24. Monica is stung by criticism from a restaurant reviewer.
  - 8.30 22/24. Chandler falls asleep at the premiere of Joey's film.
  - 9.00 15/24. Monica prepares a Valentine's Day surprise for Chandler.
  - 9.30 16/24. Ross persuades Joey to tell Rachel how he feels about her. (S8)
  - 10.00 **Friends** (S8&9)
  - 2.00 AM **New Girl** (S4)
  - 3.00 **The Daily Show**
  - 4.15 **Impractical Jokers**
  - 5.00 **Beavis and Butt-Head**
  - 5.15 to 6.00 AM **Daria**

## Sky Replay

- 152 156**
- 7.00 AM **Four Weddings**
  - 9.00 **Border Security: America's Front Line**
  - 12.00 **NOON Magnum P.I.**
  - 3.00 PM **Departure** (S2)
  - 5.00 **Brit Cops: Rapid Response** Triple bill.
  - 8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.
  - 9.00 **Day of the Dead** *The Thing in the Hole*: 1/10. Six strangers try to survive the first 24 hours of an undead invasion. A normal day for the town of Mawinshaken takes a horrifying turn when the dead begin to rise. Stars Keenan Tracey. (S1)
  - 10.00 **Caught on Dashcam** Triple bill of editions.
  - 1.00 AM **The Russell Howard Hour**
  - 2.00 **A League of Their Own**
  - 3.00 to 6.00 AM **Four Weddings**

## MTV

- 126/127 824 134**
- 6.00 AM **Daria** 3/13. (S3)
  - 6.25 **Teen Mom 2**
  - 7.10 **Fresh Out Live**
  - 8.00 **Teen Mom: Young & Pregnant UK**
  - 9.00 **Dallas Cowboys Cheerleaders**
  - 12.35 PM **MTV Cribs UK**
  - 1.00 **Catfish: The TV Show** Eight editions of the series, including at:
    - 8.00 Paris asks for help in finding out who has been catfishing her.
  - 9.00 **Teen Mom UK** Sassi prepares for a new arrival.
  - 10.00 **Teen Mom: The Next Chapter** Khesanio asks Brad for permission to marry Mackenzie.
  - 11.00 **Jersey Shore Family Vacation** Reality series.
  - 12.00 **MT Caught in the Act: Unfaithful** Reality show.
  - 1.00 AM **The Challenge: Battle of the Eras**
  - 2.20 **Ridiculousness**
  - 2.40 **Catfish: The TV Show**
  - 3.35 to 4.00 AM **Teen Cribs**



## Discovery

125/126 823 177 320 325

- 6.00 AM **Kindig Customs**
- 12.00 NOON **Alaska: Homestead Rescue** The Raney's urgently help a couple who sent their son away until their homestead can thrive.
- 2.00 PM The Raney's revive an original barn, devise a livestock escape pod and create a floating greenhouse.
- 4.00 A rift threatens an extended family on their overcrowded Texas homestead.
- 6.00 **Scrap Kings** In Botley, Oxfordshire, a 1960s shopping centre is being pulled apart.



7.00 **Alaska: Homestead Rescue**

7.00 **Alaska: Homestead Rescue** A young couple struggle to keep their homestead afloat in torrential Texas weather, while the Raney's race to save the rain-hit cabin and livestock shelters.

9.00 **Alaska: The Last Frontier** Before leaving for college, Etienne endures a homestead rite of passage in the wilderness.

10.00 **Kindig Customs** KevDogg and Dave take the rig to the Triple Crown of Rodding show in Nashville.

11.00 **Goblin Works Garage** Jimmy brings a Porsche 944 into the workshop.

12.00 **MT Shorty's Dream Shop** The owner of 1956 Bel Air has had some bad luck.

1.00 AM **Shorty's Dream Shop**  
4.00 to 5.00 AM **America: Facts vs Fiction**

+1 hour 225/226 377

## Animal Planet

162/175 178

- 8.00 AM **Insane Pools: Off the Deep End** A tranquil space.
- 9.00 **How Do Animals Do That?**
- 10.00 **Saved by the Barn**
- 11.00 **Dr Jeff: Rocky Mountain Vet**
- 12.00 NOON **Insane Pools: Off the Deep End**
- 1.00 PM **Amanda to the Rescue**
- 2.00 **Guardians of Rescue**
- 4.00 **Dr Jeff: Rocky Mountain Vet** Dr Amy performs surgery on a dog impaled with a stick.
- 5.00 Christine faces her fears.
- 6.00 **Insane Pools: Off the Deep End** A palatial pool.



7.00 **Amanda to the Rescue**

7.00 **Amanda to the Rescue** Amanda Geise teams up with Tia Torres to help a Great Dane with a serious brain issue.

8.00 **Crikey! It's the Irwins** Chandler must handle a koala crisis, while Terri lends a hand to care for an influx of puggles.

9.00 **Crikey! It's the Irwins** Bindi welcomes the arrival of tiny poison dart frogs to their new home.

10.00 **Alaska: The Last Frontier** Atz Senior must decide between life on the *Yuletide* and returning to the family homestead.

11.00 **Swimming with Monsters with Steve Backshall** The naturalist swims with the voracious Humboldt squid.

12.00 **MT Rugged Justice**  
1.00 AM **Alaska: The Last Frontier**  
2.00 **Dr Jeff: Rocky Mountain Vet**  
4.00 to 5.00 AM **Insane Pools: Off the Deep End**

+1 hour 262/275 378

## Nat Geographic

129/130 825 183

- 8.00 AM **Food Factory USA**
- 9.00 **Rocky Mountain Railroad**
- 11.00 **World's Greatest Train Journeys from Above**
- 12.00 NOON **Air Crash Investigation**
- 3.00 PM **Defending Europe**
- 4.00 **Hitler's Last Stand** In the aftermath of the D-Day landings, Nazi paratroopers try to defend Carentan.
- 5.00 US soldiers fight through the infamous Siegfried Line.
- 6.00 **Eyewitness: D-Day** Five heroes share their stories of the Normandy landings.



8.00 **Lost Treasures of Egypt**

7.00 **Nazi Sunken Sub** An investigation into the mysterious disappearance in 1945 of Nazi submarine U-745.

8.00 **Lost Treasures of Egypt** **New edition** A team of archaeologists hunt for clues to shed light on life and death in Alexandria.

9.00 **Titanic: Case Closed** Author Tim Malton explains his theory about the cruise liner's demise, arguing it could have been down to strange atmospheric conditions in the Atlantic.

11.00 **Drain the Oceans: Deep Dive** The tragic trail of wreckage at Pearl Harbour.  
12.00 **MT Atlas of Cursed Places**  
2.00 AM **Money Meltdown**  
2.30 **Bid & Destroy**  
2.55 **Food Factory** Double bill.  
3.45 **Abandoned**  
4.35 to 5.00 AM **When Sharks Attack**

+1 hour 229/230 383

## Sky History

123/124 821 131 353 368

- 6.00 AM **Auction Kings**
- 7.00 **Storage Wars**
- 10.00 **Pawn Stars** Five editions.
- 1.00 PM **Swamp Mysteries with Troy Landry** Six editions of the series, including at: 3.00 Disturbing phenomena is noted in a section of swamp.
- 4.00 Troy bids to reach a treasure hidden in the bayou.
- 5.00 The swamp expert investigates reports of a Nile crocodile in Florida.
- 6.00 Troy investigates reports of a possible beast known as the Skunk Ape.



9.00 **American Godfathers**

7.00 **Ancient Impossible** How the technology behind the ancient Greeks' Trireme war vessels has defied reinvention.

8.00 **Ancient Impossible** Examining how oil was obtained from the ground without modern drills.

9.00 **American Godfathers: The Five Families** **Series finale** *The Last Don: 3/3*. The impact of increased law enforcement efforts on the five New York City Mafia families and how they adapted to stay in business – and out of jail.

11.00 **Hitler's British Island** The story of how the Channel Island of Alderney became a pre-occupation of Adolf Hitler.  
12.00 **MT Alone** One participant's snare line gets stalked.  
1.00 AM **Believers: Extreme Hauntings** Double bill.  
3.00 to 6.00 AM **Pawn Stars**

+1 hour 223/224 331

## U&Yesterday

155 846 129 27 159

- 6.10 AM **The World at War**
- 12.00 NOON **Train Truckers**
- 2.00 PM **Guy's Garage**
- 3.00 **How Britain Worked** Guy Martin recreates technical 19th century achievements.
- 4.00 Guy renovates a saw mill in Wensleydale.
- 5.00 **Canal Boat Diaries** Robbie Cumming discovers a mysterious message in a bottle on the Ashby Canal.
- 6.00 Robbie battles through water weed on the Bradley Arm and gets stuck in silt on the Ridgacre Branch.



3.00 **How Britain Worked**

7.00 **Canal Boat Diaries** Disaster strikes when the *Naughty Lass* collides with a low bridge on the Bumble Hole Canal.

8.00 **'Allo 'Allo!** The residents' plans conflict with those of the Germans.  
8.40 The general, the colonel and Gruber play a round of golf.  
9.20 The end of the war sees Rene, Edith and the rest of the gang welcome in the Allied troops.

10.00 **Bangers & Cash** Dave travels to Leicestershire to collect a 1980 Ford Granada Ghia and a 1981 Ford Cortina.

11.00 **Bangers & Cash** A beautiful looking sports car has been fooling the punters and intriguing Derek.  
12.00 **MT Guy's Garage** Guy Martin transforms an extremely rare East German Trabant.  
1.00 to 3.00 AM **How Britain Worked**

+1 hour 255 329 74

## Quest

144 834 137 12 150 144

- 6.00 AM **Combat Dealers**
- 8.00 **Find It, Fix It, Flog It**
- 1.00 PM **The Repair Shop**
- 3.00 **The Yorkshire Auction House** Triple bill.
- 6.00 **Celebrity Yorkshire Auction House**
- 7.00 **Shed and Buried** Henry and Fuzz are in Bolton, where some classic motorcycles catch Henry's eye.
- 7.30 Henry and Guy pay a visit to motocross lover Terry in Hereford.
- 8.00 Henry and Fuzz meet a dihard biker with a shed full of rare bikes.
- 8.30 In Derbyshire, Henry and Fuzz explore a haven of classic bikes.
- 9.00 **The Repair Shop**
- 12.00 **MT NASA's Unexplained Files**
- 2.00 AM **Curse of the Bermuda Triangle**
- 4.00 to 5.00 AM **How It's Made**

+1 hr 244 337 70 151

## Quest Red

149 168 40 146

- 6.00 AM **Say Yes to the Dress: UK** Double bill.
- 7.00 **Say Yes to the Dress: Lancashire**
- 8.00 **Say Yes to the Dress**
- 12.00 NOON **FBI Files**
- 3.00 PM **Reasonable Doubt**
- 7.00 **Reasonable Doubt** The case of Erick Westervelt.
- 8.00 The case of rapper Mac Phipps.
- 9.00 **The Real Death in Paradise** Exploring the disappearance of helicopter pilot Roger Gower in 2016.
- 10.00 **Murder on CCTV** The body of Laura Pletscher is discovered in a dumpster in Tampa.
- 11.00 **Faking It: Tears of a Crime** A look into the case of Aram Kurd.
- 12.00 **MT Nightmare Next Door** Double bill.
- 2.00 AM **Murder Comes to Town** Timothy Moore.
- 3.00 to 4.00 AM **FBI Files**

+1 hour 249 152

## True Crime

146 148 67 135

- 9.00 AM **Judge Judy**
- 1.00 PM **Judge Judy**
- 5.00 **Close Calls: On Camera**
- 7.00 **A Stranger in My Home** When a new girl comes in between two best friends, mayhem ensues.
- 8.00 Charred human remains are found at the side of a farmhouse.
- 9.00 **Bloodline Detectives** The first in a long series of violent assaults occur, claiming victims in five different counties of North California.
- 10.00 In 1978, the body of Krisann Baxter is found in Washington.
- 11.00 **Murder by the Sea**
- 12.00 **MT Killers: Caught on Camera** Crime series.
- 1.00 AM **Prosecuting Evil with Kelly Siegler**
- 2.00 **Bloodline Detectives**
- 3.00 **Medical Detectives**

+1 hour 246 348 136

## True Crime Xtra

147 172 68 134

- 9.00 AM **48 Hours**
- 2.00 PM **Medical Detectives** The brutal murder of an elderly couple.
- 2.30 A family are found dead after a house fire.
- 3.00 The abduction and murder of a girl.
- 3.30 A look into the murder of a gay couple.
- 4.00 How the mysterious disappearance of a young woman was solved by the discovery of a charred tooth.
- 4.30 Clues from a dog and a gun help solve a murder case after a worried mother calls police about her son.
- 5.00 **Voice of a Serial Killer** The disappearance of Becky Watts in 2015.
- 6.00 **Judge Judy** Real-life small-claims cases.
- 2.00 AM **Psychic Private Eyes**
- 4.00 **Something's Killing Me**
- 4.45 to 6.00 AM **Medical Detectives**

+1 hour 222/223 321

## Sky Crime

122/123 820 121 349 364

- 6.00 AM **Motorway Patrol**
- 9.00 **Highway Cops**
- 11.00 **Britain's Most Evil Killers** Double bill.
- 1.00 PM **Killer in My Village**
- 2.00 **Murder Uncut**
- 3.00 **Twisted Killers**
- 4.00 **Forensics: Catching the Killer** True-crime.
- 5.00 **World's Most Evil Killers**
- 7.00 **Killer in My Village**
- 8.00 **The Real Manhunter**
- 9.00 **Forensics: Catching the Killer** Focusing on the Pembrokeshire Murders.
- 11.00 **Britain's Most Evil Killers** Gavin McGuire.
- 12.00 **MT Killer in My Village**
- 2.00 AM **Forensics: Catching the Killer** **New edition** The murder of eight-year-old Sarah Payne.
- 4.00 **What the Killer Did Next** How a theft became a murder.
- 5.00 to 6.00 AM **Motorway Patrol**

+1 hour 222/223 321

## PBS America

173 187 84 155

- 8.00 AM **Beautiful Serengeti**
- 8.30 **Women Under Hitler's Flag** Double bill.
- 10.35 **The Ghetos & the Holocaust** As 7.40pm.
- 11.50 **Auschwitz: the Inside Man** As 8.50pm.
- 1.00 PM **The Ghetos & the Holocaust** As 7.40pm.
- 2.10 **The Invention of Surgery** Double bill.
- 4.10 **WW2: Battle of Crete**
- 7.40 **The Ghetos & the Holocaust** Examining the role ghettos played in the Holocaust.
- 8.50 **Auschwitz: the Inside Man** The untold story of Witold Pilecki.
- 9.55 **Women Under Hitler's Flag** 1&2/2. Stories of female participants in the Nazi regime.
- 12.00 **MT Mafia's Greatest Hits** The story of Roy DeMeo, a member of the Gambino family.
- 1.05 to 2.00 AM **Beautiful Serengeti**



## Sky Documentaries

121/122 819 188 352 367

- 6.00 AM **Discovering: Christopher Plummer**
- 7.00 **Discovering: Jeff Bridges**
- 8.00 **The Directors**
- 9.00 **God Save Texas: Hometown Prison** Documentary.
- 10.45 **AKA Mr Chow**
- 12.30 PM **Jane Fonda In Five Acts**
- 3.00 **Very Ralph** Documentary.
- 5.00 **FILM Ice on Fire** Documentary. (2019, PG, 88min) ★★★★★
- 7.00 **Nothing Compares** The story of Sinead O'Connor's rise to worldwide fame.
- 9.00 **Chimp Crazy** *New edition* 3/4. Alan Cumming doubles the reward for news of Tonka's whereabouts.
- 10.00 **Fatboy Slim: Right Here, Right Now** Documentary about the Big Beach Boutique II free event in 2002.
- 11.50 **Who Killed the KLF?** The rise and fall of the KLF.
- 1.40 AM **Between the World and Me** Poetic adaptation of Ta-Nehisi Coates' bestseller.
- 3.10 **A Revolution on Canvas**
- 5.00 to 6.00 AM **The Directors**

## Crime+Investigation

156 837 133

- 6.00 AM **Interrogation Raw**
  - 8.00 **Murdertown** Triple bill.
  - 11.00 **Murder by Medic**
  - 2.00 PM **Murder at the Motel**
  - 5.00 **Exhumed: Killer Revealed**
  - 6.00 **West End Murders** Murders in the West End of London.
  - 7.00 **I Met My Murderer Online**
  - 7.30 **Crimes That Shook Britain** The murder of transgender teenager Brianna Ghey.
  - 8.30 **Crimes That Shook Britain: A Closer Look** *New edition* A deeper look into the murder of Brianna Ghey.
  - 9.00 **NEW The Chicano Squad** A look at the work of police officers that tackled rising Latin homicide cases in Texas in 1979.
  - 11.00 **60 Days In** Documentary.
  - 12.00 MT **Cold Case Files**
  - 1.00 AM **Homicide for the Holidays**
  - 2.00 **Crimes That Shook Britain** *New edition* Investigating the murder of Lee Pomeroy.
  - 3.00 **Meet, Marry, Murder**
  - 4.00 to 6.00 AM **Murder by Medic**
- +1 hour 256 333

## U&Eden

166 176 57 160

- 9.00 AM **China's 10 Deadliest Snakes with Nigel Marven**
  - 10.00 **China's Secret Monkey Kingdom** Documentary.
  - 11.00 **Equator: The Line of Life**
  - 12.00 NOON **Africa** Double bill.
  - 2.00 PM **Africa from Above**
  - 4.00 **The Blue Planet**
  - 6.00 **Africa** David Attenborough describes the wildlife spectacles of southern Africa.
  - 7.00 **The wildlife of the Sahara.**
  - 8.00 **Africa from Above** A fresh perspective of the continent.
  - 9.00 **Explore the Kenyan Highlands** and head across the country's vast savannahs.
  - 10.00 **The Blue Planet** The marine ecosystem of coral reefs.
  - 11.00 **Exploring the effects of tides on marine life.**
  - 12.00 MT **Anthony Bourdain: Parts Unknown** Double bill.
  - 1.55 AM **Africa** Documentary.
  - 3.45 **Africa from Above**
  - 5.25 to 6.00 AM **David Attenborough's Natural Curiosities**
- +1 hour 266 376

## Sky Nature

124/125 822 189 354 369

- 6.00 AM **Hope for Wildlife**
- 8.00 **Secret Life of the Wombat**
- 10.00 **Chasing the Rains**
- 1.00 PM **The Ocean's Greatest Feast** The sardine run along the east coast of South Africa.
- 2.00 **Loons: A Cry from the Mist**
- 3.00 **Big Beasts: Last of the Giants**
- 6.00 **The Hungry Games: Alaska Big Bear Challenge** *Series finale* How bears of Alaska's Katmai National Park bulk up for winter hibernation.
- 7.00 **Super Shark Highway** Following the southern team as they test new migration tech.
- 8.00 **David Attenborough's First Life** The origins of life on Earth.
- 9.15 **Exploring how animals began to survive on dry land.**
- 10.30 **Micro Monsters with David Attenborough**
- 11.00 **The Hungry Games: Alaska Big Bear Challenge**
- 12.00 MT **Super Shark Highway**
- 1.00 AM **Big Beasts: Last of the Giants** Triple bill of editions.
- 4.00 to 6.00 AM **Great Parks of Africa**

## WILD

165 841 182

- 8.00 AM **Kingdom of the White Wolf** Triple bill of editions.
- 11.00 **Fish Tank Kings**
- 1.00 PM **Shark Attack Files**
- 3.00 **World's Weirdest**
- 5.00 **Secrets of the Zoo** A zebra named Holly hits the spa.
- 6.00 A red panda mum makes a play for attention.
- 7.00 **Lake Tanganyika: Africa's Blue Heart** Exploring one of the largest lakes on Earth.
- 8.00 **Victoria Falls: Africa's Garden of Eden** Documentary exploring the famous waterfall, which can be seen from distances up to 30km.
- 9.00 **Secrets of the Octopus** A look into how octopuses solve complex problems and plan for the future.
- 10.00 **Exploring the secret social lives of octopuses.**
- 11.00 **Snow School** Following baby animals learning how to thrive in the coldest climates.
- 12.00 MT **Swamp Men**
- 2.00 AM **Secrets of the Zoo**
- 4.00 to 5.00 AM **Yukon Vet**

## ID

154 166

- 6.00 AM **Evil Lives Here: Shadows of Death** Documentary.
  - 7.00 **Teleshopping**
  - 8.00 **Homicide City**
  - 10.00 **Betrayed** Double bill.
  - 12.00 NOON **Murder in the Heartland**
  - 2.00 PM **Murder Chose Me**
  - 4.00 **Relatively Evil**
  - 6.00 **Grave Secrets** Focusing on the murder of Janine Sutphen.
  - 7.00 **A look into the death of 19-year-old Devon Guzman.**
  - 8.00 **Before I Die** How the dying moments of Amanda Mangas led to a three-state amber alert.
  - 9.00 **Calls from the Inside** The search for a mother of three grips an entire community.
  - 10.00 **High Speed Chase** In Florida, an argument escalates into a double kidnapping, spurring a police chase.
  - 11.00 **The Playboy Murders**
  - 12.00 MT **Signs of a Psychopath**
  - 2.00 AM **Murder Comes to Town**
  - 4.00 to 6.00 AM **Evil Lives Here: Shadows of Death**
- +1 hour 254 366

## Sky History 2

163/168 840 186

- 6.00 AM **Ancient Aliens**
- 9.00 **History's Crazy Rich Ancients**
- 10.00 **Ancient Discoveries**
- 11.00 **National Park Mysteries**
- 12.00 NOON **Ancient Skies**
- 1.00 PM **Colosseum**
- 2.00 **Clash of the Gods**
- 3.00 **Digging for Britain**
- 5.00 **The UnXplained with William Shatner** Double bill.
- 7.00 **Top Secret UFO Projects Declassified** An exploration of the facts behind the organisation known as the MJ-12.
- 8.00 **Ancient Aliens** A look into the ancient mysteries that exist on the islands of Malta.
- 9.00 **Mission Unexplained** The Russian infantryman who fought an unknown presence with a hypnotising effect.
- 10.00 **Ancient Aliens** Stories of strange creatures and UFO sightings in Alaska.
- 11.00 **Extraordinary: The Revelations** Documentary.
- 1.00 AM **Ancient Aliens**
- 3.00 **Caesar's Doomsday War**
- 5.00 to 6.00 AM **Ancient Aliens**

## Discovery History

174 181

- 6.00 AM **Shed and Buried**
  - 9.00 **Greatest Events of World War II** Double bill of editions.
  - 11.00 **Tony Robinson's World War One** Triple bill of editions.
  - 12.00 NOON **Combat Dealers**
  - 3.00 PM **Salvage Hunters: The Restorers** Triple bill.
  - 6.00 **Greatest Events of World War II** Archive footage depicts the atrocities of World War Two.
  - 7.00 **Archive footage of the final hours of World War Two.**
  - 8.00 **Salvage Hunters: The Restorers** Painter Gill restores a Chinese marriage cabinet.
  - 9.00 **Saving a pair of sofas used in the Dr Who TV series.**
  - 10.00 **Shed and Buried** The duo visit a collector of Americana.
  - 10.30 **Henry and Sam** visit the sheds of a bike builder.
  - 11.00 **A collection of vintage bikes and rare four-wheelers.**
  - 11.30 **Henry and Sam** find a shed full of different items.
  - 12.00 MT to 5.00 AM **Combat Dealers**
- +1 hour 274 381

## Discovery Turbo

161/172 180

- 6.00 AM **Savage Builds**
  - 9.00 **How Do They Do It?**
  - 12.00 NOON **Richard Hammond's Workshop** Five editions.
  - 5.00 PM **Shed and Buried** A collection of vintage bikes and rare British and American four-wheelers.
  - 5.30 **Henry and Sam** find a shed full of interesting items.
  - 6.00 **Henry and Sam** rummage about in a tractor enthusiast's heaven.
  - 6.30 **Henry and Sam** rummage around another shed.
  - 7.00 **Wheeler Dealers** Mike and Elvis gamble on a TVR Griffith.
  - 8.00 **Mike** brings back a rare 2001 Audi S4 Avant.
  - 9.00 **The team** work on a Mercedes Benz E55 AMG.
  - 10.00 **Mike** comes across a 1995 Volvo 850 T-5R.
  - 11.00 **A cheap Audi TT** Quattro.
  - 12.00 MT **Restoring a Mercedes-Benz SLK.**
  - 1.00 AM **Last Outpost**
  - 2.00 to 5.00 AM **Texas Metal**
- +1 hour 261/272

# Films

## Sky Cinema Premiere

301 401 501 515

- 7.00 AM **Zombie Town** Comedy horror. (2023, 12, 92min) ★★
- 8.50 **Freud's Last Session** (2023)
- 10.50 **The Radleys** As 8.00pm.
- 12.50 PM **PREMIERE Caddo Lake**
- 2.40 **One Life** As 10.00pm.
- 4.35 **Drive-Away Dolls** Action comedy with Margaret Qualley and Geraldine Viswanathan. (2023, 15, 84min) ★★
- 6.15 **PREMIERE Caddo Lake** Thriller with Dylan O'Brien and Eliza Scanlan. (2024, 12, 99min)



6.15 Caddo Lake

8.00 **The Radleys** Horror comedy co-written by Jo Brand, starring Kelly Macdonald, Damian Lewis and Sophia Di Martino. A seemingly ordinary family hide a dark secret. (2024, 15, 115min) ★★

SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **One Life** Drama starring Anthony Hopkins and Johnny Flynn. Months before World War Two, a London stockbroker tries to rescue hundreds of children from Nazi-occupied Czechoslovakia. (2023, 12, 110min) ★★★★★

SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Freud's Last Session** Drama starring Anthony Hopkins. (2023, 12, 108min) ★★

1.50 AM **Drive-Away Dolls** (2023)

3.20 **Swede Caroline** Comedy starring Jo Hartley and Aisling Bea. (2024, 15, 98min) ★★

5.05 to 7.05 AM **The Radleys**

## Sky Cinema Drama

310 410 510 524

- 8.05 AM **Save the Cinema** Drama. (2021, 12, 109min) ★★
- 10.00 **Aporia** As shown at 3.45am.
- 11.50 **Allelujah** Comedy drama starring Jennifer Saunders. (2022, 12, 99min) ★★
- 1.40 PM **Far and Away** As 11.05pm.
- 4.05 **Terms of Endearment** Comedy drama starring Shirley MacLaine and Debra Winger. (1983, 15, 132min) ★★★★★
- 6.20 **Lady Bird** Comedy drama starring Saoirse Ronan and Laurie Metcalf. An artistic teenager endures a difficult relationship with her mother while growing up in California. (2017, 15, 94min) ★★★★★
- 8.00 **Meet Joe Black** Drama starring Brad Pitt, Anthony Hopkins and Claire Forlani. Death comes to Earth and experiences love after giving a temporary reprieve to a media tycoon. (1998, 12, 181min) ★★★★★
- 11.05 **Far and Away** Romantic drama starring Tom Cruise and Nicole Kidman. (1992, 15, 140min) ★★
- 1.30 AM **Terms of Endearment**
- 3.45 **Aporia** Drama with Judy Greer. (2023, 15, 104min) ★★
- 5.35 to 7.35 AM **Life Itself** Drama. (2018, 15, 120min) ★★

## Sky Cinema Hits

303 403 503 517

- 7.30 AM **Back to the Future Part III** As shown at 4.00pm.
- 9.30 **Star Trek II: The Wrath of Khan** As shown at 3.00am.
- 11.30 **Superman Returns** Adventure. (2006, 12, 154min) ★★
- 2.05 PM **The Beekeeper** Thriller. (2023, 15, 105min) ★★
- 4.00 **Back to the Future Part III** Comedy adventure sequel. (1990, PG, 112min) ★★★★★
- 6.00 **Oppenheimer** Epic biopic. (2023, 15, 180min) ★★★★★



6.00 Oppenheimer

**Oppenheimer** (film started at 6.00pm)

SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **No Country for Old Men** The Coen Brothers' dark crime thriller starring Tommy Lee Jones, Javier Bardem and Josh Brolin. A dogged lawman and a ruthless contract killer pursue a Texan who has made off with \$2million in drug money. (2007, 15, 122min) ★★★★★

SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★★

1.00 AM **Gran Torino** Drama starring Clint Eastwood. (2008, 15, 116min) ★★

3.00 **Star Trek II: The Wrath of Khan** Sci-fi adventure starring William Shatner. (1982, 12, 113min) ★★★★★

4.55 to 7.35 AM **Superman Returns** As shown at 11.30am.

## Sky Cinema Halloween

311 411 511 525

- 7.35 AM **The Exorcist: Believer**
- 9.30 **Resident Evil: Afterlife** Horror sequel. (2010, 15, 96min) ★★
- 11.25 **The Birds** Alfred Hitchcock's horror starring Tippi Hedren. (1963, 15, 118min) ★★★★★
- 1.40 PM **Annabelle: Creation** Horror. (2017, 15, 109min) ★★
- 3.45 **Annabelle** Horror spin-off starring Annabelle Wallis. (2014, 15, 97min) ★★
- 5.40 **It** Horror starring Bill Skarsgård. (2017, 15, 135min) ★★★★★
- 8.00 **The Exorcist: Believer** Horror sequel, starring Leslie Odom Jr. Single parent Victor Fielding battles to save the soul of his daughter Angela, 13 years after the death of his wife. (2023, 15, 111 min) ★★
- 10.00 **The Crazies** Horror thriller starring Timothy Olyphant. (2010, 15, 101min) ★★
- 11.50 **Resident Evil** Sci-fi horror. (2002, 15, 100min) ★★
- 1.35 AM **Resident Evil: The Final Chapter** Action horror sequel. (2016, 15, 107min) ★★
- 3.25 **Resident Evil: Damnation** Animation. (2012, 15) ★★
- 5.10 to 6.55 AM **Resident Evil: Extinction** Sci-fi horror thriller sequel. (2007, 15, 90min) ★★



### Sky Cinema Family

306 406 506 520

7.15 AM **A Tiger's Tail** As 3.15am.  
 8.40 **Hotel for Dogs** As 8.35pm.  
 10.25 **The Flintstones** (1994) ★★★  
 12.00 **NOON The Flintstones in Viva Rock Vegas** (2000, PG) ★★  
 1.40 PM **Dungeons & Dragons: Honour Among Thieves** Adventure. (2023, 12) ★★★★★  
 4.00 **Stuart Little Children's fantasy.** (1999, U, 84min) ★★★★★  
 5.30 **Stuart Little 2** (2002) ★★★★★  
 6.55 **The NeverEnding Story** Fantasy. (1984, U) ★★★



5.30 Stuart Little 2

- 8.35 **Hotel for Dogs** Comedy starring Emma Roberts and Jake T Austin. A pair of orphan siblings turn an abandoned hotel into an unofficial shelter for animals. With Don Cheadle and Lisa Kudrow. (2009, U, 95min) ★★★★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.20 **A Tiger's Journey** Drama starring Sunny Pawar. In the valleys of the Himalayas, an orphan boy and a Bengal tiger cub head off on an adventure. (2023, PG, 94min) ★★★★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.00 MT **Daddy Day Camp** Comedy sequel. (2007, PG, 88min) ★★
- 1.35 AM **Paulie** Family comedy. (1998, U, 92min) ★★★
- 3.15 **A Tiger's Tail** Family drama. (2014, U, 81min) ★★
- 4.45 to 6.25 AM **Robo-Dog** Family adventure. (2015, PG) ★★★

### Sky Cinema Ultimate Sci-Fi

302 402 502 516

6.45 AM **Anon** As shown at 4.40am.  
 8.30 **Back to the Future** Comedy. (1985, PG, 115min) ★★★★★  
 10.30 **Godzilla** Monster movie remake. (1998, PG, 139min) ★★

1.00 PM **Back to the Future Part II**  
 3.00 **The Adjustment Bureau** Sci-fi thriller starring Matt Damon. (2011, 12, 105min) ★★★★★  
 5.00 **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★★

8.00 **The Matrix** Action thriller with Keanu Reeves and Laurence Fishburne. A computer hacker learns that he is destined to save humanity from enslavement by a network of artificially intelligent computers. (1999, 15, 136min) ★★★★★

10.20 **Inception** Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire. (2010, 12, 148min) ★★★★★

12.50 AM **War of the Worlds** Steven Spielberg's sci-fi adventure. (2005, 12, 116min) ★★★★★

2.50 **Back to the Future Part II** Comedy adventure sequel. (1989, PG, 107min) ★★

4.40 to 6.25 AM **Anon** Sci-fi thriller. (2018, 15, 100min) ★★

### Sky Cinema Action

307 407 507 521

7.30 AM **2012** Epic disaster movie. (2009, 12, 158min) ★★★

10.10 **Poker Face** Crime thriller. (2022, 15, 120min) ★★★

11.50 **Last Witch Hunter** Fantasy. (2015, 12, 102min) ★★★

1.40 PM **The Three Musketeers: D'Artagnan** As 12.20am.

3.45 **The Bourne Ultimatum** Espionage thriller sequel. (2007, 12, 115min) ★★★★★

5.45 **The Bourne Legacy** Thriller sequel. (2012, 12) ★★



5.45 The Bourne Legacy

- 8.00 **Mission: Impossible II** Action thriller sequel starring Tom Cruise and Dougray Scott. Special agent Ethan Hunt teams up with a cat burglar in order to track down a villain who has a deadly virus at his disposal. With Thandiwe Newton. (2000, 15, 124min) ★★★★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.10 **Mission: Impossible III** Espionage thriller sequel with Tom Cruise. Ethan Hunt tries to free his kidnapped wife. (2005, 12, 126min) ★★★★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.20 AM **The Three Musketeers: D'Artagnan** Historical drama. (2023, 15, 121min) ★★★★★
- 2.25 **Assassin** Thriller with Bruce Willis. (2023, 15, 88min) ★★★★★
- 4.00 **Jackie Chan's Armour of God** Martial arts thriller. (1986, 15, 95min) ★★
- 5.45 to 6.10 AM **The Cinema List: Nicolas Cage**

### Sky Cinema Comedy

308 408 508 522

6.15 AM **The Boat That Rocked** Comedy. (2009, 15) ★★★★★

8.35 **I Now Pronounce You** **Chuck & Larry** As 6.00pm.  
 10.35 **Movie 43** Raunchy comedy. (2013, 15, 90min) ★

12.20 PM **Coming to America**  
 2.20 **Two Weeks Notice** (2002)  
 4.05 **Mean Girls** Musical comedy. (2023, 12, 112min) ★★

6.00 **I Now Pronounce You** **Chuck & Larry** Comedy with Kevin James. (2007, 12, 110min) ★



6.00 I Now Pronounce You...

- 8.00 **Ride Along** Comedy with Ice Cube and Kevin Hart. A cop takes his sister's boyfriend with him on duty, leading to a dangerous encounter with the city's most wanted criminal. (2014, 12, 97min) ★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.45 **Ride Along 2** Comedy sequel starring Ice Cube and Kevin Hart. An excitable beat cop is reluctantly recruited by his fiancée's detective brother to help bring a drug dealer to justice. (2016, 12, 102min) ★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.30 **Two Weeks Notice** Romantic comedy with Sandra Bullock. (2002, 12, 101min) ★★
- 1.20 AM **Coming to America** Comedy with Eddie Murphy. (1988, 15, 116min) ★★
- 3.20 **Jackass 3** Slapstick comedy sequel with Johnny Knoxville. (2010, 15, 93min) ★★
- 5.00 to 7.00 AM **Mean Girls** (2023)

### Sky Cinema Thriller

309 409 509 523

6.10 AM **Antebellum** As 12.05am.  
 8.10 **Munich** As shown at 1.05pm.  
 11.05 **Paradise Highway** (2022)  
 1.05 PM **Munich** Steven Spielberg's controversial political thriller. (2005, 15, 164min) ★★★★★

3.50 **Ocean's Eleven** Thriller with George Clooney and Brad Pitt. (2001, 12, 116min) ★★★★★

5.50 **Ocean's Twelve** Caper thriller sequel starring George Clooney and Matt Damon. (2004, 12, 125min) ★★★★★



10.15 A Sacrifice

- 8.00 **Ocean's Thirteen** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon, Al Pacino and Ellen Barkin. A charismatic thief and his gang of crooks plot an elaborate revenge against a megalomaniac casino owner. (2007, PG, 122min) ★★★★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.15 **A Sacrifice** Drama starring Eric Bana and Sylvia Hoeks. A social psychologist investigates a local cult connected to an unnerving event. (2024, 15, 94min) ★★★★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.05 AM **Antebellum** Horror mystery with Janelle Monae. (2019, 15, 105min) ★★
- 2.05 **Paradise Highway** Drama. (2022, 15, 115min) ★★★★★
- 4.05 **Dual** Thriller with Karen Gillan. (2022, 15, 94min) ★★★★★
- 5.45 to 7.45 AM **The Lesson** Thriller. (2023, 15, 103min) ★★

### Film4

313 855 428 14 300

■ **Films start at 11.00am**

11.00 **AM The Cat in the Hat** Fantasy. (2003, PG, 82min) ★★★★★

12.35 **PM Teenage Mutant Ninja Turtles** Fantasy adventure. (2014, 12, 101min) ★★

2.35 **Fantastic Voyage** Sci-fi thriller starring Stephen Boyd. (1966, U, 100min) ★★★★★

4.40 **Enemy Mine** Sci-fi drama. (1985, 15, 108min) ★★

6.45 **Instant Family** Comedy. (2018, 12, 118min) ★★★★★



9.00 Bohemian Rhapsody

- 8 **Instant Family** (film started at 6.45pm)  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 9 **Bohemian Rhapsody** Biopic starring Rami Malek. While Queen become one of the biggest rock bands in the world, Freddie Mercury struggles with his personal life. With Lucy Boynton and Gwilym Lee. (2018, 12, 134min) ★★★★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.45 **Amulet** Romola Garai's horror starring Carla Juri. A homeless ex-soldier is offered a place to stay at a decaying house inhabited by a young woman and her dying mother. (2020, 15, 99min) ★★★★★
- 1.40 to 3.30 AM **The Naked Gun 2½: The Smell of Fear** Police comedy sequel starring Leslie Nielsen. (1991, 15, 81min) ★★



### Sky Sports Main Event

**401 511 501 419 439**

**6.00 AM LIVE LPGA Tour Golf**  
The fourth and final day of the BMW Ladies Championship staged at Seowon Valley Country Club in Seowon-gil, South Korea.

**8.00 Good Morning Sports Fans**

**10.00 Super Sunday Matchday**

**11.00 LIVE SPFL Kilmarnock v Rangers.** Coverage of the Scottish Premiership match from Rugby Park. Kick-off 12.00noon.

**2.00 PM LIVE Super Sunday Wolverhampton Wanderers v Manchester City.** Coverage of the Premier League match from Molineux. Kick-off 2.00pm.

**4.00 LIVE Super Sunday Liverpool v Chelsea.** Coverage of the Premier League clash from Anfield. Kick-off is at 4.30pm.

**7.15 LIVE Formula 1** Coverage of the United States Grand Prix from Circuit of the Americas. Start-time 8.00pm. See feature, page 28.

**10.00 LIVE NFL** A week seven match.

**12.30 AM NBC's F1**

**1.10 LIVE NFL Pittsburgh Steelers v New York Jets.** From Acrisure Stadium. Kick-off is at 1.00am.

**4.30 to 6.00 AM LIVE WTA & ATP Tennis** The latest action.

### Sky Sports Premier League

**402 512 502 420 440**

**6.00 AM Premier League Highlights**

**7.30 SNF Bournemouth v Arsenal.**

**8.00 Premier League Highlights**

**10.00 Super Sunday Matchday**

**12.00 NOON Sports Sunday**

**1.00 PM LIVE Super Sunday Wolverhampton Wanderers v Manchester City.** Coverage of the Premier League match from Molineux. Kick-off 2.00pm.

**4.00 LIVE Super Sunday Liverpool v Chelsea.** Coverage of the Premier League match at Anfield, as both sides look to keep up their positive starts to the season under new managers. Kick-off 4.30pm.

**7.30 LIVE WSL Chelsea v Tottenham Hotspur.** Coverage of the top-flight match from Kingsmeadow. Kick-off 6.45pm.

**9.15 Tony Collins: Football's Master Spy** Documentary.

**9.45 PL Greatest Games**

**10.00 Premier League Highlights**

**11.00 SNF Bournemouth v Arsenal.**

**11.30 Premier League Highlights**

**12.30 AM SNF Bournemouth v Arsenal.**

**1.00 Premier League Highlights**

**3.00 PL Greatest Games**

**4.00 Premier League Best Goals**

**5.30 to 6.00 AM PL 100 Club**

### Sky Sports Football

**403 513 503 421 441**

**6.00 AM EFL Highlights**

**11.00 LIVE SPFL Kilmarnock v Rangers.** Coverage of the Scottish Premiership match staged at Rugby Park. The hosts won this meeting 1-0 at the start of last season thanks to a goal in the 65th-minute from Brad Lyons. Kick-off is at 12.00noon.

**2.30 PM LIVE EFL Hull City v Sunderland.** The Championship match from MKM Stadium. Four of the last six meetings between these two teams have ended in draws. Kick-off is at 3.00pm.

**5.30 EFL Highlights**

**6.30 LIVE WSL Chelsea v Tottenham Hotspur.** Coverage of the match from Kingsmeadow. The visitors lost all three matches that they played against Chelsea last season. Kick-off 6.45pm.

**9.15 SPFL Highlights**

**9.30 EFL Highlights**

**11.45 SPFL Highlights**

**12.00 M'T WSL Chelsea v Tottenham.**

**12.30 AM EFL Highlights**

**1.00 EFL The 2018/19 play-off finals.**

**3.00 EFL Greatest Games**

**4.00 to 6.00 AM Championship Retro**

### Sky Sports Cricket

**404 514 504 422 442**

**6.00 AM Women's World Cup 2017**

**6.30 Test Cricket** Pakistan v England.

**7.30 Women's ICC World T20**

**8.30 Test Cricket** Pakistan v England.

**9.30 Ace in the Making**

**10.45 ICC Women's World Cup 2017**

**11.00 Women's ICC World T20**

**12.00 NOON ICC Women's World Cup 2017** England v India.

**12.15 PM Pushing Boundaries: To the Hundred and Beyond**

**1.30 Women's ICC World T20**

**2.30 LIVE Women's ICC World T20 Cricket** Coverage of the final from Dubai International Cricket Stadium, as the winners of the tournament are crowned. Australia have won this competition more than any other country, winning six of the eight events to take place since the first in 2009.

**7.00 Ace in the Making**

**8.15 Test Cricket** Pakistan v England from Multan Cricket Stadium.

**9.15 ICC Women's World Cup 2017**

**10.00 Women's ICC World T20** Action from the semi-finals and final.

**11.30 Test Cricket** Pakistan v England.

**12.30 AM Women's ICC World T20**

**5.00 to 6.00 AM Best of the Women's World T20**

### Sky Sports Golf

**405 515 505 423 443**

**6.00 AM LIVE LPGA Tour Golf**  
The fourth and final day of the BMW Ladies Championship.

**8.00 Charles Schwab Cup Preview**

**9.00 Roots Annika Sorenstam.**

**9.30 Under the Midnight Sun**

**10.00 LIVE DP World Tour Golf**  
Coverage of the fourth and final day of the Estrella Damm N.A. Andalucia Masters in San Roque.

**3.00 PM LPGA Tour Golf**

**5.00 Under the Midnight Sun**

**5.30 Roots Annika Sorenstam.**

**6.00 PGA Tour Champions**

**7.00 Charles Schwab Cup Preview**

**8.00 LPGA Tour Golf**

**10.00 LIVE PGA Tour Golf** The fourth and final day of the Shriners Children's Open at TPC Summerlin.

**1.00 AM The Open - Official Films**

**2.00 Playing Lessons**

**3.00 PGA Tour Golf Highlights.**

**4.00 The Open - Official Films**

**5.00 to 6.00 AM Playing Lessons**

### TNT Sports 1

**410 870 527 408 430**

**6.00 AM LIVE Test Cricket India v New Zealand.** Coverage of the fifth and final day of the first Test from M. Chinnaswamy Stadium.

**1.00 PM UEFA Champions League Magazine** News and action.

**1.30 Premiership Rugby Union**

**2.30 LIVE Premiership Rugby Union Leicester Tigers v Gloucester.** Coverage from Mattioli Woods Welford Road Stadium. Kick-off is at 3.00pm.

**5.15 The Rugby Review**

**6.00 Tom Aspinall's Fight Lab**

**6.45 Sign Up - Into Football**

**7.30 LIVE Serie A AS Roma v Inter Milan.** Coverage of the Italian top-flight match from Stadio Olimpico. Kick-off is at 7.45pm.

**9.45 What I Wore** Joe Cole.

**10.00 UEFA Europa League & Conference League Magazine**

**11.00 America's Cup** From Barcelona.

**11.30 Premiership Rugby Union**

**12.30 AM LIVE MLB** Coverage of a match in the play-offs.

**3.45 Allianz Premiership Women's Rugby** Bristol Bears v Saracens.

**4.45 Badminton Weekly**

**5.00 World Rally Championship**

**5.30 to 6.00 AM America's Cup**

### TNT Sports 2

**411 871 528 409 431**

**6.00 AM V8 Supercars Highlights**

**8.00 LIVE World Rally Championship** The Central European Rally special stage 15.

**9.00 TNT Sports Reload**

**9.30 LIVE World Rally Championship** Coverage of the Central European Rally special stages 16 & 17.

**11.30 Premier League**

**1.00 PM LIVE America's Cup**  
Coverage of the latest leg of the Match Race final in Barcelona.

**3.00 MotoGP** Grand Prix of Australia.

**4.00 NWSL** Action from Kansas City Current v San Diego Wave FC.

**5.00 UEFA Champions League Magazine** The latest news.

**5.30 UEFA Europa League & Conference League Magazine**

**6.30 Serie A** Empoli v Napoli.

**7.30 MotoGP** Grand Prix of Australia.

**11.00 MotoGP Chequered Flag**

**11.45 TNT Sports Cricket Reload**

**12.00 M'T WNBA** Action from the fourth game of the WNBA finals.

**1.00 AM LIVE WNBA** Coverage of game five of the WNBA finals.

**3.00 Born Racers** Documentary.

**5.30 to 6.00 AM UEFA Champions League - Stories of the Finals**

### TNT Sports 3

**417 874 529 410 432**

**7.00 AM LIVE AFLW Collingwood Magpies v Adelaide Crows.** Coverage from Victoria Park in Melbourne. Bounce-up 7.05am.

**9.00 WWE Raw Highlights**

**10.00 WWE SmackDown Highlights**

**11.00 TNT Sports Reload**

**11.15 LIVE Serie A Empoli v Napoli.** Coverage of the Italian top-flight match, staged at Stadio Carlo Castellani. Kick-off 11.30am.

**1.30 PM Fishing: On the Bank**

**2.30 Fight Night Live**

**4.30 WWE Friday Night SmackDown** Wrestling action.

**6.00 Ultimate Pool**

**7.30 Premier League Stories**

**8.00 Test Cricket Highlights**

**9.00 WWE SmackDown Highlights**

**10.00 Fishing: On the Bank**

**11.00 World Rally Championship**

**11.30 NWSL** Action from Kansas City Current v San Diego Wave FC.

**12.30 AM LIVE NWSL Angel City FC v Utah Royals FC.** Coverage of the match, staged at BMO Stadium. Kick-off is at 12.30am.

**2.45 Serie A** AS Roma v Inter Milan.

**3.45 TNT Sports Cricket Reload**

**4.00 One Day International Cricket**

**5.00 to 6.00 AM Test Cricket**

### Sky Sports NFL

**408 517 507 426 446**

**6.00 AM NFL Highlights**

**9.00 NFL Bitesize Highlights**

**10.00 NFL Highlights**

**12.00 NOON NFL Highlights** New York Giants v Cincinnati Bengals.

**1.00 PM Jaguars Weekly UK**  
A round-up of the latest news from the Jacksonville Jaguars.

**1.30 NFL Gameday**

**2.00 49 Hours** A look at the 49 hours before the San Francisco 49ers take to the field for NFL action.

**2.15 NFL Bitesize Highlights** New Orleans Saints v Denver Broncos.

**2.30 One Jets Drive** A behind-the-scenes look at the New York Jets.

**3.15 NFL Bitesize Highlights** Action from New York Jets v Buffalo Bills.

**3.30 Jaguars Weekly UK**

**4.00 NFL Gameday**

**4.30 NFL Highlights** Action from New Orleans Saints v Denver Broncos.

**5.30 LIVE NFL** Coverage of a week seven match. Kick-off 6.00pm.

**9.00 LIVE NFL** A week seven game.

**12.30 AM NBC's F1**

**1.10 LIVE NFL Pittsburgh Steelers v New York Jets.** Coverage of the week seven match at Acrisure Stadium. Kick-off is at 1.20am.

**4.30 to 6.00 AM NFL Bitesize Hits**

### Sky Sports Tennis

**407 537 520 425 445**

**6.00 AM Tennis** Recent finals.

**10.00 LIVE WTA Tennis** Coverage of the final of the Ningbo Open.

**12.00 NOON LIVE ATP Tennis** Coverage of the final of the Almaty Open at Almaty Arena.

**1.00 PM Tennis** Shanghai Masters.

**2.00 LIVE ATP Tennis** Coverage of the final of the Stockholm Open.

**4.00 LIVE ATP Tennis** Coverage of the final of the European Open at Lotto Arena in Antwerp, Belgium.

**5.30 WTA Tennis** Recent highlights.

**10.00 ATP Tennis** Recent finals.

**2.00 AM Bitesize Tennis**

**2.15 US Open Classic Matches**

**2.30 Bitesize Tennis** Ladies Open.

**2.45 US Open Classic Matches**

**3.00 to 6.00 AM LIVE WTA & ATP Tennis** The WTA and ATP Tours.

### TNT Sports 4

**421 876 530 411 434**

**6.00 AM UEFA Europa League & Conference League Magazine**

**7.00 Premiership Rugby Union** Newcastle Falcons v Exeter Chiefs.

**8.00 Bristol Bears v Saracens.**

**9.00 America's Cup** Action from the latest leg of the Match Race final.

**9.30 Badminton Weekly**

**9.45 LIVE One Day International Cricket** Sri Lanka v West Indies. The first ODI in the three-match series from Pallekele International Cricket Stadium.

**6.30 PM MLB** Action from a match in the end-of-season play-offs.

**9.00 World Rally Championship** Highlights from the third day of the Central European Rally.

**9.30 UFC** A chance to see Michel Pereira v Anthony Hernandez.

**12.30 AM Tom Aspinall's Fight Lab**

**1.15 UFC Connected**

**2.15 UFC: The Ultimate Fighter**

**5.15 Ariel Helwani Meets**

**5.45 to 6.00 AM What I Wore**

### Eurosport 1

**413 870 521 412 435**

**6.00 AM Cyclo-Cross** From Essen.

**7.30 Cycling: Omloop Het Nieuwsblad** From Belgium.

**7.45 LIVE Athletics: Amsterdam Marathon** Coverage of the 48th staging of the 26.2-mile race.

**10.30 LIVE Golden Trail World Series** Coverage of the second day of the final at Ascona-Locarno.

**1.00 PM LIVE Snooker: Northern Ireland Open** Coverage of the afternoon session on day one at the Waterfront Hall in Belfast.

**5.00 Snooker: Northern Ireland Open** Action from Belfast.

**7.00 LIVE Snooker: Northern Ireland Open** Coverage of the evening session on day one.

**11.00 Snooker: Northern Ireland Open** Action from Belfast.

**1.00 AM World Superbikes**

**2.00 Snooker: Northern Ireland Open** Day one in Belfast.

**4.00 World Superbikes**

**5.00 to 6.00 AM British Superbikes**

### Eurosport 2

**414 871 522 413 436**

**7.00 AM British Superbikes**

**8.30 World Superbikes**

**9.30 LIVE World Superbikes** Coverage from Circuito Jerez.

**10.30 LIVE Women's Circuit Racing World Championship** In Spain.

**11.30 LIVE World Superbikes** Coverage from Circuito Jerez.

**3.15 PM British Superbikes**

**4.45 World Superbikes**

**5.00 Golden Trail World Series**

**6.00 World Superbikes**

**7.00 Sailing: America's Cup**

**7.30 Cycling: Track World Championships** From Denmark.

**8.30 Triathlon** Challenge Beijing.

**9.30 Sailing: America's Cup**

**10.00 Golden Trail World Series**

**11.00 Cycling: Track World C'ships**

**12.00 M'T World Superbikes**

**1.00 AM Cycling: Track World Championships** From Denmark.

**3.00 Triathlon** Challenge Beijing.

**4.00 to 6.00 AM Snooker: Northern Ireland Open**

### Sky Sports+ Sky Sports+

**412 518 508 427 447**

**6.00 AM Sky Sports News**

**7.00 Good Morning Sports Fans**

**10.00 LIVE WTA Tennis** Coverage of the final of the Ningbo Open at Yinzhou Tennis Centre in China.

**11.00 LIVE ATP Tennis** Coverage of the final of the Almaty Open from Almaty Arena in Kazakhstan.

**1.00 PM Sports Sunday**

**2.00 LIVE ATP Tennis** Coverage of the final of the Stockholm Open, a hard-court tournament staged at Kungliga Tennishallen in Sweden.

**3.30 LIVE ATP Tennis** Coverage of the final of the European Open at Lotto Arena in Antwerp, Belgium.

**5.30 Sports Sunday**

**6.00 NFL Redzone** Score updates.

**1.00 AM Sky Sports News**

**3.00 to 6.00 AM LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.

### Sky Sports Mix

**416 873 510 429 449**

**6.00 AM Women's ICC World T20 Cricket** The semi-finals.

**7.00 Best of the Women's World T20**

**8.00 Women's ICC World T20 Cricket**

**9.00 NFL Highlights**

**2.00 PM Tennis** US Open finals.

**4.00 Formula 1** The US Grand Prix.

**6.00 NFL Redzone** Score updates.

**1.00 AM Women's ICC World T20 Cricket** The semi-finals and final.

**2.30 The Open - Official Films**

**3.30 Women's ICC World T20 Cricket**

**5.00 to 6.00 AM Playing Lessons**

### Sky Sports F1

**406 516 506 424 444**

**6.00 AM F1 Feature**

**6.30 Formula 1** The US Grand Prix.

**7.30 F1 Features**

**8.10 LIVE Ferrari Challenge** The Ferrari World Finals from Imola.

**9.05 Lewis Hamilton: Opening Up**

**9.20 LIVE Ferrari Challenge**  
Further coverage of the Ferrari World Finals from Imola, Italy.

**10.20 Myles Rowe & Fernando Alonso**

**10.30 LIVE Ferrari Challenge**  
Continued coverage from Imola.

**11.30 Formula 1** The US Grand Prix.

**1.30 PM F1 Features**

**2.30 Formula 1** The US Grand Prix.

**3.30 Ted's Notebook**

**4.00 Formula 1** The US Grand Prix.

**6.00 Ted's Notebook**

**6.30 LIVE Formula 1** Coverage of the United States Grand Prix at Circuit of the Americas. Start-time 8.00pm. See feature, page 28.

**11.00 Ted's Notebook**

**11.30 Formula 1** The US Grand Prix.

**12.30 AM Ted's Notebook**

**1.00 to 6.00 AM The Home of F1**



# Monday

21 October

## Evening Planner

Monday

### Crime Drama



#### The Brokenwood Mysteries

**US Drama, 8pm (box set U)**  
As the series returns, the team investigate the unexplained death of a paleontologist.

### Documentary



#### Broadmoor

**Channel 5, 10pm**  
A look into the high-security psychiatric hospital, which housed notorious inmates including Peter Sutcliffe and Ronnie Kray.

### Comedy



#### The Franchise

**Sky Comedy, 10pm, 10.40pm & 11.15pm**  
Satirical comedy about the pressures of working on the production of a blockbuster film. Stars Himesh Patel.

### OnDemand

AcornTV

#### Whitstable Pearl

**Available today**  
Restaurateur-turned-PI Pearl (Kerry Godliman) is back on the trail of more cases in the Kent-based drama.



	7.00 PM	7.30 PM	8.00 PM	8.30 PM	9.00 PM	9.30 PM	10.00 PM	10.30 PM
<b>FAVOURITES</b>	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama	8.30 Michael...	9.00 Mr Loverman	10.00 News; Local News	10.40 Have... †
	102 BBC2	7.00 Yulia...	7.30 Mastermind	8.00 Only Connect	8.30 University...	9.00 Solar System	10.00 Alma's Not...	10.30 Newsnight
	103 ITV1	◀ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 DI Ray	10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Jamie: Fast and Simple		9.00 Love Cheats	10.00 Undercover: Exposing the Far Right	
	105 CHANNEL 5	7.00 Traffic Cops		8.00 Police Interceptors		9.00 The Hardacres	10.00 Broadmoor	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Film: The Lord of the Rings: The Fellowship of the Ring				
<b>ENTERTAINMENT</b>	115 BBC3	7.00 Phoenix Rise		8.00 Gavin & Stacey		9.00 Film: Scary Stories to Tell in the Dark		
	116 BBC4	7.00 Frozen Planet		8.00 Landscape and Memory	8.40 City...	9.00 Call My Bluff	9.25 Face the Music	10.00 The Wildest Weather in the Universe...
	118 ITV2	◀ 6.00 Film: Harry Potter and the Philosopher's Stone				9.00 Big Brother	10.00 Big Brother: Late & Live	
	136 MORE4	◀ 6.55 Car S.O.S.		7.55 Grand Designs		9.00 Our Farm Next Door: Amanda, Clive...	10.00 Emergency	
	135 E4	7.00 Hollyoaks	7.30 Modern Family	8.00 Hot Yachts: Miami		9.00 Married at First Sight UK	10.35 Made in...	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 The Cleaning Lady	10.00 Fire Country	
	108 SKY ATLANTIC	◀ 6.55 Britannia		7.55 Game of Thrones		9.00 The Penguin	10.10 Gangs of London	
	110 GOLD	7.00 Dad's Army		8.20 The Good Life		9.00 Absolutely Fabulous	10.15 The Young Ones	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL	10.00 Will & Ralf Should Know Better	
	119 ITV3	7.00 Heartbeat		8.00 Grace			10.00 Law & Order: UK	
	120 ITV4	7.00 Beat the Chasers		8.00 MotoGP Highlights		9.00 Junk and Disorderly	10.00 Film: Alex Cross	
	112 COMEDY CENTRAL	◀ 6.55 Friends		8.00 Whose Line Is It Anyway? USA		9.00 Out of Order: Best Bits	10.00 Impractical...	10.30 Teachers
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 The Ark		
113 SKY MAX	7.00 Stargate Atlantis		8.00 Flintoff: From Lord's to the Ring		9.00 Never Mind the Buzzcocks	10.00 The Walking Dead		
109 ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 Father Brown	10.00 Pretty Hard Cases		
130 SKY ARTS	7.00 The Alfred Hitchcock Hour		8.00 Backstage with the London...		9.00 André Rieu: Live in Brazil			
132 U&W	7.00 MasterChef Australia: Dessert Masters		8.15 Sort Your Life Out with Stacey Solomon		9.40 The Baby Daddy			
<b>DOCUMENTARY</b>	125 DISCOVERY	7.00 Gold Rush		8.00 Wheeler Dealers		9.00 Kindig Customs	10.00 Goblin Works Garage	
	162 ANIMAL PLANET	7.00 Crikey! It's the Irwins		8.00 Expedition Bigfoot			10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Plane Crash Recreated		9.00 Defending Europe	10.00 Ice Road Rescue	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 American Pickers		9.00 Clash of Ancient Warriors	10.00 Ancient Superstructures	
	155 U&YESTERDAY	7.00 Guy Martin's Great Escape				9.00 Train Truckers	10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Stax: Soulsville USA		8.05 The Russell Murders: Who Killed...		9.00 The Zen Diaries of Garry Shandling		
<b>FILMS - Sky Cinema</b>	301 PREMIERE	◀ 5.55 Restore Point		8.00 The Radleys			10.00 Drive-Away Dolls	
	302 ULTIMATE SCI-FI	◀ 5.20 Inception		8.00 War of the Worlds			10.00 Eternal Sunshine of the Spotless Mind	
	303 HITS	◀ 5.55 No Country for Old Men		8.00 Top Gun		9.50 Gran Torino		
	304 BLACK TALENT	7.00 Celebrating Black Cinema with...		8.00 Big George Foreman			10.15 Young Soul Rebels	
	305 ANIMATION	7.00 Migration		8.30 The Prince of Egypt			10.15 Happy Halloween...	
	306 FAMILY	◀ 5.55 A Dog's Purpose	7.40 Monster Trucks			9.40 Robo-Dog		
	307 ACTION	◀ 5.55 Jason Bourne		8.00 Mission: Impossible III			10.15 Mission: Impossible...	
	308 COMEDY	◀ 6.15 Quartet		8.00 Crazy Rich Asians			10.05 Jackass 3	
	309 THRILLER	◀ 6.05 The Good Neighbour		8.00 Hotel Mumbai			10.10 To Catch a Killer	
	310 DRAMA	◀ 5.40 Love Actually		8.00 The Danish Girl			10.05 Dallas Buyers Club	
311 HALLOWEEN	◀ 6.05 The Radleys		8.00 Five Nights at Freddy's			9.55 Don't Breathe		
313 FILM4	◀ 6.45 Cowboys & Aliens				9.00 Venom			
<b>SPORT</b>	401 MAIN EVENT	◀ 6.30 MNF - Live: Nottingham Forest v Crystal Palace (Kick-off 8.00)						
	402 PREMIER LEAGUE	◀ 6.30 MNF - Live: Nottingham Forest v Crystal Palace (Kick-off 8.00)						
	403 FOOTBALL	◀ 6.30 Bundesliga...	7.30 EFL Highlights	8.00 WSL	8.30 Scottish...	9.00 EFL Highlights	10.30 Bundesliga...	
	404 CRICKET	◀ 3.00 Women's...	7.30 ICC Women's...	8.00 Women's ICC World T20 Cricket		9.30 Pushing Boundaries: To The Hundred and Beyond		
	410 TNT SPORTS 1	◀ 5.30 Women's...	7.30 UEFA Magazine	8.00 WRC Review		9.00 MLB - Live: Coverage of a play-off match		
	411 TNT SPORTS 2	◀ 6.30 Ultimate Pool - Live: Coverage from Group A of the last 16 of the Ultimate Pool Pairs Cup				9.30 Tom Aspinall's Fight Lab	10.15 Fight Week	

◀ Denotes programmes starting before 7.00pm † Regions vary





## BBC1

- 101 101 1 101 101
- 6.00 AM **Breakfast** (S)
  - 9.30 **Morning Live** **New edition** (S)
  - 10.45 **NEW SERIES Crimewatch Caught** How detectives cracked some perplexing cases. (S)
  - 11.15 **Homes Under the Hammer** (S)(R)
  - 12.15 PM **Bargain Hunt** **New edition** (S)
  - 1.00 **BBC News** (S)
  - 1.35 **Local News** (S)
  - 1.45 **BBC News** (S)
  - 2.00 **Doctors** (S)(AD)
  - 2.30 **Money for Nothing** (S)(R)
  - 3.00 **Escape to the Country** **New edition** Herefordshire renters seek help in buying a property. (S)
  - 3.45 **Garden Rescue** (S)(R)
  - 4.30 **The Bidding Room** **New edition** Items include a chandelier. (S)
  - 5.15 **Pointless** Quiz show. (S)(R)
  - 6.00 **BBC News** (S)
  - 6.30 **Local News** (S)

## BBC2

- 102 102 2 102 102
- 6.15 AM **Homes Under the Hammer** (R)
  - 7.15 **The Bidding Room** (S)(R)
  - 8.00 **Sign Zone: The Repair Shop** (S)(R)
  - 9.00 **BBC News** (S)
  - 12.15 PM **Politics Live** (S)
  - 1.00 **Impossible** Quiz show. (S)(R)
  - 1.45 **Unbeatable** Game show. (S)(R)
  - 2.30 **The Boss** Quiz show. (S)(R)
  - 3.15 **Tigers About the House** (S)(R)(AD)
  - 4.15 **The Great British Countryside** Hugh Dennis and Julia Bradbury tour the South Downs. (S)(R)(AD)
  - 5.15 **Flog It!** Compilation edition. (S)(R)
  - 6.00 **Richard Osman's House of Games** **New edition** With Chris Bisson, Danielle Harold, Katharine Merry and Robert Webb. (S)
  - 6.30 **Strictly: It Takes Two** **New edition** Fleur East chats to the latest couple to be eliminated from the dancing competition. (S)

## ITV1

- 103 103 803 103 3 103 103 103
- 6.00 AM **Good Morning Britain** (S)
  - 9.00 **Lorraine** Entertainment, current affairs and fashion news. (S)
  - 10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
  - 12.30 PM **Loose Women** Topical debate from a female perspective. (S)
  - 1.30 **ITV News** (S)
  - 1.55 **Local News** (S)
  - 2.00 **Family Fortunes** Gino D'Acampo hosts as the James family of Hemel Hempstead take on the Middletons of Aberdeen. (S)(R)
  - 3.00 **Lingo** **New edition** Adil Ray hosts the word-based quiz show. (S)
  - 4.00 **Tipping Point** **New edition** Game show hosted by Ben Shephard. (S)
  - 5.00 **The Chase** **New edition** Quiz show hosted by Bradley Walsh. (S)
  - 6.00 **Local News** (S)
  - 6.30 **ITV News** (S)

## CHANNEL 4

- 104 104/108 804 108 4 104 104/106
- 6.25 AM **Cheers** 1-3/28. (S11) (S)(R)
  - 7.45 **The King of Queens** (S)(R)(AD)
  - 8.40 **Frasier** 21&22/24. (S8) (S)(R)(AD)
  - 9.35 **F1: United States Grand Prix Highlights** Action from the 19th round of the season in Texas. (S)(R)
  - 11.05 **Come Dine with Me: The Professionals** (S)(R)
  - 12.05 PM **News** (S)
  - 12.10 **Renovation Nation** (S)(R)(AD)
  - 1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
  - 2.10 **Countdown** **New edition** (S)
  - 3.00 **A Place in the Sun: What Happened Next?** (S)(R)
  - 4.00 **The Great House Giveaway** (S)(R)
  - 5.00 **Four in a Bed** **New edition** The competition begins at the Butterchurn Guest House in Otterburn, Northumberland. (S)
  - 5.30 **Help! We Bought a Village** (S)(R)
  - 6.30 **The Simpsons** (S)(R)(AD)



9.00 **Mr Loverman**



9.00 **Solar System**



9.00 **DI Ray**



8.00 **Jamie: Fast and Simple**

7 PM

- 7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
- 7.30 **EastEnders** Alfie arrives home and demands answers from Kat, while Jack has some worrying information for Penny. (S)(AD)

- 7.00 **NEW Yulia Navalnaya: The Interview** A conversation with the economist and widow of Alexei Navalny. (S)
- 7.30 **Mastermind** **New edition** Subjects include the Watergate Scandal. (S)

- 7.30 **Emmerdale** Caleb worries that his secret will be exposed, and Belle is upset that Zak knew about her problems. (S)(AD)

- 7.00 **News** (S)
- 7.55 **Kaiden's Story: Stand Up to Cancer** A couple share the story of their son, who had a malignant brain tumour. (S)(R)(AD)

8 PM

- 8.00 **Panorama: Lucy Letby - Unanswered Questions** **New edition** Current affairs. (S)
- 8.30 **Michael Mosley: Just One Thing** **Series finale** 2/2. Tips on improving memory. (S)(AD)

- 8.00 **Only Connect** **New edition** The Pipe-Dreamers take on the Tea Totalers in round one. (S)
- 8.30 **University Challenge** **New edition** St Andrews take on Cardiff in round one. (S)

- 8.00 **Coronation Street** Bethany encounters a masked intruder upon her return home from hospital, Dee-Dee is overwhelmed during a meeting with Lauren's social worker, while Nick and Leanne divide up their belongings. (S)(AD)

- 8.00 **Jamie: Fast and Simple** **New edition** 3/5. Jamie Oliver prepares a simple sesame and miso salmon in minutes, while his youngest son, River, helps him to whip up a hot and crispy ice cream parcel. (S)(AD)

9 PM

- 9.00 **Mr Loverman** **New episodes** 3/8. Barry sets out to meet Morris. (S)(AD)
- 9.30 4/8. Carmel returns to her father in Antigua, where she reflects on her own secrets and regrets. (S1) (S)(AD)
- Entire series on BBC iPlayer

- 9.00 **Solar System** **New edition** 3/5. Professor Brian Cox focuses on the storm worlds of the solar system, exploring the weird weather that plays out in the atmospheres of distant planets and moons. (S)(AD)

- 9.00 **DI Ray** **New episode** *Rivals*: 2/6. Having lost two kidnappers in a car chase, Rachita must team up with the serious organised crime unit to find her prime murder suspect. (S2) (S)(AD)
- Continues tomorrow

- 9.00 **Love Cheats** **New edition** 2/4. Coleen shares her story of getting scammed by her firefighter fiancé James, who went into business with her sister Karen after claiming he was expecting £2million in inheritance. (S)(AD)

10 PM

- 10.00 **BBC News** (S)
- 10.30 **Local News** (S)
- 10.40 **Have I Got a Bit More News for You** Professor Hannah Fry hosts the satirical quiz, with Phil Wang and Carol Vorderman. (S)(R)
- 11.25 **Bump** **New episodes** 5/10. Vince has to think fast after Santi says he doesn't want a stag party. (S)(AD)
- 12.00 M/T 6/10. Rosa faces some unexpected motherhood challenges. (S4) (S)(AD)
- 12.35 AM **Michael McIntyre's The Wheel** 2/10. With David Walliams, Sabre, Angela Scanlon, Dion Dublin, Clara Amfo, Sara Davies and Dermot O'Leary. (S)(R)
- 1.35 **Weather for the Week Ahead** (S)
- 1.40 to 6.00 AM **BBC News** (S)

- 10.00 **Alma's Not Normal** **New episode** *Who the F is Alice?* 3/6. Alma joins a stand-up comedy course run by her old acting teacher Ian. (S2) (S)(AD)
- Entire series on BBC iPlayer
- 10.30 **Newsnight** (S)
- 11.00 **Weather** (S)
- 11.05 **FILM Harriet** Biopic telling the story of Harriet Tubman, chronicling her escape from slavery and her transformation into a leading abolitionist. Stars Cynthia Erivo and Janelle Monáe. (S) (2019, 12, 115min) ★★
- 1.00 AM **Sign Zone: Countryside** The Stranraer Oyster Festival. (S)(R)
- 2.00 **Sign Zone: Waterloo Road** (S)(R)
- 3.00 **Sign Zone: Industry** (S)(R)(AD)
- 3.55 to 6.30 AM **Previews** (S)

- 10.00 **ITV News** (S)
- 10.30 **Local News** (S)
- 10.45 **NEW The Great Erection Deception: The Stiff Nights Story** Documentary telling the inside story of a multimillion-dollar scam about a supposedly herbal equivalent of Viagra that promised to be a natural sex supplement. (S)(AD)
- 12.00 M/T **Teleshopping**
- 3.00 AM **The Sinking of a Superyacht: How Safe Is Your Voyage?** Analysis of the tragedy involving the factors involved in the sinking of the vessel. (S)(SL)(R)(AD)
- 3.50 **Unwind with ITV** (S)
- 5.05 to 6.00 AM **Lingo** (S)(SL)(R)

- 10.00 **NEW Undercover: Exposing the Far Right** Documentary following anti-fascist organisation Hope Not Hate as they expose different aspects of the modern far right. (S)(AD)
- 12.00 M/T **The Great British Bake Off: An Extra Slice** (S)(SL)(R)(AD)
- 12.55 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
- 1.40 **The Simpsons** (S)(R)(AD)
- 2.25 **FILM PREMIERE The Gravedigger's Wife** Somalian drama with Omar Abdi. Subtitled. (S) (2021, 12, 85min) ★★
- 3.50 **Find It, Fix It, Flog It** (S)(R)
- 4.00 **Kaiden's Story: Stand Up to Cancer** (S)(SL)(R)(AD)
- 4.05 **Frasier** 11-14/24. (S2) (S)(R)(AD)
- 5.45 to 6.25 AM **Countdown** (S)(R)

+1 hour 203 303 35 112

+1 hour 204/208 304 15 121



## CHANNEL 5

105 105 805 105 5 105 105 105

- 5.35 AM Milkshake!
- 9.15 Jeremy Vine (S)
- 11.30 Storm Huntley (S)
- 12.45 PM Friends (S6) (S)(R)(AD)
- 1.40 News (S)
- 1.45 Home and Away (S)(R)
- 2.15 **FILM Dangerous Connections**  
Thriller starring Shiva Negar (S)(AD) (2023, 12, 105min) ★★
- 4.00 **Bargain-Loving Brits in the Sun** Paula has a novel way of attracting customers to her new pub, and Susan hopes her horse charity quiz is a hit. (S)(R)
- 5.00 News (S)
- 6.00 **Dogs Behaving (Very) Badly** Graeme Hall helps a family deal with a Staffie that cannot sit still for a minute, and refuses to go outside for a walk. (S)(R)(AD)
- 6.55 News (S)



9.00 The Hardacres

- 7.00 **Traffic Cops**  
Officers clamp down on illegal drivers, from those under the influence of drink or drugs, to those without a valid licence. (S)(R)
- 7.55 News (S)

- 8.00 **Police Interceptors**  
**New edition** Officers from Northamptonshire's roads policing and firearms units try to stop an Audi that is being driven at 100mph, with the driver evading the first attempt to box him in. (S)

- 9.00 **The Hardacres**  
**New episode** 3/6. The family mask their nerves as Harry sets off to boarding school, but Mary quickly finds distraction in a surprising proposition from Lady Emma and Adella. (S1) (S)

- 10.00 **NEW SERIES Broadmoor**  
1/4. Testimonies from former patients and staff reveal new insights and untold stories about the high-security psychiatric hospital over its 160 years of existence. (S)

- 11.05 999: Critical Condition (S)(R)
- 12.05 AM Motorway Cops: Catching Britain's Speeders (S)(R)(AD)

- 1.00 **LIVE NFL: Monday Night Football** Tampa Bay Buccaneers v Baltimore Ravens: The week seven clash at Raymond James Stadium. Kick-off is at 11.5. (S)

- 4.30 Entertainment News (S)
- 4.40 House Doctor (S)(SL)(R)
- 5.10 Divine Designs (S)(SL)(R)
- 5.35 to 5.40 AM Entertainment News (S)

+1 hour 205 305 38 128

## SKY SHOWCASE

106 106 806 109 340 355

- 6.00 AM Sky News Breakfast
- 8.00 Border Patrol (S)(R)
- 9.00 Stargate Atlantis (S1) (S)(R)
- 11.00 Africa's Hunters (S)(R)(AD)
- 12.00 NOON Supergirl (S3) (S)(R)
- 1.00 PM NCIS: Los Angeles (S)(R)
- 3.00 Hawaii Five-0 (S10) (S)(R)
- 4.00 MacGyver (S1) (S)(R)(AD)
- 5.00 **The Simpsons The Good, the Sad and the Drugly:** Bart tries to win the affections of a girl at his school. (S)(R)
- 5.30 **How the Test Was Won:** Principal Skinner rediscovers the joy of teaching. (S)(R)
- 6.00 **The Office (US) 7/22.** Jim discovers a script written by someone in the office. (S)(R)
- 6.30 8/22. Michael gives the office staff a performance evaluation. (S2) (S)(R)



8.00 The Lord of the Rings

- 7.00 **The Simpsons**  
*Father Knows Worst:* Homer suffers the consequences of trying to copy a fire-eating street performer. (S)(R)
- 7.30 **Waverly Hills 9021-D'oh:** Bart and Lisa go to a new school. (S)(R)

- 8.00 **FILM The Lord of the Rings: The Fellowship of the Ring**  
Epic fantasy adventure based on the novel by JRR Tolkien. In the realm of Middle Earth, a young hobbit sets off on a quest to destroy a magical ring before it can fall into the hands of the powers of chaos. Stars Elijah Wood, Ian McKellen and Viggo Mortensen. (S) (2001, PG, 178min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

- 9.00 **The Hardacres**  
**New episode** 3/6. The family mask their nerves as Harry sets off to boarding school, but Mary quickly finds distraction in a surprising proposition from Lady Emma and Adella. (S1) (S)

- 10.00 **NEW SERIES Broadmoor**  
1/4. Testimonies from former patients and staff reveal new insights and untold stories about the high-security psychiatric hospital over its 160 years of existence. (S)

- 11.05 999: Critical Condition (S)(R)
- 12.05 AM Motorway Cops: Catching Britain's Speeders (S)(R)(AD)

- 1.00 **LIVE NFL: Monday Night Football** Tampa Bay Buccaneers v Baltimore Ravens: The week seven clash at Raymond James Stadium. Kick-off is at 11.5. (S)

- 4.30 Entertainment News (S)
- 4.40 House Doctor (S)(SL)(R)
- 5.10 Divine Designs (S)(SL)(R)
- 5.35 to 5.40 AM Entertainment News (S)

+1 hour 206

## LOCAL VARIATIONS

### BBC1

#### SCOTLAND

- Sky 964, Virgin 862, Freesat 964
- 10.40pm Stevens & McCarthy 11.10 Inside Barlinnie 12.10am SportsScene: SWPL Highlights 12.40 Have I Got a Bit More News for You 1.25 Bump 2.35 Weather for the Week Ahead 2.40-6.00am BBC News N. IRELAND Sky 966, Virgin 863, Freesat 966
- 8.00pm House of the Year 8.30-9.00 Panorama: Lucy Letby: Unanswered Questions 10.40 On Drugs 11.10 Faithless 11.35 Comedy Shorts 11.45 Have I Got a Bit More News for You 12.30-1.35am Bump WALES Sky 965, Virgin 864, Freesat 965
- 8.00pm Crimewatch Caught 8.30-9.00 Panorama: Lucy Letby: Unanswered Questions 10.40 Scrum V Highlights 11.10 Paranormal: The Village That Saw Aliens 11.40 Have I Got a Bit More News for You 12.25-1.35am Bump

### BBC2

- N. IRELAND Sky 969, Freesat 969
- 10.00-10.30pm Ar an Sliabh 11.05 Alma's Not Normal 11.35 Saving Lives in Cardiff 12.35-1.00am BBC News WALES Sky 968, Freesat 968
- No variations

### ITV1

- As main ITV1 except:
- WALES 10.45pm Sharp End 11.40pm-12.00m't Fishlock's Choice

### S4C

- Sky 134, Virgin 164, Freesat 120
- 6.00am Cyw 12.00noon Newyddion a'r Tywydd 12.05pm Anrhegion Melys Richard Holt 12.30 Heno 1.00 Y Fets 2.00 Newyddion a'r Tywydd 2.05 Prynhawn Da 3.00 Newyddion a'r Tywydd 3.05 Iaith ar Daith 4.00 Awr Fawr 5.00 Stwnsh 6.00 Arfordir Cymru: Llyn 6.30 Rownd a Rownd 6.57 Newyddion 7.00 Heno 7.30 Newyddion a'r Tywydd 8.00 Y Byd ar Bedwar 8.25 Cymry ar Gynfas 8.55 Newyddion a'r Tywydd 9.00 Ffermio 9.30 Rallio+ 10.00 Sgorio 10.30-11.35pm Marw Gyda Kris

**TV&Satellite week**  
New issue on sale tomorrow

## BBC3

115/117/121 107/113 23 107 107

BBC3 programmes start at 7.00pm



- 7.00 PM **NEW SERIES Phoenix Rise** 1/10. Return of the coming-of-age drama. Billy finds himself on the wrong side of the new headteacher. 7.30 **New episode** 2/10. Leila is happy to have her dad back – but she may not be able to trust him. (S4) ■ Full series on BBC iPlayer
- 7.55 **The Catch Up**
- 8.00 **Gavin & Stacey** 1/8. The happy couple return from their honeymoon. 8.30 2/8. Gavin sets out to help Smithy. (S2)
- 9.00 **FILM Scary Stories to Tell in the Dark** Horror with Zoe Margaret Colletti. A book of scary stories become all too real for a group of teens. (2019, 15, 108min) ★★
- 10.40 **Charlie Cooper's Myth Country** 3/3. King Arthur.
- 11.10 **This Country**
- 12.00 M'T **Bad Education**
- 1.00 AM **Top Gear**
- 2.10 **Lazy Susan**
- 2.25 to 3.55 AM **BBC New Comedy Awards**

## MORE4

136/137 831 147 18 124

- 8.55 AM Kirstie's Vintage Gems
- 9.15 A Place in the Sun
- 10.05 A New Life in the Sun: Where Are They Now?
- 11.05 Find It, Fix It, Flog It
- 1.05 PM Car S.O.S
- 2.05 Four in a Bed
- 4.50 The Dog House
- 5.50 **Escape to the Chateau: DIY** Erin and JB host A Midsummer Night's Dream-themed party.
- 6.55 **Car S.O.S** Tim Shaw and Fuzz Townshend take on a 1924 Austin 7 Chummy.
- 7.55 **Grand Designs** Kevin McCloud meets Penny and Mark, who plan to combine their love of old and contemporary architecture as they transform a Victorian gatehouse in London.
- 9.00 **Our Farm Next Door: Amanda, Clive and Kids**  
**New edition** The first major job for builder Richard is to carefully strip off the valuable old roof stones, remove the wrecked roof timbers and add a steel beam to support the new structure
- 10.00 **Emergency** Crews respond to a pedestrian trapped underneath a lorry.
- 11.05 24 Hours in A&E
- 12.10 AM **Our Farm Next Door: Amanda, Clive and Kids**
- 1.15 **Emergency** As 10.00pm.
- 2.15 24 Hours in A&E
- 3.20 to 3.50 AM Food Unwrapped

+1 hour 236/237 347 125

## BBC4

116 107/108 9/24 106 108

BBC4 programmes start at 7.00pm



- 7.00 PM **Frozen Planet** David Attenborough explores the polar regions.
- 8.00 **Landscape and Memory** A look at how mountains have been universally regarded as sacred places.
- 8.40 **City Scapes** Berlin since the destruction of the Wall.
- 9.00 **Call My Bluff** With Peter Sallis, Madeline Smith, Sheila Tracy and Charles Osborne.
- 9.25 **Face the Music** With guest musician Stephen Dodgson.
- 10.00 **Horizon: The Wildest Weather in the Universe** Following scientists conducting research into weather on other planets.
- 11.00 **Earth from Space** Cameras in space reveal the stories behind Earth's most remarkable patterns and shapes.
- 11.55 **Nature and Us: A History Through Art**
- 12.55 AM **Frozen Planet**
- 1.55 **Horizon: The Wildest Weather in the Universe**
- 2.55 to 3.55 AM **Earth from Space**

## E4

135/136 830 106 13 122

- 6.00 AM Hollyoaks
- 6.55 Rude(ish) Tube Shorts
- 7.00 Ramsay's Kitchen Nightmares USA
- 8.00 Don't Tell the Bride
- 9.00 The Goldbergs
- 10.00 The Big Bang Theory
- 11.00 Modern Family
- 12.00 NOON The Big Bang Theory 6-9/24. (S7)
- 2.00 PM The Goldbergs
- 3.00 Modern Family
- 4.00 Teen First Dates
- 5.00 The Big Bang Theory
- 7.00 **Hollyoaks** Vicky has a confession to make.
- 7.30 **Modern Family** 6/22. Phil threatens to spoil Jay's favourite place. (S8)
- 8.00 **NEW SERIES Hot Yachts: Miami** 1/8. Reality series following brokers competing for commissions on the sales of luxury vessels.
- 9.00 **Married at First Sight UK**  
**New edition** The couples get together with the experts at the Commitment Ceremony.
- 10.35 **NEW SERIES Made in Chelsea** 1/10. Trouble brews when James sees a social media post by Miles.
- 11.40 **Gogglebox**
- 12.45 AM **Married at First Sight UK** As 9.00pm.
- 2.15 **Made in Chelsea**
- 3.10 **First Dates**
- 4.05 **Abbott Elementary**
- 4.30 **The Goldbergs**
- 4.55 to 6.00 AM **Black-ish**

+1 hour 235/236 306 30 123



# MONDAY Entertainment

Monday

7 PM  
8 PM  
9 PM  
10 PM

## Sky Witness

107 807 110 341 356

- 6.00 AM Sun, Sea and A&E
- 7.00 Paramedics
- 8.00 Border Patrol
- 9.00 Highway Patrol
- 10.00 Send in the Dogs
- 11.00 For Life 11/13. (S1)
- 12.00 NOON **The Rookie** 16/22. (S4)
- 1.00 PM **Chicago Med** 16/22. (S7)
- 2.00 **The Equalizer** 5/10. After Mel is reunited with her brother Matthew, McCall helps him expose his former unit's wrongdoings. (S4)
- 3.00 **Brit Cops: Law & Disorder**
- 4.00 **Nothing to Declare**



9.00 **The Cleaning Lady**

- 7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.
- 8.00 **The Equalizer** *Condemned*: 8/10. McCall races to help Dante and Big Ben after they are ambushed. (S4)
- 9.00 **The Cleaning Lady** *New episode* *Fight or Flight*: 11/12. Thony and Fiona work with the FBI to help Nadia. (S3)
- 10.00 **Fire Country** *Happy to Help*: 7/22. Bode's crew are accused of taking an expensive watch during a fire mop-up. (S1)
- 11.00 **FBI** 8/19. Maggie sympathises with a widow who has lost her husband in an accident. (S2)
- 12.00 **MT The Good Doctor** (S1)
- 1.00 **AM The Rookie: Feds** (S1)
- 3.00 **Transplant** 1/13. (S2)
- 4.00 **Stop, Search, Seize**
- 5.00 to 6.00 AM **UK Border Force**

+1 hour 207 310

## Sky Atlantic

108/109 808 342 357

- 6.00 AM **Urban Secrets**
- 8.10 **True Blood** 8&9/12. (S2)
- 10.20 **Britannia** 3/9. (S1)
- 12.20 PM **Game of Thrones** (S1)
- 1.30 **Billions** 5&6/12. (S3)
- 3.50 **True Blood** 7/12. Jason tries to sever his ties with the Fellowship of the Sun.
- 4.55 8/12. Eric arrives to do his maker's bidding on the eve of the Fellowship's lockdown. (S2)
- 5.55 **Britannia** 4/9. Dvis lays eyes on Aulus for the first time.
- 6.55 5/9. Queen Antedia seals an alliance with Rome. (S1)



9.00 **The Penguin**

- 7.55 **Game of Thrones** *The North Remembers*: 1/10. Robb Stark marches south to avenge his father, and Stannis Baratheon sets his sights on the Iron Throne. (S2)
- 9.00 **The Penguin** *New episode* *Homecoming*: 5/8. With his nascent operation at stake, Oz makes a desperate move to turn the tables. (S1)
- 10.10 **Gangs of London** 5/9. Darren wrestles with the chaos he has unleashed. (S1)
- 11.20 **Succession** 8/10. (S4)
- 12.35 **AM I Hate Suzie** 3/8. Suzie finds her privacy invaded.
- 1.15 4/8. Suzie gives a disastrous interview. (S1)
- 1.55 **Game of Thrones** As 7.55pm.
- 2.55 **Lovecraft Country** 6/10. (S1)
- 4.10 to 6.00 AM **Fish Town**

+1 hour 208/209

## Sky Max

113/114 813 111 346 351

- 6.00 AM **Highway Patrol**
- 7.00 **DC's Legends of Tomorrow**
- 8.00 **Supergirl** 16/23. (S3)
- 9.00 **Stargate Atlantis** (S1)
- 11.00 **DC's Legends of Tomorrow**
- 12.00 **NOON Supergirl** 18/23. (S3)
- 1.00 PM **NCIS: Los Angeles** (S13)
- 3.00 **Hawaii Five-0** 7/22. (S10)
- 4.00 **MacGyver** 21/21. (S1)
- 5.00 **DC's Legends of Tomorrow** 18/18. The Legends' plan to vanquish Mallus fails. (S3)
- 6.00 **Stargate Atlantis** 9/20. McKay comes up with a plan to return to Earth. (S1)



7.00 **Stargate Atlantis**

- 7.00 **Stargate Atlantis** *The Storm*: 10/20. Part one of two. The inhabitants of Atlantis evacuate as two hurricanes approach. (S1)
- 8.00 **Flintoff: From Lord's to the Ring** 1/3. Former England cricketer Andrew Flintoff pursues a new career as a boxer.
- 9.00 **Never Mind the Buzzcocks** With Joel Dommett, Abi Harding, Glen Matlock and stand-in captain Courtney Love.
- 10.00 **The Walking Dead** *Chokepoint*: 13/16. Daryl's rescue mission forces Alpha to unleash a group of her own. (S9)
- 11.00 **The Walking Dead** 14/16. Eye-opening secrets from the past are revealed. (S9)
- 12.00 **MT Warrior** 5/10. A guilty Mai Ling tries to make things right with Ah Sahn. (S2)
- 1.00 **AM Road Wars**
- 2.00 **Hawaii Five-0** 6&7/22. (S10)
- 4.00 **MacGyver** 21/21. (S1)
- 5.00 to 6.00 AM **Highway Patrol**

+1 hour 218 315 29 114

## ITV2

118 816 115 6 113

- 6.00 AM **CITV**
- 9.00 **Totally Bonkers**
- 9.00 **Guinness World Records**
- 10.00 **Love Bites** Double bill.
- 12.00 **NOON Dress to Impress**
- 1.00 **PM Supermarket Sweep**
- 2.00 **Deal or No Deal**
- 3.00 **Charmed** 14/22. Phoebe casts a spell to see whether she could really marry Cole. (S4)
- 4.00 **Gilmore Girls** 10/21. Lorelai is frantic when she hears that her father has collapsed at a Christmas party. (S1)
- 5.00 **Dress to Impress**



6.00 **The Philosopher's Stone**

- 6.00 **FILM Harry Potter and the Philosopher's Stone** Fantasy adventure starring Daniel Radcliffe as the famous boy wizard who does not learn of his magical heritage until his 11th birthday. (2001, PG, 152min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.00 **Big Brother** *New edition* A chance to catch up with everything that has happened in the house.
- 10.00 **Big Brother: Late & Live** *New edition* AJ Odudu and Will Best present the companion show in front of a live studio audience.
- 11.05 **Family Guy** *New episode*
- 11.35 **American Dad!** *New episode*
- 12.00 **MT Family Guy** (S18)
- 12.55 **AM American Dad!** (S12)
- 1.20 **Celebrity Karaoke Club**
- 2.10 **Totally Bonkers**
- 2.35 **Guinness World Records** to 3.00 AM **Unwind with ITV**

+1 hour 218 315 29 114

## ITV3

119 117 10 115

- 6.00 AM **Classic Emmerdale**
- 7.00 **Classic Coronation Street**
- 8.05 **Agatha Christie's Poirot**
- 10.15 **The Royal Sins of the Father**
- 11.20 **Heartbeat** Double bill.
- 1.40 **PM Classic Emmerdale**
- 2.40 **Classic Coronation Street**
- 3.50 **Endeavour** *Coda*: The detective considers his future when a murder in the world of fashion stirs up old gangland conflicts.
- 5.55 **Heartbeat** *Friendly Fire*: Nick is alerted when a lay preacher is wounded in a shooting accident.



