FOR KIDS WHO LOVE HORSES & PONIES

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SEPTEMBER/OCTOBER 2022 • VOLUME 29, ISSUE 5 • YOUNGRIDER.COM



Barn Manager If you yearn to work handson with horses all day, this could be your ideal career.

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On the Cover: 13-yearold Chesney Watkins from South Carolina with his bay quarter horse gelding KMBoshotinvestment, aka "Chuy." Chesney and Chuy compete in AQHA western all-around events. Western riding is their favorite event to compete in because they both love flying lead changes. Kirstie Marie Photography

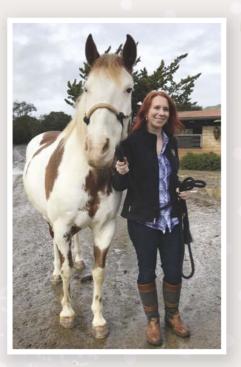
STAFF NOTES

🔁 ack to school is right around the Ocorner! This is the time of year we love to feature articles about college equestrian programs. If you dream of riding throughout college and studying an equine field, there are plenty of options out there. To learn more about equine business degrees, flip to pg. 30.

Another super cool article in this issue is all about the Return to Freedom sanctuary for wild horses in California. At right, that's me pictured with Isadora-Cruce, a Spanish Mustang mentioned in the article who was also made into a Breyer. RTF is a unique place with a story you don't want to miss (pg. 34). Happy reading and riding!

HOLLY CACCAMISE, YR EDITOR





The weather is cooling off, the leaves are getting crunchy, and fall is almost here. Summer ending might seem sad, since you probably can't spend as much time with your horse or pony. But there are still ways to stay connected with your equine pals after school kicks off again.

You'll find some inspiration for horsethemed activities in this issue, plus lots more at YoungRider.com. While you're online, check out stories from equestrians who have carried their love for horses into college and careers. It's never too soon to start preparing for your next step. Have a great fall!

KAYCIE WILL MULTIMEDIA CONTENT SPECIALIST

WRITE TO THE **YOUNG RIDER EDITOR HERE:**

Holly Caccamise P.O. Box 3945, Laguna Hills, CA 92654 Email: editor@youngrider.com



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A FAMILY OF BRANDS



WHAT DO YOU WANT TO SEE IN 2023?

I love YR! It has helped me so much. I have two Spotted Saddle Horses, Cheyenne and Diamond. I would love an article about showing gaited horses. When I grow up, I want to train wild horses.

Maci, 9, Jennessee

I love your content because it has helped me and the horse I ride become a lot stronger as a team. I ride an OTTB named Lindor. We LOVE to jump but have been doing more dressage lately.

Unfortunately, he has been diagnosed with ulcers. I would love to see an article about ulcers and some ways you can prevent them because I know they are very common. Thanks!

Lily, II, Florida

I have been riding at a horse rescue for two years, and I still learn something new in each issue. I get so excited every time I get a magazine in the mail, and I enjoy all of the articles and information!

I especially liked the article with the horse treat recipe a couple of months ago. My drill team horse, Caleb, is a 27-year-old Arabian, and can't chew or eat hay very well anymore, so I like to give him plenty of treats! I have scoured the internet for senior horse treat recipes, and this one was one of the easiest for him to chew. He loved them! Thank you for the information you have given me over the past few years.

Emily, 12, Missouri



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I have been riding for five years now and have been reading YR for some time. I ride a 5-year-old Gypsy Vanner/Arabian cross named Gimlee. He is the sweetest horse ever!

I really struggle with my stirrups at times and was wondering if you could do an article on ways to keep your feet in the stirrups for other riders who may be struggling?

I LOVE the posters with Olympic riders jumping huge oxers. It would be awesome if there were more posters with horsemanship, jumping, dressage, hunters, reining, barrels, etc. Thank you!

Katelyn, 14, Michigan

I have been reading Young Rider for a while now, and I love it! I appreciate the fun recipes, stories, and training lessons in your issues.

Young Rider has helped boost my confidence in riding, almost like a second trainer. All the articles are incredibly interesting and valuable to me.

Khloe, 12, New Jersey

I was so excited to write to y'all! My horse's name is Bambi, she's a 14-year-old buckskin Quarter Horse mare. She's my barrel horse and hopefully my drill team horse for rodeos soon.

Could you do an article on service Mini Horses? Everyone sees service dogs in stores, so an article like that could really educate people on service Minis.

Makenna, 14, Jennessee

I love looking at the Art Gallery and reading the letters. Me and my sisters have been riding for a year and half now.

We want to start trick riding, and I was wondering if you would write a story about it?

Ella, 9, Illinois

I love Young Rider! We have a very long driveway and every time I get an issue in the mailbox, my mom asks what took me so long getting the mail because I have to look through it right then and there!

After lots of saving up, I finally got my own horse. She still needs a lot of work, and YR has helped me with the western lessons and other articles. I would really love to see an article on cow work and maybe roping.

Samantha, 13, California

I LOVE your magazine so much! Your posters are all over my bedroom. I especially enjoy the DIYs, Breed Spotlights, and the IRLs.

An article of some horsey things to do when you're not with a horse would be amazing! I would also love to see an article on some stretches to do before and after a ride, as well as an article on healthy meals for the rider to stay fit and active.

Kenley, 12, Washington

I love YR, especially the English Lessons. There are so many great tips! I've been working with a retired Standardbred racehorse and getting her back into consistent work, so I know first-hand how awesome they are. I would love to see an article about how great they are for not only trails and reining, but also English disciplines like jumpers and eventing.

annabelle, 14, Massachusetts

I don't have a horse, so the crafts section is always interesting to read and full of ideas! I enjoy looking at the drawings that kids send in. I am learning a whole lot more about horses than before I started reading your magazine.

Could you add more articles about barrel racing? When I get a horse of my own, I want to learn how to barrel race!

Leia, 10, Indiana

I love reading YR! My favorite page is the Art Gallery. I love drawing pictures of horses running, jumping, and bucking.

My friend and I have been riding for 10 years together. We both love horses and barrel racing. My horse and I also like pole bending and goat tying and do rodeo. We love doing English as well.

Kayden, II, Wyoming

I love reading everything you put in the magazine. Every time one comes in, I jump up and open it and start reading right away.

I would like to see a couple of things, such as: How to convince your parents to let you have more lessons, how to start showing, an eventing spotlight, and how to get your confidence back with horses after a hard fall. Thank you!

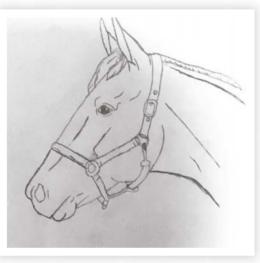
Maia, 14, Massachusetts



We want to know what you think! Include your name, age and state, and send to editor@youngrider.com with "Letters" in the subject line, or mail to Young Rider Letters, P.O. Box 3945, Laguna Hills, CA 92654.



Milla, 12



Joseph, 13

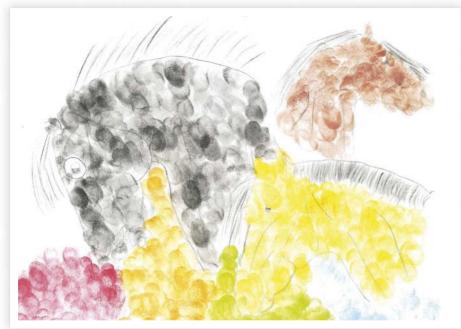




Macy, 9



Teagan, 10



Cade, 10



Mandie, 14







Catherine, 10



Arianna, 10



Edith, 10



HOW TO ENTER Your parents can email a scan or photo of your artwork to editor@youngrider.com with the subject line "Art Gallery," or mail your entry to Young Rider Art Gallery, P.O. Box 3945, Laguna Hills, CA 92654. You will need your parents' permission to enter. Please be sure to include artist's name and age, your mailing address, and parental contact information (email and phone number). Prize varies each month. Deadline for entries is September 1, 2022.

