



It's a good month to sit back with a tall glass of lemonade and memorize this guide. Just make sure it's lemonade first!

August 1

A HEALTH TIP FOR TODAY:

Bend over and touch the toes of your shoes one hundred times before breakfast. (This task will seem less hideous if you put your shoes on a table of convenient height before bending over to touch them.)



August 2

TODAY'S TIP FOR ACHIEVING FINANCIAL SUCCESS:

Go to Las Vegas and put your money into the parking meters instead of the slot machines. You'll never make a profit, but the most you can lose is about fifty cents an hour.



August 3

TODAY'S TIP FOR ACHIEVING A MORE ACTIVE SOCIAL LIFE:

Stop keeping crocodiles in your moat.



August 4

TODAY'S TIP FOR THE OVERWEIGHT:

When planning to vacation with an Eskimo family that eats only whale blubber, make advance arrangements with the nearest vegetarian restaurant to deliver a carrot casserole to you three times daily.



August 5

PUT YOURSELF ON A WEIGHT CONTROL PROGRAM TODAY:

Vow to give up all calories for the rest of the year by subsisting on nothing but rainwater and Chinese restaurant fumes.



August 6

A HEALTH TIP FOR TODAY:

Never drink out of your dog's water dish. For all you know, that may be where your little brother drinks. Play it safe and drink out of the fish tank, which probably is too high for a small child to reach.



August 7-8

A THRIFTY TIP FOR THIS WEEKEND:

Start saving your dandruff in a Mason jar to sprinkle under the tree next Christmas. This will not only eliminate your annual expense for artificial snow, but also will save you the cash normally squandered on shampoo throughout the year.



August 9

TODAY'S TIP FOR THE OVERWEIGHT:

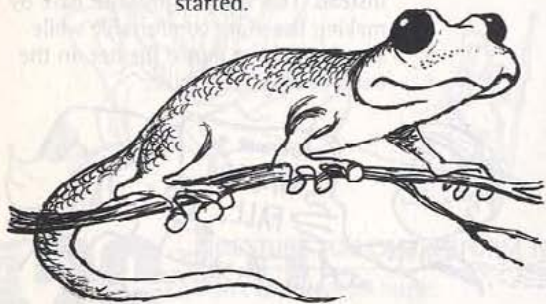
Set out to jog at least ten miles before breakfast. With luck, this will cause you to collapse and lose consciousness, thereby missing the high-calorie breakfast you were planning to eat when you returned home.



August 10

A MEANINGFUL FACT TO PONDER THROUGH THIS DAY:

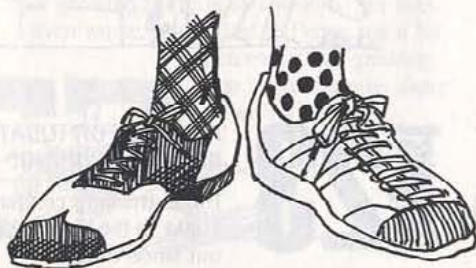
Although some species of lizards have existed for millions of years, they are no smarter now than they were when they started.



August 11

A CHORE FOR TODAY THAT YOU'VE BEEN POSTPONING:

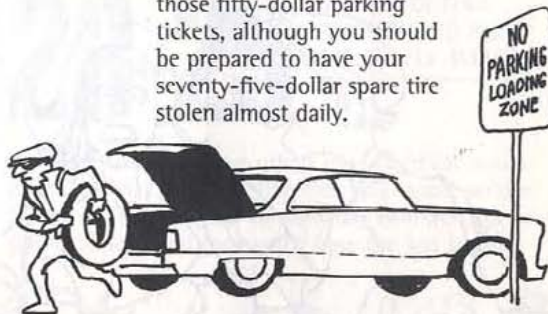
Call any phone number picked at random, and then apologize for bothering whoever answers.



August 12

TODAY'S TIP FOR HAPPIER LIVING:

You can park in a loading zone for as long as you like, merely by leaving your car trunk open to convince the police that you are loading. This trick will help you avoid those fifty-dollar parking tickets, although you should be prepared to have your seventy-five-dollar spare tire stolen almost daily.



August 13

A KIND ACT YOU CAN PERFORM ON THIS DAY:

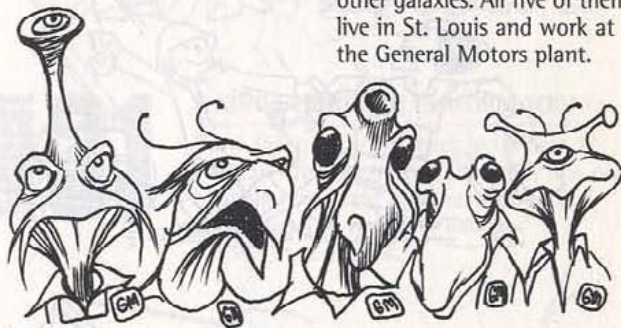
Lift up a short person so he can reach the doorknob. It will only take a moment, and it may help some small unfortunate avoid spending his whole life in the same room.