8.00 **Grace**

- 7.00 **Heartbeat** *Sons and Lovers*: The sister is pestered by the Nick of Aidsensfield's landed gentry. Nick Berry stars.
- 8.00 **Grace** *Looking Good Dead*: The detective believes a serial killer might be on the loose after a schoolteacher is found dead in Brighton and human remains are discovered in a field.
- 10.00 **Law & Order: UK** *Help*: 1/6. Brooks and Devlin investigate when a former top-flight footballer is murdered in London. (S4)
- 11.00 **Law & Order: UK** 2/6. The team try to discover who hired a hitman when a high-court judge is critically injured after being shot in a car park. Guest stars Juliet Stevenson. (S4)
- 12.00 **MT Endeavour** As 3.50pm.
- 2.00 to 3.00 AM **Unwind with ITV**

+1 hour 219 317 116

## BBC Scotland

SCOT 115 108 9 106 106  
REST OF UK 180 162 110

- 12.00 **NOON This Is BBC Scotland**
- 2.00 **PM Sign Zone: The Secret Lives of Lighthouse Keepers**
- 2.30 **Sign Zone: Landward**
- 3.00 **Sign Zone: Scotland's Greatest Escape**
- 3.30 **This Is BBC Scotland**
- 7.00 **Sportscene: SWPL Highlights**
- 7.30 **Food Fest Scotland**
- 8.00 **Life on the Bay**
- 8.30 **Crimewatch Caught**
- 9.00 **The Nine**
- 10.00 **River City** *New episode* Tensions rise when the O'Haras get the results from the investigation into the fatal car crash.
- 10.30 **Designing the Hebrides** *Series finale* 6/6. Banjo Beale transforms an empty garage into a fully functioning shop.
- 11.00 **Jules and Greg's Wild Swim** A visit to Skye.
- 11.30 **PM to 12.00 MT** Burnistoun

## Sky Comedy

114/115 814 112 347 362

- 8.00 AM **Will & Grace** (S3)
- 9.00 **Young Rock** (S1)
- 10.00 **Hung** 4&5/10. (S3)
- 11.10 **Eastbound & Down**
- 12.30 PM **Insecure** (S3)
- 1.50 **Pen15** 10/15. (S2)
- 2.30 **Hung** 6&7/10. (S3)
- 3.40 **Eastbound & Down**
- 4.50 **Will & Grace** (S3)
- 5.50 **The Office** (US) (S2)
- 6.50 **Young Rock** (S1)
- 7.50 **Will & Grace** (S7)
- 9.00 **Chris Ramsey: Live from London** Stand-up.
- 10.00 **NEW SERIES The Franchise** 1/8. Satirical comedy starring Himesh Patel. See feature, page 4.
- 10.40 **New episodes** 2/8. Daniel faces scrutiny.
- 11.15 3/8. Adam's regimen takes its toll. (S1)
- 11.50 **Veep** 7&8/10. (S2)
- 12.55 **AM Real Time with Bill Maher** *New edition*
- 2.00 **NEW Lucy Beaumont: Live from the Royal Court Theatre** Stand-up.
- 3.05 **Hung** 7&8/10. (S3)
- 4.25 to 5.00 AM **A.P. Bio**

## Sky Arts

130/131 826 123 36 143 365

- 6.00 AM **Backstage with the London Philharmonic**
- 7.00 **Venice: A Concert for Our Climate**
- 8.00 **The Joy of Painting**
- 9.00 **Tales of the Unexpected**
- 10.00 **Hitchcock Presents**
- 11.00 **Discovering**
- 12.00 **NOON Portrait Artist of the Year 2017**
- 1.00 **PM Tales of the...**
- 2.00 **Hitler's Jazz Band**
- 3.00 **Portrait Artist of the Year** With Cush Jumbo.
- 4.00 **Classic Albums**
- 5.00 **Portrait Artist 2017**
- 6.00 **Tales of the Unexpected**
- 7.00 **Alfred Hitchcock Hour**
- 8.00 **Backstage with the London Philharmonic**
- 9.00 **André Rieu: Live in Brazil** From Sao Paulo.
- 11.00 **Classical Anthems**
- 1.00 **AM Ella Fitzgerald: Live**
- 2.30 **Oscar Micheaux: The Superhero of Black Film-making**
- 4.10 **Marina Abramovic Takes Over TV**
- 5.10 to 6.00 AM **Auction**

## Sky Mix

151 135 11 141

- 7.00 AM **Nothing to Declare**
- 9.00 **Monkey Life**
- 10.00 **Stop, Search, Seize**
- 11.00 **Highway Patrol**
- 12.00 **NOON Motorway Patrol**
- 1.00 **PM Border Patrol**
- 2.00 **Monkey Life**
- 3.00 **Nothing to Declare**
- 4.00 **Star Trek: The Next Generation** 24/26. (S3)
- 5.00 **Star Trek: Enterprise**
- 6.00 **Star Trek: Deep Space Nine** 18/26. (S4)
- 7.00 **Star Trek: Voyager** *Friendship One*: 21/26. The crew explore a planet devastated by nuclear radiation. (S7)
- 8.00 **Hawaii Five-0** (S4)
- 9.00 **The Equalizer** (S1)
- 11.00 **Caught on Dashcam**
- 12.00 **MT Killer in My Village**
- 1.00 AM **Nothing to Declare**
- 2.00 **Brit Cops: Rapid Response** Documentary.
- 3.00 **Highway Patrol**
- 4.00 **Border Patrol**
- 5.00 to 6.00 AM **Highway Cops**

## ITV Be

131/132 119 28 119

- 7.00 AM **Unwind**
- 7.25 **Olivia Meets Her Match**
- 8.30 **The Cabins**
- 9.30 **The Real Housewives of Cheshire** Reality series.
- 10.30 **Olivia Meets Her Match**
- 11.30 **The Real Housewives of Potomac** Reality series.
- 12.30 **PM Real Housewives of Beverly Hills**
- 1.20 **The Only Way Is Essex**
- 2.05 **Dinner Date**
- 3.10 **The Big Bake**
- 4.05 **The Real Housewives of Potomac** Reality series.
- 5.00 **The Real Housewives of Beverly Hills**
- 6.00 **Masters of Flip**
- 7.00 **The Big Bake**
- 8.00 **Dinner Date**
- 9.00 **The Real Housewives of Atlanta** *New edition*
- 10.00 **My Mum, Your Dad** *Australia* *New edition* The remaining couples go on final dates.
- 11.30 **The Only Way Is Essex**
- 12.20 to 1.00 AM **Unwind**

+1 hour 319

## GREAT! tv

157 170 50

- 8.00 AM **Hart to Hart** (S1)
- 9.00 **Father Dowling Mysteries** 4/8. (S1)
- 10.00 **Diagnosis Murder**
- 11.00 **Castle** 9/23. (S7)
- 12.00 **NOON Hart to Hart**
- 2.00 **PM Father Dowling Mysteries** 1/13. (S2)
- 3.00 **Diagnosis Murder**
- 5.00 **Murder, She Wrote**
- 7.00 **M\*A\*S\*H** Four episodes of the comedy. (S4&5)
- 9.00 **The Avengers** *From Venus with Love*: 1/24. Several astronomers are found murdered. (S5)
- 10.00 **Randall and Hopkirk (Deceased)** *When Did You Start to Stop Seeing Things?* 10/26. (S1)
- 11.00 **Return of the Saint**
- 12.00 **MT M\*A\*S\*H** (S4&5)
- 2.00 AM **Randall and Hopkirk (Deceased)**
- 3.00 **Return of the Saint**
- 4.00 **Castle** 21/23. (S7)
- 4.50 to 5.00 AM **GREAT! Movie News Extra**

+1 hour 257 62



## ITV4

120 118 26 117

- 6.00 AM The Derby Through the Years Memorable stagings.
- 6.15 Minder
- 7.20 The Sweeney
- 8.20 Dempsey and Makepeace
- 9.25 The Saint
- 10.30 Giant Lobster Hunters
- 11.30 BattleBots
- 12.30 PM Dempsey and Makepeace
- 1.35 The Saint
- 2.40 Giant Lobster Hunters
- 3.45 Minder
- 4.50 The Sweeney
- 5.55 BattleBots



7.00 Beat the Chasers

- 7.00 **Beat the Chasers** Contestants from across the UK take on five Chasers hoping to win big money against the odds.
- 8.00 **MotoGP Highlights** Action from the Grand Prix of Australia, the 17th round of the campaign at Phillip Island.
- 9.00 **Junk and Disorderly** **New edition** Henry and the gang set their sights on a big sale at a jumble held by Sammy Miller.
- 10.00 **FILM Alex Cross** Thriller with Tyler Perry. A police detective pursues a serial killer who leaves charcoal drawings behind at the scenes of his crimes. (2012, 15, 99min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.55 **Motorsport UK**
- 12.55 AM **Auto Mundial**
- 1.20 **Motorsport Mundial**
- 1.45 **Minder**
- 2.40 to 3.00 AM **Unwind with ITV**

+1 hour 220 318 118

## Sky Sci-Fi

139/140 836 122 348 363

- 6.00 AM Most Haunted
- 8.00 **Teleshopping**
- 11.00 **Merlin** 8/13. (S5)
- 12.00 NOON **Stargate Universe**
- 1.00 PM **Star Trek: Deep Space Nine** 14/26. (S3)
- 2.00 **Merlin** 8/13. (S5)
- 3.00 **Stargate SG-1** 18/22. (S4)
- 4.00 **Star Trek: Enterprise** (S4)
- 5.00 **Stargate Universe** 4/20. The *Destiny* is left in darkness when it loses power. (S1)
- 6.00 **Merlin** 8/13. The warlock agrees to help a young druid boy, Daegal. (S5)



11.00 The Leftovers

- 7.00 **Star Trek: Deep Space Nine** *Heart of Stone*: 14/26. Kira becomes involved in a potentially lethal situation. (S3)
- 8.00 **Stargate SG-1** *Prodigy*: 19/22. Carter takes a cadet under her wing, but soon has regrets about her decision. (S4)
- 9.00 **The Ark** *Museum of Death*: 5/12. Garnet, Eva and Brice uncover long-hidden secrets that could endanger everything.
- 10.00 **The Ark** *Pretty Big Deal*: 6/12. The crew follow a distress call to a desolate planet. (S2)
- 11.00 **The Leftovers** 9/10. The drama rewinds the clock to the days leading up to the Departure. 12.00 MT 10/10. Mapleton is in chaos as the Guilty Remnant makes a provocative move. (S1)
- 1.00 AM **Wynonna Earp** (S1)
- 2.00 **Merlin** As 6.00pm.
- 3.00 **Star Trek: Enterprise**
- 4.00 to 6.00 AM **Stargate SG-1**

+1 hr 241/269 320/362 130

## Alibi

109/110 809 114 343 358

- 7.10 AM **Murdoch Mysteries** (S15)
- 9.00 **Father Brown**
- 10.00 **Unforgettable** 20/22. (S1)
- 11.00 **Hudson & Rex** 9/20. (S5)
- 12.00 NOON **The Mentalist** (S1)
- 1.00 PM **Death in Paradise** (S5)
- 2.00 **Murdoch Mysteries** (S15)
- 3.00 **Unforgettable** 20/22. (S1)
- 4.00 **Hudson & Rex** 9/20. (S5)
- 6.00 **Elementary** 15/21. An investigation into the murder of a religion professor puts Holmes and Watson on the hunt for a killer connected to the occult. (S6)



10.00 Pretty Hard Cases

- 7.00 **The Mentalist** *Red-Handed*: 6/23. The severed hand of a casino owner turns up on the Nevada-California border. (S1)
- 8.00 **Death in Paradise** *Dishing Up Murder*: 6/8. A famous chef is stabbed to death. Guest stars Martin Compston. (S5)
- 9.00 **Father Brown** *The Devil You Know*: A senior member of the police force is murdered at a bowls match.
- 10.00 **Pretty Hard Cases** *Life Jacket*: 6/12. Naz goes undercover as a smuggler to infiltrate the Coyotes via Will French. (S2)
- 11.00 **The Mentalist** As 7.00pm.
- 12.00 MT **Elementary** As 6.00pm.
- 1.00 AM **Justified** 2/13. Reverend Billy and his sister Cassie help people move away from drugs and into the Church. (S4)
- 2.00 to 4.00 AM **Murdoch Mysteries**

+1 hour 209/210 314

## GOLD

110/111 810 124 344 359

- 7.10 AM **The Green Green Grass**
- 7.50 **Last of the Summer Wine**
- 9.45 **Hi-de-Hi!**
- 10.25 **Still Open All Hours**
- 11.05 **Last of the Summer Wine**
- 2.20 PM **The Good Life**
- 3.00 **Dad's Army**
- 3.40 **Hi-de-Hi!** Ted tries to get Clive and Gladys back together.
- 4.20 **Last of the Summer Wine**
- 5.40 **Still Open All Hours** A bridegroom has cold feet.
- 6.20 **The Green Green Grass** The *Antiques Roadshow* arrives in town. Guest stars Fiona Bruce.



9.00 Absolutely Fabulous

- 7.00 **Dad's Army** Mainwaring's platoon try to capture a German aircraft crew. 7.40 Mainwaring is alarmed to discover the extent of Corporal Jones's cash-flow crisis.
- 8.20 **The Good Life** Tom turns the rotary cultivator into a means of transport.
- 9.00 **Absolutely Fabulous** *Gay*: Festive special from 2002 in which the oldest swingers in town visit New York, hoping to take the fashion world by storm.
- 10.15 **The Young Ones** Rick finds a girl in his bed. With Robbie Coltrane and Jennifer Saunders.
- 11.00 **Inside No 9** Dawn and Mick host their annual *Last Night of the Proms* bash.
- 11.40 **Blackadder II**
- 12.20 AM **Absolutely Fabulous**
- 1.45 **The Young Ones** As 10.15pm.
- 2.35 **Inside No 9** As 11.00pm.
- 3.10 to 4.00 AM **Blackadder II**

+1 hour 210/211 324

## U&Dave

111/112 811 127 19 157

- 7.10 AM **Whose Line Is It Anyway?** USA Double bill.
- 8.00 **Border Force: America's Gatekeepers** Double bill.
- 10.00 **Railroad Australia**
- 11.00 **Extreme Salvage Squad**
- 12.00 NOON **Storage Hunters UK**
- 1.30 PM **Speed with Guy Martin**
- 3.00 **Top Gear** Double bill.
- 5.00 **Rick Stein's Secret France** The chef's journey takes him to the Spanish border. 6.00 The chef concludes his tour with trips to the Languedoc and Provence.



10.00 Will & Ralf Should Know...

- 7.00 **Would I Lie to You?** With John Cooper Clarke, Caroline Quentin, Chris McCausland and Judi Love.
- 7.40 **Richard Osman's House of Games** Guests include Maggie Aderin-Pocock. 8.20 With Vick Hope, Gethin Jones, Nicki Chapman and Tim Vine.
- 9.00 **QI XL** Guests Matt Lucas, Liza Tarbuck and Romesh Ranganathan join regular panellist Alan Davies and host Sandi Toksvig.
- 10.00 **Will & Ralf Should Know** **Better** **New edition** 3/4. Will Mellor and Ralf Little look at getting older. ■ Entire series on U
- 11.00 **QI XL** With Jimmy Carr.
- 12.00 **M'T Mock the Week**
- 12.40 AM **Alan Davies: As Yet Untitled** With Laura Smyth.
- 1.40 **QI XL** With Sara Pascoe.
- 2.45 **Schitt's Creek** 2&3/13. (S3)
- 3.35 to 4.00 AM **Travel Man: 48 Hours in Zurich**

+1 hour 211/212 327 74

## 4seven

137/138 143 49 127

- 9.00 AM **Ramsay's Kitchen Nightmares USA**
- 10.00 **Find It, Fix It, Flog It**
- 11.00 **The Great House Giveaway** In Aberdare.
- 12.00 NOON **Frasier** (S2)
- 1.30 PM **A Place in the Sun**
- 2.00 **A Place in the Sun: What Happened Next?**
- 3.00 **Renovation Nation**
- 4.00 **Help! We Bought a Village** Documentary.
- 5.00 **A Place in the Sun**
- 6.00 **A Place in the Sun: What Happened Next?**
- 7.00 **Yorkshire by the Sea** Whitby distillers create their latest tippie from foraged ingredients.
- 8.00 **The Dog House**
- 9.00 **Gogglebox**
- 11.05 **Taskmaster**
- 12.05 AM **Friday Night Dinner: 10 Years and a Lovely Bit of Squirrel**
- 1.40 **Celebrity Gogglebox**
- 2.45 **Love Cheats**
- 3.45 to 4.45 AM **24 Hours in A&E**

+1 hr 241/269 320/362 130

## 5USA

141/169 120/162 21 129

- 9.00 AM **NCIS** (S13)
- 12.00 NOON **Law & Order**
- 6.00 PM **NCIS** *Willoughby*: 11/24. An operation to apprehend a corporate terrorist goes awry. 7.00 *Off the Grid*: 12/24. Gibbs tries to infiltrate an infamous anti-government militia. 8.00 *Keep Going*: 13/24. Palmer places his own life in danger. (S14)
- 9.00 **NCIS: Hawaii!** **New episode** *Breach*: 17/22. Whistler gets a chance to apologise to Lucy and mend their relationship. (S1)
- 10.00 **Law & Order: Special Victims Unit** *Weak*: 9/23. Benson investigates a series of rapes. (S6)
- 11.00 **Law & Order: Special Victims Unit** (S6)
- 12.55 AM **Blindspot** (S2)
- 3.35 to 4.00 AM **Criminals: Caught on Camera**

+1 hr 241/269 320/362 130

## 5STAR

128/129 126 32 131

- 8.00 AM **Dirty Home Rescue**
- 9.00 **Bargain-Loving Brits in the Sun** Double bill.
- 11.00 **Traffic Cops** Triple bill.
- 2.00 PM **Police Interceptors**
- 5.00 **Shoplifters & Scammers: At War with the Law**
- 6.00 **Home and Away**
- 7.00 **GPs: Behind Closed Doors** Medical series.
- 8.00 **Babies 24/7: The Maternity Ward**
- 9.00 **Ambulance: Code Red**
- 10.00 **Skin A&E** Dr Dev Shah contends with a lump.
- 11.00 **The Railroad Killer: I Escaped a Murderer**
- 12.00 MT **999: Critical Condition** Documentary.
- 1.00 AM **A Killer Makes a Call** Crime series.
- 2.00 **Casualty 24/7: Every Second Counts**
- 2.50 **GPs: Behind Closed Doors** Medical series.
- 3.35 to 4.00 AM **Home and Away**

+1 hour 228/229 326 140

## 5Action

150 130 33 132

- 9.00 AM **Entertainment News**
- 9.10 **Trucking Hell**
- 10.10 **Traffic Cops**
- 11.10 **FILM** *Posse from Hell* Western adventure. (1961, PG, 85min) ★★
- 1.05 PM **FILM** *Cast a Giant Shadow* Biopic. (1966, PG, 141min) ★★
- 4.00 **Trucking Hell**
- 5.00 **Traffic Cops**
- 6.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
- 7.00 **Police Interceptors**
- 8.00 **Trucking Heavy** Dan is tasked with loading a super-truck.
- 9.00 **Warship: Life at Sea**
- 11.05 **FILM** *Outland* Thriller starring Sean Connery. (1981, 15, 105min) ★★
- 1.20 AM **Fights, Camera, Action!** Documentary.
- 2.20 **Trucking Hell**
- 3.20 **Car Pound Cops: Give Me My Car Back!**
- 4.00 to 4.00 AM **Entertainment News**

+1 hour 232/233 325

## U&W

132/133 827 125 25 156

- 6.10 AM **Inside the Ambulance**
- 7.00 **Property Brothers: Forever Homes**
- 8.00 **Tipping Point**
- 11.00 **DIY SOS: Homes for Veterans** As 6.00pm.
- 12.00 NOON **DIY SOS: The Big Build**
- 1.00 PM **Tipping Point**
- 4.00 **Property Brothers: Forever Homes**
- 6.00 **DIY SOS: Homes for Veterans** A home for a triple amputee.
- 7.00 **NEW SERIES** **MasterChef Australia: Dessert Masters** Pastry chefs compete to win the \$100,000 prize.
- 8.15 **Sort Your Life Out with Stacey Solomon**
- 9.40 **The Baby Daddy**
- 11.30 **Bradford on Duty**
- 12.50 AM **One Born Every Minute** Documentary.
- 1.50 to 3.00 AM **16 Kids and Counting**

+1 hour 232/233 325

## U&Drama

143 116 20 158

- 7.10 AM **London's Burning**
- 8.00 **Doctors**
- 9.15 **Classic Holby City**
- 10.35 **Classic Casualty**
- 11.40 **The Bill**
- 12.40 PM **Classic EastEnders**
- 2.00 **London's Burning**
- 3.00 **Soldier, Soldier**
- 4.10 **Howards' Way**
- 5.30 **The Upper Hand**
- 6.05 **'Allo 'Allo!**
- 6.40 **Last of the Summer Wine** Double bill.
- 8.00 **NEW SERIES** **The Brokenwood Mysteries** *Brokenwood-o-saurus*: 1/6. Return of the crime drama. Dinosaur fossils are discovered in the foothills of the town, and a palaeontologist is found dead. (S10) ■ Entire series on U
- 10.00 **New Tricks**
- 11.20 **Murder in Mind**
- 12.35 **AM Strike: The Silkworm**
- 3.00 to 4.00 AM **Classic Holby City**

+1 hour 243 316 60



# MONDAY Entertainment

Monday

## Really

142 128 17 145

- 6.00 AM Fantasy Homes by the Sea From Sardinia.
- 7.00 Teleshopping
- 8.00 Salvage Hunters
- 10.00 A Place in the Sun
- 12.00 NOON Money for Nothing Double bill.
- 2.00 PM The Repair Shop
- 3.00 Antiques Road Trip
- 5.00 The Yorkshire Auction House Double bill.
- 7.00 Celebrity Antiques Road Trip Double bill.
- 9.00 The Yorkshire Auction House **New editions** Two sisters want to find new homes for their late father's collection of circus memorabilia.
- 10.00 Angus Ashworth and the team clear out a aviation collection.
- 11.00 Help! My House Is Haunted Double bill.
- 1.00 AM Unexplained: Caught on Camera
- 2.00 Teleshopping
- 4.00 to 6.00 AM Salvage Hunters

## Challenge

145 139 48 142

- 7.00 AM The Chase
- 10.00 Weakest Link
- 11.00 Pointless Celebrities
- 12.00 NOON The Chase
- 1.00 PM Family Fortunes
- 3.00 Catchphrase Double bill of the game show.
- 4.00 Blockbusters Double bill of the quiz show.
- 5.00 Bullseye Four editions of the darts-based quiz.
- 7.00 Cash Trapped Quiz hosted by Bradley Walsh.
- 8.00 The Chase Double bill of the quiz show hosted by Bradley Walsh.
- 10.00 Who Wants to Be a Millionaire? **Celebrity Special** Celebrities try to win a cash prize for a charity of their choice.
- 11.00 Bullseye Double bill.
- 12.00 MT Classic Who Wants to Be a Millionaire?
- 1.00 AM Cash Trapped
- 2.00 The Chase Double bill.
- 4.00 Classic Who Wants to Be a Millionaire? Quiz.
- 5.00 to 6.00 AM Bullseye

## GREAT! action

323 426 42

- 8.00 AM Police Ten 7
- 9.00 **FILM** The Stranger Wore a Gun Western. (1953, U, 83min) ★★
- 10.50 Battle Honours
- 12.00 NOON Wanted: Dead or Alive Double bill.
- 1.00 PM **FILM** Silverado Western. (1985, PG, 132min) ★★
- 3.50 **FILM** Hanover Street Wartime drama. (1979, PG, 108min) ★★
- 6.10 Wanted: Dead or Alive
- 7.10 **FILM** Jetstream Action disaster movie. (2012, 12, 88min) ★★
- 9.00 **FILM** Sniper: Legacy Action thriller sequel. (2014, 15, 94min) ★★
- 11.10 **FILM** Escape Plan 3 Action thriller sequel. (2019, 15, 97min) ★
- 1.10 AM **FILM** Asteroid-aggession Adventure. (2012, PG, 90min) ★★
- 3.05 Cops Uncut Double bill.
- 4.05 to 5.00 AM The Panzer

+1 hour 324

## GREAT! movies

321 425 34

- 9.00 AM **FILM** My Baby Gone Thriller. (2017, PG) ★★
- 11.00 **FILM** Nanny Surveillance Thriller. (2018, 12, 90min) ★★
- 12.55 PM **FILM** A Night to Regret (2018, 12) ★★
- 3.00 **FILM** Storm Cell Sci-fi disaster movie. (2008, 12, 90min) ★
- 5.00 **FILM** End of the World Disaster movie. (2018, PG, 88min) ★★
- 7.05 **FILM** Lost Letter Mysteries: Time to Start Livin' Thriller. (2014, PG, 85min) ★★
- 9.00 **FILM** Righteous Kill Thriller with Al Pacino. (2008, 15, 97min) ★★
- 11.10 **FILM** Exposed Thriller. (2011, PG, 90min) ★★
- 1.05 AM **FILM** Kill Command Sci-fi thriller. (2016, 15, 100min) ★★
- 3.20 Wild West Chronicles
- 4.00 to 6.00 AM **FILM** The Rachels (2017, PG) ★★

+1 hour 322

## GREAT! christmas

319 424 52

- 8.00 AM **FILM** Correcting Christmas (2014) ★★
- 10.00 **FILM** The Town That Banned Christmas Comedy. (2006, PG) ★★
- 11.50 **FILM** I'll Be Next Door For Christmas Comedy. (2018, PG, 100min) ★★
- 2.00 PM **FILM** Christmas by Chance Festive comedy. (2020, PG, 87min) ★★
- 4.00 **FILM** Falling in Love at Christmas Drama. (2021, PG, 84min) ★★
- 6.00 **FILM** Christmas in the Air Drama. (2017, U) ★★
- 8.00 **FILM** Reunited at Christmas Drama. (2018, PG, 84min) ★★
- 10.00 **FILM** Oh Christmas Tree! Comedy. (2013, U) ★★
- 12.00 MT **FILM** Dancing Through Christmas Drama. (2021, PG) ★★
- 2.00 AM Highway to Heaven
- 3.00 to 5.00 AM **FILM** A Perfect Christmas Comedy. (2016, U) ★★

+1 hour 320 63

## Rewind TV

182 95

- 7.00 AM Highlights
- 10.00 That's My Dog
- 10.30 Surgical Spirit (S4)
- 11.00 Watching 3/9. (S4)
- 11.30 The Cuckoo Waltz (S4)
- 12.00 NOON Sherlock Holmes
- 12.30 PM Dick Turpin (S3)
- 1.00 Clive James in Dallas
- 2.00 **FILM** The Lady Vanishes Thriller. (1979, PG) ★★
- 4.00 Whicker's World
- 4.30 Worzel Gummidge
- 5.00 That's My Dog
- 5.30 Huckleberry Finn (S1)
- 6.00 A Fine Romance (S4)
- 6.30 Britannia
- 7.15 Beiderbecke Connection
- 8.15 Jason King 7/26. (S1)
- 9.15 The Prisoner 15/17. (S1)
- 10.15 Drop the Dead Donkey
- 10.45 Whose Line Is It Anyway? Comedy series.
- 11.15 Surgical Spirit (S4)
- 11.45 Watching 3/9. (S4)
- 12.15 AM The Cuckoo Waltz
- 12.45 Sherlock Holmes
- 1.15 Dick Turpin (S3)
- 1.45 to 5.30 AM Highlights

## DMAX

159 169 39 147

- 6.00 AM Alaska: Last Frontier
- 7.00 Building Off the Grid
- 8.00 Outback Opal Hunters
- 9.00 Deadliest Catch
- 11.00 Building Off the Grid
- 12.00 NOON Alaska: Homestead Rescue
- 1.00 PM **LIVE** Snooker: Northern Ireland Open Coverage of day two.
- 3.00 Wheeler Dealers
- 4.00 Extreme RVs
- 5.00 Kindig Customs
- 6.00 Deadliest Catch
- 7.00 Alaska: Last Frontier
- 8.00 Alaska: Homestead...
- 9.00 American Revolution
- 10.00 Planes That Changed the World Documentary.
- 11.00 Aussie Gold Hunters
- 12.00 MT Naked and Afraid
- 1.00 AM Alaskan Bush People Documentary.
- 2.00 Teleshopping
- 4.00 Building Alaska
- 5.00 to 6.00 AM Maine Cabin Masters

+1 hour 259 369 153

## Food Network

140/141 190 43 148

- 6.00 AM Barefoot Contessa
- 7.00 The Pioneer Woman
- 8.00 30 Minute Meals
- 9.00 James Martin Digs Deep
- 10.00 James Martin's French Adventure
- 11.00 Bobby and Sophie on...
- 12.00 NOON **NEW SERIES** Halloween Baking Championship
- 2.00 PM James Martin Digs...
- 3.00 Good Mood Food
- 4.00 The Pioneer Woman
- 5.00 Girl Meets Farm
- 6.00 Bobby and Sophie on the Coast Los Angeles.
- 7.00 Great British Bake Off
- 8.00 Good Mood Food
- 9.00 Roux Back Down the River **New edition**
- 10.00 Selena + Restaurant **New editions** Double bill.
- 11.00 Diners, Drive-Ins and Dives Double bill.
- 12.00 MT Grocery Games
- 1.00 to 3.00 AM Halloween Baking Championship

+1 hour 240/241 154

## Legend

148 149 41 137

- 8.00 AM Walker, Texas Ranger 17/25. (S7)
- 9.00 The A-Team 5/25. (S3)
- 10.00 MacGyver 22/22. (S2)
- 11.00 **FILM** Ape vs Monster Sci-fi fantasy adventure. (2021, 12, 88min) ★★
- 1.00 PM **FILM** Taggart Western drama. (1965, b/w, PG, 85min) ★★
- 2.40 **FILM** Murder by Decree Mystery. (1978, 12, 112min) ★★
- 5.00 Star Trek 19/30. (S1)
- 6.00 MacGyver 1/20. (S3)
- 7.00 The A-Team 6/25. (S3)
- 8.00 Walker, Texas Ranger
- 9.00 **FILM** Maximum Conviction Action thriller starring Steven Seagal. (2012, 15, 93min) ★★
- 11.00 **FILM** Acts of Violence Drama with Bruce Willis. (2018, 15, 86min) ★★
- 12.50 AM **FILM** Mojave Thriller. (2015, 15, 91min) ★★
- 2.40 to 4.45 AM **FILM** Fear is the Key Action thriller. (1972, 15, 108min) ★

## Legend Xtra

317 171 69 138

- 6.00 AM **FILM** Independents' Day As 5.00pm.
- 8.00 **FILM** A Study in Terror Thriller with John Neville. (1965, 15, 91 min) ★★
- 10.00 Andromeda 4/22. (S3)
- 11.00 Killer Wave (S1)
- 1.00 PM **FILM** Battle Star Wars Sci-fi drama starring Alyson Gorske. (2020, 12, 86min) ★
- 3.00 Andromeda 4/22. (S3)
- 4.00 Knight Rider 13/24. (S2)
- 5.00 **FILM** Independents' Day Sci-fi adventure. (2016, 15, 91 min) ★★
- 7.00 Andromeda 5/22. (S3)
- 8.00 Knight Rider 14/24. (S2)
- 9.00 **FILM** Fortress Thriller starring Bruce Willis and Jesse Metcalfe. (2021, 15, 99min) ★★
- 11.00 **FILM** Man Down Drama starring Shia LaBeouf and Jai Courtney. (2015, 15, 90min) ★★
- 1.00 to 3.00 AM **FILM** Fortress As 9.00pm.

+1 hour 318 371 139

## Blaze

164 174 64 161

- 6.00 AM Dickinson's Real...
- 6.40 Pawn Stars
- 7.30 Auction Hunters
- 7.55 Storage Wars
- 8.55 Hardcore Pawn
- 10.15 UFOs: Lost Evidence
- 11.10 Weird Britain
- 12.10 PM Mysteries from Above Ancient Kush.
- 1.05 What on Earth?
- 2.05 Pawn Stars
- 3.05 Storage Wars Canada
- 4.00 Ancient Aliens
- 6.00 UFOs: Lost Evidence
- 7.00 Pawn Stars
- 8.00 Dickinson's Real Deal
- 9.00 The Curse of Oak Island
- 10.00 World's Greatest Treasure Mysteries
- 11.00 Great Escapes with Morgan Freeman
- 12.00 MT Secrets in the Ice
- 1.00 AM UFOs: Lost Evidence
- 2.00 Weird Britain
- 3.00 Hardcore Pawn
- 3.25 Flipping Bangers
- 4.10 to 6.00 AM Ancient Aliens

## SSELECT

153 138 46 133

- 9.00 AM The Yorkshire Vet
- 3.00 PM Murder, She Wrote
- 4.00 Colombo
- 5.30 Eggheads Quiz show.
- 6.00 Ben Fogle: New Lives in the Wild Ben Fogle visits the mountains of central Portugal.
- 7.00 Ben ventures to the Irish wilderness.
- 8.00 Tony Robinson's History of Britain Life in the Victorian era.
- 9.00 The Big Steam Adventure: Here We Go Again! John Sergeant, Peter Davison and Paul Piglet Middleton explore the Lake District.
- 10.00 Digging Up Britain's Past: Henry VIII's Lost Palace Documentary.
- 11.00 Prisoner: Cell Block H
- 1.00 AM Forged in Fire Tournament of Champions
- 1.55 Forged in Fire
- 3.35 to 4.00 AM Walking Wartime Britain

## HGTV

158 191 44 149

- 7.00 AM Building Alaska
- 8.00 Escape to the Country
- 9.00 A Place in the Sun
- 10.00 Escape to the Country
- 11.00 A Place in the Sun
- 12.00 NOON My Lottery Dream Home
- 2.00 PM A Place in the Sun
- 3.00 Escape to the Country
- 5.00 A Place in the Sun
- 8.00 Escape to the Country
- 9.00 Derelict Rescue **New edition** A couple plan to transform a 19th-century church into a luxury holiday let.
- 10.00 Bargain Block **New edition** Keith Bynum and Evan Thomas buy a home littered with debris and branches.
- 11.00 Home Town
- 12.00 MT Bargain Mansions
- 1.00 AM Building Alaska
- 2.00 Flip or Flop
- 3.00 to 4.00 AM My Lottery Dream Home

+1 hour 258/262 391

## TLC

133/134 828 165

- 7.00 AM Extreme Couponing
- 8.00 Flip or Flop
- 9.00 Say Yes to the Dress: UK Double bill.
- 10.00 Dr Pimple Popper
- 11.00 1000-lb Sisters
- 12.00 NOON Unexpected: Teenage & Pregnant
- 1.00 PM I Love a Mama's Boy
- 2.00 Return to Amish
- 3.00 My Lottery Dream Home
- 4.00 Outdaughters: Busby Quints
- 5.00 1000-lb Sisters
- 6.00 Body Parts
- 7.00 1000-lb Sisters
- 9.00 Welcome to Plathville **New edition**
- 10.00 Little People, Big World
- 11.00 Sex Sent Me to the ER
- 12.00 MT Body Bizarre
- 1.00 AM Extreme Couponing
- 2.00 Little People, Big World
- 3.00 Sex Sent Me to the ER
- 4.00 1000-lb Sisters
- 5.00 to 6.00 AM Extreme Cheapskates

+1 hour 233/234 365

## Comedy Central

112/113 812 132 345 360

- 8.00 AM Most Ridiculous
- 9.00 Impractical Jokers
- 10.55 New Girl (S3&4)
- 12.45 PM Friends (S8&9)
- 8.00 **NEW SERIES** Whose Line Is It Anyway? USA Featuring special guest Jonathan Mangum.
- 8.30 **New edition** With guests Padma Lakshmi and Heather Anne Campbell.
- 9.00 Out of Order: Best Bits **Series finale** Highlights of the game show hosted by Rosie Jones.
- 10.00 Impractical Jokers
- 10.30 Teachers 5&6/20. (S2)
- 11.30 South Park (S2)
- 12.30 AM The Culture Capsule **New edition**
- 12.40 Most Ridiculous
- 1.40 Reginald D Hunter Live
- 3.05 The Ricky Gervais Show 13/13. (S3)
- 3.30 Out of Order
- 4.15 to 5.00 AM Friends

+1 hour 212/213 332

## Comedy Cen. Extra

127/128 154

- 6.00 AM Home Improvement
- 7.00 Teleshopping
- 9.00 Friends (S9,1&8)
- 1.00 PM Most Ridiculous
- 2.00 Criminally Funny
- 3.30 Impractical Jokers
- 4.00 Daria 4&5/13. (S4)
- 5.00 Becker (S5&6)
- 6.00 Home Improvement
- 7.00 Last Man Standing
- 8.00 New Girl 3/22. Jess tries to ruin her father's new relationship.
- 8.30 5/22. Jess introduces a 'no romance' rule. (S4)
- 9.00 Friends 23/24. Rachel goes into labour.
- 9.30 24/24. Rachel finally gives birth. (S8)
- 10.00 Friends
- 2.10 AM South Park (S4)
- 3.10 Beavis and Butt-Head
- 3.40 Key & Peele
- 4.25 Modern Horror Stories
- 4.30 Grouchy Young Men
- 5.15 to 6.00 AM Criminally Funny

## Sky Replay

152 156

- 7.00 AM Sixth Sense with Colin Fry Double bill.
- 8.00 Four Weddings
- 10.00 Merlin 9/13. (S1)
- 11.00 Motorway Patrol
- 12.00 NOON Caught on Dashcam Road disasters.
- 1.00 PM Border Security: America's Front Line
- 2.00 Most Haunted
- 4.00 Departure 6/6. (S2)
- 5.00 Brit Cops: Rapid Response Documentary.
- 6.00 The Real A&E
- 7.00 Merlin 9/13. (S1)
- 8.00 Border Security: America's Front Line
- 9.00 Day of the Dead *Chum*: 2/10. (S1)
- 10.00 Motorway Patrol
- 11.00 Magnum P.I. 3/20. (S4)
- 12.00 MT Merlin 9/13. (S1)
- 1.00 AM The Cleaning Lady
- 2.00 A League of Their Own
- 3.00 Duck Quacks Don't Echo With Rhod Gilbert.
- 4.00 Four Weddings
- 5.00 to 6.00 AM Sixth Sense with Colin Fry

## MTV

126/127 824 134

- 6.00 AM Daria 4/13. (S3)
- 6.20 Teen Mom 2
- 7.10 Dallas Cowboys Cheerleaders
- 11.00 Catfish: The TV Show
- 1.00 PM Catfish: The TV Show Six editions.
- 7.00 Dallas Cowboys Cheerleaders
- 8.00 Teen Mom UK Sassi prepares for a new arrival.
- 9.00 Just Tattoo of Us Friends Saffron and Sheniya send each other a message.
- 10.00 **NEW SERIES** Criss Angel: BeLIEve The magician reveals the creative process behind his illusions and stunts.
- 11.00 Ink Master
- 12.00 MT Ridiculousness **New edition** Rob, Steelo and Carly witness footwear sabotage.
- 12.30 AM Ridiculousness
- 1.00 Ink Master Double bill.
- 2.45 Georgie Shore
- 3.35 to 4.00 AM Teen Crips

★★★★★ Excellent ★★★★★ Very Good ★★★★★ Good ★★★★★ Average ★★★★★ Poor



## Discovery

125/126 823 177 320 325

- 6.00 AM Wheeler Dealers World Tour A Ford XR8.
- 7.00 How It's Made: Dream Cars
- 8.00 Lone Star Law
- 9.00 Baggage Battles
- 10.00 How Do They Do It?
- 11.00 Wheeler Dealers
- 1.00 PM Homestead Rescue: Raney Ranch Double bill.
- 3.00 Gold Rush: Parker's Trail
- 4.00 The Last Alaskans
- 5.00 Gold Divers Documentary.
- 6.00 How Do They Do It? Turning root vegetables into sugar. 6.30 Fashionable lace.



9.00 Kindig Customs

- 7.00 Gold Rush To get Australia Creek's gold, Parker cannibalises multiple machines to build a 'Frankendozer'.
- 8.00 Wheeler Dealers To celebrate the series' 20th anniversary, Mike and Elvis set out to restore a Ford Fiesta Mark 1.
- 9.00 Kindig Customs **New edition** Stories of what really happens behind the scenes.
- 10.00 Goblin Works Garage The Goblin team try to salvage a blown-up 1965 Ford Mustang.
- 11.00 Roadworthy Rescues Derek travels to the last standing AMC dealership in Pikeville, North Carolina.
- 12.00 M/T Expedition Unknown
- 1.00 AM Kindig Customs
- 2.00 Goblin Works Garage
- 3.00 to 5.00 AM Alaska: Homestead Rescue

+1 hour 225/226 377

## Animal Planet

162/175 178

- 8.00 AM Insane Pools: Off the Deep End A palatial pool.
- 9.00 Amanda to the Rescue
- 10.00 Saved by the Barn
- 11.00 Dr Jeff: Rocky Mountain Vet
- 12.00 NOON Insane Pools: Off the Deep End
- 1.00 PM Amanda to the Rescue
- 2.00 Insane Pools: Off the Deep End A giant double-pool.
- 3.00 Legends of the Wild
- 4.00 Dr Jeff: Rocky Mountain Vet
- 6.00 Insane Pools: Off the Deep End A backyard is transformed into a luxurious space.



10.00 Alaska: The Last Frontier

- 7.00 Crikey! It's the Irwins After weeks of closure due to the pandemic, the Irwins prepare for the reopening of the zoo.
- 8.00 Expedition Bigfoot Mireya's nightmare comes true, and Russell investigates a Bigfoot underwater passageway.
- 9.00 Expedition Bigfoot The team believe they have finally found where Bigfoot has been hiding during their expedition.
- 10.00 Alaska: The Last Frontier Eivin takes Levi on a hunt, while Otto and the crew work to repair the *Constructor*.
- 11.00 Crikey! It's the Irwins Chandler must handle a koala crisis. 12.00 M/T Bindi welcomes the arrival of tiny poison dart frogs to their new home.
- 1.00 AM Alaska: The Last Frontier
- 2.00 Dr Jeff: Rocky Mountain Vet
- 4.00 to 5.00 AM Insane Pools: Off the Deep End

+1 hour 262/275 378

## Nat Geographic

129/130 825 183

- 8.00 AM Food Factory USA
- 9.00 Air Crash Investigation: Special Report
- 10.00 Nazi Megastructures
- 11.00 Lost Treasures of Egypt
- 12.00 NOON Car S.O.S
- 1.00 PM Inside Sydney Airport
- 2.00 Air Crash Investigation
- 3.00 Draining Chicago: What Lies Beneath
- 4.00 Hitler's Last Stand
- 5.00 Car S.O.S Fuzz and Tim restore a Series 1 Land Rover.
- 6.00 World War II: Secrets from Above The Battle of Britain.



9.00 Defending Europe

- 7.00 Air Crash Investigation Experts investigate one of Spain's worst ever aviation disasters.
- 8.00 Plane Crash Recreated A reconstruction of Pakistan International Airlines Flight 8303, which crashed in 2020.
- 9.00 Defending Europe **Series finale** Claudio Lozano reveals how Cádiz resisted attacks from Queen Elizabeth I.
- 10.00 Ice Road Rescue When wild weather and traffic convoys cause carnage, Thord races against time to rescue stranded drivers.
- 11.00 Air Crash Investigation
- 1.00 AM Ultimate Airport Dubai Gemma has one hour to unload 20 tonnes of flowers.
- 2.00 Lords of War
- 2.30 Bid & Destroy
- 3.20 Food Factory
- 4.10 to 5.00 AM When Sharks Attack

+1 hour 229/230 383

## Sky History

123/124 821 131 353 368

- 6.00 AM American Pickers
- 7.00 Britain's Most Historic Towns
- 8.00 The UnXplained with William Shatner Double bill.
- 10.00 Mountain Men Double bill.
- 12.00 NOON Legends of the Pharaohs Double bill.
- 2.00 PM Storage Wars
- 4.00 Pawn Stars Four editions of the series, including at: 5.30 Examining a medal with links to Captain Cook.
- 6.00 American Pickers Mike and Jersey Jon dive into a century-old Connecticut print shop.



9.00 Clash of Ancient Warriors

- 7.00 Forged in Fire Finalists must create a blade that requires both precision and detail – the French smallsword.
- 8.00 American Pickers **New edition** Mike and Frank encounter a huge collection inherited by a woman in Ohio.
- 9.00 Clash of Ancient Warriors **New edition** A look at the Battle of the Catalaunian Plains.
- 10.00 Ancient Superstructures **New edition** The Sphinx in Egypt, which still arouses the curiosity of the whole world.
- 11.00 Lost Cities of the Trojans The notorious tale of the Trojans.
- 12.00 M/T Storage Wars
- 2.00 AM Hitler's British Island The story of how the Channel Island of Alderney became a pre-occupation of Adolf Hitler.
- 3.00 American Pickers
- 4.00 to 6.00 AM Pawn Stars

+1 hour 223/224 331

## U&Yesterday

155 846 129 27 159

- 6.10 AM Scouting for Toys
- 8.00 Abandoned Engineering
- 10.00 Narrow Escapes of World War II Documentary.
- 11.00 World War Weird
- 12.00 NOON Great Canal Journeys
- 1.00 PM Antiques Roadshow
- 2.00 Bangers & Cash Double bill.
- 4.00 Narrow Escapes of World War II Featuring tales about the elite Chindits division.
- 5.00 World War Weird
- 6.00 Antiques Roadshow The team head to Chenies Manor in Buckinghamshire.



6.00 Antiques Roadshow

- 7.00 Guy Martin's Great Escape The racer wants to recreate the climax of *The Great Escape*, in which Steve McQueen's character attempts to jump two border fences into Switzerland.
- 9.00 Train Truckers The team are against the clock as they attempt to move a 100-ton diesel engine to a gala extravaganza.
- 10.00 Bangers & Cash Jack heads to West Yorkshire to extract a 1987 Peugeot 205 GTI from a garage down a narrow lane.
- 11.00 Abandoned Engineering A juggernaut of Soviet engineering which was crucial to the international space race.
- 12.00 M/T Great Continental Railway Journeys Michael Portillo travels through Poland, visiting Warsaw and Poznan.
- 1.00 to 3.00 AM Scouting for Toys

+1 hour 255 329 74

7 PM

8 PM

9 PM

10 PM

## Quest

144 834 137 12 150 144

- 6.00 AM Chasing Classic Cars
- 8.00 American Pickers
- 9.00 Aussie Gold Hunters
- 11.00 The Repair Shop
- 12.00 NOON Chasing Classic Cars Four editions.
- 2.00 PM Shed and Buried
- 3.00 Find It, Fix It, Flog It
- 5.00 Wheeler Dealers
- 7.00 Salvage Hunters: Classic Cars Drew Pritchard uncovers a two-door Range Rover.
- 8.00 Aussie Gold Hunters A cyclone causes damage to Shane and Russell's wash plant.
- 10.00 Gem Hunters Down Under Matt and Amber hunt down sapphires.
- 11.00 British Superbikes
- 12.30 AM Wheeler Dealers: Stripped Down
- 1.00 Wheeler Dealers
- 3.00 How Do They Do It?
- 4.00 to 5.00 AM How It's Made

+1 hr 244 337 70 151

## Quest Red

149 168 40 146

- 6.00 AM Say Yes... UK
- 7.00 Say Yes... Lancashire
- 8.00 Say Yes to the Dress
- 10.00 Say Yes... Atlanta
- 11.00 Say Yes... UK
- 12.00 NOON Forensic Detectives True-crime.
- 1.00 PM Evil Lives Here: Shadows of Death
- 2.00 Murder on CCTV
- 3.00 Faking It: Tears of a Crime Focusing on the case of Laci Peterson.
- 4.00 American Monster
- 6.00 Murder in the Heartland
- 7.00 Faking It: Tears of a Crime The murder of 10-year-olds Holly Wells and Jessica Chapman.
- 8.00 Murder on CCTV
- 10.00 American Detective with Lt Joe Kenda
- 12.00 M/T Nightmare Next Door Double bill.
- 2.00 AM Murder Comes to Town Sharron Erickson.
- 3.00 to 4.00 AM FBI Files

+1 hour 249 152

## True Crime

146 148 67 135

- 9.00 AM Judge Judy
- 1.00 PM Judge Judy
- 7.00 Fraud Squad Investigators track down a hospital worker who has stolen expensive surgical equipment.
- 8.00 Murder She Solved A homicide sergeant captures a killer.
- 9.00 Snapped: Killer Couples Police search for two lovers in the wake of a killing spree.
- 10.00 Prosecuting Evil with Kelly Siegler **New edition** A teenager finds herself caught in a dangerous love triangle.
- 11.00 48 Hours How Schanda Handley was taken from her home at gunpoint.
- 12.00 M/T Crimes That Shook Australia Documentary.
- 1.00 AM Snapped: Killer Couples
- 2.00 Medical Detectives
- 4.00 to 6.00 AM Judge Judy

+1 hour 246 348 136

## True Crime Xtra

147 172 68 134

- 9.00 AM 48 Hours
- 11.00 Medical Detectives
- 2.00 PM 48 Hours
- 4.00 Medical Detectives The sudden death of a rich woman. 4.30 The murder of a TV producer. 5.00 Detectives discover a trail of blood at the scene of an elderly woman's murder. 5.30 A woman is thought to have accidentally shot herself in the head. 6.00 How authorities traced a gun without a serial number. 6.30 A woman dies after appearing to suffer side-effects from prescribed drugs.
- 7.00 Judge Judy Back-to-back real-life small-claims cases.
- 12.05 AM Judge Judy
- 4.45 to 6.00 AM Medical Detectives

+1 hour 222/223 321

## Sky Crime

122/123 820 121 349 364

- 6.00 AM Highway Patrol
- 7.00 Road Wars
- 8.00 Stop, Search, Seize
- 9.00 Caught on Dashcam
- 10.00 Motorway Patrol
- 11.00 The Killer Within
- 12.00 NOON How I Caught... 1.00 PM Killer in My Village
- 2.00 Murdered at First Sight
- 3.00 Most Evil Killers
- 5.00 How I Caught the Killer
- 6.00 Murders That Shocked the Nation
- 7.00 World's Most Evil Killers
- 8.00 Britain's Most Evil Killers Colin Pitchfork.
- 9.00 Forensics: Catching the Killer **New edition**
- 11.00 Killer in My Village
- 12.00 M/T How I Caught the... 1.00 AM Britain's Most Evil Killers Gavin McGuire. 2.00 **New edition**
- 3.00 Murder Uncut
- 4.00 Send in the Dogs
- 5.00 to 6.00 AM Motorway Patrol

+1 hour 222/223 321

## PBS America

173 187 84 155

- 8.00 AM Grand Tours of Scotland Exploring Ilay.
- 8.40 The 100 Days That...
- 9.40 Lost World of Angkor...
- 10.50 Amerigo Vespucci...
- 11.55 The Hidden Side of... 1.00 PM Mafia's Greatest Hits
- 2.05 The 100 Days That...
- 3.10 Lost World of Angkor...
- 4.15 Amerigo Vespucci...
- 5.25 The Hidden Side of... 6.35 The 100 Days That Defined Modern History
- 7.35 **NEW SERIES** Lost World of Angkor Wat 1/2. Documentary uncovering the secrets of the Khmer empire.
- 8.40 Amerigo Vespucci – Forgotten Namesake of America The truth behind Italian explorer Amerigo Vespucci.
- 9.50 The Hidden Side of World War II D-Day.
- 10.55 Lost World of Angkor...
- 12.00 M/T Amerigo Vespucci... 1.10 to 2.00 AM Grand Tours of Scotland



## Sky Documentaries

121/122 819 188 352 367

- 6.00 AM **The 2000s**
- 7.00 **Discovering: Sean Connery**
- 8.00 **The Directors**
- 8.55 **The Vietnam War**
- 10.00 **Stax: Soulsville USA**
- 11.05 **The Russell Murders: Who Killed Lin and Megan?**
- 12.00 **NOON Laurel and Hardy: Their Lives and Magic**
- 2.00 **PM Quant**
- 3.50 **My Icon: Pam Cookey**
- 4.00 **The Directors**
- 5.00 **Discovering: Sean Connery**
- 5.55 **The Vietnam War**
- 7.00 **Stax: Soulsville USA 1/4.** Documentary about the soul music record label.
- 8.05 **The Russell Murders: Who Killed Lin and Megan? 1/3.** The 1996 murders of Lin Russell and her daughter Megan.
- 9.00 **The Zen Diaries of Garry Shandling 1 & 2/2.** An intimate portrait of the iconic comedian.
- 1.50 **AM Val Documentary.**
- 3.50 **Unbreakable: The Steve Zakuani Story Documentary.**
- 5.00 **to 6.00 AM Discovering: Sean Connery**

## Crime+Investigation

156 837 133

- 6.00 AM **On the Case with Paula...**
- 7.00 **Homicide Hunter**
- 8.00 **The First 48**
- 9.00 **Killer Britain**
- 10.00 **Imperfect Murder**
- 11.00 **Somebody's Hiding Something**
- 12.00 **NOON Gypsy Rose: Life After Lock Up**
- 1.00 **PM Murdered By Morning**
- 2.00 **Imperfect Murder**
- 3.00 **City Confidential**
- 4.00 **Killer Britain**
- 5.00 **Homicide: Hours to Kill**
- 6.00 **On the Case with Paula Zahn**
- 7.00 **The First 48**
- 8.00 **Imperfect Murder New edition**
- 9.00 **Crimes That Shook Britain New edition** Lee Pomeroy.
- 10.00 **Murdertown**
- 11.00 **Homicide Hunter**
- 12.00 **M'T Britain's Darkest Taboos**
- 1.00 **AM Crimes That Shook Britain**
- 2.00 **Murdertown**
- 3.00 **Imperfect Murder**
- 4.00 **City Confidential**
- 5.00 **to 6.00 AM Somebody's Hiding Something**

+1 hour 256 333

## U&Eden

166 176 57 160

- 9.00 AM **Inside the Ambulance**
- 1.00 **PM Inside the Ambulance**
- 7.00 **Inside the Ambulance V** and Ollie are called to woman who has suffered a seizure but refuses to go to hospital. Rachel and Mick are asked to assist the police with a prisoner.
- 8.00 **Sam and Carla** help a man who's fallen badly at home and has a suspected spinal injury. Ash and Craig help a 12-year-old boy who has been bitten at his local fun fair.
- 9.00 **Paramedics** treat a man whose flat has filled up with toxic smoke and a young girl with an erratic heart rate.
- 10.00 **A hospital patient** is found wandering the streets.
- 11.00 **A woman** suffers a serious nose bleed.
- 12.00 **M'T Anthony Bourdain: Parts Unknown** Double bill.
- 2.00 **AM Inside the Ambulance**
- 5.20 **to 6.00 AM David Attenborough's Natural Curiosities**

+1 hour 266 376

## Sky Nature

124/125 822 189 354 369

- 6.00 AM **Great Blue Wild**
- 7.00 **Monkey Life**
- 8.00 **Hope for Wildlife**
- 9.00 **Land of Primates**
- 10.00 **Great Parks of Africa**
- 11.00 **Africa's Hunters**
- 12.00 **NOON Islands**
- 1.00 **PM Monkey Life**
- 2.00 **Hope for Wildlife**
- 3.00 **Land of Primates**
- 4.00 **Great Parks of Africa**
- 5.00 **Uptown Otters**
- 6.00 **Islands As 10.00pm.**
- 7.00 **Monkey Life** Double bill.
- 8.00 **Planet Shark**
- 9.00 **The Hungry Games: Alaska Big Bear Challenge**
- 10.00 **Islands** A look at highland leopards stalking Sambar deer.
- 11.00 **Uptown Otters**
- 12.00 **M'T Great Barrier Reef with David Attenborough**
- 1.00 **AM Gladiators**
- 2.00 **Planet Shark**
- 3.00 **The Hungry Games: Alaska Big Bear Challenge**
- 4.00 **Hope for Wildlife**
- 5.00 **to 6.00 AM Land of Primates**

## WILD

165 841 182

- 8.00 AM **Yukon Vet**
- 9.00 **Fish Tank Kings**
- 10.00 **Paradise Islands**
- 11.00 **Animals Gone Wild**
- 12.00 **NOON The Incredible Dr Pol**
- 1.00 **PM Yukon Vet**
- 2.00 **Rogue Shark**
- 3.00 **Shark Vs Whale**
- 4.00 **Secrets of the Zoo: Tampa**
- 5.00 **Monster Fish**
- 6.00 **Snakes in the City**
- 7.00 **Yukon Vet** Dr Oakley meets a dog with a badly infected paw.
- 8.00 **Alaska's Grizzly Gauntlet** Lers Stroud visits a town on an island that is home to polar bears, and discovers how climate change has forced the animals and their human neighbours to adapt.
- 9.00 **Deadly Dozen** North America's deadliest creatures.
- 10.00 **The most dangerous creatures** in Australia.
- 11.00 **Alaska: The Next Generation**
- 12.00 **M'T When Sharks Attack**
- 2.00 **AM Yukon Vet**
- 3.00 **Secrets of the Zoo: Tampa**
- 4.00 **to 5.00 AM Yukon Vet**

## ID

154 166

- 6.00 AM **Homicide City**
- 7.00 **Teleshopping**
- 8.00 **Homicide City**
- 9.00 **Evil Stepmothers**
- 11.00 **Relatively Evil**
- 1.00 **PM Forensic Detectives**
- 3.00 **Breaking Homicide**
- 5.00 **The Lies That Bind**
- 7.00 **Disappeared** The case of transgender teen Sage Smith.
- 8.00 **The case of 23-year-old Amy Bradley**, who vanished in March 1998 while on a cruise.
- 9.00 **Murder in the Wicked West** When Rex Tanner and June Flood go missing in suspicious circumstances, local investigators uncover an explosive story of paranoia and greed in the deserts of Utah.
- 10.00 **People Magazine Investigates: Surviving a Serial Killer**
- 11.00 **Bobbi Kristina Brown: Her Friends Speak**
- 1.00 **AM Southern Fried Homicide**
- 2.00 **The Lies That Bind**
- 4.00 **to 6.00 AM Disappeared**

+1 hour 254 366

## Sky History 2

163/168 840 186

- 6.00 AM **Ancient Aliens**
- 8.00 **Cracking the Code**
- 9.00 **Secrets of the Viking Stone**
- 10.00 **History of Weapons**
- 11.00 **Ancient Aliens**
- 1.00 **PM Instruments of Death**
- 2.00 **Al Murray: Why Do the Brits Win Every War?**
- 3.00 **Close Encounters**
- 4.00 **Lost Gold of the Aztecs**
- 5.00 **Secrets of the Viking Stone**
- 6.00 **Blown Away**
- 7.00 **Digging for Britain**
- 8.00 **WWII's Most Daring Raids** The efforts of Norwegian resistance fighters.
- 9.00 **Scary Tales of New York** Serial killer couple Raymond Fernandez and Martha Beck.
- 10.10 **Legends of the Deep**
- 11.10 **Kings of Pain**
- 12.05 **AM Ancient Aliens**
- 2.00 **Digging for Britain**
- 3.00 **Shipwrecks: When History Resurfaces**
- 4.00 **Al Murray: Why Does Everyone Hate the English?**
- 5.00 **to 6.00 AM Al Murray: Why Do the Brits Win Every War?**

## Discovery History

174 181

- 6.00 AM **NASA's Unexplained Files**
- 7.00 **Wings of War**
- 8.00 **Tony Robinson's World War One**
- 9.00 **Secrets of the Arsenal**
- 10.00 **Salvage Hunters**
- 11.00 **Salvage Hunters: Restorers**
- 12.00 **NOON Combat Dealers**
- 1.00 **PM Blowing Up History**
- 2.00 **Wings of War**
- 3.00 **Salvage Hunters**
- 4.00 **Combat Dealers**
- 5.00 **Shed and Buried**
- 5.30 **Bloody Britain**
- 6.00 **Secrets of the Arsenal**
- 7.00 **NASA's Unexplained Files**
- 8.00 **Cooper's Treasure**
- 9.00 **Combat Dealers**
- 10.00 **Salvage Hunters**
- 11.00 **Salvage Hunters: Restorers**
- 12.00 **M'T Bloody Britain**
- 12.30 **AM Shed and Buried**
- 1.00 **Combat Dealers**
- 2.00 **Salvage Hunters**
- 3.00 **Cooper's Treasure**
- 4.00 **to 5.00 AM Salvage Hunters: Restorers**

+1 hour 274 381

## Discovery Turbo

161/172 180

- 6.00 AM **Vintage Voltage**
- 7.00 **Wheeler Dealers**
- 8.00 **Bad Chad Customs**
- 9.00 **Bennetts British Superbikes**
- 10.00 **Shed and Buried**
- 11.00 **Salvage Hunters: Classic Cars**
- 12.00 **NOON Ant Anstead Master Mechanic** Double bill.
- 1.00 **PM Extreme RVs**
- 2.00 **Wheeler Dealers**
- 3.00 **Twist the Throttle**
- 4.00 **Richard Hammond's Workshop**
- 5.00 **Salvage Hunters: Classic Cars**
- 6.00 **Shed and Buried**
- 7.00 **Wheeler Dealers**
- 8.00 **Richard Hammond's Workshop**
- 9.00 **Vintage Voltage**
- 10.00 **World's Greatest Motorcycle Rides** Henry heads to Adelaide.
- 11.00 **Wheeler Dealers: Dream Car**
- 12.00 **M'T Richard Hammond's Workshop** Richard tries to find a driver for the classic racing team.
- 1.00 **AM Texas Metal**
- 2.00 **Fast N' Loud**
- 3.00 **Wheeler Dealers**
- 4.00 **to 5.00 AM Gear Dogs**

+1 hour 261/272

## Sky Cinema Premiere

301 401 501 515

- 7.05 **AM The Persian Version**
- 9.05 **Caddo Lake** As 4.15pm.
- 10.50 **Swede Caroline** Comedy. (2024, 15, 98min) ★★★
- 12.35 **PM The Radleys** As 8.00pm.
- 2.30 **Drive-Away Dolls** As 10pm.
- 4.15 **Caddo Lake** Thriller starring Dylan O'Brien and Eliza Scanlan. (2024, 12, 99min)
- 5.55 **Restore Point** Czech sci-fi thriller with Andrea Mohylova and Matej Hádek. Subtitled. (2023, 15, 115min) ★★★★★



5.55 Restore Point

8.00 **The Radleys** Horror comedy co-written by Jo Brand, starring Kelly Macdonald, Damian Lewis and Sophia Di Martino. A seemingly ordinary family hide a dark secret. (2024, 15, 115min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Drive-Away Dolls** Action comedy starring Margaret Qualley and Geraldine Viswanathan. Two women cross paths with a group of inept criminals while on a road trip. (2023, 15, 84min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Persian Version** Comedy drama with Layla Mohammadi. (2023, 15, 107min) ★★★

1.40 **AM Bob Marley: One Love** Biopic with Kingsley Ben-Adir. (2023, 12, 104min) ★★★

3.30 **Restore Point** As 5.55pm.

5.35 **to 7.15 AM Zombie Town** Horror comedy. (2023, 12) ★★

## Sky Cinema Drama

310 410 510 524

- 7.35 **AM Sundown** As 12.10am.
- 9.05 **Flashdance** As 1.40am.
- 10.45 **Meet Joe Black** Supernatural romantic drama starring Brad Pitt. (1998, 12, 181min) ★★★★★
- 1.50 **PM Lady Bird** Comedy drama. (2017, 15, 94min) ★★★★★
- 3.30 **Philadelphia** Melodrama. (1993, 12, 122min) ★★★★★
- 5.40 **Love Actually** Romantic comedy. (2003, 15, 135min) ★★★★★
- 8.00 **The Danish Girl** Period drama starring Eddie Redmayne and Alicia Vikander. An artist in 1920s Copenhagen becomes one of the first people to undergo sex reassignment surgery. (2015, 15, 117min) ★★★
- 10.05 **Dallas Buyers Club** Fact-based drama starring Matthew McConaughey. A man diagnosed with HIV sets up an organisation to smuggle drugs for treating the condition into the US. (2013, 15, 114min) ★★★★★
- 12.10 **AM Sundown** Drama with Tim Roth and Samuel Bottomley. (2021, 15, 82min) ★★★★★
- 1.40 **Flashdance** Dance drama. (1983, 15, 96min) ★★★
- 3.25 **Field of Dreams** Fantasy. (1989, PG, 106min) ★★★★★
- 5.20 **to 7.30 AM The Danish Girl**

## Sky Cinema Hits

303 403 503 517

- 7.35 **AM Arrival** As 3.55pm.
- 9.35 **Shooter** As shown at 5.35am.
- 11.40 **8 Mile** As shown at 11.50pm.
- 1.35 **PM Defiance** World War Two drama starring Daniel Craig. (2008, 15, 137min) ★★★★★
- 3.55 **Arrival** Sci-fi drama with Amy Adams and Jeremy Renner. (2016, 12, 116min) ★★★★★
- 5.55 **No Country for Old Men** The Coen Brothers' crime thriller starring Tommy Lee Jones. (2007, 15, 122min) ★★★★★



9.50 Gran Torino

8.00 **Top Gun** Aerial action drama starring Tom Cruise as a hotshot young flier at the US Navy's elite air combat training school. With Kelly McGillis, Val Kilmer and Anthony Edwards. (1986, 12, 110min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Gran Torino** Drama directed by and starring Clint Eastwood. A bigoted widower is forced to confront his own prejudices after he is reluctantly drawn into the lives of his immigrant neighbours. (2008, 15, 116min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **8 Mile** Urban drama starring Eminem and Kim Basinger. (2002, 15, 112min) ★★★

1.45 **AM The Purge** Horror thriller. (2013, 15, 85min) ★★★

3.15 **Defiance** As 1.35pm.

5.35 **to 7.40 AM Shooter** Thriller. (2007, 15, 125min) ★★★★★

## Sky Cinema Halloween

311 411 511 525

- 6.55 **AM Ouija: Origin of Evil** (2016)
- 8.45 **Resident Evil: Afterlife** Sci-fi thriller sequel. (2010, 15) ★★★
- 10.35 **Annabelle** Horror thriller. (2014, 15, 97min) ★★
- 12.25 **PM The Crazies** Horror remake. (2010, 15, 101min) ★★★★★
- 2.20 **Sinister** Horror thriller. (2012, 15, 105min) ★★★
- 4.15 **Insidious** Supernatural thriller. (2010, 15, 103min) ★★★★★
- 6.05 **The Radleys** Horror comedy. (2024, 15, 115min) ★★★
- 8.00 **Five Nights at Freddy's** Horror thriller starring Josh Hutcherson. (2023, 15, 109min) ★★
- 9.55 **Don't Breathe** Horror starring Stephen Lang and Jane Levy. Three thieves break into the house of a blind man, who is not as helpless as he seems. (2016, 15, 88min) ★★★★★
- 11.35 **Halloween** Horror sequel starring Jamie Lee Curtis. (2018, 18, 106min) ★★★★★
- 1.25 **AM Resident Evil: Extinction** Sci-fi horror thriller sequel. (2007, 15, 90min) ★★
- 3.05 **Ouija: Origin of Evil** Horror prequel. (2016, 15, 99min) ★★★★★
- 4.55 **to 6.45 AM Resident Evil: Retribution** Sci-fi action thriller sequel. (2012, 15, 92min) ★★★



## Sky Cinema Family

- 306 406 506 520**
- 6.25 AM **The Little Rascals** (1994)
  - 7.55 **Robo-Dog: Airborne** (2017)
  - 9.30 **A Dog's Purpose** As 5.55pm.
  - 11.20 **Stuart Little** Adventure. (1999, U, 84min) ★★★★★
  - 12.55 PM **Stuart Little 2** Adventure sequel. (2002, U) ★★★★★
  - 2.20 **The NeverEnding Story** Fantasy. (1984, U) ★★
  - 4.00 **Small Soldiers** Adventure. (1998, PG, 99min) ★★★★★
  - 5.55 **A Dog's Purpose** Comedy drama. (2017, PG) ★★



7.40 **Monster Trucks**

**7.40 Monster Trucks** Fantasy adventure starring Lucas Till. A teenager befriends a monster which feeds on oil, which bonds with the monster truck he is building from scrap. (2016, PG, 104min) ★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

**9.40 Robo-Dog** Family sci-fi adventure starring Michael Campion and Olivia d'Abo. An inventor replaces his son's dead dog with a mechanical version, equipped with all kinds of gadgets. (2015, PG, 87min) ★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.15 The Little Rascals** Family comedy. (1994, U, 83min) ★★

**12.45 AM Robo-Dog: Airborne** Family adventure sequel. (2017, U, 88min) ★★

**2.20 The Horse Dancer** Drama. (2017, PG, 114min) ★★

**4.20 to 6.25 AM The Portable Door** Fantasy Adventure. (2023, PG, 130min) ★★

## Sky Cinema Ultimate Sci-Fi

- 302 402 502 516**
- 6.25 AM **2012** As shown at 11.55pm.
  - 9.05 **Star Trek The Motion Picture**
  - 11.20 **I Am Legend** Sci-fi thriller. (2007, 15, 101min) ★★★★★
  - 1.10 PM **Back to the Future Part III** Comedy adventure sequel. (1990, PG, 112min) ★★★★★
  - 3.20 **Asteroid City** Sci-fi comedy. (2023, 12, 105min) ★★★★★
  - 5.20 **Inception** Sci-fi mystery thriller. (2010, 12, 148min) ★★★★★
  - 8.00 **War of the Worlds** Steven Spielberg's sci-fi adventure thriller based on HG Wells' novel, starring Tom Cruise. (2005, 12, 116min) ★★★★★
  - 10.00 **Eternal Sunshine of the Spotless Mind** Offbeat romantic comedy starring Jim Carrey and Kate Winslet. An estranged couple decide to have their memories of each other erased by a firm of mind specialists. With Kirsten Dunst. (2004, 15, 108min) ★★★★★
  - 11.55 **2012** Disaster movie with John Cusack and Chiwetel Ejiofor. (2009, 12, 158min) ★★
  - 2.35 AM **Star Trek The Motion Picture** Sci-fi adventure. (1979, U, 132min) ★★
  - 4.50 to **7.00 AM Back to the Future Part III** As shown at 1.10pm.

## Sky Cinema Action

- 307 407 507 521**
- 6.10 AM **The Last Witch Hunter** Fantasy. (2015, 12) ★★
  - 8.00 **Warcraft** As 5.00am.
  - 10.05 **The Cinema List: Superheroes**
  - 10.20 **Jackie Chan's Police Story 2**
  - 12.25 PM **Poker Face** Crime thriller. (2022, 15, 120min) ★★
  - 2.05 **Assassin** Action thriller. (2023, 15, 88min) ★★
  - 3.35 **The Bourne Legacy** Thriller sequel. (2012, 12) ★★
  - 5.55 **Jason Bourne** Action thriller. (2016, 12, 123min) ★★



8.00 **Mission: Impossible III**

**8.00 Mission: Impossible III** Action spy thriller starring Tom Cruise. Secret agent Ethan Hunt tries to free his kidnapped wife from the clutches of an international arms dealer. With Philip Seymour Hoffman and Michelle Monaghan. (2005, 12, 126min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.15 Mission: Impossible - Dead Reckoning Part One** Thriller starring Tom Cruise. The IMF team race to acquire two halves of an interlocking key that can regain control of a lethal artificial intelligence. (2023, 12, 163min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

**1.05 AM Little Monsters** Horror comedy. (2019, 15) ★★★★★

**2.50 Jackie Chan's Police Story 2** Martial arts comedy thriller sequel. (1988, 15, 91min) ★★

**5.00 to 7.10 AM Warcraft** Fantasy. (2016, 12, 123min) ★★

## Sky Cinema Comedy

- 308 408 508 522**
- 7.00 AM **Ride Along** Police comedy. (2014, 12, 97min) ★★
  - 8.45 **Ride Along 2** Police comedy sequel. (2016, 12, 102min) ★★
  - 10.35 **Crazy Rich Asians** As 8pm.
  - 12.40 PM **Bye Bye Birdie** As 1.45am.
  - 2.40 **Miss Congeniality 2: Armed and Fabulous** As 11.45pm.
  - 4.40 **Johnny English** Comedy. (2002, PG, 88min) ★★
  - 6.15 **Quartet** Comedy drama starring Maggie Smith. (2012, 12, 94min) ★★★★★



10.05 **Jackass 3**

**8.00 Crazy Rich Asians** Romantic comedy starring Constance Wu and Henry Golding. A professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.05 Jackass 3** Slapstick comedy sequel starring Johnny Knoxville, Bam Margera and Ryan Dunn. The crew embark on another series of outrageous challenges. (2010, 15, 93min) ★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.45 Miss Congeniality 2: Armed and Fabulous** Comedy sequel starring Sandra Bullock. (2005, 12, 113min) ★★

**1.45 AM Bye Bye Birdie** Musical. (1963, PG, 112min) ★★

**3.45 Jackass 3.5** Slapstick comedy. (2011, 18, 81min) ★★

**5.20 to 7.05 AM Quartet** (2012)

## Sky Cinema Thriller

- 309 409 509 523**
- 7.45 AM **The Life of David Gale**
  - 9.55 **To Catch a Killer** As 10.10pm.
  - 11.55 **Rear Window** As 12.15am.
  - 1.50 PM **Ocean's Thirteen** Caper thriller sequel starring George Clooney and Brad Pitt. (2007, PG, 122min) ★★
  - 3.55 **The Sum of All Fears** Action thriller starring Ben Affleck. (2002, 12, 119min) ★★★★★
  - 6.05 **The Good Neighbour** Thriller starring Jonathan Rhys Meyers. (2022, 15, 97min) ★★



8.00 **Hotel Mumbai**

**8.00 Hotel Mumbai** Fact-based thriller starring Dev Patel, Armie Hammer and Jason Isaacs. In 2008, at the Taj Mahal Palace Hotel, four terrorists take the staff and residents hostage. (2018, 15, 123min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.10 To Catch a Killer** Crime thriller starring Shailene Woodley. A Baltimore police officer is recruited by the FBI to help profile and track down a disturbed individual terrorising the city. (2023, 15, 119min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.15 AM Rear Window** Classic Hitchcock suspense movie. (1954, PG, 112min) ★★★★★

**2.10 The Life of David Gale** Crime thriller. (2002, 15, 124min) ★★

**4.25 to 6.30 AM The Sum of All Fears** As shown at 3.55pm.

## Film 4

- 313 855 428 14 300**
- **Films start at 11.00am**
  - 11.00 AM **Anne of the Indies** Adventure. (1951, U) ★★
  - 12.40 PM **How Green Was My Valley** John Ford's drama. (1941, b/w, U, 118min) ★★★★★
  - 3.00 **The Siege at Red River** Western. (1954, PG) ★★
  - 4.45 **The Bravados** Western. (1958, PG, 98min) ★★
  - 6.45 **Cowboys & Aliens** Sci-fi Western starring Daniel Craig. (2011, 12, 119min) ★★



6.45 **Cowboys & Aliens**

**Cowboys & Aliens** (film started at 6.45pm)  
SEX ●●● VIOLENCE ●●● LANG ●●●

**9.00 Venom** Fantasy adventure starring Tom Hardy and Riz Ahmed. A journalist gains superhuman strength and power when his body merges with an alien organism. With Michelle Williams and Scott Haze. (2018, 15, 112min) ★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.10 Jack Ryan: Shadow Recruit** Spy thriller starring Chris Pine and Keira Knightley. An analyst for the CIA is forced into an undercover assignment when he discovers a plot to destroy the US economy. (2014, 12, 106min) ★★

**1.15 to 3.30 AM In the Earth** Horror starring Joel Fry. (2021, 15, 107min) ★★

+1 hour **314 430 47 301**

## Sky Cinema Black Talent

- 304 404 504 518**
- 6.10 AM **A Good Person** As 4.40am.
  - 8.25 **Kinky Boots** As 3.15pm.
  - 10.15 **The Blackening** As 5.15pm.
  - 12.00 NOON **Celebrating Black Cinema with Naomi Harris**
  - 1.00 PM **Big George Foreman**
  - 3.15 **Kinky Boots** Comedy. (2005, 12, 107min) ★★★★★
  - 5.15 **The Blackening** Comedy horror starring Jermaine Fowler. (2022, 15, 97min) ★★★★★
  - 7.00 **Celebrating Black Cinema with Naomi Harris**
  - 8.00 **Big George Foreman** Biopic about the former world heavyweight boxing champion George Foreman, from his Olympic gold medal win to his unlikely comeback. Stars Khris Davis. (2023, 12, 129min) ★★
  - 10.15 **Young Soul Rebels** Thriller set against the background of London's music scene in 1977. Stars Valentine Nonyela and Mo Sesay. (1991, 18, 105min) ★★
  - 12.15 AM **Detroit** Fact-based drama set during the 1967 Detroit riots. (2017, 15, 143min) ★★★★★
  - 2.40 **Antebellum** Horror mystery. (2019, 15, 105min) ★★
  - 4.40 to **7.00 AM A Good Person** Drama starring Florence Pugh. (2022, 15, 129min) ★★★★★

## Sky Cinema Animation

- 305 412 500 514**
- 6.15 AM **Monster Family** Animated comedy. (2017, PG, 96min) ★★
  - 7.55 **Monster Family 2** Animated sequel. (2021, U, 90min) ★
  - 9.45 **Mr Peabody & Sherman** Animation. (2014, U) ★★★★★
  - 11.25 **The Secret Life of Pets** Animation. (2016, U) ★★
  - 1.00 PM **The Rugrats Movie** Children's animated comedy. (1998, U, 80min) ★★
  - 2.30 **Rugrats in Paris** Animation. (2000, U, 79min) ★★
  - 4.00 **The Super Mario Bros Movie** Animation. (2023, PG) ★★★★★
  - 5.30 **Two by Two** (2015, U) ★★
  - 7.00 **Migration** Animated comedy. (2023, U, 83min) ★★
  - 8.30 **The Prince of Egypt** Animated epic. (1998, U, 99min) ★★★★★
  - 10.15 **Happy Halloween, Scooby-Do!** Animation. (2020, U) ★★
  - 11.40 **Scooby-Do! & Batman: The Brave and the Bold** Animated comedy. (2018, PG, 75min) ★★
  - 1.00 AM **The Snow Queen 2: Magic of the Ice Mirror** (2014) ★★
  - 2.25 **Spy Cat** Animation. (2018, U) ★★
  - 4.00 **Rabbit Academy** Animation. (2022, U, 76min) ★★
  - 5.20 to **6.50 AM Scooby-Do! and the Curse of the 13th Ghost** Animation. (2019, U) ★★

## Christmas 24

- 312 419**
- 7.00 AM **Hanukkah on Rye** Festive comedy. (2022, PG, 90min) ★★
  - 9.00 **Sister Swap: A Hometown Christmas** Festive comedy. (2021, PG, 90min) ★★
  - 11.00 **#Xmas** Festive comedy. (2022, PG, 90min) ★★
  - 1.00 PM **A Tale of Two Christmases** Comedy. (2022, PG, 84min) ★★
  - 3.00 **It's Christmas, Eve** Romantic drama. (2018, PG, 84min) ★★
  - 5.00 **Christmas in Harmony** Festive drama. (2021, PG, 90min) ★★
  - 7.00 **Ghosts of Christmas Always** Fantasy comedy starring Kim Matula. (2022, PG, 90min) ★★
  - 9.00 **Room at the Christmas Inn** Festive romantic drama starring Janel Parrish and Ryan Praevey. An event planner arranges a party at her parents' hotel - unaware that they are planning to sell it. (2021, PG, 90min) ★★
  - 11.00 **Letters to Santa** Festive fantasy. (2023, PG, 84min) ★★
  - 1.00 AM **A Lot Like Christmas** Festive romantic comedy. (2021, PG, 86min) ★★
  - 3.00 to **5.00 AM Christmas Stars** Festive romantic comedy. (2019, PG, 88min) ★★

Movies 24+ **315 420**

## Talking Pictures

- 328 445 82 306**
- 6.00 AM **The Westerner** 4/13. (S1)
  - 6.35 **What's On TPTV with Noel**
  - 6.50 **Boy Who Caught a Crook** Drama. (1961, b/w, U, 72min) ★★
  - 8.20 **Family Album** Documentary.
  - 9.00 **Death Goes to School** Mystery thriller starring Barbara Murray. (1953, b/w, U, 65min) ★★
  - 10.15 **Look at Life**
  - 10.30 **In Suspicious Circumstances**
  - 11.35 **The Outer Limits** 11/17. (S2)
  - 12.40 PM **The Undeclared** Western. (1969, PG, 120min) ★★
  - 3.00 **The Saint** 19/23. (S3)
  - 4.05 **Murder in Reverse** Thriller. (1946, b/w, PG, 80min) ★★
  - 5.45 **Look at Life**
  - 6.00 **For the Love of Ada**
  - 6.30 **Out of Town**
  - 7.00 **The Footage Detectives**
  - 8.00 **Enemy at the Door** 12/13. (S2)
  - 9.05 **Dead Man Out** Prison drama. (1989, 12, 87min) ★★
  - 10.45 **Harriet Craig** Melodrama. (1950, b/w, PG, 94min) ★★
  - 12.40 AM **Inner Sanctum** Thriller. (1948, b/w, PG, 61min) ★★
  - 2.00 **Maigret** 6/6. (S13)
  - 3.50 **Hangman's Wharf** Drama. (1950, b/w, U, 74min) ★★
  - 5.00 **The Lloyd Bridges Show**
  - 5.30 to **6.00 AM** Dangerous Assignment



### Sky Sports Main Event

**401 511 501 419 439**

**6.00 AM LIVE WTA & ATP Tennis**  
Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.

**6.30 PM LIVE MNF Nottingham Forest v Crystal Palace.**  
Coverage of the Premier League match from the City Ground. These two sides have had differing starts to the season with the hosts currently in the top half of the table with 10 points from their opening seven games. The visitors have had a disappointing start, failing to win any of their seven games and picking up just three points so far. Kick-off 8.00pm.

**11.00 Sky Sports News**

**1.00 AM LIVE NFL Tampa Bay Buccaneers v Baltimore Ravens.** Coverage of the week seven match staged at Raymond James Stadium. Kick-off 11.5am.

**5.00 to 6.00 AM LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.

### Sky Sports Premier League

**402 512 502 420 440**

**6.00 AM PL Greatest Games**  
**7.00 Premier League Highlights**  
**8.00 SNF Bournemouth v Arsenal.**  
**8.30 Premier League Highlights**  
**9.30 SNF Bournemouth v Arsenal.**  
**10.00 The Football Show**  
**11.00 Ref Watch** Refereeing decisions.  
**12.00 NOON The Football Show**  
**1.00 PM Premier League Highlights**  
**2.00 SNF Bournemouth v Arsenal.**  
**2.30 Premier League Highlights**  
**3.30 SNF Bournemouth v Arsenal.**  
**4.00 Premier League Highlights** Action from Wolverhampton Wanderers v Manchester City.  
**4.30 Liverpool v Chelsea.**  
**5.00 PL Best Goals 2009/10**  
**6.00 PL 100: Petr Cech**  
**6.30 LIVE MNF Nottingham Forest v Crystal Palace.** Coverage of the Premier League match at the City Ground. Kick-off 8.00pm.

**11.00 Gary Neville's Soccerbox**  
**12.00 M/T MNF Hits**  
**12.30 AM Premier League Icons**  
**1.00 PL Retro A game from 2015/16.**  
**3.00 PL Greatest Games**  
**4.00 PL Best Goals 2010/11**  
**5.00 Premier League Best Goals**  
**5.30 to 6.00 AM Premier League 100 Club**

### Sky Sports Football

**403 513 503 421 441**

**6.00 AM Retro League One**  
**8.00 EFL Cup Highlights**  
**8.30 EFL Goals from 2017/18.**  
**9.00 Scottish Premiership Round-Up**  
**9.15 SPFL Highlights**  
**9.30 WSL Chelsea v Tottenham.**  
**10.00 EFL Cup Highlights**  
**11.00 EFL Reading v Swansea City.**  
**12.00 NOON Scottish Premiership Round-Up** Top-flight action.  
**12.15 PM SPFL Highlights**  
**12.30 EFL Highlights**  
**3.00 Scottish Premiership Round-Up**  
**3.15 SPFL Highlights**  
**3.30 EFL Highlights**  
**4.00 WSL Chelsea v Tottenham.**  
**4.30 EFL Highlights**  
**5.30 Scottish Premiership Round-Up**  
**5.45 SPFL Highlights**  
**6.00 EFL Highlights**  
**6.30 Bundesliga Highlights Show**  
**7.30 EFL Highlights**  
**8.00 WSL Chelsea v Tottenham.**  
**8.30 Scottish Premiership Round-Up**  
**8.45 SPFL Highlights**  
**9.00 EFL Highlights**  
**10.30 Bundesliga Highlights Show**  
**11.30 EFL Highlights**  
**12.00 M/T EFL The 2019/20 play-offs.**  
**3.00 AM EFL Greatest Games**  
**4.00 to 6.00 AM Retro League One**

### Sky Sports Cricket

**404 514 504 422 442**

**6.00 AM Best of the Women's World T20** The 2009 final.  
**6.30 ICC Women's World Cup 2017**  
**7.00 Women's ICC World T20** Cricket Semi-final action.  
**8.00 Women's ICC World T20** Cricket A replay of the final.  
**12.30 PM Pushing Boundaries: To the Hundred and Beyond**  
**1.45 ICC Women's World Cup 2017**  
**2.00 Women's ICC World T20** Cricket The semi-finals and final.  
**7.30 ICC Women's World Cup 2017**  
**8.00 Women's ICC World T20** Cricket The semi-finals and final.  
**9.30 Pushing Boundaries: To the Hundred and Beyond**  
**10.45 ICC Women's World Cup 2017**  
**11.00 Women's ICC World T20** Cricket Recent highlights.  
**12.30 AM ICC Women's World Cup 2017** Archive action.  
**1.00 Best of the Women's World T20** Action from 2009.  
**2.00 Women's ICC World T20** Cricket The semi-finals and final.  
**3.30 Pushing Boundaries: To the Hundred and Beyond**  
**4.45 ICC Women's World Cup 2017**  
**5.00 to 6.00 AM Best of the Women's World T20**

### Sky Sports Golf

**405 515 505 423 443**

**6.00 AM DP World Tour Golf**  
**7.00 LPGA Tour Golf**  
**9.00 DP World Tour Golf**  
**2.00 PM PGA Tour Golf**  
**5.00** Roots Annika Sorenstam profile.  
**5.30** A profile of Shane Lowry.  
**6.00** A profile of Paul Lawrie.  
**6.30 DP World Tour Golf**  
**7.00 PGA Tour Golf** Action from the Shriners Children's Open.  
**8.00** Roots Annika Sorenstam profile.  
**8.30 DP World Tour Golf** Action from the Andalucia Masters.  
**9.00 PGA Tour Golf** Action from the Shriners Children's Open.  
**10.00 DP World Tour Golf** Action from the Andalucia Masters.  
**10.30** Roots A profile of Paul Lawrie.  
**11.00 PGA Tour Golf** Action from the Shriners Children's Open.  
**12.00 M/T DP World Tour Golf**  
**12.30 AM Roots: Paul Lawrie**  
**1.00 PGA Tour Golf**  
**4.00 DP World Tour Golf**  
**5.00 to 6.00 AM PGA Tour Golf**

### TNT Sports 1

**410 870 527 408 430**

**6.00 AM One Day International Cricket** Sri Lanka v West Indies.  
**7.00 UEFA Champions League Magazine** News and updates.  
**7.30 UEFA Europa League & Conference League Magazine**  
**8.30 Premier League**  
**10.00 Premier League: Big Interview**  
**10.30 Serie A** Recent action.  
**12.30 PM America's Cup**  
**1.00 LIVE America's Cup** Coverage of the latest leg of the Match Race final from Barcelona.  
**3.00 Henley Royal Regatta**  
**3.30 NWSL** Recent highlights.  
**5.30 LIVE Women's Bundesliga Bayer Leverkusen v Bayern Munich.** Coverage of the match from Ulrich-Haberland-Stadion.  
**7.30 UEFA Champions League Magazine** News and updates.  
**8.00 WRC Review** A look back at the Central European Rally.  
**9.00 LIVE MLB** Coverage of a match in the end-of-season play-offs.  
**12.15 AM What I Wore** Eric Cantona.  
**12.30 America's Cup** Match Race final.  
**1.00 LIVE WWE Monday Night Raw** Wrestling coverage.  
**4.15 WNBA** Game five of the finals.  
**5.15 to 6.00 AM The Rugby Review**

### TNT Sports 2

**411 871 528 409 431**

**6.00 AM MotoGP** Action from the Grand Prix of Australia.  
**9.30 MotoGP Chequered Flag**  
**10.15 Tom Aspinall's Fight Lab**  
**11.00 UEFA Champions League Magazine** News and updates.  
**11.30 UEFA Europa League & Conference League Magazine**  
**12.30 PM UEFA Champions League - Classics** Barcelona v Chelsea.  
**1.00 What I Wore** Raphael Varane.  
**1.15 One Day International Cricket**  
**2.15 MotoGP** Grand Prix of Australia.  
**5.45 MotoGP Chequered Flag**  
**6.30 LIVE Ultimate Pool** Coverage from Group A of the last 16 of the Ultimate Pool Pairs Cup at the Players Pool & Snooker Lounge in Newcastle-under-Lyme.  
**9.30 Tom Aspinall's Fight Lab**  
**10.15 Fight Week UFC 308** preview.  
**10.45 Premier League: Big Interview**  
**11.15 UEFA Champions League Magazine** News and updates.  
**11.45 The Rugby Review**  
**12.30 AM LIVE MLB** A play-off match.  
**3.45 What I Wore** Ellen White.  
**4.00 Premier League Legends**  
**4.30 America's Cup** Match Race final.  
**5.00 to 6.00 AM T100 Triathlon World Tour**

### TNT Sports 3

**417 874 529 410 432**

**6.00 AM Allianz Premiership Women's Rugby** Highlights from Bristol Bears v Saracens.  
**7.00 Premiership Rugby Union**  
**12.00 NOON ABB FIA Formula E World Championship Highlights** The Misano E-Prix first and second races in Misano, Italy.  
**2.00 PM Premiership Rugby Union** Recent highlights, including: **5.00** Harlequins v Bath.  
**6.00** Highlights from Leicester Tigers v Gloucester.  
**7.00 The Rugby Review** A review of matchweek five of Gallagher Premiership Rugby.  
**7.45 What I Wore** David De Gea.  
**8.00 T100 Triathlon World Tour** Action from Lake Las Vegas.  
**9.00 Fishing: On the Bank** Action from the Pound Challenge at Viaduct Fishery in Somerset.  
**10.00 America's Cup** Action from the latest leg of the Match Race final.  
**10.30 WWE Raw Highlights**  
**11.30 WWE SmackDown Highlights**  
**12.30 AM Women's Bundesliga** Bayer Leverkusen v Bayern Munich.  
**1.30 MotoGP** Grand Prix of Australia.  
**5.00 MotoGP Chequered Flag**  
**5.45 to 6.00 AM MotoGP Films**

### Sky Sports NFL

**408 517 507 426 446**

**6.00 AM NFL Highlights**  
**12.00 NOON NFL Bitesize Highlights**  
**1.00 PM Good Morning Football**  
**3.00 NFL Highlights** Recent action.  
**5.00 NFL Bitesize Highlights**  
**6.00 NBC's Pro-Football Talk**  
**8.00 NFL Bitesize Highlights** Action from Baltimore Ravens v Washington Commanders.  
**8.15** Highlights from Pittsburgh Steelers v New York Jets.  
**8.30** A week seven match.  
**8.45** Action from New Orleans Saints v Denver Broncos.  
**9.00 NFL Weekly Review**  
**10.00 NFL Highlights**  
**11.00 NFL Fantasy Analysis.**  
**12.00 M/T NFL Highlights**  
**1.00 AM LIVE NFL Tampa Bay Buccaneers v Baltimore Ravens.** Coverage of the week seven match at Raymond James Stadium. These teams have only faced each other seven times over the years, playing their first game back in 2001. The Ravens have been more successful in those seven meetings, picking up five wins compared to the Buccaneers two victories. Kick-off 11.5am.  
**5.00 to 6.00 AM NFL Bitesize Hits**

### Sky Sports Tennis

**407 537 520 425 445**

**6.00 AM LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.  
**9.00** PM Tennis Shanghai Masters.  
**10.00** Tennis Action from recent finals.  
**2.00 AM Bitesize Tennis**  
**2.15** US Open Classic Matches  
**2.30** Bitesize Tennis  
**2.45** Billie Jean King: My Story  
**3.00 to 6.00 AM LIVE WTA & ATP Tennis** Coverage includes the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo, and WTA Guangzhou Open.