NO PURCHASE NECESSARY TO ENTER OR WIN. Contest is open to legal residents of the 50 United States or District of Columbia, ages 8-16. You must get permission from your parents to enter. Email entries must be received between 12:00:01 AM PT on 7/27/22 and 11:59:59 PM PT on 9/1/22. Mail-in entries must be postmarked by 9/1/22 and received by 9/7/22. See Official Rules on page 47. Void where prohibited by law. Sponsor: EG Media Investments LLC.

WARM & COZY

Cuddle up this fall with an easy no-sew blanket.

BY DANICA LEIGH

all means there will soon be a chill in the air, making it the perfect time to curl up with some hot apple cider and your very own horsey blanket after you get home from the barn. You can even make a matching one for your Breyer horse! This simple project puts a fun spin on a nosew classic.

Instructions

STEP : Cut both pieces of fleece material so they are the same size. Cut your yarn into small pieces and set aside (about 6-8 inches, depending on how long you want your fringe).

STEP 2: With your material face down, measure where you want your fringe (1-2 inches apart, about 1 inch from edge of fabric). Mark a dot with a pencil or permanent marker. Since we used thicker yarn, our fringe was 2 inches apart. If using thinner yarn, you can make it 1 inch apart.

STEP 3 Using sharp scissors (and an adult's help), poke through both pieces of fabric on each mark.

STEP 4: Put your crochet hook through the hole on the front and push through to the back. Place 3-6 pieces of yarn on your hook and pull through. We used 3 pieces of yarn because our yarn was very thick. If using thinner yarn, you can use up to 6 pieces.

STEP 5: Pull the ends of the yarn through the loop and pull tight. Using scissors, trim your yarn to the desired length.

STEP 6: Curl up and enjoy your new cozy blanket! 卷



TIP: To make a mini blanket for your Breyer horse, cut a square or rectangle of both pieces of fabric that will fit your horse. Cut a small half-circle to make space for the horse's head. Using the same technique you used for your blanket, add fringe to your blanket, add fringe to your blanket (only 1-3 pieces of yarn this time). Make two holes in the front and add yarn to tie together in a bow to keep the blanket in place. Now your Breyer horse can keep warm, too!

Materials

2 types of fleece material (cut to size you want your blanket) Yarn Crochet hook Sharp scissors Measuring tape Pencil or permanent marker

STAPLE SKILLS

SADDLE UP SAFELY

Get ready to ride with this tack safety checklist. IN PARTNERSHIP WITH THE UNITED STATES PONY CLUBS / PHOTOS COURTESY USPC

nspecting your tack before each ride is a good way to help prevent accidents. Here is a pre-ride safety checklist and tips that Pony Club teaches to keep riders safe in the saddle.

Am I Ready to Ride?

Before you catch your horse to groom, make sure you are dressed safely for riding:

I. Wear riding shoes or boots with a hard, smooth sole and a definite heel. The heel is to help prevent your foot from sliding through the stirrup.

2. Choose long pants or riding breeches/tights that don't wrinkle, rub, or bind to keep you comfortable in the saddle.

3. Wear clothing that fits properly and is not baggy so you can move easily and quickly without getting caught on the saddle.

4. Avoid loose or dangly jewelry as it can easily get caught on tack or your horse.

5. Most importantly, make sure your helmet is fitted properly and the harness is snug below your chin while fastened.

It's a good idea to wear your helmet anytime you are handling horses. This includes while grooming, tacking and untacking—not just while riding.

As you groom your horse, pay extra attention while cleaning areas where tack will touch the horse, such as the girth and saddle area. Last but not least, make sure you always clean out your horse's hooves and check his shoes (if he is wearing any) to ensure they are not loose.



All buckles on the bridle should be fastened with their straps through the keepers. One fist should fit under the throatlatch.

Tack Safety Check

Always do a tack safety check before mounting. Follow these steps:

I. Holding on to the reins, start with the bridle and make sure the bit is in the horse's mouth correctly (not upside down). Buckles should be fastened with strap ends through the keepers. Check that all straps lie smoothly without any twisting.

2. Look carefully at where the browband and headstall meet and ensure that the horse's ears are not being pinched. **3.** Check the throatlatch: You should be able to fit a small fist between the horse's cheek bone and the buckled throatlatch.

4. Look at the saddle pad and make sure it is straight and smooth. Check any straps that attach the pad to the saddle (for English tack) are correctly fastened.

5. Make sure the girth or cinch is tight for mounting your horse.

6. Overall, make sure that there is no cracked leather. This is super

important in areas where pressure or stress is applied, such as:

Reins, especially where they attach to the bit.

Stirrup leathers where the stirrup irons hang for English stirrups or the narrow part of the fender for western stirrups.

Buckle ends of an English girth; for western tack, the latigo strap.

7. On an English saddle, check that the safety bar (where the stirrup leather attaches to the saddle) is open.

When Mounted

Once you get safely settled in the saddle, there are a few more things to check before beginning your ride.

. Make sure the stirrup length is adjusted to put you in a balanced position with your head over your shoulders, hips, and heels. (Length also depends on what type of riding you are planning on doing, such as flat work, trail riding, or jumping.)

2 Check the girth/cinch **again** after walking around, as they typically loosen. (English riders can do this while mounted: for western riders, someone on the ground can check or you must dismount and check.)

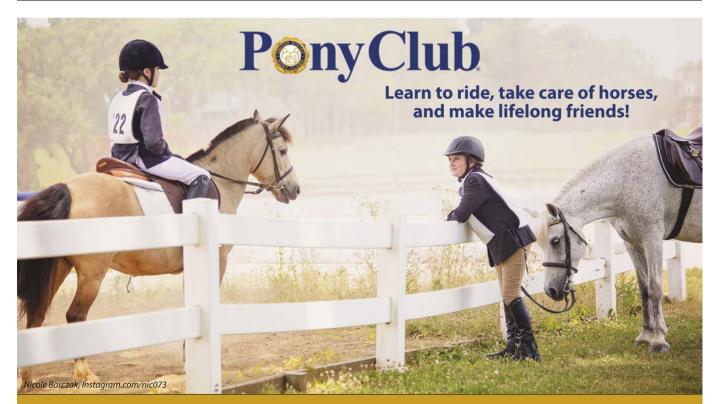
Check that your surroundings and horse's attitude are all safe before you start your ride.

This list may sound like a lot to remember. But if you per form a tack safety check before every ride, it will soon become a familiar routine. By taking these simple steps, you can ride off with confidence that all your gear is good to go.

Brought to you in partnership with the United States Pony Clubs, Inc. Join Pony Club for more lessons like this! Find a Pony Club or Pony Club Riding Center near you and learn more at www.ponyclub.org. ¥



After mounting and walking around a bit, double-check that your girth or cinch is still tight. English riders can do this while mounted, as shown.



Pony Club is the safe and fun way to learn all about horses and meet friends who love horses too. You don't need to own a horse to join Pony Club! We have opportunities for all ages and levels. Horses, ponies, and mounts of all sizes are welcome. With instruction in English and western disciplines, Pony Club Ponyclub.org has something for everyone. Find a Pony Club or Pony Club Riding Center near you and get started today.

EQUINE ENTREPRENEURS



Caroline started out making stirrup covers before expanding her business.

'm Caroline Floyd, I'm 13 years old and I own Happy Hooves Handmade. I was on the Young Rider Advisory Board in 2020. I make and sell custom accessories for your saddle, boots, and horse, including stirrup covers, saddle covers, bit covers, boot trees, and polo wraps.

Horsey Life

I started riding when I was 6 and living in North Carolina. Now I live in Colorado, and I've found an amazing barn where I've been for four years. I do hunters and equitation and show 2'6" - 2'9" right now. I have improved so much this last year.

This is my fourth year of Interscholastic Equestrian Association (IEA) on the Forest Edge Farm team. IEA is an amazing experience, and it really helps with my riding because I get to ride a ton of different horses. I really hope to qualify for Nationals this year.