August 14-15

A CONSTRUCTIVE THING TO DO THIS WEEKEND:

Phone Leonard Nimoy and tell him he can stop searching for possible descendants of prehistoric creatures from other galaxies. All five of them live in St. Louis and work at the General Motors plant.



August 16

A GROOMING TIP FOR THIS DAY:

If you must wear mismatched socks, make sure that you also wear mismatched shoes, thus causing casual observers to assume that your two feet don't belong to the same person.

August 17

A NEW CONVERSATION OPENER WORTH TRYING TODAY:

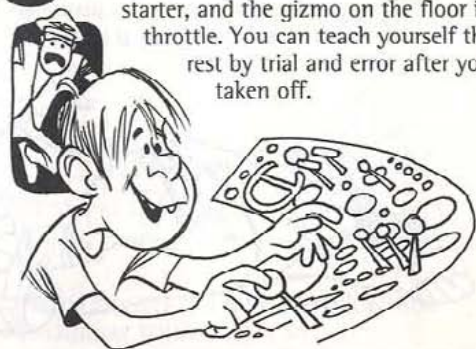
"Pardon me, but what do you feed a pet tarantula to make it grow as large as that one you have on the back of your blouse?"



August 19

A NEW SKILL TO LEARN TODAY:

Contrary to popular belief, a Boeing 757 is easy for any beginner to fly. The sixth switch from the left in the third row is the starter, and the gizmo on the floor is the throttle. You can teach yourself the rest by trial and error after you've taken off.



August 20

A TIP FOR WINNING POPULARITY WITH THE OPPOSITE SEX:

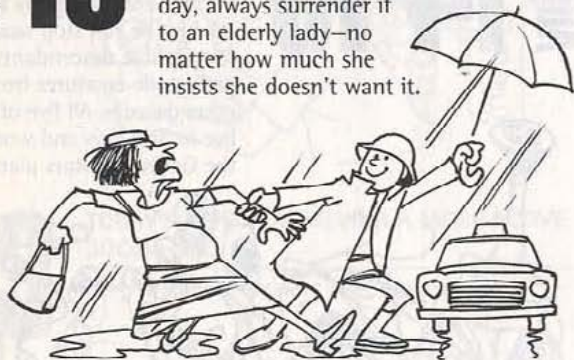
If you are unable to borrow your father's car for Saturday night, act quickly to borrow one of your mother's pillows instead. This will overjoy your date by making her more comfortable while she rides to the movie theater on the handlebars of your bike.



August 18

A POINT OF ETIQUETTE TO START MASTERING:

When you find an empty cab on a rainy day, always surrender it to an elderly lady—no matter how much she insists she doesn't want it.



August 21-22

A CONSTRUCTIVE THING YOU CAN DO THIS WEEKEND:

Stop burying your toxic chemical waste in urban areas, where it will contaminate the water and get you into big trouble with the people from *60 Minutes*. Instead, mail your dangerous chemicals to Wyoming for burial, since nobody lives there anyway.



August 23

A CHORE FOR TODAY THAT YOU'VE BEEN POSTPONING:

Hire a trucking company to return all the books to the library that you have checked out since 1975.

August 24

A CHORE FOR TODAY THAT YOU'VE BEEN POSTPONING:

Gently inform all the survivors of the Titanic that the other half of their round-trip tickets are no good.



MAD: THE LOST PAGES

August 28-29

A COMFORTING THOUGHT TO BUILD YOUR SELF-IMAGE:

Don't be ashamed when others laugh and call you a hypochondriac for imagining that you have a serious illness. Remember, you will someday contract a genuine serious illness, and then you'll have the last laugh!



August 25

A WISE THOUGHT TO ENRICH YOUR DAY:

"Though a thousand grains of sand may be lost through the eye of a needle, very few of them would have been worth saving anyway." —ANONYMOUS, AND RIGHTLY SO



August 30

A CHORE FOR TODAY THAT YOU'VE BEEN POSTPONING:

Return all those neighborhood children that you have been keeping in your basement since last Halloween to their parents.



August 26

A GESTURE YOU CAN PERFORM TODAY:

Don't beat a dead horse.



August 31

A KIND GESTURE TO PERFORM TODAY:

Put a fallen baby bird back in its nest. If you can't find its nest, build a new one out of small twigs held together with bits of string that you can carry back to the site in your beak.



August 27

A FRIGHTENING REALITY YOU SHOULD FACE TODAY:

Boys raised in Peoria run a six percent risk of growing up to have abnormal sex lives. Even worse, boys raised in Peoria run a 58 percent risk of growing up to wear brown shoes with a blue suit.