### TNT Sports 4

**421 876 530 411 434**

**6.00 AM NBA** A replay of Boston Celtics v Dallas Mavericks in game one of the 2023/24 NBA Finals.  
**7.30** A replay of Boston Celtics v Dallas Mavericks in game two.  
**9.00 Fight Night Live** Gilley v Greene.  
**11.00 MLB Classic** Ken Griffey Jr.  
**12.30 PM MLB** A play-off match.  
**3.00 V8 Supercars Highlights**  
**5.00 WNBA** Game five of the finals.  
**6.00 One Day International Cricket** Sri Lanka v West Indies at Pallekele International Cricket Stadium.  
**7.00 NWSL** Highlights of Kansas City Current v San Diego Wave FC.  
**8.00** Angel City v Utah Royals.  
**9.00 Fight Night Live** Another chance to see Sam Gilley v Louis Greene.  
**11.00 UFC Connected** Inside the UFC.  
**12.00 M/T UFC** A replay of Michel Pereira v Anthony Hernandez.  
**3.00 AM Fight Week** Preview.  
**3.30 Tom Aspinall's Fight Lab**  
**4.15 UFC: The Ultimate Fighter**  
**5.15 to 6.00 AM What I Wore**

### Eurosport 1

**413 870 521 412 435**

**6.00 AM Snooker: Northern Ireland Open** The opening day in Belfast.  
**8.00 Cycling: Track World Championships** In Denmark.  
**9.00 Golden Trail World Series**  
**11.00 Snooker: Northern Ireland Open** The opening day in Belfast.  
**1.00 PM LIVE Snooker: Northern Ireland Open** Coverage of the afternoon session on day two at the Waterfront Hall in Belfast.  
**5.00 The Judo Show**  
**6.00 Snooker: Northern Ireland Open** Action from day two.  
**7.00 LIVE Snooker: Northern Ireland Open** Coverage of the evening session on day two from the Waterfront Hall in Belfast.  
**11.00 Sailing: America's Cup**  
**11.30 E-Mountain Bike**  
**11.00 Cross-Country World Cup**  
**12.00 M/T Golden Trail World Series**  
**2.00 AM Snooker: Northern Ireland Open** The second day in Belfast.  
**4.00 to 6.00 AM World Superbikes**

### Eurosport 2

**414 871 522 413 436**

**6.00 AM British Superbikes Extra**  
**7.00 World Superbikes**  
**8.00 Snooker: Northern Ireland Open** The opening day in Belfast.  
**10.00 British Superbikes**  
**12.00 NOON World Superbikes**  
**1.00 PM Freestyle Skiing**  
**2.00 Cycling: Track World Championships** From Denmark.  
**3.00 Amsterdam Marathon**  
**4.00 FIA World Endurance Championship** Recent action.  
**6.00 World Superbikes**  
**8.00 Freestyle Skiing**  
**9.00 Sailing: America's Cup**  
**9.30 Cyclo-Cross** The women's race in the Exact Cross meeting.  
**10.15** The men's race in the Exact Cross meeting from Essen.  
**11.00 World Superbikes**  
**1.00 AM Freestyle Skiing**  
**2.00 Cyclo-Cross** From Belgium.  
**3.00 Cycling: Tour of Venetia**  
**4.00 to 6.00 AM Snooker: Northern Ireland Open**

### Sky Sports+ Sky Sports+

**412 518 508 427 447**

**6.00 AM LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.  
**2.00 PM LIVE WTA & ATP Tennis** Further coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.  
**9.00 Sky Sports News** Round-up of the sports news featuring interviews and highlights.  
**10.30 Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.  
**11.00 Sky Sports News**  
**3.00 to 6.00 AM LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.

### Sky Sports Mix

**416 873 510 429 449**

**6.00 AM LPGA Tour Golf**  
**9.00 Women's ICC World T20** Cricket The final in Dubai.  
**1.30** PM Formula 1 US Grand Prix.  
**3.30** Tennis Highlights of the WTA Japan Open final from Osaka.  
**5.30** The WTA Ningbo Open final.  
**7.30 WTA All Access Magazine**  
**8.00 Formula 1** Highlights of the United States Grand Prix in Texas.  
**9.00** Tennis The ATP Almaty Open.  
**11.00 Women's ICC World T20** Cricket The final in Dubai.  
**11.30 PGA Tour Golf** Action from the Shriners Children's Open.  
**12.30 AM Women's ICC World T20** Cricket The final from Dubai.  
**1.00** LIVE Bitesize Highlights  
**1.45** LIVE NFL Arizona Cardinals v Los Angeles Chargers. Coverage of the week seven match at State Farm Stadium in Glendale. Kick-off is at 2.00am.  
**5.15 to 6.00 AM NFL Bitesize Highlights**

### Sky Sports F1

**406 516 506 424 444**

**6.00 AM Formula 1** The United States Grand Prix from Austin, Texas.  
**10.30 F1 Features**  
**12.00 NOON Formula 1** The United States Grand Prix first practice.  
**1.25 PM Mission 44 in Austin**  
**1.30 Formula 1** The United States Grand Prix sprint qualifying.  
**2.30** The sprint race from Texas.  
**3.30 Ted's Notebook**  
**4.00 Formula 1** The United States Grand Prix qualifying session.  
**6.00 F1 Features**  
**7.00 Formula 1** The US Grand Prix.  
**9.15 F1 Features**  
**10.00 Formula 1** Archive action.  
**1.00 to 6.00 AM The Home of F1**



**Football**

**LIVE!**

**Champions League**  
*Prime Video & TNT Sports, k-os 8pm*  
 Coverage of Arsenal v Shakhtar Donetsk (Prime Video), Villa v Bologna and Real Madrid v Dortmund (TNT Sports).

**Comedy**

**NEW**

**Lucy Beaumont: Live from the Royal Court Theatre**  
*Sky Comedy & Sky Showcase, 9pm*  
 The comedian lets loose on her roller coaster world in this stand-up show.

**Documentary**

**NEW**

**Storyville: Dogs of War**  
*BBC4, 10pm*  
 The fascinating story of Dave Tomkins, who went from cracking safes in London, to dealing arms around the world.

**Drama**

**PREMIERE**

**Fremont**  
*Film4, 10.55pm*  
 Shot in black and white, this drama stars Anaita Wali Zada (right) as an Afghan refugee in California looking for love.

	7.00 PM	7.30 PM	8.00 PM	8.30 PM	9.00 PM	9.30 PM	10.00 PM	10.30 PM
<b>FAVOURITES</b>	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Sort Your Life Out with Stacey Solomon	9.00 Waterloo Road		10.00 News; Local News	10.40 Industry
	102 BBC2	7.00 Designing the...	7.30 Nadiya's Cook...	8.00 Digging for Britain	9.00 QI XL	9.45 Mel Giedroyc: Unforgivable	10.30 Newsnight	
	103 ITV1	6.30 News	7.30 Emmerdale	8.00 M&S: Dress the Nation	9.00 DI Ray		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Great British Bake Off	9.15 Into the Jungle with Ed Stafford		10.15 Celebrity Gogglebox	
	105 CHANNEL 5	7.00 Dogs Behaving (Very) Badly Australia		8.00 The Yorkshire Vet	9.00 Ben Fogle: New Lives in the Wild		10.00 I Survived a Serial Killer: The Delia...	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Attenborough's Journey	9.00 Lucy Beaumont: Live from the Royal...		10.00 Sweetpea	
<b>ENTERTAINMENT</b>	115 BBC3	7.00 Phoenix Rise		8.00 Gavin & Stacey	9.00 Leigh-Anne: Race, Pop & Power		10.00 Film: Harriet	
	116 BBC4	7.00 Frozen Planet		8.00 Porridge	8.30 Hancock's Half...	9.00 She-Wolves: England's Early Queens	10.00 Storyville: Dogs of War	
	118 ITV2	6.50 Film: Harry Potter and the Chamber of Secrets				9.00 Big Brother	10.00 Big Brother: Late & Live	
	136 MORE4	6.55 Car S.O.S.		7.55 Grand Designs		9.00 24 Hours in A&E	10.00 Emergency	
	135 E4	7.00 Hollyoaks	7.30 Modern Family	8.00 Hot Yachts: Miami		9.00 Married at First Sight UK	10.05 Made in Chelsea	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer			10.00 FBI: Most Wanted	
	108 SKY ATLANTIC	6.55 Britannia		7.55 Game of Thrones		9.00 The Sopranos	10.05 Sweetpea	
	110 GOLD	7.00 Dad's Army		8.20 The Good Life		9.00 Absolutely Fabulous	10.20 The Young Ones	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You	10.00 QI XL	
	119 ITV3	6.55 Heartbeat		8.00 Midsomer Murders			10.00 Law & Order: UK	
	120 ITV4	7.00 The Chase Celebrity Special			8.00 World Superbike Highlights	9.00 Film: Renegades		
	112 COMEDY CENTRAL	6.55 Friends			8.00 Whose Line Is It Anyway? USA	9.00 Film: White Chicks		
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine			8.00 Stargate SG-1	9.00 Westworld		
113 SKY MAX	7.00 Stargate Atlantis			8.00 The Ultimate Action Movies	9.00 Last King of the Cross	10.10 The Walking Dead		
109 ALIBI	7.00 The Mentalist			8.00 Death in Paradise		10.00 Father Brown		
130 SKY ARTS	7.00 The Alfred Hitchcock Hour			8.00 Art's Wildest Movement: Mannerism	9.00 Art Mysteries	9.30 Borromini: The Dark Side of Baroque		
132 U&W	7.00 MasterChef Australia: Dessert Masters		8.10 DIY SOS: The Big Build Ireland	9.10 999 Rescue Squad		10.10 #Murder		
<b>DOCUMENTARY</b>	125 DISCOVERY	7.00 Gold Rush		8.00 Wheeler Dealers	9.00 Gold Rush: Mine Rescue with Freddy...	10.00 Hoffman Family Gold		
	162 ANIMAL PLANET	7.00 Crikey! It's the Irwins			8.00 The Aquarium		10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation			8.00 Apocalypse: The Fall of Hitler		10.00 Nazi Sunken Sub	
	123 SKY HISTORY	7.00 Forged in Fire			8.00 American Pickers	9.00 Hitler's British Island	10.00 Great Escapes with Morgan Freeman	
	155 U&YESTERDAY	7.00 Guy Martin's Great British Power Trip			8.00 Bangers & Cash: Restoring Classics	9.00 Bangers & Cash		
121 SKY DOCS	7.00 Stax: Soulsville USA			8.00 The Russell Murders: Who Killed Lin...	9.00 Natalie Wood: What Remains Behind			
<b>FILMS - Sky Cinema</b>	301 PREMIERE	6.10 Drive-Away Dolls		8.00 The Radleys		10.00 The Color Purple		
	302 ULTIMATE SCI-FI	6.00 Eternal Sunshine of the Spotless Mind			8.00 Watchmen			
	303 HITS	6.10 Top Gun			8.00 Sleepless in Seattle		10.00 Tropic Thunder	
	304 BLACK TALENT	6.05 Bob Marley: One Love			8.00 Detroit		10.25 Black Joy	
	305 ANIMATION	5.50 Spider-Man: Across the Spider-Verse		8.15 Captain Underpants		9.50 Spy Cat		
	306 FAMILY	5.50 Finding Neverland	7.40 Angus, Thongs and Perfect Snogging		9.25 King Ralph			
	307 ACTION	5.05 Interstellar			8.00 Mission: Impossible - Dead Reckoning Part One			
	308 COMEDY	6.10 No Hard Feelings			8.00 Disaster Movie	9.35 Bean		
	309 THRILLER	5.50 Vertigo			8.00 Sleepers		10.30 Hanna	
	310 DRAMA	6.05 Magic Mike's Last Dance			8.00 Spotlight		10.15 The Unlikely Pilgrimage of...	
311 HALLOWEEN	6.15 Sinister 2			8.00 Pearl		9.50 Halloween		
313 FILM4	6.55 Belle			9.00 Venom: Let There Be Carnage				
<b>SPORT</b>	401 MAIN EVENT	2.00 Tennis - Live	7.30 EFL - Live: Queens Park Rangers v Coventry City (Kick-off 8.00)			10.30 Back Pages...		
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special					10.15 Netbusters	
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL - Live: Queens Park Rangers v Coventry City (Kick-off 8.00)				10.30 SSN Special	
	404 CRICKET	6.00 Women's ICC World T20 Cricket					10.30 Women's ICC...	
	410 TNT SPORTS 1	7.00 UEFA Champions League - Live: Aston Villa v Bologna (Kick-off 8.00)					10.30 The Muddy...	
	411 TNT SPORTS 2	5.30 UEFA Champions League - Live: AC Milan v Club Brugge (Kick-off 5.45); Real Madrid v Borussia Dortmund (Kick-off 8.00)					10.15 Tom Aspinall's Fight Lab	

† Denotes programmes starting before 7.00pm † Regions vary





## BBC1

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- 6.00 AM **Breakfast** (S)
- 9.30 **Morning Live** *New edition* (S)
- 10.45 **Crimewatch Caught** *New edition*  
How officers on a routine house call foiled a mass murder plot. (S)
- 11.15 **Homes Under the Hammer**  
*New edition* From Norfolk. (S)(AD)
- 12.15 PM **Bargain Hunt** (S)(R)(AD)
- 1.00 **BBC News** (S)
- 1.35 **Local News** (S)
- 1.45 **BBC News** (S)
- 2.00 **Doctors** (S)(AD)
- 2.30 **Money for Nothing** (S)(R)
- 3.00 **Escape to the Country**  
*New edition* A home by the sea. (S)
- 3.45 **Garden Rescue** (S)(R)
- 4.30 **The Bidding Room** *New edition*  
Items include an antique cot. (S)
- 5.15 **Pointless** Quiz show. (S)(R)
- 6.00 **BBC News** (S)
- 6.30 **Local News** (S)

## BBC2

102 102 2 102 102

- 6.30 AM **Bargain Hunt** (S)(R)(AD)
- 7.15 **The Bidding Room** (S)(R)
- 8.00 **Sign Zone: Solar System** (S)(R)
- 9.00 **BBC News** (S)
- 12.15 PM **Politics Live** (S)
- 1.00 **Impossible** Quiz show. (S)(R)
- 1.45 **Unbeatable** Game show. (S)(R)
- 2.30 **The Boss** Quiz show. (S)(R)
- 3.15 **Tigers About the House: What Happened Next** (S)(R)(AD)
- 4.15 **The Great British Countryside**  
Hugh Dennis and Julia Bradbury explore the Highlands. (S)(R)(AD)
- 5.15 **Flog It!** From Belfast. (S)(R)
- 6.00 **Richard Osman's House of Games** *New edition* With Chris Bisson, Danielle Harold, Katharine Merry and Robert Webb. (S)
- 6.30 **Strictly: It Takes Two**  
*New edition* Fleur East has the latest backstage gossip. (S)

## ITV1

103 103 803 103 3 103 103 103

- 6.00 AM **Good Morning Britain** (S)
- 9.00 **Lorraine** Entertainment, current affairs and fashion news. (S)
- 10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
- 12.30 PM **Loose Women** Topical debate from a female perspective. (S)
- 1.30 **ITV News** (S)
- 1.55 **Local News** (S)
- 2.00 **Family Fortunes** Gino D'Acampo hosts the game show as the McKenzies of Wirral go up against the Fredericks of London. (S)(R)
- 3.00 **Lingo** *New edition* Word-based quiz show hosted by Adil Ray. (S)
- 4.00 **Tipping Point** *New edition* Game show hosted by Ben Shephard. (S)
- 5.00 **The Chase** *New edition* Quiz show hosted by Bradley Walsh. (S)
- 6.00 **Local News** (S)
- 6.30 **ITV News** (S)

## CHANNEL 4

104 104/108 804 108 4 104 104/106

- 6.25 AM **Cheers** 4-6/28. (S11) (S)(R)
- 7.45 **The King of Queens** (S)(R)(AD)
- 9.10 **Frasier** (S8&9) (S)(R)(AD)
- 11.05 **Come Dine with Me: The Professionals** (S)(R)
- 12.05 PM **News** (S)
- 12.10 **Renovation Nation** (S)(R)(AD)
- 1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
- 2.10 **Countdown** *New edition* (S)
- 3.00 **A Place in the Sun: What Happened Next?** (S)(R)
- 4.00 **The Great House Giveaway** (S)(R)
- 5.00 **Four in a Bed** *New edition*  
The second visit is at the Hillside Hotel in Dunbar, East Lothian. (S)
- 5.30 **Help! We Bought a Village**  
A restored village in Italy prepares to host its first guests. (S)(R)
- 6.30 **The Simpsons** *Todd, Todd, Why Hast Thou Forsaken Me?* Todd Flanders stops believing in God. (S)(R)(AD)

Tuesday



9.00 **Waterloo Road**

- 7.00 **The One Show**  
Alex Jones and Clara Amfo present the topical show. (S)
- 7.30 **EastEnders**  
Teddy and Ravi come to blows when Ravi makes a spectacle of Barney, and Kat finally tells Alfie the truth. (S)(AD)



7.30 **Nadiya's Cook Once, Eat Twice**

- 7.00 **Designing the Hebrides**  
*Series finale* 6/6. Banjo Beale transforms an empty garage into a fully functioning shop. (S)(AD)
- 7.30 **Nadiya's Cook Once, Eat Twice** *Series finale*  
6/6. Recipes include a savoury peanut chicken traybake. (S)(AD)



8.00 **M&S: Dress the Nation**

- 7.30 **Emmerdale**  
Belle confronts Tom but only manages to make matters worse, and Will's conscience is pushed to the limit. (S)(AD)



8.00 **The Great British Bake Off**

- 7.00 **News** (S)
- 7.55 **Glenn's Story: Stand Up to Cancer**  
*New edition* Glenn shares how an accident he had while cycling to work helped him discover he had colon cancer. (S)(AD)

7 PM

8 PM

9 PM

10 PM

- 8.00 **Sort Your Life Out with Stacey Solomon**  
2/6. Stacey and a team of experts help a family that have been hit hard by redundancy and the cost of living crisis declutter their home. (S)(R)(AD)

- 9.00 **Waterloo Road**  
*New episode* 7/8. Nisha's teaching is called into question by Shola's father, and Billy struggles to cope when Steve crosses a serious line to protect his son. (S14) (S)(AD)  
■ Entire series on BBC iPlayer

- 10.00 **BBC News** (S)
- 10.30 **Local News** (S)
- 10.40 **Industry**  
*New episode* *Useful Idiot*: 7/8. The team work through the night to avert disaster as crisis interrupts Pierpoint's 150th anniversary. Meanwhile, Robert and Yasmin embark on a road trip. (S3) (S)(AD)  
■ Entire series on BBC iPlayer

- 11.40 **Industry** *Series finale* *Infinite Largesse*: 8/8. A visit to an old friend in the English countryside changes things between Robert and Yasmin forever and after a long night, a new dawn rises on Pierpoint & Co. (S3) (S)(AD)
- 12.55 AM **Weather for the Week Ahead** Seven-day forecast. (S)
- 1.00 to 6.00 AM **BBC News** (S)

- 8.00 **Digging for Britain**  
Alice Roberts sets off across Hadrian's Wall to reveal the forgotten story of the Roman Army's secret weapon in Britain – their cavalry. (S)(R)(AD)

- 9.00 **NEW SERIES QI XL**  
1/16. Sandi Toksvig hosts as QI goes voyaging with Nabil Abdulrashid, Joe Lycett, Lou Sanders and Alan Davies. (S)

- 9.45 **NEW TO BBC2 Mel Giedroyc: Unforgivable**  
1/8. The nation's favourite comics and celebrities compete to convince Mel that they are the most unforgivable person in the room. With guests Graham Norton, Desiree Burch and Alex Brooker. *Previously shown on Us&Dave*. (S)

- 10.30 **Newsnight** (S)
- 11.00 **Weather** (S)
- 11.05 **Have I Got News for You US**  
*New edition* 6/10. American version of the satirical quiz. (S)
- 11.40 **Parole** 4/4. A woman with a life sentence hopes to be moved to an open prison. (S)(R)(AD)
- 12.40 AM **Sign Zone: Paddy and Chris: Road Tripping** (S)(R)(AD)
- 1.40 **Sign Zone: Ludwig** (S)(R)(AD)
- 2.40 **Sign Zone: A House Through Time: Two Cities at War** (S)(R)
- 3.40 to 6.30 AM **Previews** (S)

- 8.00 **M&S: Dress the Nation**  
*Series finale* 6/6. AJ Odudu and Vernon Kay host the final as the remaining designers create their own clothing collections and showcase their designs in a catwalk event. With Cat Deeley and Bella Freud. (S)(AD)

- 9.00 **DI Ray**  
*New episode* *The Hunt for Rav*: 3/6. Time is running out to track down an armed fugitive after a third murder victim is found, and DI Ray is forced to face her past. (S2) (S)(AD)  
■ Entire series on ITVX

- 10.00 **ITV News** (S)
- 10.30 **Local News** (S)
- 10.45 **NEW Ash Holme: What Not to Do with Dad**  
TikTok star Ash Holme takes on a variety of outlandish challenges with her dad Phil. (S)

- 11.15 **NEW Dogs of Grime** The UK's biggest grime stars, including Nadia Rose and Snoochie Shy, answer tricky questions and take part in challenges with their dogs. (S)
- 11.40 **Junk and Disorderly** Henry Cole uncovers a vintage Chopper. (S)(R)
- 12.25 AM **Teleshopping**
- 3.00 **Ninja Warrior UK** 2/8. A special celebrity edition. (S)(SL)(R)(AD)
- 3.50 **Unwind with ITV** (S)
- 5.05 to 6.00 AM **Lingo** (S)(SL)(R)

+1 hour 203 303 35 112

+1 hour 204/208 304 15 121



## CHANNEL 5

105 105 805 105 5 105 105 105

- 5.40 AM Milkshake!
- 9.15 Jeremy Vine (S)
- 11.30 Storm Huntley (S)
- 12.45 PM Friends (S6) (S)(R)(AD)
- 1.40 News (S)
- 1.45 Home and Away (S)(R)
- 2.15 **FILM A Deadly Influence**  
Thriller starring Dylan Raine, Amelie Anstett and Nick Ritacco. (S) (2024, 12, 105min) ★★
- 4.00 **Bargain-Loving Brits in the Sun** Property manager John prepares for his first-ever float at Torremolinos Pride. (S)(R)
- 5.00 News (S)
- 6.00 **Dogs Behaving (Very) Badly** A couple's hyper-reactive Doberman makes it impossible for them to enjoy walks in the Welsh countryside. (S)(R)(AD)
- 6.55 News (S)



9.00 **New Lives in the Wild**

- 7.00 **Dogs Behaving (Very) Badly Australia**  
**New edition** Dog trainer Graeme Hall meets a Border collie with a stop-start approach to walks. (S)
- 7.55 News (S)

- 8.00 **The Yorkshire Vet**  
**New edition** Matt Smith heads out during the night to deliver a calf, a stray kitten is brought to the animal hospital, and Julian Norton visits the mountain rescue team who saved him. (S)

- 9.00 **Ben Fogle: New Lives in the Wild**  
**New edition** Ben returns to mainland Europe to revisit his old friend Alex, who is living in the mountains of central Portugal. (S)

- 10.00 **NEW SERIES I Survived a Serial Killer: The Delia Balmer Story**  
Stories of people who have survived serial killers. Delia Balmer reveals what it was like to live with notorious serial killer John Sweeney. (S)

- 11.30 **5 Mistakes That Caught a Killer** Harold Shipman. (S)(R)
- 12.35 AM **Motorway Cops: Catching Britain's Speeders** (S)(R)(AD)
- 1.25 **PlayOJ Live Casino Show (S)**
- 3.00 **Ben Fogle: New Lives in the Wild** Documentary. (S)(R)
- 3.50 **The Wonderful World of Chocolate** (S)(SL)(R)
- 4.40 **House Doctor** (S)(SL)(R)
- 5.30 to 5.40 AM Entertainment News (S)

+1 hour 205 305 38 128

## SKY SHOWCASE

106 106 806 109 340 355

- 6.00 AM Sky News Breakfast
- 8.00 Border Patrol (S)(R)
- 9.00 Stargate Atlantis (S1) (S)(R)
- 11.00 Africa's Hunters (S)(R)(AD)
- 12.00 NOON Supergirl (S3) (S)(R)
- 1.00 PM NCIS: Los Angeles (S)(R)
- 3.00 Hawaii Five-0 (S10) (S)(R)
- 4.00 MacGyver (S2) (S)(R)
- 5.00 **The Simpsons Four Great Women and a Manicure** Marge and Lisa discuss examples of strong women. (S)(R)
- 5.30 **No Loan Again, Naturally!** Ned helps out when Homer can't pay his mortgage. (S)(R)
- 6.00 **The Office (US)** 9/22. Michael starts monitoring the e-mails sent from the office. (S)(R)
- 6.30 10/22. Michael arranges a policy-breaking Christmas party for the staff. (S2) (S)(R)



9.00 **Lucy Beaumont: Live from...**

- 7.00 **The Simpsons**  
*Podcast News:* Abe is accused of a serious crime. With the guest voice of Stellan Skarsgård. (S)(R)
- 7.30 **Three Dreams Denied:** Bart becomes a voice-over artist. With Paul Rudd. (S)(R)

- 8.00 **Attenborough's Journey**  
Documentary following David Attenborough as he travels around the world to make his series *First Life*, which explores the origins of life on Earth. (S)(R)(AD)

- 9.00 **NEW Lucy Beaumont: Live from the Royal Court Theatre**  
A stand-up performance from the Hull comedian, featuring offbeat stories and bizarre journeys through modern-day womanhood.

- 10.00 **Sweetpea**  
*This Sort of Thing Needs Some Feminine Energy:* 2/6. Rhiannon's victim is discovered, so she goes on a mission to find out who he was and whether he deserved it. (S1) (S)(R)

- 11.00 **SEAL Team** 4/10. Team Bravo target a factory in Myanmar the DEA has tied to China and fentanyl production. (S7) (S)(R)
- 12.00 **MT The Force: Manchester**  
Documentary series following the work of Greater Manchester Police. (S)(R)
- 1.00 AM **Road Wars** (S)(R)
- 3.00 **Hawaii Five-0** (S10) (S)(R)
- 4.00 **MacGyver** (S2) (S)(R)
- 5.00 to 6.00 AM **Motorway Patrol**

+1 hour 206

## LOCAL VARIATIONS

**BBC1**  
**SCOTLAND**  
Sky 964, Virgin 862, Freesat 964  
7.00-7.30pm River City (S)(R)(AD)

**N. IRELAND**  
Sky 966, Virgin 863, Freesat 966  
8.00pm **NEW** Michael Mosley - Just One Thing (S)(AD) 8.30-9.00pm Scam Interceptors (S)(R)

**WALES**  
Sky 965, Virgin 864, Freesat 965  
8.00pm Rookie Cops **New edition** (S) 8.30-9.00pm **NEW** Michael Mosley - Just One Thing (S)(AD)

**BBC2**  
**N. IRELAND**  
Sky 969, Freesat 969  
No variations

**WALES**  
Sky 968, Freesat 968  
1.45pm First Minister's Questions (S) 2.35 Unbeatable (S)(R) 3.20 The Boss (S)(R) 4.05 Tigers About the House: What Happened Next (S)(R)(AD) 5.05-5.15pm Blue Planet II: Into the Blue (S)(R)

**ITV1**  
No variations

**S4C**  
Sky 134, Virgin 164, Freesat 120  
6.00am Cyw 12.00noon Newyddion a'r Tywydd 12.05pm Ffasiwn Drefn (AD) 12.30 Heno 1.00 Wil ac Aeron: Taith yr Alban 1.30 Ffermio 2.00 Newyddion a'r Tywydd 2.05 Prynghawn Da 3.00 Newyddion a'r Tywydd 3.05 Triathlon Cymru 2024: Triathlon Llandudno 4.00 Awr Fawr 5.00 Stwnsh 6.00 Ffasiwn Drefn (AD) 6.30 Sgorio 6.57 Newyddion 7.00 Heno **New edition** 7.30 Newyddion a'r Tywydd 8.00 Pobol y Cwm **New episode** (AD) 8.25 Rownd a Rownd **New episode** (AD) 8.55 Newyddion a'r Tywydd 9.00 **NEW** Yr Hawl I Chwarae 10.00 Clwb Rygbi 10.30 Y Byd ar Bedwar **New edition** 11.00-11.35pm Adre

**Tv&Satellite week**  
**New issue on sale today**

## BBC3

115/117/121 107/113 23 107 107

BBC3 programmes start at 7.00pm



- 7.00 PM **Phoenix Rise**  
**New episodes** 3/10. Billy gets his day in court. 7.30 4/10. Leila experiences a family heartache. (S4)
- 7.55 **The Catch Up**
- 8.00 **Gavin & Stacey** 3/8. Ness and Smithy visit the hospital for their first ultrasound scan. 8.30 4/8. The newlyweds argue while on a night out at the bowling alley. (S2)
- 9.00 **Leigh-Anne: Race, Pop & Power**  
Documentary following pop star Leigh-Anne Pinnock as she explores race in music.
- 10.00 **FILM Harriet** Biopic starring Cynthia Erivo. In 19th-century South Carolina, Harriet Tubman escapes from slavery and becomes one of America's greatest heroes. (2019, 12, 125min) ★★
- 11.55 **Dreaming Whilst Black**
- 2.05 AM **Leigh-Anne: Race, Pop & Power** As 9.00pm.
- 3.05 **Charlotte in Sunderland**
- 3.35 **My Mate's a Bad Date**

**MORE4**  
136/137 831 147 18 124

- 8.55 AM **Kirstie's Handmade Treasures** Two main courses.
- 9.15 **A Place in the Sun**
- 10.05 **A New Life in the Sun: Where Are They Now?**
- 11.05 **Find It, Fix It, Flog It**
- 1.05 PM **Car S.O.S**
- 2.05 **Four in a Bed**
- 4.50 **The Dog House**
- 5.50 **Escape to the Chateau: DIY** A Lincolnshire couple want to transform their aviary into a brocante shop.
- 6.55 **Car S.O.S** Fuzz and Tim take on a Renault Alpine GTA.
- 7.55 **Grand Designs** Presenter Kevin McCloud follows the progress of Matt and Sophie from Sussex as they build a giant family house of fun, featuring a revolving bookcase door, secret dens and hiding places.
- 9.00 **24 Hours in A&E**  
Staff at St George's Hospital tackle one of their most dramatic emergencies when 60-year-old rail worker Alan is airlifted to the helipad after being hit by a high-speed train.
- 10.00 **Emergency** Eighty-four-year-old Ralph heads into a risky surgery.
- 11.05 **24 Hours in A&E**
- 12.10 AM **Emergency Helicopter Medics**
- 1.15 **Emergency**
- 2.15 **24 Hours in A&E**
- 3.20 to 3.50 AM **Food Unwrapped**

+1 hour 236/237 347 125

## BBC4

116 107/108 9/24 106 108

BBC4 programmes start at 7.00pm



- 7.00 PM **Frozen Planet**  
A polar bear hunts with her cubs in the Arctic.
- 8.00 **Porridge** Fletch vows to sort out Godber's love life.
- 8.30 **Hancock's Half Hour: The Photographer**  
Hancock invests in a new camera - which Sid sees as a money-making opportunity.
- 9.00 **She-Wolves: England's Early Queens** 1/3. Historian Helen Castor explores the role of queens in medieval and Tudor England.
- 10.00 **NEW Storyville: Dogs of War** The untold story of how Dave Tomkins, originally a safe-cracker from London, rose from small-time criminal to international mercenary and arms dealer.
- 11.30 **Britain's Outlaws: Highwaymen, Pirates and Rogues** Documentary.
- 12.30 AM **Frozen Planet**
- 1.30 **She-Wolves: England's Early Queens** As 9.00pm.
- 2.30 to 3.30 AM **Britain's Outlaws: Highwaymen, Pirates and Rogues**

**E4**  
135/136 830 106 13 122

- 6.00 AM **Hollyoaks**
- 6.55 **Rude(ish) Tube Shorts**
- 7.00 **Ramsay's Kitchen Nightmares USA**
- 8.00 **Married at First Sight UK**
- 9.35 **The Goldbergs**
- 10.00 **The Big Bang Theory**
- 11.00 **Modern Family**
- 12.00 **NOON The Big Bang Theory** 10-13/24. (S7)
- 2.00 PM **The Goldbergs**
- 3.00 **Modern Family**
- 4.00 **Married at First Sight UK**
- 5.35 **The Big Bang Theory**
- 7.00 **Hollyoaks** Donny makes a deal with the devil.
- 7.30 **Modern Family** 7/22. Jay tries to stay relaxed. (S8)
- 8.00 **Hot Yachts: Miami**  
**New edition** 2/8. Vika is charmed by Nick, despite mentor Katya's warnings.
- 9.00 **Married at First Sight UK**  
**New edition** The couples list what they like and don't like about each other.
- 10.05 **Made in Chelsea**  
**New edition** 2/10. James is furious at his brother for being friends with Miles.
- 11.15 **Gogglebox**
- 12.20 AM **Married at First Sight**
- 1.25 **Made in Chelsea**
- 2.25 **Vicky Pattison: My Big Fat Geordie Wedding**
- 3.20 **Abbott Elementary**
- 3.45 **Ramsay's Kitchen Nightmares USA**
- 4.35 **The Big Bang Theory**
- 5.00 to 6.00 AM **Black-ish**

+1 hour 235/236 306 30 123

Tuesday

primetime

primetime



# TUESDAY Entertainment

Tuesday

## Sky Witness

107 807 110 341 356

- 6.00 AM Sun, Sea and A&E
- 7.00 Paramedics
- 8.00 Border Patrol
- 9.00 Highway Patrol
- 10.00 Send in the Dogs
- 11.00 For Life 12/13. (S1)
- 12.00 NOON **The Rookie** 17/22. (S4)
- 1.00 PM **Chicago Med** 17/22. A teenage brain cancer patient refuses treatment. (S7)
- 2.00 **The Equalizer** 6/10. A former Chinese agent is poisoned and comes to McCall for help. (S4)
- 3.00 **Brit Cops: Law & Disorder**
- 4.00 **Nothing to Declare**



8.00 **The Equalizer**

## Sky Atlantic

108/109 808 342 357

- 6.00 AM **Urban Secrets**
- 8.10 **True Blood** 10&11/12. (S2)
- 10.20 **Britannia** 4&5/9. (S1)
- 12.20 PM **Game of Thrones** (S1)
- 1.25 **Billions** 7&8/12. (S3)
- 3.50 **True Blood** 9/12. Eric takes advantage of Sookie.
- 4.55 10/12. Bill, Sookie and Jason return to a devastated Bon Temps. (S2)
- 5.55 **Britannia** 6/9. Cait and her father arrive at the citadel.
- 6.55 7/9. Cait and her father seek shelter in the ruins of their old home. (S1)



9.00 **The Sopranos**

## Sky Max

113/114 813 111 346 351

- 6.00 AM **Stargate SG-1** (S1)
- 8.00 **Supergirl** 17/23. (S3)
- 9.00 **Stargate Atlantis** (S1)
- 11.00 **DC's Legends of Tomorrow**
- 12.00 NOON **Supergirl** 19/23. (S3)
- 1.00 PM **NCIS: Los Angeles** (S13)
- 3.00 **Hawaii Five-0** 8/22. (S10)
- 4.00 **MacGyver** 1/23. (S2)
- 5.00 **DC's Legends of Tomorrow** 1/16. Constantine asks the Legends to help him defeat a new magical threat. (S4)
- 6.00 **Stargate Atlantis** 11/20. Major Sheppard tries to secure the crew's return home. (S1)



9.00 **Last King of the Cross**

## ITV2

118 816 115 6 113

- 6.00 AM **CITV**
- 9.00 **Totally Bonkers**
- 9.00 **Guinness World Records**
- 10.00 **Love Bites** Double bill.
- 12.00 NOON **Dress to Impress**
- 1.00 PM **Supermarket Sweep**
- 2.00 **Deal or No Deal**
- 3.00 **Charmed** 15/22. (S4)
- 3.55 **Gilmore Girls** 11/21. (S1)
- 4.55 **Dress to Impress**
- 5.50 **FILM Harry Potter and the Chamber of Secrets** Fantasy adventure sequel with Daniel Radcliffe and Rupert Grint. (2002, PG, 161 min) ★★★★★



9.00 **Big Brother**

## ITV3

119 117 10 115

- 6.00 AM **Classic Emmerdale**
- 7.00 **Classic Coronation Street**
- 8.05 **Agatha Christie's Poirot**
- 10.15 **The Royal**
- 11.20 **Heartbeat** Double bill.
- 1.40 PM **Classic Emmerdale**
- 2.40 **Classic Coronation Street**
- 3.50 **Endeavour** *Muse*: A famous international thief tries to steal a Fabergé egg from an auction.
- 5.50 **Heartbeat** *Playing with Trains*: Nick investigates the possible link between trespassers on the local railway line and thefts from a fur factory.



3.50 **Endeavour**

7 PM

- 7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

- 8.00 **The Equalizer** *The Big Take*: 9/10. McCall and the team race to take down a conman from Dante's past. (S4)

9 PM

- 9.00 **The Equalizer** *Shattered*: 10/10. Mel is kidnapped by a member of her veteran support group and his brother. (S4)

10 PM

- 10.00 **FBI: Most Wanted** *Vanished*: 8/15. The agents welcome a new member while they hunt a repeat offender. (S2)

- 11.00 **FBI** 9/19. (S2)
- 12.00 **MT Chicago PD** 17/22. (S9)
- 1.00 AM **Blue Bloods** 7/18.
- 2.00 **New episode** 8/18. Baez and Danny are on edge (S14)
- 3.00 **Transplant** 2/13. (S2)
- 4.00 **Stop, Search, Seize**
- 5.00 to 6.00 AM **UK Border Force**

+1 hour 207 310

- 7.55 **Game of Thrones** *The Night Lands*: 2/10. Tyrion chastises Cersei for alienating Joffrey's subjects, and Theon is reunited with his father on the Iron Islands. (S2)

- 9.00 **The Sopranos** *Kennedy and Heidi*: 18/21. Christopher crashes the car, and AJ has a setback in therapy. (S6)

- 10.05 **Sweetpea** *This Sort of Thing Needs Some Feminine Energy*: 2/6. Rhiannon's victim is discovered. (S1)

- 11.05 **The Penguin** 5/8. Sofia strives to build a new legacy. (S1)
- 12.15 AM **Big Little Lies** 7/7. (S2)
- 1.20 **Game of Thrones** As 7.55pm.
- 2.25 **Lovecraft Country** 7/10. (S1)
- 3.30 **In Treatment**
- 4.05 **Fish Town**
- 5.00 to 6.00 AM **Urban Secrets**

+1 hour 208/209

- 7.00 **Stargate Atlantis** *The Defiant One*: 12/20. While investigating a satellite, the wreckage of a Wraith ship is discovered. (S1)

- 8.00 **The Ultimate Action Movies** Film fans Clara Amfo, Russell Kane and Guz Khan discuss the ultimate action movie.

- 9.00 **Last King of the Cross** *New episode* 2/8. John makes a play for the biggest club on Oxford Street, but owner Ray is hard to crack. (S2)

- 10.10 **The Walking Dead** *The Calm Before*: 15/16. All four communities come together. (S9)

- 11.10 **SEAL Team** 4/10. Team Bravo target a factory with links to fentanyl production. (S7)
- 12.10 AM **The Force: Manchester**
- 1.10 **Road Wars**
- 2.00 **Never Mind the Buzzcocks** *New edition* With Nelly Furtado.
- 3.00 **Hawaii Five-0** 8/22. (S10)
- 4.00 **MacGyver** 1/23. (S2)
- 5.00 to 6.00 AM **Highway Patrol**

- FILM Harry Potter and the Chamber of Secrets** (started at 5.50pm)
- SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00 **Big Brother** *New edition* A chance to catch up with everything that has happened in the house.

- 10.00 **Big Brother: Late & Live** *New edition* AJ Odudu and Will Best present the companion show in front of a live studio audience.

- 11.05 **Family Guy** 11/20. Brian becomes a local hero. (S18)
- 11.35 **Family Guy** 6/20. (S18)
- 12.00 **MT American Dad!** (S12)
- 12.55 AM **Celebrity Karaoke Club**
- 1.50 **Totally Bonkers**
- Guinness World Records**
- 2.15 to 3.00 AM **Unwind with ITV**

+1 hour 218 315 29 114

- 6.55 **Heartbeat** *What the Butler Saw*: A gamekeeper is injured in a shooting incident, and suspicion falls on his predecessor.

- 8.00 **Midsomer Murders** *Judgement Day*: A petty thief is impaled with a pitchfork in Midsomer Mallow, jeopardising the residents' chances of winning a 'perfect village' competition. To make matters worse, two of the judges are also killed.

- 10.00 **Law & Order: UK** *ID*: 3/6. A pregnant doctor is found beaten to death in a hospital car park. (S4)

- 11.00 **Law & Order: UK** 4/6. When a teenager with learning difficulties is killed in a fire at his home, Brooks and Devlin's investigation leads them to the last person they thought could be responsible. (S4)

- 12.00 **MT Endeavour** As 3.50pm.
- 2.00 to 2.30 AM **Unwind with ITV**

+1 hour 219 317 116

## BBC Scotland

SCOT 115 108 9 106 106  
REST OF UK 180 162 110

- 12.00 NOON **This Is BBC Scotland**
- 7.00 PM **Paramedics on Scene** With COVID-19 sweeping the country, Peter and Gary respond to a man who is having difficulty breathing.
- 8.00 **The Town That Threat Built** Actor and one-time 'mill-girl' Phyllis Logan narrates this documentary charting the history of Paisley.
- 9.00 **The Nine**
- 10.00 **Inside Barlinnie** *Series finale* 3/3. Featuring an eye-opening interview with Jimmy Boyle, formerly one of Scotland's most notorious gangsters.
- 11.00 PM to 12.00 MT **The Crime I Can't Forget** Officers race against the clock to solve the murder of a young boxer who was stabbed to death in West Belfast.

## Sky Comedy

114/115 814 112 347 362

- 8.00 AM **Will & Grace** (S3)
- 9.00 **Young Rock** (S1)
- 10.00 **Hung** 6&7/10. (S3)
- 11.10 **Eastbound & Down**
- 12.30 PM **Insecure** (S3)
- 1.45 **Pen15** 11/15. (S2)
- 2.25 **Hung** 8&9/10. (S3)
- 3.40 **Eastbound & Down**
- 5.00 **Will & Grace** (S3)
- 6.00 **The Office (US)** (S2)
- 7.00 **Young Rock** (S1)
- 8.00 **Will & Grace** 3/24. Grace is lured into an Alcoholics Anonymous meeting by the promise of free food.
- 8.30 4/24. Grace invites a stranger to a party. (S7)
- 9.00 **NEW Lucy Beaumont: Live from the Royal Court Theatre** Stand-up performance.
- 10.00 **The Tonight Show Starring Jimmy Fallon** *New edition* Chat show.
- 11.00 **Silicon Valley** (S5)
- 12.15 AM **Divorce** (S2)
- 1.35 **Curb Your Enthusiasm**
- 3.05 **Hung** 9&10/10. (S3)
- 4.25 to 5.00 AM **A.P. Bio**

## Sky Arts

130/131 826 123 36 143 365

- 6.00 AM **Darbar: Music of India** From 2019.
- 7.00 **Hitler's Jazz Band**
- 8.00 **The Joy of Painting**
- 9.00 **Tales of the Unexpected**
- 10.00 **Hitchcock Presents**
- 11.00 **Discovering**
- 12.00 NOON **Portrait Artist...**
- 1.00 PM **Tales of the...**
- 2.00 **Mad Tracey from Margate** Documentary.
- 3.00 **Discovering**
- 4.00 **Classic Albums**
- 5.00 **Portrait Artist 2017**
- 6.00 **Tales of the Unexpected**
- 7.00 **Alfred Hitchcock Hour**
- 8.00 **Art's Wildest Movement: Mannerism**
- 9.00 **The Art Mysteries** *New edition*
- 9.30 **Borromini: The Dark Side of Baroque**
- 11.40 **The Art of Film with Ian Nathan**
- 12.40 AM **I Am Patrick Swayze**
- 2.40 **John Malkovich: Just Call Me God**
- 4.05 **I Hate Jane Austen** By Giles Cullen
- 5.05 to 6.00 AM **Auction**

## Sky Mix

151 135 11 141

- 7.00 AM **Nothing to Declare**
- 9.00 **Monkey Life**
- 10.00 **Stop, Search, Seize**
- 11.00 **Highway Patrol**
- 12.00 NOON **Motorway Patrol**
- 1.00 PM **Border Patrol**
- 2.00 **Monkey Life**
- 3.00 **Nothing to Declare**
- 4.00 **Star Trek: The Next Generation** 25/26. (S3)
- 5.00 **Star Trek: Enterprise**
- 6.00 **Star Trek: Deep Space Nine** 19/26. (S4)
- 7.00 **Star Trek: Voyager** (S7)
- 8.00 **Hawaii Five-0** (S4)
- 9.00 **FBI: Most Wanted** *Criminal Justice*: 12/15. A man accidentally shoots a cop. (S2)
- 10.00 **FBI: International** (S1)
- 11.00 **Killer in My Village**
- 12.00 MT **Caught on Dashcam**
- 1.00 AM **Nothing to Declare**
- 2.00 **Brit Cops: Rapid Response** Documentary.
- 3.00 **Highway Patrol**
- 4.00 **Border Patrol**
- 5.00 to 6.00 AM **Highway Cops**

## ITV Be

131/132 119 28 119

- 7.00 AM **Unwind**
- 7.15 **Be Beautiful**
- 7.25 **Olivia Meets Her Match**
- 8.30 **The Cabins**
- 9.30 **The Real Housewives of Cheshire** Reality series.
- 10.30 **Olivia Meets Her Match**
- 11.30 **The Real Housewives of Potomac** Reality series.
- 12.30 PM **The Real Housewives of Beverly Hills** Reality series.
- 1.20 **The Only Way Is Essex**
- 2.05 **Dinner Date**
- 3.10 **The Big Bake**
- 4.05 **The Real Housewives of Potomac** Reality series.
- 5.00 **The Real Housewives of Beverly Hills**
- 6.00 **Masters of Flip**
- 7.00 **The Big Bake**
- 8.00 **Dinner Date**
- 9.00 **The Real Housewives of Atlanta** *New edition*
- 10.00 **My Mum, Your Dad** *Australia Series finale*
- 11.30 **The Only Way Is Essex**
- 12.20 to 1.00 AM **Unwind**

+1 hour 319

## GREAT! tv

157 170 50

- 8.00 AM **Hart to Hart** (S1)
- 9.00 **Father Dowling** *Mysteries* 5/8. (S1)
- 10.00 **Diagnosis Murder**
- 11.00 **Castle** 10/23. (S7)
- 12.00 NOON **Hart to Hart**
- 2.00 PM **Father Dowling** *Mysteries* 2/13. (S2)
- 3.00 **Diagnosis Murder**
- 5.00 **Murder, She Wrote**
- 7.00 **M\*A\*S\*H** 4-7/25. (S5)
- 9.00 **The Avengers** *The See-Through Man*: 4/24. (S5)
- 10.00 **Randall and Hopkirk (Deceased)** *The Ghost Who Saved the Bank at Monte Carlo*: 11/26. Marty's elderly aunt needs protection in Monte Carlo. (S1)
- 11.00 **Return of the Saint**
- 12.00 MT **M\*A\*S\*H** (S5)
- 2.00 AM **Randall and Hopkirk (Deceased)**
- 3.00 **Return of the Saint**
- 4.00 **Castle** 22/23. (S7)
- 4.50 to 5.00 AM **GREAT! Movie News Extra**

+1 hour 257 62



## ITV4

- 120 118 26 117**
- 6.00 AM The Best of the 80s
  - 6.10 Minder
  - 7.15 The Sweeney
  - 8.20 Dempsey and Makepeace
  - 9.20 The Saint
  - 10.25 Giant Lobster Hunters
  - 11.25 BattleBots
  - 12.25 PM Dempsey and Makepeace
  - 1.35 The Saint
  - 2.40 Giant Lobster Hunters
  - 3.45 Minder
  - 4.50 The Sweeney
  - 5.55 BattleBots Hammer-bot Beta makes it's return.



4.50 The Sweeney

- 7.00 **The Chase Celebrity Special** Mark Foster, Charlene White, Ade Adepitan and Kevin Eldon take part in the quiz show.
- 8.00 **World Superbike Highlights** Action from the final round of the season, which came from Circuito Jerez in Spain.
- 9.00 **FILM Renegades** Thriller starring Keifer Sutherland and Lou Diamond Phillips. A maverick cop teams up with a Lakota Indian to track crooked policemen, but the pair end up on the run. (1989, 18, 102min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.10 **FILM Death Wish 4: The Crackdown** Action thriller sequel starring Charles Bronson. (1987, 18, 96min) ★
- 1.05 AM **Wrestling: AEW Rampage** Wrestling action.
- 2.05 **Auto Mundial**
- 2.30 **Motorsport Mundial**
- 2.55 to 3.00 AM **Unwind with ITV**

+1 hour 220 318 118

## Sky Sci-Fi

- 139/140 836 122 348 363**
- 6.00 AM Most Haunted
  - 8.00 Teleshopping
  - 11.00 Merlin 9/13. (S5)
  - 12.00 NOON Stargate Universe
  - 1.00 PM Star Trek: Deep Space Nine 15/26. (S3)
  - 2.00 Merlin 9/13. (S5)
  - 3.00 Stargate SG-1 19/22. (S4)
  - 4.00 Star Trek: Enterprise (S4)
  - 5.00 Stargate Universe 5/20. The crew abandon ship using the one remaining shuttle. (S1)
  - 6.00 Merlin 9/13. The warlock tries to break Morgana's twisted control over Gwen. (S5)



9.00 Westworld

- 7.00 **Star Trek: Deep Space Nine Destiny: 15/26.** Sisko ignores an old prophecy of doom and teams up with the Cardassians. (S3)
- 8.00 **Stargate SG-1 Entity: 20/22.** An alien probe downloads itself into the computer system. (S4)
- 9.00 **Westworld Genre: 5/8.** Caleb is dosed with an unusual drug, and Dolores piles the pressure on Liam for access to Rehoboam.
- 10.10 **Decoherence: 6/8.** As the world falls into chaos, Serac gains control of Delos. (S3)
- 11.20 **FILM Hellraiser** Horror fantasy. (1987, 18, 92min) ★★★
- 1.00 AM **Wynonna Earp 11/13.** (S1)
- 2.00 **NEW Wynonna Earp: Vengeance** Supernatural Western starring Melanie Scrofano. See feature, page 12.
- 4.00 **Merlin** As shown at 6.00pm.
- 5.00 to 6.00 AM **Star Trek: Enterprise**

+1 hr 241/269 320/362 130

## Alibi

- 109/110 809 114 343 358**
- 7.10 AM Murdoch Mysteries (S15)
  - 9.00 Father Brown
  - 10.00 Unforgettable 21/22. (S1)
  - 11.00 Hudson & Rex 10/20. (S5)
  - 12.00 NOON The Mentalist (S1)
  - 1.00 PM Death in Paradise (S5)
  - 2.00 Murdoch Mysteries (S15)
  - 4.00 Unforgettable 21/22. (S1)
  - 5.00 Hudson & Rex 10/20. The maid-of-honour winds up dead after a hen party. (S5)
  - 6.00 **Elementary 16/21.** Holmes and Watson discover the murder of an engineer may be linked to secret research. (S6)



7.00 The Mentalist

- 7.00 **The Mentalist Seeing Red: 7/23.** Jane tries to expose a medium as a fraudster. (S1)
- 8.00 **Death in Paradise The Blood Red Sea: 7/8.** A treasure hunter is found dead after making a valuable discovery.
- 9.00 **Death in Paradise Flames of Love: 8/8.** A student backpacker is found dead with a gun in her hand. (S5)
- 10.00 **Father Brown The Mysteries of the Rosary:** Sid and the cleric try to find the mythical Lannington Rosary.
- 11.00 **The Mentalist** As 7.00pm.
- 12.00 **MT Elementary** As 6.00pm.
- 1.00 AM **Justified 3/13.** Raylan's search for the supposedly dead Drew Thompson leads to his psychic 'widow'. (S4)
- 2.00 to 4.00 AM **Murdoch Mysteries**

+1 hour 209/210 314

## GOLD

- 110/111 810 124 344 359**
- 7.10 AM The Green Green Grass
  - 7.55 Last of the Summer Wine
  - 9.50 Hi-de-Hi!
  - 10.30 Still Open All Hours
  - 11.10 Last of the Summer Wine
  - 2.25 PM The Good Life
  - 3.00 Dad's Army
  - 3.35 Hi-de-Hi!
  - 4.20 Last of the Summer Wine
  - 5.40 Still Open All Hours
  - Granville tries to prove the erotic power of salami.
  - 6.20 **The Green Green Grass** Marlene plans to renew her marriage vows with Boycie.



10.20 The Young Ones

- 7.00 **Dad's Army** Mainwaring discovers the extent of Jones's cash-flow crisis.
- 7.35 **Mainwaring** initiates a recruitment campaign to attract new blood to the Home Guard.
- 8.20 **The Good Life** Tom and Barbara talk to their plants to help them grow.
- 9.00 **Absolutely Fabulous** Emma Bunton arrives for a meeting with Edina.
- 9.40 **Edina** suffers nightmares about becoming a grandmother.
- 10.20 **The Young Ones** Neil falls ill, and Mike insists on isolating him in a plastic bag. Guest stars Madness.
- 11.10 **Inside No 9** Lawrence arranges a reunion on a boat for his old university friends.
- 11.50 **Blackadder II**
- 12.30 **AM Absolutely Fabulous**
- 1.50 **The Young Ones** As 10.20pm.
- 2.40 **Inside No 9** As 11.10pm.
- 3.10 to 4.00 AM **Blackadder II**

+1 hour 210/211 324

## U&Dave

- 111/112 811 127 19 157**
- 7.10 AM Whose Line Is It Anyway? USA Double bill.
  - 8.00 **Border Force: America's Gatekeepers** Double bill.
  - 10.00 **Extreme Salvage Squad**
  - 12.00 **NOON Storage Hunters UK**
  - 1.25 **PM Speed with Guy Martin**
  - 3.00 **Top Gear** Double bill.
  - 5.00 **Rick Stein's India** Rick explores the country's cuisine, starting by looking at the cuisine found in Kolkata and Chennai.
  - 6.00 **The chef** visits Mumbai in search of the bombil, the fish used in Bombay duck.



11.00 Battle in the Box

- 7.00 **Would I Lie to You?** With Angelica Bell, Bob Mortimer, Suggs and Holly Willoughby.
- 7.40 **Richard Osman's House of Games** With Stuart Maconie and Lou Sanders.
- 8.20 **With guests** Vick Hope, Gethin Jones, Nicki Chapman and Tim Vine.
- 9.00 **Have I Got a Bit More News for You** Jo Brand hosts the satirical quiz, with guest panellists Miles Jupp and Quentin Letts.
- 10.00 **QI XL** Guests Sara Pascoe, Colin Lane and Jimmy Carr join regular panellist Alan Davies and host Sandi Toksvig.
- 11.00 **Battle in the Box** With Rachel Parris and Guz Khan.
- 12.00 **MT Mock the Week**
- 12.40 **AM Alan Davies: As Yet Untitled** With Joe Lycett.
- 1.40 **Would I Lie to You?** As 7pm.
- 2.15 **QI XL** With Bill Bailey.
- 3.05 to 4.00 AM **Schitt's Creek**

+1 hour 211/212 327 74

## 4seven

- 137/138 143 49 127**
- 9.00 AM Ramsay's Kitchen Nightmares USA
  - 10.00 Find It, Fix It, Flog It
  - 11.00 **The Great House Giveaway** In Newport.
  - 12.00 NOON Frasier (S2)
  - 1.30 PM **A Place in the Sun**
  - 2.00 **A Place in the Sun: What Happened Next?**
  - 3.00 **Renovation Nation**
  - 4.00 **Help! We Bought a Village** From Italy.
  - 5.00 **A Place in the Sun**
  - 6.00 **A Place in the Sun: What Happened Next?**
  - 7.00 **Jamie: Fast and Simple**
  - 8.00 **The Great British Bake Off** **New edition** 5/10. Pastry Week.
  - 9.15 **Love Cheats**
  - 10.20 **FILM Men in Black: International** Fantasy with Chris Hemsworth (2019, 12, 110min) ★★★
  - 12.30 AM **The Great British Bake Off** As 8.00pm.
  - 1.50 **Gogglebox**
  - 2.55 **Love Cheats**
  - 3.55 to 4.55 AM **Into the Jungle** with Ed Stafford

+1 hr 241/269 320/362 130

## 5USA

- 141/169 120/162 21 129**
- 9.00 AM NCIS (S13)
  - 12.00 NOON Law & Order
  - 6.00 PM **NCIS Nonstop: 14/24.** The death of a petty officer brings the team back into contact with The Sherlocks.
  - 7.00 **Pandora's Box - Part One: 15/24.** Abby's homeland security think-tank is compromised when its leader is killed.
  - 8.00 **A Many Splendoured Thing: 16/24.** Bishop seeks vengeance for the murder of her boyfriend Qasim. (S14)
  - 9.00 **Law & Order: Special Victims Unit Jumped In: 10/22.** Benson becomes the target of a gang leader and Duarte takes the case. (S24)
  - 10.00 **Law & Order: Special Victims Unit (S6)**
  - 12.55 AM **Blindspot (S2)**
  - 3.35 to 4.00 AM **Criminals: Caught on Camera**

+1 hr 241/269 320/362 130

## 5STAR

- 128/129 126 32 131**
- 8.00 AM Dirty Home Rescue
  - 9.00 **Bargain-Loving Brits in the Sun** Double bill.
  - 11.00 **Traffic Cops**
  - 2.00 PM **Police Interceptors**
  - 5.00 **Shoplifters & Scammers: At War with the Law**
  - 6.00 **Home and Away**
  - 7.00 **GPs: Behind Closed Doors** Medical series.
  - 8.00 **Babies 24/7: The Maternity Ward** Katie arrives at the hospital to check her baby's health.
  - 9.00 **999: Critical Condition**
  - 10.00 **S\*\*gging 9 to 5: Adults Only**
  - 11.00 **Adults Only: Sexual Healing**
  - 12.00 **MT Belmarsh: Serial Killers & High Security**
  - 1.00 AM **HMP Wakefield: Evil Behind Bars**
  - 2.15 **Babies 24/7: The Maternity Ward**
  - 3.05 to 4.00 AM **GPs: Behind Closed Doors**

+1 hour 228/229 326 140

## 5Action

- 150 130 33 132**
- 9.00 AM **Car Pound Cops: Give Me My Car Back!**
  - 9.30 **Trucking Hell**
  - 10.30 **Traffic Cops**
  - 11.30 **Police Interceptors**
  - 12.35 PM **FILM The Great Sioux Uprising** Western. (1953, U, 80min) ★★
  - 2.15 **FILM Showdown** Western. (1963, b/w, PG, 79min) ★★
  - 4.00 **Trucking Hell**
  - 5.00 **Traffic Cops**
  - 6.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
  - 7.00 **Police Interceptors**
  - 9.00 **Motorway: Hell on the Highway**
  - 10.00 **Transporter: The Series 10&12/12.** (S2)
  - 12.00 **MT Behind Bars: World's Toughest Prisons** Colony 8.
  - 1.00 AM **Fights, Camera, Action!** Documentary.
  - 2.00 **Trucking Hell**
  - 3.50 to 4.00 AM **Entertainment News**

+1 hour 232/233 325

## U&W

- 132/133 827 125 25 156**
- 6.10 AM **Inside the Ambulance**
  - 7.00 **Property Brothers: Forever Homes**
  - 8.00 **Tipping Point**
  - 11.00 **DIY SOS: The Big Build**
  - 1.00 PM **Tipping Point**
  - 4.00 **Property Brothers: Forever Homes**
  - 6.00 **DIY SOS: The Big Build**
  - 7.00 **MasterChef Australia: Dessert Masters**
  - New edition** Inspired by judge Amaury Guichon's famous lifelike desserts, the chefs must create incredibly realistic dishes.
  - 8.10 **DIY SOS: The Big Build** Ireland From Co Meath.
  - 9.10 **999 Rescue Squad**
  - 10.10 **#Murder** **New edition** A reclusive young man is found dead in Florida.
  - 11.10 **Bradford on Duty**
  - 12.30 AM **One Born Every Minute** Documentary.
  - 1.40 **17 Kids and Counting**
  - 2.30 to 3.00 AM **Date Night**

+1 hour 243 316 60

7 PM  
8 PM  
9 PM  
10 PM



# TUESDAY Entertainment

Tuesday

## Really

142 128 17 145

- 6.00 AM Fantasy Homes by the Sea Pembrokehire.
- 7.00 Teleshopping
- 8.00 Salvage Hunters
- 10.00 A Place in the Sun
- 12.00 NOON Money for Nothing Double bill.
- 2.00 PM The Repair Shop
- 3.00 Antiques Road Trip
- 5.00 The Yorkshire Auction House Double bill.
- 7.00 Celebrity Antiques Road Trip Double bill.
- 9.00 The Bad Skin Clinic **New edition** Model Thai has put his career on hold due to keloids growing on both ears.
- 10.00 Dr Pimple Popper Nicole won't get married until she gets her armpit lump removed.
- 11.00 Help! My House Is Haunted Double bill.
- 1.00 AM Unexplained: Caught on Camera
- 2.00 Teleshopping
- 4.00 to 6.00 AM Salvage Hunters

## DMAX

159 169 39 147

- 6.00 AM Alaska: Last Frontier
- 7.00 Building Off the Grid
- 8.00 Outback Opal Hunters
- 9.00 Deadliest Catch
- 11.00 Building Off the Grid
- 12.00 NOON Alaska: Homestead Rescue
- 1.00 PM **LIVE** Snooker: Northern Ireland Open Coverage of day three.
- 3.00 Wheeler Dealers
- 4.00 Extreme RVs
- 5.00 Kindig Customs
- 6.00 Deadliest Catch
- 7.00 Alaska: Last Frontier
- 8.00 Alaska: Homestead Rescue Documentary.
- 9.00 Hoffman Family Gold
- 10.00 Gold Divers
- 11.00 Aussie Gold Hunters
- 12.00 MT Naked and Afraid
- 1.00 AM Alaskan Bush People Documentary.
- 2.00 Teleshopping
- 4.00 Building Alaska
- 5.00 to 6.00 AM Maine Cabin Masters

+1 hour 259 369 153

## HGTV

158 191 44 149

- 7.00 AM Building Alaska
- 8.00 Escape to the Country
- 9.00 A Place in the Sun
- 10.00 Escape to the Country
- 11.00 A Place in the Sun
- 12.00 NOON My Lottery Dream Home
- 2.00 PM A Place in the Sun
- 3.00 Escape to the Country
- 5.00 A Place in the Sun
- 8.00 Escape to the Country
- 9.00 **NEW SERIES** Backed by the Bros The Scott brothers decide between a multi-unit property and a garage loft.
- 10.00 Divided by Design **New edition** Escalating costs cause problems as Ray Jimenez overhauls his best friend's backyard.
- 11.00 Home Town
- 12.00 MT Bargain Mansions
- 1.00 AM Building Alaska
- 2.00 Flip or Flop Double bill.
- 3.00 to 4.00 AM My Lottery Dream Home

+1 hour 258/262 391

## Challenge

145 139 48 142

- 7.00 AM The Chase
- 10.00 Weakest Link
- 11.00 Pointless Celebrities
- 12.00 NOON The Chase
- 1.00 PM Family Fortunes
- 3.00 Catchphrase Double bill of the game show.
- 4.00 Blockbusters Double bill of the quiz show.
- 5.00 Bullseye Four editions of the darts-based quiz.
- 7.00 Cash Trapped Quiz hosted by Bradley Walsh.
- 8.00 The Chase Double bill of the quiz show hosted by Bradley Walsh.
- 10.00 Who Wants to Be a Millionaire? **Celebrity Special** Celebrities try to win a cash prize for a charity of their choice.
- 11.00 Bullseye Double bill.
- 12.00 MT Classic Who Wants to Be a Millionaire?
- 1.00 AM Cash Trapped
- 2.00 The Chase Double bill.
- 4.00 Classic Who Wants to Be a Millionaire? Quiz.
- 5.00 to 6.00 AM Bullseye

## Food Network

140/141 190 43 148

- 6.00 AM Barefoot Contessa
- 7.00 The Pioneer Woman
- 8.00 30 Minute Meals
- 9.00 James Martin Digs Deep
- 10.00 Roux Back Down the River Fly fishing.
- 11.00 Bobby and Sophie...
- 12.00 NOON Halloween Baking Championship **New edition**
- 2.00 PM James Martin Digs...
- 3.00 Good Mood Food
- 4.00 The Pioneer Woman
- 5.00 Girl Meets Farm
- 6.00 Bobby and Sophie on the Coast
- 7.00 Great British Bake Off
- 8.00 Good Mood Food
- 9.00 Mary Berry: Love to Cook Hoisin chicken.
- 9.30 Nadiya's Fast Flavours
- 10.00 Hairy Bikers: Route 66
- 11.00 Diners, Drive-Ins and Dives Double bill.
- 12.00 MT Grocery Games
- 1.00 to 3.00 AM Halloween Baking Championship

+1 hour 240/241 154

## TLC

133/134 828 165

- 7.00 AM Extreme Couponing
- 8.00 Flip or Flop
- 9.00 Say Yes to the Dress: UK Double bill.
- 10.00 Dr Pimple Popper
- 11.00 1000-lb Sisters
- 12.00 NOON Unexpected: Teenage & Pregnant
- 1.00 PM I Love a Mama's Boy
- 2.00 Return to Amish
- 3.00 My Lottery Dream Home Double bill.
- 4.00 Outdated: Busby Quints Adam makes big plans for an anniversary.
- 5.00 1000-lb Sisters
- 6.00 Dr Mercy
- 7.00 Say Yes to the Dress
- 8.00 My 600lb Life
- 10.00 My Feet Are Killing Me
- 11.00 Sex Sent Me to the ER
- 12.00 MT Body Bizarre
- 1.00 AM Extreme Couponing
- 2.00 My Feet Are Killing Me
- 3.00 My 600lb Life
- 5.00 to 6.00 AM Extreme Cheapskates

+1 hour 233/234 365

## GREAT! action

323 426 42

- 8.00 AM Police Ten 7
- 9.10 **FILM** Return to Warbow Western. (1958, PG) ★★
- 10.35 Total War
- 12.00 NOON Wanted: Dead or Alive Double bill.
- 1.00 PM **FILM** The Texas Rangers Western. (1951, U, 75min) ★★★
- 2.45 **FILM** Face of a Fugitive Western. (1958, U) ★★
- 4.35 Wanted: Dead or Alive
- 5.35 Wild West Chronicles
- 6.05 The Panzer
- 7.05 **FILM** Sub-Zero Thriller. (2004, 15, 90min) ★★
- 9.00 **FILM** A Dangerous Man Thriller with Byron Mann. (2009, 18, 94min) ★★★
- 11.00 **FILM** The Hatton Garden Job Drama. (2017, 15, 93min) ★★★
- 1.00 AM **FILM** Arctic Apocalypse Thriller. (2019, PG, 90min) ★
- 2.55 Cops Uncut
- 3.55 to 5.00 AM The Blitz on Cologne

+1 hour 324

## Legend

148 149 41 137

- 8.00 AM Walker, Texas Ranger 18/25. (S7)
- 9.00 The A-Team 6/25. (S3)
- 10.00 MacGyver 1/20. (S3)
- 11.00 **FILM** Primal Force Sci-fi action adventure. (1999, 15, 85min) ★
- 1.00 PM **FILM** Cowboy Western drama. (1958, PG, 90min) ★★★
- 3.00 **FILM** An Eye for an Eye Western revenge drama. (1966, PG, 91min) ★★
- 5.00 Star Trek 20/30. (S1)
- 6.00 MacGyver 2/20. (S3)
- 7.00 The A-Team 7/25. (S3)
- 8.00 Walker, Texas Ranger
- 9.00 **FILM** The Virginian Western adventure. (2014, 12, 90min) ★★
- 10.55 **FILM** A Kiss Before Dying Crime thriller. (1991, 18, 90min) ★★
- 12.45 AM **FILM** Cold Skin Fantasy horror. (2017, 15, 108min) ★★★
- 2.50 to 4.50 AM **FILM** Castle Freak Horror. (1995, 18, 90min) ★★

## Comedy Central

112/113 812 132 345 360

- 8.00 AM Most Ridiculous
- 9.00 Impractical Jokers
- 10.00 Whose Line Is It Anyway? USA
- 11.00 New Girl (S4)
- 12.50 PM Friends (S9)
- 8.00 Whose Line Is It Anyway? USA **New editions** With Jeff Davis and Darren Criss.
- 8.30 Featuring guest Gary Anthony Williams.
- 9.00 **FILM** White Chicks Slapstick comedy. (2004, 15, 109min) ★
- 11.15 South Park (S2)
- 12.15 AM The Culture Capsule **New edition**
- 12.55 Most Ridiculous
- 1.25 Michael McIntyre's Big Show With Colin Cloud.
- 2.25 Lee Evans: Live in Scotland Stand-up.
- 3.45 The Pep Talk
- 3.50 The Daily Show **New edition** Talk show.
- 4.15 to 5.00 AM Friends

+1 hour 212/213 332

## GREAT! movies

321 425 34

- 9.00 AM **FILM** Virtual Lies Thriller. (2012, PG) ★
- 11.00 **FILM** The Work Wife Drama. (2018, PG) ★★
- 12.55 PM **FILM** Killer in Red Thriller. (2018, 12) ★★
- 3.00 **FILM** Polar Storm Thriller. (2009, PG) ★★
- 5.00 **FILM** Mega Shark vs Mecha Shark Fantasy. (2014, 15, 85min) ★★
- 7.05 **FILM** Lost Letter Mysteries: Second Chances Crime drama. (2014, PG, 85min) ★★
- 9.00 **FILM** Snow White and the Huntsman Fantasy. (2012, 12, 127min) ★★★
- 11.35 **FILM** Personal Shopper Thriller. (2016, 15, 105min) ★★★★★
- 1.30 AM **FILM** Past Obsessions Thriller. (2011, 12, 91min) ★★
- 3.30 Wild West Chronicles
- 4.00 to 6.00 AM **FILM** Final Recourse Crime thriller. (2013, PG, 91min) ★★

+1 hour 322

## Legend Xtra

317 171 69 138

- 6.00 AM **FILM** Eye of the Beast As 5.00pm.
- 8.00 **FILM** Battle Star Wars Sci-fi action drama. (2020, 12, 86min) ★
- 10.00 Andromeda 5/22. (S3)
- 11.00 **FILM** Independents' Day Sci-fi adventure. (2016, 15, 91min) ★★
- 1.00 PM **FILM** Night of the Big Heat Sci-fi chiller. (1967, 18, 94min) ★
- 3.00 Andromeda 5/22. (S3)
- 4.00 Knight Rider (S2)
- 5.00 **FILM** Eye of the Beast Monster movie. (2007, 15, 90min) ★★
- 7.00 Andromeda 6/22. (S3)
- 8.00 Knight Rider 15/24. (S2)
- 9.00 **FILM** An Eye for an Eye Martial arts thriller starring Chuck Norris. (1981, 15, 106min) ★
- 11.05 **FILM** Paydirt Thriller. (2020, 15, 86min) ★
- 1.00 to 3.00 AM **FILM** Man Down Wartime drama. (2015, 15, 90min) ★★

+1 hour 318 371 139

## Comedy Cen. Extra

127/128 154

- 6.00 AM Home Improvement
- 7.00 Teleshopping
- 9.00 Becker 2/13. (S6)
- 9.30 Friends (S1&8)
- 1.00 PM Most Ridiculous
- 2.00 Criminally Funny
- 3.30 Impractical Jokers
- 4.00 Daria 6&7/13. (S4)
- 5.00 Becker 2&3/13. (S6)
- 6.00 Home Improvement
- 7.00 Last Man Standing
- 8.00 New Girl 6&7/22. (S4)
- 9.00 Rhod Gilbert's Growing Pains With guests Jo Brand, Jordan Banjo, and Nabil Abdulrashid.
- 10.00 Friends (S9) The pals look forward to Phoebe's birthday meal.
- 10.30 6/24. Ross disagrees with Rachel's choice of nanny. (S9)
- 11.10 Friends (S9)
- 2.10 AM South Park (S4)
- 3.10 Beavis and Butt-Head
- 3.40 Teachers 5&6/20. (S2)
- 4.25 Modern Horror Stories
- 4.30 Grouchy Young Men
- 5.15 to 6.00 AM Guessable?

## GREAT! christmas

319 424 52

- 8.00 AM **FILM** Christmas on Holly Lane Drama. (2018, PG, 83min) ★★
- 10.00 **FILM** Christmas with a Prince (2018, PG) ★★
- 11.50 **FILM** The Christmas Candle Festive drama. (2013, U, 98min) ★★
- 2.00 PM **FILM** The Sweetest Christmas Festive drama. (2017, PG, 90min) ★★
- 4.00 **FILM** Christmas Song Drama. (2012, PG) ★★
- 6.00 **FILM** Snowbound for Christmas Drama. (2019, PG, 93min) ★★
- 8.00 **FILM** Christmas on Honeysuckle Lane Drama. (2018, PG) ★★
- 10.00 **FILM** A Christmas Crush Comedy. (2019, PG) ★
- 12.00 MT **FILM** Forever Christmas Comedy. (2018, PG, 90min) ★★
- 2.00 AM Highway to Heaven
- 3.00 to 5.00 AM **FILM** Beverly Hills Christmas Drama. (2015, PG) ★★

+1 hour 320 63

## Blaze

164 174 64 161

- 6.00 AM Dickinson's Real...
- 6.40 Pawn Stars Double bill.
- 7.30 Auction Hunters
- 7.55 Storage Wars
- 8.55 Hardcore Pawn
- 10.15 UFOs: Lost Evidence
- 11.10 Weird Britain
- 12.10 PM Mysteries from Above Strange markings.
- 1.05 What on Earth?
- 2.05 Pawn Stars
- 3.05 Storage Wars
- 4.00 Ancient Aliens
- 6.00 UFOs: Lost Evidence
- 7.00 Pawn Stars Double bill.
- 8.00 Dickinson's Real Deal
- 9.00 Great Escapes
- 10.00 When Big Things Go Wrong A train crash.
- 11.00 Adventure Gold Diggers Documentary.
- 12.00 MT Kings of Pain
- 1.00 AM UFOs: Lost Evidence
- 2.00 Weird Britain
- 3.00 Hardcore Pawn
- 3.25 Flipping Bangers
- 4.10 to 6.00 AM Ancient Aliens

## Sky Replay

152 156

- 7.00 AM Sixth Sense with Colin Fry Double bill.
- 8.00 Four Weddings
- 10.00 Merlin 10/13. (S1)
- 11.00 Motorway Patrol
- 12.00 NOON Caught on Dashcam Road disasters.
- 1.00 PM Border Security: America's Front Line
- 2.00 Most Haunted
- 4.00 Departure 1/6. (S3)
- 5.00 Brit Cops: Rapid Response Documentary.
- 6.00 The Real A&E
- 7.00 Merlin 10/13. (S1)
- 8.00 Border Security: America's Front Line
- 9.00 Day of the Dead (S1)
- 10.00 Motorway Patrol
- 11.00 Magnum P.I. 4/20. (S4)
- 12.00 MT Merlin 10/13. (S1)
- 1.00 AM The Russell Howard Hour
- 2.00 A League of Their Own
- 3.00 Duck Quacks Don't Echo With Joe Lycett.
- 4.00 Four Weddings
- 5.00 to 6.00 AM Sixth Sense with Colin Fry

## Rewind TV

182 95

- 6.25 AM Highlights
- 10.00 That's My Dog
- 10.30 Surgical Spirit (S4)
- 11.00 Watching 4/9. (S4)
- 11.30 The Cuckoo Waltz (S4)
- 12.00 NOON Sherlock Holmes
- 12.30 PM Dick Turpin (S3)
- 1.00 Clive James
- 2.00 **FILM** Ginger in the Morning (1973, PG) ★★
- 4.00 Whicker's World
- 4.30 Worzel Gummidge
- 5.00 That's My Dog
- 5.30 Huckleberry Finn
- 6.00 A Fine Romance (S4)
- 6.30 Hancock
- 7.00 Beiderbecke Connection
- 8.00 Return of the Saint
- 9.00 Sapphire and Steel
- 10.00 Drop the Dead Donkey
- 10.30 Whose Line Is It Anyway? Comedy.
- 11.00 Surgical Spirit (S4)
- 11.30 Watching 4/9. (S4)
- 12.00 MT The Cuckoo Waltz
- 12.30 AM Sherlock Holmes
- 1.00 Dick Turpin (S3)
- 1.30 to 5.30 AM Highlights

## SSELECT

153 138 46 133

- 9.00 AM The Yorkshire Vet
- 3.00 PM Murder, She Wrote
- 4.00 Columbo *Try and Catch Me*: The sleuth looks for clues to prove the guilt of a crime writer who committed murder.
- 5.30 Eggheads Quiz show.
- 6.00 Ben Fogle: New Lives in the Wild Ben heads to the Shetland Islands.
- 7.00 Ben meets a couple in Northumberland.
- 8.00 Cumbria: The Lakes & the Coast in Brampton, chef Hrishikesh Desai reinvents his menu.
- 9.00 Michael Palin in Nigeria Michael visits the city of Benin and the River Ethiope.
- 10.00 Digging Up Britain's Past Helen Skelton and Alex Langlands learn about Robin Hood.
- 11.00 Prisoner: Cell Block H
- 1.05 AM Forged in Fire
- 3.35 to 4.00 AM Walking Wartime Britain

## MTV

126/127 824 134

- 6.00 AM Daria 5/13. (S3)
- 6.20 Teen Mom 2
- 7.10 Dallas Cowboys Cheerleaders
- 10.30 MTV Cribs UK
- 11.00 Catfish: The TV Show
- 1.00 PM Catfish: The TV Show Six editions.
- 7.00 Dallas Cowboys Cheerleaders
- 8.00 Teen Mom: The Next Chapter Khesanio asks Brad for permission to marry Mackenzie.
- 9.00 I Used to Be Fat An overweight teenager confronts his past.
- 10.00 Skin A&E Dermatologists treat patients for cysts, lipomas and skin tags.
- 11.00 Ink Master
- 12.00 MT Ridiculousness **New edition** Rob, Steelo and Nina watch some equine lovers.
- 12.30 AM Ridiculousness
- 1.00 Ink Master Double bill.
- 2.45 Georgie Shore
- 3.35 to 4.00 AM Teen Cribs

★★★★ Excellent ★★★★★ Very Good ★★★ Good ★★ Average ★ Poor



## Discovery

125/126 823 177 320 325

- 6.00 AM Wheeler Dealers World Tour A 1970s VW camper.
- 7.00 How It's Made: Dream Cars
- 8.00 Lone Star Law
- 9.00 Baggage Battles
- 10.00 How Do They Do It?
- 11.00 Wheeler Dealers
- 1.00 PM Homestead Rescue: Raney Ranch Double bill.
- 3.00 Gold Rush: Parker's Trail
- 4.00 The Last Alaskans
- 5.00 Gold Divers Documentary.
- 6.00 How Do They Do It? A look into how platinum is mined.
- 6.30 Making peppermint oil.



10.00 Hoffman Family Gold

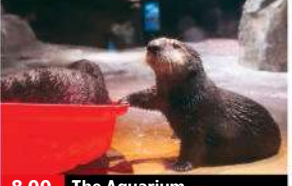
- 7.00 Gold Rush Parker battles to bring in his first Money Pit gold at Dominion Creek, while Rick auditions Buzz.
- 8.00 Wheeler Dealers A Peugeot 205 T16 inspires Mike to upgrade its under-powered UK counterpart for a race.
- 9.00 Gold Rush: Mine Rescue with Freddy & Juan **New edition** The duo must fix an operation during Arizona's monsoon season.
- 10.00 Hoffman Family Gold **New edition** Todd's crew race to beat 1,000 ounces and make a profitable last season for Grampa Jack.
- 11.00 Roadworthy Rescues Derek plans to turn a 1964 Ford Galaxie into a rally-tribute car.
- 12.00 MT Expedition Unknown
- 1.00 AM Gold Rush: Mine Rescue with Freddy & Juan
- 2.00 Wheeler Dealers World Tour
- 3.00 to 5.00 AM Alaska: Homestead Rescue

+1 hour 225/226 377

## Animal Planet

162/175 178

- 8.00 AM Insane Pools: Off the Deep End A luxurious space.
- 9.00 Crikey! It's the Irwins
- 10.00 Dr Jeff: Rocky Mountain Vet
- 12.00 NOON Insane Pools: Off the Deep End A tranquil space.
- 1.00 PM How Do Animals Do That? Double bill of editions.
- 2.00 Swimming with Monsters with Steve Backshall
- 3.00 Rugged Justice
- 4.00 Dr Jeff: Rocky Mountain Vet
- 6.00 Insane Pools: Off the Deep End Lucas is asked to build a pool at a bird sanctuary.



8.00 The Aquarium

- 7.00 Crikey! It's the Irwins Bindi and the family plan an emotional surprise for Terri in the Crocoseum.
- 8.00 The Aquarium The African penguin colony welcome their newest additions after a successful mating season.
- 9.00 The Aquarium The team are eager to open a new exhibit featuring rare albino alligators.
- 10.00 Alaska: The Last Frontier Resupplying the head of the bay proves a difficult task for Elvin and August.
- 11.00 Expedition Bigfoot Russell investigates a possible Bigfoot underwater passageway.
- 12.00 MT The team believe they have finally found Bigfoot.
- 1.00 AM Alaska: The Last Frontier
- 2.00 Dr Jeff: Rocky Mountain Vet
- 4.00 to 5.00 AM Insane Pools: Off the Deep End

+1 hour 262/275 378

## Nat Geographic

129/130 825 183

- 8.00 AM Food Factory USA
- 9.00 Air Crash Investigation: Special Report
- 10.00 Nazi Megastructures
- 11.00 Airport Security: Rome
- 12.00 NOON Car S.O.S
- 1.00 PM Inside Sydney Airport
- 2.00 Air Crash Investigation
- 3.00 Pirate Ships of the Caribbean: Drain the Oceans
- 4.00 Hitler's Last Stand
- 5.00 Car S.O.S A Daimler SP250.
- 6.00 World War II: Secrets from Above A look into the story of the Battle of the Atlantic.



8.00 Apocalypse: Fall of Hitler

- 7.00 Air Crash Investigation Experts investigate a 2007 plane crash in Indonesia in which 21 of the 140 passengers died.
- 8.00 Apocalypse: The Fall of Hitler In 1943, the Allies prepare to rid the world of the Nazi leader once and for all.
- 9.00 Apocalypse: The Fall of Hitler In 1944, the Allied forces take over the West, and Hitler leads his country to its ruin.
- 10.00 Nazi Sunken Sub An investigation into the mysterious disappearance in 1945 of Nazi submarine U-745.
- 11.00 Air Crash Investigation
- 1.00 AM Ultimate Airport Dubai The team quarantine a possible Ebola patient.
- 2.00 Lords of War
- 2.30 Bid & Destroy
- 3.20 Food Factory
- 4.10 When Sharks Attack
- 4.30 to 5.00 AM Trials of the Wild

+1 hour 229/230 383

## Sky History

123/124 821 131 353 368

- 6.00 AM American Pickers
- 8.00 The UnXplained with William Shatner Double bill.
- 10.00 Mountain Men
- 11.00 Mountain Men: Alaska
- 12.00 NOON Secrets of Great British Castles Double bill.
- 2.00 PM Storage Wars
- 4.00 Pawn Stars Four editions of the series, including at: 5.30 Rick hits the road to check out a 1966 Chevy II.
- 6.00 American Pickers Mike and Mefford hone in on an immaculate Chevy pick-up.



10.00 Great Escapes

- 7.00 Forged in Fire Two bladesmiths recreate an iconic ancient iron weapon – the Celtic Anthropomorphic Sword.
- 8.00 American Pickers **New edition** Mike finds a massive stash of brass-era bikes and is determined to buy them.
- 9.00 Hitler's British Island **Series finale** 2/2. The story of how more than 5,000 slave labourers were shipped to Alderney.
- 10.00 Great Escapes with Morgan Freeman **New edition** The daring escape of Forrest Tucker from San Quentin prison.
- 11.00 Greatest Prison Escapes with Billy Hayes The exploits of British criminal Alfie Hinds.
- 12.00 MT Storage Wars
- 2.00 AM Curse of Skinwalker Ranch A former US Navy pilot and UAP whistleblower visits.
- 3.00 American Pickers
- 4.00 to 6.00 AM Pawn Stars

+1 hour 223/224 331

## U&Yesterday

155 846 129 27 159

- 6.10 AM Scouting for Toys
- 8.00 Abandoned Engineering
- 10.00 Narrow Escapes of World War II Documentary.
- 11.00 World War Weird
- 12.00 NOON Great Canal Journeys
- 1.00 PM Antiques Roadshow
- 2.00 Bangers & Cash
- 3.00 Bangers & Cash: Restoring Classics A Vauxhall Astra GTE.
- 4.00 Narrow Escapes of World War II Documentary.
- 5.00 World War Weird
- 6.00 Antiques Roadshow The team return to Chenies Manor.