In November 2021, we purchased my first horse. She is a 12-year-old Thoroughbred-cross named Strike a Pose, aka "Gigi." She was at my barn for a few weeks and we just clicked, so I convinced my parents to buy her!

I had been riding school horses for the last seven years, and never thought I would be getting a horse this soon. This summer I have been showing her in low children's at hunt-

BY CAROLINE FLOYD



Caroline saw a need for stirrup covers to protect the saddle while still letting you run up your stirrups by putting them through a hole. She now makes patterend saddle covers as well.

er/jumper shows, and we are doing really well! I am super proud of how far we have come in less than a year.

Starting a Business

I got the idea for Happy Hooves Handmade when I got my first saddle in 2020. It was my first big horserelated thing that I owned, and I was determined to keep mine in perfect shape. I noticed that the stirrups were putting marks on my saddle, so I had to do something to stop that!

I looked up stirrup covers, but the traditional ones were confusing:

How are you supposed to run up your stirrups if there is no hole in the stirrup cover? I did some research and figured out how to put a hole in stirrup covers to run the stirrups up. After I made myself a pair, I sent a picture to my barn friends, and they loved them and wanted to know how they could get some.

I started selling my stirrup covers to my friends, and then with my mom's help, I started an Instagram page. I sold a lot of stirrup covers through Instagram, and then released fleece saddle covers too.





Caroline has recently added patterned boot trees to her Etsy store

My saddle covers have an adjustable elastic that you knot after you receive it so it fits your saddle perfectly. I decided to release these because I saw that people just had their saddles in the tack room open to all the dust. And if they had a saddle cover, it was a boring color.

In 2021, I opened an Etsy shop. I also released polo wraps! I love when all my things match, so I had to make some polo wraps because the ones online weren't in the colors I wanted and seemed expensive.

One of my recent additions is boot trees, which are custom-made to fit your boots. These were released because the boot trees that your boots come with often break easily. So instead of pool noodles, you can use custom-made fabric boot trees.

My most recent item released is bit covers/warmers. These protect your bit from dust, and you can also microwave them to warm your horse's bit in the winter.

My business wouldn't be where it is without support, especially from my parents who help with craft store runs and finances. My friends from the barn also helped my business take off. I would like to thank my Mom and Grandma for teaching me how to sew when I was younger without that, my business wouldn't be here at all!

If you're thinking about starting your own business, my advice is to dream big, create something unique that you can't find anywhere else, and never give up. I hope to continue growing my business for a long time!

www.etsy.com/shop/ HappyHoovesHandmade Instagram: @happy_hooves_ handmade ★



Madison and her mare, Chanel.

Chasing a legacy

Madison Hinton comes from a long line of champion barrel racers and is helping keep her family's legacy going.

enerations of barrel racing courses through 12-year-old Madison Hinton's veins. Her great-grandmother, Marie Voss, and grandmother, Jennifer Voss Bufkin, barrel raced competitively throughout their lives, competing on horses they trained themselves.

Jennifer's son, Brad, married Misty, and had they had a daughter named Madison who helps keep the family's competitive barrel racing legacy alive. When Madison was born, she showed an immediate interest in horses, and grandma Jennifer knew she had someone to share all of her knowledge, wisdom, and passion with.

BY BRANDYL CALLEY



Madison's great-grandmother, Marie Voss, barrel racing in 1970.

"I can remember Madison coming to the barn when she was really little, maybe 2 or 3," says Jennifer. "She always wanted to pet the horses and sit on them. She had a real natural way about her and the desire to ride. She reminds me a lot of myself when I was her age."

BARREL CARCER

Madison began barrel racing competitively at local events and eventually started going to bigger competitions, such as the Ogden 8 & Under World Champion Barrel Race. Even at just 8 years old, Madison was determined to win. However, her championship run did not go smoothly. In fact, it was almost catastrophic.

"We went to the first barrel and my horse Candy slipped and fell to the ground," says Madison. "I came off, but my foot got stuck in the stirrup and she dragged me almost to the second barrel. Thankfully my boot came off and I didn't get hurt. I distinctly remember seeing her back legs running—that was definitely the scariest moment. Afterwards I was so sad that I didn't win something, but I was still in shock that it even happened."

Madison's parents, Misty and Brad, describe Madison as the "ultimate competitor," explaining that she steps up to any occasion. That's exactly what she did when she competed throughout the year with the West Texas Barrel Racers Association (WTBRA). Madison says it was her goal to win the 1D Open year-end championship award because it was a very special feat for her family.

"Madison was number one out of everybody: pro girls, older ladies everybody at the WTBRA—and she beat them all year," says Madison's father, Brad. "This was a special win because my mom has won it, and so has my grandmother. That is three generations of wins, so it meant a whole lot to all of us. My grandmother was also one of the founders of the WTBRA, so she helped start it from the ground up, which just makes it that much more special."



At the Ogden 8 & Under World Champion Barrel Race, 8-year-old Madison had a fall that made her even more determined.

Studying Hard

Although Madison's barrel racing career has taken off almost as fast as a winning run, her parents still do their best to put school first. Madison is a sixth grader in public school.

"School is definitely the highest priority," says Misty. "She and her brother, Brite, come home and do schoolwork first."

Sometimes Madison's dad goes ahead of them to the competitions to set up the stall and living quarters so she can arrive on a later day and miss as little school as possible.

"We just try to make it so the kids know school is important and all the hobbies come after that," says Misty.

Madison's family believes horses instill a work ethic in her and she learns many life lessons.

"Last year was a hard year for us," says grandma Jennifer. "Madison had so much success in 2020, she could practically not be beat. Her horse Chanel was tearing it up and Madison rode her so well. We eventually found out Chanel was bleeding in her lungs, and now we've had to overcome that, which has been very humbling for Madison."

Keeping her feet on the ground has been a lesson in itself.

"This year has been the year I have learned the most about being humble," says Madison. "When you see a bunch of other people doing so well and you're just sitting there trying to make it through, it definitely makes things harder, but in the end you need to remember that they worked hard for it, too."

Big G⊛als

Madison may be young, but her goals are big. She wants to compete at the National Finals Rodeo and raise and train a colt out of her mare, Candy. Training yearlings is something her grandmother is very familiar with, and she looks forward to sharing that wisdom with Madison.

"I would like to see her have that end of it because we rode all our colts," says Jennifer. "My mother



taught me how to train horses, and now I can share that with Madison. I think she could be a world-class trainer, and I want her to have that future with horses and to learn how. She is really excited about the babies, and I love that part because that's how I felt when I was her age."

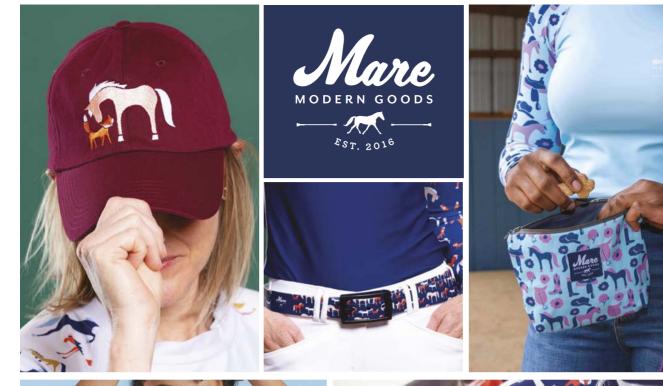
Passion for barrel racing runs deep in Madison's family, and she continues to learn more with every competition. In addition, the endless knowledge of horses she gains from her grandmother touches a special place in her dad's heart.