8.00 Bangers & Cash...

- 7.00 Guy Martin's Great British Power Trip How the country makes its most valuable commodity of all – electricity.
- 8.00 Bangers & Cash: Restoring Classics The team restore a 1988 Golf GTI Convertible and a Mk1 Austin Mini.
- 9.00 Bangers & Cash Dave travels to Leicestershire to collect a 1980 Ford Granada Ghia and a 1981 Ford Cortina.
- 10.00 Bangers & Cash Paul and his son Charlie go on a trip to Leicestershire to collect a vintage Albion truck.
- 11.00 Abandoned Engineering A secret Japanese facility that was once at the forefront of weapons technology.
- 12.00 MT Great Continental Railway Journeys Michael Portillo travels through Spain and Portugal.
- 1.00 to 3.00 AM Scouting for Toys

+1 hour 255 329 74

## Quest

144 834 137 12 150 144

- 6.00 AM Chasing Classic Cars
- 8.00 American Pickers
- 9.00 Aussie Gold Hunters
- 11.00 The Repair Shop
- 12.00 NOON Chasing Classic Cars Triple bill.
- 2.00 PM Shed and Buried
- 3.00 Find It, Fix It, Flog It
- 5.00 Wheeler Dealers
- 7.00 Salvage Hunters: Classic Cars
- 8.00 Aussie Gold Hunters
- 9.00 Shed and Buried **New editions** Unearthing vintage vehicles lying abandoned in Britain's sheds.
- 10.00 Find It, Fix It, Flog It Simon converts a trough into a patio heater.
- 11.00 The Repair Shop The team restore a locket.
- 12.00 MT Find It, Fix It, Flog It
- 1.00 AM Wheeler Dealers
- 3.00 How Do They Do It?
- 4.00 to 5.00 AM How It's Made

+1hr 244 337 70 151

## Quest Red

149 168 40 146

- 6.00 AM Say Yes... UK
- 8.00 Say Yes... Lancashire
- 7.00 Say Yes to the Dress
- 10.00 Say Yes... Atlanta
- 11.00 Say Yes... UK
- 12.00 NOON Forensic Detectives True-crime.
- 1.00 PM Evil Lives Here: Shadows of Death
- 2.00 Murder on CCTV
- 3.00 10 Steps to Murder
- 4.00 American Monster
- 6.00 Murder in the Heartland
- 7.00 Faking It: Tears of a Crime Tracie Andrews.
- 8.00 Murder on CCTV
- 10.00 Married to Evil **New edition** When a husband goes missing, police uncover a secret.
- 11.00 Signs of a Psychopath **New editions** Double bill.
- 12.00 MT Nightmare Next Door Double bill.
- 2.00 AM Murder Comes to Town True-crime.
- 3.00 to 4.00 AM FBI Files

+1 hour 249 152

## True Crime

146 148 67 135

- 9.00 AM Judge Judy
- 1.00 PM Judge Judy
- 7.00 Fraud Squad An audacious scam cons a group of NHS hospitals out of money.
- 8.00 Murder She Solved Special agent Liz Feagles brings a murderer to justice.
- 9.00 Snapped: Killer Couples Police uncover a web of deception, greed and a blood-soaked betrayal.
- 10.00 Murder by the Sea **New edition** A look at the deadly tales from the coastlines of the United Kingdom.
- 11.00 48 Hours True-crime.
- 12.00 MT Crimes That Shook Australia Raechel Betts.
- 1.00 AM Snapped: Killer Couples Documentary.
- 2.00 Murder by the Sea
- 3.00 Medical Detectives
- 4.00 to 6.00 AM Judge Judy

+1 hour 246 348 136

## True Crime Xtra

147 172 68 134

- 9.00 AM 48 Hours
- 11.00 Medical Detectives
- 2.00 PM 48 Hours
- 4.00 Medical Detectives How the FBI identified a St Louis serial killer using only a computer.
- 4.30 Officers struggle to catch a killer when vital evidence is lost.
- 5.00 The hunt for a Philadelphia rapist, revealing how police had only a single sketch of the man and 900 possible suspects.
- 5.30 A girl's body is discovered 10 days after she disappeared.
- 6.00 A healthy family contracts three separate deadly illnesses.
- 6.30 A woman is killed in her front garden.
- 7.00 Judge Judy Real-life small-claims cases
- 12.05 AM Judge Judy
- 4.45 to 6.00 AM Medical Detectives

+1 hour 222/223 321

## Sky Crime

122/123 820 121 349 364

- 6.00 AM Highway Patrol
- 7.00 Road Wars
- 8.00 Stop, Search, Seize
- 9.00 Caught on Dashcam
- 10.00 Motorway Patrol
- 11.00 The Killer Within
- 12.00 NOON How I Caught...
- 1.00 PM Killer in My Village
- 2.00 Murdered at First Sight
- 3.00 Most Evil Killers
- 5.00 How I Caught the Killer
- 6.00 Murders That Shocked the Nation
- 7.00 World's Most Evil Killers
- 8.00 Britain's Most Evil Killers Ali Qazimaj.
- 9.00 **New edition** The crimes of Robert Howard.
- 10.00 Murder Next Door
- 11.00 World's Most Evil Killers
- 12.00 MT How I Caught the...
- 1.00 AM The Real Manhunter
- 2.00 Snapped Judy Naylor.
- 3.00 Murder Uncut
- 4.00 Send in the Dogs
- 5.00 to 6.00 AM Motorway Patrol

+1 hour 222/223 321



## Sky Documentaries

121/122 819 188 352 367

- 6.00 AM **The 2000s**
- 7.00 **Discovering: Robin Williams**
- 8.00 **The Directors**
- 9.00 **The Vietnam War**
- 10.00 **Stax: Soulsville USA**
- 11.00 **The Russell Murders: Who Killed Lin and Megan?**
- 12.00 **NOON Red Elvis: The Cold War Cowboy**
- 1.50 PM **My Icon: Kadeena Cox**
- 2.00 **AKA Mr Chow**
- 3.50 **My Icon: Linford Christie**
- 4.00 **The Directors**
- 5.00 **Discovering: Robin Williams**
- 6.00 **The Vietnam War**
- 7.00 **Stax: Soulsville USA**
- 8.00 **The Russell Murders: Who Killed Lin and Megan? 2/3.** The brutal murders of Lin and Megan Russell.
- 9.00 **Natalie Wood: What Remains Behind** A unique insight into the movie star's life, from her daughter's perspective.
- 11.00 **I Am Johnny Cash**
- 12.45 AM **Very Ralph**
- 2.45 **The Forever Prisoner**
- 5.00 to 6.00 AM **Discovering: Robin Williams**

## Crime+Investigation

156 837 133

- 6.00 AM **On the Case with Paula...**
- 7.00 **Homicide Hunter**
- 8.00 **The First 48**
- 9.00 **Killer Britain**
- 10.00 **Imperfect Murder**
- 11.00 **Somebody's Hiding Something**
- 12.00 **NOON Gypsy Rose: Life After Lock Up** Documentary.
- 1.00 PM **Murdered By Morning**
- 2.00 **Imperfect Murder**
- 3.00 **City Confidential**
- 4.00 **Killer Britain**
- 5.00 **Homicide: Hours to Kill**
- 6.00 **On the Case with Paula Zahn**
- 7.00 **The First 48**
- 8.00 **Imperfect Murder** *New edition*
- 9.00 **Missing Presumed Dead** *New edition* Documentary.
- 10.00 **NEW SERIES Snapped Behind Bars** Documentary.
- 11.00 **Homicide Hunter**
- 12.00 **MT Britain's Darkest Taboos**
- 1.00 AM **Missing Presumed Dead**
- 2.00 **Snapped Behind Bars**
- 3.00 **Imperfect Murder**
- 4.00 **City Confidential**
- 5.00 to 6.00 AM **Somebody's...**

+1 hour 256 333

## U&Eden

166 176 57 160

- 9.00 AM **Inside the Ambulance**
- 1.00 PM **Inside the Ambulance**
- 7.00 **Inside the Ambulance**  
Paramedics attend an accident at a bus station, and treat a pensioner who has angina.
- 8.00 **In Dudley**, paramedics attend a road accident, while in Stoke, the crews try to move a woman with a bad fracture.
- 9.00 **Medics** treat a man who appears to be having a heart attack, and a man who got so confused he came home early from his holiday.
- 10.00 **A girl** suffers life-threatening breathing difficulties at school.
- 11.00 **A boy** is in excruciating pain after injuring his leg, and paramedics treat a 94-year-old man showing signs of a stroke.
- 12.00 **MT Anthony Bourdain: Parts Unknown** Double bill.
- 2.00 AM **Inside the Ambulance**
- 5.20 to 6.00 AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

## Sky Nature

124/125 822 189 354 369

- 6.00 AM **Great Blue Wild**
- 7.00 **Monkey Life**
- 8.00 **Hope for Wildlife**
- 9.00 **Land of Primates**
- 10.00 **Africa's Wild Year**
- 11.00 **Africa's Hunters**
- 12.00 **NOON Whale with Steve Backshall** Documentary.
- 1.00 PM **Monkey Life**
- 2.00 **Hope for Wildlife**
- 3.00 **Land of Primates**
- 4.00 **Africa's Wild Year**
- 5.00 **Uptown Otters**
- 6.00 **Whale with Steve Backshall**
- 7.00 **Monkey Life** Double bill.
- 8.00 **Attenborough's Journey** The making of David Attenborough's documentary series *First Life*.
- 9.00 **Gladiators** The ingenious tactics of Australia's toughest fighters.
- 10.00 **Whale with Steve Backshall**
- 11.00 **Uptown Otters**
- 12.00 **MT The Ocean's Greatest Feast**
- 1.00 AM **Waterworld Africa**
- 2.00 **Attenborough's Journey**
- 3.00 **Gladiators** As 9.00pm.
- 4.00 **Hope for Wildlife**
- 5.00 to 6.00 AM **Land of Primates**

## WILD

165 841 182

- 8.00 AM **Yukon Vet**
- 9.00 **Fish Tank Kings**
- 10.00 **Natural Treasures**
- 11.00 **Animals Gone Wild**
- 12.00 **NOON The Incredible Dr Pol**
- 1.00 PM **Yukon Vet**
- 2.00 **South Africa: Cradle of Killers**
- 3.00 **South Africa: Land of Extremes**
- 4.00 **Secrets of the Zoo: Tampa**
- 5.00 **Monster Fish**
- 6.00 **Snakes in the City**
- 7.00 **Yukon Vet** Dr Oakley joins a cattle round-up at a ranch.
- 8.00 **Europe's Wild Places 1/2.** How lynx, arctic foxes and wolves survive harsh winters.
- 9.00 **2/2.** Spring sees baby wildlife born across Europe.
- 10.00 **Mexico Untamed** How the diversity of wildlife and environments in Mexico leads to fierce conflict between species for territory and food.
- 11.00 **Alaska: The Next Generation**
- 12.00 **MT When Sharks Attack**
- 2.00 AM **Yukon Vet**
- 3.00 **Secrets of the Zoo: Tampa**
- 4.00 to 5.00 AM **Yukon Vet**

## ID

154 166

- 6.00 AM **The Lies That Bind**
- 7.00 **Teleshopping**
- 8.00 **The Lies That Bind**
- 9.00 **Forensic Detectives**
- 11.00 **Breaking Homicide**
- 1.00 PM **Swamp Murders**
- 3.00 **Grave Secrets**
- 5.00 **True Conviction**
- 7.00 **I Almost Got Away with It** The case of conman Steven Russell who pulled off four prison escapes to care for boyfriend Philip Morris, a former cellmate.
- 8.00 **The case** of a convict who escaped from a prison van and hid in the Florida swamps.
- 9.00 **Betrayed** Focusing on the murder of twice-divorced mother-of-two Kathy Goble.
- 10.00 **Evil Lives Here: Shadows of Death** In Florida, a beloved young mother vanishes.
- 11.00 **Evil Lives Here**
- 12.00 **MT Blood Relatives**
- 2.00 AM **True Conviction**
- 4.00 to 6.00 AM **I Almost Got Away with It**

+1 hour 254 366

## Sky History 2

163/168 840 186

- 6.00 AM **Ancient Aliens**
- 8.00 **Cracking the Code**
- 9.00 **Secrets of the Viking Stone**
- 10.00 **History of Weapons**
- 11.00 **Ancient Aliens**
- 1.00 PM **Instruments of Death**
- 2.00 **AI Murray: Why Do the Brits Win Every War?**
- 3.00 **Close Encounters**
- 4.00 **Lost Gold of the Aztecs**
- 5.00 **Secrets of the Viking Stone**
- 6.00 **Great Escapes with Morgan Freeman**
- 7.00 **Digging for Britain**
- 8.00 **WWII's Most Daring Raids** Efforts to destroy a crucial German fuel depot.
- 9.00 **Secret Wars Uncovered** Cuba's influence in Venezuela's future.
- 10.00 **Mission Unexplained** The Russian infantryman who fought an unknown presence with a hypnotising effect.
- 11.00 **National Park Mysteries**
- 12.00 **MT Ancient Aliens**
- 2.00 AM **Digging for Britain**
- 3.00 **Instruments of Death**
- 4.00 to 6.00 AM **AI Murray: Why Do the Brits Win Every War?**

## Discovery History

174 181

- 6.00 AM **NASA's Unexplained Files**
- 7.00 **Wings of War**
- 8.00 **Tony Robinson's World War One**
- 9.00 **Secrets of the Arsenal**
- 10.00 **Salvage Hunters**
- 11.00 **Salvage Hunters: The Restorers**
- 12.00 **NOON Combat Dealers**
- 1.00 PM **Blowing Up History**
- 2.00 **Wings of War**
- 3.00 **Salvage Hunters**
- 4.00 **Combat Dealers**
- 5.00 **Shed and Buried**
- 6.00 **Secrets Underground**
- 7.00 **NASA's Unexplained Files**
- 8.00 **Cooper's Treasure**
- 9.00 **Combat Dealers**
- 10.00 **Salvage Hunters**
- 11.00 **Salvage Hunters: The Restorers**
- 12.00 **MT Shed and Buried**
- 1.00 AM **Combat Dealers**
- 2.00 **Salvage Hunters**
- 3.00 **Cooper's Treasure**
- 4.00 to 5.00 AM **Salvage Hunters: The Restorers**

+1 hour 274 381

## Discovery Turbo

161/172 180

- 6.00 AM **Vintage Voltage**
- 7.00 **Wheeler Dealers**
- 8.00 **Bad Chad Customs**
- 9.00 **World's Greatest Motorcycle...**
- 10.00 **Shed and Buried**
- 11.00 **Salvage Hunters: Classic Cars**
- 12.00 **NOON Ant Anstead Master Mechanic** Double bill.
- 1.00 PM **Extreme RVs**
- 2.00 **Wheeler Dealers**
- 3.00 **World's Greatest Motorcycle...**
- 4.00 **Richard Hammond's Workshop**
- 5.00 **Salvage Hunters: Classic Cars**
- 6.00 **Shed and Buried**
- 7.00 **Wheeler Dealers**
- 8.00 **Richard Hammond's Workshop**
- 9.00 **Vintage Voltage**
- 10.00 **World's Greatest Motorcycle Rides** The Nullabor Plain.
- 11.00 **Wheeler Dealers: Dream Car**
- 12.00 **MT Richard Hammond's Workshop** A client is anxious for work to start on his Bentley.
- 1.00 AM **Texas Metal**
- 2.00 **Fast N' Loud**
- 3.00 **Wheeler Dealers**
- 4.00 to 5.00 AM **Gear Dogs**

+1 hour 261/272

## Sky Cinema Premiere

301 401 501 515

- 7.15 AM **Freud's Last Session** Drama. (2023, 12, 108min) ★★
- 9.10 **Drive-Away Dolls** As 6.10pm.
- 10.45 **Lisa Frankenstein** As 12.30am.
- 12.35 PM **The Radleys** As 8.00pm.
- 2.30 **Caddo Lake** Thriller starring Dylan O'Brien and Eliza Scanlan. (2024, 12, 99min)
- 4.20 **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★
- 6.10 **Drive-Away Dolls** Action comedy with Margaret Qualley. (2023, 15, 84min) ★★★



8.00 **The Radleys**

**8.00 The Radleys** Horror comedy co-written by Jo Brand, starring Kelly Macdonald, Damian Lewis and Sophia Di Martino. A seemingly ordinary family hide a dark secret. (2024, 15, 115min) ★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.00 The Color Purple** Musical drama starring Taraji P Henson and Fantasia Barrino. Torn apart from her sister and children, a woman finds strength in new friendships. (2023, 12, 141min) ★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.30 AM Lisa Frankenstein** Comedy horror with Kathryn Newton and Cole Sprouse. (2024, 15, 101min) ★★★

**2.20 Caddo Lake** As 2.30pm.

**4.05 to 6.10 AM Restore Point** Czech sci-fi thriller starring Andrea Holikova. Subtitled. (2023, 15, 115min) ★★★

## Sky Cinema Drama

310 410 510 524

- 7.30 AM **Philadelphia** Melodrama. (1993, 12, 122min) ★★★★★
- 9.45 **Dallas Buyers Club** Drama. (2013, 15, 114min) ★★★★★
- 11.50 **Love Actually** Romantic comedy. (2003, 15, 135min) ★★
- 2.15 PM **Dear John** Romantic drama. (2010, 12, 108min) ★★
- 4.10 **Field of Dreams** Fantasy drama starring Kevin Costner. (1989, PG, 106min) ★★★★★
- 6.05 **Magic Mike's Last Dance** Comedy drama sequel starring Channing Tatum and Salma Hayek. (2023, 15, 112min) ★★★
- 8.00 **Spotlight** Fact-based drama starring Mark Ruffalo. A team of journalists investigate a conspiracy to cover up child abuse in the Catholic church. (2015, 15, 129min)
- 10.15 **The Unlikely Pilgrimage of Harold Fry** Drama starring Jim Broadbent and Penelope Wilton. (2023, 12, 108min) ★★★
- 12.10 AM **Summerland** Romantic drama starring Gemma Arterton. (2020, 12, 99min) ★★★
- 1.55 **Magic Mike's Last Dance** (2023)
- 3.50 **Burlesque** Musical drama with Cher and Christina Aguilera. (2010, 12, 119min) ★★
- 5.55 to 7.50 AM **Dear John** (2010)

## Sky Cinema Hits

303 403 503 517

- 7.40 AM **Lady Bird** As 2.40pm.
- 9.25 **Groundhog Day** As 4.25pm.
- 11.10 **David Brent: Life on the Road**
- 12.50 PM **Tropic Thunder** As 10pm.
- 2.40 **Lady Bird** Comedy drama starring Saoirse Ronan. (2017, 15, 94min) ★★★★★
- 4.25 **Groundhog Day** Fantasy comedy starring Bill Murray. (1993, PG, 103min) ★★★★★
- 6.10 **Top Gun** Action drama starring Tom Cruise and Kelly McGillis. (1986, 12, 110min) ★★★



10.00 **Tropic Thunder**

**8.00 Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan. A woman hears a grieving widower pour his heart out on the radio and becomes convinced he is the man of her dreams. (1993, PG, 105min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.00 Tropic Thunder** Spoof war movie co-written, directed by and starring Ben Stiller, with Robert Downey Jr, Jack Black and Steve Coogan. (2008, 15, 107min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.55 The Purge** Horror thriller. (2013, 15, 85min) ★★★

**1.25 AM Five Nights at Freddy's** Horror. (2023, 15, 109min) ★★

**3.25 David Brent: Life on the Road** Mockumentary comedy. (2016, 15, 96min) ★★

**5.10 to 7.10 AM RED 2** Action comedy sequel starring Bruce Willis. (2013, 12, 111min) ★★

## Sky Cinema Halloween

311 411 511 525

- 6.45 AM **Dark Skies** As 1.55am.
- 8.40 **Sinister** Horror thriller. (2012, 15, 105min) ★★
- 10.45 **Five Nights at Freddy's** Horror thriller. (2023, 15, 109min) ★★
- 12.45 PM **Insidious** Horror thriller. (2010, 15, 103min) ★★★★★
- 2.40 **Don't Breathe** Horror. (2016, 15, 88min) ★★★★★
- 4.25 **Friday the 13th Part III** Horror sequel. (1982, 18, 95min) ★
- 6.15 **Sinister 2** Horror thriller sequel starring Shannon Sossamon. (2015, 15, 95min) ★★
- 8.00 **Pearl** Horror thriller starring Mia Goth and David Corenswet. (2022, 15, 103min) ★★★★★
- 9.50 **Halloween** Horror sequel starring Jamie Lee Curtis and Judy Greer. After a prison bus crashes, killer Michael Myers is back in the wild, but survivor Laurie Strode is ready for his return. With Andi Matichak. (2018, 18, 106min) ★★★★★
- 11.45 **The Exorcist** Occult horror. (1973, 18, 121min) ★★★★★
- 1.55 AM **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★
- 3.35 **Krampus** Horror comedy. (2015, 15, 94min) ★★
- 5.15 to 7.05 AM **Night Swim** Horror. (2024, 15, 98min) ★★



## Sky Cinema Family

306 406 506 520

- 6.25 AM **Save the Cinema**
- 8.20 **Small Soldiers** Adventure. (1998, PG, 99min) ★★ ★★
- 10.15 **Johnny English Reborn**
- 12.05 PM **Finding Neverland** (2004)
- 2.00 **Monster Trucks** Fantasy. (2016, PG, 104min) ★★
- 4.00 **Johnny English Reborn** Spoof comedy sequel. (2011, PG, 101min) ★★
- 5.50 **Finding Neverland** Period drama starring Johnny Depp. (2004, PG, 101min) ★★ ★★



9.25 **King Ralph**

- 7.40 **Angus, Thongs and Perfect Snogging** Teen comedy starring Georgia Groome, Aaron Johnson and Alan Davies. (2008, 12, 100min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.25 **King Ralph** Comedy starring John Goodman as a boorish Las Vegas entertainer who becomes King of England when the entire Royal Family is killed in a freak accident. With Peter O'Toole. (1991, PG, 97min) ★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.10 **Save the Cinema** Fact-based comedy drama with Samantha Morton and Tom Felton. (2021, 12, 109min) ★★
- 1.05 AM **Mee-See: The Water Giant** Fantasy adventure starring Bruce Greenwood. (2005, PG, 94min) ★★
- 2.45 **Batteries Not Included** Sci-fi fantasy starring Hume Cronyn. (1987, PG, 105min) ★★
- 4.40 to 6.05 AM **Hot Dog Derby** Comedy. (2013, U, 82min) ★★

## Sky Cinema Ultimate Sci-Fi

302 402 502 516

- 7.00 AM **Watchmen** As 8.00pm.
- 9.55 **Asteroid City** Sci-fi comedy. (2023, 12, 105min) ★★ ★★
- 11.55 **Blade** Chiller starring Wesley Snipes. (1998, 18, 121min) ★★
- 2.10 PM **Cloverfield** Offbeat disaster movie starring Lizzy Caplan. (2007, 15, 81min) ★★
- 3.40 **Ready Player One** Sci-fi adventure starring Tye Sheridan. (2018, 12, 140min) ★★ ★★
- 6.00 **Eternal Sunshine of the Spotless Mind** Offbeat comedy starring Jim Carrey. (2004, 15, 108min) ★★ ★★
- 8.00 **Watchmen** Sci-fi action thriller starring Malin Akerman. (2009, 18, 162min) ★★ ★★
- 10.45 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. A linguist must find a way to communicate with an alien race as the world teeters on the brink of global conflict. (2016, 12, 116min) ★★ ★★
- 12.45 AM **Terminator Salvation** Sci-fi thriller sequel starring Christian Bale. (2009, 12, 110min) ★★
- 2.45 **Ex Machina** Sci-fi drama starring Domhnall Gleeson. (2014, 15, 104min) ★★ ★★
- 4.35 to 6.25 AM **Doom** Sci-fi thriller. (2005, 15, 105min) ★★

## Sky Cinema Action

307 407 507 521

- 7.10 AM **The Cinema List: Fast Cars**
- 7.35 **Retribution** As 1.10pm.
- 9.15 **Jackie Chan's Police Story**
- 11.05 **Escape Plan** As 12.30am.
- 1.10 PM **Retribution** Action thriller starring Liam Neeson. (2023, 12, 91min) ★★
- 2.55 **Jason Bourne** Action thriller starring Matt Damon. (2016, 12, 123min) ★★
- 5.05 **Interstellar** Sci-fi drama with Matthew McConaughey. (2014, 12, 166min) ★★ ★★



5.05 **Interstellar**

- 8.00 **Mission: Impossible – Dead Reckoning Part One** Action thriller starring Tom Cruise. The IMF team race to acquire two halves of an interlocking key that can regain control of a lethal artificial intelligence. With Hayley Atwell, Simon Pegg and Ving Rhames. (2023, 12, 163min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.50 **Haywire** Action thriller starring Gina Carano, Michael Fassbender and Ewan McGregor. (2012, 15, 88min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.30 AM **Escape Plan** Thriller. (2013, 15, 113min) ★★
- 2.30 **Jackie Chan's Police Story** Martial arts comedy thriller. (1985, 15, 98min) ★★ ★★
- 4.15 to 6.00 AM **Bruce Lee's Big Boss** Martial arts action thriller. (1971, 18, 94min) ★★

## Sky Cinema Black Talent

304 404 504 518

- 7.00 AM **Boomerang** As 1.15pm.
- 9.10 **Black Joy** As 10.25pm.
- 11.00 **The United States vs. Billie...**
- 1.15 PM **Boomerang** Romantic comedy. (1992, 15, 117min) ★★
- 3.15 **Ray** Biopic starring Jamie Foxx. (2004, 15, 152min) ★★ ★★
- 5.50 **The Cinema List: Black History Month – Directors**
- 6.05 **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★
- 8.00 **Detroit** Fact-based drama set during the 1967 Detroit riots starring John Boyega. Racist police officers respond to a complaint with retribution rather than justice in mind. (2017, 15, 143min) ★★ ★★
- 10.25 **Black Joy** Comedy starring Norman Beaton and Trevor Thomas. A young immigrant from Guyana is taught by a Jamaican wide-boy how to survive in London. With Floella Benjamin. (1977, 15, 109min) ★★
- 12.15 AM **The United States vs. Billie Holiday** Biopic starring Andra Day. (2021, 15, 126min) ★★
- 2.30 **Missing** Thriller starring Storm Reid. (2023, 15, 111min) ★★
- 4.30 to 6.25 AM **Antebellum** Horror mystery starring Janelle Monae. (2019, 15, 105min) ★★

## Sky Cinema Comedy

308 408 508 522

- 7.05 AM **Snack Shack** As 4.10pm.
- 9.05 **Crazy Rich Asians** As 12.55am.
- 11.10 **Disaster Movie** As 8.00pm.
- 12.45 PM **Johnny English** Comedy starring Rowan Atkinson. (2002, PG, 88min) ★★
- 2.20 **Game Night** As 11.10pm.
- 4.10 **Snack Shack** Comedy starring Conor Sherry. (2023, 15, 107min) ★★
- 6.10 **No Hard Feelings** Comedy starring Jennifer Lawrence. (2023, 15, 103min) ★★



11.10 **Game Night**

- 8.00 **Disaster Movie** Spoof comedy with Matt Lanter. Over the course of a single evening, a group of friends encounter a series of natural disasters. (2008, 12, 86min) ★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.35 **Bean** Big-screen spin-off from the TV comedy starring Rowan Atkinson. Disaster-prone Mr Bean creates havoc when he accompanies a valuable painting to America. (1997, PG, 90min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.10 **Game Night** Black comedy starring Jason Bateman and Rachel McAdams. (2018, 15, 100min) ★★ ★★
- 12.55 AM **Crazy Rich Asians** Comedy starring Constance Wu and Henry Golding. (2018, 12, 120min) ★★ ★★
- 3.00 **Jackass Presents: Bad Grandpa** Slapstick comedy. (2013, 15, 92min) ★★
- 4.45 to 6.30 AM **No Hard Feelings** As 6.10pm.

## Sky Cinema Animation

305 412 500 514

- 6.50 AM **Red Shoes and the Seven Dwarfs** As shown at 2.25am.
- 8.30 **Two by Two** Animated adventure. (2015, U, 85min) ★★
- 10.00 **The Rugrats Movie** Animated comedy. (1998, U, 80min) ★★
- 11.30 **The Super Mario Bros Movie** Animated family adventure. (2022, PG, 92min) ★★
- 1.00 PM **Migration** Animated comedy. (2023, U, 83min) ★★
- 2.30 **The Wild Thornberrys Movie** Animated family adventure. (2002, U, 85min) ★★ ★★
- 4.00 **The Prince of Egypt** Animated epic. (1998, U, 99min) ★★ ★★
- 5.50 **Spider-Man: Across the Spider-Verse** Animation. (2023, PG, 140min) ★★ ★★
- 8.15 **Captain Underpants** Animation. (2017, U, 89min) ★★ ★★
- 9.50 **Spy Cat** Animated comedy. (2018, U, 92min) ★★
- 11.30 **Rabbit Academy** Animated comedy. (2022, U, 76min) ★★
- 12.55 AM **Scooby-Doo! and the Curse of the 13th Ghost** Animation. (2019, U) ★★
- 2.25 **Red Shoes and the Seven Dwarfs** (2019, PG) ★★
- 4.05 **Astro Kid** (2019, PG) ★★
- 5.45 to 7.25 AM **Birds of a Feather** Animation. (2019, U, 90min) ★★

## Sky Cinema Thriller

309 409 509 523

- 6.30 AM **Out of the Blue** Romantic thriller. (2022, 15, 104min) ★★
- 8.20 **False Positive** As 4.45am.
- 10.00 **Welcome to the Punch** Thriller. (2013, 15, 98min) ★★
- 11.50 **The Life of David Gale** Crime thriller. (2002, 15, 124min) ★★
- 2.05 PM **Hanna** As 10.30pm.
- 4.00 **Blacklight** Action thriller. (2022, 15, 104min) ★
- 5.50 **Vertigo** Hitchcock thriller starring James Stewart. (1958, PG, 128min) ★★ ★★



8.00 **Sleepers**

- 8.00 **Sleepers** Fact-based drama starring Kevin Bacon, Robert De Niro, Dustin Hoffman, Jason Patric and Brad Pitt. Years after being abused by guards at a reform school, four former teenage friends take their revenge. (1996, 18, 146min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.30 **Hanna** Action thriller starring Saoirse Ronan. A 16-year-old girl, trained by her father to be the perfect assassin, embarks on a dangerous quest. (2011, 12, 106min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.25 AM **K-19: The Widowmaker** Thriller starring Harrison Ford. (2002, 12, 138min) ★★
- 2.50 **Man on a Ledge** Suspense thriller. (2011, 12, 98min) ★★
- 4.45 to 6.20 AM **False Positive** Horror. (2021, 15, 92min) ★★

## Christmas 24

312 419

- 7.00 AM **A Christmas Cookie Catastrophe** Romantic comedy. (2022, PG, 90min) ★★
- 9.00 **If I Only Had Christmas** Festive drama. (2020, PG, 84min) ★
- 11.00 **The Holiday Stocking** Festive fantasy. (2022, PG, 84min) ★★
- 1.00 PM **Next Stop, Christmas** Fantasy. (2021, PG, 84min) ★★
- 3.00 **Jolly Good Christmas** Festive comedy. (2022, PG, 90min) ★★
- 5.00 **Twas the Night Before** Christmas Festive drama. (2022, PG, 84min) ★★
- 7.00 **A Cowboy Christmas Romance** Drama starring Jana Kramer. A real-estate agent reconnects with her family while trying to persuade a farmer to sell his land. (2023, PG, 85min) ★★
- 9.00 **Cross Country Christmas** Drama starring Rachael Leigh Cook. (2020, PG, 83min) ★★
- 11.00 **Sister Swap: A Christmas in the City** Drama. (2021, PG) ★★
- 1.00 AM **Hanukkah on Rye** Romantic comedy drama. (2022, PG, 90min) ★★
- 3.00 to 5.00 AM **Sister Swap: A Hometown Christmas** Comedy. (2021, PG, 90min) ★★

Movies 24+ 315 420

## Film4

313 855 428 14 300

- **Films start at 11.00am**
- 11.00 AM **Broken Arrow** Western. (1950, PG, 93min) ★★ ★★
- 12.50 PM **Carry On Cabby** Comedy. (1963, b/w, PG, 95min) ★★
- 2.40 **Pool of London** Police thriller. (1950, b/w, PG, 85min) ★★
- 4.25 **The Sons of Katie Elder** Western starring John Wayne. (1965, U, 122min) ★★
- 6.55 **Belle** Fact-based drama starring Gugu Mbatha-Raw. (2013, 12, 100min) ★★ ★★



10.55 **Fremont**

- Belle** (film started at 6.55pm) SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.00 **Venom: Let There Be Carnage** Fantasy sequel starring Tom Hardy. Eddie Brock attempts to re-ignite his career by interviewing a serial killer, who then becomes the host of another symbiote. (2021, 15, 97min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.55 **PREMIERE Fremont** Drama starring Anaita Wali Zada, Gregg Turkington and Jeremy Allen White. (2023, b/w, 12, 91min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.45 AM **Locke** Psychological thriller. (2013, 15, 85min) ★★ ★★
- 2.30 to 4.00 AM **The Thief** Crime thriller. (1971, PG, 74min) ★★

## Talking Pictures

328 445 82 306

- 6.00 AM **The Triumph of Sherlock Holmes** Mystery thriller. (1935, b/w, PG, 84min) ★★
- 7.35 **Look at Life**
- 7.50 **Race for the Yankee Zephyr** Adventure. (1981, PG, 108min) ★★
- 10.00 **Serious Charge** Drama. (1959, b/w, PG, 95min) ★★
- 12.00 NOON **Worzel Gummidge** (S4)
- 12.35 PM **The Big Job** Comedy. (1965, b/w, U, 88min) ★★
- 2.20 **Black Widow** Crime thriller. (1944, b/w, PG, 63min) ★★
- 3.35 **Sherlock Holmes** 10/39. (S1)
- 4.10 **Eight O'Clock Walk** Thriller. (1953, b/w, PG, 87min) ★★
- 5.55 **The Beverly Hillsbillies** (S1)
- 6.30 **Colonel March of Scotland Yard**
- 7.05 **Batman** 13/34. (S1)
- 7.35 **Dangerous Assignment** (S1)
- 8.05 **Rumpole of the Bailey** (S3)
- 9.10 **10 Little Indians** Mystery. (1965, b/w, 12, 95min) ★★
- 11.05 **A Reflection of Fear** Horror. (1971, 18, 100min) ★★
- 1.00 AM **Cry of the Werewolf** Horror. (1944, b/w, PG, 63min) ★★
- 2.25 **Private Property** Crime drama. (1960, b/w, 18, 79min) ★★
- 4.05 **Battle Beyond the Sun** Sci-fi adventure with Ivan Pererverzev. (1959, PG, 77min) ★★
- 5.25 to 6.00 AM **For the Love of Ada**



## Sky Sports Main Event

- 401 511 501 419 439**
- 6.00 AM LIVE WTA & ATP Tennis**  
Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.
- 2.00 PM LIVE WTA & ATP Tennis**  
Continued coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.
- 7.30 LIVE EFL Queens Park Rangers v Coventry City.**  
Coverage of the Championship match from MATRADE Loftus Road Stadium. The hosts ended a run of three straight defeats against today's opponents back at the start of May on the final day of last season. However the visitors have won on their last two visits to Loftus Road. Kick-off 8.00pm.
- 10.30 Back Pages Tonight**  
**11.00 Sky Sports News**
- 3.00 to 6.00 AM LIVE WTA & ATP Tennis**  
Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.

## TNT Sports 1

- 410 870 527 408 430**
- 6.00 AM America's Cup**  
**6.30 Premier League Stories**  
**7.00 Premier League Review**  
**8.00 Serie A Action from Italy.**  
**10.00 Champions League Magazine**  
**10.30 Women's Bundesliga**  
**11.30 Premier League Legends**  
**12.00 NOON Premier League Review**  
**1.00 PM LIVE UEFA Youth League Aston Villa U19 v Bologna U19.** Kick-off is at 1.00pm.  
**3.00 Premier League: Big Interview**  
**3.30 UEFA Europa League & Conference League Magazine**  
**4.30 Champions League Magazine**  
**5.00 What I Wore Gianfranco Zola.**  
**5.15 America's Cup In Barcelona.**  
**5.45 Badminton Weekly**  
**6.00 Premier League Netbusters**  
**6.30 Premier League Stories**  
**7.00 LIVE UEFA Champions League Aston Villa v Bologna.** From Villa Park. Kick-off 8.00pm.  
**10.30 The Muddy Roots of Football**  
**11.00 NBA Tip-Off A look ahead.**  
**12.30 AM LIVE NBA Boston Celtics v New York Knicks.** The Eastern Conference match at TD Garden.  
**3.00 LIVE NBA Los Angeles Lakers v Minnesota Timberwolves.**  
**5.30 to 6.30 AM Inside the NBA**

## TNT Sports 4

- 421 876 530 411 434**
- 6.00 AM NWSL** Recent highlights.  
**8.00 NBA Dallas Mavericks v Boston Celtics** in game three of the finals.  
**9.30 Dallas Mavericks v Boston Celtics** in game four of the finals.  
**11.00 A chance to see Boston Celtics v Dallas Mavericks** in game five of the 2023/24 finals.  
**12.30 PM MLB Play-off action.**  
**5.30 LIVE UEFA Champions League Monaco v Red Star Belgrade.** Coverage of the match in the league phase from Stade Louis II. Kick-off is at 5.45pm.  
**7.45 LIVE UEFA Champions League Juventus v VfB Stuttgart.** Coverage of the match in the league phase from Allianz Stadium. Kick-off 8.00pm.  
**10.00 WWE Monday Night Raw**  
**12.30 AM UFC Connected**  
**1.00 Gallagher Premiership Rugby Union** Recent action.  
**5.00 to 6.00 AM Allianz Premiership Women's Rugby**

## Sky Sports Premier League

- 402 512 502 420 440**
- 6.00 AM PL Greatest Games**  
**7.00 Premier League Highlights**  
**8.30 SNF Bournemouth v Arsenal.**  
**9.00 Premier League Highlights**  
**10.00 The Football Show**  
**12.00 NOON Gary Neville's Soccerbox** With Alan Shearer. 12.30 PM With Tony Adams.  
**1.00 Premier League Highlights**  
**3.00 SNF Bournemouth v Arsenal.**  
**3.30 Premier League Highlights** Newcastle United v Brighton.  
**4.00 Highlights from Southampton v Leicester City.**  
**4.30 Fulham v Aston Villa.**  
**5.00 Premier League 100: Darren Bent** The striker looks back.  
**5.30 Premier League Review**  
**6.30 Netbusters** Recent highlights.  
**7.00 Gillette Labs Soccer Special**  
**10.15 Netbusters** Recent highlights.  
**10.45 PL Greatest Games** Action from Manchester United v Tottenham Hotspur from 2012.  
**11.00 Premier League Years**  
**1.00 AM PL Retro Crystal Palace v Liverpool** from 2013/14.  
**3.00 PL Greatest Games**  
**4.00 Best PL Goals 2006/07**  
**5.00 Premier League Best Goals**  
**5.30 to 6.00 AM Premier League 100 Club**

## TNT Sports 2

- 411 871 528 409 431**
- 6.00 AM Fishing: On the Bank**  
**7.00 MotoGP Grand Prix of Australia.**  
**10.30 MotoGP Chequered Flag**  
**11.15 Tom Aspinall's Fight Lab**  
**12.00 NOON America's Cup**  
**12.30 PM WNBA** Game five of the finals.  
**1.30 The Rugby Review**  
**2.15 One Day International Cricket**  
**3.15 TNT Sports Cricket Reload**  
**3.30 Badminton Denmark Open.**  
**5.30 LIVE UEFA Champions League AC Milan v Club Brugge.** Coverage of the match in the league phase, staged at San Siro. Kick-off is at 5.45pm.  
**7.45 LIVE UEFA Champions League Real Madrid v Borussia Dortmund.** Coverage of the match in the league phase from Bernabeu. Kick-off 8.00pm.  
**10.00 Premier League Reload**  
**10.15 Tom Aspinall's Fight Lab**  
**11.00 Fight Week UFC 308** preview.  
**11.30 Premier League Review**  
**12.30 AM LIVE MLB** Coverage of a match from the Postseason.  
**3.45 MotoGP Rewind In Australia.**  
**4.00 UFC: The Ultimate Fighter**  
**5.00 to 6.00 AM UEFA Europa League & Conference League Magazine**

## Eurosport 1

- 413 870 521 412 435**
- 6.00 AM Snooker: Northern Ireland Open** The second day in Belfast.  
**8.00 Cyclo-Cross** From Belgium.  
**9.30 Mountain Bike: Roc d'Azur**  
**10.00 Freestyle Skiing** In Switzerland.  
**11.00 Snooker: Northern Ireland Open** The second day in Belfast.  
**1.00 PM LIVE Snooker: Northern Ireland Open** The afternoon session on day three from Belfast.  
**5.00 Sailing: America's Cup**  
**5.30 Spirit of Yachting**  
**6.00 Rally Raid** From Morocco.  
**6.30 Snooker: Northern Ireland Open** The third day in Belfast.  
**7.00 LIVE Snooker: Northern Ireland Open** The evening session on day three from Belfast.  
**11.00 Triathlon: T100 World Tour** M'T Amsterdam Marathon  
**12.00 AM UFC Connected**  
**1.00 AM Freestyle Skiing**  
**2.00 Snooker: Northern Ireland Open** Day three from Belfast.  
**4.00 to 6.00 AM FIA World Endurance Championship**

## Sky Sports Football

- 403 513 503 421 441**
- 6.00 AM Retro League One**  
**8.00 EFL Cup Highlights**  
**8.30 EFL Trophy Football**  
**9.00 EFL Greatest Games**  
**10.00 EFL Cup Retro** The 2020 final.  
**11.00 EFL West Ham Utd v Blackpool.**  
**12.00 NOON EFL Highlights**  
**12.30 PM Bundesliga Highlights Show**  
**1.30 EFL Highlights**  
**2.00 WSL Chelsea v Tottenham.**  
**2.30 Scottish Premiership Round-Up** Top-flight action.  
**2.45 SPFL Highlights**  
**3.00 EFL Highlights**  
**4.30 Bundesliga Highlights Show**  
**5.30 EFL Highlights**  
**6.00 WSL Chelsea v Tottenham.**  
**6.30 Scottish Premiership Round-Up** Top-flight action.  
**6.45 SPFL Highlights**  
**7.00 EFL Highlights**  
**7.30 LIVE EFL Queens Park Rangers v Coventry City.** Coverage of the Championship match from MATRADE Loftus Road Stadium. Kick-off 8.00pm.  
**10.30 SSN Special: Football's Hidden Talent** Documentary.  
**12.00 M'T EFL** The 2020/21 play-offs.  
**3.00 AM EFL Greatest Games**  
**4.00 to 6.00 AM Retro League One**

## TNT Sports 3

- 417 874 529 410 432**
- 6.00 AM V8 Supercars Highlights**  
**8.00 Gallagher Premiership Rugby Union** Action from Northampton Saints v Sale Sharks.  
**9.00 Highlights** from Newcastle Falcons v Exeter Chiefs.  
**10.00 Bristol Bears v Saracens.**  
**11.00 Harlequins v Bath.**  
**12.00 NOON Action** from Leicester Tigers v Gloucester.  
**1.00 PM MotoGP** Action from the Grand Prix of Australia.  
**4.30 MotoGP Chequered Flag** Post-race show following the Grand Prix of Australia.  
**5.15 What I Wore** Paul Gascoigne.  
**5.30 Test Cricket Highlights** A look back at India v New Zealand in the first Test of the three-match series.  
**7.30 UEFA Champions League Goals Show Xtra** Coverage of all the goals as they go in from tonight's fixtures, featuring Real Madrid v Borussia Dortmund and Aston Villa v Bologna.  
**11.00 The Muddy Roots of Football** Following the story of a football team in the highlands of Ireland.  
**11.30 What I Wore** Michel Salgado.  
**11.45 MotoGP Rewind** A look back.  
**12.00 M'T UEFA Champions League**  
**4.00 to 6.00 AM Test Cricket**

## Eurosport 2

- 414 871 522 413 436**
- 6.00 AM FIA World Endurance Championship** Recent action.  
**8.00 Snooker: Northern Ireland Open** The second day in Belfast.  
**10.00 British Superbikes**  
**12.00 NOON World Superbikes**  
**1.00 PM Freestyle Skiing**  
**2.00 Cycling: Tour of Venetia**  
**3.00 Cyclo-Cross** From Belgium.  
**4.00 FIA World Endurance Championship** Recent action.  
**6.00 British Superbikes**  
**9.00 Sailing: Spirit of Yachting** The latest sailing news and action.  
**9.30 Sailing: America's Cup** Action from day seven of the match race final from Barcelona.  
**10.00 Cycling: Venetia Classic** The men's one-day race from Italy.  
**11.00 FIA World Endurance Championship** Recent action.  
**1.00 AM British Speedway**  
**2.00 Golden Trail World Series**  
**4.00 to 6.00 AM Snooker: Northern Ireland Open**

## Sky Sports Cricket

- 404 514 504 422 442**
- 6.00 AM Women's ICC World T20**  
Cricket Recent highlights.  
**7.30 Best of the Women's World T20** Action from 2009.  
**8.30 Women's ICC World T20 Cricket** The opening semi-final.  
**9.00** The second semi-final.  
**9.30 Action** from the final.  
**10.00 Women's ICC World T20 Cricket** Another chance to see the opening semi-final.  
**2.00 PM Women's ICC World T20 Cricket** Another chance to see the second semi-final.  
**6.00 Women's ICC World T20 Cricket** Another chance to see the final, staged at Dubai International Cricket Stadium.  
**10.30 Women's ICC World T20 Cricket** The semi-finals.  
**11.30 Action** from the final.  
**12.00 M'T WPL** Delhi Capitals v Royal Challengers Bangalore.  
**1.00 AM The Hundred Bitesize**  
**1.30 Women's ICC World T20 Cricket** Recent highlights.  
**3.00 WPL** Delhi Capitals v Royal Challengers Bangalore.  
**4.00 The Hundred Bitesize**  
**4.30 to 6.00 AM Women's ICC World T20 Cricket**

## Sky Sports NFL

- 408 517 507 426 446**
- 6.00 AM NFL Highlights**  
**8.00 NFL Weekly Review**  
**9.00 NFL Highlights**  
**12.00 NOON NFL Bitesize Highlights**  
**1.00 PM Good Morning Football**  
**3.00 NFL Highlights** Tampa Bay Buccaneers v Baltimore Ravens.  
**4.00 NFL Bitesize Highlights**  
**5.00 NFL Highlights** Arizona Cardinals v Los Angeles Chargers.  
**6.00 NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show.  
**8.00 NFL Bitesize Highlights** Arizona Cardinals v Los Angeles Chargers.  
**8.15 Action** from Tampa Bay Buccaneers v Baltimore Ravens.  
**8.30** Two week seven matches.  
**9.00 NFL Highlights** Tampa Bay Buccaneers v Baltimore Ravens.  
**10.00 NFL Weekly Review** Catch up on all the action from week seven of the NFL season.  
**11.00 NFL Fantasy** Featuring the top NFL fantasy experts and analysts.  
**12.00 M'T The Insiders** The latest news covering all 32 NFL teams.  
**1.00 AM NFL Bitesize Highlights**  
**2.00 NBC's Pro-Football Talk**  
**4.00 NFL Highlights**  
**5.00 to 6.00 AM NFL Bitesize Highlights**

## Sky Sports+ Sky Sports+

- 412 518 508 427 447**
- 6.00 AM LIVE WTA & ATP Tennis**  
Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.  
**2.00 PM LIVE WTA & ATP Tennis**  
Continued coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.  
**7.35 LIVE EFL Leeds United v Watford.** Coverage of the Championship match, staged at Elland Road. Kick-off 7.45pm.  
**10.30 Back Pages Tonight** The sports headlines in tomorrow's papers.  
**11.00 Sky Sports News**  
**3.00 to 6.00 AM LIVE WTA & ATP Tennis**  
Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.

## Sky Sports Golf

- 405 515 505 423 443**
- 6.00 AM Nick Dougherty's Tee Time Tips** Expert advice.  
**7.00 Playing Lessons**  
**8.00 Golf Academy**  
**8.30 DP World Tour Golf**  
**9.00 PGA Tour Golf** Children's Open.  
**10.00 Golf Academy**  
**11.00 Nick Dougherty's Tee Time Tips**  
**12.00 NOON Playing Lessons**  
**1.00 PM Golf Academy**  
**1.30 Nick Dougherty's Tee Time Tips**  
**2.00 DP World Tour Golf**  
**2.30 PGA Tour Golf**  
**3.30 Golf Academy**  
**4.30 Nick Dougherty's Tee Time Tips**  
**5.00 Playing Lessons**  
**6.00 How the 1999 Ryder Cup Was Won** From Massachusetts.  
**8.30 DP World Tour Golf**  
**9.00 PGA Tour Golf** Children's Open.  
**10.00 Roots** Profiles of leading players.  
**11.00 DP World Tour Golf**  
**11.30 PGA Tour Golf**  
**12.30 AM Playing Lessons**  
**1.30 Golf Academy**  
**3.00 Nick Dougherty's Tee Time Tips**  
**4.00 Playing Lessons**  
**5.00 to 6.00 AM Golf Academy**

## Sky Sports Tennis

- 407 537 520 425 445**
- 6.00 AM LIVE WTA & ATP Tennis**  
Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.  
**9.00 PM Tennis** Recent highlights.  
**2.00 AM Bitesize Tennis**  
**2.15 US Open Classic Matches**  
**2.30 Bitesize Tennis BOSS** Open.  
**2.45 US Open Tennis** The 1981 final.  
**3.00 to 6.00 AM LIVE WTA & ATP Tennis**  
Coverage from the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.

## Sky Sports Mix

- 416 873 510 429 449**
- 6.00 AM ATP Tennis** Recent finals.  
**10.00 PGA Tour Golf** Children's Open.  
**11.00 Women's ICC World T20 Cricket** The semi-finals and final.  
**12.30 PM DP World Tour Golf**  
**1.00 PGA Tour Golf** Children's Open.  
**2.00 Women's ICC World T20 Cricket** The semi-finals and final.  
**3.30 WTA All Access Magazine**  
**4.00 WTA Tennis** Recent finals.  
**6.00 Formula 1** The United States Grand Prix in Austin, Texas.  
**8.00 Tennis** The ATP European Open.  
**9.00 Spirit of Yachting** Action from the Rolex Swan Cup.  
**9.30 Tennis** ATP European Open final.  
**11.30 DP World Tour Golf**  
**12.00 M'T PGA Tour Golf**  
**1.00 AM NFL Highlights**  
**2.00 Fight Night International**  
**4.00 to 6.00 AM NFL Bitesize Highlights**

## Sky Sports F1

- 406 516 506 424 444**
- 6.00 AM The Home of F1**  
**11.00 Formula 1** Another chance to see the United States Grand Prix.  
**3.30 PM Ted's Notebook**  
**4.00 Formula 1** The United States Grand Prix sprint race in Texas.  
**5.00 Highlights** of the United States Grand Prix in Austin, Texas.  
**6.00 Action** from the 2023 Mexican Grand Prix.  
**7.00 Formula 1** Another chance to see the United States Grand Prix at Circuit of the Americas in Texas.  
**11.30 Ted's Notebook**  
**12.00 M'T Formula 1** Highlights of the United States Grand Prix.  
**1.00 to 6.00 AM The Home of F1**



# Wednesday

23 October

## Evening Planner

Wednesday

**Football**

**LIVE!**



**Champions League**  
*TNT Sports, kick offs 8pm*  
 Tonight's European action features RB Leipzig v Liverpool, Man City v Sparta Prague and Barcelona v Bayern Munich.

**Factual**

**LAST ONE**



**DNA Journey**  
*ITV1, 9pm (box set, ITVX)*  
 As actors Sarah Parish and James Nesbitt conclude this run of the series, James finds a letter from his late father.

**Fantasy Drama**

**NEW**



**Wynonna Earp: Vengeance**  
*Sky Sci-Fi, 9pm*  
 The descendant of legendary lawman Wyatt Earp is back to fight more demonic foes in this feature-length special.

**OnDemand**

**Disney+**

**The Disappearance of Kimmy Diore**  
*Available today*  
 French drama about the search for a missing six-year-old girl.



**NEW**

	7.00 PM	7.30 PM	8.00 PM	8.30 PM	9.00 PM	9.30 PM	10.00 PM	10.30 PM
<b>FAVOURITES</b>	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 The Repair Shop	9.00 Ludwig	10.00 News; Local News	10.40 UEFA...	
	102 BBC2	7.00 The Secret Genius of Modern Life		8.00 The Warship: Tour of Duty	9.00 Trump: The Criminal Conspiracy Case		10.30 Newsnight	
	103 ITV1	◀ 6.30 News	7.30 Emmerdale	8.00 Coronation Street	9.00 DNA Journey	10.00 News; Local News		
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location	9.00 Grand Designs	10.00 New Zealand's Best Homes with Phil...		
	105 CHANNEL 5	7.00 Shop Smart, Save Money		8.00 Traffic Cops	9.00 Police: Night Shift 999	10.00 Inside the Force 24/7		
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Portrait Artist of the Year	9.00 Never Mind the Buzzcocks	9.55 The Walking Dead: Daryl Dixon...		
<b>ENTERTAINMENT</b>	115 BBC3	7.00 Phoenix Rise		8.00 Gavin & Stacey	9.00 Dubai Hustle	10.00 New Comedy...	10.30 Things You...	
	116 BBC4	7.00 Frozen Planet		8.00 From Ice to Fire: The Incredible...	9.00 Brian Cox's Jute Journey	10.10 Play for Today		
	118 ITV2	◀ 6.15 Film: Harry Potter and the Prisoner of Azkaban			9.00 Big Brother	10.00 Big Brother: Late & Live		
	136 MORE4	◀ 6.55 Car S.O.S.		7.55 The Dog House	9.00 National Parks from Above	10.00 Emergency		
	135 E4	7.00 Hollyoaks	7.30 Modern Family	8.00 Hot Yachts: Miami	9.00 Married at First Sight UK	10.00 Will You Marry Me?		
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Fire	9.00 Blue Bloods	10.00 Departure		
	108 SKY ATLANTIC	◀ 6.55 Britannia		7.55 Game of Thrones	9.00 Gangs of London	10.05 The Wire		
	110 GOLD	7.00 Dad's Army		8.20 The Good Life	9.00 Absolutely Fabulous	10.20 The Young Ones		
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games		9.00 QI XL	10.00 Have I Got a Bit More News for You		
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders		10.00 Law & Order: UK		
	120 ITV4	7.00 Gallagher Premiership Unleashed		8.00 Junk and Disorderly	9.00 Film: The Blues Brothers			
	112 COMEDY CENTRAL	◀ 6.55 Friends		8.00 Whose Line Is It Anyway? USA	9.00 Michael McIntyre's Big Show	10.00 Michael McIntyre: Live & Laughing		
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1	9.00 Wynonna Earp: Vengeance			
113 SKY MAX	7.00 Stargate Atlantis		8.00 A League of Their Own US Road Trip	9.00 Never Mind the Buzzcocks	9.55 The Walking Dead: Daryl Dixon...			
109 ALIBI	7.00 The Mentalist		8.00 Death in Paradise	9.00 CSI: Vegas	10.00 Hightown			
130 SKY ARTS	7.00 The Alfred Hitchcock Hour		8.00 Portrait Artist of the Year	9.00 Portrait Artist of the Decade	10.30 David...			
132 U&W	7.00 MasterChef Australia: Dessert Masters		8.10 DIY SOS: The Big Build Ireland	9.10 999 Rescue Squad	10.10 #Murder			
<b>DOCUMENTARY</b>	125 DISCOVERY	7.00 Gold Rush		8.00 Wheeler Dealers	9.00 Deadliest Catch	10.00 Scrap Kings		
	162 ANIMAL PLANET	7.00 Crkey! It's the Irwins		8.00 Sharks vs Dolphins: Face Off	9.00 Blue Serengeti	10.00 Alaska: The Last Frontier		
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.				
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Pawn Stars Do America	9.00 Curse of Skinwalker Ranch	10.00 Beyond Skinwalker Ranch		
	155 U&YESTERDAY	7.00 Guy Martin's Great British Power Trip		8.00 Canal Boat Diaries	9.00 The Warship: Tour of Duty	10.20 Bangers & Cash...		
	121 SKY DOCS	7.00 Stax: Soulsville USA		8.00 The Russell Murders: Who Killed Lin...	9.00 Chimp Crazy	10.00 Nothing Compares		
<b>FILMS - Sky Cinema</b>	301 PREMIERE	◀ 5.30 The Color Purple		8.00 The Radleys		10.00 Caddo Lake		
	302 ULTIMATE SCI-FI	◀ 6.00 Arrival		8.00 Terminator Salvation		10.00 After Earth		
	303 HITS	◀ 6.05 Sleepless in Seattle		8.00 Mad Max: Fury Road		10.00 Five Nights at Freddy's		
	304 BLACK TALENT	◀ 6.00 A Thousand and One		8.00 Fences		10.25 Aisha		
	305 ANIMATION	7.05 Hotel Transylvania 2		8.40 Hotel Transylvania 3: Summer Vacation		10.20 Astro Kid		
	306 FAMILY	◀ 5.40 Annie		7.55 Goosebumps 2: Haunted Halloween	9.30 The SpongeBob SquarePants Movie			
	307 ACTION	◀ 5.55 Suicide Squad		8.00 Inception		10.30 Dungeons &...		
	308 COMEDY	◀ 6.20 Strays		8.00 The Truman Show	9.55 National Lampoon's Animal House			
	309 THRILLER	◀ 5.55 No Country for Old Men		8.00 Angels & Demons		10.25 Law Abiding Citizen		
	310 DRAMA	◀ 6.25 It Is in Us All		8.00 Chicago	9.55 Lost in Translation			
311 HALLOWEEN	◀ 6.05 Knock at the Cabin		8.00 The Nun II		10.00 The Exorcist			
313 FILM4	◀ 6.35 Lion			9.00 Call Jane				
<b>SPORT</b>	401 MAIN EVENT	7.00 EFL - Live: Middlesbrough v Sheffield United (Kick-off 8.00)						10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special						10.15 PL Stories
	403 FOOTBALL	7.00 EFL - Live: Middlesbrough v Sheffield United (Kick-off 8.00)						10.30 EFL Highlights
	404 CRICKET	7.00 Test Cricket	8.00 Ace - in the Making			9.30 You Guys Are History		10.30 Pushing...
	410 TNT SPORTS 1	7.00 UEFA Champions League - Live: RB Leipzig v Liverpool (Kick-off 8.00)						10.30 The Muddy...
	411 TNT SPORTS 2	7.00 UEFA Champions League - Live: Manchester City v Sparta Prague (Kick-off 8.00)						10.30 PL Reload

◀ Denotes programmes starting before 7.00pm † Regions vary





Wednesday

## BBC1

101 101 1 101 101

- 6.00 AM **Breakfast** (S)
- 9.30 **Morning Live** **New edition** (S)
- 10.45 **Crimewatch Caught** **New edition**  
Examining the investigation into the murder of Mark Noke. (S)
- 11.15 **Homes Under the Hammer** **New edition** From Merseyside. (S)
- 12.15 PM **Bargain Hunt** **New edition** (S)
- 1.00 **BBC News** (S)
- 1.35 **Local News** (S)
- 1.45 **BBC News** (S)
- 2.00 **Doctors** (S)(AD)
- 2.30 **Money for Nothing** (S)(R)
- 3.00 **Escape to the Country** (S)(R)
- 3.45 **Garden Rescue** An unloved garden in Leicestershire. (S)(R)
- 4.30 **The Bidding Room** **New edition**  
Items include a doll's house. (S)
- 5.15 **Pointless** Quiz show. (S)(R)
- 6.00 **BBC News** (S)
- 6.30 **Local News** (S)



9.00 **Ludwig**

- 7.00 **The One Show**  
Alex Jones and Clara Amfo present the topical show. (S)
- 7.30 **EastEnders**  
Kat continues to make excuses for Tommy's behaviour, and Jean suspects Freddie is keeping a secret. (S)(AD)
- 8.00 **The Repair Shop** **New edition**  
The experts try to restore a knife-sharpening barrow from the 1890s, a stuffed husky, a one-of-a-kind guitar and a braille typewriter. (S)(AD)
- 9.00 **Ludwig** **New episode** 5/6. John faces bad memories from school as he investigates the death of a headmaster, and Lucy follows a new lead as her covert mission takes her to Wales. (S1) (S)(AD)  
■ Entire series on BBC iPlayer

- 10.00 **BBC News** (S)
- 10.30 **Local News** (S)
- 10.40 **UEFA Champions League MOTD**  
Mark Chapman presents action from the matchday three of the league phase, including RB Leipzig v Liverpool at the Red Bull Arena, Barcelona v Bayern Munich at Estadi Olímpic Lluís Companys and Real Madrid v Borussia Dortmund at the Bernabeu. (S)
- 12.00 **MT Ambulance** 1/6. The staff of London Ambulance Service attend to patients who have been sprayed with an unknown chemical before being called to manage a fire in a multi-storey block of flats. (S)(R)
- 1.00 AM **Weather for the Week Ahead**
- 1.05 to 6.00 AM **BBC News** (S)

## BBC2

102 102 2 102 102

- 6.30 AM **Escape to the Country** (S)(R)
- 7.15 **The Bidding Room** (S)(R)
- 8.00 **Sign Zone: Amazing Hotels: Life Beyond the Lobby** (S)(R)(AD)
- 9.00 **BBC News** (S)
- 11.15 **Politics Live** (S)
- 1.00 PM **Impossible** Quiz show. (S)(R)
- 1.45 **Unbeatable** Game show. (S)(R)
- 2.30 **The Boss** Quiz show. (S)(R)
- 3.15 **Tigers About the House: What Happened Next** (S)(R)(AD)
- 4.15 **This Farming Life** (S)(R)
- 5.15 **Flog It!** From Norwich. (S)(R)
- 6.00 **Richard Osman's House of Games** **New edition** With Chris Bisson, Danielle Harold, Katharine Merry and Robert Webb. (S)
- 6.30 **Strictly: It Takes Two** **New edition**  
Catching up with the couples as they prepare for their Halloween-themed dances. (S)



6.30 **Strictly: It Takes Two**

- 7.00 **The Secret Genius of Modern Life**  
5/6. Headphones are marvels of miniaturisation worn by over 30 million people in the UK. Hannah Fry visits Bose to find out how today's earbud tech works. (S)(R)(AD)
- 8.00 **The Warship: Tour of Duty** 2/6. On its way to the far Pacific, HMS *Queen Elizabeth* ventures into the eastern Mediterranean, but almost immediately Russian warships are diverted from the Black Sea to intercept it. (S)(R)(AD)
- 9.00 **NEW Trump: The Criminal Conspiracy Case**  
Documentary exploring Donald Trump's increasingly audacious attempts to allegedly overturn the result of the 2020 US election and how they led to his arrest and impending criminal trial. Featuring a look at the weeks before the former American president was due to vacate the White House, when an unlikely cast of characters assembled, hoping to find a way of keeping Trump in power. (S)
- 10.30 **Newsnight** (S)
- 11.00 **Weather** (S)
- 11.05 **Unspun World with John Simpson** The week's major global news stories. (S)
- 11.30 **A House Through Time: Two Cities at War** (S)(R)(AD)
- 12.30 AM **Sign Zone: The Man Who Definitely Didn't Steal Hollywood**  
Giancarlo Parretti's ownership of MGM/UA in the 1990s. (S)(R)(AD)
- 2.00 **Sign Zone: Rick Stein's Food Stories** From Manchester. (S)(R)
- 3.00 **Sign Zone: Our Lives - The Lakes: Our Life on the Edge** (S)(R)(AD)
- 3.30 to 6.30 AM **Previews** (S)

## ITV1

103 103 803 103 3 103 103 103

- 6.00 AM **Good Morning Britain** (S)
- 9.00 **Lorraine** Entertainment, current affairs and fashion news. (S)
- 10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
- 12.30 PM **Loose Women** Topical debate from a female perspective. (S)
- 1.30 **ITV News** (S)
- 1.55 **Local News** (S)
- 2.00 **Family Fortunes** Gino D'Acampo hosts the game show as the Arnebergs from Bromley go up against the Firths of York. (S)(R)
- 3.00 **Lingo** **New edition** Word-based quiz show hosted by Adil Ray. (S)
- 4.00 **Tipping Point** **New edition** Game show hosted by Ben Shephard. (S)
- 5.00 **The Chase** **New edition** Quiz show hosted by Bradley Walsh. (S)
- 6.00 **Local News** (S)
- 6.30 **ITV News** (S)



8.00 **Coronation Street**

- 7.30 **Emmerdale**  
DS Foy turns up at the Dingles' house, Belle faces her demons, and Mackenzie is worried that Billy is training for another unlicensed fight. (S)(AD)
- 8.00 **Coronation Street**  
An ambulance is called for Gail following a family row, and Chesney leaves Kirk in charge while he dashes to the airport. Kit finds Dee-Dee's behaviour suspicious, and Max admits his feelings for Lauren. (S)(AD)
- 9.00 **DNA Journey** **Series finale** 3/3. Actors James Nesbitt and Sarah Parish delve into their family histories. James learns about his grandfather's heroic last stand before he became a prisoner of war in World War One. (S)(AD)

- 10.00 **ITV News** (S)
- 10.30 **Local News** (S)
- 10.45 **Peston**  
Political magazine show hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
- 11.40 **Gallagher Premiership Unleashed**  
Action from the fifth round of fixtures, including Newcastle Falcons v Exeter Chiefs. (S)(R)
- 12.05 AM **Teleshopping**
- 3.00 **Tonight: Smartphones - Time to Live Without Them?** (S)(SL)(R)
- 3.25 **I Cut Off His Penis: The Truth Behind the Headlines** (S)(R)(AD)
- 4.35 **Unwind with ITV** (S)
- 5.35 to 6.00 AM **Tom Kerridge Cooks Britain** (S)(SL)(R)(AD)

+1 hour 203 303 35 112

## CHANNEL 4

104 104/108 804 108 4 104 104/106

- 6.25 AM **Cheers** 7-9/28. (S11) (S)(R)
- 7.45 **The King of Queens** (S)(R)(AD)
- 9.10 **Frasier** 3-6/24. (S9) (S)(R)(AD)
- 11.05 **Come Dine with Me: The Professionals** (S)(R)
- 12.05 PM **News** (S)
- 12.10 **Renovation Nation** (S)(R)(AD)
- 1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
- 2.10 **Countdown** **New edition** (S)
- 3.00 **A Place in the Sun: What Happened Next?** (S)(R)
- 4.00 **The Great House Giveaway**  
A dilapidated semi in Wigan. (S)(R)
- 5.00 **Four in a Bed** **New edition** From Bella Vista Lodge in Blackpool. (S)
- 5.30 **Help! We Bought a Village**  
A historical settlement in Puglia is targeted by burglars. (S)(R)
- 6.30 **The Simpsons** *Bobby, It's Cold Outside*: Sideshow Bob gets a job as a Santa at a mall. (S)(R)(AD)



8.00 **Location, Location, Location**

- 7.00 **News** (S)
- 7.55 **Matthew's Story: Stand Up to Cancer** **New edition**  
The story of a man diagnosed with an aggressive brain tumour. (S)(AD)
- 8.00 **Location, Location, Location** **New edition**  
Kirstie Allsopp and Phil Spencer help Jennifer in Belfast, who has hit a wall climbing the property ladder, and Tony and Val, who are looking to relocate from London to County Down. (S)
- 9.00 **Grand Designs** **New edition**  
Kevin McCloud follows the progress of Adam and Tassy as they try to make a fun family home out of an abandoned water tower in Northamptonshire on a budget of £400,000. (S)(AD)

- 10.00 **New Zealand's Best Homes with Phil Spencer** **New edition** 2/6. Phil gets a taste of the country life in Auckland, meets an architect whose passion project was 12 years in the making and visits a modern masterpiece. (S)
- 11.05 **24 Hours in A&E** (S)(R)
- 12.05 AM **The Great British Bake Off** (R)
- 1.15 **Love in the Limelight: Untold** (R)
- 2.10 **FILM Bad Hair** Comedy horror. (S) (2020, 15, 95min) ★★★
- 3.45 **Matthew's Story: Stand Up to Cancer** As 7.00pm. (S)(SL)(R)(AD)
- 3.50 **Dispatches: Vinted's Dirty Laundry** (S)(SL)(R)(AD)
- 4.20 **Kirstie's House of Craft** (S)(R)
- 4.30 **Frasier** 18-20/24. (S2) (S)(R)(AD)
- 5.45 to 6.25 AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121



## CHANNEL 5

105 105 805 105 5 105 105 105

- 5.40 AM Milkshake!
- 9.15 Jeremy Vine (S)
- 11.30 Storm Huntley (S)
- 12.45 PM Friends (S6) (S)(R)(AD)
- 1.40 News (S)
- 1.45 Home and Away (S)(R)
- 2.15 **FILM PREMIERE** Our Mother's Secret Affair Thriller with Ashley Leggat and Laura Afelskie. (S) (2024, PG, 105min) ★★
- 4.00 Bargain-Loving Brits in the Sun Danny and Sophie prepare to launch their new café with a party, but a heavy storm threatens cancellation. (S)(R)
- 5.00 News (S)
- 6.00 Dogs Behaving (Very) Badly Graeme Hall meets a dog with severe separation anxiety and attachment issues. (S)(R)(AD)
- 6.55 News (S)



7.00 Shop Smart, Save Money

- 7.00 Shop Smart, Save Money **New edition** 5/12. Gaby Roslin and Ortis Deley test waterproof backpacks to find out how much buyers need to spend to keep dry. (S)
- 7.55 News (S)

- 8.00 Traffic Cops **New edition** Police cameras trigger a search for a suspected cloned car linked to multiple burglaries across the county. Six units give chase and three suspects are eventually located. (S)

- 9.00 Police: Night Shift 999 **New edition** 4/12. When a member of the public calls in to report that they have seen a group of three men trying to break into cars, PC Gorton and PC Williamson rush over to the scene. (S)

- 10.00 Inside the Force 24/7 4/12. Officers respond when a 999 call comes in about a mass brawl in a town centre pub with the fight spilling out onto the street, leading to multiple arrests. (S)(R)

- 11.05 Cause of Death (S)(R)
- 12.05 AM Traffic Cops (S)(R)
- 1.00 PlayOJO Live Casino Show (S)
- 3.00 Ben Fogle: New Lives in the Wild Ben visits Arizona. (S)(R)
- 3.50 The Wonderful World of Chocolate (S)(SL)(R)
- 4.40 House Doctor (S)(SL)(R)
- 5.05 Wildlife SOS (S)(SL)(R)
- 5.30 to 5.40 AM Entertainment News (S)

+1 hour 205 305 38 128

## SKY SHOWCASE

106 106 806 109 340 355

- 6.00 AM Sky News Breakfast
- 8.00 Border Patrol (S)(R)
- 9.00 Stargate Atlantis (S1) (S)(R)
- 11.00 Africa's Hunters (S)(R)(AD)
- 12.00 NOON Supergirl (S3) (S)(R)
- 1.00 PM NCIS: Los Angeles (S)(R)
- 3.00 Hawaii Five-0 (S10) (S)(R)
- 4.00 MacGyver 2/23. (S2) (S)(R)
- 5.00 The Simpsons *The Road to Cincinatti*: Principal Skinner and Superintendent Chalmers go on a road trip. (S)(R)
- 5.30 *Gone Maggie Gone*: Lisa disguises herself as a nun to infiltrate a convent when Maggie disappears. (S)(R)
- 6.00 The Office (US) 11/22. Michael takes the staff on a cruise. (S)(R)
- 6.30 12/22. Michael burns his foot and expects the staff to work around him. (S2) (S)(R)



8.00 Portrait Artist of the Year

- 7.00 The Simpsons *Sorry Not Sorry*: Lisa refuses to apologise for insulting Miss Hoover. (S)(R)
- 7.30 *The Dad-Feelings Limited*: Comic Book Guy's origin story is revealed. (S)(R)

- 8.00 Portrait Artist of the Year **New edition** Stephen Mangan invites the artists to paint celebrity sitters Dan Snow, Layton Williams and Steven Frayne. With judges Tai Shan Schierenberg, Kathleen Soriano and Kate Bryan. (S)

- 9.00 Never Mind the Buzzcocks **New edition** With Susan Wokoma, AJ Tracey, Nelly Furtado and stand-in captain Sophie Willan. (S)

- 9.55 The Walking Dead: Daryl Dixon – The Book of Carol *L'Invisible*: 3/6. Carol searches for intel, Daryl and Isabelle rush to rescue one of their group, and Pouvoir regathers its forces. (S2) (R)

- 11.00 Brassic 4/7. Vinnie and the gang try to rescue Gideon from a naked cult. (S6) (S)(R)
- 12.00 MT The Force: Manchester (R)
- 1.00 AM Brit Cops: Law & Disorder Focusing on crowd control at football matches. (S)(R)(AD)
- 2.00 Road Wars (S)(R)
- 3.00 Hawaii Five-0 (S10) (S)(R)
- 4.00 MacGyver (S2) (S)(R)
- 5.00 to 6.00 AM Motorway Patrol

+1 hour 206

## LOCAL VARIATIONS

**BBC1**  
**SCOTLAND**  
Sky 964, Virgin 862, Freesat 964  
7.00-7.30pm **NEW** My Brain Tumour and Me (S)  
12.00m't-1.00am Debate Night (S)(R)

**N. IRELAND**  
Sky 966, Virgin 863, Freesat 966  
10.40pm Nolan Live (S)  
11.40pm-1.00am Match of the Day: Champions League (S)

**WALES**  
Sky 965, Virgin 864, Freesat 965  
10.40pm BBC Wales Live **New edition** (S) 11.10 Match of the Day: Champions League (S)  
12.30am Ambulance (S) (R) 1.30-6.00am BBC News (S)

**BBC2**  
**N. IRELAND**  
Sky 969, Freesat 969  
No variations

**WALES**  
Sky 968, Freesat 968  
No variations

**ITV1**  
No variations

**S4C**  
Sky 134, Virgin 164, Freesat 120  
6.00am Cyw 11.00 Dsgyu Gyda Cyw 12.00noon Newyddion a'r Tywydd 12.05pm Cais Quinnell 12.30 Heno 1.00 Colleen Ramsey: Bywyd a Bwyd 1.30 Y Byd ar Bedwar 2.00 Newyddion a'r Tywydd 2.05 Prynghawn Da 3.00 Newyddion a'r Tywydd 3.05 Yr Actor a'r Eicon 4.00 Awr Fawr 5.00 Stwnsh 6.00 Rallio+ 6.30 Rownd a Rownd (AD) 6.57 Newyddion 7.00 Heno **New edition** 7.30 Newyddion a'r Tywydd 8.00 Pobol y Cwm **New episode** (AD) 8.25 **NEW SERIES** Cartrefi Cymru 8.55 Newyddion a'r Tywydd 9.00 Goglebocs Cymru **New edition** 10.00 **NEW SERIES** Hansh: Da Neu Du 10.20 Y Ty Gwyrd (AD) 10.50pm-12.05am Nathan Brew: Caethwasiaeth a Fi

**TV&Satellite week**  
More channels than any other TV magazine

## BBC3

115/117/121 107/113 23 107 107

BBC3 programmes start at 7.00pm



- 7.00 PM Phoenix Rise **New episodes** 5/10. Rihanna is rushed to hospital with stomach pains. 7.30 6/10. A fight breaks out between Phoenix Rise and Brooklands school. (S4)
- 7.55 The Catch Up
- 8.00 Gavin & Stacey 5/8. Bryn tries to organise a surprise party for Gwen's birthday. 8.30 6/8. The newlyweds begin leading separate lives in their home towns. (S2)
- 9.00 Dubai Hustle 3/4. Ellie has some good news to share. 9.30 4/4. Jess makes a major career decision.
- 10.00 BBC New Comedy Awards **New edition** 4/7. Serena Terry hosts the Northern Irish heat in Belfast.
- 10.30 Things You Should Have Done 1&2/6. Comedy. (S1)
- 11.25 Cuckoo 4-6/6. (S1)
- 12.55 AM BBC New Comedy Awards As 10.00pm.
- 1.25 RuPaul's Drag Race UK
- 2.30 Ginger's House
- 2.45 Dubai Hustle
- 3.45 to 4.00 AM Lazy Susan

## MORE4

136/137 831 147 18 124

- 8.55 AM Food Unwrapped
- 9.15 A Place in the Sun
- 10.05 A New Life in the Sun: Where Are They Now?
- 11.05 Find It, Fix It, Flog It
- 1.05 PM Car S.O.S
- 2.05 Four in a Bed
- 4.50 The Dog House
- 5.50 Escape to the Chateau: DIY Dick Strawbridge and Angel Adoree give a staircase a makeover.
- 6.55 Car S.O.S Fuzz Townshend and Tim Shaw restore a 2000 Ford Mondeo.
- 7.55 The Dog House A terrified terrier known as Tiny arrives after his owner of five years is taken into care.
- 9.00 **NEW SERIES** National Parks from Above Exploring national parks across the world. This edition features a look at the Cairngorms National Park in Scotland - an expanse of mountains, ancient forests and atmospheric lochs.
- 10.00 Emergency Specialist surgeons work quickly to save the foot of 87-year-old June who suffered a severe open ankle fracture.
- 11.05 Emergency Helicopter Medics Documentary.
- 12.05 AM 24 Hours in A&E
- 1.10 Emergency
- 2.15 National Parks from Above As 9.00pm.
- 3.20 to 3.50 AM Food Unwrapped

+1 hour 236/237 347 125

## BBC4

116 107/108 9/24 106 108

BBC4 programmes start at 7.00pm



- 7.00 PM Frozen Planet How animals in the polar regions adapt to the summer weather.
- 8.00 From Ice to Fire: The Incredible Science of Temperature The narrow band of temperature that has led to life on Earth.
- 9.00 Brian Cox's Jute Journey The actor travels to Kolkata.
- 10.00 **NEW** Peter McDougall Remembers... The Elephants' Graveyard The writer recalls his 1976 *Play for Today* episode.
- 10.10 The Elephants' Graveyard: Play for Today *The Elephants' Graveyard*: Two Scottish men bond in unemployment and secrets. Stars Billy Connolly.
- 11.00 Just a Boys' Game: Play for Today
- 12.10 AM Face to Face with Billy Connolly
- 12.50 Billy Connolly: Portrait of a Lifetime
- 1.50 Frozen Planet
- 2.50 to 3.50 AM From Ice to Fire: The Incredible Science of Temperature

## E4

135/136 830 106 13 122

- 6.00 AM Hollyoaks
- 6.55 Rude(ish) Tube Shorts
- 7.00 Ramsay's Kitchen Nightmares USA
- 8.00 Married at First Sight UK
- 9.05 The Goldbergs
- 10.00 The Big Bang Theory
- 11.00 Modern Family
- 12.00 NOON The Big Bang Theory 14-17/24. (S7)
- 2.00 PM The Goldbergs
- 3.00 Modern Family
- 4.00 Married at First Sight UK
- 5.05 The Big Bang Theory
- 7.00 Hollyoaks Ste hatches a plan to play the long game.
- 7.30 Modern Family 8/22. Luke finds himself in a compromising position. (S8)
- 8.00 Hot Yachts: Miami **New edition** 3/8. Local yacht brokers are reeling from Vika and Kailie's war of words.
- 9.00 Married at First Sight UK **New edition** A compromising photo stirs up trouble.
- 10.00 **NEW SERIES** Will You Marry Me? 1/3. Following lovestruck Brits as they go to extreme lengths to ask the biggest question of their lives.
- 11.05 Gogglebox
- 12.05 AM Married at First Sight
- 1.05 Will You Marry Me?
- 2.10 Vicky Pattison: My Big Fat Geordie Wedding
- 3.05 Gogglebox
- 4.00 Ramsay's Kitchen Nightmares USA
- 4.50 to 6.00 AM Black-ish

+1 hour 235/236 306 30 123



Wednesday

## Sky Witness

107 807 110 341 356

- 6.00 AM Sun, Sea and A&E
- 7.00 Paramedics
- 8.00 Border Patrol
- 9.00 Highway Patrol
- 10.00 Send in the Dogs
- 11.00 For Life 13/13. (S1)
- 12.00 NOON **The Rookie** 18/22. (S4)
- 1.00 PM **Chicago Med** 18/22. Archer and Asher clash over a patient with close ties to Goodwin. (S7)
- 2.00 **The Equalizer** 7/10. Dee asks McCall to help find her missing transgender friend. (S4)
- 3.00 **Caught on Dashcam**
- 4.00 **Nothing to Declare**



9.00 **Blue Bloods**

## Sky Atlantic

108/109 808 342 357

- 6.00 AM Urban Secrets
- 7.05 **The Guest Wing**
- 8.10 **True Blood** (S2&3)
- 10.20 **Britannia** 7/9. (S1)
- 12.20 PM **Game of Thrones** (S2)
- 1.25 **Billions** 9&10/12. (S3)
- 3.40 **True Blood** 11/12. Guest stars Evan Rachel Wood.
- 4.45 12/12. Sam prepares to make his final move. (S2)
- 5.55 **Britannia** 8/9. Aulus recruits bounty hunters to find Cait.
- 6.55 9/9. Rome truly shows the island of Britannia how it conducts its business. (S1)



11.15 **I Hate Suzie**

## Sky Max

113/114 813 111 346 351

- 6.00 AM **Stargate SG-1** (S1)
- 8.00 **Supergirl** 18/23. (S3)
- 9.00 **Stargate Atlantis** (S1)
- 11.00 **DC's Legends of Tomorrow**
- 12.00 NOON **Supergirl** 20/23. (S3)
- 1.00 PM **NCIS: Los Angeles** (S14)
- 3.00 **Hawaii Five-0** 9/22. (S10)
- 4.00 **MacGyver** 3/23. (S2)
- 5.00 **DC's Legends of Tomorrow** 2/16. The team head to the era of the Salem witch trials. (S4)
- 6.00 **Stargate Atlantis** 13/20. The city is forced to shut down following the outbreak of a potentially fatal virus. (S1)



9.00 **Never Mind the Buzzcocks**

## ITV2

118 816 115 6 113

- 6.00 AM **CITV**
- 9.00 **Totally Bonkers**
- 9.00 **Guinness World Records**
- 10.00 **Love Bites** Double bill.
- 12.00 NOON **Dress to Impress**
- 1.00 PM **Supermarket Sweep**
- 2.00 **Deal or No Deal**
- 3.00 **Charmed** 16/22. (S4)
- 4.00 **Gilmore Girls** 12/21. (S1)
- 5.00 **In for a Penny**
- 5.30 **Catchphrase**
- 6.15 **FILM Harry Potter and the Prisoner of Azkaban** Fantasy sequel with Daniel Radcliffe. (2004, PG, 142min) ★★★★★



5.00 **In For a Penny**

## ITV3

119 117 10 115

- 6.00 AM **Classic Emmerdale**
- 7.00 **Classic Coronation Street**
- 8.05 **Agatha Christie's Poirot**
- 10.15 **The Royal Say a Little Prayer.**
- 11.20 **Heartbeat** Double bill.
- 1.40 PM **Classic Emmerdale**
- 2.40 **Classic Coronation Street**
- 3.50 **Endeavour** *Cartouche*: A mysterious death casts a sinister pall over a veteran film star's visit to a local cinema.
- 5.50 **Heartbeat** *Affairs of the Heart*: The day of Nick and Jo's wedding arrives, but nothing goes to plan.



8.00 **Midsomer Murders**

7 PM

7.00 **Nothing to Declare**  
Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Chicago Fire** *Mayday*: 1/22. The firefighters deal with the aftermath of the capsized boat rescue on Lake Michigan. (S10)

9 PM

9.00 **Blue Bloods** **New episode** *Wicked Games*: 8/18. A serial killer who once targeted Baez is released early from prison. (S14)

10 PM

10.00 **Departure** *The Tempest*: 1/6. The team investigate when an explosion on a ferry results in serious loss of life. (S3)

- 11.00 **FBI** 10/19. Kristen's confidence is shaken. (S2)
- 12.00 **MT Chicago PD** 18/22. (S9)
- 1.00 AM **The Rookie: Feds** 17/22.
- 2.00 **FBI: Most Wanted** 8/15. (S2)
- 3.00 **Transplant** 3/13. (S2)
- 4.00 **Stop, Search, Seize**
- 5.00 to 6.00 AM **UK Border Force**

+1 hour 207 310

7.55 **Game of Thrones** *What Is Dead May Never Die*: 3/10. Tyrion plots to identify Cersei's spy on the small council, and Maester Luwin helps Bran make sense of his dreams. (S2)

9.00 **Gangs of London** 5/9. Kinney must try to reach Darren in time to prevent bloodshed. (S1)

10.05 **The Wire** *Backwash*: 7/12. Rawls tries to persuade Daniels to take on the case of the Jane Doe homicides. (S2)

- 11.15 **I Hate Suzie** 5/8. Cob decides it is his turn to let loose.
- 12.00 **MT 6/8**. On the lookout for a career change, Suzie auditions for a musical. (S1)
- 12.50 AM **My Brilliant Friend** (S3)
- 2.55 **Game of Thrones** As 7.55pm.
- 4.00 to 6.00 AM **Urban Secrets**

+1 hour 208/209

7.00 **Stargate Atlantis** *Sanctuary*: 14/20. The team find a planet which they hope to make the home of refugees. (S1)

8.00 **A League of Their Own** *US Road Trip* 2/4. The boys take part in a baseball challenge at the LA Angels' stadium.

9.00 **Never Mind the Buzzcocks** **New edition** With Susan Wokoma, AJ Tracey and Nelly Furtado.

9.55 **The Walking Dead: Daryl Dixon – The Book of Carol** *L'Invisible*: 3/6. Carol searches for intel, while Daryl and Isabelle rescue one of their group. (S2)

- 11.00 **Brassic** 4/7. The gang try to rescue Gideon from a cult. (S6)
- 12.00 **MT The Walking Dead** 16/16. The communities brave a ferocious blizzard. (S9)
- 1.00 AM **Banshee** 9/10. (S3)
- 2.00 **Road Wars**
- 3.00 **Hawaii Five-0** 9/22. (S10)
- 4.00 **MacGyver** 3/23. (S2)
- 5.00 to 6.00 AM **Highway Patrol**

**FILM Harry Potter and the Prisoner of Azkaban** (started at 6.15pm)  
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Big Brother** **New edition**  
A chance to catch up with everything that has happened in the house.

10.00 **Big Brother: Late & Live** **New edition** AJ Odudu and Will Best present the companion show in front of a live studio audience.

- 11.05 **Family Guy** 12/20. Peter is grounded by Lois. (S18)
- 11.35 **Family Guy** 7/20. (S18)
- 12.00 **MT American Dad!** (S12)
- 12.50 AM **Buffering** 1&2/6. (S1)
- 1.40 **Totally Bonkers**
- 2.10 to 3.00 AM **Unwind with ITV**

+1 hour 218 315 29 114

7.00 **Heartbeat** *Peace and Quiet*: Aidsensfield is transformed from a sleepy rural retreat into a scene of mayhem and violence.

8.00 **Midsomer Murders** *Garden of Death*: A commercial decision to turn Midsomer Deverell's memorial garden into a tea shop proves fatal for members of the Inkpen family, prompting DCI Barnaby to investigate.

10.00 **Law & Order: UK** *Shaken*: 5/6. A six-month-old boy dies in what appears to be a case of cot death. (S4)

- 11.00 **Law & Order: UK** 6/6. A body is found with a note reading 'They Must Be Destroyed' – a chilling reminder of a case Brooks was involved in six years previously. (S4)
- 12.05 AM **Endeavour** As 3.50pm.
- 2.00 to 2.30 AM **Unwind with ITV**

+1 hour 219 317 116

## BBC Scotland

SCOT 115 108 9 106 106  
REST OF UK 180 162 110

- 12.00 NOON **This Is BBC Scotland**
- 7.00 PM **Grand Tours of Scotland's Lochs**  
Paul Murton hears tales of Scotland's last outlaw at Loch Quoich.
- 8.00 **Island Crossings**  
A freight backlog in Stornoway has area an operations manager struggling to keep supply lines to the isles open.
- 9.00 **The Nine**
- 10.00 **River City** **New episode**  
Gillian tries to prevent Mikey being further isolated from her after sensing Jonathon's grip on him is tightening.
- 10.30 **Debate Night** **New edition** Topical debate on the big issues affecting Scotland.
- 11.30 PM to 12.00 MT **Burnistoun** A gullible customer at a car-boot sale pays far too much for a denim jacket.

## Sky Comedy

114/115 814 112 347 362

- 8.00 AM **Will & Grace** (S3)
- 9.00 **Young Rock** (S1)
- 10.00 **Hung** 8&9/10. (S3)
- 11.10 **Eastbound & Down**
- 12.30 PM **Insecure** (S3&4)
- 1.50 **Pen15** 12/15. (S2)
- 2.30 **Hung** 10/10. (S3)
- 3.05 **Vice Principals** 1/9. (S1)
- 3.40 **Eastbound & Down**
- 4.15 **Looking** 1/8. (S1)
- 5.00 **Will & Grace** (S3)
- 6.00 **The Office** (US) (S2)
- 7.00 **Young Rock** (S2)
- 8.00 **Will & Grace** 5/24. Vince gives Will a present.
- 8.30 6/24. Grace and Karen decorate the home of newlyweds. (S7)
- 9.00 **Entourage** (S3)
- 10.10 **The Tonight Show** **Starring Jimmy Fallon** **New edition** Chat show.
- 11.10 **Lucy Beaumont: Live from the Royal Court Theatre** Stand-up show.
- 12.10 AM **Sex and the City**
- 1.30 **Silicon Valley** (S5)
- 3.00 **Hello Ladies** 4/8. (S1)
- 3.40 to 5.00 AM **A.P. Bio**

## Sky Arts

130/131 826 123 36 143 365

- 6.00 AM **André Rieu: Live in Brazil** From Sao Paulo.
- 8.00 **The Joy of Painting**
- 9.00 **Tales of the Unexpected**
- 10.00 **Hitchcock Presents**
- 11.00 **Discovering**
- 12.00 NOON **Portrait Artist...**
- 1.00 PM **Tales of the...**
- 2.00 **The Art of Architecture**
- 3.00 **The Art of Film**
- 4.00 **Classic Albums**
- 5.00 **Portrait Artist 2017**
- 6.00 **Tales of the Unexpected**
- 7.00 **Alfred Hitchcock Hour**
- 8.00 **Portrait Artist of the Year** **New edition**
- 9.00 **Portrait Artist of the Decade** Nine previous winners paint Judi Dench.
- 10.30 **David Hockney: A Celebration**
- 12.00 MT **Great Songwriters**
- 1.00 AM **Harder Than the Rock: The Cimarons Story** Documentary.
- 3.00 **Inside Art**
- 4.00 **Landmark**
- 5.00 to 6.00 AM **The Art of Collecting**

## Sky Mix

151 135 11 141

- 7.00 AM **Nothing to Declare**
- 9.00 **Monkey Life**
- 10.00 **Stop, Search, Seize**
- 11.00 **Highway Patrol**
- 12.00 NOON **Motorway Patrol**
- 1.00 PM **Border Patrol**
- 2.00 **Monkey Life**
- 3.00 **Nothing to Declare**
- 4.00 **Star Trek: The Next Generation** 26/26. (S3)
- 5.00 **Star Trek: Enterprise**
- 6.00 **Star Trek: Deep Space Nine** 20/26. (S4)
- 7.00 **Star Trek: Voyager** (S7)
- 8.00 **Portrait Artist of the Year** The latest celebrity sitters are Dan Snow, Layton Williams and Steven Frayne.
- 9.00 **The Rookie** (S4)
- 11.00 **Killer in My Village**
- 12.00 MT **Caught on Dashcam**
- 1.00 AM **Nothing to Declare**
- 2.00 **Brit Cops: Rapid Response** Documentary.
- 3.00 **Highway Patrol**
- 4.00 **Border Patrol**
- 5.00 to 6.00 AM **Highway Cops**

## ITV Be

131/132 119 28 119

- 7.00 AM **Unwind**
- 7.25 **Olivia Meets Her Match**
- 8.30 **The Cabins**
- 9.30 **The Real Housewives of Cheshire** Reality series.
- 10.30 **Olivia Meets Her Match**
- 11.30 **The Real Housewives of Potomac** Reality series.
- 12.30 PM **Real Housewives of Beverly Hills**
- 1.20 **The Only Way Is Essex**
- 2.05 **Dinner Date**
- 3.10 **The Big Bake**
- 4.05 **The Real Housewives of Potomac** Reality series.
- 5.00 **NEW SERIES The Real Housewives of Beverly Hills** Reality series.
- 6.00 **Masters of Flip**
- 7.00 **The Big Bake**
- 8.00 **Dinner Date**
- 9.00 **Billie and Greg: Family Diaries** **New edition**
- 10.00 **The Only Way Is Essex**
- 11.05 **The Real Housewives of Melbourne**
- 12.10 AM **Be Beautiful**
- 12.25 to 1.00 AM **Unwind**

+1 hour 319

## GREAT! tv

157 170 50

- 8.00 AM **Hart to Hart** (S1)
- 9.00 **Father Dowling Mysteries** 6/8. (S1)
- 10.00 **Diagnosis Murder**
- 11.00 **Castle** 11/23. (S7)
- 12.00 NOON **Hart to Hart**
- 2.00 PM **Father Dowling Mysteries** 3/13. (S2)
- 3.00 **Diagnosis Murder**
- 4.00 **Return of the Saint**
- 5.00 **Murder, She Wrote**
- 7.00 **M\*A\*S\*H** 8-11/25. (S5)
- 9.00 **The Avengers** *The Winged Avenger*: 6/24. Steed and Ms Peel investigate when several businessmen are killed by birds of prey. (S5)
- 10.00 **Randall and Hopkirk (Deceased)** 12/26. (S1)
- 11.00 **Return of the Saint**
- 12.00 MT **M\*A\*S\*H** (S5)
- 2.00 AM **Randall and Hopkirk (Deceased)**
- 3.00 **Return of the Saint**
- 4.00 **Castle** 23/23. (S7)
- 4.50 to 5.00 AM **GREAT! Movie News Extra**

+1 hour 257 62



## ITV4

- 120 118 26 117**
- 6.00 AM Football League Legends
  - 6.10 Minder
  - 7.15 The Sweeney
  - 8.15 Dempsey and Makepeace
  - 9.20 The Saint
  - 10.25 Giant Lobster Hunters
  - 11.25 BattleBots
  - 12.25 PM Dempsey and Makepeace
  - 1.35 The Saint
  - 2.40 Giant Lobster Hunters
  - 3.45 Minder
  - 4.50 The Sweeney
  - 5.55 BattleBots Gruff enters the field with dual flamethrowers.



9.00 The Blues Brothers

- 7.00 Gallagher Premiership Unleashed Action from the fifth round of fixtures, including Newcastle Falcons v Exeter Chiefs.
- 8.00 Junk and Disorderly Henry and the gang set their sights on a big sale at a mega jumble held by Sammy Miller.
- 9.00 **FILM The Blues Brothers** Cult comedy from John Landis, starring John Belushi and Dan Aykroyd as delinquent brothers who get their old R&B band back together to save the orphanage that was their childhood home. (1980, 15, 135min) ★★★★★  
SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.35 English Football League Highlights Action from the latest EFL fixtures, including Luton Town v Sunderland and Hull City v Burnley.
- 1.05 AM Wrestling: AEW Collision
- 2.55 to 3.00 AM Unwind with ITV

+1 hour 220 318 118

## Sky Sci-Fi

- 139/140 836 122 348 363**
- 6.00 AM Most Haunted
  - 8.00 Teleshopping
  - 11.00 Merlin 10/13. (S5)
  - 12.00 NOON Stargate Universe
  - 1.00 PM Star Trek: Deep Space Nine 16/26. (S3)
  - 2.00 Merlin 10/13. (S5)
  - 3.00 Stargate SG-1 20/22. (S4)
  - 4.00 Star Trek: Enterprise (S4)
  - 5.00 Stargate Universe 6/20. The ship's inhabitants try to find a fresh source of water. (S1)
  - 6.00 Merlin 10/13. Morgana seeks help from the wizard Alator in her bid to find Emrys. (S5)



9.00 Wynonna Earp: Vengeance

- 7.00 Star Trek: Deep Space Nine *Prophet Motive*: 16/26. The Grand Nagus Zek claims he has had a spiritual encounter. (S3)
- 8.00 Stargate SG-1 *Double Jeopardy*: 21/22. The team revisit a planet they helped free from Goa'uld enslavement. (S4)
- 9.00 **NEW Wynonna Earp: Vengeance** Supernatural Western starring Melanie Scrofano. Wynonna Earp returns home to battle her greatest foe yet – a psychotic seductress hellbent on revenge against her and those she loves. See feature, page 12.
- 11.00 **FILM Hellbound: Hellraiser II** Horror sequel starring Clare Higgins and Ashley Laurence. A scientist plots to open a replica of the Hellraiser puzzle box. (1989, 18, 96min) ★★
- 1.00 AM Wynonna Earp (S1)
- 2.00 Merlin As 6.00pm.
- 3.00 Star Trek: Enterprise (S4)
- 4.00 to 6.00 AM Stargate SG-1

## Alibi

- 109/110 809 114 343 358**
- 7.10 AM Murdoch Mysteries (S15)
  - 9.00 Father Brown
  - 10.00 Unforgettable 22/22. (S1)
  - 11.00 Hudson & Rex 11/20. (S5)
  - 12.00 NOON The Mentalist (S1)
  - 1.00 PM Death in Paradise (S5)
  - 2.00 Murdoch Mysteries (S15)
  - 4.00 Unforgettable 22/22. (S1)
  - 5.00 Hudson & Rex 11/20. Rex finds a body during Charlie and Sarah's romantic weekend getaway. (S5)
  - 6.00 Elementary 17/21. Holmes and Watson investigate the murder of a zoologist. (S6)



9.00 CSI: Vegas

- 7.00 The Mentalist *The Thin Red Line*: 8/23. The star witness in a high-profile narcotics case is found murdered. (S1)
- 8.00 Death in Paradise *Flames of Love*: 8/8. A student backpacker is found dead with a gun in her hand. (S5)
- 9.00 **CSI: Vegas New episode** *Health and Wellness*: 4/10. Allie gets trapped in an abandoned hospital. (S3) ■ Entire series on Box Sets
- 10.00 **Hightown New episode** *Daddy Issues*: 4/10. Jackie and Leslie are drawn deeper into the case – and towards each other. (S2)
- 11.10 The Mentalist As 7.00pm.
- 12.10 AM Elementary As 6.00pm.
- 1.10 Justified 4/13. Boyd and Ava deal with Ellen May, who has become a lost soul and wants to return 'home'. (S4)
- 2.20 to 4.00 AM Murdoch Mysteries

+1 hour 209/210 314

## GOLD

- 110/111 810 124 344 359**
- 7.05 AM The Fosters
  - 7.45 Keeping Up Appearances
  - 8.20 Last of the Summer Wine
  - 10.00 Hi-de-Hi!
  - 10.40 Still Open All Hours
  - 11.20 Last of the Summer Wine
  - 2.25 PM The Good Life
  - 3.05 Dad's Army
  - 3.45 Hi-de-Hi!
  - 4.20 Last of the Summer Wine
  - 5.40 Still Open All Hours
  - 6.20 Keeping Up Appearances First episode of the sitcom. Daddy suffers an accident.



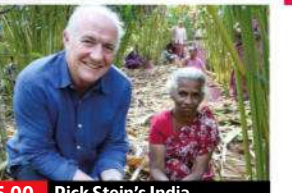
11.10 Inside No 9

- 7.00 Dad's Army Captain Mainwaring initiates a recruitment campaign.
- 7.40 The platoon pose as traitors to see how the locals would deal with genuine Nazi infiltrators.
- 8.20 The Good Life Margo's windbreak causes issues for Tom and Barbara.
- 9.00 Absolutely Fabulous Patsy resents Saffy's relationship with her mum.
- 9.40 Saffy has a baby shower with her friends, while Eddie and Patsy go on a hunting trip.
- 10.20 The Young Ones Last episode. The boys are evicted from their bedsit.
- 11.10 Inside No 9 Alan arrives to teach at a small village primary school in rural Wales.
- 11.50 Blackadder II
- 12.30 AM Absolutely Fabulous
- 1.50 The Young Ones As 10.20pm.
- 2.45 Inside No 9 As 11.10pm.
- 3.15 to 4.00 AM Blackadder II

+1 hour 210/211 324

## U&Dave

- 111/112 811 127 19 157**
- 7.10 AM Whose Line Is It Anyway? USA Double bill.
  - 8.00 Border Force: America's Gatekeepers Double bill.
  - 10.00 Extreme Salvage Squad
  - 12.00 NOON Storage Hunters UK
  - 1.25 PM Speed with Guy Martin
  - 3.00 Top Gear Double bill.
  - 5.00 Rick Stein's India Rick learns about temple cooking in the southern town of Madurai.
  - 6.00 Rick looks for the perfect chicken korma in Lucknow and is recruited as a judge to find Punjab's new 'Star Chef'.



5.00 Rick Stein's India

- 7.00 Would I Lie to You? With Sophie Ellis-Bextor, Loyiso Gola, Jason Manford and Briony May Williams.
- 7.40 Richard Osman's House of Games Guests include the Rev Richard Coles.
- 8.20 With Vick Hope, Gethin Jones, Nicki Chapman and Tim Vine.
- 9.00 QI XL Guests Bill Bailey, Katherine Ryan and Rhod Gilbert join regular panellist Alan Davies and host Sandi Toksvig.
- 10.00 Have I Got a Bit More News for You Victoria Coren Mitchell hosts the satirical quiz, with Sara Pascoe and Henry Blofeld.
- 11.00 Battle in the Box With Josh Pugh and Amy Gedhill.
- 12.00 M'T Mock the Week
- 12.40 AM Alan Davies: As Yet Untitled With Sara Barron.
- 1.40 Would I Lie to You? As 7pm.
- 2.15 QI XL With Holly Walsh.
- 3.05 to 4.00 AM Schitt's Creek

+1 hour 211/212 327 74

## 4seven

- 137/138 143 49 127**
- 9.00 AM Ramsay's Kitchen Nightmares USA
  - 10.00 Find It, Fix It, Flog It
  - 11.00 The Great House Giveaway In Derbyshire.
  - 12.00 NOON Frasier (S2)
  - 1.30 PM A Place in the Sun
  - 2.00 A Place in the Sun: What Happened Next?
  - 3.00 Renovation Nation
  - 4.00 Help! We Bought a Village A French hamlet.
  - 5.00 A Place in the Sun
  - 6.00 A Place in the Sun: What Happened Next?
  - 7.00 A Place in the Sun
  - 7.45 The Great British Bake Off 5/10. The bakers make a frangipane tart in Pastry Week.
  - 9.00 Gogglebox
  - 10.00 **FILM Smile** Horror starring Sosie Bacon and Jessie T Usher. (2022, 18, 115min) ★★★★★
  - 12.20 AM Love Cheats
  - 2.30 Grand Designs
  - 3.35 to 4.40 AM Kirstie and Phil's Love It or List It: Brilliant Builds

+1 hr 241/269 320/362 130

## 5USA

- 141/169 120/162 21 129**
- 9.00 AM NCIS 1-3/24. (S14)
  - 12.00 NOON Law & Order
  - 6.00 PM NCIS *What Lies Above*: 17/24. McGee learns the previous occupant of his flat hid an item of value within.
  - 7.00 MIA: 18/24. The team re-investigate an apparent accidental death for a dying sailor.
  - 8.00 The Wall: 19/24. A US Marine working with a veterans' charity is murdered. (S14)
  - 9.00 Criminal Minds *If the Shoe Fits*: 6/23. The team struggle to find the link between a number of male victims. (S10)
  - 10.00 Law & Order: Special Victims Unit *Hooked*: 15/23. A 15-year-old girl is found dead. (S6)
  - 11.00 Law & Order: Special Victims Unit (S6)
  - 12.55 AM Blindspot (S2)
  - 3.30 to 4.00 AM Criminals: Caught on Camera

+1 hour 228/229 326 140

## 5STAR

- 128/129 126 32 131**
- 8.00 AM Dirty Home Rescue
  - 9.00 Bargain-Loving Brits in the Sun Double bill.
  - 11.00 Traffic Cops
  - 2.00 PM Police Interceptors
  - 5.00 Shoplifters & Scammers: At War with the Law
  - 6.00 Home and Away
  - 7.00 GPs: Behind Closed Doors Medical series.
  - 8.00 Casualty 24/7: Every Second Counts
  - 9.00 999: Emergency Call Out Documentary.
  - 10.00 A&E After Dark
  - 11.00 Trauma Room One
  - 12.00 M/T Killer at the Crime Scene A student is found dead in his car.
  - 1.05 AM Sleeping with My Murderer Nat Fraser.
  - 2.05 Babies 24/7: The Maternity Ward
  - 2.55 GPs: Behind Closed Doors Medical series.
  - 3.50 to 4.00 AM Entertainment News

+1 hour 228/229 326 140

## 5Action

- 150 130 33 132**
- 9.00 AM Entertainment News
  - 9.15 Trucking Hell
  - 10.15 Traffic Cops
  - 11.10 **FILM One-Eyed Jacks** Psychological Western starring Marlon Brando. (1961, PG, 141min) ★★★
  - 2.15 PM **FILM The Duel at Silver Creek** Western starring Audie Murphy. (1952, U, 77min) ★★
  - 4.00 Trucking Hell
  - 5.00 Traffic Cops
  - 6.00 Motorway Cops: Catching Britain's Speeders Documentary.
  - 7.00 Police Interceptors
  - 9.00 Terror at 30,000 Feet
  - 10.00 Doomsday: Caught on Camera A boat trip takes a terrifying turn.
  - 11.00 **FILM Kickboxer: Retaliation** Thriller sequel with Alain Moussi, and Sara Malakul Lane. (2018, 15, 110min) ★★
  - 1.15 AM Fights, Camera, Action! Documentary.
  - 2.10 to 4.00 AM Trucking Hell

+1 hour 232/233 325

## U&W

- 132/133 827 125 25 156**
- 6.10 AM Inside the Ambulance
  - 7.00 Property Brothers: Forever Homes
  - 8.00 Tipping Point
  - 11.00 DIY SOS: The Big Build
  - 1.00 PM Tipping Point
  - 4.00 Property Brothers: Forever Homes
  - 6.00 DIY SOS: The Big Build
  - 7.00 MasterChef Australia: Dessert Masters *New edition* The pastry chefs are challenged to create a dish that smashes or cracks.
  - 8.10 DIY SOS: The Big Build Ireland Renovating the home of a nurse.
  - 9.10 999 Rescue Squad
  - 10.10 #Murder *New edition* A case of mother-of-two Tiara Brown.
  - 11.10 Bradford on Duty
  - 12.35 AM One Born Every Minute Documentary.
  - 1.40 18 Kids and Counting
  - 2.30 to 3.00 AM Date Night

+1 hour 243 316 60



### Really

142 128 17 145

6.00 AM Fantasy Homes by the Sea From Puglia.  
7.00 Teleshopping  
8.00 Salvage Hunters  
10.00 A Place in the Sun  
12.00 NOON Money for Nothing Double bill.  
2.00 PM The Repair Shop  
3.00 Antiques Road Trip  
5.00 The Yorkshire Auction House Double bill.  
7.00 Celebrity Antiques Road Trip Double bill.  
9.00 **NEW SERIES 1000-lb Sisters** Tammy takes small steps towards independence.  
10.00 **NEW SERIES 1000-lb Best Friends** Four best friends battle obesity using hard work and a wicked sense of humour.  
11.00 Help! My House Is Haunted Double bill.  
1.00 AM Unexplained: Caught on Camera  
2.00 Teleshopping  
4.00 to 6.00 AM Salvage Hunters

### Challenge

145 139 48 142

7.00 AM The Chase  
10.00 Weakest Link  
11.00 Pointless Celebrities  
12.00 NOON The Chase  
1.00 PM Family Fortunes  
3.00 Catchphrase Double bill of the game show.  
4.00 Blockbusters Double bill of the quiz show.  
5.00 Bullseye Four editions of the darts-based quiz.  
7.00 Cash Trapped Quiz hosted by Bradley Walsh.  
8.00 The Chase Double bill of the quiz show hosted by Bradley Walsh.  
10.00 Who Wants to Be a Millionaire? Celebrity Special Celebrities compete to win a cash prize for a charity.  
11.00 Bullseye Double bill.  
12.00 MT Who Wants to Be a Millionaire? Quiz show.  
1.00 AM Cash Trapped  
2.00 The Chase Double bill.  
4.00 Classic Who Wants to Be a Millionaire? Quiz.  
5.00 to 6.00 AM Bullseye

### GREAT! action

323 426 42

8.00 AM Police Ten 7  
9.10 **FILM Silverado** Western with Kevin Kline. (1985, PG, 132min) ★★  
12.00 **NOON Wanted: Dead...**  
1.00 PM **FILM No Name on the Bullet** Western. (1959, U, 77min) ★  
2.40 **FILM Twelve O'Clock High** Drama. (1949, b/w, U, 132min) ★★★★★  
5.35 **Wanted: Dead or Alive**  
6.35 **Wild West Chronicles**  
7.05 **FILM 10,000 Days** Drama with Lydia Look. (2014, 12, 87min) ★  
9.00 **FILM Punisher War Zone** Thriller. (2008, 18, 103min) ★★  
11.10 **FILM 10 Minutes Gone** Mystery with Bruce Willis. (2019, 15, 89min) ★  
1.15 AM **FILM Ice Twisters** Sci-fi action thriller. (2009, PG, 91min) ★★  
3.10 **Cops Uncut**  
3.50 to 5.00 AM **War Machines**

### GREAT! movies

321 425 34

9.00 AM **FILM The Landlord** Thriller. (2017, PG) ★★  
11.00 **FILM 911 Nightmare** Thriller. (2015, 15) ★★  
12.55 PM **FILM Secrets in the Snow** Thriller. (2020, PG, 90min) ★  
3.00 **FILM Ice Twisters** Thriller. (2009, PG, 91min) ★★  
5.00 **FILM Asteroid-aggession** Adventure. (2020, PG, 90min) ★★  
7.05 **FILM Lost Letter** **Mysteries: Reconcilable Differences** Drama. (2014, 12, 87min) ★★  
9.00 **FILM The Huntsman: Winter's War** Fantasy. (2016, 12, 114min) ★★  
11.20 **FILM The Cold Light of Day** Action thriller. (2012, 12, 89min) ★★  
1.20 AM **FILM Tracker** Drama. (2012, 10, 101min) ★★  
3.30 **Wild West Chronicles**  
4.00 to 6.00 AM **FILM The Wrong Patient** Thriller. (2018, PG, 90min) ★★

### GREAT! christmas

319 424 52

8.00 AM **FILM The Gift of Christmas** (2020) ★★  
10.10 **FILM A Song for Christmas** (2017) ★★  
12.00 NOON **FILM Christmas Cookies** (2016, PG) ★★  
2.00 PM **FILM A Gingerbread Romance** Festive drama. (2018, PG, 90min) ★★  
4.00 **FILM A Rose for Christmas** Drama. (2017, U, 90min) ★★  
6.00 **FILM Christmas in Palm Springs** Drama. (2014, PG, 84min) ★★  
8.00 **FILM Christmas at Graceland** Drama. (2018, U, 85min) ★★  
10.00 **FILM Welcome to Christmas** Drama. (2018, PG, 91min) ★★  
12.00 MT **FILM Instant Message** Comedy. (2005, PG) ★★  
2.00 AM **Highway to Heaven**  
3.00 to 5.00 AM **FILM Christmas Angel** Drama. (2012, PG, 88min) ★★

### Rewind TV

182 95

6.15 AM Highlights  
10.00 That's My Dog  
10.30 Surgical Spirit  
11.00 Watching (S4)  
11.30 The Cuckoo Waltz (S4)  
12.00 NOON Sherlock Holmes  
12.30 PM Dick Turpin (S3)  
1.00 Space 1999 1/24. (S1)  
2.00 **FILM His Girl Friday** (1940, b/w, U) ★★★★★  
4.00 Whicker's World  
4.30 Worzel Gummidge  
5.00 That's My Dog  
5.30 Huckleberry Finn  
6.00 A Fine Romance (S4)  
6.30 The Optimist (S1)  
7.00 The Beiderbecke Affair  
8.00 Jason King 8/26. (S1)  
9.00 The Prisoner 16/17. (S1)  
10.00 Drop the Dead Donkey  
10.30 Whose Line Is It Anyway? Comedy.  
11.00 Surgical Spirit  
11.30 Watching (S4)  
12.00 MT The Cuckoo Waltz  
12.30 AM Sherlock Holmes  
1.00 Dick Turpin (S3)  
1.30 to 5.45 AM Highlights

### DMAX

159 169 39 147

6.00 AM Alaska: Last Frontier  
7.00 Building Off the Grid  
8.00 Outback Opal Hunters  
9.00 Deadliest Catch  
11.00 Building Off the Grid  
12.00 NOON Alaska: Homestead Rescue  
1.00 PM **LIVE Snooker: Northern Ireland Open**  
3.00 Wheeler Dealers: Stripped Down  
4.00 Extreme RVs  
5.00 Kindig Customs  
6.00 Deadliest Catch  
7.00 Alaska: Last Frontier  
8.00 Alaska: Homestead Rescue Documentary  
9.00 Tiny House, Big Living **New editions** Double bill.  
10.00 Building Off the Grid  
11.00 Aussie Gold Hunters  
12.00 MT Naked and Afraid  
1.00 AM Alaskan Bush People  
2.00 Teleshopping  
4.00 Building Alaska  
5.00 to 6.00 AM Maine Cabin Masters

### Food Network

140/141 190 43 148

6.00 AM Barefoot Contessa  
7.00 The Pioneer Woman  
8.00 30 Minute Meals  
9.00 James Martin Digs Deep  
10.00 Hairy Bikers: Route 66  
11.00 Bobby and Giada in Italy From Rome.  
12.00 NOON Halloween Baking Championship **New editions** Double bill.  
2.00 PM James Martin Digs Deep Double bill.  
3.00 Good Mood Food  
4.00 The Pioneer Woman  
5.00 Girl Meets Farm  
6.00 Bobby and Giada in Italy From Rome.  
7.00 Great British Bake Off  
8.00 Good Mood Food  
9.00 Jamie's Meat-Free Meals Double bill.  
10.00 Money Saving Meals  
11.00 Diners, Drive-Ins and Dives Double bill.  
12.00 MT Grocery Games  
1.00 to 3.00 AM Halloween Baking Championship

### Legend

148 149 41 137

8.00 AM Walker, Texas Ranger 19/25. (S7)  
9.00 The A-Team 7/25. (S3)  
10.00 MacGyver 2/20. (S3)  
11.00 **FILM Capricorn One** Adventure thriller. (1978, PG, 128min) ★★★★★  
1.30 PM **FILM The Sting** Crime comedy. (1973, PG, 129min) ★★★★★  
4.00 The Twilight Zone (S1)  
5.00 Star Trek 21/30. (S1)  
6.00 MacGyver 3/20. (S3)  
7.00 The A-Team 8/25. (S3)  
8.00 Walker, Texas Ranger  
9.00 **FILM Armed Response** Thriller starring Wesley Snipes and Anne Heche. (2017, 15, 93min) ★  
10.55 **FILM Eye of the Tiger** Thriller with Gary Busey. (1986, 18, 90min) ★  
12.45 AM **FILM Prospect** Sci-fi thriller starring Sophie Thatcher. (2018, 15, 96min) ★★★★★  
2.45 to 4.35 AM **FILM From the Dark** Horror. (2014, 18, 90min) ★★

### Legend Xtra

317 171 69 138

6.00 AM **FILM Apocalypse of Ice** As 5.00pm.  
8.00 **FILM Night of the Big Heat** Sci-fi chiller. (1967, 18, 94min) ★  
10.00 **Andromeda 6/22.** (S3)  
11.00 **FILM Eye of the Beast** Monster movie. (2007, 15, 90min) ★★  
1.00 PM **FILM Alien Convergence** Thriller. (2017, 15, 90min) ★★  
3.00 **Andromeda 6/22.** (S3)  
4.00 **Knight Rider (S2)**  
5.00 **FILM Apocalypse of Ice** Disaster epic. (2020, PG, 88min) ★★  
7.00 **Andromeda 7/22.** (S3)  
8.00 **Knight Rider (S2)**  
9.00 **FILM Maximum Overdrive** Horror. (1986, 18, 97min) ★★  
11.00 **FILM Office Uprising** Comedy with Jane Levy. (2018, 15, 92min) ★★  
1.00 to 3.00 AM **FILM Maximum Overdrive** As shown at 9.00pm.

### Blaze

164 174 64 161

6.00 AM Dickinson's Real...  
6.40 Pawn Stars Double bill.  
7.30 Auction Hunters  
7.55 Storage Wars  
8.55 Hardcore Pawn  
10.15 UFOs: Lost Evidence  
11.10 Weird Britain  
12.10 PM **Mysteries from Above** Documentary.  
1.05 What on Earth?  
2.05 Pawn Stars  
3.05 Storage Wars  
4.00 Ancient Aliens  
6.00 UFOs: Lost Evidence  
7.00 Pawn Stars Double bill.  
8.00 Dickinson's Real Deal  
9.00 The Unexplained with William Shatner  
10.00 Monsterquest  
11.00 My Paranormal Nightmare A demon.  
12.00 MT Haunted Hospitals  
1.00 AM UFOs: Lost Evidence  
2.00 Weird Britain  
3.00 Hardcore Pawn  
3.25 Flipping Bangers  
4.10 to 6.00 AM Ancient Aliens

### SSELECT

153 138 46 133

9.00 AM The Yorkshire Vet  
3.00 PM Murder, She Wrote  
4.00 Columbo  
6.00 Ben Fogle: New Lives in the Wild  
Ben spends time with a multi-generational family in Oxfordshire.  
7.00 Ben meets a modern-day nomad travelling across the United States.  
8.00 The High Street Shops **We Loved & Lost A** look back at shops including Lunn Poly, Thomas Cook, Our Price, Toys R Us and Phones 4U.  
9.00 Inside Windsor Castle: A Royal Residence  
A look at Elizabeth II's time in the castle.  
10.00 Digging Up Britain's Past  
Secrets about life during the Black Death.  
11.00 Prisoner: Cell Block H  
1.05 AM Forged in Fire  
3.35 to 4.00 AM Walking Wartime Britain

### HGTV

158 191 44 149

7.00 AM Building Alaska  
8.00 Escape to the Country  
9.00 A Place in the Sun  
10.00 Escape to the Country  
11.00 A Place in the Sun  
12.00 NOON My Lottery Dream Home  
2.00 PM A Place in the Sun  
3.00 Escape to the Country  
5.00 A Place in the Sun  
8.00 Escape to the Country  
Jules Hudson helps a couple find a modest cottage in Cornwall.  
9.00 Good Bones  
10.00 Renovation Aloha **New edition** Things get off to a rocky start as Kamohai and Tristin Kalama attempt their priciest flip to date.  
11.00 Home Town  
12.00 MT Bargain Mansions  
1.00 AM Building Alaska  
2.00 Flip or Flop Double bill.  
3.00 to 4.00 AM My Lottery Dream Home

### TLC

133/134 828 165

7.00 AM Extreme Couponing  
8.00 Flip or Flop  
9.00 Say Yes to the Dress: UK Double bill.  
10.00 Dr Pimple Popper  
11.00 1000-lb Sisters  
12.00 NOON Unexpected...  
1.00 PM I Love a Mama's Boy  
2.00 Return to Amish  
3.00 My Lottery Dream Home Double bill.  
4.00 Outdaughters  
5.00 1000-lb Sisters  
6.00 The Bad Skin Clinic  
7.00 My 4 Wives  
8.00 Sister Wives **New edition**  
9.00 Unexpected: Teenage & Pregnant **New edition**  
10.00 sMothered  
11.00 Sex Sent Me to the ER  
12.00 MT Body Bizarre  
1.00 AM Extreme Couponing  
2.00 sMothered  
3.00 Sex Sent Me to the ER  
4.00 Sister Wives  
5.00 to 6.00 AM Extreme Cheapskates

### Comedy Central

112/113 812 132 345 360

8.00 AM Michael McIntyre's Big Show As 9.00pm.  
9.00 Impractical Jokers  
10.00 Whose Line Is It Anyway? USA  
10.55 New Girl (S4)  
12.45 PM Friends (S9&10)  
8.00 Whose Line Is It Anyway? USA **New editions** Double bill.  
9.00 Michael McIntyre's Big Show With Colin Cloud.  
10.00 Michael McIntyre: Live & Laughing Stand-up.  
11.00 Ugly Americans **New episode** 11/17. (S2)  
11.30 Out of Order: Best Bits  
12.30 AM The Culture Capsule **New edition**  
12.40 Most Ridiculous  
1.40 South Park (S2)  
2.40 Michael McIntyre: Live & Laughing  
3.35 The Daily Show **New edition** Talk show.  
4.00 Beavis and Butt-Head  
4.15 to 5.00 AM Friends

### Comedy Cen. Extra

127/128 154

6.00 AM Friends (S4&5)  
7.00 Teleshopping  
9.00 Becker 4&5/13. (S6)  
10.00 Friends (S4,5&1)  
1.00 PM Michael McIntyre's Big Show With guest Katherine Jenkins.  
2.00 Criminally Funny  
3.30 Impractical Jokers  
4.00 Daria 8&9/13. (S4)  
5.00 Becker 4&5/13. (S6)  
6.00 Home Improvement  
7.00 Last Man Standing (S2)  
8.00 New Girl 8/22. Jess, Coach and Ryan attend a teachers' conference.  
8.30 10/22. Jesse and Cece have a fight. (S4)  
9.00 South Park 12/13. The boys find a relic that spawns a monster. (S1)  
9.30 12/17. The friends try to reach Heaven. (S6)  
10.00 South Park (S6&7)  
2.00 AM The Roast of David Hasselhoff  
3.20 Jimmy Carr: Stand Up  
4.30 Grouchy Young Men  
5.15 to 6.00 AM Guessable?

### Sky Replay

152 156

7.00 AM Sixth Sense with Colin Fry Double bill.  
8.00 Four Weddings  
10.00 Merlin 11/13. (S1)  
11.00 Motorway Patrol  
12.00 NOON Caught on Dashcam Documentary.  
1.00 PM Border Security: America's Front Line  
2.00 Most Haunted  
4.00 Departure 2/6. (S3)  
5.00 Brit Cops: Rapid Response Documentary.  
6.00 The Real A&E  
7.00 Merlin 11/13. (S1)  
8.00 Border Security: America's Front Line  
9.00 Day of the Dead (S1)  
10.00 Motorway Patrol  
11.00 Magnum P.I. 5/20. (S4)  
12.00 MT Merlin 11/13. (S1)  
1.00 AM The Russell Howard Hour  
2.00 A League of Their Own  
3.00 Duck Quacks Don't Echo Lee Mack hosts.  
4.00 Four Weddings  
5.00 to 6.00 AM Sixth Sense with Colin Fry

### MTV

126/127 824 134

6.00 AM Daria 6/13. (S3)  
6.20 Teen Mom 2  
7.10 Dallas Cowboys Cheerleaders  
11.00 Catfish: The TV Show  
1.00 PM Catfish: The TV Show Six editions.  
7.00 Teen Mom: The Next Chapter **New edition**  
Roxanne returns home from a treatment facility.  
8.00 Teen Mom UK **New edition**  
Sassi continues to struggle with Darren's new life.  
9.00 Help! I'm in a Secret Relationship!  
10.00 Caught in the Act: Unfaithful **New edition**  
Vanna asks Tami Roman for help finding out if Stone is cheating.  
11.00 The Challenge: Battle of the Eras **New edition**  
12.30 AM Ridiculousness **New edition**  
1.00 Ink Master Double bill.  
2.45 Georgie Shore  
3.35 to 4.00 AM Teen Crips



## Discovery

125/126 823 177 320 325

- 6.00 AM **Wheeler Dealers World Tour** Searching for a Hilux.
- 7.00 **How It's Made: Dream Cars**
- 8.00 **Lone Star Law**
- 9.00 **Baggage Battles**
- 10.00 **How Do They Do It?**
- 11.00 **Wheeler Dealers**
- 1.00 PM **Alaska: Homestead Rescue** Double bill.
- 3.00 **Gold Rush: Parker's Trail**
- 4.00 **The Last Alaskans**
- 5.00 **Gold Divers** A potential disaster plagues the Kellys, prompting a bail-out.
- 6.00 **How Do They Do It?**



**LAST ONE**

9.00 **Deadliest Catch**

7.00 **Gold Rush** A mysterious gold lode may set Parker back, Tony moves everyone back to Paradise Hill, and tensions flare.

8.00 **Wheeler Dealers** Mike thinks there's money to be made on a soft-top Saab 900, but Elvis has concerns.

9.00 **Deadliest Catch** **Series finale** The season draws to a close, with four boats racing against time as conditions intensify.

10.00 **Scrap Kings** On the Channel Islands, the team have a difficult task demolishing an old cable car station.

11.00 **Roadworthy Rescues**

12.00 **M/T Expedition Unknown** Josh hunts for the last Mayan stronghold to ward off the Spanish conquistadors.

1.00 AM **Deadliest Catch**

2.00 **Scrap Kings** As 10.00pm.

3.00 to 5.00 AM **Alaska: Homestead Rescue**

+1 hour 225/226 377

## Animal Planet

162/175 178

- 8.00 AM **Insane Pools: Off the Deep End**
- 9.00 **Crikey! It's the Irwins**
- 10.00 **Dr Jeff: Rocky Mountain Vet**
- 12.00 **NOON Insane Pools: Off the Deep End** A palatial pool.
- 1.00 PM **Amanda to the Rescue** Amanda Geise teams up with Tia Torres to help a Great Dane with brain problems.
- 2.00 **Crikey! It's the Irwins**
- 4.00 **Dr Jeff: Rocky Mountain Vet**
- 6.00 **Insane Pools: Off the Deep End** Lucas Congdon and his crew build a private river.



8.00 **Sharks vs Dolphins**

7.00 **Crikey! It's the Irwins** After historical wildfires strike Australia, the Irwins race to rescue as many animals as possible.

8.00 **Sharks vs Dolphins: Face Off** Scientists attempt to understand the relationship between sharks and dolphins.

9.00 **Blue Serengeti** Three marine hotspots off the coast of California have been made more visible thanks to new technology.

10.00 **Alaska: The Last Frontier** Otto surveys the condition of his rusting barge after a winter in drydock.

11.00 **The Aquarium** The penguin colony welcome new additions.

12.00 **M/T** The team are eager to open a new exhibit featuring rare albino alligators.

1.00 AM **Alaska: The Last Frontier**

2.00 **Dr Jeff: Rocky Mountain Vet**

4.00 to 5.00 AM **Insane Pools: Off the Deep End**

+1 hour 262/275 378

## Nat Geographic

129/130 825 183

- 8.00 AM **Food Factory USA**
- 9.00 **Air Crash Investigation: Special Report**
- 10.00 **Nazi Megastructures**
- 11.00 **Airport Security: Rome**
- 12.00 **NOON Car S.O.S**
- 1.00 PM **Inside Sydney Airport**
- 2.00 **Air Crash Investigation**
- 3.00 **Plane Crash Recreated**
- 4.00 **Hitler's Last Stand**
- 5.00 **Car S.O.S** A Morris Traveller.
- 6.00 **World War II: Secrets from Above** The point in the war when the Allies took the beaches of Northern France.



8.00 **Car S.O.S**

7.00 **Air Crash Investigation** A plane that crashed under impossible circumstances in 1991 that killed 23 people.

8.00 **Car S.O.S** Tim Shaw and Fuzz Townshend restore Adam's Datsun 240K Skyline, a rare Japanese classic from the 1970s.

9.00 **Car S.O.S** Tim Shaw and Fuzz Townshend work on restoring an iconic BMW E30 Alpina for town planner Maz.

10.00 **Car S.O.S** Fuzz Townshend and Tim Shaw restore an XR2 to show-winning condition.

11.00 **Air Crash Investigation** A crash that kills eight people.

12.00 **M/T** Employees stop a man carrying fake passports.

1.00 AM **Ultimate Airport Dubai**

2.00 **Lords of War**

2.30 **Bid & Destroy** Double bill.

3.20 **Food Factory**

4.10 to 5.00 AM **Trials of the Wild**

+1 hour 229/230 383

## Sky History

123/124 821 131 353 368

- 6.00 AM **American Pickers**
- 8.00 **The Unexplained with William Shatner**
- 10.00 **Mountain Men: Alaska**
- 12.00 **NOON Secrets of Great British Castles** Exploring the history of Warwick Castle.
- 1.00 Dan Jones heads to Gwynedd to explore the history of Caernarfon Castle.
- 2.00 **PM Storage Wars**
- 4.00 **Pawn Stars** Four editions.
- 6.00 **American Pickers** Mike meets a country music legend in Tennessee.



8.00 **Pawn Stars Do America**

7.00 **Forged in Fire** The final two bladesmiths create one of the Ottoman Empire's most lethal sabers – the Kilij.

8.00 **Pawn Stars Do America** **New edition** The team recall seeing a turbocharged Porsche collection in the Midwest.

9.00 **Curse of Skinwalker Ranch** **New edition** The drilling operation leads to a disturbing chain of events.

10.00 **Beyond Skinwalker Ranch** **New edition** A trip to one of the largest sites of ancient Native American petroglyphs.

11.00 **Alien Files Reopened** Strange UFO phenomenon witnessed by former Navy fighter pilot Lt Ryan Graves.

12.00 **M/T Storage Wars**

2.00 AM **Alone** One participant's snare line gets stalked.

3.00 **Pawn Stars Do America**

4.00 to 6.00 AM **Pawn Stars**

+1 hour 223/224 331

## U&Yesterday

155 846 129 27 159

- 6.10 AM **Secrets of the London Underground** Double bill.
- 8.00 **Abandoned Engineering**
- 10.00 **Narrow Escapes of World War II** Documentary.
- 11.00 **World War Weird**
- 12.00 **NOON Great Canal Journeys**
- 1.00 PM **Antiques Roadshow**
- 2.00 **Bangers & Cash: Restoring Classics** Double bill.
- 4.00 **Narrow Escapes of World War II** The story of Major General Robert Laycock.
- 5.00 **World War Weird**
- 6.00 **Antiques Roadshow**



8.00 **Canal Boat Diaries**

7.00 **Guy Martin's Great British Power Trip** Guy Martin visits the central control room of the entire national grid.

8.00 **Canal Boat Diaries** During a cold snap, Robbie gets iced in on the Grand Union Canal.

9.00 **The Warship: Tour of Duty HMS Queen Elizabeth** launches a search and rescue mission in an attempt to locate a missing airman.

10.20 **Bangers & Cash: Restoring Classics** A red Vauxhall Astra GTE gives the team a headache.

11.20 **Abandoned Engineering** A collection of buildings hidden in a Parisian park and an eerie graveyard of ships strewn along the banks of a river.

12.20 AM **Great Continental Railway Journeys**

1.20 to 3.00 AM **Secrets of the London Underground**

+1 hour 255 329 74

## Quest

144 834 137 12 150 144

- 6.00 AM **Chasing Classic Cars**
- 8.00 **American Pickers**
- 9.00 **Aussie Gold Hunters**
- 11.00 **The Repair Shop**
- 12.00 **NOON Chasing Classic Cars** Four editions.
- 2.00 PM **Shed and Buried**
- 3.00 **Find It, Fix It, Flog It**
- 5.00 **Wheeler Dealers**
- 7.00 **Salvage Hunters: Classic Cars**
- 8.00 **Aussie Gold Hunters** Gold thieves hit the Dust Devils' Siberia lease and steal a fortune in gold.
- 9.00 **The Antiques Brothers** **Series finale** Henry and Ed purchase a highly collectible orange-glazed ceramic horse.
- 10.00 **The Repair Shop** Double bill of editions.
- 12.00 **M/T Find It, Fix It, Flog It**
- 1.00 AM **Wheeler Dealers**
- 3.00 **How Do They Do It?**
- 4.00 to 5.00 AM **How It's Made**

+1hr 244 337 70 151

## Quest Red

149 168 40 146

- 6.00 AM **Say Yes... UK**
- 7.00 **Say Yes... Lancashire**
- 8.00 **Say Yes to the Dress**
- 10.00 **Say Yes... Atlanta**
- 11.00 **Say Yes... UK**
- 12.00 **NOON Forensic Detectives** True-crime.
- 1.00 PM **Evil Lives Here: Shadows of Death**
- 2.00 **Murder on CCTV**
- 3.00 **10 Steps to Murder**
- 4.00 **American Monster**
- 6.00 **Murder in the Heartland**
- 7.00 **Faking It: Tears of a Crime** The 2016 murder of best-selling author Helen Bailey by her partner Ian Stewart.
- 8.00 **Murder on CCTV**
- 10.00 **Crime Scene Confidential** **New edition**
- 11.00 **Hostage 911** **New edition**
- 12.00 **M/T Nightmare Next Door** Double bill.
- 2.00 AM **Murder Comes to Town** Documentary.
- 3.00 to 4.00 AM **FBI Files**

+1 hour 249 152

## True Crime

146 148 67 135

- 9.00 AM **Judge Judy**
- 1.00 PM **Judge Judy**
- 7.00 **Fraud Squad** A locksmith scams a hospital out of nearly half a million pounds.
- 8.00 **Murder She Solved** Detective Pam Perrenoud brings a murderer to justice.
- 9.00 **Snapped: Killer Couples** A wealthy couple falls victim to a deadly home invasion.
- 10.00 **Bloodline Detectives** **New edition** In 1989, Krista Martin's life is tragically cut short because of an intruder.
- 11.00 **48 Hours** Documentary.
- 12.00 **M/T Crimes That Shook Australia**
- 1.00 AM **Snapped: Killer Couples** As 9.00pm.
- 2.00 **Bloodline Detectives**
- 3.00 **Medical Detectives**
- 4.00 to 6.00 AM **Judge Judy**

+1 hour 246 348 136

## True Crime Xtra

147 172 68 134

- 9.00 AM **48 Hours**
- 11.00 **Medical Detectives**
- 1.00 PM **Medical Detectives**
- 2.00 **48 Hours** Double bill.
- 4.00 **Medical Detectives** A renowned surgeon is found murdered in his St Petersburg apartment.
- 4.30 A murderer who declared he would kill 12 people in New York.
- 5.00 Police suspect a woman of murdering her husband, but she tells them he went jogging and never came back.
- 5.30 An apparently healthy man dies mysteriously in his sleep.
- 6.00 A woman appeals against a conviction for killing her mother.
- 6.30 The murder of Kathleen Lipscomb.
- 7.00 **Judge Judy** Real-life small-claims cases.
- 12.05 AM **Judge Judy**
- 4.45 to 6.00 AM **Medical Detectives**

+1 hour 222/223 321

## Sky Crime

122/123 820 121 349 364

- 6.00 AM **Highway Patrol**
- 7.00 **Road Wars**
- 8.00 **Stop, Search, Seize**
- 9.00 **Caught on Dashcam**
- 10.00 **Motorway Patrol**
- 11.00 **Murders That Shocked the Nation**
- 12.00 **NOON How I Caught...**
- 1.00 PM **Killer in My Village**
- 2.00 **Murdered at First Sight**
- 3.00 **World's Most Evil Killers**
- 4.00 **Britain's Most Evil Killers**
- 5.00 **How I Caught the Killer**
- 6.00 **Murders That Shocked the Nation**
- 7.00 **World's Most Evil Killers**
- 8.00 **Britain's Most Evil Killers**
- 9.00 **Monster in the Shadows**
- 10.00 **Forensics: Catching the Killer** Sarah Payne.
- 12.00 **M/T What the Killer Did Next** Documentary.
- 1.00 AM **Killer in My Village**
- 3.00 **Murder Uncut**
- 4.00 **UK Border Force**
- 5.00 to 6.00 AM **Motorway Patrol**

+1 hour 222/223 321

## PBS America

173 187 84 155

- 8.00 AM **Grand Tours of Scotland** Isle of Arran.
- 8.40 **The 100 Days That Defined Modern History**
- 9.40 **Normandy '44...**
- 10.50 **Jungle War**
- 11.55 **The Hidden Side of World War II**
- 1.00 PM **Mafia's Greatest Hits**
- 2.05 **The 100 Days That Defined Modern History**
- 3.05 **Normandy '44...**
- 4.15 **Jungle War**
- 5.20 **The Hidden Side of World War II**
- 6.30 **The 100 Days That Defined Modern History**
- 7.35 **Normandy '44: D-Day and the Battle for France**
- 8.40 **Jungle War** **New edition** The aftermaths of World War Two.
- 9.40 **The Hidden Side of World War II**
- 10.55 **Mafia's Greatest Hits**
- 12.00 **M/T Jungle War**
- 1.10 to 2.00 AM **Grand Tours of Scotland**



## Sky Documentaries

121/122 819 188 352 367

- 6.00 AM The 2010s
- 7.00 Discovering: Robert De Niro
- 8.00 The Directors
- 8.55 The Vietnam War
- 10.00 Stax: Soulsville USA
- 11.00 The Russell Murders: Who Killed Lin and Megan?
- 12.00 NOON Jane Fonda in Five Acts
- 2.30 PM Music Box
- 4.00 The Directors
- 5.00 Discovering: Robert De Niro
- 5.55 The Vietnam War
- 7.00 Stax: Soulsville USA
- 8.00 The Russell Murders: Who Killed Lin and Megan? 3/3. A confession throws Michael Stone's conviction into doubt.
- 9.00 Chimp Crazy 3/4. Alan Cumming doubles the reward for news of Tonka's whereabouts.
- 10.00 Nothing Compares The story of Sinéad O'Connor's rise to fame
- 12.00 MT God Save Texas: Hometown Prison
- 1.45 AM Stirling
- 3.00 Trees and Other Entanglements
- 5.00 to 6.00 AM Discovering: Robert De Niro

## Crime+Investigation

156 837 133

- 6.00 AM On the Case with Paula...
- 7.00 Homicide Hunter
- 8.00 The First 48
- 9.00 Killer Britain with Dermot...
- 10.00 Imperfect Murder
- 11.00 Somebody's Hiding Something
- 12.00 NOON Gypsy Rose: Life After Lock Up
- 1.00 PM Murdered By Morning
- 2.00 Imperfect Murder
- 3.00 Killer USA
- 4.00 Killer Britain with Dermot Murnaghan
- 5.00 Homicide: Hours to Kill
- 6.00 On the Case with Paula Zahn
- 7.00 The First 48
- 8.00 Imperfect Murder **New edition**
- 9.00 Tell Me How I Died **New edition**
- 10.00 Kids Behind Bars: Life or Parole
- 11.00 Homicide Hunter
- 12.00 MT Britain's Darkest Taboos
- 1.00 AM Tell Me How I Died
- 2.00 Kids Behind Bars: Life or Parole
- 3.00 Imperfect Murder
- 4.00 Killer USA
- 5.00 to 6.00 AM Somebody's Hiding Something

+1 hour 256 333

## U&Eden

166 176 57 160

- 9.00 AM Restoration Workshop
- 1.00 PM Inside the Ambulance
- 7.00 Restoration Workshop Gary Wallis has his work cut out to re-invent unusual buys into design pieces.
- 8.00 Gary creates two pieces of furniture from old treasures in a cellar.
- 9.00 Dr Christian: 12 Hours to Cure Your Street In Cardiff, Christian meets a smoker experiencing lung problems and erectile dysfunction.
- 10.00 Dr Christian Will See You Now A woman who has alopecia.
- 11.00 Christian helps a would-be bride resolve her body image issues.
- 12.00 MT Anthony Bourdain: Parts Unknown Double bill.
- 2.00 AM Dr Christian: 12 Hours to Cure Your Street As 9.00pm.
- 3.00 Dr Christian Will See You Now
- 4.35 Restoration Workshop
- 5.25 to 6.00 AM David Attenborough's Natural Curiosities

+1 hour 266 376

## Sky Nature

124/125 822 189 354 369

- 6.00 AM Great Blue Wild
- 7.00 Monkey Life
- 8.00 Hope for Wildlife
- 9.00 Land of Primates
- 10.00 Africa's Wild Year
- 11.00 Africa's Hunters
- 12.00 NOON Whale with Steve Backshall Documentary.
- 1.00 PM Monkey Life
- 2.00 Hope for Wildlife
- 3.00 Land of Primates
- 4.00 Africa's Wild Year
- 5.00 Uptown Otters
- 6.00 Whale with Steve Backshall
- 7.00 Monkey Life Double bill.
- 8.00 Super Shark Highway The team test new migration tech.
- 9.00 Waterworld Africa The endless cycle of moving water as African rivers flow to find the ocean.
- 10.00 Whale with Steve Backshall
- 11.00 Uptown Otters
- 12.00 MT Loons: A Cry from the Mist
- 1.00 AM Evolution Earth
- 2.00 Super Shark Highway As 8pm.
- 3.00 Waterworld Africa As 9pm.
- 4.00 Hope for Wildlife
- 5.00 to 6.00 AM Land of Primates

## WILD

165 841 182

- 8.00 AM Yukon Vet
- 9.00 Fish Tank Kings
- 10.00 Sharks of Lost Island
- 11.00 Animals Gone Wild
- 12.00 NOON The Incredible Dr Pol
- 1.00 PM Yukon Vet
- 2.00 Snake Island: Wild & Deadly
- 3.00 Crocodiles Revealed
- 4.00 Secrets of the Zoo: Tampa
- 5.00 Monster Fish
- 6.00 Snakes in the City
- 7.00 Yukon Vet The feral cat population of a remote Alaskan island has exploded.
- 8.00 **NEW SERIES** Florida Untamed: Where Reptiles Rule Exploring wildlife of the US state, including alligators, bullfrogs and snakes.
- 9.00 Something Bit Me A sudden strike turns a location scout into a race against death.
- 10.00 World's Deadliest
- 11.00 Alaska: The Next Generation
- 12.00 MT In Shallow Water
- 1.00 AM When Sharks Attack
- 2.00 Yukon Vet
- 3.00 Secrets of the Zoo: Tampa
- 4.00 to 5.00 AM Yukon Vet

## ID

154 166

- 6.00 AM True Conviction
- 7.00 Teleshopping
- 8.00 True Conviction
- 9.00 Swamp Murders
- 11.00 Grave Secrets
- 1.00 PM Diabolical: Deadly Love
- 3.00 The Killer Beside Me
- 5.00 Dead Silent
- 6.00 Impact of Murder
- 7.00 Murder in the Heartland A murder case is launched after police find burnt remains in an abandoned mining pit.
- 8.00 The murders of a loving mother, her young daughter, and her daughter's friend.
- 9.00 Cops UK: Bodycam Squad Keith engages in a high-speed pursuit after spotting a car being driven with a flat tyre.
- 10.00 High Speed Chase
- 11.00 Good Cop, Bad Cop
- 12.00 MT Britain's Deadliest Kids
- 2.00 AM Dead Silent
- 3.00 Impact of Murder
- 4.00 to 6.00 AM Murder in the Heartland

+1 hour 254 366

## Sky History 2

163/168 840 186

- 6.00 AM Ancient Aliens
- 8.00 Cracking the Code
- 9.00 Secrets of the Viking Stone
- 10.00 History of Weapons
- 11.00 Ancient Aliens
- 1.00 PM Instruments of Death
- 2.00 AI Murray: Why Do the Brits Win Every War?
- 3.00 Close Encounters
- 4.00 Lost Gold of the Aztecs
- 5.00 Secrets of the Viking Stone
- 6.00 Great Escapes with Morgan Freeman
- 7.00 Digging for Britain
- 8.00 WWII's Most Daring Raids Focusing on Operation Husky.
- 9.00 Ancient Skies A look at how people used the skies to navigate and tell time.
- 10.00 The Bermuda Triangle Enigma Oris Deley tries to find out what happened to five naval aircraft lost in 1945.
- 11.00 Truthseekers
- 12.00 MT Ancient Aliens
- 2.00 AM Digging for Britain
- 3.00 Instruments of Death
- 4.00 to 6.00 AM AI Murray: Why Do the Brits Win Every War?

## Discovery History

174 181

- 6.00 AM NASA's Unexplained Files
- 7.00 Wings of War
- 8.00 Tony Robinson's Wild West
- 9.00 Secrets Underground
- 10.00 Salvage Hunters
- 11.00 Salvage Hunters: The Restorers
- 12.00 NOON Combat Dealers
- 1.00 PM Blowing Up History
- 2.00 Wings of War
- 3.00 Salvage Hunters
- 4.00 Combat Dealers
- 5.00 Shed and Buried
- 6.00 Secrets Underground
- 7.00 NASA's Unexplained Files
- 8.00 Cooper's Treasure
- 9.00 Combat Dealers
- 10.00 Salvage Hunters
- 11.00 Salvage Hunters: The Restorers Transforming an antique French Lily Chandelier.
- 12.00 MT Shed and Buried
- 1.00 AM Combat Dealers
- 2.00 Salvage Hunters
- 3.00 Cooper's Treasure
- 4.00 to 5.00 AM Salvage Hunters: The Restorers

+1 hour 274 381

## Discovery Turbo

161/172 180

- 6.00 AM Vintage Voltage
- 7.00 Wheeler Dealers
- 8.00 Bad Chad Customs
- 9.00 World's Greatest Motorcycle...
- 10.00 Shed and Buried
- 11.00 Salvage Hunters: Classic Cars
- 12.00 NOON Ant Anstead Master Mechanic Double bill.
- 1.00 PM Extreme RVs
- 2.00 Wheeler Dealers
- 3.00 World's Greatest Motorcycle Rides The Nullabor Plain.
- 4.00 Richard Hammond's Workshop
- 5.00 Salvage Hunters: Classic Cars
- 6.00 Shed and Buried
- 7.00 Wheeler Dealers
- 8.00 Richard Hammond's Workshop
- 9.00 Vintage Voltage
- 10.00 Sacred Steel Bikes
- 11.00 Wheeler Dealers: Dream Car
- 12.00 MT Richard Hammond's Workshop Accountant Kamla gives Richard a reality check.
- 1.00 AM Texas Metal
- 2.00 Fast N' Loud
- 3.00 Wheeler Dealers
- 4.00 to 5.00 AM Gear Dogs

+1 hour 261/272

## Sky Cinema Premiere

301 401 501 515

- 6.10 AM The Cinema List
- 6.30 Swede Caroline Comedy. (2024, 15, 98min) ★★★
- 8.15 Drive-Away Dolls As 3.40pm.
- 10.05 The Radleys As 8.00pm.
- 12.00 NOON Bob Marley: One Love Biographical drama. (2023, 12, 104min) ★★★
- 1.50 PM Caddo Lake As 10.00pm.
- 3.40 Drive-Away Dolls Comedy. (2023, 15, 84min) ★★★
- 5.30 The Color Purple Drama. (2023, 12, 141min) ★★★



5.30 The Color Purple

- 8.00 The Radleys Horror comedy co-written by Jo Brand, starring Kelly Macdonald, Damian Lewis and Sophia Di Martino. A seemingly ordinary family hide a dark secret. (2024, 15, 115min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.00 Caddo Lake Thriller starring Dylan O'Brien. The disappearance of an eight-year-old girl brings the truth about a broken family's history into the light. (2024, 12, 99min)
- 11.45 Lisa Frankenstein Comedy horror with Kathryn Newton. (2024, 15, 101min) ★★★
- 1.35 AM The Persian Version Comedy drama starring Layla Mohammadi and Niousha Noor. (2023, 15, 107min) ★★★
- 3.25 Restore Point Czech thriller. (2023, 15, 115min) ★★★
- 5.30 to 6.10 AM Sky Cinema Preview

## Sky Cinema Drama

310 410 510 524

- 7.50 AM The Unlikely Pilgrimage of Harold Fry Drama. (2023, 12, 108min) ★★
- 9.40 Summerland Romantic drama. (2020, 12, 99min) ★★★
- 11.25 Spotlight Fact-based drama. (2015, 15, 129min) ★★★★★
- 1.35 PM Burlesque Musical romantic drama. (2010, 12, 119min) ★★★
- 3.40 Out of Africa Romantic epic. (1985, PG, 162min) ★★★★★
- 6.25 It Is in Us All Drama starring Cosmo Jarvis and Rhys Mannion. (2022, 15, 92min) ★★★★★
- 8.00 Chicago Oscar-winning screen version of the musical, starring Renée Zellweger, Catherine Zeta-Jones and Richard Gere. (2002, 12, 112min) ★★★★★
- 9.55 Lost in Translation Bittersweet romantic comedy drama written and directed by Sofia Coppola, starring Bill Murray and Scarlett Johansson. (2003, 15, 102min) ★★★★★
- 11.40 Save the Last Dance Romantic teen drama starring Julia Stiles. (2001, 12, 113min) ★★
- 1.40 AM Out of Africa As 3.40pm.
- 4.25 My First Summer Drama starring Markella Kavenagh. (2020, 15, 80min) ★★
- 5.50 to 7.30 AM It Is in Us All (2022)

## Sky Cinema Hits

303 403 503 517

- 7.10 AM Game Night As 2.20pm.
- 8.55 The Heartbreak Kid (2007)
- 10.55 Along Came Polly As 1.45am.
- 12.35 PM Miss Potter As 3.20am.
- 2.20 Game Night Black comedy. (2018, 15, 100min) ★★★★★
- 4.05 The Heartbreak Kid Comedy with Ben Stiller and Michelle Monaghan. (2007, 15, 115min) ★
- 6.05 Sleepless in Seattle Romantic comedy starring Tom Hanks and Meg Ryan. (1993, PG, 105min) ★★★★★



10.00 Five Nights at Freddy's

- 8.00 Mad Max: Fury Road Sci-fi thriller starring Tom Hardy and Charlize Theron. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's five brides. With Nicholas Hoult. (2015, 15, 120min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.00 Five Nights at Freddy's Horror thriller starring Josh Hutcherson. A man accepts a position as a night-time security guard at an abandoned pizzeria, but is soon locked in a fight for survival. (2023, 15, 109min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.50 Suburbicon Black comedy. (2017, 15, 105min) ★★★
- 1.45 AM Along Came Polly Comedy. (2003, 12, 90min) ★★
- 3.20 Miss Potter Biopic. (2006, PG, 93min) ★★
- 4.55 to 7.20 AM The Flash Adventure. (2023, 12) ★★★

## Sky Cinema Halloween

311 411 511 525

- 7.05 AM Vampire in Brooklyn
- 8.55 Friday the 13th Part III Horror sequel. (1982, 18, 95min) ★
- 10.45 Sinister 2 Horror sequel. (2020, 15, 95min) ★★★
- 12.35 PM The Woman in Black Chiller. (2012, 12, 91min) ★★★★★
- 2.15 M3gan Horror thriller. (2022, 15, 102min) ★★★
- 4.10 Night Swim Horror thriller. (2024, 15, 98min) ★★★
- 6.05 Knock at the Cabin Horror mystery starring Dave Bautista. (2022, 15, 100min) ★★★★★
- 8.00 The Nun II Horror sequel starring Taissa Farmiga. (2023, 15, 110min) ★★
- 10.00 The Exorcist Chiller starring Max von Sydow, Linda Blair and Jason Miller. A priest battles to exorcise a powerful demon possessing a young girl. (1973, 18, 121 min) ★★★★★
- 12.05 AM Pearl Horror with Mia Goth. (2022, 15, 103min) ★★★★★
- 1.50 Vampire in Brooklyn Horror comedy. (1995, 15, 101min) ★★
- 3.35 From Dusk Till Dawn 2: Texas Blood Money Horror thriller sequel. (1999, 18, 88min) ★★
- 5.10 to 6.50 AM Arcadian Horror thriller starring Nicolas Cage. (2024, 15, 92min) ★★★★★



### Sky Cinema Family

**306 406 506 520**

**6.05** AM **The Secret Kingdom**  
**7.45** **King Ralph** Family comedy. (1991, PG, 97min) ★

**9.25** **Angus, Thongs and Perfect Snogging** Teen comedy. (2008, 12, 100min) ★★★★★

**11.10** **Goosebumps 2: Haunted...**  
**12.45** PM **The SpongeBob...**  
**2.25** **Big Fat Liar** As 11.10pm.  
**4.00** **Johnny English** Comedy. (2002, PG, 88min) ★★★  
**5.40** **Annie** Musical remake. (2014, PG, 115min) ★★★



**7.55** **Goosebumps 2**

- 7.55** **Goosebumps 2: Haunted Halloween** Comedy horror sequel starring Madison Iseman, Jeremy Ray Taylor and Wendy McLendon-Covey. (2018, PG, 86min) ★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.30** **The SpongeBob SquarePants Movie** Animated adventure based on the cult TV series set in an undersea world, featuring the voices of Tom Kenny and Clancy Brown, and starring David Hasselhoff. (2004, U, 87min) ★★★★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.10** **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★
- 12.40** AM **Hot Dog Derby** Family comedy. (2013, U, 82min) ★★
- 2.05** **The Secret Kingdom** Fantasy. (2023, PG, 98min) ★
- 3.45** **Paulie** Family comedy. (1998, U, 92min) ★★
- 5.20** to **6.55** AM **Beethoven's 2nd** Comedy sequel. (1993, U) ★★

### Sky Cinema Action

**307 407 507 521**

**6.00** AM **Project A, Part II** (1987)  
**7.55** **The Cinema List: Bourne**  
**8.15** **Pompeii** As 4.30am.  
**10.05** **Haywire** Action thriller. (2012, 15, 88min) ★★★★★

**11.45** **Bruce Lee's Big Boss** (1971)  
**1.30** PM **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★★

**4.20** **Hancock** Action comedy. (2008, 12, 92min) ★★★

**5.55** **Suicide Squad** Fantasy adventure with Margot Robbie. (2016, 15, 123min) ★★★



**5.55** **Suicide Squad**

- 8.00** **Inception** Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire, but his own guilty dreams of his dead wife threaten to sabotage the mission. With Ken Watanabe and Joseph Gordon-Levitt. (2010, 12, 148min) ★★★★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.30** **Dungeons & Dragons: Honour Among Thieves** Action adventure starring Chris Pine, Hugh Grant and Michelle Rodriguez. (2023, 12, 134min) ★★★★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.45** AM **Bruce Lee's Big Boss** Martial arts action thriller. (1971, 18, 94min) ★★
- 2.35** **Project A, Part II** Adventure. (1987, 15, 94min) ★★★
- 4.30** to **6.25** AM **Pompeii** Roman-era disaster movie. (2014, 12, 104min) ★★

### Sky Cinema Comedy

**308 408 508 522**

**6.30** AM **Fords on Water** As 3pm.  
**8.00** **Groundhog Day** As 4.30pm.  
**9.45** **The Truman Show** As 8pm.  
**11.40** **Jackass Presents: Bad Grandpa** As 3.50am.  
**1.25** PM **Bean** Comedy spin-off. (1997, PG, 90min) ★★★★★

**3.00** **Fords on Water** Comedy. (1983, 15, 83min) ★★★

**4.30** **Groundhog Day** Comedy. (1993, PG, 103min) ★★★★★

**6.20** **Strays** Canine comedy. (2023, 15, 93min) ★★★★★



**6.20** **Strays**

- 8.00** **The Truman Show** Comedy starring Jim Carrey as the unwitting star of the world's longest running documentary soap opera. With Laura Linney and Ed Harris. (1997, PG, 99min) ★★★★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.55** **National Lampoon's Animal House** American college campus comedy set in the 1960s, starring John Belushi and Donald Sutherland. A group of rabble-rousing students declare war on their snobbish rivals. (1978, 15, 109min) ★★★★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.50** **'About Last Night...** Comedy drama. (1986, 18, 113min) ★
- 1.50** AM **How to Be Single** Comedy. (2016, 15, 107min) ★★
- 3.50** **Jackass Presents Bad Grandpa .5** Compilation. (2014, 15, 82min) ★★
- 5.25** to **7.05** AM **Strays** As 6.20pm.

### Sky Cinema Thriller

**309 409 509 523**

**6.20** AM **Last Seen Alive** Thriller. (2022, 15, 95min) ★★★

**8.00** **Anon** Thriller. (2018, 15) ★★★★★

**9.45** **Man on a Ledge** Suspense thriller. (2011, 12, 98min) ★★★★★

**11.30** **Sleepers** Fact-based drama. (1996, 18, 146min) ★★★★★

**2.00** PM **Vertigo** Hitchcock thriller. (1958, PG, 128min) ★★★★★

**4.10** **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★★

**5.55** **No Country for Old Men** Dark thriller. (2007, 15) ★★★★★



**10.25** **Law-Abiding Citizen**

- 8.00** **Angels & Demons** Mystery thriller based on the novel by Dan Brown, starring Tom Hanks and Ewan McGregor. Harvard professor Robert Langdon must solve a series of cryptic riddles to prevent a hidden time bomb from destroying the Vatican. (2009, 12, 138min) ★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.25** **Law Abiding Citizen** Thriller starring Jamie Foxx and Gerard Butler. A man takes revenge against the Philadelphia criminal justice system. With Colm Meaney. (2009, 18, 109min) ★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.25** AM **Shaft** Crime thriller. (2000, 18, 99min) ★★
- 2.10** **Breaking** Crime drama. (2022, 15, 103min) ★★★
- 4.05** **10 Cloverfield Lane** (2016)  
**5.50** to **7.25** AM **Unhinged** Thriller. (2020, 15, 90min) ★★

### Film4

**313 855 428 14 300**

**Films start at 11.00am**

**11.00** AM **Nothing But the Best** Black comedy with Alan Bates. (1963, b/w, 15, 99min) ★★

**1.05** PM **Patton** Wartime biopic. (1969, PG, 163min) ★★★★★

**4.25** **D-Day the Sixth of June** World War Two romance. (1956, PG, 106min) ★★

**6.35** **Lion** Biopic based on the book *A Long Way Home* by Saroo Brierley, starring Dev Patel. (2016, PG, 113min) ★★★★★



**9.00** **Call Jane**

- Lion** (film started at 6.35pm)  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.00** **Call Jane** Phyllis Nagy's fact-based drama starring Elizabeth Banks and Sigourney Weaver. In 1960s Chicago, a married woman must turn to an underground organisation to help end her life-threatening pregnancy. (2022, 12, 121min) ★★★★★  
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.25** **Legends of the Fall** Drama set in early 20th-century Montana, starring Brad Pitt. The three sons of a retired colonel come into conflict when they meet a beautiful woman. With Anthony Hopkins. (1994, 15, 133min) ★★★★★
- 2.05** to **3.55** AM **Gaia** Horror starring Monique Rockman. (2021, 15, 96min) ★★

### Sky Cinema Ultimate Sci-Fi

**302 402 502 516**

**6.25** AM **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★

**8.00** **Blade** Action adventure chiller. (1998, 18, 121min) ★★

**10.05** **Ready Player One** Adventure. (2018, 12, 140min) ★★★★★

**12.25** PM **RoboCop** Paul Verhoeven's futuristic comic-book thriller. (1987, 18, 103min) ★★★★★

**2.10** **RoboCop 2** Sci-fi action thriller sequel. (1990, 18, 114min) ★

**4.10** **RoboCop 3** Sci-fi action thriller sequel. (1992, 15, 104min) ★★

**6.00** **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. (2016, 12, 116min) ★★★★★

**8.00** **Terminator Salvation** Sci-fi thriller sequel starring Christian Bale. In 2018, resistance hero John Connor leads the fight back against the killer robots. (2009, 12, 110min) ★★

**10.00** **After Earth** Sci-fi adventure starring Will and Jaden Smith. (2013, 12, 98min) ★★

**11.45** **Ex Machina** Sci-fi drama. (2014, 15, 104min) ★★★★★

**1.35** AM **Doom** Sci-fi horror thriller. (2005, 15, 105min) ★★

**3.25** **Looper** Time-travel thriller. (2012, 15, 119min) ★★★★★

**5.25** to **7.10** AM **57 Seconds** Thriller. (2023, 15, 99min) ★★

### Sky Cinema Black Talent

**304 404 504 518**

**6.25** AM **The Cinema List: Black History Month - Directors**  
**6.45** **Mo' Better Blues** As 3.45pm.  
**8.55** **The United States vs. Billie Holiday** Biopic. (2021, 15) ★★

**11.10** **Ray** Biopic starring Jamie Foxx. (2004, 15, 152min) ★★★★★

**1.50** PM **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★★★

**3.45** **Mo' Better Blues** Spike Lee's drama. (1990, 15, 127min) ★★★★★

**6.00** **A Thousand and One** Crime drama starring Teyana Taylor. (2023, 15, 117min) ★★★★★

**8.00** **Fences** Directed by and starring Denzel Washington, with Viola Davis. A working-class dad tries to raise his family in the 1950s, while coming to terms with the events of his life. (2016, 12, 139min) ★★★★★

**10.25** **Aisha** Drama starring Letitia Wright, Josh O'Connor, Ruth McCabe and Tara Flynn. (2022, 12, 94min) ★★★★★

**12.05** AM **Girls Trip** Comedy starring Regina Hall, Queen Latifah, Tiffany Haddish and Jada Pinkett Smith. (2017, 15, 122min) ★★

**2.15** **Naked Singularity** Crime comedy. (2021, 15, 93min) ★★

**4.00** to **6.00** AM **Antebellum** Horror mystery. (2019, 15, 105min) ★★

### Sky Cinema Animation

**305 412 500 514**

**7.25** AM **The Snow Queen** Animated fantasy. (2013, U, 74min) ★★

**8.50** **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★★

**10.25** **Spider-Man: Across the Spider-Verse** Animation. (2023, PG, 140min) ★★★★★

**12.50** PM **Captain Underpants** Animation. (2017, U) ★★★★★

**2.25** **Mummies** Animated comedy. (2023, U, 88min) ★★

**4.00** **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★★

**5.30** **Hotel Transylvania** Animation with the voice of Adam Sandler. (2012, U, 91min) ★★★★★

**7.05** **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★

**8.40** **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★

**10.20** **Astro Kid** Animated adventure. (2019, PG, 89min) ★★

**11.55** **Birds of a Feather** Animated comedy. (2019, U, 90min) ★★

**1.30** AM **A Stork's Journey** Animation. (2017, U, 85min) ★★

**3.00** **Scooby-Doo! Return to Zombie Island** Animation. (2019, U, 70min) ★★

**4.25** to **6.00** AM **Free Birds** Animated comedy adventure. (2013, U, 91min) ★★

### Christmas 24

**312 419**

**7.00** AM **A Tale of Two Christmases** Comedy. (2022, PG, 84min) ★★

**9.00** **It's Christmas, Eve** Romantic drama. (2018, PG, 84min) ★★

**11.00** **Christmas in Harmony** Festive drama. (2021, PG, 90min) ★★

**1.00** PM **Ghosts of Christmas Always** Fantasy comedy. (2022, PG, 90min) ★★

**3.00** **Room at the Christmas Inn** Drama. (2021, PG, 90min) ★★

**5.00** **12 Dares of Christmas** Drama starring Brittany Underwood. (2023, PG, 90min) ★★

**7.00** **Designing Christmas With You** Festive romance starring Susie Abromeit and Liam McIntyre. (2023, PG, 90min) ★★

**9.00** **A Lot Like Christmas** Romantic comedy drama starring Maggie Lawson. A marketing executive helps the owner of a small town tree farm to compete with a high-profile chain store. (2021, PG, 86min) ★★

**11.00** **The Winter Palace** Romantic drama. (2022, PG, 85min) ★★

**1.00** AM **A Heidelberg Holiday** Drama. (2023, PG, 90min) ★★

**3.00** to **5.00** AM **Christmas at Castle Hart** Drama. (2021, PG) ★★

### Talking Pictures

**328 445 82 306**

**6.00** AM **Burke's Law** 23/32. (S2)  
**7.00** **The Girl Who Couldn't Quite** Comedy starring Bill Owen. (1951, b/w, PG, 85min) ★★

**8.40** **Port of New York** Drama. (1949, b/w, PG, 82min) ★★

**10.20** **To Dorothy a Son** Comedy. (1954, b/w, PG, 79min) ★★

**12.00** NOON **Landfall** War drama. (1949, b/w, U, 88min) ★★

**1.45** PM **Look at Life**  
**1.55** **The Brothers** 7/13. (S2)  
**3.00** **Saddle Up**  
**3.05** **Fury at Furnace Creek** Western. (1948, b/w, U, 88min) ★★

**4.50** **The Life and Legend of Wyatt Earp** 14/33. (S1)  
**5.25** **The Adventures of Jim Bowie**  
**5.55** **26 Men** 3/39. (S1)  
**6.25** **The Texan** 13/37. (S1)  
**7.00** **Z Cars** 10/28. (S9)  
**8.05** **The Human Jungle** 6/13. (S2)  
**9.05** **Maigret** 2/4. (S2)  
**10.55** **A Good Read with Mike Read** Featuring *A Costume Piece*.

**11.45** **Miss MacTaggart Won't Lie Down** Short comedy.  
**12.15** AM **Look at Life**  
**12.30** **Maigret** 13/13. (S2)  
**1.35** **Harrison's Flowers** Drama. (2000, 15, 130min) ★★

**4.05** **Crazy Days**  
**5.00** to **6.00** AM **Thunderbirds**



**Sky Sports Main Event**  
401 511 501 419 439

**6.00 AM LIVE WTA & ATP Tennis**  
Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.

**2.00 PM LIVE WTA & ATP Tennis**  
Continued coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.

**7.00 LIVE EFL Middlesbrough v Sheffield United.** Coverage of the Championship match from Riverside Stadium. The hosts have a good record against their visitors in the last 10 meetings, winning six of those games. Middlesbrough also went unbeaten against the Blades in their last two league meetings back in the 2022/23 season, drawing 2-2 at this ground before winning the reverse fixture 3-1. Kick-off is at 8.00pm.

**10.30 Back Pages Tonight**  
11.00 Sky Sports News

**3.00 to 5.30 AM LIVE WTA & ATP Tennis** Coverage includes the ATP Swiss Indoors, ATP Vienna Open and WTA Guangzhou Open.

**Sky Sports Premier League**  
402 512 502 420 440

**6.00 AM PL Greatest Games**  
7.00 Premier League Highlights  
8.00 SNF Bournemouth v Arsenal.  
8.30 Premier League Highlights  
9.30 SNF Bournemouth v Arsenal.

**10.00 The Football Show**  
12.00 NOON Gary Neville's Soccerbox Jimmy Floyd Hasselbaink joins the host.  
12.30 PM With David Ginola

**1.00 Premier League Highlights**  
2.00 SNF Bournemouth v Arsenal.  
2.30 Premier League Highlights  
3.30 SNF Bournemouth v Arsenal.  
4.00 Premier League Highlights Action from Wolverhampton Wanderers v Manchester City.  
4.30 Liverpool v Chelsea.

**5.00 Premier League Review**  
6.00 Premier League 100 Club  
6.30 Premier League Stories  
7.00 Gillette Labs Soccer Special  
10.15 Premier League Stories  
10.45 PL Greatest Games  
11.00 Premier League Years

**1.00 AM PL Retro** A replay of Wigan Athletic v Arsenal from 2010.  
3.00 PL Greatest Games  
4.00 Best PL Goals 2017/18  
5.00 Premier League Best Goals  
5.30 to 6.00 AM Premier League 100 Club

**Sky Sports Football**  
403 513 503 421 441

**6.00 AM Championship Retro**  
8.00 Best Goals: EFL Cup 2020/21  
8.30 EFL Trophy Football  
9.00 EFL Greatest Games  
10.00 EFL Cup Man City v Tottenham.

**11.00 Best Moments from the EFL Play-Off Finals (1993-2019)**  
12.00 NOON EFL A replay of Queens Park Rangers v Coventry City.

**2.00 PM Bundesliga Highlights Show**  
3.00 EFL Highlights  
4.30 Scottish Premiership Round-Up  
4.45 SPFL Highlights  
5.00 WSL Chelsea v Tottenham.  
5.30 EFL Highlights

**7.00 LIVE EFL Middlesbrough v Sheffield United.** Coverage of the Championship match from Riverside Stadium. The hosts have a good record against their visitors in the last 10 meetings, winning six of those games. Middlesbrough also went unbeaten against the Blades in their last two league meetings back in the 2022/23 season. Kick-off is at 8.00pm.

**10.30 EFL Highlights**  
4.30 AM Craig Brown: My Scotland  
5.00 Old Firm Derby Best Goals  
5.30 to 6.00 AM SPFL: Edinburgh Derby Best Goals

**Sky Sports Cricket**  
404 514 504 422 442

**6.00 AM Best of the Women's World T20** Action from 2009.

**7.00 ICC Women's World Cup 2017** England v India in the final.

**7.15 Pushing Boundaries: To the Hundred and Beyond**  
8.30 Women's ICC World T20 Cricket The semi-finals and final.

**10.00 Test Cricket** Action from the first Test in the three-match series between Pakistan and England from Multan Cricket Stadium.

**3.00 PM Test Cricket** The second Test between Pakistan and England.

**8.00 Ace in the Making**  
9.15 ICC Women's World Cup 2017 England v Australia: Highlights from the group match between the rivals at the County Ground.

**9.30 You Guys Are History** Mark Butcher explores the journey of England's Black cricketers.

**10.30 Pushing Boundaries: To the Hundred and Beyond** Documentary in which Kate Cross charts women's cricket history.

**11.45 ICC Women's World Cup 2017** M'T Best of the Women's World T20 Action from 2009.

**1.00 AM You Guys Are History**  
2.00 Women's ICC World T20 Cricket  
3.30 to 5.30 AM Test Cricket

**Sky Sports Golf**  
405 515 505 423 443

**6.00 AM PGA Tour Golf**  
7.00 PGA Tour Highlights  
8.00 PGA Tour Golf Children's Open.  
9.00 DP World Tour Golf  
9.30 LPGA Tour Golf  
11.30 Rose Ladies Series  
12.30 PM Solheim Cup Golf  
1.30 LPGA Tour Golf  
5.30 DP World Tour Golf  
6.00 PGA Tour Champions  
7.00 PGA Tour: The Cut  
7.30 DP World Tour Golf  
8.00 PGA Tour Golf Children's Open.  
9.00 PGA Tour Champions  
10.00 PGA Tour: The Cut  
10.30 DP World Tour Golf  
11.00 PGA Tour Champions  
12.00 M'T PGA Tour: The Cut  
12.30 AM DP World Tour Golf

**1.00 PGA Tour Champions**  
2.00 PGA Tour Golf Children's Open.  
3.00 PGA Tour: The Cut  
3.30 DP World Tour Golf  
4.00 to 6.00 AM LIVE PGA Tour Golf Coverage of the opening day of the Zozo Championship staged at Accordia Golf Narashino Country Club in Inzai, Japan.

**TNT Sports 1**  
410 870 527 408 430

**6.30 AM Premier League Netbusters**  
7.00 WWE Highlights  
10.30 What I Wore Michel Salgado.  
10.45 Premier League Legends  
11.15 Premier League Review  
12.15 PM Champions League Hits

**1.15 Premier League Stories**  
1.45 Premier League  
3.15 Premier League Reload  
3.30 LIVE UEFA Europa League Galatasaray v Elfsborg. From Rams Park. Kick-off 3.30pm.

**5.30 WWE Raw Highlights**  
6.30 The Pioneers Mo Salah.  
6.45 In My Blood Chelcee Grimes.  
7.00 LIVE UEFA Champions League RB Leipzig v Liverpool. Coverage from the Red Bull Arena. Kick-off 8.00pm.

**10.30 The Muddy Roots of Football**  
11.00 Premier League Stories  
11.30 UFC Countdown  
12.30 AM LIVE NBA Philadelphia 76ers v Milwaukee Bucks.

**3.00 UFC Connected**  
3.30 TNT Sports Reload  
3.45 UEFA Europa League & Conference League Magazine  
4.45 to 6.00 AM LIVE Test Cricket India v New Zealand. The first day of the second Test in Pune.

**TNT Sports 2**  
411 871 528 409 431

**6.00 AM Sport in Focus**  
6.30 Badminton Weekly  
6.45 Test Cricket Highlights India v New Zealand in the first Test in the three-match series.

**8.45 One Day International Cricket** Sri Lanka v West Indies.

**9.45 LIVE One Day International Cricket** Sri Lanka v West Indies. Coverage of the second ODI in the three-match series, staged at Pallekele International Cricket Stadium.

**6.30 PM No Filter Football** A look behind the scenes of the 2023 UEFA Champions League final.

**6.45 In My Blood** Manchester City.  
7.00 LIVE UEFA Champions League Manchester City v Sparta Prague. Coverage of the match in the league phase at the Etihad Stadium. Kick-off 8.00pm.

**10.30 Premier League Reload**  
10.45 What I Wore Henrik Larsson.  
11.00 Ultimate Pool Pairs Cup.  
12.30 AM One Day International Cricket Sri Lanka v West Indies.

**1.30 Fight Night Live** Another chance to see Sam Gilley v Louis Greene.  
3.30 V8 Supercars Highlights  
5.30 to 6.00 AM PL Legends

**TNT Sports 3**  
417 874 529 410 432

**6.00 AM UEFA Champions League**  
10.00 NWSL Action from Kansas City Current v San Diego Wave FC.  
11.00 Angel City v Utah Royals.  
12.00 NOON NBA A chance to see Boston Celtics v New York Knicks.  
1.30 PM Los Angeles Lakers v Minnesota Timberwolves.

**3.00 Serie A - Full Impact**  
3.30 LIVE UEFA Europa League SC Braga v Bodo/Glimt. Coverage of the match in the league phase at Braga Municipal Stadium. Kick-off 3.30pm.

**5.30 LIVE UEFA Champions League Brest v Bayer Leverkusen.** Coverage of the game in the league phase at Stade Francis-Le Blé. Kick-off 5.45pm.

**7.45 UEFA Champions League Goals Show Xtra** Coverage of all the goals from tonight's fixtures, featuring Manchester City v Sparta Prague, Barcelona v Bayern Munich and Atalanta v Celtic.

**11.00 The Muddy Roots of Football**  
11.30 Premier League Netbusters  
12.00 M'T UEFA Champions League  
4.30 AM MotoGP Highlights  
5.30 to 6.00 AM UEFA Champions League - Classics

**Sky Sports NFL**  
408 517 507 426 446

**6.00 AM NFL Highlights**  
10.00 NFL Weekly Review  
11.00 NFL Highlights Tampa Bay Buccaneers v Baltimore Ravens.

**12.00 NOON NFL Bitesize Highlights**  
1.00 PM Good Morning Football  
3.00 NFL Highlights  
5.00 NFL Bitesize Highlights  
6.00 NBC's Pro-Football Talk Mike Florio and Chris Simms present this NFL talk show.

**8.00 NFL Bitesize Highlights** Action from a week seven match.  
8.15 Highlights from Tampa Bay Buccaneers v Baltimore Ravens.  
8.30 Action from Pittsburgh Steelers v New York Jets.  
8.45 A week seven match.

**9.00 Jaguars Weekly UK**  
9.30 One Jets Drive  
10.15 NFL Bitesize Highlights Action from week seven matches.  
10.45 Highlights from Pittsburgh Steelers v New York Jets.

**11.00 NFL Fantasy** Featuring the top NFL fantasy experts and analysts.  
12.00 M'T The Insiders NFL news.  
1.00 AM NFL Bitesize Highlights  
2.00 NBC's Pro-Football Talk  
4.00 NFL Highlights  
5.00 to 6.00 AM NFL Bitesize Highlights

**Sky Sports Tennis**  
407 537 520 425 445

**6.00 AM LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.

**2.00 PM LIVE WTA & ATP Tennis** Further coverage of the Tours.

**9.00 WTA Tennis** Japan Open final.  
10.00 Tennis Recent highlights.  
2.00 AM Bitesize Tennis  
2.15 US Open Classic Matches  
2.30 Bitesize Tennis  
2.45 US Open Classic Matches  
3.00 to 6.00 AM LIVE WTA & ATP Tennis Coverage from the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.

**TNT Sports 4**  
421 876 530 411 434

**6.00 AM MLB Classic** Archive action.  
8.00 V8 Supercars Highlights  
10.00 Fight Night Live  
12.00 NOON TNT Sports Reload  
12.30 PM MLB A play-off match.

**3.00 LIVE UEFA Youth League RB Leipzig U19 v Liverpool U19.** From Trainingszentrum RB Leipzig Platz 1. Kick-off is at 3.00pm.

**5.00 LIVE UEFA Champions League** Atalanta v Celtic. At Gewiss Stadium. Kick-off 5.45pm.

**8.15 LIVE UEFA Champions League** Barcelona v Bayern Munich. Kick-off is at 8.00pm.

**10.00 WWE Raw Highlights**  
11.00 MotoGP Highlights  
12.00 M'T T100 Triathlon World Tour

**1.00 AM TNT Sports Reload**  
1.30 Ultimate Pool Pairs Cup.  
3.00 Serie A - Full Impact  
3.30 Fight Week UFC 308 preview.  
4.00 UFC Countdown  
5.00 Tom Aspinall's Fight Lab  
5.45 to 6.00 AM What I Wore

**Eurosport 1**  
413 870 521 412 435

**6.00 AM Snooker: Northern Ireland Open** The third day in Belfast.  
8.00 Amsterdam Marathon  
9.00 Freestyle Skiing From Chur.  
10.00 The Judo Show  
11.00 Snooker: Northern Ireland Open The third day in Belfast.

**1.00 PM LIVE Snooker: Northern Ireland Open** Coverage of the afternoon session on day four at the Waterfront Hall in Belfast.

**5.00 Show Jumping** From Oslo.  
6.00 Snooker: Northern Ireland Open Action from day four.  
7.00 LIVE Snooker: Northern Ireland Open Coverage of the evening session on day four from the Waterfront Hall in Belfast.

**11.00 Snooker: Northern Ireland Open** Action from day four.  
1.00 AM Golden Trail World Series  
2.00 Snooker: Northern Ireland Open The fourth day in Belfast.  
4.00 to 6.00 AM FIA World Endurance Championship

**Eurosport 2**  
414 871 522 413 436

**6.00 AM FIA World Endurance Championship** Recent action.  
8.00 Snooker: Northern Ireland Open The third day in Belfast.  
10.00 Bennetts British Superbikes  
12.00 NOON World Superbikes  
1.00 PM Amsterdam Marathon  
2.00 Cycling: Road World Championships In Switzerland.

**4.00 FIA World Endurance Championship** Recent action.  
6.00 British Superbikes The fourth round of the season at Knockhill.  
7.00 Round five at Snetterton.  
8.00 Round six at Brands Hatch.

**9.00 Triathlon: T100 World Tour**  
10.00 Freestyle Skiing The big air competitions in Chur, Switzerland.  
11.00 FIA World Endurance Championship Recent action.

**1.00 AM Speedway Grand Prix**  
2.00 Amsterdam Marathon  
3.00 Triathlon: T100 World Tour  
4.00 to 6.00 AM Snooker: Northern Ireland Open

**Sky Sports Sky Sports+**  
412 518 508 427 447

**6.00 AM LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.

**2.00 PM LIVE WTA & ATP Tennis** Continued coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.

**7.35 LIVE EFL Luton Town v Sunderland.** Coverage of the Championship match staged at Kenilworth Road. Kick-off 7.45pm.

**10.30 Back Pages Tonight**  
11.00 Sky Sports News

**4.00 to 6.00 AM LIVE DP World Tour Golf** Coverage of the opening day of the Genesis Championship at Jack Nicklaus Golf Club Korea in Incheon, South Korea. Home golfer Park Sang-hyun won this event last year.

**Sky Sports Mix**  
416 873 510 429 449

**6.00 AM Women's ICC World T20 Cricket** The 2023 semi-finals.  
8.00 PGA Tour Golf Children's Open.  
9.00 DP World Tour Golf  
9.30 Rosters Annika Sorenstam.  
10.00 LPGA Tour Golf  
1.00 PM Tennis WTA and ATP action.  
6.00 Spirit of Yachting  
6.30 Women's ICC World T20 Cricket The semi-finals and final.  
8.00 Spirit of Yachting  
8.30 Formula 1 The US Grand Prix.  
9.30 Women's ICC World T20 Cricket The opening semi-final.

**10.00 Spirit of Yachting**  
10.30 Women's ICC World T20 Cricket Semi-final and final action.

**11.30 PGA Tour Champions**  
12.30 AM Fight Night Azim v Davies.  
1.30 Fight Night International  
2.30 ATP Tennis Recent finals.  
4.30 to 6.00 AM NFL Bitesize Highlights



# Thursday

24 October

## Evening Planner

Thursday


**Football**



**LIVE!**

**Europa League**  
*TNT Sports, kick-offs 8pm*  
 Manchester United make the journey to Turkish club Fenerbahçe, and Tottenham face Dutch side AZ Alkmaar at home.

**Documentary**



**NEW**

**The Life and Deaths of Christopher Lee**  
*Sky Arts, 9pm*  
 Documentary looking back at the life and career of the late Christopher Lee.

**OnDemand**



**Disney+**

**Doctor Odyssey**  
*Available today*  
 Joshua Jackson and Don Johnson (right) star in this Ryan Murphy drama set on a luxury cruise liner.

**NEW**

**OnDemand**



**NETFLIX**

**Territory**  
*Available today*  
 Yellowstone fans will appreciate this neo-Western set in the Australian outback, starring Anna Torv and Michael Dornan.