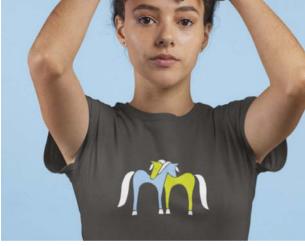
"I was watching them practice one day, and my mom was talking to Madison about something she had learned through the years," says Brad. "As I was listening to their conversation, I thought about how sad it would be for that wisdom to die out. But Madison is going to know those things and the legacy will live on. How exciting is that?" *****



COURTESY MISTY HINTON

Madison's grandmother, Jennifer Voss Bufkin, barrel racing in 1979. Jennifer has been teaching Madison how to ride for almost her entire life!









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Barn Manager

If you yearn to work hands-on with horses all day, this could be your ideal career.

BY HANNAH WAROWAY

started riding when I was 3, and from then on it was game over! I knew that horses would remain in my life regardless of the career path I chose. I didn't own a horse until I was 16, but I found any and every opportunity to learn and practically lived at the barn. Regardless of the weather, you could find me in the barn—even if it was below zero outside.

Growing Up Horsey

I wasn't able to compete at rated shows consistently growing up, but that didn't stop me from learning. Instead, I focused on my work ethic and strived to learn the most I could about horses because I knew someday my hard work would pay off. I spent my time reading, riding different disciplines, learning proper horsemanship, and learned to ride every kind of horse, whether that be a finished horse or a green horse.

In high school, I had the opportunity to compete on my school's Varsity Equestrian team as well as an Interscholastic Equestrian Association (IEA) team. During my time on my high school equestrian team, my coach taught me to ride both saddle seat and western. This provided me the opportunity to show in a variety of classes, from western horsemanship and saddle seat to gymkhana games, such as flags and barrels.

After high school, I moved from Michigan to the horse capital of the world—Lexington, Ky. There, I studied Equine Management and Rehabilitation at Midway University, but I didn't have a specific career in mind. I was able to work at many farms, including the Kentucky Horse Park in the Parade of Breeds Barn, where I learned to joust on a Percheron and rode a rare Marwari.

At Midway, I met many people that helped my developing career. I worked for various professionals and competed on the hunt seat team at Midway through the Intercollegiate Horse Show Association (IHSA). The connections and friendships I made at and through Midway brought me job opportunities as a student and even now as a graduate.

Even though my original dream was to ride and show professionally, I have enjoyed learning about all the different aspects of the industry. Throughout my time at Midway, I worked for Spy Coast farm in Lexington, a private reining, foxhunting, and hunter/jumper barn, a vet, and even pursued my passion for equine photography and now shoot for magazines.



CHLOE SHIREMAN

Hannah and Tiny, the Percheron, at the Kentucky Horse Park during a jousting demonstration. We demonstrated how knights practiced jousting by ring tilting. Hannah and her Arabian/Welsh pony Cody, whom she brought to Midway with her while attending college.

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By exploring different parts of the industry, I am continually reminded that it's not all about riding or showing. Although horses can help us achieve in the show ring, it's our responsibility as their owners, trainers, riders, grooms, and managers to learn how to care for them.

Running a Barn When I graduated from Midway, I

When I graduated from Midway, I moved to Frenchtown, N.J., to work with show jumping Olympic medalist Anne Kursinski for six months. At Anne's, my horsemanship, riding, time management, and professional skills grew in numerous ways. I'm so grateful for my experience there both as a groom and as the barn manager. Now, I am in Laurinburg, N.C., where I work as a barn manager at St. Andrews University. At our equestrian center, the head barn manager, Frannie, and I take care of around 100 horses. We love that our horses are all unique and have their own personalities. While Frannie and I are responsible for the whole farm, our coaches and other equine staff help us care for the horses, too.

One of my favorite parts about my job is that all the equine staff work together as a team. We are always communicating with each other and always striving to teach the students and care for our horses to the best of our ability.

Our equestrian center is split into two sides. One side we call the boarder barn, where we have student- and staff-boarded horses, our Intercollegiate Dressage Association (IDA) team horses, and our therapeutic riding program, which is around 30 horses. Frannie mainly works on that side, but we are always helping each other out.

I predominantly work at the lesson barn. At the lesson barn, we have around 60 horses that either participate on our IHSA hunt seat or western team, and we have a few resident retiree horses, too.

Lifelong Learning Along with managing the horses, I get

Along with managing the horses, I get to work alongside students daily. I get the opportunity to share my knowledge with them and teach them about horses, which I absolutely love! Anyone is welcome to join our equine program regardless of how much horse experience they have.

Our barns are a great place for students to learn about managing our facility and horses, as well as important skills like time management, organiza-



Hard work and long hours are all part of managing a busy lesson or competition barn. But if you love hands-on time with horses and can't get enough, this may be your dream job!

tion, and communication. The students also get to experience when days don't go as planned and learn to be flexible in those situations. Our hours can be long, the days can be tough, but in the end the work is rewarding.

Since I love the university setting so much, I will be attending grad school while I work for St. Andrews. My goal is to earn my master's in education, teach academic equine classes at a university, coach an IHSA team, and continue growing my photography skills.

The best advice I can give you is to never stop learning, work hard because your hard work will always pay off, and dream big! I am here as an example that dreams really do come true.

If you had told me in high school that I would manage both Anne Kursinski's farm and a university's farm, and be starting my masters this fall, I never would have believed you. I can attest that hard work, determination, and drive to succeed, learn, and grow will take you wherever you want to go in life. *









Dressage FOR EVERYONE

Learning the basics of dressage can help any horse become stronger and more balanced.

hen you think about dressage, you might conjure up an image of a fancy horses piaffing in the ring and a plethora of blue ribbons. But you might want to think again: While the sport of dressage does have a competition aspect, dressage at its core is simply the basics of training a horse, meaning every horse can do it!

BY SHOSHANA RUDSKI

BASIC TRAINING

"The actual word 'dressage' means training," says Reese Koffler-Stanfield, a Grand Prix dressage rider and U.S. Dressage Federation (USDF) gold, silver, and bronze medalist based in Kentucky. "It really helps you learn how to make your horse stop and turn, which are the basics of everything. It makes him more responsive and makes your aids [more effective]."

Cara Klothe, a USDF gold, silver and bronze medalist in Pennsylvania, agrees.

"Dressage is about showing horses how to use their bodies in a way that is very natural, and teaches them to be better versions of themselves," she says.

As riders, we strive to make our horses respond to the lightest touch

Looking for your next riding horse? Consider a STANDARDBRED!

Off-the-track Standardbreds make great trail, endurance, roadster and show horses. Check out all the off track activities sponsored by the united States Trotting Association (USTA), the breed registry for the Standardbred horse, at LifeAfterRacing.ustrotting.com.



USTA | 6130 S. SUNBURY ROAD, WESTERVILLE, OHIO 43081 614.224.2291 | USTROTTING.COM so we can keep our aids quiet. It's no fun feeling like you need to kick and pull your horse to make him turn in the ring or on the trail. Learning about dressage can make your rides much more enjoyable for both you and your horse. You want to spend time enjoying the ride, not frustrated that your horse has different plans than you.

STRONGER AND SOUNDER

Dressage can also help your horse stay healthier and sounder, which is a goal every rider should strive for.

"The more balanced your horse is when he works, just like humans, the healthier he stays," says Reese.

Cara agrees.

"[Dressage makes] horses supple and less prone to injuries," she says.

Think of dressage as a combination of strength training and yoga. You are increasing your horse's muscle mass while also adding flexibility. These two things combined will make it so your horse can keep doing his job happily and comfortably as long as possible.



The halt is not just for competition—it will help sharpen your horse's response to your aids.



Learning to leg-yield helps correct your path if you drift off a straight line, whether in the dressage ring, a barrel race, or a show jumping course.



See if you can walk, trot, canter, and halt all within one circle to help your horse tune into your aids. Soon you will be able to use a feather-light touch to get a big response!

It takes a lot of power for your horse to push off perfectly over every jump or make a tight turn around a barrel. Working on his balance and strength through basic dressage exercises will make it easier for him to perform while reducing his risk of injury.