**NEW**

	7.00 PM	7.30 PM	8.00 PM	8.30 PM	9.00 PM	9.30 PM	10.00 PM	10.30 PM		
<b>FAVOURITES</b>	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Fake or Fortune?	9.00 Ambulance	10.00 News; Local News				
	102 BBC2	7.00 Rick Stein's Food Stories		8.00 Amazing Hotels: Life Beyond the Lobby	9.00 A House Through Time: Two Cities at...		10.00 Red Dwarf	10.30 Newsnight		
	103 ITV1	7.00 Emmerdale		8.00 Pride of Britain Awards		10.00 News; Local News				
	104 CHANNEL 4	7.00 News		8.00 The Great British Bake Off: An Extra...	9.00 Taskmaster		10.00 Everyone Else...	10.30 Gogglebox		
	105 CHANNEL 5	7.00 The Sussex Coast with Kate Humble		8.00 Smart Meters: Are They Really Worth...	9.00 All Creatures Great and Small		10.00 The Railway Killers			
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Rob & Romesh vs Ballet		9.00 Sweetpea		10.00 Brassic		
<b>ENTERTAINMENT</b>	115 BBC3	7.00 Phoenix Rise		8.00 Gavin & Stacey		9.00 RuPaul's Drag Race UK		10.25 Dinosaur		
	116 BBC4	7.00 Frozen Planet		8.10 Bette Davis at the NFT	8.55 Film: All About Eve					
	118 ITV2	◀ 6.00 Film: Harry Potter and the Goblet of Fire							9.00 Big Brother	10.00 Big Brother: Late & Live
	136 MORE4	◀ 6.55 Car S.O.S.		7.55 Grand Designs: Living in the Country		9.00 The Dambusters' Great Escape...		10.00 Emergency		
	135 E4	7.00 Big Bang Theory	7.30 Modern Family	8.00 Hot Yachts: Miami		9.00 Married at First Sight UK		10.00 MAFS UK...	10.35 First Dates	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Fire		9.00 FBI: International		10.00 The Good Doctor		
	108 SKY ATLANTIC	◀ 6.55 Britannia		7.55 Game of Thrones		9.00 Sweetpea		10.05 The Penguin		
	110 GOLD	7.00 Dad's Army		8.20 The Good Life		9.00 Absolutely Fabulous		10.20 Bottom		
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games		9.00 QI XL		10.00 Two Pints of Lager and a Packet of...			
	119 ITV3	7.00 Heartbeat		8.00 Vera		9.00 Law & Order: UK		10.00 Wrestling: AEW Battle of the Belts		
	120 ITV4	◀ 6.00 Darts: European Championship – Live: Coverage of day one in Dortmund								
	112 COMEDY CENTRAL	◀ 6.55 Friends		8.00 Whose Line Is It Anyway? USA		9.00 Film: Groundhog Day				
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 The Ark				
113 SKY MAX	7.00 Stargate Atlantis		8.00 Rob & Romesh vs Ballet		9.00 Mr Bigstuff		10.00 Brassic			
109 ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 Father Brown		10.00 Father Brown			
130 SKY ARTS	7.00 Portrait Artist of the Year		8.00 The Art of Film with Ian Nathan		9.00 The Life and Deaths of Christopher Lee					
132 U&W	7.00 MasterChef Australia: Dessert Masters		8.00 Don't Hate Your House with the...		9.00 999 Rescue Squad		10.00 #Murder			
<b>DOCUMENTARY</b>	125 DISCOVERY	7.00 Gold Rush		8.00 Wheeler Dealers		9.00 Hustlers Gamblers Crooks		10.00 Inside the Heist		
	162 ANIMAL PLANET	7.00 Crikey! It's the Irwins		8.00 Wild Dubai		9.00 Growing Up: Clouded Leopard		10.00 Alaska: The Last Frontier		
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Construction Fails		9.00 Ice Road Rescue		10.00 Life Below Zero: First Alaskans		
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People: Serpent Invasion		9.00 Alone		10.00 Dog Patrol		
	155 U&YESTERDAY	7.00 Guy Martin's Great British Power Trip		8.00 Bangers & Cash		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash: Restoring Classics		
	121 SKY DOCS	7.00 Stax: Soulsville USA		8.05 Richard E Grant's Hotel Secrets		9.00 God Save Texas: The Price of Oil		10.00 Wise Guy: David Chase and The...		
<b>FILMS - Sky Cinema</b>	301 PREMIERE	◀ 6.10 One Life		8.00 The Radleys		9.00 Drive-Away Dolls		10.00 Drive-Away Dolls		
	302 ULTIMATE SCI-FI	◀ 6.10 Mad Max		8.00 Blade Runner		9.10 Gravity		10.10 Gravity		
	303 HITS	◀ 6.00 Mad Max: Fury Road		8.00 Erin Brockovich		9.15 Suburbicon		10.15 Suburbicon		
	304 BLACK TALENT	◀ 5.35 Fences		8.00 The Blackening		9.45 Vampire in Brooklyn		10.15 Vampire in Brooklyn		
	305 ANIMATION	7.25 Despicable Me 2		9.10 A Stork's Journey						
	306 FAMILY	◀ 5.35 The Karate Kid	7.45 Dungeons & Dragons: Honour Among Thieves		9.00 Annie		10.00 Annie			
	307 ACTION	◀ 5.30 Inception		8.00 Wonder Woman		9.30 2012		10.30 2012		
	308 COMEDY	◀ 6.05 Anyone But You		8.00 Bridget Jones's Diary		9.40 Crazy Rich Asians		10.15 Marnie		
	309 THRILLER	◀ 6.05 Kindred		8.00 Ocean's Twelve		9.15 Marnie		10.15 Marnie		
310 DRAMA	◀ 5.25 Straight Outta Compton		8.00 The Girl on the Train		9.00 American Beauty		10.00 American Beauty			
311 HALLOWEEN	◀ 6.15 The First Purge		8.00 Insidious: Chapter 2		9.55 Arcadian		10.00 Arcadian			
313 FILM4	◀ 6.45 Instant Family		9.00 Honest Thief							
<b>SPORT</b>	401 MAIN EVENT	◀ 2.00 Tennis – Live: Coverage from the WTA and ATP Tours				9.00 Sky Sports News		10.00 News at Ten	10.30 Back Pages...	
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 Gary Neville's Soccerbox		9.00 Big Interview	9.30 PL Stories	10.00 PL Icons		
	403 FOOTBALL	7.00 Women's...	7.30 EFL Highlights	8.00 Scottish...	8.30 EFL Highlights	9.00 Bundesliga...	9.30 EFL Highlights	10.00 Scottish...	10.30 EFL Highlights	
	404 CRICKET	7.00 Secrets of Success		8.00 Test Cricket		9.00 Talking Cricket	9.30 Women's ICC...	10.00 Test Cricket		
	410 TNT SPORTS 1	◀ 5.00 UEFA Conference...		7.45 UEFA Europa League – Live: Tottenham Hotspur v AZ Alkmaar (Kick-off 8.00)		9.00 UEFA Europa League – Live: Tottenham Hotspur v AZ Alkmaar (Kick-off 8.00)		10.30 UEFA Europa...		
	411 TNT SPORTS 2	7.00 UEFA Europa League – Live: Fenerbahçe v Manchester United (Kick-off 8.00)		8.00 Test Cricket...					10.30 Test Cricket...	

† Denotes programmes starting before 7.00pm † Regions vary





## BBC1

101 101 1 101 101

- 6.00 AM **Breakfast** (S)
- 9.30 **Morning Live** *New edition* (S)
- 10.45 **Crimewatch Caught** *New edition*  
The pursuit of a gang posing as students as a cover to sell drugs. (S)
- 11.15 **Homes Under the Hammer** *New edition* From Cumbria. (S)(AD)
- 12.15 PM **Bargain Hunt** (S)(R)(AD)
- 1.00 **BBC News** (S)
- 1.35 **Local News** (S)
- 1.45 **BBC News** (S)
- 2.00 **Doctors** (S)(AD)
- 2.30 **Money for Nothing** (S)(R)
- 3.00 **Escape to the Country** *New edition* From Shropshire. (S)
- 3.45 **Garden Rescue** (S)(R)
- 4.30 **The Bidding Room** *New edition*  
Items include a pigeon clock. (S)
- 5.15 **Pointless** Quiz show. (S)(R)
- 6.00 **BBC News** (S)
- 6.30 **Local News** (S)



9.00 **Ambulance**

- 7.00 **The One Show**  
Alex Jones and Roman Kemp present the topical show. (S)
- 7.30 **EastEnders**  
Nish and Suki try to settle things between their family and the Mitchells. (S)(AD)

- 8.00 **Fake or Fortune?**  
Fiona Bruce and Philip Mould investigate the origins of a 17th-century painting of Christ having just been brought down from the cross, currently hanging in the St John the Baptist Church in Port Glasgow. (S)(R)(AD)

- 9.00 **Ambulance** *New edition* 2/6. The service is placed under pressure as all crews are diverted to a fire. Plus, medical technician Ellis draws on his own experiences to help a patient struggling with alcohol addiction. (S)

- 10.00 **BBC News** (S)
- 10.30 **Local News** (S)
- 10.40 **Question Time**  
Fiona Bruce chairs the topical debate from Plymouth, inviting a panel of politicians and other guests to answer questions from an invited audience. (S)
- 11.40 **Newschat** Light-hearted discussion on the week's political events. (S)
- 12.10 AM **Our Lives: The Lakes - Our Life on the Edge**  
A couple of passionate free solo climbers embark on a 100-mile epic climbing challenge in the Lake District, hoping it will help them to figure out what to do with their lives. (S)(R)(AD)
- 12.40 **Weather for the Week Ahead**  
Seven-day forecast. (S)
- 12.45 to 6.00 AM **BBC News** (S)

## BBC2

102 102 2 102 102

- 6.30 AM **Escape to the Country** (S)(R)
- 7.15 **The Bidding Room** (S)(R)
- 8.00 **Sign Zone: Gardeners' World** (R)
- 9.00 **BBC News** (S)
- 12.15 PM **Politics Live** (S)
- 1.00 **Impossible** Quiz show. (S)(R)
- 1.45 **Unbeatable** Game show. (S)(R)
- 2.30 **The Boss** Quiz show. (S)(R)
- 3.15 **Operation Gold Rush with Dan Snow** 1/3. Documentary. (S)(R)(AD)
- 4.15 **This Farming Life** (S)(R)
- 5.15 **Flog It!** From the RAF Museum at Hendon in London. (S)(R)
- 6.00 **Richard Osman's House of Games** *New edition* Chris Bisson, Danielle Harold, Katharine Merry and Robert Webb take part. (S)
- 6.30 **Strictly: It Takes Two** *New edition*  
Costume designer Vicky Gill reveals some of the Halloween outfits ahead of the weekend. (S)



8.00 **Amazing Hotels: Life Beyond...**

- 7.00 **Rick Stein's Food Stories** 5/6. In London, Rick discovers how Chinese dim sum and Italian burrata are made before debating the Englishness, or not, of the Full English breakfast with writer and broadcaster Stuart Maconie. (S)(R)(AD)

- 8.00 **Amazing Hotels: Life Beyond the Lobby** *Series finale* 7/7. Rob Rinder and Monica Galetti work at Stanglwirt Hotel in the Austrian Alps, owned by one family for 300 years. (S)(AD)

- 9.00 **A House Through Time: Two Cities at War** *New edition* 2/4. In Berlin, an SS officer arrives in the building, while World War Two throws the lives of two London residents into turmoil. (S)(AD) ■ Entire series on BBC iPlayer

- 10.00 **Red Dwarf** *Body Swap*: 4/6. Lister accidentally triggers off the ship's self-destruct sequence, and there is only one way to diffuse the bomb. (S3) (S)(R)
- 10.30 **Newsnight** (S)
- 11.00 **Weather** (S)
- 11.05 **FILM All Is True** Drama directed by and starring Kenneth Branagh. William Shakespeare is forced to return to face the demons of his past in Stratford when the Globe Theatre burns down. With Judi Dench. (S) (2018, 12, 95min) ★★★
- 12.40 AM **Sign Zone: Parole** (S)(R)(AD)
- 1.40 **Sign Zone: The Cleaner** (S)(R)(AD)
- 2.10 **Sign Zone: Celebrity Antiques Road Trip** From Lancashire. (S)(R)
- 3.10 **Sign Zone: Nadiya's Cook Once, Eat Twice** Comfort food. (S)(R)(AD)
- 3.40 to 6.30 AM **Previews** (S)

## ITV1

103 103 803 103 3 103 103 103

- 6.00 AM **Good Morning Britain** (S)
- 9.00 **Lorraine** Entertainment, current affairs and fashion news. (S)
- 10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
- 12.30 PM **Loose Women** Topical debate from a female perspective. (S)
- 1.30 **ITV News** (S)
- 1.55 **Local News** (S)
- 2.00 **Family Fortunes** Gino D'Acampo hosts as Scottish family the Karunwis go up against the Keelers of Great Yarmouth. (S)(R)
- 3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
- 4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
- 5.00 **The Chase** *New edition* Quiz show hosted by Bradley Walsh. (S)
- 6.00 **Local News** (S)
- 6.30 **ITV News** (S)



8.00 **Pride of Britain Awards**

- 7.00 **Emmerdale**  
John's coaching helps Billy in his preparations, Moira is worried for the future, Nicola spots that Carl is wary of Tom, and Belle's mental anguish finally comes to light. (S)(AD)

- 8.00 **NEW Pride of Britain Awards**  
Carol Vorderman and Ashley Banjo celebrate the 25th annual ceremony. Hundreds of famous faces will flock to London's Grosvenor House Hotel to honour the nation's unsung heroes. Featuring inspiring stories of bravery, selflessness and heroism, with plenty of surprises and emotional moments in store. Stars of stage, screen, sport and royalty pay tribute to the winners. (S)(AD)

- 10.00 **ITV News** (S)
- 10.35 **Local News** (S)
- 10.45 **FILM The Tomorrow War** Sci-fi action adventure starring Chris Pratt, Yvonne Strahovski and JK Simmons. A family man is one of the people conscripted to travel into the future to fight a war against a deadly alien species. (S)(AD) (2021, 12, 150min) ★★★ SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
- 1.15 AM **Teleshopping**
- 3.00 **Fresh Cuts** 4/4. Ben McBean celebrates the contribution of black military heroes. (S)(R)(AD)
- 3.50 **Unwind with ITV** (S)
- 5.05 to 6.00 AM **Ainsley's Fantastic Flavours** Exploring the flavours coming from cheese. (S)(SL)(R)

+1 hour 203 303 35 112

## CHANNEL 4

104 104/108 804 108 4 104 104/106

- 6.25 AM **Cheers** 10-12/28. (S11) (S)(R)
- 7.45 **The King of Queens** (S)(R)(AD)
- 9.10 **Frasier** 7-10/24. (S9) (S)(R)(AD)
- 11.05 **Come Dine with Me: The Professionals** (S)(R)
- 12.05 PM **News** (S)
- 12.10 **Renovation Nation** (S)(R)(AD)
- 1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
- 2.10 **Countdown** *New edition* (S)
- 3.00 **A Place in the Sun: What Happened Next?** (S)(R)
- 4.00 **The Great House Giveaway** (S)(R)
- 5.00 **Four in a Bed** *New edition* The final visit is to North Star Sanctum in Filling, East Yorkshire. (S)
- 5.30 **Help! We Bought a Village**  
A family feel the financial strain of trying to resurrect an Italian ghost village. (S)(R)
- 6.30 **The Simpsons** *Hail to the Teeth:* Lisa gets braces. (S)(R)(AD)



8.00 **Bake Off: An Extra Slice**

- 7.00 **News** (S)
- 7.55 **Hughie's Story: Stand Up to Cancer** *New edition* Rosie recounts how she lost her husband to cancer, leaving her a single mother to two boys. (S)(AD)

- 8.00 **The Great British Bake Off: An Extra Slice** *New edition* 5/10. Alexander Armstrong, Natalie Cassidy and AJ Odudu join Jo Brand and discuss all the drama of Pastry Week. Plus, an interview with the week's eliminated baker. (S)

- 9.00 **Taskmaster** *New edition* 7/10. Babatunde Alëshé shouts about a fortune cookie, Emma Sidi learns about perspective, Andy Zaltzman prophesies about the end of the world, and Rosie Jones feels let down by Jack Dee. (S)(AD)

- 10.00 **Everyone Else Burns** *New episode* 3/6. David volunteers his family home as a replacement church. (S2) (S) ■ Entire series on C4 streaming
- 10.30 **Gogglebox**  
The armchair critics settle down to a selection of recent TV shows. (S)(R)(AD)
- 11.35 **Ramsay's Kitchen Nightmares USA** *Series finale* 10/10. The chef heads to Long Island, New York. (S)
- 12.25 AM **FILM C'mon C'mon** Drama starring Joaquin Phoenix. (S) (2021, b/w, 15, 110min) ★★★
- 2.15 **Secret Amazon: Into the Wild** (R)
- 4.00 **Hughie's Story: Stand Up to Cancer** As 7.55pm. (S)(SL)(R)(AD)
- 4.05 **Frasier** 21-24/24. (S2) (S)(R)(AD)
- 5.45 to 6.25 AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121

Thursday

7 PM

8 PM

9 PM

10 PM



## CHANNEL 5

105 105 805 105 5 105 105 105

- 5.40 AM Milkshake!
- 9.15 Jeremy Vine (S)
- 11.30 Storm Huntley (S)
- 12.45 PM Friends (S6) (S)(R)(AD)
- 1.40 News (S)
- 1.45 Home and Away (S)(R)
- 2.15 **FILM** *Saved by My Stalker*  
Thriller starring Lexi Minetree and Andrew Spach. (S)(AD) (2023, PG, 105min) ★★
- 4.00 **Bargain-Loving Brits in the Sun** Dog charity volunteers Mick and Paul have a poorly pup at the vets. (S)(R)
- 5.00 News (S)
- 6.00 **Dogs Behaving (Very) Badly** Dog trainer Graeme Hall meets a greedy Labrador that constantly scavenges for things to eat on walks. (S)(R)(AD)
- 6.55 News (S)



9.00 All Creatures Great and Small

- 7.00 **The Sussex Coast with Kate Humble** 2/4. Kate follows the historic East Sussex coastline, beginning on the cliffs overlooking Hastings. (S)(R)
- 7.55 News (S)

- 8.00 **Smart Meters: Are They Really Worth It?** New gas and electricity meters promise to save customers time and money, but cameras reveal not all is what it seems when it comes to smart meters. (S)(R)

- 9.00 **All Creatures Great and Small**  
**Series finale** *Glass Half Full*: 6/6. James behaves out of character while examining Tricki, and Siegfried and Tristan must renegotiate their relationship. (S5) (S)(AD)

- 10.00 **The Railway Killers** Documentary about a series of murders of women at railway stations in London in the early 1980s. (S)(R)

- 12.05 AM **Accused: Guilty or Innocent?** Documentary. (S)(R)
- 12.55 **Entertainment News** (S)
- 1.00 **PlayOJO Live Casino Show** (S)
- 3.00 **Ben Fogle: New Lives in the Wild** The cliffs of Cornwall. (R)
- 3.50 **The Wonderful World of Chocolate** (S)(SL)(R)
- 4.40 **House Doctor** (S)(SL)(R)
- 5.05 **Wildlife SOS** (S)(SL)(R)
- 5.30 to 5.40 AM **Entertainment News** (S)

+1 hour 205 305 38 128

## SKY SHOWCASE

106 106 806 109 340 355

- 6.00 AM **Sky News Breakfast**
- 8.00 **Border Patrol** (S)(R)
- 9.00 **Stargate Atlantis** (S1) (S)(R)
- 11.00 **Africa's Hunters** (S)(R)(AD)
- 12.00 **NOON Supergirl** (S3) (S)(R)
- 1.00 **PM NCIS: Los Angeles** (S)(R)
- 3.00 **Hawaii Five-0** (S10) (S)(R)
- 4.00 **MacGyver 3/23** (S2) (S)(R)
- 5.00 **The Simpsons Diary Queen**: Bart comes across his old teacher's diary and learns a surprising secret. (S)(R)
- 5.30 **In the Name of the Grandfather**: Homer and Grampa visit Ireland. (S)(R)
- 6.00 **The Office (US) 13/22**. Jim regrets telling Michael about his feelings for Pam. (S)(R)
- 6.30 14/22. Michael reminisces about his pre-management days as a prankster. (S2) (S)(R)



10.00 Brassic

- 7.00 **The Simpsons** *Wad Goals*: Bart becomes a successful golf caddy, but Marge thinks it may ruin his character. (S)(R)
- 7.30 **Yokel Hero**: Cletus becomes a country music sensation. (S)(R)

- 8.00 **Rob & Romesh vs Ballet** Comedians Rob Beckett and Romesh Ranganathan go behind the scenes at the Birmingham Royal Ballet Company and take part in a real performance of *Swan Lake*. (S)(R)(AD)

- 9.00 **Sweetpea** **New episode** *Black Spots in the Garage*: 3/6. Rhannon is high on righteousness and power and goes after her next target, ultimate bully Julia Blenkinsopp. (S1) (S) ■ Entire series on Sky Box Sets

- 10.00 **Brassic** **New episode** *Heartbreak*: 5/7. Cardi's mum shows up in Hawley after years away and asks her to be her maid of honour as she's getting married – yet again. (S6) (S) ■ Entire series on Sky Box Sets

- 11.00 **Never Mind the Buzzcocks** With Susan Wokoma, AJ Tracey, Nelly Furtado and stand-in captain Sophie Willan. (S)(R)
- 11.55 **Veep 9&10/10**. (S2) (S)(R)(AD)
- 1.15 AM **The Force: Manchester** Following the work of Greater Manchester Police. (S)(R)
- 2.15 **Road Wars** (S)(R)(AD)
- 3.10 **Hawaii Five-0** (S10) (S)(R)
- 4.05 **MacGyver** (S2) (S)(R)
- 5.00 to 6.00 AM **Motorway Patrol**

+1 hour 206

## LOCAL VARIATIONS

### BBC1

**SCOTLAND**  
Sky 964, Virgin 862, Freesat 964  
**7.00-7.30pm** River City (S)(R)(AD)

### N. IRELAND

Sky 966, Virgin 863, Freesat 966  
**10.40pm** The View (S)  
**11.20** Question Time (S)  
**12.20am** Newscast (S)  
**12.50** Our Lives: The Lakes: Our Life on the Edge (S)(R)(AD) **1.20-6.00am** BBC News (S)

### WALES

Sky 965, Virgin 864, Freesat 965  
**11.40pm** Rookie Cops (S)(R) **12.10-12.40am** Newscast (S)

### BBC2

**N. IRELAND**  
Sky 969, Freesat 969  
**10.00-10.30pm** On Drugs: Documentary. (S)(R)

### WALES

Sky 968, Freesat 968  
**7.00pm** Scrum V: The Warm Up (S) **7.30-8.00** Nigella: At My Table (S)(R)  
**10.00-10.30pm** Feast of Football (S)

### ITV1

As main ITV1 except:

### WALES

**10.45pm** Face to Face **New edition** (S) **11.15** **NEW** The Great Erection Deception: The Stiff Nights Story (S)(AD) **12.25-1.15am** The 1% Club (S)(R)(AD)

### S4C

Sky 134, Virgin 164, Freesat 120  
**6.00am** Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Codi Pac **12.30** Heno **1.00** Trysorau Cymru: Tir, Tai a Chyfrinachau (AD) **1.30** Radio+ **2.00** Newyddion a'r Tywydd **2.05** Prynawen Da **3.00** Newyddion a'r Tywydd **3.05** Yr Hawl I Chwarae **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cymry ar Gyntaf **6.30** Clwb Rygbi **6.57** Newyddion **7.00** Heno **New edition** **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **New episode** (AD) **8.25** Rownd a Rownd **New episode** (AD) **8.55** Newyddion a'r Tywydd **9.00** Marw Gyda Kris **New edition** **10.00** **NEW SERIES** Cysgu Efo Ysbrydio **10.25** Sgorio **11.25pm-12.30am** Iaith ar Daith



## BBC3

115/117/121 107/113 23 107 107

BBC3 programmes start at 7.00pm



- 7.00 **PM Phoenix Rise** **New episodes** 7/10. Summer's 16th birthday finds things going from bad to worse at her party. **7.30** 8/10. The Year 11s face their final exam. (S4)
- 7.55 **The Catch Up**
- 8.00 **Gavin & Stacey** 7/8. Nessa goes into labour a month early in Barry. (S2) **8.30** 1/6. The gang reunite for Neil's christening. (S3)
- 9.00 **RuPaul's Drag Race UK** **New edition** 5/10. RuPaul tests the queens' charisma and star power as they join Graham Norton for a special edition of his chat show.
- 10.10 **Ginger's House** **New edition** 2/6. Ginger Johnson prepares her prize horses for a competition.
- 10.25 **Dinosaur** 1-3/6. (S1)
- 11.45 **Charlotte in Sunderland**
- 12.45 AM **RuPaul's Drag Race UK**
- 1.55 **Ginger's House**
- 2.10 **BBC New Comedy Awards** From Belfast.
- 2.40 to 3.50 AM **RuPaul's Drag Race UK**

## MORE4

136/137 831 147 18 124

- 8.55 AM **Food Unwrapped**
- 9.15 **A Place in the Sun**
- 10.05 **A New Life in the Sun: Where Are They Now?**
- 11.05 **Find It, Fix It, Flog It**
- 1.05 PM **Car S.O.S**
- 2.05 **Four in a Bed**
- 4.50 **The Dog House**
- 5.50 **Escape to the Chateau: DIY** Stephanie hopes to restore a chateau carriage for her mother's wedding.
- 6.55 **Car S.O.S** Tim and Fuzz take on the challenge of restoring a 1953 Riley RMF.
- 7.55 **Grand Designs: Living in the Country** Kevin McCloud looks at the challenges of self-building in the countryside, where design must embrace and enhance tradition, yet often overcome stringent planning constraints.
- 9.00 **The Dambusters' Great Escape: Secret History** The story of the RAF's successful mission to sink the German battleship *Tirpitz* in November 1944.
- 10.00 **Emergency** Ex-soldier Joe visits St Mary's Major Trauma Centre after getting drunk at an army reunion and falling down an escalator.

- 11.05 **24 Hours in A&E**
- 12.10 AM **The Emergency Ward**
- 1.15 **Emergency**
- 2.15 **24 Hours in A&E** to 3.50 AM
- Food Unwrapped

+1 hour 236/237 347 125

## BBC4

116 107/108 9/24 106 108

BBC4 programmes start at 7.00pm



- 7.00 **PM Frozen Planet** Polar bears await the return of the Arctic ice.
- 8.00 **NEW Joan Bakewell Remembers... Bette Davis at the NFT** Joan looks back on her evening spent with the legendary screen actor.
- 8.10 **Bette Davis at the NFT** Joan Bakewell interviews the American screen legend.
- 8.55 **FILM All About Eve** Vintage comedy drama starring Bette Davis and Anne Baxter. An ageing Broadway actor takes a young fan under her wing and then discovers that her protégé is scheming to steal her glory. (1950, b/w, U, 138min) ★★★★★
- 11.10 **Bette Davis: Talking Pictures** Documentary.
- 11.55 **The Lively Arts: James Herriot – The Vet Who Writes Books**
- 12.45 AM **Thailand: Earth's Tropical Paradise**
- 1.45 **Frozen Planet**
- 2.40 to 3.40 AM **Brian Cox's Jute Journey**

## E4

135/136 830 106 13 122

- 6.00 AM **Brooklyn Nine-Nine**
- 6.55 **Rude(ish) Tube Shorts**
- 7.00 **Ramsay's Kitchen Nightmares USA**
- 8.00 **Married at First Sight UK**
- 9.00 **The Goldbergs**
- 10.00 **The Big Bang Theory**
- 11.00 **Modern Family**
- 12.00 **NOON The Big Bang Theory** 18-21/24. (S7)
- 2.00 PM **The Goldbergs**
- 3.00 **Modern Family**
- 4.00 **Married at First Sight UK**
- 5.00 **The Big Bang Theory**
- 7.30 **Modern Family** 9/22. Luke and Manny put on a winter ball at the school. (S8)
- 8.00 **Hot Yachts: Miami** **New edition** Nick hopes to prove his critics wrong.
- 9.00 **Married at First Sight UK** **New edition** Two husbands clash when one tries to defend his wife's honour.
- 10.00 **MAFS UK: It's Official! With Chloe Burrows** **New edition** Discussion.
- 10.35 **First Dates**
- 11.40 **Gogglebox**
- 12.45 AM **Married at First Sight UK** As shown at 9.00pm.
- 1.50 **Rick and Morty**
- 2.15 **Mike Tyson Mysteries** **New episodes** Double bill.
- 2.40 **First Dates**
- 3.35 **Ramsay's Kitchen Nightmares USA**
- 4.25 **Black-ish** 21&22/24. (S4)
- 5.15 to 6.00 AM **Brooklyn Nine-Nine**

+1 hour 235/236 306 30 123



# THURSDAY Entertainment

Thursday

## Sky Witness

107 807 110 341 356

- 6.00 AM Sun, Sea and A&E
- 7.00 Paramedics
- 8.00 Border Patrol
- 9.00 Highway Patrol
- 10.00 Send in the Dogs
- 11.00 For Life 1/10. (S2)
- 12.00 NOON **The Rookie** 19/22. (S4)
- 1.00 PM **Chicago Med** 19/22. Halstead and Asher work to save a surrogate's baby. (S7)
- 2.00 **The Equalizer** 8/10. McCall helps Dante and Big Ben after they are ambushed. (S4)
- 3.00 **Caught on Dashcam**
- 4.00 **Nothing to Declare**



10.00 **The Good Doctor**

## Sky Atlantic

108/109 808 342 357

- 6.00 AM **The Guest Wing**
- 8.10 **True Blood** 2&3/12. (S3)
- 10.30 **Britannia** 8&9/9. (S1)
- 12.30 PM **Game of Thrones** (S2)
- 1.35 **Billions** 11 & 12/12. (S3)
- 3.50 **True Blood** 11/12. Tara comes to terms with Eggs's death.
- 4.50 2/12. The Vampire King of Mississippi seeks Bill's help to obtain more power. (S3)
- 5.55 **Britannia** 1/10. An ancient figure could spell doom for the Celtic and Roman alike.
- 6.55 2/10. Harka has a request for the hunter, Hella. (S2)



9.00 **Sweetpea**

## Sky Max

113/114 813 111 346 351

- 6.00 AM **Stargate SG-1** (S1)
- 8.00 **Supergirl** 19/23. (S3)
- 9.00 **Stargate Atlantis** (S1)
- 11.00 **DC's Legends of Tomorrow**
- 12.00 NOON **Supergirl** 21/23. (S3)
- 1.00 PM **NCIS: Los Angeles** (S14)
- 3.00 **Hawaii Five-0** 10/22. (S10)
- 4.00 **MacGyver** 2/23. Riley's first solo mission goes awry. (S2)
- 5.00 **DC's Legends of Tomorrow** 3/16. A gang target the Royal Family in 1970s London. (S4)
- 6.00 **Stargate Atlantis** 15/20. The team find Dr Weir in suspended animation. (S1)



12.55 **Entourage**

## ITV2

118 816 115 6 113

- 6.00 AM **CITV**
- 9.00 **Totally Bonkers**
- 9.00 **Guinness World Records**
- 10.00 **Love Bites** Double bill.
- 12.00 NOON **Dress to Impress**
- 1.00 PM **Supermarket Sweep**
- 2.00 **Deal or No Deal**
- 3.00 **Charmed** 17/22. (S4)
- 4.00 **Gilmore Girls** 13/21. (S1)
- 5.00 **Dress to Impress**
- 6.00 **FILM Harry Potter and the Goblet of Fire** Adventure sequel starring Daniel Radcliffe and Rupert Grint. (2005, 12, 157min) ★★★



11.05 **Family Guy**

## ITV3

119 117 10 115

- 6.00 AM **Classic Emmerdale**
- 7.00 **Classic Coronation Street**
- 8.05 **Agatha Christie's Poirot**
- 10.15 **The Royal The Way We Were**
- 11.20 **Heartbeat** Double bill.
- 1.40 PM **Classic Emmerdale**
- 2.40 **Classic Coronation Street**
- 3.50 **Endeavour Passenger**: Morse suspects a connection between a disappearance and an unsolved murder.
- 5.50 **Heartbeat Substitute**: A family of crooked travellers plot to steal Greengrass's horse and kidnap Ventress.



8.00 **Vera**

7 PM

- 7.00 **Nothing to Declare** Drugs are found in a young man's baggage.
- 7.30 A nervous passenger attracts attention.

8 PM

- 8.00 **Chicago Fire Head Count**: 2/22. A video of Casey from the roof goes viral, while Herrmann breaks protocol. (S10)

9 PM

- 9.00 **FBI: International** *Voice of the People*: 8/21. A group of Americans are killed in an explosion in Budapest. (S1)

10 PM

- 10.00 **The Good Doctor** *Hello*: 1/18. Shaun treats a homeless patient. (S2)
- 11.00 **FBI** 11/19. (S2)
- 12.00 **MT Law & Order: Special Victims Unit** 9/13. (S25)
- 1.00 AM **Law & Order: Organized...**
- 2.00 **Law & Order: Special Victims Unit** *New episode* 10/13. (S25)
- 3.00 **Law & Order: Organized Crime** *New episode* 10/13. (S4)
- 4.00 **Stop, Search, Seize**
- 5.00 to 6.00 AM **UK Border Force**

+1 hour 207 310

- 7.55 **Game of Thrones** *Garden of Bones*: 4/10. Tyrion struggles to find a way to curb Joffrey's excesses and Daenerys arrives at the walled city of Qarth. (S2)

- 9.00 **Sweetpea** *New episode* *Black Spots in the Garage*: 3/6. Rhiannon goes after her next target. (S1) ■ Entire series on Box Sets

- 10.05 **The Penguin** *Homecoming*: 5/8. With his operation at stake, Oz makes a desperate move to turn the tables. (S1)

- 11.10 **Succession** 8/10. The Roy siblings spar over the outcome of the election. (S4)
- 12.35 AM **Watchmen** 4/9. Lady Trieu makes a mysterious offer. (S1)
- 1.40 **Game of Thrones** As 7.55pm.
- 2.45 **Euphoria** 2/8. (S2)
- 3.50 to 6.00 AM **Urban Secrets**

+1 hour 208/209

- 7.00 **Stargate Atlantis** *The Brotherhood*: 16/20. The team set off to search the planet Dagan for a Zero Point Module. (S1)

- 8.00 **Rob & Romesh vs Ballet** Comedians Rob Beckett and Romesh Ranganathan are given roles in a real performance of *Swan Lake*.

- 9.00 **Mr Bigstuff** 3/6. Lee starts a fight club.
- 9.30 4/6. Lee reveals more about the men who are after him. (S1)

- 10.00 **Brassic** *New episode* *Heartbreak*: 5/7. Cardi's mum shows up in Hawley after years away. (S6) ■ Entire series on Box Sets

- 11.00 **Never Mind the Buzzcocks** Guests include Nelly Furtado.
- 11.55 **The Walking Dead** 1/22. (S10)
- 12.55 AM **Entourage** 3&4/10. (S7)
- 2.00 **The Walking Dead: Daryl Dixon - The Book of Carol** *New episode* 4/6. (S2)
- 3.05 **Hawaii Five-0** 10/22. (S10)
- 4.00 **MacGyver** 2/23. (S2)
- 5.00 to 6.00 AM **Highway Patrol**

- 6.00 AM **FILM Harry Potter and the Goblet of Fire** (film started at 6.00pm) SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00 **Big Brother** *New edition* A chance to catch up with everything that has happened in the house.

- 10.00 **Big Brother: Late & Live** *New edition* AJ Odudu and Will Best present the companion show in front of a live studio audience.

- 11.05 **Family Guy** 13/20. Stewie's future life is interrupted. (S18)
- 11.35 6/23. Lois prepares a Thanksgiving meal. (S10)
- 12.00 **MT American Dad!** (S12)
- 12.50 AM **Buffering** 3&4/6. (S1)
- 1.45 **The Stand Up Sketch Show**
- 2.15 to 3.00 AM **Unwind with ITV**

+1 hour 218 315 29 114

- 7.00 **Heartbeat** *In on the Act*: Greengrass threatens revenge on the miscreant responsible for dosing Alfred with rat poison.

- 8.00 **Vera** *Darkwater*: A teenage boy is found dead in a reservoir near a remote rural town. Vera takes on the case, and uncovers a web of fractured relationships within the community.

- 10.00 **Law & Order: UK** *The Wrong Man*: 1/6. Brooks and Devlin investigate a hospital department where three patients have died in suspicious circumstances. (S5)

- 11.00 **Law & Order: UK** 2/6. A police hunt is launched when a boy goes missing from a merry-go-round. (S5)
- 12.00 **MT Endeavour** As 3.50pm.
- 2.00 to 3.00 AM **Unwind with ITV**

+1 hour 219 317 116

## BBC Scotland

SCOT 115 108 9 106 106  
REST OF UK 180 162 110

- 12.00 NOON **This Is BBC Scotland**
- 7.00 PM **This Farming Life** With Christmas around the corner, a deep freeze descends on John's Ayrshire farm.
- 8.00 **NEW SERIES The Entertainment Mix** Culture and arts news presented by Michelle McManus.
- 8.30 **Landward** *New edition* Dougie views the first fully electric boat in the UK's fishing fleet.
- 9.00 **The Nine**
- 10.00 **Stevens & McCarthy** 3/4. The girls in the roll van tease Davie. (S3)
- 10.30 **Confessions of a Teenage Fraudster** 3/3. Elliot faces deportation to the UK.
- 11.15 **Limmy's Show** 3/6. Jacqueline McCafferty thinks she may have found true love. (S3)
- 11.45 PM to 12.00 AM **MT Tune**

## Sky Comedy

114/115 814 112 347 362

- 8.00 AM **Will & Grace** (S3)
- 9.00 **Young Rock** (S2)
- 10.00 **Hung** 10/10. (S3)
- 10.35 **Vice Principals** 1/9. (S1)
- 11.15 **Eastbound & Down**
- 11.55 **Looking** 1/8. (S1)
- 12.35 PM **Insecure** (S4)
- 1.45 **Pen15** 13/15. (S2)
- 2.20 **Vice Principals** (S1)
- 3.40 **Looking** 2&3/8. (S1)
- 5.00 **Will & Grace** (S3)
- 6.00 **The Office (US)** (S2)
- 7.00 **Young Rock** (S2)
- 8.00 **Will & Grace** (S7)
- 9.00 **The Franchise** 1/8. Comedy starring Himesh Patel and Aya Cash.
- 9.40 2/8. Daniel faces unsolicited scrutiny.
- 10.20 3/8. Adam's questionable supplement regimen takes its toll. (S1)
- 11.00 **The Tonight Show** *Starring Jimmy Fallon* *New edition* Chat show.
- 12.00 **MT Veep** 9&10/10. (S2)
- 1.20 AM **Girls** 3&4/10. (S4)
- 2.40 **Somebody Somewhere**
- 3.50 to 5.00 AM **A.P. Bio**

## Sky Arts

130/131 826 123 36 143 365

- 6.00 AM **La Wally**
- 8.20 **The Joy of Painting**
- 8.55 **Tales of the Unexpected**
- 10.00 **Hitchcock Presents**
- 11.00 **Discovering**
- 12.00 NOON **Portrait Artist...**
- 1.00 PM **Tales of the...**
- 2.00 **Discovering**
- 4.00 **Classic Albums**
- 5.00 **Portrait Artist 2017**
- 6.00 **Tales of the Unexpected**
- 7.00 **Portrait Artist of the Year** With Dan Snow.
- 8.00 **The Art of Film** *Series finale* 6/6.
- 9.00 **FILM PREMIERE** *The Life and Deaths of Christopher Lee* The career of the English actor. (2024, 12, 103min) ★★★★★ See feature, page 20, and review, page 23.
- 11.00 **FILM** *Dracula: Prince of Darkness* Chiller. (1965, 15, 90min) ★★★
- 12.45 AM **Comedy Legends**
- 1.45 **Peter O'Toole: Along the Sky Road to Aqaba**
- 3.40 **Arts Uncovered**
- 4.00 to 6.00 AM **Highlights**

## Sky Mix

151 135 11 141

- 7.00 AM **Nothing to Declare**
- 9.00 **Monkey Life**
- 10.00 **Stop, Search, Seize**
- 11.00 **Highway Patrol**
- 12.00 NOON **Motorway Patrol**
- 1.00 PM **Border Patrol**
- 2.00 **Monkey Life**
- 3.00 **Nothing to Declare**
- 4.00 **Star Trek: The Next Generation** 1/26. (S4)
- 5.00 **Star Trek: Enterprise**
- 6.00 **Star Trek: Deep Space Nine** 21/26. (S4)
- 7.00 **Star Trek: Voyager** (S7)
- 8.00 **Hawaii Five-0** *Pale 'Ia (Buried Secrets)*: 15/22. Guest stars Melanie Griffith. (S4)
- 9.00 **Forensics: Catching the Killer** Double bill.
- 11.00 **Killer in My Village**
- 12.00 **MT Caught on Dashcam**
- 1.00 AM **Nothing to Declare**
- 2.00 **Brit Cops: Rapid Response** Documentary.
- 3.00 **Highway Patrol**
- 4.00 **Border Patrol**
- 5.00 to 6.00 AM **Highway Cops**

## ITV Be

131/132 119 28 119

- 7.00 AM **Unwind**
- 7.15 **Be Beautiful**
- 7.25 **Olivia Meets Her Match**
- 8.25 **The Cabins**
- 9.25 **The Real Housewives of Cheshire** Reality series.
- 10.25 **Olivia Meets Her Match**
- 11.20 **The Real Housewives of Potomac** Reality series.
- 12.10 PM **Real Housewives of Beverly Hills**
- 1.05 **The Only Way Is Marbs**
- 2.05 **Dinner Date**
- 3.10 **The Big Bake**
- 4.05 **The Real Housewives of Potomac** Reality series.
- 5.00 **The Real Housewives of Beverly Hills** *New edition* Reality show.
- 6.00 **Masters of Flip**
- 7.00 **The Big Bake**
- 8.00 **Dinner Date**
- 9.00 **The Real Housewives of Orange County**
- 10.00 **Botched by Nature**
- 11.00 **Kavos Weekender**
- 12.00 **MT Only Way Is Marbs**
- 12.45 to 1.00 AM **Unwind**

+1 hour 319

## GREAT! tv

157 170 50

- 8.00 AM **Hart to Hart** (S1)
- 9.00 **Father Dowling** *Mysteries* 7/8. (S1)
- 10.00 **Diagnosis Murder**
- 11.00 **Castle** 12/23. (S7)
- 12.00 NOON **Hart to Hart**
- 2.00 PM **Father Dowling** *Mysteries* 4/13. (S2)
- 3.00 **Diagnosis Murder**
- 5.00 **Murder, She Wrote**
- 7.00 **M\*A\*S\*H** 12-15/25. (S5)
- 9.00 **The Avengers** *The Living Dead*: 7/24. Steed and Emma investigate rumours of a ghost. (S5)
- 10.00 **Randall and Hopkirk (Deceased)** *But What a Sweet Little Room*: 13/26. A phoney medium is rumbled. (S1)
- 11.00 **Return of the Saint**
- 12.00 **MT M\*A\*S\*H** (S5)
- 2.00 AM **Randall and Hopkirk (Deceased)**
- 3.00 **Return of the Saint**
- 4.00 **Castle** 1/22. (S8)
- 4.50 to 5.00 AM **GREAT! Movie News Extra**

+1 hour 257 62



## ITV4

120 118 26 117

- 6.00 AM The Best of the 90s
- 6.10 Minder
- 7.15 The Sweeney
- 8.15 Dempsey and Makepeace
- 9.25 The Saint
- 10.35 Giant Lobster Hunters
- 11.35 BattleBots
- 12.35 PM Dempsey and Makepeace
- 1.40 The Saint
- 2.45 Giant Lobster Hunters
- 3.45 Minder
- 4.55 The Sweeney 6/13. A reporter reveals inside information on a robbery. (S2)



6.00 Darts: European...

**6.00 LIVE Darts: European Championship** Jacqui Oatley presents coverage of the opening day from Westfalenhallen in Dortmund, Germany, featuring eight first-round matches played over the best of 11 legs. With analysis from Alan Warriner-Little and Chris Mason, and commentary by Stuart Pyke, John Rawling and Dan Dawson.

**10.00 Wrestling: AEW Battle of the Belts** Action from the 12th staging of the event at Adventist Health Arena in California.

- 11.00 Target Sports Stars Fishing Championship
- 12.55 AM Robson and Jim's Icelandic Fly-Fishing Adventure Documentary.
- 1.50 Auto Mundial
- 2.15 Motorsport Mundial
- 2.40 to 3.00 AM Unwind with ITV

+1 hour 220 318 118

## Sky Sci-Fi

139/140 836 122 348 363

- 6.00 AM Most Haunted
- 8.00 Teleshopping
- 11.00 Merlin 11/13. (S5)
- 12.00 NOON Stargate Universe
- 1.00 PM Star Trek: Deep Space Nine 17/26. (S3)
- 2.00 Merlin 11/13. (S5)
- 3.00 Stargate SG-1 21/22. (S4)
- 4.00 Star Trek: Enterprise (S4)
- 5.00 Stargate Universe 7/20. (S1)
- 6.00 Merlin 11/13. Mordred becomes torn between loyalty and love, little realising the path he chooses will shape Camelot's destiny. (S5)



9.00 The Ark

**7.00 Star Trek: Deep Space Nine Visionary:** 17/26. O'Brien is baffled by a vision of his own death. Stars Colm Meaney. (S3)

**8.00 Stargate SG-1 Exodus:** 22/22. Part one of three. The team pay a visit to the Tok'ra homeworld in Cronos's mothership. (S4)

**9.00 The Ark New episode** *It Can't Be True:* 7/12. The crew work together to find who is responsible for an attempted murder.

**10.00 The Ark New episode** *We Don't Kill Our Own:* 8/12. The ship is taken under siege. (S2)   
 ■ Entire series on Box Sets

- 11.00 The Leftovers 9/10. The drama rewinds the clock to the days leading up to the Departure.
- 12.00 MT 10/10. Mapleton is in chaos as the Guilty Remnant makes a provocative move. (S1)
- 1.00 AM Wynonna Earp (S1)
- 2.00 Merlin As 6.00pm.
- 3.00 Star Trek: Enterprise
- 4.00 to 6.00 AM Stargate SG-1

## Alibi

109/110 809 114 343 358

- 7.10 AM Murdoch Mysteries (S15)
- 9.00 Father Brown
- 10.00 Unforgettable 1/13. (S2)
- 11.00 Hudson & Rex 12/20. (S5)
- 12.00 NOON The Mentalist (S1)
- 1.00 PM Death in Paradise (S6)
- 2.00 Murdoch Mysteries (S15)
- 4.00 Unforgettable 1/13. Carrie uses her gift to tackle a child abduction case. (S2)
- 5.00 Hudson & Rex 12/20. A physiotherapist is killed. (S5)
- 6.00 Elementary 18/21. A killer is selecting victims based on the visions of a so-called seer. (S6)



6.00 Elementary

**7.00 The Mentalist Flame Red:** 9/23. The team head to a small town where a war veteran has been killed in an arson attack. (S1)

**8.00 Death in Paradise Erupting in Murder:** 1/8. Humphrey investigates the death of a scientist studying a volcano.

**9.00 Death in Paradise The Secret of the Flame Tree:** 2/8. A literature student is pushed off a cliff to her death. (S6)

**10.00 Father Brown The Three Tools of Death:** A troubled young woman's father is killed three weeks after the death of her mother.

- 11.00 The Mentalist As 7.00pm.
- 12.00 MT Elementary As 6.00pm.
- 1.00 AM Justified 5/13. Raylan continues his search for Drew Thompson, and Colt tries to finish the job he started. (S4)
- 2.00 to 4.00 AM Murdoch Mysteries

+1 hour 209/210 314

## GOLD

110/111 810 124 344 359

- 7.30 AM The Fosters
- 8.00 Keeping Up Appearances
- 8.40 Last of the Summer Wine
- 10.05 Hi-de-Hi!
- 10.50 Still Open All Hours
- 11.30 Last of the Summer Wine
- 2.15 PM The Good Life
- 2.55 Dad's Army
- 3.35 Hi-de-Hi!
- 4.20 Last of the Summer Wine
- 5.40 Still Open All Hours
- 6.20 Keeping Up Appearances Hyacinth decides to invite the new vicar round for tea.



10.20 Bottom

**7.00 Dad's Army** Captain Mainwaring gets his men to pose as traitors.

**7.40 Pike** borrows Mainwaring's new staff car to take his girlfriend Sylvia to the cinema.

**8.20 The Good Life** Tom and Barbara get closer to nature than they intended.

**9.00 Absolutely Fabulous** Edina finds herself torn between love and duty.   
 **9.40** A new boyfriend makes Eddie think she has hit the big time. Guest stars Elton John.

**10.20 Bottom** The boys join Mrs Lineker's Love Bureau to fix up Richie.

- 11.00 Inside No 9 A detective is determined to crack a case.
- 11.40 Blackadder the Third
- 12.20 AM Absolutely Fabulous
- 1.40 Bottom
- 2.30 Inside No 9
- 3.00 Blackadder the Third
- 3.30 to 4.00 AM The Fosters

+1 hour 210/211 324

## U&Dave

111/112 811 127 19 157

- 7.10 AM Whose Line Is It Anyway? USA Double bill.
- 8.00 Border Force: America's Gatekeepers Double bill.
- 10.00 Extreme Salvage Squad
- 12.00 NOON Storage Hunters UK
- 2.00 PM Speed with Guy Martin
- 3.00 Top Gear Double bill.
- 5.00 Rick Stein's India Rick heads north to the mountainous region of Himachal Pradesh, where he has an audience with the Dalai Lama.   
 **6.00** Rick meets India's first MasterChef winner in Lucknow.



10.00 Two Pints of Lager...

**7.00 Would I Lie to You?** With Gyles Brandreth, Yung Filly, Sarah Millican and Lou Sanders.

**7.40 Richard Osman's House of Games** Guests include Maggie Aderin-Pocock.   
 **8.20** With Vick Hope, Nicki Chapman, Gethin Jones and Tim Vine.

**9.00 QI XL** Holly Walsh, Jason Manford and Romesh Ranganathan join regular panellist Alan Davies and host Sandi Toksvig.

**10.00 Two Pints of Lager and a Packet of Crisps** Jonny refuses to speak to Janet.   
 **10.40** Relationship troubles get out of hand.

- 11.15 Will & Raif Should Know Better Will Mellor and Raif Little look at getting older.
- 12.15 AM Alan Davies: As Yet Untitled With Suzi Ruffell.
- 1.20 Would I Lie to You?
- 2.00 QI XL With Josh Widdicombe.
- 2.50 to 4.00 AM Schitt's Creek

+1 hour 211/212 327 74

## 4seven

137/138 143 49 127

- 9.00 AM Ramsay's Kitchen Nightmares USA
- 10.00 Find It, Fix It, Flog It
- 11.00 Great House Giveaway
- 12.00 NOON Frasier (S2)
- 1.30 PM A Place in the Sun
- 2.00 A Place in the Sun: What Happened Next?
- 3.00 Renovation Nation
- 4.00 Help! We Bought a Village From Puglia.
- 5.00 A Place in the Sun
- 6.00 A Place in the Sun: What Happened Next?
- 7.00 Kirstie and Phil's Love It or List It: Brilliant Builds Kirstie Allsopp and Phil Spencer look back at cluttered homes.
- 8.00 Location, Location, Location From Belfast.
- 9.00 Great British Bake Off
- 10.15 The Great British Bake Off: An Extra Slice
- 11.20 Taskmaster
- 12.25 AM 24 Hours in A&E
- 1.30 Gogglebox
- 2.35 Celebrity Gogglebox
- 3.35 to 4.35 AM First Dates

+1 hr 241/269 320/362 130

## 5USA

141/169 120/162 21 129

- 9.00 AM NCIS 4-6/24. (S14)
- 12.00 NOON Law & Order
- 6.00 PM NCIS A Bowl of Cherries: 20/24. A vice-admiral becomes the target of a hacker.
- 7.00 One Book, Two Covers: 21/24. A US Marine's murder is linked to a dirt-bike gang.
- 8.00 Beastmaster: 22/24. The team discover the truth about how a Marine died. (S14)
- 9.00 Blue Bloods Through the Looking Glass: 19/22. Frank clashes with a journalist. (S5)
- 10.00 Law & Order: Special Victims Unit Pure: 18/23. An alleged psychic helps in the search for a girl. (S6)
- 11.00 Law & Order: Special Victims Unit (S6)
- 12.55 AM Blindspot (S2)
- 3.35 to 4.00 AM Criminals: Caught on Camera

+1 hour 228/229 326 140

## 5STAR

128/129 126 32 131

- 8.00 AM Dirty Home Rescue
- 9.00 Bargain-Loving Brits in the Sun Double bill.
- 11.00 Traffic Cops
- 2.00 PM Police Interceptors
- 5.00 Shoplifters & Scammers: At War with the Law
- 6.00 Home and Away
- 7.00 GPs: Behind Closed Doors Medical series.
- 8.00 Casualty 24/7: Every Second Counts
- 9.00 A&E After Dark Ambulance crew bring in a patient who acts aggressively.
- 10.00 Ambulance: Code Red
- 11.00 Cause of Death
- 12.00 MT Skin A&E
- 1.05 AM Junior Doctors Down Under
- 2.05 Casualty 24/7: Every Second Counts
- 2.55 GPs: Behind Closed Doors Medical series.
- 3.50 to 4.00 AM Entertainment News

+1 hour 228/229 326 140

## 5Action

150 130 33 132

- 9.00 AM Trucking Hell
- 10.00 Traffic Cops
- 11.00 Motorway Cops: Catching Britain's Speeders Documentary.
- 12.00 NOON FILM The Four Musketeers Comedy adventure sequel. (1974, PG, 105min) ★★★
- 2.05 PM FILM Seven Ways from Sundown Western. (1959, PG, 87min) ★★
- 4.00 Trucking Hell
- 5.00 Traffic Cops
- 6.00 Motorway Cops: Catching Britain's Speeders Documentary.
- 7.00 Police Interceptors
- 9.00 Trucking Heavy New edition
- 10.00 Outback Truckers
- 11.00 Extreme Tow Truckers
- 12.00 MT Deadliest Weather: Caught on Camera
- 1.00 AM Fights, Camera, Action! Documentary.
- 2.00 Trucking Hell
- 3.55 to 4.00 AM Entertainment News

+1 hour 232/233 325

## U&W

132/133 827 125 25 156

- 6.10 AM Inside the Ambulance
- 7.00 Property Brothers: Forever Homes
- 8.00 Tipping Point
- 11.00 DIY SOS: The Big Build
- 1.00 PM Tipping Point
- 4.00 Property Brothers: Forever Homes
- 6.00 DIY SOS: The Big Build
- 7.00 MasterChef Australia: Dessert Masters New edition The contestants face a challenging team relay.
- 8.00 Don't Hate Your House with the Property Brothers New edition
- 9.00 999 Rescue Squad
- 10.00 #Murder New edition Investigating the death of Siobhan Lee.
- 11.00 Bradford on Duty
- 12.15 AM One Born Every Minute Documentary.
- 1.20 19 Kids and Counting
- 2.10 to 3.00 AM The Undateables

+1 hour 243 316 60



## Really

- 142 128 17 145**
- 6.00 AM Fantasy Homes by the Sea From Cornwall.
  - 7.00 Teleshopping
  - 8.00 Salvage Hunters
  - 10.00 A Place in the Sun
  - 12.00 NOON Money for Nothing Double bill.
  - 2.00 PM The Repair Shop
  - 3.00 Antiques Road Trip
  - 5.00 The Yorkshire Auction House Double bill.
  - 7.00 Celebrity Antiques Road Trip Double bill.
  - 9.00 The Repair Shop
  - 11.00 Help! My House Is Haunted A poltergeist is pushing a Portsmouth family to breaking point, and Barri is a wreck.
  - 12.00 M/T It's a race against time for the team to help prevent an evil force from taking over a spiritually open woman.
  - 1.00 AM Unexplained: Caught on Camera
  - 2.00 Teleshopping
  - 4.00 to 6.00 AM Salvage Hunters

## Challenge

- 145 139 48 142**
- 7.00 AM The Chase
  - 10.00 Weakest Link
  - 11.00 Pointless Celebrities
  - 12.00 NOON The Chase
  - 1.00 PM Family Fortunes
  - 3.00 Catchphrase Double bill of the game show.
  - 4.00 Blockbusters Double bill of the quiz show.
  - 5.00 Bullseye Four editions of the darts-based quiz.
  - 7.00 Cash Trapped Quiz hosted by Bradley Walsh.
  - 8.00 The Chase Double bill of the quiz show hosted by Bradley Walsh.
  - 10.00 Who Wants to Be a Millionaire? Chris Tarrant hosts the big-money quiz show.
  - 11.00 Bullseye Double bill of the darts-based quiz.
  - 12.00 M/T Who Wants to Be a Millionaire? Quiz show.
  - 1.00 AM Cash Trapped
  - 2.00 The Chase Double bill.
  - 4.00 Classic Who Wants to Be a Millionaire? Quiz.
  - 5.00 to 6.00 AM Bullseye

## GREAT! action

- 323 426 42**
- 8.00 AM Police Ten 7
  - 9.00 The West Wall
  - 10.20 The War in Europe
  - 11.30 Wild West Chronicles
  - 12.00 NOON Wanted: Dead or Alive Double bill.
  - 1.00 PM FILM Bite the Bullet Western. (1975, PG, 131min) ★★★★★
  - 3.50 FILM The Stranger Wore a Gun Western. (1953, U, 83min) ★★
  - 5.50 Wanted: Dead or Alive
  - 7.00 FILM Bermuda Tentacles Thriller. (2014, 12, 86min) ★★
  - 9.00 FILM Danger Close: The Battle of Long Tan Historical war drama. (2019, 15, 118min) ★★
  - 11.30 FILM Hamburger Hill Wartime drama. (1987, 18, 108min) ★★★★★
  - 1.50 AM FILM Fire Twister Disaster movie. (2015, 12, 90min) ★
  - 3.50 to 5.00 AM War Machines

## GREAT! movies

- 321 425 34**
- 9.00 AM FILM Obsessed with the Babysitter Thriller. (2021, PG, 93min) ★★
  - 11.00 FILM Killer Night Shift Thriller. (2018, 15) ★★
  - 12.55 PM FILM Witness Unprotected Thriller. (2018, 12, 90min) ★★
  - 2.50 FILM Earthtastrophe Sci-fi action thriller. (2016, PG, 82min) ★★
  - 4.40 FILM Jetstream Disaster movie. (2012, 12, 88min) ★★
  - 6.30 FILM Hitch Comedy. (2005, 12, 118min) ★★★★★
  - 9.00 FILM Knowing Sci-fi mystery thriller. (2009, 15, 116min) ★★★★★
  - 11.30 FILM The Trust Thriller. (2016, 15, 90min) ★★★★★
  - 1.30 AM FILM Gone Daughter Gone Thriller. (2020, PG, 87min) ★★
  - 3.30 Wild West Chronicles
  - 4.00 to 6.00 AM FILM Gone: Finding My Daughter Thriller. (2018, PG) ★★

## GREAT! christmas

- 319 424 52**
- 8.00 AM FILM Christmas at Holly Lodge (2017) ★★
  - 10.00 FILM Finding Santa Drama. (2017, U) ★★
  - 12.00 NOON FILM The Christmas Apprentice Comedy. (2016, PG) ★★
  - 2.00 PM FILM A Christmas Tail Drama. (2012, U) ★★
  - 4.00 FILM A Storybook Christmas Comedy. (2019, PG, 83min) ★★
  - 6.00 FILM A Starstruck Christmas Drama. (2021, U, 105min) ★★
  - 8.00 FILM Crashing Through the Snow Drama. (2021, PG, 84min) ★★
  - 10.00 FILM Christmas Catch Comedy. (2018, PG) ★★
  - 12.00 MT FILM Annie Claus is Coming to Town Drama. (2011, U, 87min) ★★★★★
  - 2.00 AM Highway to Heaven
  - 3.00 to 5.00 AM FILM Northpole 2: Open for Christmas Fantasy. (2015, U, 83min) ★★

## Rewind TV

- 182 95**
- 6.30 AM Highlights
  - 10.00 That's My Dog
  - 10.30 A Fine Romance (S1)
  - 11.00 Watching 6/9. (S4)
  - 11.30 Trouble in Mind
  - 12.00 NOON Sherlock Holmes
  - 12.30 PM Shine On Harvey Moon 1/6. (S1)
  - 1.00 Space 1999 2/24. (S1)
  - 2.00 FILM The Outlaw Western. (1943, b/w, U, 126min) ★★★★★
  - 4.30 Wozel Gummidge
  - 5.00 That's My Dog
  - 5.30 Hancock 6/13. (S1)
  - 6.00 Surgical Spirit (S1)
  - 6.30 The Cuckoo Waltz (S1)
  - 7.00 The Beiderbecke Affair
  - 8.00 Return of the Saint
  - 9.00 Sapphire and Steel (S1)
  - 10.00 Drop the Dead Donkey
  - 10.30 Whose Line Is It Anyway? Comedy.
  - 11.00 A Fine Romance (S1)
  - 11.30 Watching 6/9. (S4)
  - 12.00 M/T Trouble in Mind
  - 12.30 AM Sherlock Holmes
  - 1.00 to 5.30 AM Highlights

## DMAX

- 159 169 39 147**
- 6.00 AM Alaska: Last Frontier
  - 7.00 Building Off the Grid
  - 8.00 Outback Opal Hunters
  - 9.00 Deadliest Catch
  - 11.00 Building Off the Grid
  - 12.00 NOON Alaska: Homestead Rescue
  - 1.00 PM LIVE Snooker: Northern Ireland Open The fifth day in Belfast.
  - 5.00 Kindig Customs
  - 6.00 Deadliest Catch
  - 7.00 Alaska: Last Frontier
  - 8.00 Alaska: Homestead Rescue Documentary.
  - 9.00 The Osbournes Want to Believe Mermaids.
  - 10.00 FILM The Texas Chainsaw Massacre: The Beginning Horror. (2006, 18, 91min) ★★
  - 12.00 M/T Naked and Afraid
  - 1.00 AM Alaskan Bush People
  - 2.00 Teleshopping
  - 4.00 Building Alaska
  - 5.00 to 6.00 AM Maine Cabin Masters

## Food Network

- 140/141 190 43 148**
- 6.00 AM Barefoot Contessa
  - 7.00 The Pioneer Woman
  - 8.00 30 Minute Meals
  - 9.00 James Martin Digs Deep
  - 10.00 Money Saving Meals
  - 11.00 Bobby and Giada in...
  - 12.00 NOON Halloween Baking Championship **New editions** Double bill.
  - 2.00 PM James Martin Digs... 3.00 Good Mood Food
  - 4.00 The Pioneer Woman
  - 5.00 Girl Meets Farm
  - 6.00 Bobby and Giada in Italy A visit to Rome.
  - 7.00 Great British Bake Off
  - 8.00 Good Mood Food
  - 9.00 Tom Kerridge Secrets of the Pub Kitchen **New edition**
  - 9.30 More Sunday Lunch
  - 10.00 Back Down the River
  - 11.00 Diners, Drive-Ins and Dives Double bill.
  - 12.00 M/T Grocery Games
  - 1.00 to 3.00 AM Halloween Baking Championship

## Legend

- 148 149 41 137**
- 8.00 AM Walker, Texas Ranger 20/25. (S7)
  - 9.00 The A-Team 8/25. (S3)
  - 10.00 MacGyver 3/20. (S3)
  - 11.00 FILM End of the World Action disaster movie. (2018, PG, 88min) ★★
  - 1.00 PM FILM Strange Invaders Sci-fi spoof. (1983, 12, 89min) ★★
  - 3.00 FILM The Blood Beast Terror Period chiller. (1967, 12, 88min) ★
  - 5.00 Star Trek 22/30. (S1)
  - 6.00 MacGyver 4/20. (S3)
  - 7.00 The A-Team 9/25. (S3)
  - 8.00 Walker, Texas Ranger
  - 9.00 FILM Entrapment Romantic action thriller. (1999, 12, 112min) ★★★★★
  - 11.00 FILM Smoke and the Bandit III Adventure. (1983, 15, 80min) ★★
  - 12.55 AM FILM Jagged Edge Crime thriller. (1985, 18, 108min) ★★★★★
  - 3.00 to 4.55 AM FILM Odd Thomas Crime thriller. (2013, 15, 97min) ★★★★★

## Legend Xtra

- 317 171 69 138**
- 6.00 AM Category 7: The End of the World
  - 8.00 FILM Alien Convergence Thriller. (2017, 15, 90min) ★★
  - 10.00 Andromeda 7/22. (S3)
  - 11.00 FILM Apocalypse of Ice Disaster epic. (2020, PG, 88min) ★★
  - 1.00 PM FILM The Last Sharknado: It's About Time Sci-fi adventure. (2018, 15, 90min) ★★
  - 3.00 Andromeda 7/22. (S3)
  - 4.00 Knight Rider 16/24. (S2)
  - 5.00 Category 7: The End of the World
  - 7.00 Andromeda 8/22. (S3)
  - 8.00 Knight Rider 17/24. (S2)
  - 9.00 FILM Red Sonja Adventure starring Arnold Schwarzenegger. (1985, 15, 89min) ★
  - 10.50 FILM Memorial Day World War Two drama. (2011, 15, 104min) ★★
  - 1.00 to 3.00 AM FILM Red Sonja As 9.00pm.

## Blaze

- 164 174 64 161**
- 6.00 AM Dickinson's Real...
  - 6.40 Pawn Stars Double bill.
  - 7.30 Auction Hunters
  - 7.55 Storage Wars
  - 8.55 Hardcore Pawn
  - 10.15 UFOs: Lost Evidence
  - 11.10 Weird Britain
  - 12.10 PM Mysteries from Above Desert mysteries.
  - 1.05 What on Earth?
  - 2.05 Pawn Stars
  - 3.05 Storage Wars
  - 4.00 Ancient Aliens: The Ultimate Evidence
  - 5.00 Ancient Aliens
  - 6.00 UFOs: Lost Evidence
  - 7.00 Pawn Stars Double bill.
  - 8.00 Dickinson's Real Deal
  - 9.00 Ancient Aliens
  - 10.00 The Proof Is Out There
  - 11.00 UFO Conspiracies
  - 12.00 M/T Evil Encounters
  - 1.00 AM UFOs: Lost Evidence
  - 2.00 Weird Britain
  - 3.00 Hardcore Pawn
  - 3.25 Flipping Bangers
  - 4.10 to 6.00 AM Ancient Aliens

## SSELECT

- 153 138 46 133**
- 9.00 AM The Yorkshire Vet
  - 3.00 PM Murder, She Wrote
  - 4.00 Colombo
  - 5.30 Eggheads Quiz show.
  - 6.00 Ben Fogle: New Lives in the Wild Ben catches up with his unique former 'Stone Age' host Lynx in Norway.
  - 7.00 Ben heads back to Morocco.
  - 8.00 Secrets of the Royal Palaces Scandals from palace life.
  - 9.00 Prince George: A King for the Future A look at the upbringing of the Prince and Princess of Wales' eldest child.
  - 10.00 Digging Up Britain's Past Exploring the history of Stonehenge.
  - 11.00 Prisoner: Cell Block H
  - 1.05 AM Forged in Fire
  - 2.55 Forged in Fire Tournament of Champions
  - 3.35 to 4.00 AM Walking Wartime Britain

## HGTV

- 158 191 44 149**
- 7.00 AM Building Alaska
  - 8.00 Escape to the Country
  - 9.00 A Place in the Sun
  - 10.00 Escape to the Country
  - 11.00 A Place in the Sun
  - 12.00 NOON My Lottery Dream Home
  - 2.00 PM A Place in the Sun
  - 3.00 Escape to the Country
  - 5.00 A Place in the Sun
  - 8.00 Escape to the Country
  - 9.00 Tough Love with Hilary Farr Hilary contends with homeowners' erratic design choices.
  - 10.00 Flip or Flop Vegas Creating a beach cottage hideaway.
  - 10.30 Aubrey and Bristol take a risk buying a tiny condo.
  - 11.00 Home Town
  - 12.00 M/T Bargain Mansions
  - 1.00 AM Building Alaska
  - 2.00 Flip or Flop Double bill.
  - 3.00 to 4.00 AM My Lottery Dream Home

## TLC

- 133/134 828 165**
- 7.00 AM Extreme Couponing
  - 8.00 Flip or Flop
  - 9.00 Say Yes to the Dress: UK Double bill.
  - 10.00 Dr Pimple Popper
  - 11.00 1000-lb Sisters
  - 12.00 NOON Unexpected: Teenage & Pregnant
  - 1.00 PM I Love a Mama's Boy
  - 2.00 Return to Amish
  - 3.00 My Lottery Dream Home Double bill.
  - 4.00 Outdaughered
  - 5.00 1000-lb Sisters
  - 6.00 The Hair Loss Clinic
  - 7.00 Say Yes to the Dress
  - 8.00 I Didn't Know I Was Pregnant Documentary.
  - 9.00 Hoarding: Buried Alive
  - 11.00 Sex Sent Me to the ER
  - 12.00 M/T Body Bizarre
  - 1.00 AM Extreme Couponing
  - 2.00 Hoarding: Buried Alive
  - 3.00 Sex Sent Me to the ER
  - 4.00 I Didn't Know I Was...
  - 5.00 to 6.00 AM Extreme Cheapskates

## Comedy Central

- 112/113 812 132 345 360**
- 8.00 AM Most Ridiculous
  - 9.00 Impractical Jokers
  - 10.00 Whose Line Is It Anyway? USA
  - 11.00 New Girl (S4)
  - 1.00 PM Friends (S9&10)
  - 8.00 Whose Line Is It Anyway? USA **New editions** Double bill.
  - 9.00 FILM Groundhog Day Romantic fantasy comedy starring Bill Murray and Andie MacDowell. (1993, PG, 103min) ★★★★★
  - 11.05 Impractical Jokers
  - 11.35 South Park (S2)
  - 12.35 AM The Culture Capsule **Series finale**
  - 12.45 Most Ridiculous
  - 1.45 Lee Evans: Live in Scotland Stand-up.
  - 3.15 The Ricky Gervais Show
  - 3.40 The Daily Show **New edition** Talk show.
  - 4.05 Beavis and Butt-Head
  - 4.15 to 5.00 AM Friends

## Comedy Cen. Extra

- 127/128 154**
- 6.00 AM Friends (S6&7)
  - 7.00 Teleshopping
  - 9.00 Becker 6&7/13. (S6)
  - 10.00 Friends (S6,7&1)
  - 1.00 PM Most Ridiculous
  - 2.00 Criminally Funny
  - 3.30 Impractical Jokers
  - 4.00 Daria 10&11/13. (S4)
  - 5.00 Becker 6&7/13. (S6)
  - 6.00 Home Improvement
  - 7.00 Last Man Standing
  - 8.00 New Girl 11/22. The gang are trapped at the airport when flights are delayed by a storm.
  - 8.30 12/22. Nick and Coach worry about Winston's safety as a police officer. (S4)
  - 9.00 Rhod Gilbert's Growing Pains Guests Rachel Riley, Ahr Shah, and Iain Stirling reflect on their teenage years.
  - 10.00 Friends (S9,6&7)
  - 2.05 AM South Park (S4)
  - 3.55 Dignan! (S1)
  - 4.35 Key & Peele
  - 5.15 to 6.00 AM Guessable?

## Sky Replay

- 152 156**
- 7.00 AM Sixth Sense with Colin Fry Double bill.
  - 8.00 Four Weddings
  - 10.00 Merlin 12/13. (S1)
  - 11.00 Motorway Patrol
  - 12.00 NOON Caught on Dashcam Documentary.
  - 1.00 PM Border Security: America's Front Line
  - 2.00 Most Haunted
  - 4.00 Departure 3/6. (S3)
  - 5.00 Brit Cops: Rapid Response
  - 6.00 The Real A&E
  - 7.00 Merlin 12/13. (S1)
  - 8.00 Border Security: America's Front Line
  - 9.00 Day of the Dead (S1)
  - 10.00 Motorway Patrol
  - 11.00 Magnum P.I. 6/20. (S4)
  - 12.00 M/T Merlin 12/13. (S1)
  - 1.00 AM The Cleaning Lady
  - 2.00 A League of Their Own
  - 3.00 Duck Quacks Don't Echo Lee Mack hosts.
  - 4.00 Four Weddings
  - 5.00 to 6.00 AM Sixth Sense with Colin Fry

## MTV

- 126/127 824 134**
- 6.00 AM Daria 7/13. (S3)
  - 6.20 Teen Mom 2
  - 7.10 Dallas Cowboys Cheerleaders
  - 11.00 Catfish: The TV Show
  - 1.00 PM Catfish: The TV Show Six editions.
  - 7.00 Dallas Cowboys Cheerleaders
  - 8.00 Rich Kids Go Skint
  - 9.00 Ghosted: Love Gone Missing Reality series.
  - 10.00 Jersey Shore Family Vacation **New edition** Tensions between Jenni and Vinny heat up after he posts a meme. The guidos can't handle the bunker, or the truth about the 'big game'.
  - 11.00 Catfish: The TV Show
  - 12.00 M/T Love & Hip Hop: Atlanta **New edition** Spice starts to think she may be setting the stage for disaster.
  - 1.00 AM Ink Master
  - 3.10 to 4.00 AM Geordie Shore



## Discovery

125/126 823 177 320 325

- 6.00 AM **Wheeler Dealers World Tour** The Holden Sandman.
- 7.00 **How It's Made: Dream Cars**
- 8.00 **Lone Star Law**
- 9.00 **Baggage Battles**
- 10.00 **How Do They Do It?**
- 11.00 **Wheeler Dealers**
- 1.00 PM **Alaska: Homestead Rescue** Double bill.
- 3.00 **Gold Rush: Parker's Trail**
- 4.00 **The Last Alaskans**
- 5.00 **Gold Divers** Part two of two. Shawn and Vernon try their luck in deeper waters.
- 6.00 **How Do They Do It?**



10.00 **Inside the Heist**

- 7.00 **Gold Rush** Parker scrambles to fix a burst dam and keep the big Dominion Creek gold weighs going.
- 8.00 **Wheeler Dealers** Mike buys his newest ever car to create a bespoke Scooby BRZ STI, but hopes of a profit are hit.
- 9.00 **Hustlers Gamblers Crooks** A blind man's ability to win at cards puts him in a fight for his life.
- 10.00 **Inside the Heist** Diamonds, jewellery and cash are targeted in the Hatton Garden job by a gang of London thieves.
- 11.00 **Border Control Sweden** A man gets aggressive when his bags are being checked.
- 12.00 **MT Expedition Bigfoot**
- 1.00 AM **Hustlers Gamblers Crooks** As 9.00pm.
- 2.00 **Inside the Heist** As 10.00pm.
- 3.00 to 5.00 AM **Alaska: Homestead Rescue**

+1 hour 225/226 377

## Animal Planet

162/175 178

- 8.00 AM **Insane Pools: Off the Deep End** A private river.
- 9.00 **Crikey! It's the Irwins**
- 10.00 **Dr Jeff: Rocky Mountain Vet**
- 12.00 **NOON Insane Pools: Off the Deep End** A luxurious space.
- 1.00 PM **Crikey! It's the Irwins**
- 2.00 **Expedition Bigfoot**
- 4.00 **Dr Jeff: Rocky Mountain Vet** The team members fall in love with a litter of stray kittens.
- 5.00 **Dr Jeff** helps a dog that was lost during a windstorm.
- 6.00 **Insane Pools: Off the Deep End** A dream backyard.



9.00 **Growing Up**

- 7.00 **Crikey! It's the Irwins** Complications arise after the birth of a giraffe, and Robert rescues a swan caught in a fishing line.
- 8.00 **Wild Dubai** Behind modern Dubai lies a hidden treasure – wildlife that speaks of a timeless connection.
- 9.00 **Growing Up: Clouded Leopard** Meet brother and sister Ming and Mei, a pair of clouded leopard cubs born in captivity.
- 10.00 **Alaska: The Last Frontier** In preparation for the spring cattle drive, Atz Lee, Otto and August look for signs of bears.
- 11.00 **Sharks vs Dolphins: Face Off** Scientists try to understand the relationship between sharks and dolphins.
- 12.00 **MT Blue Serengeti**
- 1.00 AM **Alaska: The Last Frontier**
- 2.00 **Dr Jeff: Rocky Mountain Vet**
- 4.00 to 5.00 AM **Insane Pools: Off the Deep End**

+1 hour 262/275 378

## Nat Geographic

129/130 825 183

- 8.00 AM **Food Factory USA**
- 9.00 **Air Crash Investigation**
- 10.00 **Hitler's Secret Underground** Factory Documentary.
- 11.00 **Airport Security: Rome**
- 12.00 **NOON Car S.O.S**
- 1.00 PM **Inside Sydney Airport**
- 2.00 **Air Crash Investigation**
- 3.00 **D-Day Revealed: Drain the Oceans** Documentary.
- 4.00 **Lost Treasures of Egypt**
- 5.00 **Car S.O.S** Tim and Fuzz salvage a 1968 Volvo Amazon.
- 6.00 **Defending Europe** Looking at Spain's Moorish forts.



9.00 **Ice Road Rescue**

- 7.00 **Air Crash Investigation** A plane that crashed into a neighbourhood in Brazil and a nearly impossible failure was discovered.
- 8.00 **Construction Fails** A look at some tunnel cave-ins and a sudden bridge collapse in Miami.
- 9.00 **Ice Road Rescue** **New edition** Thornd puts his life in danger to rescue one truck that skidded to a stop on the ice.
- 10.00 **Life Below Zero: First Alaskans** **New edition** John Pingayak and Sonna Boy scour the tundra in search of ptarmigans.
- 11.00 **Air Crash Investigation** A plane crashes just short of the runway in San Andres.
- 12.00 **MT Air Crash Investigation**
- 1.00 AM **Ultimate Airport Dubai**
- 2.00 **Lords of War**
- 2.30 **Bid & Destroy** Double bill.
- 3.20 **Food Factory**
- 4.10 to 5.00 AM **Trials of the Wild**

+1 hour 229/230 383

## Sky History

123/124 821 131 353 368

- 6.00 AM **American Pickers**
- 7.00 **Pawn Stars Do America**
- 8.00 **The UnXplained** with William Shatner
- 10.00 **Mountain Men: Alaska**
- 12.00 **NOON Secrets of Great British Castles** Double bill.
- 2.00 PM **Storage Wars**
- 4.00 **Pawn Stars** Four editions of the documentary, including at: 5.30 Corey and Chumlee look for a deal on a Mork figurine.
- 6.00 **American Pickers** Danielle and Robbie uncover Queen Victoria's silk stockings.



8.00 **Swamp People**

- 7.00 **Forged in Fire** Four bladesmiths must forge not just one, but three knives from railroad spikes in only three hours.
- 8.00 **Swamp People: Serpent Invasion** **New edition** Teams race back to old honey holes to track down the most elusive beasts.
- 9.00 **Alone** **New edition** As predators stalk them, the participants struggle to keep their wits about them.
- 10.00 **Dog Patrol** A delta dog team try to thwart the efforts of six car thieves. 10.30 A vehicle whose driver failed to stop.
- 11.00 **The UnBelievable with Dan Aykroyd** Tales of sea beasts, hidden cities and impossible creatures that lurk beneath.
- 12.00 **MT Storage Wars**
- 2.00 AM **Ancient Aliens**
- 3.00 **Swamp People: Serpent Invasion** As 8.00pm.
- 4.00 to 6.00 AM **Pawn Stars**

+1 hour 223/224 331

## U&Yesterday

155 846 129 27 159

- 6.10 AM **Secrets of the London Underground** Double bill.
- 8.00 **Abandoned Engineering**
- 10.00 **Narrow Escapes of World War II** Documentary.
- 11.00 **World War Weird**
- 12.00 **NOON Great Canal Journeys**
- 1.00 PM **Antiques Roadshow**
- 2.00 **Bangers & Cash: Restoring Classics** Double bill.
- 4.00 **Narrow Escapes of World War II** Documentary.
- 5.00 **World War Weird**
- 6.00 **Antiques Roadshow** From Tredegar House in Wales.



8.00 **Bangers & Cash**

- 7.00 **Guy Martin's Great British Power Trip** Guy travels to Orkney to investigate the future of energy production.
- 8.00 **Bangers & Cash** **New edition** Derek heads to Co Durham, where a man is letting his late father's car collection go.
- 9.00 **Bangers & Cash** Paul and Jack head to Staffordshire to pick up a Mini and a Morris Minor from collector Rob's barn.
- 10.00 **Bangers & Cash: Restoring Classics** Derek encourages the team to buy a Francis Barnett Plover at auction.
- 11.00 **Abandoned Engineering** In North Wales, a secret facility which once manufactured mustard gas and enriched uranium lies in ruins.
- 12.00 **MT Great Continental Railway Journeys**
- 1.00 to 3.00 AM **Secrets of the London Underground**

+1 hour 255 329 74

## Quest

144 834 137 12 150 144

- 6.00 AM **Chasing Classic Cars**
- 8.00 **American Pickers**
- 9.00 **Aussie Gold Hunters**
- 11.00 **The Repair Shop**
- 12.00 **NOON Chasing Classic Cars** Four editions.
- 2.00 PM **Shed and Buried**
- 3.00 **Find It, Fix It, Flog It**
- 5.00 **Wheeler Dealers**
- 7.00 **Salvage Hunters: Classic Cars**
- 8.00 **Aussie Gold Hunters**
- 9.00 **NEW SERIES** **Ant Anstead: Born Mechanic** Mechanic Ant Anstead restores and sells classic cars.
- 10.00 **Shed and Buried: Classic Cars**
- 11.00 **The Repair Shop**
- 12.00 **MT Find It, Fix It, Flog It** Henry makes tables from a cable drum.
- 1.00 AM **Wheeler Dealers**
- 3.00 **How Do They Do It?**
- 4.00 to 5.00 AM **How It's Made**

+1 hr 244 337 70 151

## Quest Red

149 168 40 146

- 6.00 AM **Say Yes... UK**
- 7.00 **Say Yes... Lancashire**
- 8.00 **Say Yes to the Dress**
- 10.00 **Say Yes... Atlanta**
- 11.00 **Say Yes... UK**
- 12.00 **NOON Forensic Detectives** True-crime.
- 1.00 PM **Evil Lives Here: Shadows of Death**
- 2.00 **Murder on CCTV**
- 3.00 **10 Steps to Murder**
- 4.00 **American Monster**
- 6.00 **Murder in the Heartland**
- 7.00 **Faking It: Tears of a Crime** Experts analyse a man's deception following the 2017 Manchester Arena terror attack.
- 8.00 **Murder on CCTV**
- 10.00 **Evil Lives Here** **New edition** True-crime.
- 11.00 **Evil Lives Here**
- 12.00 **MT Nightmare Next Door** Double bill.
- 2.00 AM **Murder Comes to Town** Crime series.
- 3.00 to 4.00 AM **FBI Files**

+1 hour 249 152

## True Crime

146 148 67 135

- 9.00 AM **Judge Judy**
- 1.00 PM **Judge Judy**
- 7.00 **Fraud Squad** An NHS manager cooks up a scam with his mates to line their pockets.
- 8.00 **Murder She Solved** Sergeant Barbara Eckert reveals how advances in DNA helped to solve a 15-year-old cold case.
- 9.00 **Snapped: Killer Couples** A grandmother falls victim to a brutal crime.
- 10.00 **Killers: Caught on Camera** **New edition** In Colorado, a young woman goes missing.
- 11.00 **48 Hours** Documentary.
- 12.00 **MT Crimes That Shook Australia** Crime series.
- 1.00 AM **Snapped: Killer Couples** As 9.00pm.
- 2.00 **Killers: Caught on Camera** As 10.00pm.
- 3.00 **Medical Detectives**
- 4.00 to 6.00 AM **Judge Judy**

+1 hour 246 348 136

## True Crime Xtra

147 172 68 134

- 9.00 AM **48 Hours**
- 11.00 **Medical Detectives**
- 1.00 PM **Medical Detectives**
- 2.00 **48 Hours** Double bill.
- 4.00 **Medical Detectives** A murderer sends his victim's family her last will and testament.
- 4.30 A retired police officer is found murdered in his bed.
- 5.00 A discarded sleeping bag contains traces of a murder.
- 5.30 The bodies of two women are found after an apartment fire.
- 6.00 A woman's so-called accidental death begins to look suspicious.
- 6.30 A discarded sweet wrapper and a number of tiny seeds provide evidence in a murder.
- 7.00 **Judge Judy** Real-life small-claims cases.
- 12.05 AM **Judge Judy**
- 4.45 to 6.00 AM **Medical Detectives**

+1 hour 222/223 321

## Sky Crime

122/123 820 121 349 364

- 6.00 AM **Highway Patrol**
- 7.00 **Road Wars**
- 8.00 **Stop, Search, Seize**
- 9.00 **Brit Cops: Frontline Crime** UK Documentary.
- 10.00 **Motorway Patrol**
- 11.00 **Murders That Shocked the Nation**
- 12.00 **NOON How I Caught...**
- 1.00 PM **Killer in My Village**
- 2.00 **Murdered at First Sight**
- 3.00 **World's Most Evil Killers**
- 4.00 **Britain's Most Evil Killers**
- 5.00 **How I Caught the Killer**
- 6.00 **Murders That Shocked...**
- 7.00 **World's Most Evil Killers**
- 8.00 **Britain's Most Evil Killers**
- 9.00 **Killer in My Village**
- 10.00 **Britain's Most Evil Killers**
- 11.00 **World's Most Evil Killers**
- 12.00 **MT How I Caught...**
- 1.00 AM **The Real Manhunter**
- 2.00 **Snapped** Purdue Clark.
- 3.00 **Murder Uncut**
- 4.00 **UK Border Force**
- 5.00 to 6.00 AM **Motorway Patrol**

+1 hour 222/223 321



## Sky Documentaries

121/122 819 188 352 367

- 6.00 AM **The 2010s**
- 7.00 **Discovering: Alain Delon**
- 8.00 **The Directors**
- 8.55 **The Vietnam War**
- 10.00 **Stax: Soulsville USA**
- 11.05 **Richard E Grant's Hotel Secrets** A visit to Tokyo.
- 12.00 **NOON Rise of the Superheroes**
- 2.15 PM **Jealous Guy: The Assassination of John Lennon**
- 4.00 **The Directors**
- 5.00 **Discovering: Alain Delon**
- 5.55 **The Vietnam War**
- 7.00 **Stax: Soulsville USA 4/4.** The label prepares to shut its doors.
- 8.05 **Richard E Grant's Hotel Secrets** A visit to Tokyo.
- 9.00 **God Save Texas: The Price of Oil** *New edition* 2/3. The impact of the oil industry on black and disenfranchised communities.
- 10.00 **Wise Guy: David Chase and The Sopranos 1&2/2.** The story behind the drama.
- 1.00 AM **The Scheme**
- 3.15 **Red Elvis: The Cold War Cowboy** Documentary.
- 5.00 to 6.00 AM **Discovering: Alain Delon**

## Crime+Investigation

156 837 133

- 6.00 AM **On the Case with Paula...**
- 7.00 **Homicide Hunter**
- 8.00 **The First 48**
- 9.00 **Killer Britain with Dermot Murnaghan**
- 10.00 **Imperfect Murder**
- 11.00 **Somebody's Hiding Something**
- 12.00 **NOON Gypsy Rose: Life After Lock Up**
- 1.00 PM **Murdered By Morning**
- 2.00 **Imperfect Murder**
- 3.00 **Killer USA**
- 4.00 **Killer Britain with Dermot Murnaghan**
- 5.00 **Homicide: Hours to Kill**
- 6.00 **On the Case with Paula Zahn**
- 7.00 **The First 48**
- 8.00 **Imperfect Murder** *New edition*
- 9.00 **The First 48** *New edition*
- 10.00 **The Chicano Squad**
- 12.00 **MT Britain's Darkest Taboos**
- 1.00 AM **The First 48**
- 2.00 **Murdered By Morning**
- 3.00 **Imperfect Murder**
- 4.00 **Killer USA**
- 5.00 to 6.00 AM **Somebody's Hiding Something**

+1 hour 256 333

## U&Eden

166 176 57 160

- 9.00 AM **Abandoned Engineering**
- 1.00 PM **Abandoned Engineering**
- 7.00 **Abandoned Engineering** Exploring Oradour-sur-Glane, a French town drenched in infamy, and Alcatraz, a facility famed for breakouts but also subjected to a daring break-in.
- 8.00 **Exploring a World War Two** espionage base that is hidden in the Rock of Gibraltar.
- 9.00 **An abandoned World War Two** aviation facility in Farnborough, and a Soviet airbase in the Gobi Desert.
- 10.00 **An abandoned railway station** in Spain, and a record-breaking Arctic facility that goes deep below the surface.
- 11.00 **The story of a town** established by Henry Ford in the Amazonian rainforest.
- 12.00 **MT Anthony Bourdain: Parts Unknown** Double bill.
- 2.00 AM **Abandoned Engineering**
- 5.20 to 6.00 AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

## Sky Nature

124/125 822 189 354 369

- 6.00 AM **Great Blue Wild**
- 7.00 **Monkey Life**
- 8.00 **Hope for Wildlife**
- 9.00 **Secret Life of the Wombat**
- 10.00 **Africa's Wild Year**
- 11.00 **Africa's Hunters**
- 12.00 **NOON Whale with Steve Backshall** Documentary.
- 1.00 PM **Monkey Life**
- 2.00 **Hope for Wildlife**
- 3.00 **Secret Life of the Wombat**
- 4.00 **Africa's Wild Year**
- 5.00 **Uptown Otters**
- 6.00 **Whale with Steve Backshall**
- 7.00 **Monkey Life** Double bill.
- 8.00 **The Hungry Games: Alaska Big Bear Challenge**
- 9.00 **Evolution Earth**
- 10.00 **Whale with Steve Backshall**
- 11.00 **Uptown Otters**
- 12.00 **MT Accidental Wilderness: Europe's Everglades**
- 1.00 AM **Africa's Wild Roommates**
- 2.00 **The Hungry Games: Alaska Big Bear Challenge**
- 3.00 **Evolution Earth** As 9pm.
- 4.00 **Hope for Wildlife**
- 5.00 to 6.00 AM **Land of the Far North**

## WILD

165 841 182

- 8.00 AM **Yukon Vet**
- 9.00 **Fish Tank Kings**
- 10.00 **Snow School**
- 11.00 **Animals Gone Wild**
- 12.00 **NOON The Incredible Dr Pol**
- 1.00 PM **Yukon Vet**
- 2.00 **Florida Untamed: Where Reptiles Rule**
- 3.00 **Big Sur: Wild California**
- 4.00 **Secrets of the Zoo: Tampa**
- 5.00 **Monster Fish**
- 6.00 **Snakes in the City** The team deal with a super-sized serpent that is killing livestock.
- 7.00 **Yukon Vet** The Oakleys are back at the Reindeer Farm.
- 8.00 **Bite, Sting, Kill 2/2.** The deadliest animals that live in rainforests, from poisonous insects to large predators.
- 9.00 **Africa's Hunters** A hyena goes in search of a new clan.
- 10.00 **Hostile Planet** Animals that survive in the world's deserts.
- 11.00 **Alaska: The Next Generation**
- 12.00 **MT When Sharks Attack**
- 2.00 AM **Yukon Vet**
- 3.00 **Secrets of the Zoo: Tampa**
- 4.00 to 5.00 AM **Yukon Vet**

## ID

154 166

- 6.00 AM **Dead Silent**
- 7.00 **Teleshopping**
- 8.00 **Impact of Murder**
- 9.00 **Diabolical: Deadly Love**
- 11.00 **The Killer Beside Me**
- 1.00 PM **The Killer Closer**
- 3.00 **Murder Chose Me**
- 5.00 **Betrayed** Double bill.
- 7.00 **Murder Comes to Town** The murder of 34-year-old, mother-of-four Susan Casey.
- 8.00 **The 2011 murder of Melissa White**, whose body was found in her backyard.
- 9.00 **The Murder Tapes** Florida detectives investigate the shooting of teenage track star. A source close to home delivers the prime suspect straight to sheriff's front door.
- 10.00 **The Real Death in Paradise** The disappearance of helicopter pilot Roger Gower.
- 11.00 **Evil Online**
- 12.00 **MT The Perfect Murder**
- 2.00 AM **Betrayed**
- 4.00 to 6.00 AM **Murder Comes to Town**

+1 hour 254 366

## Sky History 2

163/168 840 186

- 6.00 AM **Ancient Aliens**
- 8.00 **Cracking the Code**
- 9.00 **Secrets of the Viking Stone**
- 10.00 **History of Weapons**
- 11.00 **Ancient Aliens**
- 1.00 PM **Instruments of Death**
- 2.00 **AI Murray: Why Do the Brits Win Every War?**
- 3.00 **Close Encounters**
- 4.00 **Lost Gold of the Aztecs**
- 5.00 **Secrets of the Viking Stone**
- 6.00 **Medieval Dead**
- 7.00 **Mysteries of the Ancient Dead** The 1928 discovery of a row of seven-foot ancient tombs standing 213 metres above a valley floor in Peru.
- 8.00 **Ancient Murders Unearthed** An 800-year-old partial skeleton is analysed.
- 9.00 **Medieval Murder Mysteries**
- 10.00 **The Nostradamus Effect**
- 11.00 **Colosseum**
- 12.00 **MT Ancient Aliens**
- 2.00 AM **Mysteries of the Ancient Dead** As shown at 7.00pm.
- 3.00 **Instruments of Death**
- 4.00 to 6.00 AM **AI Murray: Why Do the Brits Win Every War?**

## Discovery History

174 181

- 6.00 AM **NASA's Unexplained Files**
- 7.00 **Wings of War**
- 8.00 **Tony Robinson's Wild West**
- 9.00 **Secrets Underground**
- 10.00 **Salvage Hunters**
- 11.00 **Salvage Hunters: The Restorers**
- 12.00 **NOON Combat Dealers**
- 1.00 PM **Blowing Up History**
- 2.00 **Wings of War**
- 3.00 **Salvage Hunters**
- 4.00 **Combat Dealers**
- 5.00 **Shed and Buried**
- 6.00 **Secrets Underground**
- 7.00 **NASA's Unexplained Files**
- 8.00 **Cooper's Treasure**
- 9.00 **The Krays: The Prison Years**
- 10.00 **Salvage Hunters**
- 11.00 **Salvage Hunters: The Restorers** Repairing a 1960s one armed bandit game.
- 12.00 **MT Shed and Buried**
- 1.00 AM **Combat Dealers**
- 2.00 **Salvage Hunters**
- 3.00 **Cooper's Treasure**
- 4.00 to 5.00 AM **Salvage Hunters: The Restorers**

+1 hour 274 381

## Discovery Turbo

161/172 180

- 6.00 AM **Vintage Voltage**
- 7.00 **Wheeler Dealers**
- 8.00 **Bad Chad Customs**
- 9.00 **Sacred Steel Bikes**
- 10.00 **Shed and Buried**
- 11.00 **Salvage Hunters: Classic Cars**
- 12.00 **NOON Mike Brewer's World of Cars** Double bill.
- 1.00 PM **Extreme RVs**
- 2.00 **Wheeler Dealers**
- 3.00 **Sacred Steel Bikes**
- 4.00 **Richard Hammond's Workshop**
- 5.00 **Salvage Hunters: Classic Cars**
- 6.00 **Shed and Buried**
- 7.00 **Wheeler Dealers**
- 8.00 **Richard Hammond's Workshop**
- 9.00 **Vintage Voltage**
- 10.00 **Sacred Steel Bikes**
- 11.00 **Wheeler Dealers: Dream Car**
- 12.00 **MT Richard Hammond's Workshop** Richard's team work overtime to complete their first big restoration - a 1950s Alvis.
- 1.00 AM **Texas Metal**
- 2.00 **Fast N' Loud**
- 3.00 **Wheeler Dealers**
- 4.00 to 5.00 AM **Gear Dogs**

+1 hour 261/272

# Films

## Sky Cinema Premiere

301 401 501 515

- 6.10 AM **Caddo Lake** As 4.20pm.
- 8.00 **The Persian Version** Comedy drama with Layla Mohammadi. (2023, 15, 107min) ★★★
- 10.00 **The Color Purple** As 11.50pm.
- 12.30 PM **The Radleys** As 8.00pm.
- 2.30 **Drive-Away Dolls** As 10pm.
- 4.20 **Caddo Lake** Thriller starring Dylan O'Brien and Eliza Scanlan. (2024, 12, 99min)
- 6.10 **One Life** Historical drama starring Anthony Hopkins. (2023, 12, 110min) ★★★★★



6.10 One Life

8.00 **The Radleys** Horror comedy co-written by Jo Brand, starring Kelly Macdonald, Damian Lewis and Sophia Di Martino. A seemingly ordinary family hide a dark secret. (2024, 15, 115min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Drive-Away Dolls** Action comedy starring Margaret Qualley and Geraldine Viswanathan. Two women cross paths with a group of inept criminals while on a road trip. (2023, 15, 84min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Color Purple** Musical drama with Taraji P Henson. (2023, 12, 141min) ★★★

2.15 **AM Restore Point** Czech sci-fi thriller. Subtitled. (2023, 15, 115min) ★★★★★

4.20 to 6.15 **AM Freud's Last Session** Period drama. (2023, 12, 108min) ★★

## Sky Cinema Drama

310 410 510 524

- 7.30 AM **Lamborghini: The Man Behind the Legend** As 2.35am.
- 9.15 **Chicago** Oscar-winning screen version of the Broadway musical. (2002, 12, 112min) ★★★★★
- 11.10 **Lost in Translation** Bittersweet romantic comedy drama. (2003, 15, 102min) ★★★★★
- 1.00 PM **Save the Last Dance** Romantic teen drama. (2001, 12, 113min) ★★★
- 3.00 **Jerry Maguire** As 12.10am.
- 5.25 **Straight Outta Compton** Biopic. (2015, 15, 147min) ★★★
- 8.00 **The Girl on the Train** Thriller based on Paula Hawkins' novel, starring Emily Blunt. (2016, 15, 107min) ★★★★★
- 10.00 **American Beauty** Oscar-winning satirical comedy starring Kevin Spacey and Annette Bening. A middle-class suburban family begin to fall apart when the husband suffers a mid-life crisis. (1999, 18, 122min) ★★★★★
- 12.10 AM **Jerry Maguire** Romantic comedy drama with Tom Cruise. (1996, 15, 139min) ★★★★★
- 2.35 **Lamborghini: The Man Behind the Legend** Drama with Frank Grillo. (2022, 12, 97min) ★★
- 4.20 to 7.00 AM **Straight Outta Compton** As shown at 5.25pm.