HOW TO GET STARTED

Dressage doesn't need to be complicated. Basic walk-halt transitions are a good place to start, according to Reese.

"Every sport horse needs to stop, needs to go, and needs to move sideways," she says.

One of Cara's favorite basic exercises is working on making proper circles.

"Horses don't naturally make circles, they make lima beans," she says. "They will fall in on one side and out on the other. By having a horse make an actual circle, it will get him on your aids. It seems like a very easy concept, but the execution can be hard. From there, I try to see if I can keep the number of steps per circle exactly the same, and when I can do that, I try to deliberately change the number of steps."

There are few things worse than nagging a horse to walk forward every single step. Try asking your horse to walk off promptly, then halting again. Make a game out of seeing how quickly you can do these transitions.

Once you master that, you can try adding in some trot and canter as well. Challenge yourself by seeing if you can walk, trot, canter, and halt all on one circle without needing to kick or pull on your horse.

It might take some practice, but think about how much easier basic dressage exercises like this will make your rides over time.

HELPFUL IN ANY SPORT

Once you've mastered these moves, being able to move your horse sideways is another important part of every equestrian sport. Practicing leg-yields (going forward and sideways with the body straight) isn't just for dressage competitors. Being able to move your horse sideways off of your leg can help in any ring.

Imagine you are approaching a jump and realize you are way off to the left. You can pull on your right rein to try to get your horse straighter, but then his body can get crooked and both of you can become unbalanced. However, if you work on legyields and teaching your horse to be quicker to respond to subtle aids, it'll be easier to push him back toward his line while staying balanced.

"Dessage makes horses more adjustable and ridable," Cara says. "This means hunters and jumpers are going to have a better half-halt as well as making better, more balanced turns toward jumps, setting them up for more success."

Reese agrees.

"The balance learned in dressage can make [a show jumper] a second faster to win their class," she says.

The same goes for other speed events. You can't just blast around a barrel with an unbalanced horse, and you can't expect pole bending to go well if your horse can't stay balanced to make the tight maneuvers needed to be competitive.

While dressage is just one of the three phases of eventing, it's still super important.

"Your dressage needs to be good to place or be in the ribbons," says Reese. Plus, your newfound balance and adjustability will keep you safer on cross-country and help keep the rails up in stadium.

Reese's final advice for young riders wanting to give dressage a go is simple: Go for it! It doesn't matter if you have the fanciest horse in the barn. Focusing on strength, balance, and obedience to your aids is something any horse can work on.

UPS & DOWNS

€ Western Jesson €

Follow these tips to help ride safely up and down hills. ARTICLE AND PHOTOS BY HEIDI NYLAND MELOCCO

eady to ride out of the arena and on a trail with sloping hills or dramatic angles? You'll need to know how to position yourself for optimum balance—and how to keep your horse calm and thinking about his every step.

When traveling uphill or downhill, you'll keep your posture in the same position as if you were hiking up or down. You want to be parallel to the trees. If you lean too far back or forward, you can change your horse's center of balance and make it harder for him to carry you.

You'll also need to think about your horse's needs. If your horse is worried about the change in terrain, it's best to ride with someone you trust in front of you and behind you so that your horse will feel confident and know he can't turn back.

Here, 14-year-old Colter Ralston (riding a buckskin) and 16-year-old Parker Ralston (on the palomino) show how they ride up and down the steep terrain on their Colorado ranch. Their dad, Aaron Ralston, helps coach the brothers for ranch riding and cow-work events.

GOING DOWN

Think about your horse before you head down a steep slope. If he is young or inexperienced, it's best to have an experienced horse and rider lead the way. The experienced horse will help pick the best route and show the other horses where to go and how to travel. PDF NEWSPAPERS and MAGAZINES: WWW.XSAVA.XYZ



When going down hill, lean back toward your horse's hindquarters until your body is parallel to the trunks of the trees growing on the hill.



You may also want to ask a third rider to ride behind an inexperienced horse to block the way if your horse would rather turn back. If a worried horse only has a horse behind him, he may choose to return to his buddy instead of continuing the downward trek.

When you're riding down, allow your horse to pick his path and maneuver carefully, as long as he is being patient and trustworthy. If your horse is nervous, you may need to steer him toward the safest path or in the direction that the lead horse chose.

Move your reining hand down to your horse's neck to allow him to see where he's going. Make sure you can pick up your reining hand for contact if needed. Riding with one hand, push your free hand down on the saddle horn.

Keep your shoulders up and back but not leaning back on the horse's



Teach your horse hills with a more experienced horse in front. They will pick the best way and show a green horse how to travel. Keep at least one horse length between riders.



When going uphill, lean your body forward to the position it would be if you were hiking up the hill on foot. Although horses often want to trot or lope uphill, keep at a walk.

hindquarters or touching the back of the saddle. Again, think of keeping your body parallel to the trees.

"Make sure you are standing straight up between the earth and the sun," Aaron says. He adds that you should keep weight in your stirrups and your heels down.

GO SLOW

When a truck drives down a mountain pass, the driver uses a low gear to keep the truck moving slowly instead of riding the brakes. Imagine your horse moving in a slow gear as he travels downhill, too. You may need to slowly and gently pull up with your reining hand occasionally to apply the brakes. If necessary, ask your horse to stop and start again.

"If your horse starts to build speed, then his balance is much harder to control," Aaron says.

While it may be tempting for your horse to trot or speed up once he sees the end of the hill, keep him slow. Picking his way along slowly will help him know where his

hooves are placed and help him to build muscle, too.

KEEP YOUR DISTANCE

Make sure not to ride too close to the horse in front of you. The lead horse will need to find his way down and have time to pick the best path without rushing. Keep at least a horse-length in between horses just in case a horse takes a misstep. Plus, you don't want to pile up at the bottom or the top of a hill. Make sure there's somewhere safe to stop to as you wait for others to finish the path.

Aaron also recommends avoiding any narrow and steep paths. He says horses need space to widen their back legs as they lean back to balance. If you ride through two big rocks or bushes, your horse may not be able to widen his stance to balance.

"Voice your concerns to your trail mates and let them know what feels safe for you," he says.

GOING UP

The skills you learn when going down apply when moving up a steep hill, too. Make sure to keep the horses spaced out and follow an experienced horse when possible.

To go up, your position changes to help your center of gravity. You'll need to lean slightly forward, keeping the body position you would have if you were hiking up. Hold the saddle horn with your free hand and pull. Place your reining hand in front of the saddle, low and pointed in the direction you want to go: up. Make sure to keep weight in your stirrups and your heels down.

Aaron says horses often want to trot or lope when going uphill. Moving faster helps them gain momentum. However, it's best to take one step at a time to make sure your horse doesn't slip; this also helps him build up his hindquarter muscles.

STAY STRAIGHT

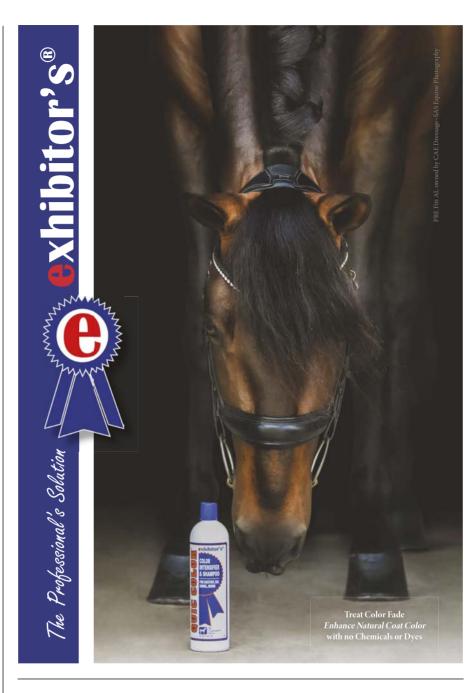
When you're going up, be careful not to allow your horse to turn sideways. Horses that aren't confident may choose to go back down to meet their buddy horses. Turning sideways doesn't allow your horse to balance, and it's easy for horses to slide in this position.

Keep your reining hand pointed uphill and correct your horse if he moves his nose away from your uphill direction. Don't wait for him to turn a hoof sideways. If he does turn to the side, use your position to counter-balance him. Lean toward the steep side of the hill, and don't add weight to the low side. It may be the safest option to return to the bottom of the hill and start again.

If you keep your horse in the correct herd position and moving slow, you'll move up and down with ease and teach your horse to pick the best path.

MEET THE TRAINER

Aaron Ralston works his horses on his family's Collbran, Colo., cattle ranch and prepares them for worldclass competition. He won Top 10 honors at the 2021 AQHA Versatility Ranch Horse World Show and has championship titles in reining, cutting, working cowhorse, and calf roping. He earned gold for the United States reining team at the 2006 FEI World Equestrian Games.



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Equine Business Degrees

Get a jump start on working for an equinerelated business.

BY NATALIE DeFEE MENDIK

hile the business world is changing quickly these days, people will always have horses and equine businesses. For those looking toward college, an equine business management degree combines the best of both worlds, giving you a leg up both in the horse industry and on your career path.

In the past, college programs generally offered bachelor's degrees in Equine Studies and Equine Sciences. Now, more degrees are available in equine fields, such as Equine Business Administration and Management. Such programs provide horse-focused studies within a business framework. Graduates may work directly with horses or within a field supporting the equine industry.

COURSES AND CAREERS

Amy Sherrick-von Schiller, MBA, associate professor of Equine Business



Equine-related courses may include stable management, equine science, equine nutrition, equine therapy, riding instruction, equine pharmacology, and equine biology.

Management and head equestrian team coach at Cazenovia College in New York, describes some of the career options for the students she teaches.

"Many graduates go on to work in the hands-on part of the industry: riding, teaching, training, showing and barn managing," she says. "Others opt to work in the support sector. We have graduates working for companies like Purina, Weatherbeeta and Smartpak, as well as equine organizations like U.S. Equestrian Federation, U.S. Hunter Jumper Association, U.S. Dressage Federation, National Reining Horse Association and American Paint Horse Association."

Coursework varies, but business classes may include accounting, business law, human resources, marketing and advertising, communications, and economics. Courses on the equine side may include stable management, equine science, equine nutrition, equine therapy, riding instruction, equine pharmacology, and equine biology.

Cross-over themes such as entrepreneurship and ethics bring a balanced approach. Additional concentrations and certifications vary by college, and may include equine reproduction, equestrian facility management, instructor and trainer, equine-assisted therapy, and equine massage therapy.

COURTESY LAKE ERIE COLLEGE

- COL

Intercollegiate competitions provide a way to stay in the saddle on school-owned horses without bringing your own mount to college.

RIDING PROGRAMS

Naturally the biggest question many prospective students have is: "What will my barn life look like in college?"

Schools with equine programs offer many riding opportunities, including western pleasure, reining, hunt seat, dressage, eventing, saddle seat, and more, with both recreational and intercollegiate-competitive focuses. Riding opportunities may include both theory and time in the saddle. Riding programs typically provide college-owned horses in addition to bring-your-own-horse options.

At Lake Erie College in Ohio, where the school has up to 55 horses available for students, opportunities with horses are numerous.

"We specialize in hunters, jumpers, dressage, and western," says Pamela Hess, DVM, dean and associate professor in the School of Equine Studies. "Students learn to ride and develop key horsemanship skills with a wide variety of horses that have been carefully selected to teach our students to be the most ethical and compassionate riders possible. Excellent care of the horse is paramount in all of our activities. We also have three highly competitive intercollegiate teams: Intercollegiate Horse Show Association



COURTESY LAKE ERIE COLLEG

Some college equine programs require students to do internships, which provide more hands-on experience in different equine career fields, such as breeding barns.



Outside of academics, college is a great time to be a part of an equestrian team, whether you ride western or English. Teammates make memories that last a lifetime!

(IHSA) in hunt seat and western, and Intercollegiate Dressage Association. Students may ride on more than one team if they choose to."

INTERNSHIPS

An internship, where a student gets real-world work experience in his or her chosen field, is often the best way to jumpstart a career.

At colleges like Cazenovia and Lake Erie College, an internship is even a program requirement, which can be tailored to suit the student's area of interest.

"Our internships must have a management component, and students are encouraged to choose or even create the internship opportunity that most suits them," says Sherrick-von Schiller. "The internship component not only provides invaluable handson experience, it also creates networking opportunities and very often additional job opportunities or even job offers upon graduation."

For students who have decided this is their ideal educational path, Sherrick-von Schiller advises getting involved to the fullest extent possible.

"I feel that students get out of equine programs exactly what they put into them," she says. "There's usually a lot more to do or take part in aside from the required classes. [Students] should stay open-minded and take advantage of all of the extra things that are offered, including clinics, horse shows, guest speakers, electives, and other equine events. You never know who you might meet or what might spark your interest or help guide you on your equine journey and career."

If you think a job in the horse world doesn't call for additional education, guess again.

"Go to college and get an education while you are young," advises Hess. "High school only scratches the surface on preparing [you] for the professional equestrian world. Learn to think critically, learn to read and write well, learn to speak intelligently, and apply yourself in the business world. These skills will last you a lifetime and will be used on a daily basis in the equestrian industry." *****

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OVERCOMING PER PRESSURE

Focus on the fun by following these 6 tips for handling peer pressure at the barn.

BY SHOSHANA RUDSKI

ne of the best parts of riding horses is the friends we make at the barn. But what can you do if you start to feel pressured into jumping a jump that's too big, or going on a trail that's too steep before you and your horse feel ready?

Ashley Anderson, Ph.D., grew up riding horses with her friends, and she currently events and does dressage with her horse, Obi. She's learned both in her own riding and through her focus in clinical psychology that riding is way more fun when you go at your own pace and keep your own goals at the forefront of your mind instead of worrying about what everyone else is doing.

Ashley has six tips to help you "stay in your lane" to learn and grow as a rider at your own rate.

1. Positive Self-Talk

Pay attention to what you are saying to yourself inside your own head. Try to reframe any anxious thoughts into a more positive perspective. Instead of thinking, "My friends are all moving up a level, but I'm stuck here," try, "I'm still building my skills so I can move up safely when the time is right."

Every horse and every rider learns at their own pace, and it's better to take the time to solidify what you're learning so that you set yourself up for success when the time comes to advance.

2. Visualization

Imagine the outcome you want. Picture yourself riding a round 20-meter circle or walking calmly down the trail. Focus on how you want the ride to go. You can even try this when you aren't on your horse.

Take a moment before tacking up to picture how you want your ride to go or imagine yourself wandering happily down the trails or cantering around your course while sitting on the school bus or before you fall asleep.

3. Setting Goals

Thinking about what you want to happen—rather than what you don't want to happen—will move you closer to your goals. Instead of setting a goal of "I don't want anyone to laugh at me," frame your goal as "I want to focus on me and my horse."

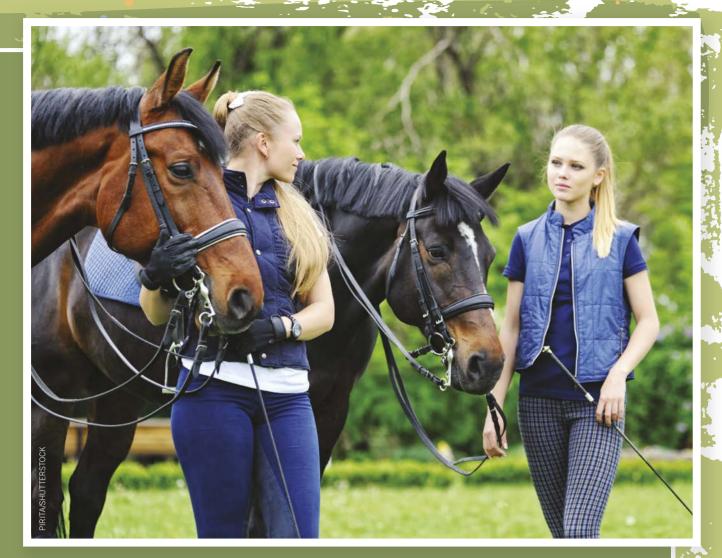
It's normal to worry about other people watching you ride, but your main teammate is your horse. Therefore setting positive goals with him in mind instead of worrying what people around you might think will get you on the right track.