## Sky Cinema Hits

303 403 503 517

- 7.20 AM **Shazam! Fury of the Gods**
- 9.30 **Kick-Ass 2** Thriller sequel. (2013, 15, 99min) ★★★
- 11.15 **Transformers: Rise of the Beasts** As shown at 3.50am.
- 1.25 PM **The Flash** Adventure. (2023, 12, 144min) ★★★
- 3.50 **Shazam! Fury of the Gods** Superhero adventure sequel. (2023, 12, 130min) ★★★
- 6.00 **Mad Max: Fury Road** Sci-fi thriller starring Tom Hardy. (2015, 15, 120min) ★★★★★



6.00 Mad Max: Fury Road

8.00 **Erin Brockovich** Fact-based drama starring Julia Roberts as a single mother who takes a job in a law firm and becomes an unlikely environmental crusader. With Albert Finney and Aaron Eckhart. (2000, 15, 133min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Suburbicon** Black comedy directed by George Clooney, and starring Matt Damon. A mild-mannered man must face his demons after a home invasion shakes his neighbourhood. (2017, 15, 105min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Watchmen** Sci-fi action thriller starring Malin Akerman. (2009, 18, 162min) ★★★★★

3.50 to 6.15 AM **Transformers: Rise of the Beasts** Fantasy prequel with Anthony Ramos. (2022, 12, 127min) ★★★

## Sky Cinema Halloween

311 411 511 525

- 6.50 AM **The Frighteners** As 11.5am.
- 8.50 **M3gan** Horror thriller. (2022, 15, 102min) ★★★
- 10.40 **The Woman in Black** Chiller. (2012, 12, 91min) ★★★★★
- 12.25 PM **The Nun II** Horror sequel. (2023, 15, 110min) ★★
- 2.25 **Knock at the Cabin** Mystery. (2022, 15, 100min) ★★★★★
- 4.15 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★★
- 6.10 **The First Purge** Thriller prequel. (2018, 15, 98min) ★★
- 8.00 **Insidious: Chapter 2** Supernatural thriller sequel starring Patrick Wilson and Rose Byrne. A father is possessed by a serial killer's malevolent spirit. (2013, 15, 103min) ★★★★★
- 9.55 **Arcadian** Dystopian horror thriller starring Nicolas Cage. (2024, 15, 92min) ★★★★★
- 11.35 **From Dusk Till Dawn 2: Texas Blood Money** Horror sequel. (1999, 18, 88min) ★★
- 1.15 AM **The Frighteners** Horror comedy starring Michael J Fox. (1996, 15, 110min) ★★★
- 3.15 **Resident Evil: Degeneration** Animated thriller. (2008, 15) ★★
- 5.00 to 6.45 AM **Resident Evil: Apocalypse** Sci-fi horror thriller sequel. (2004, 15, 94min) ★★★★★



## Sky Cinema Family

- 306 406 506 520**
- 6.55 AM **Problem Child** As 3.20am.
  - 8.20 **Annie** Musical remake. (2014, PG, 115min) ★★
  - 10.35 **Johnny English** Comedy. (2002, PG, 88min) ★★
  - 12.15 PM **Annie** As 10.00pm.
  - 2.25 **Scooby-Doo** Comedy. (2002, PG, 86min) ★★
  - 4.00 **Scooby-Doo 2: Monsters Unleashed** Comedy sequel. (2004, PG, 93min) ★★
  - 5.35 **The Karate Kid** Adventure. (1984, 12, 127min) ★★



7.45 **Dungeons & Dragons**

**7.45 Dungeons & Dragons: Honour Among Thieves** Action adventure starring Chris Pine. A charming thief and a band of unlikely adventurers embark on an epic quest to retrieve a lost relic. With Hugh Grant. (2023, 12, 134min) ★★

**10.00 Annie** Film version of the hit Broadway musical, starring Albert Finney and Aileen Quinn. An orphaned little girl changes the life of a munitions billionaire. (1982, U, 128min) ★★

- 12.10 AM **Pauley** Family comedy. (1998, U, 92min) ★★
- 1.45 **Beethoven's 2nd** Comedy sequel. (1993, U, 89min) ★★
- 3.20 **Problem Child** Comedy. (1990, PG, 81 min) ★
- 4.45 to 6.20 AM **Pups United** Family comedy adventure. (2015, U, 89min) ★★

## Sky Cinema Action

- 307 407 507 521**
- 6.25 AM **Safe** As 3.05am.
  - 8.10 **One More Shot** As 1.15am.
  - 10.00 **The Last Son** As 4.50am.
  - 11.50 **Game of Death II** Adventure. (1980, 18, 96min) ★★
  - 1.35 PM **Hancock** Action comedy. (2008, 12, 92min) ★★
  - 3.15 **Dungeons & Dragons: Honour Among Thieves** Adventure starring Chris Pine. (2023, 12, 134min) ★★
  - 5.30 **Inception** Sci-fi thriller. (2010, 12, 148min) ★★



10.30 **2012**

**8.00 Wonder Woman** Fantasy adventure starring Gal Gadot and Chris Pine. An Amazon princess leaves her isolated island during World War One, aiming to bring the conflict to an end. With Connie Nielsen, Robin Wright, Danny Huston and David Thewlis. (2017, 12, 121min) ★★

**10.30 2012** Disaster movie with John Cusack. A struggling writer strives to get his family to safety after he learns of an impending global catastrophe. (2009, 12, 158min) ★★

- 1.15 AM **One More Shot** Thriller. (2023, 15, 102min) ★★
- 3.05 **Safe** Action thriller. (2012, 15, 90min) ★★
- 4.50 to 6.35 AM **The Last Son** Western with Sam Worthington. (2021, 15, 96min) ★★

## Sky Cinema Comedy

- 308 408 508 522**
- 7.05 AM **National Lampoon's Animal House** Comedy. (1978, 15, 109min) ★★
  - 9.00 **Asteroid City** As 4.10pm.
  - 10.55 **How to Be Single** Comedy. (2016, 15, 107min) ★★
  - 12.55 PM **Jackass Presents Bad Grandpa .5** (2014, 15) ★★
  - 2.30 **Hot Rod** As 11.45pm.
  - 4.10 **Asteroid City** Sci-fi comedy. (2023, 12, 105min) ★★
  - 6.05 **Anyone But You** Comedy. (2023, 15, 103min) ★★



9.40 **Crazy Rich Asians**

**8.00 Bridget Jones's Diary** Romantic comedy based on the best-selling novel by Helen Fielding, starring Renée Zellweger, Colin Firth and Hugh Grant. (2001, 15, 96min) ★★

**9.40 Crazy Rich Asians** Romantic comedy starring Constance Wu and Henry Golding. A professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★

- 11.45 **Hot Rod** Action comedy. (2007, 12, 84min) ★★
- 1.20 AM **Anyone But You** (2023)
- 3.10 **The Adventures of Baron Munchausen** Epic fantasy. (1988, PG, 126min) ★★
- 5.20 to 7.00 AM **The Men Who Stare at Goats** Comedy. (2009, 15, 89min) ★★

## Sky Cinema Thriller

- 309 409 509 523**
- 7.25 AM **The Hurricane Heist** Thriller. (2018, 12, 103min) ★
  - 9.10 **Angels & Demons** Mystery thriller. (2009, 12, 138min) ★★
  - 11.30 **Marnie** As 10.15pm.
  - 1.50 PM **No Country for Old Men** The Coen Brothers' thriller. (2007, 15, 122min) ★★
  - 4.00 **Law Abiding Citizen** Thriller. (2009, 18, 109min) ★★
  - 6.05 **Kindred** Horror with Tamara Lawrence and Jack Lowden. (2021, 15, 101min) ★★



10.15 **Marnie**

**8.00 Ocean's Twelve** Caper thriller sequel starring George Clooney. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal when they try to steal \$160million in Europe. (2004, 12, 125min) ★★

**10.15 Marnie** Hitchcock thriller starring Tippi Hedren and Sean Connery. A wealthy publisher marries a compulsive thief and tries to unravel her mysterious past. With Diane Baker. (1964, 15, 130min) ★★

- 12.30 AM **Serpico** Fact-based crime drama starring Al Pacino. (1973, 18, 130min) ★★
- 2.45 **Unhinged** Psychological thriller starring Russell Crowe. (2020, 15, 90min) ★★
- 4.20 to 6.15 AM **Red Right Hand** Thriller. (2023, 15, 111min) ★★

## Sky Cinema Film 4

- 313 855 428 14 300**
- 11.00 AM **The Swimmer** Drama. (1967, PG, 94min) ★★
  - 12.55 PM **The Enemy Below** World War Two adventure. (1957, PG, 98min) ★★
  - 2.55 **The Mouse That Roared** Comedy. (1959, U) ★★
  - 4.35 **The Sheriff of Fractured Jaw** Comedy Western with Kenneth More. (1958, U, 103min) ★★
  - 6.45 **Instant Family** Comedy. (2018, 12, 118min) ★★



9.00 **Honest Thief**

**Instant Family** (film started at 6.45pm) SEX ●●● VIOLENCE ●●● LANG ●●●

**9.00 Honest Thief** Crime thriller starring Liam Neeson, Kate Walsh and Jai Courtney. A bank robber falls in love, and decides to turn himself in, only to be betrayed by two crooked FBI agents. (2020, 15, 98min) ★★

**11.05 Bohemian Rhapsody** Biopic starring Rami Malek. While Queen become one of the biggest rock bands in the world, Freddie Mercury struggles with his personal life. (2018, 12, 134min) ★★

- 1.45 to 3.40 AM **You Are Not My Mother** Psychological horror starring Hazel Doupe. (2021, 15, 93min) ★★

## Sky Cinema Ultimate Sci-Fi

- 302 402 502 516**
- 7.10 AM **RoboCop** Action thriller. (1987, 18, 103min) ★★
  - 9.00 **RoboCop 2** Sci-fi action thriller sequel. (1990, 18, 114min) ★
  - 11.00 **RoboCop 3** Sci-fi action thriller sequel. (1992, 15, 104min) ★★
  - 12.50 PM **Looper** Time-travel thriller. (2012, 15, 119min) ★★
  - 2.50 **Gravity** As 10.10pm.
  - 4.25 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
  - 6.10 **Mad Max** Cult thriller set in a desolate near future, starring Mel Gibson and Joanne Samuel. (1979, 15, 93min) ★★
  - 8.00 **Blade Runner** Ridley Scott's futuristic thriller starring Harrison Ford and Rutger Hauer. (1982, 15, 130min) ★★
  - 10.10 **Gravity** Space thriller starring Sandra Bullock and George Clooney. A novice astronaut becomes stranded in space during her first NASA mission. (2013, 12, 91min) ★★
  - 11.55 **Simulant** Sci-fi thriller starring Robbie Amell, Jordana Brewster, Simu Liu and Sam Worthington. (2023, 15, 95min) ★★
  - 1.35 AM **Mad Max** As 6.10pm.
  - 3.20 **Blade Runner** As 8.00pm.
  - 5.30 to 6.00 AM Sky Cinema Preview

## Sky Cinema Black Talent

- 304 404 504 518**
- 6.00 AM **Missing** As 3.30am.
  - 8.00 **Aisha** Drama with Letitia Wright. (2022, 12, 94min) ★★
  - 9.50 **About Last Night** Comedy remake. (2014, 15, 98min) ★★
  - 11.35 **The Blackening** As 8.00pm.
  - 1.25 PM **Girls Trip** Comedy. (2017, 15, 122min) ★★
  - 3.35 **A Thousand and One** Crime drama starring Teyana Taylor. (2023, 15, 117min) ★★
  - 5.35 **Fences** Directed by and starring Denzel Washington, with Viola Davis. (2016, 12, 139min) ★★
  - 8.00 **The Blackening** Comedy horror starring Jermaine Fowler. Seven friends go away for the weekend and end up trapped in a cabin with a killer who has a vendetta. (2022, 15, 97min) ★★
  - 9.45 **Vampire in Brooklyn** Horror comedy starring Eddie Murphy as a suave vampire who comes to New York to seek a mate. (1995, 15, 101min) ★★
  - 11.30 **Kinky Boots** Comedy. (2005, 12, 107min) ★★
  - 1.25 AM **Bad Boys** Action comedy thriller. (1995, 15, 118min) ★★
  - 3.30 **Missing** Thriller starring Storm Reid. (2023, 15, 111min) ★★
  - 5.30 to 6.30 AM **Celebrating Black Cinema** with Naomi Harris

## Sky Cinema Animation

- 305 412 500 514**
- 6.00 AM **Megamind vs The Doom...**
  - 7.40 **Mummies** (2023, U) ★★
  - 9.25 **Hotel Transylvania** Animation. (2012, U, 91min) ★★
  - 11.10 **Hotel Transylvania 2** Animated comedy. (2015, U, 89min) ★★
  - 12.55 PM **Surf's Up** Animated comedy. (2007, PG, 85min) ★★
  - 2.35 **Batman Unlimited: Mechs vs Mutants** Animated adventure. (2016, PG, 72min) ★★
  - 4.00 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
  - 5.45 **Despicable Me** Animation. (2010, U, 94min) ★★
  - 7.25 **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★
  - 9.10 **A Stork's Journey** Animated adventure. (2017, U, 85min) ★★
  - 10.40 **Scooby-Doo! Return to Zombie Island** Animation. (2019, U, 70min) ★★
  - 12.05 AM **Free Birds** Animated comedy. (2013, U, 91min) ★★
  - 1.40 **Megamind vs The Doom** Animation. (2024, U, 83min) ★★
  - 3.10 **The Snow Queen 2: Magic of the Ice Mirror** Animated fantasy sequel. (2014, U, 77min) ★★
  - 4.35 to 6.05 AM **Little Vampire** Animation. (2020, PG) ★★

## Christmas 24

- 312 419**
- 7.00 AM **Next Stop, Christmas** Fantasy. (2021, PG, 84min) ★★
  - 9.00 **Jolly Good Christmas** Festive comedy. (2022, PG, 90min) ★★
  - 11.00 **Twas the Night Before** Christmas Festive drama. (2022, PG, 84min) ★★
  - 1.00 PM **A Holiday in Harlem** Drama. (2021, PG, 84min) ★★
  - 3.00 **Sugar Plum Twist** Festive drama. (2021, PG, 90min) ★★
  - 5.00 **A Royal Christmas Holiday** Drama. (2023, PG, 90min) ★★
  - 7.00 **Hanukkah on Rye** Romantic comedy starring Yael Grobglas. (2022, PG, 90min) ★★
  - 9.00 **A Cowboy Christmas Romance** Drama starring Jana Kramer. A real-estate agent reconnects with her family while trying to persuade a farmer to sell his land. (2023, PG, 85min) ★★
  - 11.00 **Sister Swap: A Hometown Christmas** Festive comedy. (2021, PG, 90min) ★★
  - 1.00 AM **A Tale of Two Christmases** Festive romantic comedy. (2022, PG, 84min) ★★
  - 3.00 to 5.00 AM **Sister Swap: A Christmas in the City** Festive drama. (2021, PG, 84min) ★★

Movies 24+ 315 420

## Talking Pictures

- 328 445 82 306**
- 6.00 AM **Arrest Bulldog Drummond** Crime thriller with John Howard. (1939, b/w, U, 57min) ★★
  - 7.10 **Colonel March Investigates**
  - 8.30 **What's On TPTV with Noel**
  - 8.45 **Thunder Rock** Fantasy drama. (1942, b/w, PG, 112min) ★★
  - 10.50 **It Always Rains on Sunday** Ealing Studios crime thriller. (1947, b/w, PG, 92min) ★★
  - 12.40 PM **Look at Life**
  - 12.55 **Valentino** Romantic biopic. (1951, b/w, PG, 105min) ★
  - 3.00 **Crown Court**
  - 4.30 **Enemy at the Door** 5/13. (S2)
  - 5.35 **Sparrows Can't Sing** Comedy drama starring James Booth and Barbara Windsor. (1962, b/w, PG, 94min) ★★
  - 7.25 **Scotland Yard** 13/39. (S1)
  - 8.00 **The Brothers** 7/14. (S4)
  - 9.05 **Van der Valk** 2/3. (S5)
  - 11.15 **A Good Read with Mike Read** The presenter reads *Gentlemen and Players* by EW Hornung.
  - 12.05 AM **Pendulum** Crime drama starring George Peppard. (1968, 15, 106min) ★★
  - 2.10 **Mademoiselle** Provincial drama. (1966, b/w, 15, 99min) ★★
  - 4.15 **Christmas Lights** Comedy drama starring Robson Green. (2021, 15, 93min) ★★
  - 5.45 to 6.00 AM **Look at Life**



## Sky Sports Main Event

- 401 511 501 419 439**
- 5.30 AM LIVE Test Cricket Pakistan v England.** Coverage of day one of the third and final Test in the series from Rawalpindi Cricket Stadium. Brendon McCullum's team last played in a Test series here two years ago when they won the third Test by eight wickets to complete a 3-0 whitewash. Teenager Rehan Ahmed took 5-48 in the second innings of that match to help set up the win.
  - 1.30 PM LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.
  - 5.00 PM LIVE WTA & ATP Tennis** Further coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open and WTA Guangzhou Open.
  - 9.00 Sky Sports News**
  - 10.30 Back Pages Tonight**
  - 11.00 Sky Sports News**
  - 12.00 M/T LIVE NFL Los Angeles Rams v Minnesota Vikings.** Coverage of the week eight match at SoFi Stadium. Kick-off 1.15am.
  - 5.00 to 6.00 AM Sky Sports News**

## TNT Sports 1

- 410 870 527 408 430**
- 6.00 AM LIVE Test Cricket India v New Zealand.** The first day of the second Test from Maharashtra Cricket Association Stadium.
  - 1.00 PM TNT Sports Cricket Reload**
  - 1.30 WSL Challenger Tour**
  - 2.30 TNT Sports Reload**
  - 2.45 Premier League Reload**
  - 3.00 Champions League Highlights**
  - 5.00 LIVE UEFA Conference League Panathinaikos v Chelsea.** Coverage of the match in the league phase from Athens Olympic Stadium. Kick-off 5.45pm.
  - 7.45 LIVE UEFA Europa League Tottenham Hotspur v AZ Alkmaar.** The match in the league phase from Tottenham Hotspur Stadium. Kick-off is at 8.00pm.
  - 10.30 UEFA Europa & Conference League Highlights**
  - 12.00 M/T Muddy Roots of Football**
  - 12.30 AM Premier League Reload**
  - 12.45 TNT Sports Cricket Reload**
  - 1.15 UFC Countdown**
  - 2.15 Fight Week UFC 308 preview.**
  - 2.45 T100 Triathlon World Tour**
  - 3.45 Test Cricket Highlights**
  - 4.45 to 6.00 AM LIVE Test Cricket India v New Zealand.** The second day of the second Test.

## TNT Sports 4

- 421 876 530 411 434**
- 6.00 AM UEFA Champions League**
  - 10.30 Serie A - Full Impact**
  - 11.00 Champions League Highlights**
  - 1.00 PM ODI Cricket**
  - 2.00 MotoGP Highlights**
  - 3.00 NBA A match replay.**
  - 4.30 NBA Action Recent highlights.**
  - 5.00 LIVE UEFA Conference League Larne v Shamrock Rovers.** Coverage of the match at Windsor Park. Kick-off 5.45pm.
  - 7.45 LIVE UEFA Conference League The New Saints v Astana.** Coverage of the match in the league phase from Croud Meadow. Kick-off is at 8.00pm.
  - 10.30 MotoGP Highlights**
  - 11.30 Fight Week UFC 308 preview.**
  - 12.00 M/T Test Cricket Highlights**
  - 1.00 AM UEFA Conference League**
  - 2.30 UEFA Europa League**
  - 4.00 UEFA Conference League**
  - 4.30 Fight Week UFC 308 preview.**
  - 5.00 UFC Connected**
  - 5.30 to 6.00 AM TNT Sports Reload**

## Sky Sports Premier League

- 402 512 502 420 440**
- 6.00 AM PL Greatest Games**
  - 7.00 Premier League Legends**
  - 8.00 Premier League Best Goals**
  - 9.00 Premier League 100 Club**
  - 10.00 The Football Show**
  - 12.00 NOON Gary Neville's Soccerbox Double bill.**
  - 1.00 PM Premier League Years** Moments of the 1995/96 season.
  - 3.00 PL Retro** Leicester City v West Ham United from 2016.
  - 5.00 Best PL Goals 2018/19**
  - 6.00 Premier League 100: Dion Dublin** The former Man United and Aston Villa player's career.
  - 6.30 Premier League 100: Darren Bent** The former striker looks back at his time in the top flight.
  - 7.00 The Big Interview**
  - 7.30 Premier League Stories**
  - 8.00 Gary Neville's Soccerbox** Featuring Sol Campbell.
  - 8.30 With Thierry Henry.**
  - 9.00 The Big Interview**
  - 9.30 Premier League Stories**
  - 10.00 Premier League Icons**
  - 11.00 Premier League Years**
  - 1.00 AM PL Retro**
  - 3.00 PL Greatest Games**
  - 4.00 Premier League Best Goals**
  - 5.30 to 6.00 AM Premier League 100 Club**

## TNT Sports 2

- 411 871 528 409 431**
- 6.00 AM Serie A** Empoli v Napoli.
  - 7.00 AS Roma v Inter Milan.**
  - 8.00 Premier League Netbusters** A unique and fast-paced look at the best action from the top flight.
  - 8.30 TNT Sports Reload**
  - 8.45 LIVE Women's One-Day International Cricket India v New Zealand.** Coverage of the first ODI in the three-match series.
  - 5.30 PM Serie A - Full Impact** Action from the Italian top flight.
  - 6.00 UEFA Champions League Highlights Show** All the goals from the latest round of fixtures.
  - 7.00 LIVE UEFA Europa League Fenerbahce v Manchester United.** The match in the league phase from Sukru Saracoglu Stadium. Kick-off is at 8.00pm.
  - 10.30 Test Cricket Highlights** Action from India v New Zealand.
  - 11.30 V8 Supercars Highlights**
  - 1.30 AM TNT Sports Reload**
  - 2.00 MotoGP Highlights**
  - 3.00 LIVE MotoGP** The Grand Prix of Thailand free practice session ahead of the 18th round of the season, staged at Chang International Circuit in Buriram.
  - 5.45 to 6.00 AM MotoGP Rewind**

## Eurosport 1

- 413 870 521 412 435**
- 6.00 AM Snooker: Northern Ireland Open** The fourth day in Belfast.
  - 8.00 Triathlon: T100 World Tour**
  - 9.00 Golden Trail World Series**
  - 11.00 Snooker: Northern Ireland Open** The fourth day in Belfast.
  - 1.00 PM LIVE Snooker: Northern Ireland Open** Coverage of the afternoon session on day five from the Waterfront Hall, featuring third and fourth-round matches.
  - 5.00 Snooker: Northern Ireland Open** Action from Belfast.
  - 7.00 LIVE Snooker: Northern Ireland Open** Coverage of the evening session on day five from the Waterfront Hall in Belfast, featuring fourth-round matches.
  - 11.00 Snooker: Northern Ireland Open** The fifth day in Belfast.
  - 1.00 AM Golden Trail World Series**
  - 2.00 Snooker: Northern Ireland Open** Action from day five.
  - 4.00 to 6.00 AM FIA World Endurance Championship**

## Sky Sports Football

- 403 513 503 421 441**
- 6.00 AM Championship Retro**
  - 8.00 Best Goals: EFL Cup 2021/22**
  - 8.30 EFL Trophy Football**
  - 9.00 EFL Greatest Games**
  - 10.00 EFL Cup The 2021/22 final.**
  - 11.00 EFL Rivalries**
  - 11.30 Jimmy Glass: The Great Escape**
  - 12.00 NOON EFL Championship.**
  - 2.00 PM EFL Highlights**
  - 6.30 Bundesliga Weekly**
  - 7.00 Women's Championship Show**
  - 7.30 EFL Highlights** Hull City v Burnley in the Championship.
  - 7.45 QPR v Coventry City.**
  - 8.00 Scottish Premiership Round-Up**
  - 8.15 SPFL Highlights**
  - 8.30 EFL Highlights**
  - 9.00 Bundesliga Weekly**
  - 9.30 EFL Highlights**
  - 10.00 Scottish Premiership Round-Up**
  - 10.15 SPFL Highlights** Action from Kilmarnock v Rangers.
  - 10.30 EFL Highlights**
  - 11.00 Bundesliga Weekly**
  - 11.30 EFL Highlights**
  - 12.00 M/T SPFL Special: Celtic's Invincibles**
  - 1.00 AM Old Firm Derby Best Goals**
  - 1.30 Edinburgh Derby Best Goals**
  - 2.00 SPFL Greatest Games**
  - 5.15 Craig Brown: My Scotland**
  - 5.45 to 6.00 AM SPFL Highlights**

## TNT Sports 3

- 417 874 529 410 432**
- 6.00 AM Ultimate Pool**
  - 7.30 Badminton** Denmark Open.
  - 9.30 LIVE AFLW Hawthorn Hawks v Melbourne Demons.** Coverage of the match at Cazalys Stadium. Bounce-up 9.45am.
  - 11.30 Ultimate Pool**
  - 1.00 PM WWE Friday Night SmackDown** Wrestling action.
  - 2.30 WWE Monday Night Raw**
  - 5.00 LIVE UEFA Conference League Hearts v Omonia.** The match in the league phase from Tynecastle. Kick-off 5.45pm.
  - 7.45 LIVE UEFA Europa League Rangers v FCSB.** Coverage of the match in the league phase from Ibrox. Kick-off 8.00pm.
  - 10.30 The Muddy Roots of Football**
  - 11.00 Premier League: Big Interview**
  - 11.30 NBA Tip-Off** Match previews.
  - 12.30 AM LIVE NBA Dallas Mavericks v San Antonio Spurs.** Coverage of the Western Conference match from American Airlines Centre. Tip-off 12.30am.
  - 3.00 LIVE NBA Denver Nuggets v Oklahoma City Thunder.** The Western Conference match from Ball Arena. Tip-off 3.00am.
  - 5.30 to 6.30 AM Inside the NBA**

## Eurosport 2

- 414 871 522 413 436**
- 6.00 AM FIA World Endurance Championship** Recent action.
  - 8.00 Snooker: Northern Ireland Open** The fourth day in Belfast.
  - 10.00 British Superbikes**
  - 12.00 NOON Australian Superbikes**
  - 1.00 PM Freestyle Skiing**
  - 2.00 The Judo Show**
  - 3.00 Triathlon: T100 World Tour**
  - 4.00 FIA World Endurance Championship** Six Hours of Fuji.
  - 5.00 Australian Superbikes**
  - 6.00 British Superbikes**
  - 9.00 Golden Trail World Series** Action from the first and second days of the final in the Swiss Alps.
  - 11.00 FIA World Endurance Championship** Action from the Six Hours of Sao Paulo.
  - 12.00 M/T Lone Star Le Mans.**
  - 1.00 AM Australian Superbikes**
  - 2.00 Cycling: Road World Championships** In Switzerland.
  - 4.00 to 6.00 AM Snooker: Northern Ireland Open**

## Sky Sports Cricket

- 404 514 504 422 442**
- 5.30 AM LIVE Test Cricket Pakistan v England.** Coverage of day one of the third and final Test in the series from Rawalpindi Cricket Stadium. Brendon McCullum's team last played in a Test series here two years ago when they won the third Test by eight wickets to complete a 3-0 whitewash. Teenager Rehan Ahmed took 5-48 in the second innings of that match to help set up the win.
  - 1.30 PM Ace in the Making**
  - 2.45 ICC Women's World Cup 2017**
  - 3.00 You Guys Are History**
  - 4.00 Test Cricket** Pakistan v England.
  - 5.00 Cricket in Colombo**
  - 6.00 Test Cricket** Pakistan v England.
  - 7.00 Secrets of Success**
  - 8.00 Test Cricket** Pakistan v England.
  - 9.00 Talking Cricket**
  - 9.30 Women's ICC World T20** Cricket Action from the final.
  - 10.00 Test Cricket** Pakistan v England.
  - 11.00 Secrets of Success**
  - 12.00 M/T Women's ICC World T20** Cricket The opening semi-final.
  - 4.00 AM Women's World T20** Classics The 2012 final.
  - 4.20 Women's ICC World T20** Cricket
  - 4.50 to 5.50 AM Test Cricket**

## Sky Sports NFL

- 408 517 507 426 446**
- 6.00 AM NFL Highlights**
  - 7.00 NFL Weekly Review**
  - 8.00 NFL Highlights**
  - 12.00 NOON NFL Bitesize Highlights**
  - 1.00 PM Good Morning Football**
  - 3.00 NFL Highlights** Tampa Bay Buccaneers v Baltimore Ravens.
  - 4.00 NFL Weekly Review**
  - 5.00 NFL Bitesize Highlights**
  - 6.00 NBC's Pro-Football Talk**
  - 8.00 NFL Gameday**
  - 8.30 NFL Bitesize Highlights**
  - 9.00 Jaguars Weekly UK**
  - 9.30 NFL Gameday**
  - 10.00 NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
  - 11.00 NFL Highlights** Tampa Bay Buccaneers v Baltimore Ravens.
  - 12.00 M/T LIVE NFL Los Angeles Rams v Minnesota Vikings.** Coverage of the week eight match at SoFi Stadium. The visitors have had the upper hand in this fixture on the last couple of occasions, winning the previous two fixtures in 2021 and 2018. They also have a better overall record against the Rams, winning 27 of the 45 meetings since their first game in 1961. Kick-off 1.15am.
  - 5.00 to 6.00 AM NFL Bitesize Hits**

## Sky Sports+

- 412 518 508 427 447**
- 6.00 AM LIVE DP World Tour Golf** Coverage of the opening day of the Genesis Championship, staged at Jack Nicklaus Golf Club Korea in Incheon, South Korea.
  - 9.00 LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.
  - 2.00 PM LIVE WTA & ATP Tennis** Continued coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.
  - 9.00 Sky Sports News**
  - 10.30 Back Pages Tonight**
  - 11.00 Sky Sports News**
  - 4.00 to 6.00 AM LIVE DP World Tour Golf** Coverage of day two of the Genesis Championship from Jack Nicklaus Golf Club Korea in Incheon, South Korea.

## Sky Sports Golf

- 405 515 505 423 443**
- 6.00 AM LIVE PGA Tour Golf** Coverage of day one of the Zozo Championship at Accordia Golf Narashino Country Club in Inzai.
  - 8.00 LIVE DP World Tour Golf** Coverage of day one of the Genesis Championship at Jack Nicklaus Golf Club Korea, Incheon.
  - 9.00 PGA Tour Champions Learning Centre** Golf tips and life lessons.
  - 9.30 PGA Tour: The Cut**
  - 10.00 DP World Tour Golf**
  - 3.00 PM PGA Tour Golf**
  - 7.00 LPGA Tour Golf**
  - 10.00 The Players Championship**
  - 11.00 PGA Tour Champions**
  - 12.00 M/T Nick Dougherty's Tee Time Tips** Expert golfing advice.
  - 1.00 AM The Players Championship**
  - 2.00 PGA Tour Golf**
  - 3.00 Nick Dougherty's Tee Time Tips**
  - 4.00 to 6.00 AM LIVE PGA Tour Golf** Coverage of day two of the Zozo Championship at Accordia Golf Narashino Country Club.

## Sky Sports Tennis

- 407 537 520 425 445**
- 6.00 AM LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.
  - 2.00 PM LIVE WTA & ATP Tennis** Continued coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.
  - 9.00 ATP Tennis** Almaty Open final.
  - 10.00 Tennis** Action from the Tours.
  - 12.00 M/T Tennis** Recent finals.
  - 2.00 AM Bitesize Tennis**
  - 2.15 US Open Classic Matches**
  - 2.30 Bitesize Tennis**
  - 2.45 Billie Jean King: My Story**
  - 3.00 ATP Tennis** Almaty Open final.
  - 4.00 to 6.00 AM LIVE WTA & ATP Tennis** Further coverage from the WTA and ATP Tours.

## Sky Sports Mix

- 416 873 510 429 449**
- 6.00 AM WPL** Cricket highlights.
  - 8.00 WTA All Access Magazine**
  - 8.30 PGA Tour: The Cut**
  - 9.00 PGA Tour Golf**
  - 10.00 PGA Tour Champions**
  - 11.00 Tennis** China Open finals.
  - 1.00 PM NFL Bitesize Highlights**
  - 3.00 Fight Night International** Takuma Inoue v Seiya Tstsumi.
  - 4.00 Formula 1** Mexico Grand Prix.
  - 7.00 Spirit of Yachting**
  - 7.30 Tennis** WTA Japan Open final.
  - 8.30 WTA Ningbo** Open final.
  - 9.30 Spirit of Yachting** Action from the Rolex Swan Cup.
  - 10.00 Fight Night International** Junto Nakatani v Petch Sor Chitpattana.
  - 11.00** Another chance to see Takuma Inoue v Seiya Tstsumi.
  - 12.00 M/T WPL** Cricket highlights.
  - 1.00 AM The Players Championship**
  - 2.00 to 6.00 AM Tennis**

## Sky Sports F1

- 406 516 506 424 444**
- 6.00 AM The Home of F1**
  - 11.00 Formula 1** The US Grand Prix.
  - 12.00 NOON Formula 1** Archive action from the Mexico Grand Prix.
  - 7.00 PM Formula 1** The US Grand Prix.
  - 8.00** Highlights from the 2023 Mexican Grand Prix.
  - 9.00 F1 Drivers Press Conference**
  - 10.00 Formula 1** The US Grand Prix at Circuit of the Americas in Austin.
  - 11.00 F1 Drivers Press Conference**
  - 12.00 M/T Formula 1** Highlights from the 2023 Mexican Grand Prix.
  - 1.00 to 6.00 AM The Home of F1**



**OnDemand**

**prime**

**Nautilus**  
Available today  
Fantasy drama inspired by Jules Verne's *Twenty Thousand Leagues Under the Sea*, focusing on Captain Nemo.



**NEW**

**OnDemand**

**tv+**

**Before**  
Available today  
Billy Crystal stars in this supernatural thriller about a grieving child psychiatrist who encounters a troubled boy.



**NEW**

**OnDemand**

**NETFLIX**

**The Remarkable Life of Ibelin**  
Available today  
How the online gaming community enriched the life of a young man with muscular dystrophy.



**NEW**

**OnDemand**

**Disney+**

**Road Diary: Bruce Springsteen and the E Street Band**  
Available today  
Behind the scenes of the Boss' shows.



**NEW**

	7.00 PM	7.30 PM	8.00 PM	8.30 PM	9.00 PM	9.30 PM	10.00 PM	10.30 PM		
<b>FAVOURITES</b>	101 BBC1	7.00 The One Show	7.30 Our Lives... †	8.00 Would I Lie... †	8.30 Ghosts	9.00 Have I Got...	9.30 The Cleaner	10.00 News	10.40 Graham...	
	102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Gardeners' World		9.00 Al Pacino: Once Upon a Time in...		10.00 Live at the...	10.30 Newsnight	
	103 ITV1	7.00 Women's International Football – Live: England v Germany (Kick-off 7.30)							10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Yorkshire by the Sea		9.00 Celebrity Gogglebox for Stand Up to...		10.00 The Last Leg		
	105 CHANNEL 5	7.00 Aldi vs Lidl: Which Tastes Better?		8.00 Susan Calman's Grand Day Out		9.00 Holidaying in the 70s: Those Were...		10.00 1984: Most Shocking Moments		
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 UFO		9.00 The Walking Dead: Daryl Dixon...		10.00 Never Mind the Buzzcocks		
<b>ENTERTAINMENT</b>	115 BBC3	7.00 Phoenix Rise		8.00 Gavin & Stacey		9.00 Paranormal: The Village That Saw Aliens		10.00 Film: The Blair Witch Project		
	116 BBC4	7.00 TOTP: 1996		8.00 TOTP: 1979	8.30 TOTP: 1986	9.00 Beyonce: Live at...	9.35 Diana Ross: Live at the Royal Albert...	10.35 Dusty...		
	118 ITV2	6.15 Film: Harry Potter and the Order of the Phoenix							10.15 Big Brother: Late & Live	
	136 MORE4	6.55 Car S.O.S.		7.55 Grand Designs: Living in Suburbia		9.00 The Chateau Murders		10.00 24 Hours in A&E		
	135 E4	7.00 Big Bang Theory	7.30 Modern Family	8.00 Ramsay's Kitchen Nightmares USA		9.00 Film: Mission: Impossible – Fallout				
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Fire		9.00 Law & Order: Special Victims Unit		10.00 Law & Order: Organized Crime		
	108 SKY ATLANTIC	6.55 Britannia		7.55 Game of Thrones		9.00 I Hate Suzie		10.25 Sweetpea		
	110 GOLD	7.00 Dad's Army			8.20 The Good Life		9.00 Absolutely Fabulous		10.25 Bottom	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You		
	119 ITV3	7.00 Heartbeat		8.00 Doc Martin		10.00 Law & Order: UK				
	120 ITV4	6.00 Darts: European Championship – Live: Coverage of day two in Dortmund							10.00 Wrestling: AEW Dynamite	
	112 COMEDY CENTRAL	7.00 Friends		8.00 Whose Line Is It Anyway? USA		9.00 Lee Evans: Live in Scotland		10.30 Michael...		
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 The Leftovers				
113 SKY MAX	7.00 Stargate Atlantis		8.00 SEAL Team		9.00 The Walking Dead: Daryl Dixon...		10.05 Never Mind the Buzzcocks			
109 ALIBI	7.00 The Mentalist		8.00 Death in Paradise							
130 SKY ARTS	7.00 Discovering		8.00 Jimi Hendrix at Woodstock		9.15 Electric Lady Studios: A Jimi Hendrix Vision					
132 U&W	7.00 MasterChef Australia: Dessert Masters		8.00 Inside the Ambulance: Coast and...		9.00 999 Rescue Squad					
<b>DOCUMENTARY</b>	125 DISCOVERY	7.00 Gold Rush: Mine Rescue with Freddy...		8.00 Wheeler Dealers		9.00 Expedition Bigfoot		10.00 Expedition X		
	162 ANIMAL PLANET	7.00 Crkey! It's the Irwins		8.00 Insane Pools: Off the Deep End		9.00 Monsters Inside Me		10.00 Alaska: The Last Frontier		
	129 NAT GEO	7.00 Air Crash Investigation				8.00 World War II: Secrets from Above		9.00 Hitler's Last Stand		10.00 Defending Europe
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Britain's Most Historic Towns		9.00 Ancient Aliens		10.00 Weird Britain		
	155 U&YESTERDAY	7.00 Guy Martin's Battle of Britain		8.00 Sue Perkins: Along the US-Mexico Border		9.20 Robson Green's Weekend Escapes		10.20 Bangers & Cash...		
	121 SKY DOCS	7.00 Chimp Crazy		8.00 UFO		9.00 I Am Johnny Cash				
<b>FILMS - Sky Cinema</b>	301 PREMIERE	6.10 Caddo Lake		8.00 Ghostbusters: Frozen Empire		10.05 The Radleys				
	302 HARRY POTTER	5.35 Fantastic Beasts: The Secrets of...		8.00 Harry Potter and the Philosopher's Stone		10.35 Harry...				
	303 HITS	5.45 Erin Brockovich				8.00 Mission: Impossible – Dead Reckoning Part One				
	304 BLACK TALENT	6.30 Straight Outta Compton				9.00 Bad Boys				
	305 ANIMATION	6.00 The Emoji...	7.30 Rock Dog		9.05 Rock Dog 2: Rock Around the Park		10.40 Rock...			
	306 SPOOKY	5.40 The Karate Kid Part II	7.45 Twins			9.35 Pups United				
	307 ACTION	5.20 2012			8.00 Man of Steel		10.30 John Wick			
	308 COMEDY	6.20 Bridget Jones's Diary		8.00 Bridget Jones: The Edge of Reason		9.55 Baywatch				
	309 THRILLER	5.45 Ocean's Twelve		8.00 Ocean's Thirteen		10.10 Extremely Wicked, Shockingly...				
310 DRAMA	6.15 Quartet		8.00 P.S. I Love You		10.15 Meet Joe Black					
311 HALLOWEEN	6.20 Ouija		8.00 The Radleys		9.55 The Woman in Black: Angel of Death					
313 FILM4	6.50 I, Robot				9.00 Firestarter					
<b>SPORT</b>	401 MAIN EVENT	7.00 FNF – Live: Leicester City v Nottingham Forest (Kick-off 8.00)								
	402 PREMIER LEAGUE	7.00 FNF – Live: Leicester City v Nottingham Forest (Kick-off 8.00)								
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Portsmouth v Sheffield Wednesday (Kick-off 8.00)					10.30 EFL Greatest...		
	404 CRICKET	7.00 Secrets of Success		8.00 Test Cricket		9.00 Cricket in Colombo		10.00 Test Cricket		
	410 TNT SPORTS 1	7.00 Gallagher Premiership Rugby Union – Live: Bristol Bears v Northampton Saints (Kick-off 7.45)							10.00 Women's One-Day International...	
	411 TNT SPORTS 2	6.00 Ultimate Pool	7.30 The Fantasy...	8.00 UEFA Magazine	8.30 Test Cricket Highlights	9.30 Fight Week	10.00 UFC Countdown			

† Denotes programmes starting before 7.00pm † Regions vary





## BBC1

101 101 1 101 101

- 6.00 AM **Breakfast** (S)
- 9.30 **Morning Live** **New edition** (S)
- 10.45 **Crimewatch Caught** **New edition**  
A story of deception involving £1 million worth of gold bars. (S)
- 11.15 **Homes Under the Hammer** (S)(R)
- 12.15 PM **Bargain Hunt** **New edition** (S)
- 1.00 **BBC News** (S)
- 1.35 **Local News** (S)
- 1.45 **BBC News** (S)
- 2.00 **Sister Boniface Mysteries** *Crimes and Miss Demeanours*: 10/10.  
A contestant in a beauty pageant meets an untimely end. (S1) (S)(R)
- 2.45 **Escape to the Country** (S)(R)
- 3.45 **Garden Rescue** (S)(R)
- 4.30 **The Bidding Room** **New edition**  
Items include a Chinese box. (S)
- 5.15 **Pointless** Quiz show. (S)(R)
- 6.00 **BBC News** (S)
- 6.30 **Local News** (S)



9.30 **The Cleaner**

- 7.00 **The One Show**  
Alex Jones and Roman Kemp present the topical show. (S)
- 7.30 **Our Lives: Pets Saving Lives** **New edition**  
The work of search-and-rescue dogs in Northern Ireland. (S)(AD)

- 8.00 **Would I Lie to You?**  
With MIST, Jayde Adams, Laurence Llewelyn-Bowen and Ellie Simmonds. (S)(R)
- 8.30 **Ghosts**  
*Perfect Day*: 6/7. Heavy snow disrupts plans for the wedding at Button House. (S2) (S)(R)(AD)

- 9.00 **Have I Got News for You** **New edition** 4/10. With Angela Barnes and Grayson Perry. (S)
- 9.30 **The Cleaner** **New episode** *The Lighthouse*: 4/6. Wicky is called to a remote lighthouse. (S3) (S)(AD)  
■ Entire series on BBC iPlayer

- 10.00 **BBC News** (S)
- 10.30 **Local News** (S)
- 10.40 **The Graham Norton Show** **New edition**  
Paul Mescal and Denzel Washington discuss *Gladiator II*, Saoirse Ronan chats about wartime drama *Blitz*, and Eddie Redmayne talks about the new TV adaptation of *The Day of the Jackal*. (S)
- 11.30 **RuPaul's Drag Race UK** 5/10.  
RuPaul tests the queens' charisma, nerve and star power as they join Graham Norton for a very special edition of his chat show. (S)(R)
- 12.40 AM **Alan Carr's Picture Slam**  
Contestants from Glasgow, London and Liverpool attempt to identify a board full of images. (S)(R)
- 1.25 **Weather for the Week Ahead** (S)
- 1.30 to 6.00 AM **BBC News** (S)

## BBC2

102 102 2 102 102

- 6.30 AM **Bargain Hunt** (S)(R)(AD)
- 7.15 **The Bidding Room** (S)(R)
- 8.00 **Sign Zone: Dr Xand's Con or Cure**
- 8.30 **Sign Zone: Mortimer & Whitehouse: Gone Fishing** (S)(R)
- 9.00 **BBC News** (S)
- 1.00 PM **Impossible** Quiz show. (S)(R)
- 1.45 **Unbeatable** Game show. (S)(R)
- 2.30 **The Boss** Quiz show. (S)(R)
- 3.15 **Operation Gold Rush with Dan Snow** 2/3. The team build a wooden boat. (S)(R)(AD)
- 4.15 **This Farming Life** (S)(R)
- 5.15 **Flog It!** From Basingstoke. (S)(R)
- 6.00 **Richard Osman's House of Games** **New edition**  
Chris Bisson, Danielle Harold, Katharine Merry and Robert Webb take part. (S)
- 6.30 **Strictly: It Takes Two** **New edition**  
A look ahead to the Halloween extravaganza. (S)



8.00 **Gardeners' World**

- 7.00 **Celebrity Antiques Road Trip**  
Newscasters Nina Hossain and Lucrezia Millarini embark on a shopping bonanza between Nottinghamshire and Derbyshire, with expert advice from Tim Medhurst and Steven Moore. (S)(R)

- 8.00 **Gardeners' World** **New edition**  
Monty Don plants an early flowering clematis along a shady wall, Adam Frost visits a plantsman's paradise at Fullers Mill in Suffolk, and Advolly Richmond delves into the history of houseplants. (S)

- 9.00 **NEW Al Pacino: Once Upon a Time in Hollywood**  
The Oscar-winning actor takes a look back at his life and career, and shares the stories behind some of his biggest films in an interview with Colin Paterson. (S)(AD)

- 10.00 **Live at the Apollo**  
Suzi Ruffell hosts the stand-up comedy show, introducing sets by Alfie Brown and Sikisa. (S)(R)
- 10.30 **Newsnight** (S)
- 11.00 **Weather** (S)
- 11.05 **FILM House of Gucci**  
Fact-based crime drama starring Lady Gaga. (S)(AD) (2021, 15, 150min) ★★★
- 1.35 AM **Sign Zone: Panorama: Lucy Letby – Unanswered Questions**
- 2.05 **Sign Zone: Michael Mosley – Just One Thing** (S)(R)(AD)
- 2.35 **Sign Zone: Designing the Hebrides**  
From Tobermory. (S)(R)(AD)
- 3.05 **Sign Zone: Nadiya's Cook Once, Eat Twice** (S)(R)(AD)
- 3.35 to 6.30 AM **Previews** (S)

## ITV1

103 103 803 103 3 103 103 103

- 6.00 AM **Good Morning Britain** (S)
- 9.00 **Lorraine** (S)
- 10.00 **This Morning** (S)
- 12.30 PM **Loose Women** (S)
- 1.00 **ITV News** (S)
- 1.20 **Local News** (S)
- 1.30 **LIVE Racing**  
Oli Bell presents coverage of the opening day of the Showcase Meeting from Cheltenham, including the squareintheir.com Handicap Chase. With analysis from Mick Fitzgerald and Tom Scudamore, reports from Alice Plunkett, and commentary by Mark Johnson. (S)
- 4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
- 5.00 **The Chase** **New edition**  
Quiz show hosted by Bradley Walsh. (S)
- 6.00 **Local News** (S)
- 6.30 **ITV News** (S)



7.00 **Women's International Football**

- 7.00 **LIVE Women's International Football**  
England v Germany: Laura Woods presents all the action from the friendly at Wembley Stadium. It is a return to the same venue where they met in the final of Euro 2022, which saw England prevail 2-1 after extra time to secure their first major trophy. With analysis from Ian Wright and Karen Carney, commentary by Seb Hutchinson and Lucy Ward, and reports from Katie Shanahan. Kick-off is at 7.30. (S)

- 10.00 **ITV News** (S)
- 10.35 **Local News** (S)
- 10.45 **Who Wants to Be a Millionaire?**  
Jeremy Clarkson gives six more contestants the chance to take their place in the hot seat. (S)(R)
- 11.45 **Heathrow: Britain's Busiest Airport**  
Border officers Kat and Tracy help a student from India, who has arrived with no fixed abode, while out on the airfield during the morning rush hour, Airside Ian is on the runway. (S)(R)
- 12.15 AM **Teleshopping**
- 3.00 **Pride of Britain Awards**  
Carol Vorderman and Ashley Banjo host the 25th annual ceremony. (S)(R)
- 4.45 to 6.00 AM **Unwind with ITV** (S)

+1 hour 203 303 35 112

## CHANNEL 4

104 104/108 804 108 4 104 104/106

- 6.25 AM **Cheers** 13-15/28. (S11) (S)(R)
- 7.45 **The King of Queens** (S)(R)(AD)
- 9.10 **Frasier** 11-14/24. (S9) (S)(R)(AD)
- 11.05 **Come Dine with Me: The Professionals** (S)(R)
- 12.05 PM **News** (S)
- 12.10 **Renovation Nation** (S)(R)(AD)
- 1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
- 2.10 **Countdown** **New edition** (S)
- 3.00 **A Place in the Sun: What Happened Next?** (S)(R)
- 4.00 **The Great House Giveaway** (S)(R)
- 5.00 **Four in a Bed** **New edition**  
Payment Day promises to be a fiery affair between the B&Bers. (S)
- 5.30 **Help! We Bought a Village**  
The owners of an ancient French hamlet reach a major milestone. (S)(R)
- 6.30 **The Simpsons: The Miseducation of Lisa Simpson**  
The Sea Captain finds treasure. (S)(R)(AD)



9.00 **Celebrity Gogglebox for SU2C**

- 7.00 **News** (S)
- 7.55 **Tiffany's Story: Stand Up to Cancer** **New edition**  
Online influencer Tiffany tries to channel the power of positivity as she battles cancer. (S)(AD)

- 8.00 **Yorkshire by the Sea** 3/4.  
Fisherman Darren heads into the North Sea from Staithes in search of lobster and crab, while an ambitious couple launch the first wine grown in their Robin Hood's Bay vineyard. (S)(R)(AD)

- 9.00 **NEW Celebrity Gogglebox for Stand Up to Cancer**  
Celebrities join the regulars to react to the week's television shows in this special in support of Stand Up to Cancer. (S)(AD)

- 10.00 **NEW SERIES The Last Leg**  
Adam Hills, Josh Widdicombe and Alex Brooker are joined by actor Miriam Margolyes, Blur's Graham Coxon and comedian Phil Wang for a comic review of the significant moments from the past seven days. (S)

- 11.05 **Rhod Gilbert: A Pain in the Neck for SU2C** Documentary. (S)(R)
- 12.10 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
- 1.00 **FILM Zola** Crime comedy drama. (S) (2020, 18, 85min) ★★★
- 2.25 **The Simpsons** (S)(R)
- 2.50 **Tiffany's Story: Stand Up to Cancer** As 7.55pm. (S)(SL)(R)(AD)
- 2.55 **Come Dine with Me** (S)(R)(AD)
- 5.00 **Frasier** 1&2/24. (S3) (S)(R)(AD)
- 5.50 to 5.55 AM **Escape to the Chateau**

+1 hour 204/208 304 15 121



## CHANNEL 5

105 105 805 105 5 105 105 105

- 5.40 AM Milkshake!
- 9.15 Jeremy Vine (S)
- 11.30 Storm Huntley (S)
- 12.45 PM Friends (S6) (S)(R)(AD)
- 1.40 News (S)
- 1.45 Home and Away (S)(R)
- 2.15 **FILM To Kill a Stepfather**  
Thriller starring Alex Camacho, Jamel King and Joe Finfera. (S) (2023, PG, 105min) ★★
- 4.00 **Bargain-Loving Brits in the Sun** Liverpoolian Heidi expands her cafe to offer picnics for weddings on the beach. (S)(R)
- 5.00 News (S)
- 6.00 **Dogs Behaving (Very) Badly** Dog trainer Graeme Hall meets a family struggling to adjust after adding a third dog to their household. (S)(R)(AD)
- 6.55 News (S)



8.00 Grand Day Out

- 7.00 **Aldi vs Lidl: Which Tastes Better?**  
A comparison of the quality of different food products from the two German supermarkets. (S)(R)
- 7.55 News (S)

- 8.00 **Susan Calman's Grand Day Out**  
**New edition** The comedian explores Bristol and the Cotswolds, getting privileged access to some of engineer Isambard Kingdom Brunel's groundbreaking designs. (S)

- 9.00 **Holidaying in the 70s: Those Were The Days**  
1/2. Documentary charting the rise of the package holiday in the 1970s, and how Brits swapped staycations for fun in the Mediterranean sun. (S)(R)

- 10.00 **1984: Most Shocking Moments**  
A look back at key events in TV, film and politics in 1984, a year when *Spitting Image* and *The Young Ones* revolutionised comedy and enraged the old guard. (S)(R)

- 12.05 AM **Million Pound Motorhomes** (S)(R)
- 1.00 **PlayOJO Live Casino Show** (S)
- 3.00 **Ben Fogle: New Lives in the Wild** Ben ventures to the Greek island of Andros. (S)(R)
- 3.50 **The Wonderful World of Chocolate** (S)(SL)(R)
- 4.40 **House Busters** (S)(SL)(R)
- 5.05 **Wildlife SOS** (S)(SL)(R)
- 5.30 to 5.40 AM Entertainment News (S)

+1 hour 205 305 38 128

## SKY SHOWCASE

106 106 806 109 340 355

- 6.00 AM **Sky News Breakfast**
- 8.00 **Border Patrol** (S)(R)
- 9.00 **Stargate Atlantis** (S1) (S)(R)
- 11.00 **Big Cat Country** (S)(R)
- 12.00 **NOON Supergirl** (S3) (S)(R)
- 1.00 **PM NCIS: Los Angeles** (S)(R)
- 3.00 **Hawaii Five-0** (S10) (S)(R)
- 4.00 **MacGyver 4/23** (S2) (S)(R)
- 5.00 **The Simpsons Do Pizza Bots**  
*Dream of Electric Guitars?* Homer tries to reunite a band from his youth. (S)(R)
- 5.30 **Wedding for Disaster**: Homer and Marge get married for a second time. (S)(R)
- 6.00 **The Office (US) 15/22**. Michael decides to host a meeting for his male colleagues. (S)(R)
- 6.30 16/22. The staff members plan festivities to celebrate Valentine's Day. (S2) (S)(R)



9.00 Daryl Dixon

- 7.00 **The Simpsons**  
*Manger Things*: One of Ned's secrets is revealed. (S)(R)
- 7.30 **Uncut Femmes**: Marge takes part in a jewel heist, while it transpires that Chief Wiggum's wife is more than she seems. (S)(R)

- 8.00 **UFO**  
4/4. A look at how acclaimed psychiatrist John Mack began an investigation into claims of alien abduction and the shocking discoveries he made. (S)(R)(AD)

- 9.00 **The Walking Dead: Daryl Dixon: The Book of Carol**  
**New edition** *La Paradis Pour Toi*: 4/6. Post-apocalyptic horror spin-off starring Norman Reedus and Melissa McBride. (R)

- 10.00 **Never Mind the Buzzcocks**  
Susan Wokoma, AJ Tracey, Nelly Furtado and stand-in captain Sophie Willan join Greg Davies, Noel Fielding and Jamali Maddix. (S)(R)
- 10.55 **Lucy Beaumont: Live from the Royal Court Theatre**  
A stand-up performance by the Hull comedian, featuring offbeat stories and bizarre journeys through modern-day womanhood. (R)

- 11.55 **Sex and the City** (S2) (S)(R)
- 1.10 AM **Brit Cops: Law & Disorder**  
Credit card fraud. (S)(R)(AD)
- 2.05 **Road Wars** (S)(R)(AD)
- 3.00 **Hawaii Five-0** (S10) (S)(R)
- 4.00 **MacGyver 4/23** (S2) (S)(R)
- 5.00 to 6.00 AM **Motorway Patrol**

+1 hour 206

## LOCAL VARIATIONS

### BBC1

SCOTLAND  
Sky 964, Virgin 862, Freesat 964

- 7.30pm **Landward** (S)(R)
- 8.00-8.30 **Our Lives: Pets Saving Lives** **New edition** (S)(AD) 11.30 **A View from the Terrace** (S)(R)
- 12.30am **RuPaul's Drag Race UK** (S)(R) 1.40 **Alan Carr's Picture Slam** (S)(R)
- 2.25 **Weather for the Week Ahead** (S) 2.30-6.00am **BBC News** (S)

### N. IRELAND

Sky 966, Virgin 863, Freesat 966

- 7.30-8.00pm **Paula McIntyre's Hamely Kitchen USA** **Series finale** (S)
- 8.30-9.00pm **Our Lives: Pets Saving Lives** **New edition** (S)(AD)

### WALES

Sky 965, Virgin 864, Freesat 965

No variations

### BBC2

N. IRELAND  
Sky 969, Freesat 969

No variations

### WALES

Sky 968, Freesat 968

- 4.15pm **LIVE** Match of the Day Wales (S) 6.45 **Strictly: It Takes Two** **New edition** (S) 7.15 **LIVE** Scrum V (S)
- 9.40-10.00pm **The Pembrokeshire Coast: A Wild Year** (S)(R)

### ITV1

No variations

### S4C

Sky 134, Virgin 164, Freesat 120

- 6.00am **Cyw** 12.00noon **Newyddion a'r Tywydd** 12.05pm **Ceffylau, Sheikhs a Chowbois** 12.30 **Heno** 1.00 **Arfordir Cymru: Llyn** 1.30 **Cymry ar Gynfas** 2.00 **Newyddion a'r Tywydd** 2.05 **Prynhawn Da** 3.00 **Newyddion a'r Tywydd** 3.05 **Windrush: Rhwng Dau Fyd** 4.00 **Awr Fawr** 5.00 **Stwnsh** 6.00 **Colleen Ramsey: Bywyd a Bwyd** 6.30 **Cysgu O Gwmpas** (AD) 6.57 **Newyddion 7.00** **Heno** **Newyddion 7.30** **Newyddion a'r Tywydd** 8.00 **Taith Bywyd** (AD) 8.55 **Newyddion a'r Tywydd** 9.00 **Y Ty Gwyrdd** **Series finale** (AD) 9.30 **Pêl-Droed Rhyngwladol** 10.30-11.35pm **Cleddau** (AD)

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## BBC3

115/117/121 107/113 23 107 107

BBC3 programmes start at 7.00pm



- 7.00 **PM Phoenix Rise**  
**New episode** 9/10. The gang meet up and begin packing stuff away for the final time. 7.30 **Series finale** 10/10. As one chapter ends, another begins. (S4)
- 7.55 **The Catch Up**
- 8.00 **Gavin & Stacey** 2/6. Pam and Mick host a beer and curry night. 8.30 3/6. Smitty worries about seeing Nessa. (S3)
- 9.00 **Paranormal: The Village That Saw Aliens** Sian Eleri examines the biggest mass UFO sighting in Britain. 9.30 Sian heads to the hilltop Haven Fort Hotel.
- 10.00 **FILM The Blair Witch**  
**Project** Documentary-style chiller starring Heather Donahue and Joshua Leonard. (1999, 15, 76min) ★★★★★
- 11.15 **Charlie Cooper's Myth Country** Triple bill.
- 12.45 AM **BBC New Comedy Awards** From Belfast.
- 1.15 **Where It Ends**
- 1.30 **Charlotte in Sunderland**
- 2.30 to 4.00 AM **Cuckoo**

## MORE4

136/137 831 147 18 124

- 8.55 AM **Kirstie's Vintage Gems**
- 9.15 **A Place in the Sun**
- 10.05 **A New Life in the Sun: Where Are They Now?**
- 11.05 **Find It, Fix It, Flog It**
- 1.05 PM **Car S.O.S**
- 2.05 **Four in a Bed**
- 4.50 **The Dog House**
- 5.50 **Escape to the Chateau: DIY** Sarah and George set up a photoshoot to drum up business and unearth a secret underground room.
- 6.55 **Car S.O.S** Restoring a 1973 Porsche 911 Targa.
- 7.55 **Grand Designs: Living in Suburbia** Kevin McCloud reveals how self-builders are transforming the suburbs, drawing on the best examples from 15 years of the show and talking to experts in architectural thinking.
- 9.00 **The Chateau Murders** **New episode** *The Wall*: 7/8. Investigations reveal that Esther Smith had a prominent role in the decision-making process for the bridge development. Subtitled. (S1)
- 10.00 **24 Hours in A&E**  
A 51-year-old man who has fallen 20ft from a ladder. 11.05 An actor with a suspected broken shoulder gets a worrying diagnosis.
- 12.05 AM **Emergency Helicopter Medics**
- 1.10 **24 Hours in A&E**
- 3.20 to 3.50 AM **Food Unwrapped**

+1 hour 236/237 347 125

## BBC4

116 107/108 9/24 106 108

BBC4 programmes start at 7.00pm



- 7.00 **PM TOTP: 1996** Featuring music from Peter Andre, Oasis and Jamiroquai. 7.30 With Belinda Carlisle, Deep Blue Something and Lighthouse Family.
- 8.00 **TOTP: 1979** Performances from The Specials, Viola Wills, Queen and Cats UK.
- 8.30 **TOTP: 1986** Featuring Billy Idol, Cyndi Lauper, The Bangles and Housemartins.
- 9.00 **Beyonce: Live at the BBC** Trevor Nelson presents highlights of a concert by the singer and her 12-piece band.
- 9.35 **Diana Ross: Live at the Royal Albert Hall 1973** The singer's concert at the famous London venue.
- 10.35 **Dusty Springfield at the Royal Albert Hall A** 1979 concert by the pop singer.
- 11.30 **Pink Live in the Piano Room** A performance with the BBC Concert Orchestra.
- 12.15 AM **Raye at the Royal Albert Hall**
- 1.35 **TOTP: 1996** Double bill.
- 2.45 **TOTP: 1979** As 8.00pm.
- 3.20 to 3.55 AM **TOTP: 1986**

## E4

135/136 830 106 13 122

- 6.00 AM **Brooklyn Nine-Nine**
- 6.55 **Rude(ish) Tube Shorts**
- 7.00 **Ramsay's Kitchen Nightmares USA**
- 8.00 **Married at First Sight UK**
- 9.00 **The Goldbergs**
- 10.00 **The Big Bang Theory**
- 11.00 **Modern Family**
- 12.00 **NOON The Big Bang Theory** (S7&8)
- 2.00 PM **The Goldbergs**
- 3.00 **Modern Family**
- 4.00 **Married at First Sight UK**
- 5.00 **The Big Bang Theory**
- 7.30 **Modern Family** 10/22. Mitch calls a concierge to save Cam's feast. (S8)
- 8.00 **Ramsay's Kitchen Nightmares USA** The chef helps a New York diner.
- 9.00 **FILM Mission: Impossible - Fallout** Action thriller sequel starring Tom Cruise. Ethan Hunt, the IMF team and a CIA assassin attempt to prevent a disaster caused by a group of terrorists. (2018, 12, 147min) ★★★★★
- 11.55 **FILM Zombieland: Double Tap** Comedy horror sequel starring Woody Harelson and Jesse Eisenberg. (2019, 15, 99min) ★★★
- 1.50 AM **Naked Attraction**
- 2.55 **First Dates**
- 3.50 **Ramsay's Kitchen Nightmares USA**
- 4.40 **Black-ish** (S4&5)
- 5.30 to 6.00 AM **Brooklyn Nine-Nine**

+1 hour 235/236 306 30 123



## Sky Witness

107 807 110 341 356

- 6.00 AM Sun, Sea and A&E
- 7.00 Paramedics
- 8.00 Border Patrol
- 9.00 Highway Patrol
- 10.00 Send in the Dogs
- 11.00 For Life 2/10. (S2)
- 12.00 NOON The Rookie (S4)
- 1.00 PM Chicago Med 20/22. (S7)
- 2.00 The Equalizer 9/10. The team race to take down a conman from Dante's past.
- 3.00 10/10. Mel is kidnapped by a member of her veteran support group. (S4)
- 4.00 Nothing to Declare



10.00 Law & Order: Organized...

- 7.00 Nothing to Declare  
A passenger struggles to explain what his plans are.
- 7.30 Officers stop a man wearing unusual jewellery.
- 8.00 Chicago Fire Counting Your Breaths: 3/22. Griffin learns the truth about his father's death. (S10)
- 9.00 Law & Order: Special Victims Unit New episode  
Combat Fatigue: 10/13. Carisi awaits a verdict in Maddie's case. (S25)
- 10.00 Law & Order: Organized Crime New episode  
Crossroads: 10/13. The team work to take down a drug operation. (S4)
- 11.00 FBI 12/19. Kristen is eager to get back into field work. (S2)
- 12.00 MT The Cleaning Lady (S3)
- 1.00 AM The Rookie: Feds (S1)
- 2.00 Bull 21/22. (S6)
- 3.00 Transplant 4/13. (S2)
- 4.00 Stop, Search, Seize
- 5.00 to 6.00 AM UK Border Force

+1 hour 207 310

## Sky Atlantic

108/109 808 342 357

- 6.00 AM The Guest Wing
- 8.10 True Blood 4&5/12. (S3)
- 10.20 Britannia 1&2/10. (S2)
- 12.25 PM Game of Thrones (S2)
- 1.30 Billions 1&2/12. (S4)
- 3.40 True Blood 3/12. Sookie decides to search for Bill.
- 4.50 4/12. Alcide invites Sookie to join him at a full-moon party. (S3)
- 5.55 Britannia 3/10. A traveller asks questions about Lucius.
- 6.55 4/10. Cait and Divis make their way to a haven following their escape. (S2)



11.30 Gangs of London

- 7.55 Game of Thrones  
The Ghost of Harrenhal: 5/10. The end of the Baratheon brothers' rivalry provides Lord Baelish with a chance to further his ambitions. (S2)
- 9.00 I Hate Suzie Bargaining: 5/8. Cob decides that it's his turn to let loose.
- 9.40 Guilt: 6/8. Suzie decides to audition for a new musical. (S1)
- 10.25 Sweetpea Black Spots in the Garage: 3/6. Rhiannon goes after her next target. (S1)
- 11.30 Gangs of London 6/9. Marian puts pressure on Sean. (S1)
- 12.40 AM The Wire 7/12. Proposition Joe discusses a deal with Stringer. (S2)
- 1.50 American Rust 5/9. (S1)
- 2.55 Game of Thrones As 7.55pm.
- 4.00 to 6.00 AM Urban Secrets

+1 hour 208/209

## Sky Max

113/114 813 111 346 351

- 6.00 AM Stargate SG-1 (S1)
- 8.00 Supergirl 20/23. (S3)
- 9.00 Stargate Atlantis (S1)
- 11.00 DC's Legends of Tomorrow
- 12.00 NOON Supergirl 22/23. (S3)
- 1.00 PM NCIS: Los Angeles (S14)
- 3.00 Hawaii Five-0 11/22. (S10)
- 4.00 MacGyver 4/23. (S2)
- 5.00 DC's Legends of Tomorrow 4/16. One of the team is left in seriously bad shape. (S4)
- 6.00 Stargate Atlantis 17/20. The members of the Atlantis crew send video messages to their loved ones on Earth. (S1)



5.00 DC's Legends of Tomorrow

- 7.00 Stargate Atlantis  
The Gift: 18/20. Teyla is haunted by recurring nightmares. (S1)
- 8.00 SEAL Team Heroes and Criminals: 4/10. Team Bravo target a factory in Myanmar linked to fentanyl production. (S7)
- 9.00 The Walking Dead: Daryl Dixon - The Book of Carol New episode  
La Paradis Pour Toi: 4/6. Horror spin-off. (S2)
- 10.05 Never Mind the Buzzcocks With Sophie Willan, Susan Wokoma, AJ Tracey and Nelly Furtado.
- 10.55 Last King of the Cross  
2/8. John makes a play for the biggest club on Oxford Street. (S2)
- 12.00 MT The Walking Dead (S10)
- 1.00 AM Brit Cops: Law & Disorder
- 2.00 Road Wars Vehicle crime.
- 3.00 Hawaii Five-0 11/22. (S10)
- 4.00 MacGyver 4/23. (S2)
- 5.00 to 6.00 AM Highway Patrol

## ITV2

118 816 115 6 113

- 6.00 AM CITV
- 9.00 Totally Bonkers
- Guinness World Records
- 10.00 Love Bites Double bill.
- 12.00 NOON Dress to Impress
- 1.00 PM Supermarket Sweep
- 2.00 Deal or No Deal
- 3.00 Charmed 18/22. (S4)
- 4.00 Gilmore Girls 14/21. (S1)
- 5.00 In for a Penny
- 5.30 Celebrity Catchphrase
- 6.15 FILM Harry Potter and the Order of the Phoenix  
Fantasy adventure sequel. (2007, 12, 132min) ★★★★★



1.00 Supermarket Sweep

- FILM Harry Potter and the Order of the Phoenix  
(film started at 6.15pm)  
SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.00 Big Brother: Live Eviction New edition  
A chance to catch up with everything that has happened in the house.
- 10.15 Big Brother: Late & Live New edition  
AJ Odudu and Will Best present the companion show in front of a live studio audience.
- 11.05 Family Guy 14/20. Peter becomes a baseball coach.
- 11.35 10/20. Lois gets a job at Chris and Meg's school. (S18)
- 12.00 MT American Dad! (S12)
- 12.50 AM Buffering 5&6/6. (S1)
- 1.45 The Stand Up Sketch Show
- 2.10 to 3.00 AM Unwind with ITV

+1 hour 218 315 29 114

## ITV3

119 117 10 115

- 6.00 AM Classic Emmerdale
- 7.00 Classic Coronation Street
- 8.05 Agatha Christie's Poirot
- 10.15 The Royal Sinking Feeling.
- 11.20 Heartbeat Double bill.
- 1.40 PM Classic Emmerdale
- 2.40 Classic Coronation Street
- 3.50 Endeavour Colours: A murder at an Army base threatens to unveil long-held secrets.
- 5.50 Heartbeat The Queen's Message: Greengrass starts a devious plot, and several people are suspected of attacking a TV repair man.



8.00 Doc Martin

- 7.00 Heartbeat Brainstorm:  
Mike has problems when a man drops dead, while Bernie and Greengrass attempt to make a profit.
- 8.00 Doc Martin SWALK:  
3/8. Ruth is perturbed when Martin offers to perform a mini mental state examination.
- 9.00 Doc Martin Paint it Black:  
4/8. Penhale is unhappy when his predecessor tries to take charge of his investigation. (S9)
- 10.00 Law & Order: UK Crush:  
3/6. A call girl is found murdered, but Phillips begins to suspect someone had a reason to frame the accused. (S5)
- 11.00 Law & Order: UK 4/6. Brooks and Devlin try to hunt down two killers who have gone on a shooting rampage through the streets of London. (S5)
- 12.00 MT Endeavour As 3.50pm.
- 2.00 to 2.30 AM Unwind with ITV

+1 hour 219 317 116

## BBC Scotland

SCOT 115 108 9 106 106  
REST OF UK 180 162 110

- 12.00 NOON This Is BBC Scotland
- 7.00 PM The Seven
- 7.30 LIVE SportsScene:  
Scottish Cup Football  
Threave Rovers v Stranraer: Coverage of the opening second-round tie from Meadow Park. Kick-off is at 7.45.
- 10.00 Still Game All the Best:  
5/6. Jack and Victor are determined to prove they're still young at heart on a stag night. (S5)
- 10.30 A View from the Terrace New edition  
Craig G Telfer is joined by a panel of fans to present a sideways look at Scottish football.
- 11.30 PM to 12.00 MT Breaking the News New edition  
Des Clarke hosts the topical comedy quiz, with Kemah Bob, Stuart McPherson, Jay Lafferty and Chris Forbes.

## Sky Comedy

114/115 814 112 347 362

- 8.00 AM Will & Grace (S3)
- 9.00 Young Rock (S2)
- 10.00 Vice Principals (S1)
- 11.20 Looking (S1)
- 12.30 PM Insecure (S4)
- 1.45 Pen 15 14/15. (S2)
- 2.20 Vice Principals (S1)
- 3.40 Looking 4&5/8. (S1)
- 5.00 Will & Grace (S4)
- 6.00 The Office (US) (S2)
- 7.00 Young Rock (S2)
- 8.00 Will & Grace 9/24. The group embark on a road trip in an attempt to help Grace forget about Leo.
- 8.30 10/24. Part one of two. Will offers to cook Thanksgiving dinner. (S7)
- 9.00 Veep 9&10/10. (S2)
- 10.10 The Tonight Show Starring Jimmy Fallon New edition  
Chat show.
- 11.10 Lucy Beaumont: Live from the Royal Court Theatre Stand-up show.
- 12.15 AM Sex and the City 1.35 Divorce 3&4/8. (S2)
- 2.55 Silicon Valley (S5)
- 4.25 to 5.00 AM A.P. Bio

## Sky Arts

130/131 826 123 36 143 365

- 6.00 AM Academy of Ancient Music
- 7.30 The Joy of Painting
- 9.00 Tales of the Unexpected
- 10.00 Hitchcock Presents
- 11.00 Discovering
- 12.00 NOON Portrait Artist of the Year 2017
- 1.00 PM Tales of the... (1936, b/w, U) ★★★★★
- 2.00 FILM Modern Times (1936, b/w, U) ★★★★★
- 3.45 Classic Albums
- 5.00 Landscape Artist 2017
- 6.00 Tales of the Unexpected
- 7.00 Discovering
- 8.00 Jimi Hendrix at Woodstock From 1969.
- 9.15 NEW Electric Lady Studios: A Jimi Hendrix Vision Documentary.
- 11.00 Jimi Hendrix: The Guitar Hero
- 1.00 AM Learning to Live Together: The Return of Mad Dogs & Englishmen
- 3.10 Greatest Guitar Riffs
- 4.10 Isle of Wight Festival Greatest Hits
- 5.00 to 6.00 AM The Art of Collecting

## Sky Mix

151 135 11 141

- 7.00 AM Nothing to Declare
- 9.00 Monkey Life
- 10.00 Stop, Search, Seize
- 11.00 Highway Patrol
- 12.00 NOON Motorway Patrol
- 1.00 PM Border Patrol
- 2.00 Monkey Life
- 3.00 Nothing to Declare
- 4.00 Star Trek: The Next Generation 2/26. (S4)
- 5.00 Star Trek: Enterprise
- 6.00 Star Trek: Deep Space Nine 22/26. (S4)
- 7.00 Star Trek: Voyager (S7)
- 8.00 Hawaii Five-0 (S4)
- 10.00 S.W.A.T. Pilot: 1/22. First episode. Hondo deals with the aftermath of an accidental shooting. (S1)
- 11.00 Killer in My Village
- 12.00 MT Caught on Dashcam Road disasters.
- 1.00 AM Nothing to Declare
- 2.00 Brit Cops: Law & Disorder Documentary.
- 3.00 Highway Patrol
- 4.00 Border Patrol
- 5.00 to 6.00 AM Highway Cops

## ITV Be

131/132 119 28 119

- 7.00 AM Unwind
- 7.15 Be Beautiful
- 7.35 Olivia Meets Her Match
- 8.35 The Cabins
- 9.35 The Real Housewives of Cheshire Reality series.
- 10.35 Olivia Meets Her Match
- 11.35 The Real Housewives of Potomac Reality series.
- 12.30 PM Real Housewives of Beverly Hills
- 1.20 The Only Way Is Marbs
- 2.05 Dinner Date
- 3.10 The Big Bake
- 4.05 The Real Housewives of Potomac Reality series.
- 5.00 The Real Housewives of Beverly Hills New edition  
The women hold an intervention.
- 6.00 Masters of Flip
- 7.00 The Big Bake
- 8.00 Dinner Date
- 9.00 Botched Double bill.
- 11.00 Totally Unbelievable
- 12.00 MT The Only Way Is Essex Reality series.
- 12.45 to 1.00 AM Unwind

+1 hour 319

## GREAT! tv

157 170 50

- 8.00 AM Hart to Hart (S2)
- 9.00 Father Dowling Mysteries 8/8. (S1)
- 10.00 Diagnosis Murder
- 11.00 Castle 13/23. (S7)
- 12.00 NOON Hart to Hart
- 2.00 PM Father Dowling Mysteries 5/13. (S2)
- 3.00 Diagnosis Murder
- 5.00 Murder, She Wrote
- 7.00 M\*A\*S\*H 16-19/25. (S5)
- 9.00 The Avengers  
The Hidden Tiger: 8/24. A man-eating tiger is on the loose. (S5)
- 10.00 Randall and Hopkirk (Deceased) Who Killed Cock Robin? 14/26. A bird-lover leaves a strange will behind. (S1)
- 11.00 Return of the Saint
- 12.00 MT M\*A\*S\*H (S5)
- 2.00 AM Randall and Hopkirk (Deceased)
- 3.00 Return of the Saint
- 4.00 Castle 2/22. (S8)
- 4.50 to 5.00 AM GREAT! Movie News Extra

+1 hour 257 62



## ITV4

120 118 26 117

- 6.00 AM World of Sport
- 6.10 Minder
- 7.15 The Sweeney
- 8.20 Dempsey and Makepeace
- 9.25 The Saint
- 10.35 Giant Lobster Hunters
- 11.35 BattleBots
- 12.35 PM Dempsey and Makepeace
- 1.40 The Saint
- 2.45 Giant Lobster Hunters
- 3.45 Minder
- 4.55 The Sweeney 7/13. A connection emerges when Haskins is framed. (S2)



2.45 Giant Lobster Hunters

- 6.00 **LIVE Darts: European Championship** Jacqui Oatley hosts coverage of the second day from Westfalenhallen in Dortmund, Germany, featuring the concluding eight first-round matches played over the best of 11 legs. Analysis from Alan Warriner-Little and Chris Mason, and commentary by Stuart Pyke, John Rawling and Dan Dawson.

- 10.00 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling – the roster features world-class talent including Jon Moxley, Chris Jericho, Bryan Danielson and Claudio Castagnoli.

- 12.05 AM The Sweeney
- 1.05 Minder
- 2.05 The Protectors
- 2.35 to 3.00 AM Unwind with ITV

+1 hour 220 318 118

## Sky Sci-Fi

139/140 836 122 348 363

- 6.00 AM Most Haunted
- 8.00 Teleshopping
- 11.00 Merlin 12/13. (S5)
- 12.00 NOON Stargate Universe
- 1.00 PM Star Trek: Deep Space Nine 18/26. (S3)
- 2.00 Merlin 12/13. (S5)
- 3.00 Stargate SG-1 22/22. (S4)
- 4.00 Star Trek: Enterprise (S4)
- 5.00 Stargate Universe 8/20. The crew members contract a mysterious illness. (S1)
- 6.00 Merlin 12/13. Part one of two. Morgana prepares to wage war on Camelot. (S5)



6.00 Merlin

- 7.00 **Star Trek: Deep Space Nine Distant Voices** 18/26. Bashir is critically injured in an alien attack. (S3)

- 8.00 **Stargate SG-1 Enemies** 1/22. Part two of three. The team fight for survival against the Apophis and Replicators. (S5)

- 9.00 **The Leftovers Axis Mundi** 1/10. Police chief Kevin Garvey and his family join a mysterious exodus. Stars Justin Theroux.

- 10.00 **The Leftovers A Matter of Geography** 2/10. After the riots, Kevin, Nora and Jill try to pick up the pieces. (S2)

- 11.00 **The Ark** 7/12. After an attempted murder, the crew work together to find who's responsible before it's too late. 12.00 MT 8/12. The ship is taken under siege. (S2)

- 1.00 AM Wynonna Earp 1/12. (S2)
- 2.00 Merlin As 6.00pm.
- 3.00 Star Trek: Enterprise (S4)
- 4.00 to 6.00 AM Stargate SG-1

+1 hour 209/210 314

## Alibi

109/110 809 114 343 358

- 7.10 AM Murdoch Mysteries
- 9.00 Father Brown
- 10.00 Unforgettable 2/13. (S2)
- 11.00 Hudson & Rex 13/20. (S5)
- 12.00 NOON The Mentalist (S1)
- 1.00 PM Death in Paradise (S6)
- 2.00 Murdoch Mysteries (S15&16)
- 4.00 Unforgettable 2/13. (S2)
- 5.00 Hudson & Rex 13/20. Charlie's aunt and her friends are caught investigating an investment fraud scheme. (S5)
- 6.00 Elementary 19/21. Harlan Emple becomes a suspect in a woman's disappearance. (S6)



5.00 Hudson & Rex

- 7.00 **The Mentalist Red Brick and Ivy** 10/23. Patrick helps an old acquaintance accused of killing her ex-husband. (S1)

- 8.00 **Death in Paradise The Secret of the Flame Tree** 2/8. A literature student is pushed off a cliff to her death. (S6)

- 9.00 **Death in Paradise An Unpleasant Homecoming** 4/8. The team join Naomi in Saint Barnabas when her best friend's father is killed at a wedding. (S12)
- 10.20 **Beyond the Shining Sea - Part One** 5/8. A festival queen is found murdered. (S8)

- 11.20 The Mentalist As 7.00pm.
- 12.20 AM Elementary As 6.00pm.
- 1.15 Justified 6/13. Josiah Cairn goes missing, prompting Raylan to track down the man's stepdaughter. (S4)
- 2.20 to 4.00 AM Murdoch Mysteries

+1 hour 209/210 314

## GOLD

110/111 810 124 344 359

- 7.10 AM The Fosters
- 8.10 Keeping Up Appearances
- 8.50 Last of the Summer Wine
- 9.55 Are You Being Served?
- 10.35 Still Open All Hours
- 11.15 Last of the Summer Wine
- 1.40 PM Keeping Up Appearances
- 2.20 The Good Life
- 3.00 Dad's Army
- 3.40 Are You Being Served?
- 4.20 Last of the Summer Wine
- 5.40 Still Open All Hours
- 6.20 Keeping Up Appearances Hyacinth visits a stately home.



8.20 The Good Life

- 7.00 **Dad's Army** Pike borrows Mainwaring's new staff car to take his girlfriend out.