H. Take Deep Breaths

When in doubt, take a deep, slow breath. Not only will this calm the jitters by slowing down your heart rate, but it can also help ease the worries by slowing down any racing thoughts.

Take a moment before picking up the trot or starting your jump course and remember to breathe. It's worth taking the extra few seconds to slow down and take a breath to make your next move the best it can be.

Don't worry if people are watching you take a pause you're focusing on you and your horse and taking a moment to re-center, and that matters most!



5. Stay in the Moment

Anxiety is future-focused. When you notice those "what if?" worries, bring your attention to the present.

Think about one thing at a time. Patting your horse, taking a deep breath, repeating a mantra, or practicing visualization can help keep you grounded and focused. Don't worry about the people watching you practice just stay present with your horse.

It's a lot easier said than done, but you can practice this when you're riding alone so that you'll be able to stay focused when the pressure is on with your friends around or at a show. Worrying about picking up the wrong lead in your canter? Take a pause, refocus on creating a good steady and balanced trot, and then give it a go. Who cares if people are watching?

Staying in the moment instead o rushing into what is next will give you a much better shot of getting things right. And if you don't get it right? It simply means that you have a second chance to try again.

6. Smile!

Like taking a deep breath, smiling tells the body to relax. Think about something funny or how much you love your horse. It's hard to laugh and be tense. Remember, you're riding for YOU to have fun, not for anyone else! Smiling will help you remember that, and in turn remind your horse that you are here to have fun. This will lead to both of you relaxing and doing your best for yourselves, which will lead to more smiles.

Thinking about these helpful tips will help you and your horse stay focused on what matters your own goals—and less about everyone else's opinions of where you are in your riding journey.

The sport would be boring if we were all perfect riders from day one, so enjoy the process of learning, and stay focused on your own path. Return to Freedom residents Chief and his mares are wild horses from the Sulphur Herd Management Area in Utah.

Kenn 10 Freedom

n the central coast of California, a special place for wild horses is nestled among the rolling hills and native oak trees. It's a place where both horses and burros find refuge, where the grass grows high in the pastures in spring and the sun shines warmly nearly all year-round.

This place is called Return to Freedom's American Wild Horse Sanctuary, and it's a sanctuary for horses and burros who once lived wild on the range. It's also a place where rare breeds of Colonial Spanish Horses are being preserved and promoted.

The Return to Freedom headquarters sanctuary is located in the community of Lompoc, just 150 miles from Los Angeles. The organization also has a satellite sanctuary in nearby San Luis Obispo as well as a third location in Northern California. Altogether, Return to Freedom cares for more than 450 wild horses and burros at its three locations.

SAVING WILD ONES

Each year, the Bureau of Land Management (BLM)—the government agency responsible for managing wild horses and burros on our public lands—rounds up thousands of wild equines and places them in holding pens for adoption. Not all of the captured horses and burros are able to find homes, leaving them stranded for years in government corrals.

Even as Return to Freedom works to change how wild horses and burros

are managed to keep them free on the range, the sanctuary is able to provide a home for some horses and burros in need, including many horses that have endured difficult challenges.

One such story is that of the Calico herd. In 2010, almost 2,000 wild horses were chased down with helicopters and captured by the BLM in the Calico Mountain Complex in Nevada. During the roundup and immediately afterward, nearly 140 horses died. Return to Freedom took in 20 stallions and 74 mares who survived the roundup and gave them a place to live out the rest of their lives, reuniting some of the bonded families that were separated during capture.

A sanctuary for wild horses and burros houses many family bands and the horse that inspired the character for "Spirit."

BY AUDREY PAVIA

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ATELLOYD

As often as it can, Return to Freedom steps in to help wild horses stay with their family bands and herd groups. Being separated from the horses they've been with for their entire lives is traumatic, and keeping families of wild horses together is an important goal of the sanctuary.

In the year 2000, Return to Freedom collaborated with the U.S. Fish & Wildlife Service to show that wild horses from the Sheldon National Wildlife Refuge in Nevada could be relocated together to the sanctuary. The horses are descendants of draft horses that worked to develop ranchos in Nevada's Great Basin, as well as cavalry horses raised in that region during the 1920s and 1930s.



Return to Freedom's San Luis Obispo, Calif., satellite sanctuary is home to more than 85 wild horses and 24 burros, including wild horses from Hart Mountain (Oregon), Wyoming's Red Desert, Devil's Garden in Northern California, and the Wheeler Pass Herd Management Area (Nevada).



Spirit

The most famous resident of the Return to Freedom sanctuary is Spirit, the Kiger Mustang stallion who was the artists' muse and model for the 2002 DreamWorks animated feature film Spirit: Stallion of the Cimmaron. The story by screenwriter John Fusco is about a wild Mustang and features both hand-



ABOVE: The real-life stallion Spirit who inspired the 2002 animated movie lives at Return to Freedom's Lompoc, Calif., headquarters sanctuary and recently turned 27 years old.

drawn and state-of-the-art computer animation. The original movie inspired the Neflix series *Spirit: Riding Free* and the movie *Spirit: Untamed.*

After the movie production was finished, DreamWorks selected Return to Freedom's sanctuary to be Spirit's home. Now 27 years young, Spirit has lived at the sanctuary for 19 years, and spends his days exploring large pastures at the sanctuary. He stays close to fellow Mustangs Isadora-Cruce and her sister Ines-Cruce, and loves meeting new friends.

Spirit was named to the Horse Stars Hall of Fame for his significant role in educating people about America's Mustangs and burros.

By adopting the entire herd that the Fish & Wildlife Service planned to remove from their home range, Return to Freedom allowed these horses to stay in their natural family bands, and live semi-wild, as closely as possible to the way they had for their entire lives.

In 2021, with the help of photographers who could identify individual horses, Return to Freedom was able to find nearly every member of two wild horse families separated during a 2020 roundup in Wyoming. All 19 horses are now together and safe at Return to Freedom's sanctuary.

EDUCATION, PRESERVATION

Along with providing a home for wild <u>ho</u>rses and burros, Return to Freedom also helps educate the public about the or|gins of the horse in North America and America's wild horses and the issues affecting them. Return to Freedom has used fertility control programs in its herds to help demonstrate how this method—not roundups—is the best and most humane way to manage the numbers of wild horses on the range.

By teaching people about this and other methods of minimally intrusive wild horse and burro management, the sanctuary hopes to provide alternatives to the current practice of roundups, capture and holding corrals.

While most of the wild horses currently occupying public lands are of mixed breeding, several unique strains of Colonial Spanish Horses developed in the wild over previous centuries. Descended from horses brought to the Americas by the Spaniards in the 1500s, many of these special Mustangs were gathered up from remote parts of the West and are part of private conservation efforts by people hoping to preserve these rare bloodlines. Return to Freedom is home to some of these horses, including members of the Cerbat, Choctaw, Sulphur and Wilbur-Cruce Mission strains.

Return to Freedom welcomes visitors by appointment, and provides educational opportunities such as herd observation, living history tours and wild horse photo safaris. For more information, visit returntofreedom.org/visit.