- 7.40 The bumbling platoon plan to re-enact the battle between St George and the dragon.
- 8.20 **The Good Life** Barbara is plunged into gloom when her last posh frock is torn.

- 9.00 **Absolutely Fabulous** Saffy allows Patsy and Eddie to babysit.
- 9.40 Eddie's new-found enthusiasm for her family ruins Patsy's plans for an exotic Christmas.

- 10.25 **Bottom** Richie and Eddie's TV set is repossessed.

- 11.05 **Inside No 9** Shane and Clifford plan to abduct the wife of a hedge fund manager.
- 11.45 **Blackadder the Third**
- 12.25 AM Absolutely Fabulous
- 1.50 Bottom As 10.25pm.
- 2.25 Inside No 9 As 11.05pm.
- 3.00 to 4.00 AM Blackadder the Third

+1 hour 210/211 324

## U&Dave

111/112 811 127 19 157

- 7.10 AM Whose Line Is It Anyway? USA Double bill.
- 8.00 **Border Force: America's Gatekeepers** Double bill.
- 10.00 **Extreme Salvage Squad**
- 12.00 NOON Storage Hunters UK
- 1.30 PM Speed with Guy Martin: Classic F1 Special Guy takes part in a race against Jensen Button around Silverstone.
- 3.00 Top Gear Double bill.
- 5.00 **Rick Stein's Long Weekends** A culinary break in Bordeaux. 6.00 The chef embarks on a winter break in Reykjavik.



11.00 Sons of Anarchy

- 7.00 **Would I Lie to You?** With Pam Ayres, Sarah Kendall, Richard Osman and Kiell Smith-Bynoe.

- 7.40 **Richard Osman's House of Games** Guests include the Rev Richard Coles. 8.20 With Vick Hope, Nicki Chapman, Gethin Jones and Tim Vine.

- 9.00 **QI XL** Susan Calman, Rich Hall and Josh Widdicombe join regular panellist Alan Davies and host Sandi Toksvig.

- 10.00 **Have I Got a Bit More News for You** Stephen Mangan hosts the quiz, with guests Jo Caulfield and Steph McGovern.

- 11.00 **Sons of Anarchy** 13/13. Hale faces a moral dilemma. (S1)
- 12.20 AM Alan Davies: As Yet Untitled With Sophie Duker.
- 1.20 **Would I Lie to You?**
- 2.00 **Have I Got a Bit More News for You** As 10.00pm.
- 2.45 to 4.00 AM Schitt's Creek

+1 hour 211/212 327 74

## 4seven

137/138 143 49 127

- 9.00 AM Ramsay's Kitchen Nightmares USA
- 10.00 Find It, Fix It, Flog It
- 11.00 Great House Giveaway
- 12.00 NOON Frasier (S2)
- 1.30 PM A Place in the Sun
- 2.00 A Place in the Sun: What Happened Next?
- 3.00 Renovation Nation
- 4.00 Help! We Bought a Village From Italy.
- 5.00 A Place in the Sun
- 6.00 A Place in the Sun: What Happened Next?
- 7.00 Location, Location, Location From Belfast.
- 8.00 The Great British Bake Off: An Extra Slice
- 9.00 24 Hours in A&E
- 10.00 Grand Designs
- 11.05 **Celebrity Gogglebox for Stand Up to Cancer**
- 12.05 AM Gogglebox
- 1.10 **Celebrity Gogglebox**
- 2.15 Taskmaster
- 3.20 Love in the Limelight: Untold Chloe Burrows.
- 4.15 to 5.00 AM Ramsay's Kitchen Nightmares...

+1 hr 241/269 320/362 130

## 5USA

141/169 120/162 21 129

- 9.00 AM NCIS 7-9/24. (S14)
- 12.00 NOON Law & Order
- 6.00 PM NCIS Something Blue: 23/24. Delilah is hospitalised ahead of her wedding.
- 7.00 **Rendezvous**: 24/24. A Navy SEAL disappears in a part of Paraguay controlled by violent rebels. (S14)
- 8.00 **NCIS House Divided**: 1/24. Agents in Washington, DC search for their colleagues.
- 9.00 **Twofer**: 2/24. A missing US Navy lieutenant's body is found in a cemetery. (S15)
- 10.00 **Law & Order: Special Victims Unit Blood**: 21/23. A baby is thrown out of a car. (S6)
- 11.00 **Law & Order: Special Victims Unit** (S6)
- 12.55 AM **Blindspot** (S2)
- 3.35 to 4.00 AM **Criminals: Caught on Camera**

+1 hr 241/269 320/362 130

## 5STAR

128/129 126 32 131

- 8.00 AM Dirty Home Rescue
- 9.00 Bargain-Loving Brits in the Sun Double bill.
- 11.00 Traffic Cops
- 2.00 PM Police Interceptors
- 5.00 **Shoplifters & Scammers: At War with the Law**
- 6.00 Home and Away
- 7.00 GPs: Behind Closed Doors Medical series.
- 8.00 **Casualty 24/7: Every Second Counts** A mini-heatwave results in an influx of patients.
- 9.00 **FILM Bridget Jones's Diary** Comedy. (2001, 15, 96min) ★★★★★
- 11.05 **FILM Final Destination 2** Horror thriller sequel. (2003, 15, 90min) ★★
- 12.55 AM **Trauma Room One Casualty 24/7**: Every Second Counts
- 2.45 GPs: Behind Closed Doors Medical series.
- 3.35 to 4.00 AM Home and Away

+1 hour 228/229 326 140

## 5Action

150 130 33 132

- 9.00 AM Trucking Hell
- 10.00 Traffic Cops
- 11.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
- 12.00 NOON **FILM The Gunfighter** Vintage Western. (1950, b/w, U, 84min) ★★★★★
- 1.55 PM **FILM Pork Chop Hill** Wartime drama. (1959, b/w, PG, 94min) ★★★★★
- 4.00 Trucking Hell
- 5.00 Traffic Cops
- 6.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
- 7.00 **Police Interceptors**
- 9.00 **Police: Night Shift 999**
- 10.00 **Motorway: Hell on the Highway** Disasters caused by drivers making high-risk manoeuvres.
- 11.05 **Terror at 30,000 Feet**
- 12.05 AM **Doomsday: Caught on Camera**
- 1.05 **Fights, Camera, Action!**
- 2.05 Trucking Hell
- 3.55 to 4.00 AM Entertainment News

+1 hour 232/233 325

## U&W

132/133 827 125 25 156

- 6.10 AM Inside the Ambulance
- 7.00 **Property Brothers: Forever Homes**
- 8.00 Tipping Point
- 11.00 **DIY SOS**
- 12.00 NOON **DIY SOS: The Big Build**
- 1.00 PM Tipping Point
- 4.00 **Property Brothers: Forever Homes**
- 6.00 **DIY SOS at Great Ormond Street Hospital**
- 7.00 **MasterChef Australia: Dessert Masters** New edition The contestants face their coolest elimination yet with an icy Mystery Box.
- 8.00 **Inside the Ambulance: Coast and Country**
- 9.00 **999 Rescue Squad**
- 11.00 **Gavin & Stacey** Triple bill of the sitcom.
- 1.00 AM **One Born Every Minute** Documentary.
- 1.50 to 3.00 AM **20 Kids and Counting**

+1 hour 243 316 60

7 PM

8 PM

9 PM

10 PM



## Really

142 128 17 145

- 6.00 AM Fantasy Homes by the Sea In Whitstable.
- 7.00 Teleshopping
- 8.00 Salvage Hunters
- 10.00 A Place in the Sun
- 12.00 NOON Money for Nothing Double bill.
- 2.00 PM The Repair Shop
- 3.00 Antiques Road Trip
- 5.00 The Yorkshire Auction House Double bill.
- 7.00 Celebrity Antiques Road Trip Double bill.
- 9.00 Death Walker with Nick Groff **New edition** At Hinsdale House, Nick and Tessa try to connect with an elusive spirit.
- 10.00 Ghost Adventures: Devil Island **New edition** Exploring Angel Island in San Francisco.
- 12.00 MT Celebrity Help! My House Is Haunted
- 1.00 AM Unexplained: Caught on Camera
- 2.00 Teleshopping
- 4.00 to 6.00 AM Salvage Hunters

## DMAX

159 169 39 147

- 6.00 AM Alaska: Last Frontier Documentary.
- 7.00 Building Off the Grid
- 8.00 Outback Opal Hunters
- 9.00 Deadliest Catch
- 11.00 Destroyed in Seconds
- 11.30 Wheeler Dealers
- 11.45 **LIVE** Snooker: Northern Ireland Open The opening quarter-finals.
- 6.00 PM Deadliest Catch
- 7.00 Alaska: Last Frontier
- 8.00 Alaska: Homestead Rescue Documentary.
- 9.00 Drew's Dream Car Drew Scott enlists the help of Ant Anstead.
- 10.30 Wheeler Dealers: Stripped Down
- 11.00 Aussie Gold Hunters
- 12.00 MT Naked and Afraid
- 1.00 AM Alaskan Bush People Documentary.
- 2.00 Teleshopping
- 4.00 Building Alaska
- 5.00 to 6.00 AM Maine Cabin Masters

+1 hour 259 369 153

## HGTV

158 191 44 149

- 7.00 AM Building Alaska
- 8.00 Escape to the Country
- 9.00 A Place in the Sun
- 10.00 Escape to the Country
- 11.00 A Place in the Sun
- 12.00 NOON My Lottery Dream Home
- 2.00 PM A Place in the Sun
- 3.00 Escape to the Country
- 5.00 A Place in the Sun
- 8.00 Derelict Rescue A couple plan to turn a 19th-century church into a luxury holiday let.
- 9.00 The Great Pottery Throw Down
- 10.00 The Great British Sewing Bee
- 11.30 My Lottery Dream Home A family of six saving for their first home won \$100,000.
- 12.00 MT Bargain Mansions
- 1.00 AM Building Alaska
- 2.00 Flip or Flop Double bill.
- 3.00 to 4.00 AM My Lottery Dream Home

+1 hour 258/262 391

## Challenge

145 139 48 142

- 7.00 AM The Chase
- 10.00 Weakest Link
- 11.00 Pointless Celebrities
- 12.00 NOON The Chase
- 1.00 PM Family Fortunes
- 3.00 Catchphrase
- 4.00 Blockbusters
- 5.00 Bullseye
- 7.00 Cash Trapped Quiz hosted by Bradley Walsh.
- 8.00 The Chase Double bill of the general knowledge quiz show hosted by Bradley Walsh.
- 10.00 Classic Who Wants to Be a Millionaire? Big-money quiz show hosted by Chris Tarrant.
- 11.00 Bullseye Double bill of the darts-based quiz.
- 12.00 MT Who Wants to Be a Millionaire: New Year Special A special edition of the big-money quiz.
- 1.00 AM Cash Trapped
- 2.00 The Chase Double bill.
- 3.50 Classic Who Wants to Be a Millionaire? Quiz.
- 4.45 to 6.00 AM Bullseye

## Food Network

140/141 190 43 148

- 6.00 AM Barefoot Contessa
- 7.00 The Pioneer Woman
- 8.00 30 Minute Meals
- 9.00 James Martin: Delicious
- 10.00 Tom Kerridge Secrets of the Pub Kitchen
- 10.30 More Sunday Lunch
- 11.00 Bobby and Giada in...
- 12.00 NOON Halloween Baking Championship **New editions** Double bill.
- 2.00 PM James Martin: Delicious Double bill.
- 3.00 Good Mood Food
- 4.00 The Pioneer Woman
- 5.00 Girl Meets Farm
- 6.00 Bobby and Giada in Italy Pecorino cheese.
- 7.00 Great British Bake Off
- 8.00 Good Mood Food
- 9.00 James Martin's French Adventure
- 11.00 Diners, Drive-Ins and Dives Double bill.
- 12.00 MT Grocery Games
- 1.00 to 3.00 AM Halloween Baking Championship

+1 hour 240/241 154

## TLC

133/134 828 165

- 7.00 AM Extreme Couponing
- 8.00 Flip or Flop
- 9.00 Say Yes to the Dress: UK Double bill.
- 10.00 Dr Pimple Popper
- 11.00 1000-lb Sisters
- 12.00 NOON Unexpected: Teenage & Pregnant
- 1.00 PM I Love a Mama's Boy
- 2.00 Return to Amish
- 3.00 My Lottery Dream Home Double bill.
- 4.00 Outdaughters
- 5.00 1000-lb Sisters
- 6.00 Dr Pimple Popper
- 7.00 1000-lb Sisters
- 8.00 Trixie Motel **New edition** Trixie takes on the Yeehaw Cowgirl room.
- 9.00 Home Town
- 10.00 Sex Sent Me to the ER
- 12.00 MT Body Bizarre
- 1.00 AM Extreme Couponing
- 2.00 Sex Sent Me to the ER
- 4.00 1000-lb Sisters
- 5.00 to 6.00 AM Extreme Cheapskates

+1 hour 233/234 365

## GREAT! action

323 426 42

- 8.00 AM Police Ten 7
- 9.00 **FILM** The Texas Rangers Western. (1951, U, 75min) ★★★
- 10.45 The Blitz on Berlin
- 12.00 NOON Wanted: Dead or Alive Double bill.
- 1.00 PM **FILM** Bullet for a Badman Western. (1964, PG, 80min) ★★
- 2.50 **FILM** Hellfighters Action adventure. (1969, PG, 120min) ★★
- 5.25 Wanted: Dead or Alive
- 6.25 Wild West Chronicles
- 7.05 **FILM** Earthfall Thriller. (2015, 12, 89min) ★★
- 9.00 **FILM** Tears of the Sun Drama with Bruce Willis. (2003, 15, 121min) ★
- 11.30 **FILM** Sniper: Legacy Action thriller sequel. (2014, 15, 94min) ★★
- 1.40 AM **FILM** Storm Cell Sci-fi disaster movie. (2008, 12, 130min) ★
- 3.50 to 5.00 AM War Machines

+1 hour 324

## Legend

148 149 41 137

- 8.00 AM Walker, Texas Ranger 21/25. (S7)
- 9.00 The A-Team 9/25. (S3)
- 10.00 MacGyver 4/20. (S3)
- 11.00 **FILM** Megalodon Thriller. (2018, 15, 105min) ★
- 1.00 PM **FILM** The Creature Walks Among Us Thriller sequel. (1956, b/w, PG, 75min) ★★
- 2.30 **FILM** Gold Adventure. (1974, 12, 124min) ★★
- 5.00 Star Trek 23/30. (S1)
- 6.00 MacGyver 5/20. (S3)
- 7.00 The A-Team 10/25. (S3)
- 8.00 Walker, Texas Ranger
- 9.00 **FILM** Daylight Adventure with Sylvester Stallone. (1996, 12, 114min) ★★★
- 11.15 **FILM** The Fog Thriller. (1979, 15, 90min) ★★★
- 1.05 AM **FILM** An American Werewolf in Paris Horror thriller sequel. (1997, 15, 102min) ★★
- 3.00 to 4.50 AM **FILM** Beware My Brethren Thriller with Tony Beckley. (1972, 15, 98min) ★★

## Comedy Central

112/113 812 132 345 360

- 8.00 AM Most Ridiculous
- 9.00 Impractical Jokers: Dinner Party
- 10.00 Whose Line Is It Anyway? USA
- 11.00 New Girl (S4)
- 1.00 PM Friends (S10)
- 7.00 Friends 17&18/18. The last-ever episode. Rachel gets ready to start a job in Paris. (S10)
- 8.00 Whose Line Is It Anyway? USA **New editions** Double bill.
- 9.00 Lee Evans: Live in Scotland Stand-up.
- 10.30 Michael McIntyre: Live & Laughing Stand-up
- 11.30 Whose Line Is It Anyway? USA
- 2.00 AM Out of Order: Best Bits Highlights.
- 3.00 Key & Peele
- 3.25 Ugly Americans (S2)
- 3.45 The Daily Show **New edition** Talk show.
- 4.10 to 5.00 AM Friends

+1 hour 212/213 332

## GREAT! movies

321 425 34

- 9.00 AM **FILM** I Almost Married A Serial Killer Thriller. (2019, 12) ★★
- 11.00 **FILM** A Stolen Past Drama. (2018, 12) ★★
- 12.55 PM **FILM** A Deadly Obsession Thriller. (2012, 12, 88min) ★★
- 3.00 **FILM** Stonados Drama. (2013, PG, 90min) ★
- 5.00 **FILM** Fire Twister Thriller. (2015, 12, 90min) ★
- 7.00 **FILM** Charlie's Angels Comedy thriller. (2000, 15, 97min) ★★★★★
- 9.00 **FILM** Source Code Sci-fi thriller. (2011, 12, 89min) ★★★★★
- 11.00 **FILM** Predestination Sci-fi thriller. (2014, 15, 98min) ★★★★★
- 1.00 AM **FILM** The Forger Crime action thriller. (2014, 15, 92min) ★★
- 3.00 Wild West Chronicles
- 4.00 to 6.00 AM **FILM** My Terrorised Teen Thriller. (2021, PG, 90min) ★★

+1 hour 322

## Legend Xtra

317 171 69 138

- 6.00 AM Category 7: The End of the World
- 8.00 **FILM** The Last Sharknado: It's About Time Sci-fi adventure. (2018, 15, 90min) ★★
- 10.00 Andromeda 8/22. (S3)
- 11.00 Category 7: The End of the World
- 1.00 PM **FILM** Premonition Supernatural thriller. (2004, 15, 90min) ★★
- 3.00 Andromeda 8/22. (S3)
- 4.00 Knight Rider 17/24. (S2)
- 5.00 Category 7: The End of the World
- 7.00 Andromeda 9/22. (S3)
- 8.00 Knight Rider 18/24. (S2)
- 9.00 **FILM** Commandos World War Two adventure starring Lee Van Cleef. (1968, 18, 112min) ★★
- 11.00 **FILM** The House That Dripped Blood Horror starring Ingrid Pitt. (1970, 12, 101min) ★★
- 1.00 to 3.00 AM **FILM** Commandos (1968)

+1 hour 318 371 139

## Comedy Cen. Extra

127/128 154

- 6.00 AM Friends (S9)
- 7.00 Teleshopping
- 9.00 Becker 8&9/13. (S6)
- 10.00 Friends (S9&1)
- 1.00 PM Most Ridiculous
- 2.00 Criminally Funny
- 3.30 Impractical Jokers: Dinner Party
- 4.00 Daria 12&13/13. (S4)
- 5.00 Becker 8&9/13. (S6)
- 6.00 Home Improvement
- 7.00 Last Man Standing
- 8.00 New Girl 13&14/22. (S4)
- 9.00 **FILM** Walk Hard: The Dewey Cox Story Spoof musical biopic starring John C. Reilly. (2007, 15, 92min) ★★
- 10.45 Friends 19-22/24. (S9)
- 12.50 AM Michael McIntyre's Big Show Variety show.
- 1.50 Rhod Gilbert's Growing Pains With Jack Dee.
- 2.50 Jimmy Carr: Stand Up
- 3.40 Teachers 5/20. (S2)
- 4.00 Dara O Briain: Voice of Reason Stand-up show.
- 5.15 to 6.00 AM Michael McIntyre's Big Show

## GREAT! christmas

319 424 52

- 8.00 AM **FILM** A Bride for Christmas Drama. (2012, PG, 90min) ★★
- 10.00 **FILM** Love You Like Christmas Drama. (2016, U, 88min) ★★
- 12.00 NOON **FILM** My Christmas Dream Drama. (2016, PG) ★★
- 2.00 PM **FILM** Christmas Joy Drama. (2018, U) ★★
- 4.00 **FILM** Charming Christmas Drama. (2015, PG, 85min) ★★
- 6.00 **FILM** Her Magical Christmas Drama. (2017, PG, 90min) ★★
- 8.00 **FILM** Jingle Around the Clock (2018, PG) ★★
- 10.00 **FILM** A Song for Christmas Drama. (2017, PG, 90min) ★★
- 12.00 MT **FILM** Christmas Collision (2021, PG) ★★
- 2.00 AM Highway to Heaven
- 3.00 to 5.00 AM **FILM** Santa's Summer House Comedy. (2012, PG) ★★

+1 hour 320 63

## Blaze

164 174 64 161

- 6.00 AM Dickinson's Real Deal From Conleton.
- 6.40 Pawn Stars
- 7.30 Auction Hunters
- 7.55 Storage Wars
- 8.55 Hardcore Pawn
- 10.15 UFOs: Lost Evidence
- 11.10 Weird Britain
- 12.10 PM Mysteries from Above An island linked to aviation mysteries.
- 1.05 The UnXplained with William Shatner
- 2.05 Pawn Stars
- 3.05 Storage Wars
- 4.00 Ancient Aliens
- 6.00 UFOs: Lost Evidence
- 7.00 Pawn Stars
- 8.00 Dickinson's Real Deal
- 9.00 An Unknown Compelling Force
- 11.10 Royal Autopsy
- 12.10 AM Weird Britain
- 1.05 UFOs: Lost Evidence
- 2.00 Weird Britain
- 3.00 Hardcore Pawn
- 3.25 Flipping Bangers
- 4.10 to 6.00 AM Ancient Aliens

## Sky Replay

152 156

- 7.00 AM Sixth Sense with Colin Fry Double bill.
- 8.00 Four Weddings
- 10.00 Merlin 13/13. (S1)
- 11.00 Motorway Patrol
- 12.00 NOON Caught on Dashcam Documentary.
- 1.00 PM Border Security: America's Front Line
- 2.00 Most Haunted
- 4.00 Departure 4/6. (S3)
- 5.00 Brit Cops: Law & Disorder Documentary.
- 6.00 The Real A&E
- 7.00 Merlin 13/13. (S1)
- 8.00 Border Security: America's Front Line
- 9.00 Day of the Dead (S1)
- 10.00 Motorway Patrol
- 11.00 Magnum P.I. 7/20. (S4)
- 12.00 MT Merlin 13/13. (S1)
- 1.00 AM The Russell Howard Hour
- 2.00 A League of Their Own
- 3.00 Duck Quacks Don't Echo Lee Mack hosts.
- 4.00 Four Weddings
- 5.00 to 6.00 AM Sixth Sense with Colin Fry

## Rewind TV

182 95

- 6.45 AM Highlights
- 10.00 That's My Dog
- 10.30 A Fine Romance (S1)
- 11.00 Watching 7/9. (S4)
- 11.30 Time After Time (S1)
- 12.00 NOON Sherlock Holmes
- 12.30 PM Shine On Harvey Moon 2/6. (S1)
- 1.00 Space 1999 3/24. (S1)
- 2.00 **FILM** Till the Clouds Roll By Musical biopic. (1946, U, 137min) ★★
- 4.30 Worzel Gummidge Down Under (S1)
- 5.00 That's My Dog
- 5.30 The Optimist (S1)
- 6.00 Surgical Spirit (S1)
- 6.30 The Cuckoo Waltz (S1)
- 7.00 The Beiderbecke Affair
- 8.00 Jason King 9/26. (S1)
- 9.00 The Prisoner 17/17. (S1)
- 10.00 Hammer House of Horror 10/13. (S1)
- 11.00 Thriller 5/10. (S1)
- 12.30 AM Chelmsford 123
- 1.00 **FILM** God Told Me To Thriller. (1976, 15) ★★
- 3.00 to 6.00 AM Highlights

## SSELECT

153 138 46 133

- 9.00 AM The Yorkshire Vet
- 3.00 PM Murder, She Wrote
- 4.00 Columbo
- 5.30 Eggheads Quiz show.
- 6.00 Ben Fogle: New Lives in the Wild Ben revisits the Watkinson family, who gave up their careers to live on a mountainside on the Pembrokeshire coast.
- 7.00 Ben travels to Restoration Island on Australia's Great Barrier Reef to visit former businessman David.
- 8.00 Carry On: Secrets & Scandals Behind-the-scenes stories.
- 9.30 Sid James: Comedy Icon A profile of the comedy actor.
- 11.00 Prisoner: Cell Block H
- 1.00 AM Forged in Fire
- 2.55 Forged in Fire Tournament of Champions
- 3.35 to 4.00 AM Walking Wartime Britain

## MTV

126/127 824 134

- 6.00 AM Daria 8/13. (S3)
- 6.20 Teen Mom 2
- 7.10 Dallas Cowboys Cheerleaders
- 11.00 Catfish: The TV Show
- 1.00 PM Catfish: The TV Show Six editions.
- 7.00 Dallas Cowboys Cheerleaders
- 8.00 Teen Mom UK Sassi continues to struggle with Darren's new life.
- 9.00 Teen Mom: The Next Chapter Roxanne returns home from a treatment facility.
- 10.00 Criss Angel: BeLIEve The magician reveals the creative process behind his illusions and stunts.
- 11.00 Caught in the Act: Unfaithful Vanna asks Tami Roman for help.
- 12.00 MT Yo! MTV Raps Classic Celebrating 2Pac.
- 1.00 AM Gonzo with Jack Saunders
- 2.00 Ink Master Double bill.
- 3.35 to 4.00 AM Teen Crips

Friday



## Discovery

125/126 823 177 320 325

- 6.00 AM Wheeler Dealers World Tour A McLaren P1 build.
- 7.00 How It's Made: Dream Cars
- 8.00 Lone Star Law
- 9.00 Baggage Battles
- 10.00 How Do They Do It?
- 11.00 Wheeler Dealers
- 1.00 PM Alaska: Homestead Rescue Double bill.
- 3.00 Gold Rush: Parker's Trail
- 4.00 The Last Alaskans
- 5.00 Gold Divers Part one of two. With a big storm approaching, the fleet race to mine.
- 6.00 How Do They Do It?



9.00 Expedition Bigfoot

7.00 Gold Rush: Mine Rescue with Freddy & Juan Amidst Arizona's monsoon season, Freddy and Juan must fix an operation.

8.00 Wheeler Dealers Mike is seduced by a Land Rover Discovery Mk1 with low mileage, a leaking sunroof and rust issues.

9.00 Expedition Bigfoot **New edition** The team use new methods to find Bigfoot in Northern California's backcountry.

10.00 Expedition X **New edition** Heather and Phil continue their investigation of Savannah, USA's most haunted city.

11.00 Roadworthy Rescues Derek teams up with his brother to convert a Oldsmobile F-85.

12.00 MT Expedition Bigfoot The team investigate a shapeshifting creature.  
1.00 AM As 9.00pm.  
2.00 Expedition X As 10.00pm.  
3.00 to 5.00 AM Alaska: Homestead Rescue

+1 hour 225/226 377

## Animal Planet

162/175 178

- 8.00 AM Insane Pools: Off the Deep End A dream backyard.
- 9.00 Crikey! It's the Irwins
- 10.00 Dr Jeff: Rocky Mountain Vet
- 12.00 NOON Insane Pools: Off the Deep End At a bird sanctuary.
- 1.00 PM Crikey! It's the Irwins
- 2.00 The Aquarium Double bill.
- 4.00 Dr Jeff: Rocky Mountain Vet Dr Jeff and Dr Petra team up to save a cat hit by a car.
- 5.00 The team race to save a stray dog near a motorway.
- 6.00 Insane Pools: Off the Deep End Creating a tropical oasis.



7.00 Crikey! It's the Irwins

7.00 Crikey! It's the Irwins Terri and Bindi join the team at the Australia Zoo Wildlife Hospital as they treat a range of animals.

8.00 Insane Pools: Off the Deep End The crew create a giant double-pool with a connecting stream and customised surprises.

9.00 Monsters Inside Me A parasite eats the leg of a boy, while another infects a couple, placing a strain on their lives.

10.00 Alaska: The Last Frontier Eve and Eivin find a boat that has capsized during a storm and search for survivors.

11.00 Monsters Inside Me A neuro-psychiatrist suffers multi-organ failure.  
12.00 MT Growing Up: Clouded Leopard Documentary.  
1.00 AM Alaska: The Last Frontier  
2.00 Dr Jeff: Rocky Mountain Vet  
4.00 to 5.00 AM Insane Pools: Off the Deep End

+1 hour 262/275 378

## Nat Geographic

129/130 825 183

- 8.00 AM Food Factory USA
- 8.30 Food Factory
- 9.00 The Forever Walk: China
- 10.00 Nazi Megastructures
- 11.00 Ice Road Rescue
- 12.00 NOON Car S.O.S
- 1.00 PM Inside Sydney Airport
- 2.00 Air Crash Investigation
- 3.00 Drain the Oceans: Secrets of the Spanish Armada
- 4.00 Hitler's Last Stand
- 5.00 Car S.O.S An Escort RS.
- 6.00 World War II: Secrets from Above A daring attack on the Nazi-occupied Netherlands.



9.00 Hitler's Last Stand

7.00 Air Crash Investigation A private jet loses control, and air traffic control are unable to contact it.

8.00 World War II: Secrets from Above The story of the Battle for Poland, including the desperate fight to save Warsaw.

9.00 Hitler's Last Stand An American soldier crawls through a minefield to capture German machine gun nests.

10.00 Defending Europe Spanish historian Claudio Lozano reveals how Cádiz resisted attacks from Queen Elizabeth I.

11.00 Air Crash Investigation  
12.00 MT Plane Crash Recreated  
1.00 AM Ultimate Airport Dubai  
2.00 Lords of War Searching for military pieces in Pasadena.  
2.30 Bid & Destroy  
2.55 Money Meltdown  
3.20 Food Factory Double bill.  
4.10 to 5.00 AM Trials of the Wild

+1 hour 229/230 383

## Sky History

123/124 821 131 353 368

- 6.00 AM American Pickers
- 7.00 WW2 Treasure Hunters
- 8.00 The UnXplained with William Shatner
- 10.00 Mountain Men: Alaska
- 12.00 NOON Secrets of Great British Castles Double bill.
- 2.00 PM Storage Wars
- 4.00 Pawn Stars Triple bill of editions, including at:  
5.30 Revolutionary war documents signed by King George III show up in the shop.
- 6.00 American Pickers The world's most famous hamburger icon.



9.00 Ancient Aliens

7.00 Forged in Fire Four bladesmiths must forge a fully functional serrated knife using steel from hand scissors.

8.00 Britain's Most Historic Towns Exploring the World War Two history of Dover, visiting an underground base.

9.00 Ancient Aliens **New edition** How the search for extraterrestrial intelligence is ramping up like never before.

10.00 Weird Britain Searching for dragons in Somerset and visits the grave of Arthur and Guinevere in Glastonbury Abbey.

11.00 Weird Britain Andy McGrath explores Wiltshire's mysterious megaliths and barrows.  
12.00 MT Storage Wars  
2.00 AM Clash of Ancient Warriors The Battle of the Catalaunian Plains.  
3.00 Britain's Most Historic Towns  
4.00 to 6.00 AM Pawn Stars

+1 hour 223/224 331

## U&Yesterday

155 846 129 27 159

- 6.10 AM Secrets of the London Underground Double bill.
- 8.00 Abandoned Engineering
- 10.00 Narrow Escapes of World War II Erich von Manstein.
- 11.00 World War Weird
- 12.00 NOON Great Canal Journeys
- 1.00 PM Antiques Roadshow
- 2.00 Bangers & Cash: Restoring Classics Double bill.
- 4.00 Narrow Escapes of World War II The siege of Kohima.
- 5.00 World War Weird
- 6.00 Antiques Roadshow From Towneley Hall near Burnley.



8.00 Along the US-Mexico...

7.00 Guy Martin's Battle of Britain Part one of two. The presenter experiences the training of a World War Two fighter pilot.

8.00 Sue Perkins: Along the US-Mexico Border Part one of two. Sue finds out what life is like on both sides of the divide.

9.20 Robson Green's Weekend Escapes With actor Melanie Hill.  
9.50 The actor is joined by his Uncle Matheson.

10.20 Bangers & Cash: Restoring Classics Derek picks out a solid-looking 1969 MGB for the team to look out for at auction.

11.20 Abandoned Engineering A long-range beacon that transmitted one of the most infamous messages in history.  
12.20 AM Great Continental Railway Journeys Michael Portillo travels from Sofia to Istanbul.  
1.20 to 3.00 AM Secrets of the London Underground

+1 hour 255 329 74

## Quest

144 834 137 12 150 144

- 6.00 AM Chasing Classic Cars
- 8.00 American Pickers
- 9.00 Aussie Gold Hunters
- 11.00 The Repair Shop
- 12.00 NOON Chasing Classic Cars Triple bill.
- 2.00 PM Shed and Buried
- 3.00 Find It, Fix It, Flog It
- 5.00 Wheeler Dealers
- 7.00 Salvage Hunters: Classic Cars
- 8.00 Aussie Gold Hunters
- 9.00 Saving Lives at Sea
- 10.00 Ambulance The North West Ambulance Service crews treat a 19-year-old who has been self-harming.
- 11.00 The Repair Shop Steve Fletcher and Dominic China restore a clock.
- 12.00 MT Find It, Fix It, Flog It A 1970s motorbike.  
1.00 AM Wheeler Dealers  
3.00 How Do They Do It?  
4.00 to 5.00 AM How It's Made

+1hr 244 337 70 151

## Quest Red

149 168 40 146

- 6.00 AM Say Yes... UK
- 7.00 Say Yes... Lancashire
- 8.00 Say Yes to the Dress
- 10.00 Say Yes... Atlanta
- 11.00 Say Yes... UK
- 12.00 NOON Forensic Detectives True-crime.
- 1.00 PM Evil Lives Here: Shadows of Death
- 2.00 Murder on CCTV
- 3.00 10 Steps to Murder
- 4.00 American Monster
- 6.00 Murder in the Heartland The case of Mary Klatt, who was strangled to death.
- 7.00 Faking It: Tears of a Crime The case of TV weatherman Fred Talbot.
- 8.00 Murder on CCTV
- 10.00 The 1980s: The Deadliest Decade
- 12.00 MT Nightmare Next Door Double bill.
- 2.00 AM Murder Comes to Town Crime series.
- 3.00 to 4.00 AM FBI Files

+1 hour 249 152

## True Crime

146 148 67 135

- 9.00 AM Judge Judy
- 1.00 PM Judge Judy
- 7.00 Fraud Squad
- An accounts worker at a cancer hospital syphons a large amount of money.
- 8.00 Uncovering Melanie's Murderer How DNA profiling can enhance traditional investigative techniques.
- 9.00 Snapped: Killer Couples Investigators embark on a three-decade quest for justice.
- 10.00 Cold Justice Kelly Siegler and Steve Spingola head to Wisconsin to investigate a homicide.
- 11.00 To Catch a Killer
- 12.00 MT Crimes That Shook Australia Documentary.
- 1.00 AM Snapped: Killer Couples As 9.00pm.
- 2.00 Cold Justice
- 3.00 Medical Detectives
- 4.00 to 6.00 AM Judge Judy

+1 hour 246 348 136

## True Crime Xtra

147 172 68 134

- 9.00 AM 48 Hours
- 11.00 Medical Detectives
- 1.00 PM Medical Detectives
- 2.00 48 Hours
- 3.00 The Day I Should Have Died Declan Brady.
- 4.00 Medical Detectives Vital evidence helps detectives with a case.  
4.30 How a forensic anthropologist found the truth about a death.  
5.00 A woman's body is found 20 years after her disappearance.  
5.30 A pipe bomb detonates in a rural home, killing a man.  
6.00 Police dogs trace a killer's scent and reveal a twisted perpetrator.  
6.30 How detectives caught a murder suspect within 12 hours.
- 7.00 Judge Judy Real-life small-claims cases.
- 12.05 AM Judge Judy  
4.45 to 6.00 AM Medical Detectives

+1 hour 222/223 321

## Sky Crime

122/123 820 121 349 364

- 6.00 AM Highway Patrol
- 7.00 Road Wars
- 8.00 Stop, Search, Seize
- 9.00 Brit Cops: Frontline Crime UK Documentary.
- 10.00 Motorway Patrol
- 11.00 Murders That Shocked... NOON How I Caught the Killer Crime series.
- 1.00 PM Killer in My Village
- 2.00 Murdered at First Sight
- 3.00 World's Most Evil Killers
- 4.00 Britain's Most Evil Killers
- 5.00 How I Caught the Killer
- 6.00 Murders That Shocked the Nation
- 7.00 World's Most Evil Killers
- 8.00 Britain's Most Evil Killers
- 9.00 Beware the Slenderman
- 11.00 Forensics: Catching the Killer Sarah Payne.  
1.10 AM The Real Manhunter
- 2.05 Snapped Documentary.
- 3.00 Murder Uncut
- 4.00 UK Border Force
- 5.00 to 6.00 AM Motorway Patrol

+1 hour 222/223 321

7 PM

8 PM

9 PM

10 PM



## Sky Documentaries

121/122 819 188 352 367

- 6.00 AM The 2010s
- 7.00 Discovering: Maggie Smith
- 8.00 The Directors
- 9.00 The Vietnam War
- 10.00 Laurel and Hardy: Their Lives and Magic
- 12.00 NOON AKA Mr Chow
- 1.50 PM My Icon: Michael Campbell
- 2.00 Natalie Wood: What Remains Behind A unique insight into the movie star's life, from her daughter's perspective.
- 4.00 The Directors
- 5.00 Discovering: Maggie Smith
- 5.55 The Vietnam War
- 7.00 Chimp Crazy 3/4. Alan Cumming doubles the reward for news of Tonka's whereabouts.
- 8.00 UFO 4/4. Psychiatrist John Mack's investigation into claims of alien abduction.
- 9.00 I Am Johnny Cash A profile of the country singer-songwriter.
- 10.45 The Zen Diaries of Garry Shandling 1&2/2. An intimate portrait of the iconic comedian.
- 3.20 AM Reopening Night
- 5.00 to 6.00 AM Discovering: Maggie Smith

## Crime+Investigation

156 837 133

- 6.00 AM On the Case with Paula...
- 7.00 Homicide Hunter
- 8.00 The First 48
- 9.00 Killer Britain with Dermot...
- 10.00 Imperfect Murder
- 11.00 Somebody's Hiding Something
- 12.00 NOON Vanished: The Jennifer Dulos Story
- 1.00 PM Murdered By Morning
- 2.00 Imperfect Murder
- 3.00 Killer USA
- 4.00 Killer Britain with Dermot Murnaghan
- 5.00 Homicide: Hours to Kill
- 6.00 On the Case with Paula Zahn
- 7.00 The First 48
- 8.00 Imperfect Murder **New edition**
- 9.00 Undercover: Caught on Tape
- 10.00 Taking the Stand
- 11.00 Homicide Hunter
- 12.00 MT Britain's Darkest Taboos
- 1.00 AM Murdered By Morning
- 2.00 Killer Britain with Dermot...
- 3.00 Imperfect Murder
- 4.00 Killer USA
- 5.00 to 6.00 AM Somebody's Hiding Something

+1 hour 256 333

## U&Eden

166 176 57 160

- 9.00 AM Steam Train Britain
- 11.00 The Architecture the Railways Built Four editions.
- 3.00 PM Steam Train Britain
- 5.00 The Architecture the Railways Built Four editions, including at:
- 7.00 Tim Dunn finds out how two rail companies fought to be first to get to Queen Victoria.
- 8.00 In London, Tim explores the stations of the Piccadilly Line's northern extension.
- 9.00 Hornby: A Model World Pete Waterman is commissioned to construct a monster layout.
- 10.00 Airfix designer Paramjit attempts to shrink an original Mosquito to 1:72 scale.
- 11.00 The model-making company opens its doors.
- 12.00 MT Anthony Bourdain: Parts Unknown Double bill.
- 2.00 AM Steam Train Britain
- 3.45 The Architecture the Railways Built Double bill of editions.
- 5.20 to 6.00 AM David Attenborough's Natural Curiosities

+1 hour 266 376

## Sky Nature

124/125 822 189 354 369

- 6.00 AM Great Blue Wild
- 7.00 Monkey Life
- 8.00 Hope for Wildlife
- 9.00 Secret Life of the Wombat
- 10.00 Africa's Wild Year
- 11.00 Big Cat Country
- 12.00 NOON Whale with Steve Backshall Documentary.
- 1.00 PM Monkey Life
- 2.00 Hope for Wildlife
- 3.00 Secret Life of the Wombat
- 4.00 Africa's Wild Year
- 5.00 Uptown Otters
- 6.00 Whale with Steve Backshall
- 7.00 Monkey Life Double bill.
- 8.00 Wildlife ER A spoonbill gets corrective shoes.
- 9.00 Super Shark Highway The team test new migration tech.
- 10.00 Whale with Steve Backshall
- 11.00 Uptown Otters
- 12.00 MT Jaguar Journals
- 1.00 AM Shark Squad
- 2.00 Wildlife ER As 8.00pm.
- 3.00 Super Shark Highway
- 4.00 Hope for Wildlife
- 5.00 to 6.00 AM Land of the Far North

## WILD

165 841 182

- 8.00 AM Yukon Vet
- 9.00 Fish Tank Kings
- 10.00 Soul of the Ocean
- 11.00 Animals Gone Wild
- 12.00 NOON The Incredible Dr Pol
- 1.00 PM Yukon Vet
- 2.00 Sharks of Pirate Island
- 3.00 Sharks vs The World
- 4.00 Secrets of the Zoo: Tampa
- 5.00 Monster Fish
- 6.00 Snakes in the City Snake catchers search for a potentially venomous snake.
- 7.00 Yukon Vet A dog that survived a fire needs treatment for a bite.
- 8.00 Africa's Deadly Kingdoms The reef systems on Africa's southern coastline, which are home to a wide range of marine creatures who must compete with each other to survive.
- 9.00 Savage Kingdom Animals battle for survival in a remote region of Africa.
- 10.00 Alaska: The Next Generation
- 12.00 MT When Sharks Attack
- 2.00 AM Yukon Vet
- 3.00 Secrets of the Zoo: Tampa
- 4.00 to 5.00 AM Yukon Vet

## ID

154 166

- 6.00 AM Betrayed
- 7.00 Teleshopping
- 8.00 Betrayed
- 9.00 The Killer Closer
- 11.00 Murder Chose Me
- 1.00 PM Evil Stepmothers
- 3.00 Evil Twins
- 5.00 Homicide City
- 7.00 Evil Lives Here: Shadows of Death Focusing on the case of Frank Buschauer, who was convicted of drowning his wife Cynthia Hrisco in 2000.
- 8.00 In 1980, a college freshman fails to return home after a night out.
- 9.00 Heart of Darkness The murder of divorcée Stacie Smith, who was found dead in her kitchen.
- 10.00 The Playboy Murders The story of Jill Ann Spaulding, who wrote a tell-all book.
- 11.00 Who the (Bleep) Did I Marry?
- 12.00 MT Deadly Women
- 2.00 AM Homicide City
- 4.00 to 6.00 AM Evil Lives Here: Shadows of Death

+1 hour 254 366

## Sky History 2

163/168 840 186

- 6.00 AM Ancient Aliens
- 8.00 Phantom Signals
- 9.00 Secrets of the Viking Stone
- 10.00 History of Weapons
- 11.00 Ancient Aliens
- 1.00 PM Instruments of Death
- 2.00 AI Murray: Why Do the Brits Win Every War?
- 3.00 Close Encounters
- 4.00 Lost Gold of the Aztecs
- 5.00 Secrets of the Viking Stone
- 6.00 The Food That Built the World
- 7.00 Digging for Britain
- 8.00 Cities of the Underworld
- 9.00 Close Encounters Police in Texas investigate a flying object.
- 9.30 Three men in Brazil find their close encounter has lasting repercussions.
- 10.00 Craig Charles: UFO Conspiracies Examining a case of an alien abduction reported in the UK in 1980.
- 11.00 Dark Marvels: Killing Machines
- 12.00 MT Ancient Aliens
- 2.00 AM Digging for Britain
- 3.00 Instruments of Death
- 4.00 to 6.00 AM AI Murray: Why Do the Brits Win Every War?

## Discovery History

174 181

- 6.00 AM NASA's Unexplained Files
- 7.00 Wings of War
- 8.00 Tony Robinson's Wild West
- 9.00 Secrets Underground
- 10.00 Salvage Hunters
- 11.00 Salvage Hunters: The Restorers
- 12.00 NOON Combat Dealers
- 1.00 PM Blowing Up History
- 2.00 Wings of War
- 3.00 Salvage Hunters
- 4.00 Combat Dealers
- 5.00 Shed and Buried
- 6.00 Secrets Underground
- 7.00 NASA's Unexplained Files
- 8.00 Cooper's Treasure
- 9.00 Combat Dealers
- 10.00 Salvage Hunters
- 11.00 Salvage Hunters: The Restorers Restoring a rare and valuable rosewood table.
- 12.00 MT Shed and Buried
- 1.00 AM Combat Dealers
- 2.00 Salvage Hunters
- 3.00 Cooper's Treasure
- 4.00 to 5.00 AM Salvage Hunters: The Restorers

+1 hour 274 381

## Discovery Turbo

161/172 180

- 6.00 AM Vintage Voltage
- 7.00 Wheeler Dealers
- 8.00 Bad Chad Customs
- 9.00 Sacred Steel Bikes
- 10.00 Shed and Buried
- 11.00 Salvage Hunters: Classic Cars
- 12.00 NOON Mike Brewer's World of Cars Double bill.
- 1.00 PM Extreme RVs
- 2.00 Wheeler Dealers
- 3.00 Sacred Steel Bikes
- 4.00 Richard Hammond's Workshop
- 5.00 Salvage Hunters: Classic Cars
- 6.00 Shed and Buried
- 7.00 Wheeler Dealers
- 8.00 Richard Hammond's Workshop
- 9.00 Vintage Voltage
- 10.00 Sacred Steel Bikes
- 11.00 Wheeler Dealers: Dream Car
- 12.00 MT Richard Hammond's Workshop The team enter their first race at Donnington Park, but they suffer engine problems.
- 1.00 AM Texas Metal
- 2.00 Fast N' Loud
- 3.00 Wheeler Dealers
- 4.00 to 5.00 AM Gear Dogs

+1 hour 261/272

# Films

## Sky Cinema Premiere

301 401 501 515

- 6.15 AM Sky Cinema Preview
- 6.40 Swede Caroline As 1.40am.
- 8.30 Freud's Last Session Drama. (2023, 12, 108min) ★★
- 10.30 One Life Historical drama. (2023, 12, 110min) ★★★★★
- 12.20 PM PREMIERE Ghostbusters: Frozen Empire As 8.00pm.
- 2.25 Bob Marley: One Love Biopic. (2023, 12, 104min) ★★★
- 4.15 The Radleys As 10.05pm.
- 6.10 Caddo Lake Thriller with Dylan O'Brien. (2024, 12, 99min)



8.00 Ghostbusters: Frozen...

8.00 **PREMIERE** Ghostbusters: Frozen Empire Supernatural comedy sequel starring Paul Rudd, Carrie Coon and James Acaster. Three generations of Ghostbusters join forces to stop a second ice age. (2023, 12, 115min) ★★★★★ See review, page 22. SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 The Radleys Horror comedy starring Damian Lewis, Kelly Macdonald and Sophia Di Martino. A seemingly ordinary family hide a dark secret. (2024, 15, 115min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 MT Drive-Away Dolls Action comedy with Margaret Qualley and Geraldine Viswanathan. (2023, 15, 84min) ★★

1.40 AM Swede Caroline Comedy starring Jo Hartley and Aisling Bea. (2024, 15, 98min) ★★★

3.25 Caddo Lake As 6.10pm.

5.10 to 6.45 AM Drive-Away Dolls As shown at 12.00mt.

## Sky Cinema Drama

310 410 510 524

- 7.00 AM Big George Foreman Biopic. (2023, 12, 129min) ★★★
- 9.15 North Hollywood As 1.25am.
- 11.00 The Girl on the Train Thriller. (2016, 15, 107min) ★★★★★
- 1.00 PM Meet Joe Black As 10.15pm.
- 4.05 Allied World War Two thriller. (2016, 15, 124min) ★★★★★
- 6.15 Quartet Comedy drama with Maggie Smith and Billy Connolly. (2012, 12, 94min) ★★★★★
- 8.00 P.S. I Love You Romantic comedy drama based on the novel by Cecelia Ahern, starring Hilary Swank and Gerard Butler. A widow begins receiving letters from her recently deceased husband to help her cope with her grief. (2007, 12, 121min) ★★★
- 10.15 Meet Joe Black Supernatural romantic drama, a remake of Death Takes a Holiday, starring Brad Pitt, Anthony Hopkins and Claire Forlani. (1998, 12, 181min) ★★★★★
- 1.25 AM North Hollywood Comedy drama with Ryder McLaughlin. (2021, 15, 93min) ★★★
- 3.10 Allied As shown at 4.05pm.
- 5.25 to 7.00 AM A Christmas Together with You Romantic drama with Laura Vandervoort. (2021, PG, 83min) ★★★

## Sky Cinema Hits

303 403 503 517

- 6.00 AM The Five-Year Engagement As 1.50pm.
- 6.40 Swordfish As 4.00pm.
- 9.50 Lady Bird Comedy drama. (2017, 15, 94min) ★★★★★
- 11.30 Hulk As shown at 2.20am.
- 1.50 PM The Five-Year Engagement Comedy. (2012, 15, 119min) ★★★★★
- 4.00 Swordfish Action thriller. (2001, 15, 99min) ★★★★★
- 5.45 Erin Brockovich Legal drama. (2000, 15, 133min) ★★★★★



10.45 Watchmen

8.00 **Mission: Impossible – Dead Reckoning Part One** Action thriller starring Tom Cruise. The IMF team race to acquire two halves of an interlocking key that can regain control of a lethal artificial intelligence. With Hayley Atwell, Simon Pegg and Ving Rhames. (2023, 12, 163min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 Watchmen Sci-fi action thriller starring Malin Akerman, Billy Crudup, Jackie Earle Haley and Matthew Goode. (2009, 18, 162min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

2.20 AM Hulk Sci-fi fantasy starring Eric Bana, Jennifer Connelly and Nick Nolte. (2003, 12, 138min) ★★★

4.40 to 6.40 AM RED 2 Action comedy sequel starring Bruce Willis. (2013, 12, 111min) ★★★

## Sky Cinema Halloween

311 411 511 525

- 6.45 AM Snatchers As 3.10am.
- 8.30 10 Cloverfield Lane Thriller. (2016, 12, 103min) ★★★★★
- 10.25 The First Purge Thriller prequel. (2018, 15, 98min) ★★
- 12.15 PM Insidious: Chapter 2 Thriller sequel. (2013, 15, 103min) ★★★★★
- 2.10 Annabelle: Creation Horror. (2017, 15, 109min) ★★★
- 4.10 The Birds Hitchcock horror. (1963, 15, 118min) ★★★★★
- 6.20 Ouija Horror starring Olivia Cooke. (2014, 15, 87min) ★★
- 8.00 The Radleys Horror comedy starring Kelly Macdonald and Damian Lewis. A seemingly ordinary family hide a dark secret. (2024, 15, 115min) ★★★
- 9.55 The Woman in Black: Angel of Death Horror sequel starring Helen McCrory and Jeremy Irvine. (2014, 15, 95min) ★★★★★
- 11.40 Resident Evil: Degeneration Animated zombie horror thriller. (2008, 15, 97min) ★★
- 1.25 AM Resident Evil: Apocalypse Sci-fi horror thriller sequel. (2004, 15, 94min) ★★★
- 3.10 Snatchers Horror comedy. (2019, 15, 96min) ★★★
- 5.00 to 6.40 AM The Harbinger Horror starring Emily Davis. (2022, 15, 87min) ★★★★★



## Sky Cinema Spooky

- 306 406 506 520**
- 6.20 AM **The Horse Dancer** (2017)
  - 8.20 **The Karate Kid** (1984) ★★★★★
  - 10.30 **Scooby-Doo** (2002, PG) ★★★
  - 12.00 NOON **Scooby-Doo 2: Monsters Unleashed** Comedy sequel. (2004, PG) ★★★
  - 1.40 PM **Dungeons & Dragons: Honour Among Thieves** Adventure. (2023, 12) ★★★★★
  - 4.00 **The NeverEnding Story** Fantasy. (1984, U) ★★★
  - 5.40 **The Karate Kid Part II** Adventure. (1986, PG) ★★



4.00 **Neverending Story**

- 7.45 **Twins** Comedy starring Arnold Schwarzenegger and Danny DeVito as unlikely twins conceived as part of an experiment in genetic engineering. (1988, PG, 107min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.35 **Pups United** Adventure comedy starring Matthew James Roberts. The canine mascot of a children's football team assembles a team of dogs to foil an evil scheme. (2015, U, 89min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.10 **The Horse Dancer** Family drama starring Sophie Bolen. (2017, PG, 114min) ★★★
- 1.10 AM **Bicentennial Man** Romantic sci-fi melodrama starring Robin Williams. (1999, PG, 131min) ★★
- 3.25 **Step Dogs** Comedy starring Joris Jarsky. (2013, U, 82min) ★
- 4.55 to 6.30 AM **Daddy Day Camp** Comedy sequel starring Cuba Gooding Jr and Paul Rae. (2007, PG, 88min) ★★

## Sky Cinema Harry Potter

- 302 402 502 516**
- 6.00 AM **Fantastic Beasts and Where to Find Them** As 1pm.
  - 8.15 **Fantastic Beasts: The Crimes...**
  - 10.35 **Fantastic Beasts: The Secrets...**
  - 1.00 PM **Fantastic Beasts and Where to Find Them** Fantasy prequel with Eddie Redmayne. (2016, 12, 133min) ★★★★★
  - 3.15 **Fantastic Beasts: The Crimes of Grindelwald** Fantasy. (2018, 12, 134min) ★★★★★
  - 5.35 **Fantastic Beasts: The Secrets of Dumbledore** Fantasy starring Eddie Redmayne. (2022, 12, 142min) ★★★★★
  - 8.00 **Harry Potter and the Philosopher's Stone** Fantasy adventure based on JK Rowling's bestselling children's book, starring Daniel Radcliffe. (2001, PG, 152min) ★★★★★
  - 10.35 **Harry Potter and the Chamber of Secrets** Fantasy starring Daniel Radcliffe. (2002, PG, 161min) ★★★★★
  - 1.20 AM **Harry Potter and the Prisoner of Azkaban** Fantasy starring Daniel Radcliffe. (2004, PG, 142min) ★★★★★
  - 3.45 to 6.25 AM **Harry Potter and the Goblet of Fire** Fantasy starring Daniel Radcliffe. (2005, 12, 157min) ★★★★★

## Sky Cinema Action

- 307 407 507 521**
- 6.35 AM **Game of Death II** Martial arts crime adventure sequel. (1980, 18, 96min) ★★
  - 8.20 **Concrete Utopia** As 3.05pm.
  - 10.35 **Project A** As 4.00am.
  - 12.25 PM **Cinema List: Superheroes**
  - 12.40 **Wonder Woman** Fantasy. (2017, 12, 121min) ★★★★★
  - 3.05 **Concrete Utopia** South Korean thriller. Subtitled. (2023, 15, 130min) ★★★★★
  - 5.20 **2012** Epic disaster movie. (2009, 12, 158min) ★★★



10.30 **John Wick**

- 8.00 **Man of Steel** Fantasy adventure exploring the origins of the iconic DC Comics character Superman, starring Henry Cavill, Amy Adams and Michael Shannon. A young outcast with superpowers must confront his destiny when aliens from his home planet threaten Earth. (2013, 12, 143min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.30 **John Wick** Action thriller starring Keanu Reeves and Willem Dafoe. (2014, 15, 101min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.15 AM **John Wick: Chapter 2** Action thriller sequel. (2017, 15, 122min) ★★★★★
- 2.25 **65** Adventure starring Adam Driver. (2023, 12, 93min) ★★
- 4.00 **Project A** Martial arts thriller. (1985, 12, 72min) ★★
- 5.50 to 8.00 AM **Blue Beetle** Fantasy with Xolo Maridueña. (2023, 12, 127min) ★★★★★

## Sky Cinema Black Talent

- 304 404 504 518**
- 6.30 AM **About Last Night** Comedy remake. (2014, 15, 98min) ★★
  - 8.20 **Kinky Boots** Comedy. (2005, 12, 107min) ★★★★★
  - 10.20 **Black Joy** As 3.40am.
  - 12.10 PM **Vampire in Brooklyn** Horror comedy. (1995, 15, 101min) ★★
  - 2.00 **Coming to America** Comedy. (1988, 15, 116min) ★★
  - 4.00 **The Color Purple** Musical drama. (2023, 12, 141min) ★★★★★
  - 6.30 **Straight Outta Compton** Biopic of hip-hop group N.W.A, telling the story of how they redefined the genre with hard-hitting songs about urban life. Stars O'Shea Jackson Jr, Corey Hawkins and Aldis Hodge. (2015, 15, 147min) ★★
  - 9.00 **Bad Boys** Comedy thriller with Martin Lawrence and Will Smith. A bachelor cop and his married partner have to switch identities in their pursuit of heroin thieves. (1995, 15, 118min) ★★
  - 11.00 **Bad Boys II** Comedy thriller sequel. (2003, 15, 147min) ★★★★★
  - 1.35 AM **Blade** Action adventure chiller. (1998, 18, 121min) ★★
  - 3.40 **Black Joy** Comedy with Norman Beaton. (1977, 15, 109min) ★★
  - 5.25 to 6.25 AM **Celebrating Black Cinema** with Naomi Harris

## Sky Cinema Comedy

- 308 408 508 522**
- 7.00 AM **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★★
  - 9.05 **The Big Chill** As 4.30pm.
  - 10.55 **Baywatch** As 9.55pm.
  - 12.55 PM **The Men Who Stare at Goats** Offbeat comedy. (2009, 15, 89min) ★★
  - 2.35 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★★
  - 4.30 **The Big Chill** Comedy drama. (1983, 15, 115min) ★★★★★
  - 6.20 **Bridget Jones's Diary** Comedy. (2001, 15, 96min) ★★★★★



9.55 **Baywatch**

- 8.00 **Bridget Jones: The Edge of Reason** Comedy sequel starring Renée Zellweger, Colin Firth and Hugh Grant. The insecure thirtysomething's blissful new relationship comes under threat. (2004, 15, 108min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.55 **Baywatch** Action comedy based on the TV series, starring Dwayne Johnson and Zac Efron. A veteran lifeguard teams up with an Olympic swimmer to scupper a criminal scheme. (2017, 15, 121min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.00 **M/T Snack Shack** Comedy. (2023, 15, 107min) ★★
- 1.55 AM **Arthur's Whisky** Comedy. (2023, PG, 91min) ★★
- 3.35 **Adult Life Skills** Comedy. (2016, 15, 114min) ★★
- 5.15 to 7.05 AM **What Happens Later** Romantic comedy. (2023, 15, 99min) ★★

## Sky Cinema Animation

- 305 412 500 514**
- 6.05 AM **Rock Dog** As 7.30pm.
  - 7.40 **Rock Dog 2: Rock Around...**
  - 9.20 **Batman Unlimited: Mechs vs Mutants** (2016, PG) ★★
  - 10.50 **Marcel the Shell with Shoes On**
  - 12.35 PM **Despicable Me** Animation. (2010, U, 94min) ★★★★★
  - 2.15 **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★
  - 4.00 **Puss in Boots: The Last Wish** Animation. (2022, PG) ★★★★★
  - 6.00 **The Emoji Movie** Animated adventure featuring the voice of TJ Miller. (2017, U, 83min) ★
  - 7.30 **Rock Dog** Animated adventure. (2016, PG, 90min) ★★
  - 9.05 **Rock Dog 2: Rock Around the Park** Animated comedy sequel. (2021, U, 90min) ★★
  - 10.40 **Rock Dog 3: Battle the Beat** Animated comedy sequel. (2022, U, 90min) ★★
  - 12.20 AM **Marcel the Shell with Shoes On** Animated comedy. (2021, PG, 90min) ★★★★★
  - 1.55 **The Snow Queen 2: Magic of the Ice Mirror** Animated sequel. (2014, U, 77min) ★★
  - 3.20 **Little Vampire** Animation. (2020, PG, 85min) ★★
  - 4.45 to 6.20 AM **Maya the Bee** Animated family adventure. (2014, U, 86min) ★★

## Sky Cinema Thriller

- 309 409 509 523**
- 6.15 AM **Every Breath You Take** Thriller starring Casey Affleck. (2021, 15, 105min) ★★
  - 8.10 **The Independent** As 4am.
  - 10.05 **Eye in the Sky** Thriller. (2015, 15, 112min) ★★★★★
  - 11.55 **Maggie Moore(s)** As 2.10am.
  - 1.45 PM **Red Right Hand** (2023)
  - 3.45 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★★
  - 5.45 **Ocean's Twelve** Caper thriller sequel starring George Clooney. (2004, 12, 125min) ★★★★★



10.10 **Extremely Wicked...**

- 8.00 **Ocean's Thirteen** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon and Al Pacino. A charismatic thief and his hand-picked gang of crooks plot an elaborate revenge against a megalomaniac casino owner. (2007, PG, 122min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.10 **Extremely Wicked, Shockingly Evil and Vile** Biopic starring Zac Efron. The life of serial killer Ted Bundy is examined from the perspective of his longtime girlfriend, Elizabeth Kloepfer. (2019, 15, 110min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.10 AM **Red Right Hand** Thriller. (2023, 15, 111min) ★★
- 2.10 **Maggie Moore(s)** Comedy thriller. (2023, 15, 99min) ★★
- 4.00 to 6.00 AM **The Independent** Drama. (2022, 12, 108min) ★★

## Christmas 24

- 312 419**
- 7.00 AM **Ghosts of Christmas** Always Fantasy comedy. (2022, PG, 90min) ★★
  - 9.00 **Three Wise Men and a Baby** Comedy. (2022, PG, 90min) ★★
  - 11.00 **Snowkissed** Romantic comedy drama. (2021, PG, 84min) ★★
  - 1.00 PM **Winter In Vail** Romantic comedy. (2020, PG, 90min) ★★
  - 3.00 **A Lot Like Christmas** Romantic comedy. (2021, PG, 86min) ★★
  - 5.00 **The Winter Palace** Romantic drama. (2022, PG, 85min) ★★
  - 7.00 **Boyfriends of Christmas** Past Drama starring Catherine Haena Kim. (2021, PG, 84min) ★★
  - 9.00 **Designing Christmas** With You Festive romance starring Susie Abromeit. A decorator must work with an unexpected partner to showcase a house for an upcoming Christmas gala. (2023, PG, 90min) ★★
  - 11.00 **Christmas in Harmony** Festive drama. (2021, PG, 90min) ★★
  - 1.00 AM **It's Christmas, Eve** Festive romantic drama. (2018, PG, 84min) ★★
  - 3.00 to 5.00 AM **Next Stop, Christmas** Festive fantasy. (2021, PG, 84min) ★★

## Film4

- 313 855 428 14 300**
- **Films start at 11.00am**
  - 11.00 AM **The Bravados** Western. (1958, PG, 98min) ★★
  - 1.00 PM **Hangman's Knot** Western. (1953, PG, 81min) ★★
  - 2.40 **Dead of Night** Chiller. (1945, b/w, PG, 95min) ★★★★★
  - 4.45 **Fantastic Voyage** Sci-fi thriller starring Stephen Boyd. (1966, U, 100min) ★★★★★
  - 6.50 **I, Robot** Sci-fi thriller with Will Smith and Bridget Moynahan. (2004, 12, 115min) ★★★★★



9.00 **Firestarter**

- 8.00 **I, Robot** (film started at 6.50pm) SEX ●●● VIOLENCE ●●● LANG ●●● 8 PM
- 9.00 **Firestarter** Thriller based on Stephen King's novel, starring Zac Efron and Ryan Kiera Armstrong. A girl tries to understand how she gained the power to set things on fire with her mind. (2022, 15, 94min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●● 9 PM
- 10.55 **X** Horror thriller starring Mia Goth, Brittany Snow and Jenna Ortega. (2022, 18, 105min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●● 10 PM
- 1.05 to 3.20 AM **The Thing** John Carpenter's remake of the famous 1951 sci-fi thriller, starring Kurt Russell, Richard Dysart and A Wilford Brimley. (1982, 18, 108min) ★★★★★ 11 PM

## Talking Pictures

- 328 445 82 306**
- 6.00 AM **Born of the Sea** Drama. (1949, b/w, U, 47min) ★★
  - 7.00 **Look at Life**
  - 7.10 **Three Witnesses** Crime drama. (1935, b/w, PG, 68min) ★★
  - 8.30 **Tomorrow** Drama. (1972, b/w, PG, 103min) ★★
  - 10.35 **Bank Shot** Comedy caper. (1974, PG, 83min) ★★
  - 12.15 PM **Look at Life**
  - 12.30 **The Four Just Men** 25/39. (S1)
  - 1.05 **13 East Street** Thriller. (1952, b/w, PG, 70min) ★★
  - 2.15 **Appointment in London** Classic World War Two drama. (1952, b/w, U, 96min) ★★
  - 4.05 **The Stranger Came Home** Mystery. (1954, b/w, 15) ★★
  - 5.40 **The Intruder** Drama. (1953, PG, 84min) ★★
  - 7.20 **The Night Caller** Sci-fi thriller. (1965, b/w, 18, 82min) ★★
  - 9.05 **The World of Hammer**
  - 9.50 **Hammer House of Mystery and Suspense** 2/13. (S1)
  - 11.25 **The File of the Golden Goose** Thriller starring Yul Brynner. (1969, PG, 102min) ★★
  - 1.30 AM **Men in War** War drama. (1956, b/w, PG, 104min) ★★
  - 3.35 **Blood on the Sun** Action drama. (1945, b/w, PG, 93min) ★★
  - 5.30 to 6.00 AM **Time to Remember**



## Sky Sports Main Event

- 401 511 501 419 439**
- 6.00 AM LIVE Test Cricket Pakistan v England.** Coverage of day two of the third and final Test in the series from Rawalpindi Cricket Stadium. England are unbeaten in their last five Test series against Pakistan, a run stretching back to 2015 when the hosts won a series 2-0 in the United Arab Emirates.
  - 1.30 PM LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.
  - 7.00 LIVE FNF Leicester City v Nottingham Forest.** Coverage of the Premier League match from King Power Stadium. Recent meetings between the two teams have seen neither side dominate the rivalry, with both sides winning four times on the last 10 occasions. Kick-off is at 8.00pm.
  - 10.45 LIVE Formula 1** Coverage of the Mexico City Grand Prix second practice session ahead of the 20th round of the season, staged at Autodromo Hermanos Rodriguez in Mexico City.
  - 12.30 to 6.00 AM Sky Sports News**

## Sky Sports Premier League

- 402 512 502 420 440**
- 6.00 AM PL Greatest Games**
  - 7.00 Premier League Legends**
  - 8.00 Premier League Best Goals**
  - 9.00 Premier League 100 Club**
  - 10.00 Total Football**
  - 5.00 PM Premier League Best Goals**
  - 6.00 Premier League Preview**
  - 6.30 Fantasy Show** Insight and tips ahead of the weekend's fixtures.
  - 7.00 LIVE FNF Leicester City v Nottingham Forest.** Coverage of the Premier League match from King Power Stadium. Recent meetings between the two teams have seen neither side dominate the rivalry, with both sides winning four times on the last 10 occasions. Kick-off is at 8.00pm.
  - 10.45 The Big Interview** A Premier League star of the past or present.
  - 11.15 Premier League Stories**
  - 11.45 PL Greatest Games**
  - 12.00 M/T FNF** Action from Leicester City v Nottingham Forest.
  - 12.30 AM Premier League Icons**
  - 1.00 PL Retro** A chance to see Arsenal v Leeds United in 2003.
  - 3.00 PL Greatest Games**
  - 4.00 Premier League Best Goals**
  - 5.30 to 6.00 AM Premier League 100 Club**

## Sky Sports Football

- 403 513 503 421 441**
- 6.00 AM SPFL Greatest Games**
  - 8.00 Best Goals: EFL Cup 2022/23**
  - 8.30 EFL Trophy Football** Bolton Wanderers v Plymouth Argyle.
  - 9.00 EFL Greatest Games**
  - 10.00 EFL Cup Highlights** Action from Manchester United v Newcastle United in the 2022/23 final.
  - 11.00 EFL Rivalries**
  - 12.00 NOON EFL Highlights**
  - 12.30 PM Bundesliga Weekly**
  - 1.00 EFL Highlights**
  - 3.00 Bundesliga Weekly**
  - 3.30 EFL Highlights**
  - 5.00 Bundesliga Weekly**
  - 5.30 Football's Hidden Talent**
  - 7.00 EFL Highlights**
  - 7.30 LIVE EFL Portsmouth v Sheffield Wednesday.** Coverage of the Championship match from Fratton Park. The visitors have a good recent record against their hosts, having not lost on the last five occasions, winning three and drawing two of those meetings. Kick-off is at 8.00pm.
  - 10.30 EFL Greatest Games**
  - 12.00 M/T EFL** The 2022/23 play-offs.
  - 3.00 AM EFL Greatest Games**
  - 4.00 to 6.00 AM** Championship Retro

## Sky Sports Cricket

- 404 514 504 422 442**
- 5.50 AM LIVE Test Cricket Pakistan v England.** Coverage of day two of the third and final Test in the series from Rawalpindi Cricket Stadium. England are unbeaten in their last five Test series against Pakistan, a run stretching back to 2015 when the hosts won a series 2-0 in the United Arab Emirates.
  - 1.30 PM You Guys Are History**
  - 2.30 Women's ICC World T20** Cricket The semi-finals and final.
  - 4.00 Test Cricket** Pakistan v England.
  - 5.00 Talking Cricket**
  - 5.30 Women's ICC World T20** Cricket Action from the final.
  - 6.00 Test Cricket** Pakistan v England.
  - 7.00 Secrets of Success**
  - 8.00 Test Cricket** Pakistan v England.
  - 9.00 Cricket in Colombo**
  - 10.00 Test Cricket** Pakistan v England from Rawalpindi Cricket Stadium.
  - 11.00 Secrets of Success**
  - 12.00 M/T Women's ICC World T20** Cricket Another chance to see the second semi-final.
  - 4.00 AM Women's World T20 Classics** The 2012 final.
  - 4.20 Women's ICC World T20** Cricket The second semi-final.
  - 4.50 to 5.50 AM** Test Cricket

## Sky Sports Golf

- 405 515 505 423 443**
- 6.00 AM LIVE PGA Tour Golf** Coverage of day two of the Zozo Championship at Accordia Golf Narashino Country Club in Inzai.
  - 8.00 LIVE DP World Tour Golf** Day two of the Genesis Championship at Jack Nicklaus Golf Club Korea.
  - 9.00 Roots** Annika Sorenstam.
  - 9.30 PGA Tour Champions Learning** Centre Golf tips and life lessons.
  - 10.00 DP World Tour Golf**
  - 3.00 PM PGA Tour Golf**
  - 7.00 LPGA Tour Golf**
  - 10.00 PGA Champs Official Film 2017**
  - 11.00 PGA Tour Highlights**
  - 12.00 M/T Playing Lessons**
  - 1.00 AM PGA Champs Official Film**
  - 2.00 PGA Tour Highlights**
  - 3.00 PGA Tour Champions Learning** Centre Golf tips and life lessons.
  - 3.30 Roots** Paul Lawrie.
  - 4.00 to 6.00 AM LIVE PGA Tour Golf** Coverage of day three of the Zozo Championship in Inzai, Japan.

## TNT Sports 1

- 410 870 527 408 430**
- 6.00 AM LIVE Test Cricket India v New Zealand.** The second day of the second Test from Maharashtra Cricket Association Stadium.
  - 1.00 PM TNT Sports Cricket Reload**
  - 1.15 Premier League Reload**
  - 1.30 Women's One-Day International Cricket**
  - 2.30 TNT Sports Reload**
  - 2.45 Badminton Weekly**
  - 3.00 WSL Challenger Tour**
  - 4.00 Serie A - Full Impact**
  - 4.30 TNT Sports Reload**
  - 5.00 The Fantasy Show**
  - 5.30 Premier League: Big Interview**
  - 6.00 Premier League Stories**
  - 6.30 Premier League Preview**
  - 7.00 LIVE Gallagher Premiership Rugby Union Bristol Bears v Northampton Saints.** From Ashton Gate. Kick-off 7.45pm.
  - 10.00 Women's One-Day International Cricket**
  - 11.00 Test Cricket Highlights**
  - 12.00 M/T Premier League Preview**
  - 12.30 AM LIVE MLB** Coverage of game one of the World Series.
  - 4.30 Badminton Weekly**
  - 4.45 to 6.00 AM LIVE Test Cricket India v New Zealand.** Coverage of the third day of the second Test.

## TNT Sports 2

- 411 871 528 409 431**
- 6.00 AM MotoGP Rewind**
  - 7.15 LIVE MotoGP** The Grand Prix of Thailand first practice session from Chang International Circuit.
  - 10.15 MotoGP Rewind**
  - 10.30 Badminton** Denmark Open.
  - 12.30 PM America's Cup**
  - 4.00 Badminton** Denmark Open.
  - 6.00 Ultimate Pool Pairs Cup.**
  - 7.30 The Fantasy Show**
  - 8.00 Champions League Magazine**
  - 8.30 Test Cricket Highlights**
  - 9.30 Fight Week** UFC 308 preview.
  - 10.00 UFC Countdown**
  - 11.00 UFC: The Ultimate Fighter** M/T UEFA Europa League & Conference League Highlights
  - 12.00 AM UEFA Champions League & Conference League Highlights** Magazine News and highlights.
  - 1.30 MotoGP Highlights**
  - 2.30 LIVE MotoGP** Coverage of the Grand Prix of Thailand Moto2 and Moto3 second practice sessions ahead of the 18th round of the season, staged at Chang International Circuit in Buriram.
  - 4.00 to 6.45 AM LIVE MotoGP** The Grand Prix of Thailand MotoGP qualifying session ahead of the 18th round of the season in Buriram. Start-time 4.50am.

## TNT Sports 3

- 417 874 529 410 432**
- 6.30 AM UEFA Conference League**
  - 8.00 UEFA Europa League**
  - 9.30 LIVE AFLW Adelaide Crows v North Melbourne Tasmanian Kangaroos.** Coverage of the match from Norwood Oval in Adelaide. Bounce-up 9.45am.
  - 11.30 UEFA Champions League Highlights Show**
  - 12.30 PM UEFA Europa League & Conference League Highlights**
  - 1.30 Ultimate Pool Pairs Cup.**
  - 3.00 Premier League Netbusters**
  - 3.30 Premier League: Big Interview**
  - 4.00 UEFA Champions League Highlights Show**
  - 6.00 UEFA Europa League & Conference League Highlights**
  - 7.00 V8 Supercars Highlights**
  - 9.00 UEFA Champions League Highlights Show**
  - 11.00 UEFA Europa League & Conference League Highlights**
  - 12.00 M/T WWE SmackDown Hits**
  - 1.00 AM LIVE WWE Friday Night SmackDown** Wrestling coverage.
  - 3.00 Premiership Rugby Union**
  - 4.00 to 6.00 AM LIVE AFLW GWS Giants v Fremantle Dockers.** Coverage of the match at Henson Park, Sydney. Bounce-up 4.05am.

## Sky Sports NFL

- 408 517 507 426 446**
- 6.00 AM NFL Highlights**
  - 12.00 NOON NFL Bitesize Highlights**
  - 1.00 PM Good Morning Football**
  - 3.00 NFL Highlights** Los Angeles Rams v Minnesota Vikings.
  - 4.00 Action** from Tampa Bay Buccaneers v Baltimore Ravens.
  - 5.00 NFL Bitesize Highlights**
  - 5.30 Jaguars Weekly UK**
  - 6.00 NBC's Pro-Football Talk**
  - 8.00 49 Hours** San Francisco 49ers.
  - 8.15 NFL Bitesize Highlights** Action from Los Angeles Rams v Minnesota Vikings.
  - 8.30 Highlights** of Tampa Bay Buccaneers v Baltimore Ravens.
  - 8.45 Action** from Pittsburgh Steelers v New York Jets.
  - 9.00 Baltimore Ravens** v Washington Commanders.
  - 9.15 Highlights** of Los Angeles Rams v Minnesota Vikings.
  - 9.30 Jaguars Weekly UK**
  - 10.00 One Jets Drive**
  - 10.45 49 Hours** San Francisco 49ers.
  - 11.00 NFL Fantasy Analysis.**
  - 12.00 M/T The Insiders** NFL news.
  - 1.00 AM 49 Hours**
  - 1.15 NFL Bitesize Highlights**
  - 2.00 NBC's Pro-Football Talk**
  - 4.00 to 6.00 AM NFL Bitesize Highlights**

## Sky Sports Tennis

- 407 537 520 425 445**
- 6.00 AM LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.
  - 2.00 PM LIVE WTA & ATP Tennis** Continued coverage of the Tours.
  - 9.00 ATP Tennis** Stockholm Open.
  - 10.00 Tennis** The WTA and ATP Tours.
  - 12.00 M/T Tennis** Recent finals.
  - 2.00 AM Bitesize Tennis**
  - 2.15 US Open Classic Matches**
  - 2.30 Bitesize Tennis**
  - 2.45 US Open Tennis**
  - 3.00 ATP Tennis** Stockholm Open.
  - 4.00 to 6.00 AM LIVE WTA Tennis** Coverage of day six of the WTA Pan Pacific Open Tokyo in Japan.

## TNT Sports 4

- 421 876 530 411 434**
- 6.00 AM WSL Challenger Tour**
  - 7.00 WWE Raw Highlights**
  - 8.00 NBA Action** Recent highlights.
  - 8.30 TNT Sports Reload**
  - 8.45 Badminton Weekly**
  - 9.00 Ultimate Pool Pairs Cup.**
  - 10.30 Serie A - Full Impact**
  - 11.00 V8 Supercars Highlights**
  - 1.00 PM NBA** Two match replays.
  - 4.00 NBA Action** Recent highlights.
  - 4.30 NBA** Two match replays.
  - 7.30 NBA Originals**
  - 9.00 NBA Action** Recent highlights.
  - 9.30 NBA** Mavericks v Spurs.
  - 11.00 NBA** Nuggets v Thunder.
  - 12.30 AM LIVE NBA New York Knicks v Indiana Pacers.** Coverage of the Eastern Conference match from Madison Square Garden. Tip-off 12.30am.
  - 3.00 LIVE NBA Los Angeles Lakers v Phoenix Suns.** The Western Conference match from Crypto.com Arena. Tip-off 3.00am.
  - 5.30 to 6.00 AM NBA Action**

## Eurosport 1

- 413 870 521 412 435**
- 6.00 AM Snooker: Northern Ireland Open** The fifth day in Belfast.
  - 8.00 Show Jumping** From Oslo.
  - 9.00 Sailing: Spirit of Yachting**
  - 9.30 Snooker 147s** Gary Wilson.
  - 9.45 Snooker: Northern Ireland Open** The fifth day in Belfast.
  - 11.45 LIVE Snooker: Northern Ireland Open** The afternoon session on day six, featuring the opening quarter-finals.
  - 6.00 PM Snooker: Northern Ireland Open** The opening quarter-finals.
  - 6.45 LIVE Snooker: Northern Ireland Open** The concluding quarter-finals from Belfast.
  - 10.00 Ultra Trail: World Tour**
  - 11.00 Amsterdam Marathon**
  - 12.00 M/T Freestyle Skiing**
  - 1.00 AM Triathlon** Challenge Beijing.
  - 2.00 Snooker: Northern Ireland Open** Quarter-final action.
  - 4.00 FIA World Endurance Championship** Six Hours of Fuji.
  - 5.00 to 6.00 AM** British Superbikes

## Eurosport 2

- 414 871 522 413 436**
- 6.00 AM FIA World Endurance Championship** Six Hours of Fuji.
  - 7.00 Australian Superbikes**
  - 8.00 Amsterdam Marathon**
  - 9.00 Freestyle Skiing**
  - 10.00 British Superbikes**
  - 1.00 PM Cyclo-Cross** Highlights.
  - 2.30 Sailing: Spirit of Yachting**
  - 3.00 Amsterdam Marathon**
  - 4.00 Motocross of Nations**
  - 6.00 British Superbikes**
  - 8.00 British Superbikes Extra**
  - 9.00 Cyclo-Cross** The women's and men's races in the Exact Cross meeting from Essen, Belgium.
  - 10.30 Rally Raid** The final round of the Rally Raid World Championship.
  - 11.00 FIA World Endurance Championship** Six Hours of Fuji.
  - 12.00 M/T Australian Superbikes**
  - 1.00 AM Freestyle Skiing**
  - 2.00 Cyclo-Cross** From Belgium.
  - 3.30 Mountain Bike: Roc d'Azur**
  - 4.00 to 6.00 AM** Snooker: Northern Ireland Open

## Sky Sports+

- 412 518 508 427 447**
- 6.00 AM LIVE DP World Tour Golf** Coverage of the second day's play of the Genesis Championship, staged at Jack Nicklaus Golf Club Korea in Incheon, South Korea.
  - 9.00 LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.
  - 2.00 PM LIVE WTA & ATP Tennis** Continued coverage from the WTA and ATP Tours, including the ATP Swiss Indoors, ATP Vienna Open, WTA Pan Pacific Open Tokyo and WTA Guangzhou Open.
  - 9.00 Sky Sports News**
  - 10.30 Back Pages Tonight**
  - 11.00 Sky Sports News**
  - 3.30 to 6.00 AM LIVE DP World Tour Golf** Coverage of day three of the Genesis Championship, staged at Jack Nicklaus Golf Club Korea in Incheon, South Korea.

## Sky Sports F1

- 406 516 506 424 444**
- 6.00 AM The Home of F1**
  - 11.00 F1 Drivers Press Conference**
  - 12.00 NOON Formula 1 US Grand Prix.**
  - 1.00 PM F1 Drivers Press Conference**
  - 2.00 Formula 1** Highlights.
  - 4.00 F1 Drivers Press Conference**
  - 5.00 Formula 1** The US Grand Prix.
  - 6.00 F1 Drivers Press Conference**
  - 7.00 LIVE Formula 1** Mexico City Grand Prix first practice session.
  - 9.00 The F1 Show** A race preview.
  - 10.00 Lewis Hamilton: Opening Up**
  - 10.15 Lewis Hamilton: Why Heritage Matters**
  - 10.45 LIVE Formula 1** Mexico City Grand Prix second practice session.
  - 12.15 AM F1 Features**
  - 1.00 to 6.00 AM** The Home of F1



# KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

**NEW**



## **milkshake!** Reu & Harper's Wonder World

Weekdays, 8.10am, Milkshake! on Five

**Reu and his sister** Harper are back for a second series of the programme in which they learn about other cultures and customs through playdates with children whose families used to live much further away.

In Monday's opening episode, the siblings meet Leia (above, centre), whose dad is Egyptian. They make Egyptian collar necklaces, and even learn belly dancing!



**NEW**

## **BBC iPLAYER** Spooky Files

Weekdays, 6.30pm, CBBC & BBC iPlayer

**The comedy adventure series** returns for a second season, and we're back in Sunny Valley with the disbanded Spooky Crew, who have sent the Spookies back to the Fear Dimension, before

closing the portal for good. Or so they think... Bert is convinced the Spookies are back. He's proved right when a snotty monster appears in his back garden and sneezes on him – after which, no one can remember who he is! How can Bert convince the crew to get back together to solve the mystery, if they don't know who he is?

**More great shows to watch this week...**

### Ruby Bridges

Available now, Disney+

As Black History Month continues, this film is a great one for the family to watch. It follows the story of six-year-old Ruby Bridges who, in 1960, was one of the first black students to attend an integrated school.

### Lego Marvel Avengers: Mission Demolition

From 18 Oct, Disney+

Animated special in which a young superhero fan inadvertently unleashes a powerful new villain who wants to rid the world of the Avengers.

### Nikhil & Jay

Sat & Sun, 10.15am, CBeebies & BBC iPlayer

Brand new series following the everyday adventures of two brothers with a mum of Indian heritage and an English father.



**NEW**

# CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of an Australian actor (3,6). Answers at the bottom of the page – no cheating!



### ACROSS

- 1 Scottish stand-up comic, Frankie ----- (5)
- 6 Isla Fisher's actor ex-husband, ----- Baron Cohen (5)
- 7 Iconic villain in the *Star Wars* films, Darth ----- (5)
- 9 Dame Maureen Lipman's *Coronation Street* alter ego, ----- Plummer (6)
- 11 See picture clue: Late American jazz superstar, ----- Fitzgerald (4)
- 12 2017 comedy-drama film starring Elizabeth Olsen, ----- *Goes West* (6)
- 15 2009 aviation biopic with Hilary Swank (6)
- 17 Grimms' fairy tale filmed by Tim Burton (6,3,6)
- 19 British rapper known for *Bonkers*, Dizzee ----- (6)
- 21 *Yes Day* and *Wednesday* star, Jenna ----- (6)
- 24 Clouseau's manservant played by Burt Kwouk (4)
- 25 *Men Behaving Badly* star, Martin ----- (6)
- 27 1980s American TV soap, *Falcon* ----- (5)
- 28 ----- Davis, US stage and screen actor (5)
- 29 Coleen -----, panellist on *Loose Women* (5)

### DOWN

- 1 2012 Robert Pattinson film based on a Guy de Maupassant novel (3,3)
- 2 *The Great British Sewing Bee* judge, ----- Young (4)
- 3 1991 Susan Sarandon and Geena Davis film (6,3,6)
- 4 Disney film with Angelina Jolie and Elle Fanning (10)
- 5 Kristen Stewart's *Twilight* role, ----- Swan (5)
- 8 1994 Boyz II Men single, *On Bended* ----- (4)
- 10 British hairstylist born in 1928, ----- Sassoon (5)
- 13 1991 single by rock band R.E.M., ----- *Wild Heaven* (4)
- 14 Children's reggae-based television series featuring Reggie Yates (10)
- 16 See picture clue: Simon -----, *Hot Fuzz* actor (4)
- 18 *The Coroner* and *Casualty* star, Claire ----- (5)
- 20 Disney/Pixar animation inspired by Mexico's Day of the Dead (4)
- 22 Robert -----, *M\*A\*S\*H* and *Gosford Park* director (6)
- 23 Welsh setting for British sitcom *Gavin & Stacey* (5)
- 26 Kristoff's reindeer in 2013 Disney film *Frozen* (4)

CROSSWORD SOLUTION ANSWER: Guy Pearce ACROSS: 1 Boyle 6 Sacha 7 Veder 9 Evelyn 11 Ella 12 Ingrid 15 Amelia 17 Hansel and Gretel 19 Rascal 21 Ortega 24 Cato 25 Cunes 27 Crest 28 Ossie 29 Nolan DOWN: 1 Bel Ami 2 Esme 3 Thelma and Louise 4 Malférent 5 Belia 8 Knee 10 Vidal 13 Near 14 Rastamouse 16 Peggy 18 Goose 20 Coco 22 Altman 23 Barry 26 Sven

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY; BBC; MILKSHAKE! ON FIVE.



# Coming soon

# Brian and Margaret

Steve Coogan and Dame Harriet Walter star in a powerful factual drama



**FIRST LOOK**

Stars Coogan and Walter re-create the famous encounter

One of the most memorable political interviews of the 20th century is being brought to life in C4's forthcoming drama *Brian and Margaret*.

The two-parter, penned by James Graham and directed by Stephen Frears, is based on TV producer and editor Rob Burley's 2023 book, which gives an insider's account of political coverage on television. Set in 1989, the series centres on Shrewd and respected journalist Brian Walden (Steve Coogan) as he

carries out his final interview with his friend Margaret Thatcher (Dame Harriet Walter), who has been Prime Minister for a decade.

### CONSEQUENCES

But the tense conversation takes some surprising turns, sparks events that result in Thatcher's resignation the following year, ends the pair's close relationship, and helps change the face of political interviewing.

'I have to travel a great distance to reach Maggie Thatcher but

with James' brilliant script, Stephen Frears to guide me and Steve Coogan to accompany me, I have the dream team to help me achieve it,' says Walter.

'It's great to be telling a story from the era of the sorely missed forensic interview – two giants of their time locking horns to determine the future of Britain,' adds Coogan. 'To act opposite Harriet Walter with a script by James Graham directed by Stephen Frears is a challenge of the very best kind!'

## WHAT'S NEXT FOR...

**Gyles Brandreth**  
The Story of Panto with Gyles Brandreth, on Sky Arts this festive season, will see the broadcaster explore the origins and evolution of the British theatrical staple, while the likes of Julian Clary share their insights.



**Charles Dance**  
In BBC2's docudrama *Renaissance: The Blood and the Beauty*, the actor will play Michelangelo, as the three-parter examines how art in the 16th century was created against a dangerous political backdrop.



**Freddie Flintoff**  
The cricketer-turned-presenter will host ITV1's upcoming revival of darts game show *Bullseye*, which will air this Christmas and see pairs of contestants answer questions and step up to the oche to win prizes.



**Coming Back**  
BBC1's acclaimed drama *Sherwood* will return for a third series, which will centre on further intrigue at the heart of a troubled Nottinghamshire community, as seen through the eyes of new and returning characters.



## TV&Satellite week

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## Next week On sale Tuesday 22 October



### Midas Man

Prime Video's film explores the life of music impresario Brian Epstein (Jacob Fortune-Lloyd).



### Generation Z

In C4's darkly comic drama, starring Sue Johnston, a group of pensioners become zombies.



### The Diplomat

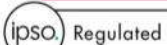
US ambassador Kate Wyler (Keri Russell) faces fresh challenges as Netflix's thriller returns.



### Ellis

Sharon D. Clarke headlines Channel 5's crime drama about a troubleshooting detective.

WORDS: CAREN CLARK; PHOTOS: BBC, C4, CHANNEL 5, GETTY, NETFLIX, PRIME VIDEO



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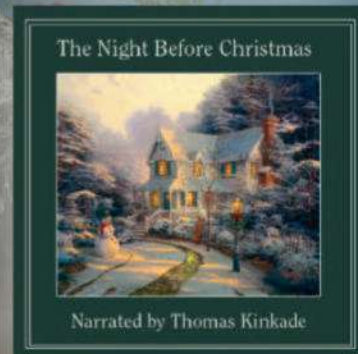


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# The Night Before Christmas Storybook Santa

An Ashton-Drake Exclusive



Measures 18 inches (45.7 cm) in height. Not intended for children under 14. Requires 3 x 'AAA' batteries (not included).



Poseable to hold his book featuring the artwork of Thomas Kinkade

Thomas Kinkade narrates "Twas the Night Before Christmas"

Thomas Kinkade art adorns storybook cover

Weighted body lets him sit on your mantel or shelf

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