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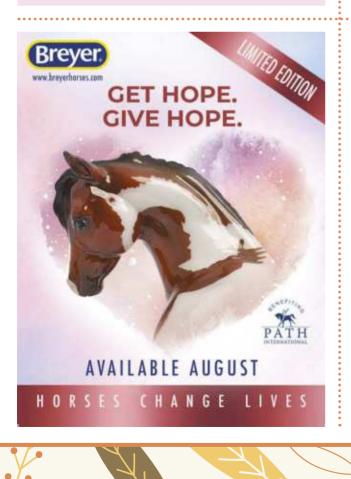
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THE MORGAN HORSE

Beauty, brains and versatility make this breed a favorite among young riders. BY SAMANTHA JOHNSON

he state of Vermont sits just north of western Massachusetts, and in the late 1780s, a man named Justin Morgan moved his family from Springfield, Mass., to Randolph, Vt., about 150 miles away.

Happily settled in Vermont, Justin Morgan pursued many of his personal interests, including teaching, music and horses. But in 1792, he changed the course of equine history when he became the owner of a handsome young colt named Figure.

You could say that Figure singlehandedly (single-hoofedly?) founded the Morgan breed. He was beloved and admired for his strength, beauty and athleticism. Over time, as his fame increased locally, he became known as "Justin Morgan's horse," which eventually became shortened to simply "the Morgan horse." Little is known about the specific details of Figure's

ancestry, but many have speculated over the breeds possibly involved in Figure's family tree.

What we do know is this: Figure was a remarkable stallion that produced remarkable offspring, and horse owners today are still benefiting from his influence on the Morgan breed.

Having Fun With Morgans

It's impossible to say what we love most about Morgan horses. Maybe it's their versatility and athleticism; maybe it's their kind and loyal dispositions.

LEFT: The willing Morgan disposition makes an ideal hunter pleasure mount. RIGHT: Morgans are also popular among driving enthusiasts, and excel in harness classes at shows.





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FULL SWEEPSTAKES & CONTEST RULES ME & MY HORSE CONTEST OFFICIAL RULES (Pg. 48) NO PURCHASE NECESSARY TO ENTER OR WIN

Snonsor/Entry Period: Enter between 7/27/22 and 9/1/22 ("Entry Period") Snonsor: EG Media Investments LLC, 2220 Sedwick Road, Durham, NC 27713. Eligibility: Open to legal residents of the 50 U.S. states and D.C., between the ages of 8 and 16 at the time of entry. Employees of Sponsor are not eligible to enter. How to Enter: Submit a photo of you and your favorite horse only ("Theme") and your name, your postal address and phone number and parent's or legal guardian's email address (collectively, "Entry(ies)") and enter one of two ways: Either email to editor@youngrider.com ("Email Entries") or send by postal mail to Young Rider, Me & My Horse, P.O. Box 3945, Laguna Hills CA 92654 ("Entries") ("Mail In Entries"). 1 Entry per person. Get permission from your parents to enter: If you submit an Email Entry. Sponsor will contact entrant's parent/legal guardian to consent to the entrant's participation in this Contest and the collection of entrant's personal information. 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If the selected winner's parent or legal guardian does not respond to the winner notification and does not return the executed Release within 7 days, or it an entrant is otherwise found to be ineligible, or if the potential winner cannot accept or receiv the prize for any reason, the potential winner will forfeit the prize and the next runner up will be selected. Acceptance of prize constitutes permission (except where prohibited by law) to use each winner's name, city and state, province or country where winner is located and likeness for promotional purposes without further compensation. Prizes: The prize to be awarded to the five top winners is a Breyer model horse as determined by the sponsor (approximate retail value (("ARV"): \$45). No substitution or cash equivalent permitted, except by Sponsor. Prize is non-transferrable. Conditions: Entrants agree to the Official Rules and the decisions of the Sponsor, which are final and binding. 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Naturally talented jumpers, Morgans make great hunter/jumper and equitation mounts for young riders.

Maybe it's their stunning beauty—a mixture of substance and grace. Or maybe it's a little of everything!

According to the Morgan breed standard, desirable characteristics include animation, stamina, vigor, alertness, adaptability, attitude and tractability. With all those wonderful qualities, what disciplines do Morgans excel in? The short answer: All of them!

Besides being an extra-special best friend, Morgans are fantastic under saddle, popular for English and western, both inside and outside the show ring. Morgans make beautiful dressage horses and don't mind tackling a few jumps over hunter, jumper, or eventing courses. Endurance races? Yep. Ranch work with cattle? You bet.

How about driving? Morgans have the elegance, sophistication, and substance that make them superior in carriage driving, and they also excel in combined driving events—basically three-day eventing on wheels!

Youth Programs

Best of all, the American Morgan Horse Association (AMHA) has lots of exciting youth programs that you can get involved in. Their Youth Council consists of dedicated and enthusiastic members between the ages of 12 and 21 who strive to promote the Morgan horse and encourage youth involvement.

DID YOU KNOW?

- Marguerite Henry's classic book, Justin Morgan Had a Horse, was made into a Disney movie in 1972. It's available for streaming on Disney Plus.
- The Morgan is so special that two states have claimed it for special designation: It's the state horse of Massachusetts and the state animal of Vermont.
- ✤ The average height for Morgans is 14.1 to 15.2 hands.
- The American Morgan Horse Association (formerly The Morgan Horse Club) was established in 1909.
- There are approximately 90,000 registered Morgans in the United States today.



Morgans are becoming popular in western sports and ranch work.



JANELLE SCHROEDER /COURTESY AMHA

Morgans come in an array of solid colors, including buckskin and palomino. English riders love them for their trainability in dressage.

become even more familiar with the Morgan horse.

Additionally, in the new AMHA Youth Patch Project, youth participants can collect patches (like badges) for their youth jacket by participating in various programs. There are patches for Youth Council, Youth Teams, and more.

But that's not all—the AMHA also offers scholarships, medal classes for excellence in equitation, and a Youth of the Year contest. And while not specifically limited to youth participants, the My Morgan & Me program provides rewards for hours logged and time spent with or in promotion of Morgan horses. Awards are given at milestones ranging from 75 hours all the way up to 10,000 hours, so if you like setting goals and spending time with horses, this program might be a perfect fit.

Looking forward to having fun with a Morgan horse? There's lots to love about this historic breed, and the AMHA youth program is waiting for you to share in all the excitement!

Find out about the AMHA Youth Programs at www. morganhorse.com/programs/youth. *****

The AMHA Merit Program has recently been expanded to include a preliminary level called "the Figure level," and you can earn a free youth membership in the AMHA upon completion of this level.

Have friends who love Morgans too? Check out the AMHA Teams Program, where you and your friends can earn and accumulate points for many different tasks. Along the way, you'll learn teamwork, good sportsmanship, and



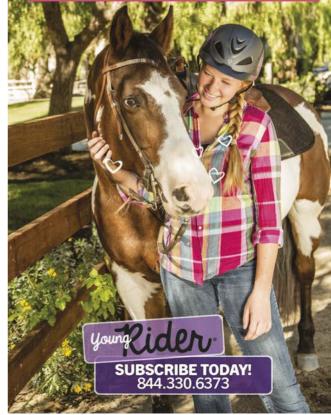
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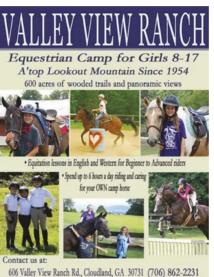
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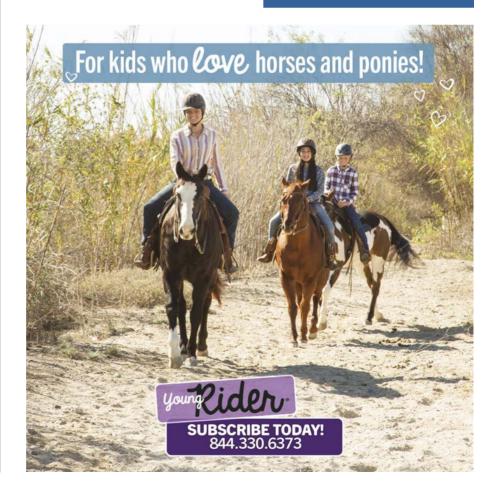
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